

Event 1 W35 60 Meter Dash

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35 CMAA: R 8.16 1/15/1994				
Name	Age	Team	Finals	H#
=====				
Finals				
1	1	Anastasio, Cathy	W39 KAMLOOPS TRA	9.55 3

Event 1 W45 60 Meter Dash

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45 CMAA: R 8.15 3/2/2010				
Name	Age	Team	Finals	H#
=====				
1	7	Schoenthaler, Sher	W46 Alberta	8.82 3
2	8	Blacquiere, Sandy	W47 KAMLOOPS TRA	9.26 3
3	10	Holm, Sue	W47 KAMLOOPS TRA	9.78 3

Event 1 W50 60 Meter Dash

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50 CMAA: R 8.21 3/18/2006				
Name	Age	Team	Finals	H#
=====				
1	18	Burnett, Evelyn	W53 Alberta	8.81 3
2	19	Lauridsen, Susanne	W53 Alberta	9.61 3

Event 1 W55 60 Meter Dash

=====				
55 CMAA: R 8.49 3/2/2010				
Name	Age	Team	Finals	H#
=====				
1	21	Rhebergen, Margare	W55 KAMLOOPS TRA	9.56 2
2	24	Nutting, Jan	W57 Alberta	10.16 2
3	27	Fossberg, Mette	W59 Canada	11.28 2

Event 1 W60 60 Meter Dash

=====				
60 CMAA: R 8.97 2/21/2004				
Name	Age	Team	Finals	H#
=====				
1	29	Rollins, Elisabeth	W61 BC	10.36 2
2	28	Lukacs, Dianna	W60 BC	10.46 2

Event 1 W65 60 Meter Dash

=====				
65 CMAA: R 9.03 2/14/2010				
Name	Age	Team	Finals	H#
=====				
1	35	Matus, Diane	W65 KAMLOOPS TRA	11.44 2

Event 1 W70 60 Meter Dash

=====				
70 CMAA: R 10.62 4/26/2008				
Name	Age	Team	Finals	H#
=====				
1	42	Bortignon, Christa	W74 BC	10.41 CAN

Event 1 W80 60 Meter Dash

=====				
80 CMAA: R 13.32 3/29/2003				
Name	Age	Team	Finals	H#
=====				

1	45 Carrier, Ruth	W80 TRI-CITY GRE	14.54	
Event 2 M40 60 Meter Dash				
40 CMAA: R 7.09 3/24/2001				
Name	Age	Team	Finals	H#
1	62 Tshinyama, Paul	M40 UNATTACHED B	7.39	7
2	61 Foster, Scott	M40 OCEAN ATHLET	7.58	7
3	66 Pretorius, Pete	M44 TRI-CITY GRE	7.80	7
4	63 Harris, Brian	M41 Canada	7.93	7
Event 2 M45 60 Meter Dash				
45 CMAA: R 7.23 3/2/2010				
Name	Age	Team	Finals	H#
1	67 Lemoine, Larry	M45 UNATTACHED B	7.98	6
2	75 Van Ryswyk, Len	M47 Canada	8.09	6
3	79 Meyers, Darcy	M49 Canada	8.30	6
4	77 Jennett, Terry	M49 Alberta	8.33	6
5	71 Benett, Garfield	M47 Alberta	8.46	6
6	81 Rozema, Mark	M49 USATF	8.67	6
Event 2 M50 60 Meter Dash				
50 CMAA: R 7.35 3/18/2006				
Name	Age	Team	Finals	H#
1	86 Black, Murray	M51 Canada	8.16	5
2	91 Wallren, Cal	M51 BC	8.40	5
3	84 Harwood, Doug	M50 BC	9.78	5
Event 2 M55 60 Meter Dash				
55 CMAA: R 7.54 2/15/2009				
Name	Age	Team	Finals	H#
1	100 Crockett, Ken	M58 KAMLOOPS TRA	8.14	5
2	102 Percival, AL	M59 TRI-CITY GRE	8.48	5
Event 2 M60 60 Meter Dash				
60 CMAA: R 7.80 3/28/2003				
Name	Age	Team	Finals	H#
1	115 Winfield, M. John	M64 BC	8.77	4
2	114 Mintz, Bruce	M64 Alberta	8.92	4
3	108 Sandhu, Hardev Sin	M62 BC	9.20	4
4	111 Strong, Derm	M63 KAMLOOPS TRA	9.61	4
5	113 Fowler, Les	M64 BC	9.63	4
6	103 Doherty, Melvin L.	M61 KAMLOOPS RID	11.22	4
Event 2 M65 60 Meter Dash				
65 CMAA: R 7.8h 3/18/1986				
Name	Age	Team	Finals	H#
1	125 Badowski, Tony	M68 BC	9.08	3
2	127 Renwick, Doug	M69 Sask	9.88	3
3	118 Delhomeau, Rolan	M66 Canada	10.50	3
Event 2 M70 60 Meter Dash				
70 CMAA: R 8.39 3/5/1994				

Name	Age	Team	Finals	H#
1 131 Dunn, Dave`	M74	Canada	9.45	2

Event 2 M75 60 Meter Dash

75 CMAA: R 8.92 3/28/1999

Name	Age	Team	Finals	H#
1 133 Rowan, Ted	M77	Sask	9.75	2
2 144 Reilly, George P.	M77	KAJAKS TRACK	10.57	2
3 134 Wardle, Ray	M78	Ont.	10.58	2

Event 2 M80 60 Meter Dash

80 CMAA: R 10.21 3/2/2010

Name	Age	Team	Finals
1 137 Lesage, Norman J.	M81	Canada	10.49
2 138 Thompson, Bill	M81	Canada	10.68
3 136 Chalmers, Gordon L	M81	PENTICTON AT	11.43
4 139 Robson, Leslie	M83	Canada	12.82

Event 2 M85 60 Meter Dash

85 CMAA: R 12.08 3/2/2010

Name	Age	Team	Finals
1 140 Thompson, Harry	M88	Canada	12.83

Event 2 M90 60 Meter Dash

90 CMAA: R 13.64 3/28/1999

Name	Age	Team	Finals
1 141 Falconer, William	M90	UNATTACHED B	16.30

Event 3 M35 60 Meter Dash

Name	Age	Team	Finals
1 51 Oamen, Charles	M36	Canada	7.40
2 53 Osaji, Emeka	M37	BC	7.55
3 59 Sheldon, Randall	M39	BC	7.69
4 57 Kroeker, Tim	M39	BC	7.73
5 60 Walker, Samuel C.	M39	Canada	7.74
6 56 Harrower, William	M39	Canada	7.81

Event 10 W35 200 Meter Dash

35 CMAA: R 26.46 2/10/1995

Name	Age	Team	Finals	H#
1 1 Anastasio, Cathy	W39	KAMLOOPS TRA	32.96	2

Event 10 W45 200 Meter Dash

45 CMAA: R 27.17 3/3/2010

Name	Age	Team	Finals	H#
1 7 Schoenthaler, Sher	W46	Alberta	30.04	2

Event 10 W50 200 Meter Dash

50 CMAA: R 26.56 3/16/2006

Name	Age	Team	Finals	H#
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1	18 Burnett, Evelyn	W53 Alberta	29.88	2
2	19 Lauridsen, Susanne	W53 Alberta	31.87	2

Event 10 W55 200 Meter Dash

55 CMAA: R 27.62 3/28/2010				
	Name	Age Team	Finals	H#
1	24 Nutting, Jan	W57 Alberta	34.32	2

Event 10 W60 200 Meter Dash

60 CMAA: R 30.41 1/11/2003				
	Name	Age Team	Finals	H#
1	29 Rollins, Elisabeth	W61 BC	36.05	1
2	28 Lukacs, Dianna	W60 BC	38.99	2

Event 10 W70 200 Meter Dash

70 CMAA: R 36.39 2/22/2009				
	Name	Age Team	Finals	
1	42 Bortignon, Christa	W74 BC	36.64	
2	40 Matlock, Joan	W71 Canada	48.63	

Event 10 W80 200 Meter Dash

80 CMAA: R 48.30 3/8/2009				
	Name	Age Team	Finals	
1	45 Carrier, Ruth	W80 TRI-CITY GRE	52.97	

Event 10 W90 200 Meter Dash

90 CMAA: R 60.72 3/3/2010				
	Name	Age Team	Finals	
1	48 Kotelko, Olga	W92 BC	66.89	

Event 11 M35 200 Meter Dash

35 CMAA: R 22.4h 3/7/1992				
	Name	Age Team	Finals	H#
1	51 Oamen, Charles	M36 Canada	24.56	3
2	60 Walker, Samuel C.	M39 Canada	24.87	3

Event 11 M40 200 Meter Dash

40 CMAA: R 23.09 3/4/2007				
	Name	Age Team	Finals	H#
1	63 Harris, Brian	M41 Canada	25.41	3
2	66 Pretorius, Pete	M44 TRI-CITY GRE	26.17	2

Event 11 M45 200 Meter Dash

45 CMAA: R 23.01 3/3/2010				
	Name	Age Team	Finals	H#
1	77 Jennett, Terry	M49 Alberta	26.95	2
2	79 Meyers, Darcy	M49 Canada	28.24	1

Event 11 M50 200 Meter Dash

50 CMAA: R 23.3h 2/13/1993

Name	Age	Team	Finals	H#
1 86 Black, Murray	M51	Canada	26.37	1
2 85 Pinckard, Mark	M50	KAJAKS TRACK	27.32	2
3 91 Wallren, Cal	M51	BC	27.51	1
4 89 Mackay, James	M51	BC	29.17	2

Event 11 M55 200 Meter Dash

55 CMAA: R 24.94 3/27/1999

Name	Age	Team	Finals
1 100 Crockett, Ken	M58	KAMLOOPS TRA	27.37
2 102 Percival, AL	M59	TRI-CITY GRE	28.84

Event 12 M60 200 Meter Dash

Name	Age	Team	Finals
1 115 Winfield, M. John	M64	BC	28.43
2 114 Mintz, Bruce	M64	Alberta	29.28
3 108 Sandhu, Hardev Sin	M62	BC	31.16
4 113 Fowler, Les	M64	BC	31.73
5 111 Strong, Derm	M63	KAMLOOPS TRA	31.89
6 103 Doherty, Melvin L.	M61	KAMLOOPS RID	34.56

Event 13 M65 200 Meter Dash

Name	Age	Team	Finals	H#
1 122 Ukonmaanaho, Tuoma	M66	BC	29.10	2
2 125 Badowski, Tony	M68	BC	30.41	2
3 127 Renwick, Doug	M69	Sask	31.74	2

Event 13 M70 200 Meter Dash

Name	Age	Team	Finals	H#
1 131 Dunn, Dave`	M74	Canada	33.00	2

Event 13 M75 200 Meter Dash

Name	Age	Team	Finals	H#
1 133 Rowan, Ted	M77	Sask	34.02	2
2 134 Wardle, Ray	M78	Ont.	36.23	1
3 144 Reilly, George P.	M77	KAJAKS TRACK	40.76	1

Event 13 M80 200 Meter Dash

Name	Age	Team	Finals	H#
1 137 Lesage, Norman J.	M81	Canada	33.82	2
2 138 Thompson, Bill	M81	Canada	38.19	1
3 139 Robson, Leslie	M83	Canada	43.35	1

Event 13 M85 200 Meter Dash

Name	Age	Team	Finals
1 140 Thompson, Harry	M88	Canada	43.72

Event 20 W45 400 Meter Dash

45 CMAA: R 61.62 2/22/2003

Name	Age	Team	Finals
1	11	Summers, Judy E.	W47 DEERFOOT ATH 75.93

Event 20 W70 400 Meter Dash

70 CMAA: R 1:21.63 1/12/2003

Name	Age	Team	Finals
1	42	Bortignon, Christa	W74 BC 1:29.15
2	41	Saunders, Barbara	W71 UNATTACHED B 1:47.87
3	40	Matlock, Joan	W71 Canada 1:54.17

Event 21 M35 400 Meter Dash

35 CMAA: R 49.46 2/26/1983

Name	Age	Team	Finals	H#
1	60	Walker, Samuel C.	M39 Canada 56.42	5

Event 21 M45 400 Meter Dash

45 CMAA: R 51.8h 2/18/1989

Name	Age	Team	Finals	H#
1	70	Kent, Scott	M46 UNATTACHED B 57.30	5
2	69	Faucher, Serge	M46 Man. 58.24	5
3	81	Rozema, Mark	M49 USATF 64.58	5

Event 21 M50 400 Meter Dash

50 CMAA: R 52.72 2/25/1995

Name	Age	Team	Finals	H#
1	85	Pinckard, Mark	M50 KAJAKS TRACK 58.75	5

Event 21 M60 400 Meter Dash

60 CMAA: R 55.62 3/29/2003

Name	Age	Team	Finals	H#
1	115	Winfield, M. John	M64 BC 66.26	4
2	114	Mintz, Bruce	M64 Alberta 67.84	4
3	111	Strong, Derm	M63 KAMLOOPS TRA 75.47	4
4	113	Fowler, Les	M64 BC 1:20.01	4

Event 21 M65 400 Meter Dash

65 CMAA: R 59.53 2/25/1995

Name	Age	Team	Finals	H#
1	117	Brewer, Jess H.	M65 BC 68.35	3
2	125	Badowski, Tony	M68 BC 69.59	3
3	127	Renwick, Doug	M69 Sask 71.40	3

Event 21 M70 400 Meter Dash

70 CMAA: R 61.31 3/27/1999

Name	Age	Team	Finals	H#
1	131	Dunn, Dave`	M74 Canada 77.21	2
2	130	van der Wal, Hylke	M72 Sask 79.99	2

Event 21 M75 400 Meter Dash

75 CMAA: R 66.28 3/26/2004

Name	Age	Team	Finals	H#
1	134	Wardle, Ray	M78 Ont.	1:28.90 2

Event 21 M80 400 Meter Dash

80 CMAA: R 71.24 3/29/2009

Name	Age	Team	Finals
1	137	Lesage, Norman J.	M81 Canada 1:36.87
2	138	Thompson, Bill	M81 Canada 1:42.97
3	139	Robson, Leslie	M83 Canada 2:00.24

Event 21 M85 400 Meter Dash

85 CMAA: R 1:41.51 3/6/2010

Name	Age	Team	Finals
1	140	Thompson, Harry	M88 Canada 1:46.62

Event 30 W45 800 Meter Run

45 CMAA: R 2:24.47 3/28/2010

Name	Age	Team	Finals
1	6	Bezdan, Jeanie	W46 OCEAN ATHLET 2:33.95
2	13	Dixon, Donna	W48 Canada 2:36.56

Event 30 W55 800 Meter Run

55 CMAA: R 2:31.73 3/25/2007

Name	Age	Team	Finals
1	23	DE St. Croix, Maur	W57 OCEAN ATHLET 2:49.80

Event 30 W70 800 Meter Run

70 CMAA: R 3:14.00 3/6/2001

Name	Age	Team	Finals
1	41	Saunders, Barbara	W71 UNATTACHED B 3:51.66
2	40	Matlock, Joan	W71 Canada 4:34.41

Event 30 W80 800 Meter Run

80 CMAA: R 5:16.53 3/31/1996

Name	Age	Team	Finals
1	46	Montgomery, Lenore	W80 UNATTACHED B 4:17.36 CAN

Event 31 M45 800 Meter Run

45 CMAA: R 1:58.51 2/21/2010

Name	Age	Team	Finals
1	69	Faucher, Serge	M46 Man. 2:17.79

Event 31 M50 800 Meter Run

50 CMAA: R 2:09.28 2/12/2006

Name	Age	Team	Finals
1	85	Pinckard, Mark	M50 KAJAKS TRACK 2:16.97
2	90	Smillie, Malcolm	M51 UNATTACHED B 2:27.94
3	94	Hallford, Bruce	M54 Canada 2:50.39

Event 31 M55 800 Meter Run

=====			
55 CMAA: R 2:11.00 3/29/2009			
Name	Age	Team	Finals
=====			
1	96	Olsen, Dave	M55 Sask 3:02.16

Event 31 M60 800 Meter Run

=====			
60 CMAA: R 2:14.42 3/30/2003			
Name	Age	Team	Finals
=====			
1	110	Pawluk, Fred	M63 KAJAKS TRACK 2:41.13
2	103	Doherty, Melvin L.	M61 KAMLOOPS RID 3:02.96

Event 31 M65 800 Meter Run

=====			
65 CMAA: R 2:16.80 3/27/1994			
Name	Age	Team	Finals
=====			
1	127	Renwick, Doug	M69 Sask 2:47.07
2	120	Madderom, Jake	M66 KAJAKS TRACK 3:09.53

Event 31 M70 800 Meter Run

=====			
70 CMAA: R 2:20.45 3/28/1999			
Name	Age	Team	Finals
=====			
1	130	van der Wal, Hylke	M72 Sask 3:37.95

Event 31 M75 800 Meter Run

=====			
75 CMAA: R 2:32.47 3/26/2004			
Name	Age	Team	Finals
=====			
1	134	Wardle, Ray	M78 Ont. 4:01.74

Event 31 M85 800 Meter Run

=====			
85 CMAA: R 4:10.23 3/3/2010			
Name	Age	Team	Finals
=====			
1	140	Thompson, Harry	M88 Canada 4:20.78

Event 40 W45 1500 Meter Run

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45 CMAA: R 4:47.58 1/28/2006			
Name	Age	Team	Finals
=====			
1	6	Bezdan, Jeanie	W46 OCEAN ATHLET 5:16.68
2	13	Dixon, Donna	W48 Canada 5:23.12

Event 40 W55 1500 Meter Run

=====			
55 CMAA: R 4:58.70 2/22/2007			
Name	Age	Team	Finals
=====			
1	23	DE St. Croix, Maur	W57 OCEAN ATHLET 5:39.46
2	25	Prather, Sherri	W57 USATF 7:19.15
3	26	Tedford, Cathy	W57 Canada 9:18.43

Event 40 W70 1500 Meter Run

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70 CMAA: R 6:43.91 1/17/2004			
Name	Age	Team	Finals
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1	41 Saunders, Barbara	W71 UNATTACHED B	8:23.03
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Event 40 W80 1500 Meter Run

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80 CMAA: R 9:12.97	3/4/2000		
Name	Age Team		Finals

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1	46 Montgomery, Lenore	W80 UNATTACHED B	8:27.79	CAN
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Event 41 M45 1500 Meter Run

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45 CMAA: R 4:04.7h	2/27/1993		
Name	Age Team		Finals

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1	80 Nemethy, Brian	M49 Canada	4:43.88
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Event 41 M50 1500 Meter Run

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50 CMAA: R 4:19.21	1/31/1987		
Name	Age Team		Finals

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1	85 Pinckard, Mark	M50 KAJAKS TRACK	4:51.50
2	90 Smillie, Malcolm	M51 UNATTACHED B	4:52.32
3	94 Hallford, Bruce	M54 Canada	6:14.60

Event 41 M55 1500 Meter Run

=====

55 CMAA: R 4:34.88	2/21/2009		
Name	Age Team		Finals

=====

1	97 Prather, Bob	M55 USATF	4:47.01
2	96 Olsen, Dave	M55 Sask	5:16.70

Event 41 M60 1500 Meter Run

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60 CMAA: R 4:43.66	3/5/1994		
Name	Age Team		Finals

=====

1	110 Pawluk, Fred	M63 KAJAKS TRACK	5:25.92
2	105 Payne, Tim	M61 Ont.	5:39.00
3	103 Doherty, Melvin L.	M61 KAMLOOPS RID	6:33.83

Event 41 M65 1500 Meter Run

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65 CMAA: R 4:47.11	3/26/1994		
Name	Age Team		Finals

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1	127 Renwick, Doug	M69 Sask	6:00.80
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Event 41 M80 1500 Meter Run

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80 CMAA: R 7:09.65	3/3/2007		
Name	Age Team		Finals

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1	135 Whitlock, Ed	M80 Canada	5:48.47	WR	CAN
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Event 50 W35 3000 Meter Run

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35 CMAA: R 10:00.6h	3/7/1987		
Name	Age Team		Finals

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1	148 Brown, Wendy	W39 BC	16:56.65
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Event 50 W45 3000 Meter Run

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45 CMAA: R 10:11.27 2/26/2006

Name	Age Team	Finals
1	12 Christie, Juliette W48 BC	11:15.30

Event 50 W55 3000 Meter Run

55 CMAA: R 10:35.76 3/23/2007

Name	Age Team	Finals
1	26 Tedford, Cathy W57 Canada	20:20.70
2	101 Heimo, Maija W58 Canada	21:06.90

Event 50 W60 3000 Meter Run

60 CMAA: R 12:08.8h 3/5/1994

Name	Age Team	Finals
1	31 Muttitt, Barbara W62 Canada	21:37.69

Event 50 W70 3000 Meter Run

70 CMAA: R 14:51.1h 3/11/2006

Name	Age Team	Finals
1	41 Saunders, Barbara W71 UNATTACHED B	17:20.49

Event 51 M45 3000 Meter Run

45 CMAA: R 8:54.04 3/21/1993

Name	Age Team	Finals
1	80 Nemethy, Brian M49 Canada	10:07.80
2	76 Christie, Gordon M49 BC	10:26.84

Event 51 M55 3000 Meter Run

55 CMAA: R 9:55.00 1/10/2010

Name	Age Team	Finals
1	98 Reimer, Paul M56 UNATTACHED B	10:08.06
2	96 Olsen, Dave M55 Sask	11:37.64

Event 51 M60 3000 Meter Run

60 CMAA: R 10:05.3h 3/5/1994

Name	Age Team	Finals
4	105 Payne, Tim M61 Ont.	12:09.38
5	103 Doherty, Melvin L. M61 KAMLOOPS RID	13:12.64

Event 51 M80 3000 Meter Run

80 CMAA: R 15:50.14 3/3/2007

Name	Age Team	Finals
3	135 Whitlock, Ed M80 Canada	12:00.88 WR CAN

Event 60 W50 60 Meter Hurdles W-.762 M.686

50 CMAA: R 9.96 2/7/2009

Name	Age Team	Finals
1	17 Freeman, BJ W52 Alberta	10.65
2	19 Lauridsen, Susanne W53 Alberta	10.86

Event 60 M75 60 Meter Hurdles W-.762 M.686

Name	Age Team	Finals
1 133 Rowan, Ted	M77 Sask	13.09

Event 61 M35 60 Meter Hurdles .996m

35 CMAA: R 8.11 3/5/2010		
Name	Age Team	Finals
1 57 Kroeker, Tim	M39 BC	8.24
2 49 McLaren, Doug	M35 Sask	8.53

Event 61 M45 60 Meter Hurdles .996m

45 CMAA: R 8.98 3/11/1989		
Name	Age Team	Finals
1 75 Van Ryswyk, Len	M47 Canada	11.79

Event 62 M50 60 Meter Hurdles .914m

Name	Age Team	Finals
1 86 Black, Murray	M51 Canada	10.32
2 84 Harwood, Doug	M50 BC	13.09

Event 63 M65 60 Meter Hurdles .840m

Name	Age Team	Finals
1 117 Brewer, Jess H.	M65 BC	11.02
2 122 Ukonmaanaho, Tuoma	M66 BC	11.73
3 127 Renwick, Doug	M69 Sask	12.95

Event 70 W45 3000 Meter Race Walk

45 CMAA: R 15:01.51 3/31/2003		
Name	Age Team	Finals
1 3 Brooke, Susan	W45 Alberta	16:28.53

Event 70 W55 3000 Meter Race Walk

55 CMAA: R 16:11.66 2/2/2010		
Name	Age Team	Finals
1 20 Donkers, Tina	W55 Alberta	18:56.10

Event 70 M35 3000 Meter Race Walk

Name	Age Team	Finals	
1 55 Babenko, Dmitry	M38 UNATTACHED B	13:59.38	CAN

Event 70 M45 3000 Meter Race Walk

Name	Age Team	Finals
1 78 Lamplough, Ian	M49 Alberta	19:06.53

Event 70 M50 3000 Meter Race Walk

Name	Age Team	Finals
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1 95 Kenny, James M54 Alberta 14:56.69

Event 70 M65 3000 Meter Race Walk

Name	Age Team	Finals
1 119 Kittredge, John	M66 Ont.	17:30.47

Event 75 W45 1500 Meter Race Walk

45 CMAA: R 7:04.68 2/18/2005

Name	Age Team	Finals
1 3 Brooke, Susan	W45 Alberta	7:49.53

Event 75 W55 1500 Meter Race Walk

55 CMAA: R 7:47.44 12/3/2010

Name	Age Team	Finals
1 20 Donkers, Tina	W55 Alberta	9:12.70

Event 75 W75 1500 Meter Race Walk

75 CMAA: R 10:36.32 1/3/2010

Name	Age Team	Finals
1 43 Acton, Myrtle	W78 NORWESTERS T	12:41.62

Event 75 W80 1500 Meter Race Walk

Name	Age Team	Finals	
1 45 Carrier, Ruth	W80 TRI-CITY GRE	12:00.19	CAN

Event 75 M35 1500 Meter Race Walk

Name	Age Team	Finals	
1 55 Babenko, Dmitry	M38 UNATTACHED B	6:38.25	CAN

Event 75 M45 1500 Meter Race Walk

Name	Age Team	Finals
1 78 Lamplough, Ian	M49 Alberta	9:14.74

Event 75 M50 1500 Meter Race Walk

Name	Age Team	Finals
1 95 Kenny, James	M54 Alberta	7:07.37

Event 75 M65 1500 Meter Race Walk

Name	Age Team	Finals
1 119 Kittredge, John	M66 Ont.	8:24.79

Event 80 W45 4x200 Meter Relay

45 CMAA: R 2:01.58 3/6/2010

Team	Finals
1 Alberta 'A'	2:04.10
1) 16 Jolicoeur, Jovette 51	2) 18 Burnett, Evelyn 53

3) 19 Lauridsen, Susanne 53

4) 7 Schoenthaler, Sheryl 46

Event 80 W60 4x200 Meter Relay

60 CMAA: R 2:16.23 3/6/2010	
Team	Finals
1 British Columbia 'A'	2:32.45
1) 28 Lukacs, Dianna 60	2) 29 Rollins, Elisabeth 61
3) 34 Moro, Gabriella 64	4) 42 Bortignon, Christa 74

Event 81 M35 4x200 Meter Relay

35 CMAA: R 1:38.97 6/3/2010	
Team	Finals
1 Canada 'A'	1:42.30
1) 56 Harrower, William 39	2) 63 Harris, Brian 41
3) 60 Walker, Samuel C. 39	4) 51 Oamen, Charles 36

Event 81 M60 4x200 Meter Relay

60 CMAA: R 1:56.12 2/21/2009	
Team	Finals
1 British Columbia 'A'	2:02.83
1) 108 Sandhu, Hardev Singh 62	2) 113 Fowler, Les 64
3) 104 Hawkins, John F. 61	4) 115 Winfield, M. John 64

Event 81 M80 4x200 Meter Relay

80 CMAA: R 2:40.99 3/6/2010	
Team	Finals
1 Canada 'A'	2:39.45R CAN
1) 138 Thompson, Bill 81	2) 139 Robson, Leslie 83
3) 135 Whitlock, Ed 80	4) 137 Lesage, Norman J. 81

Event 91 M40 4x400 Meter Relay

40 CMAA: R 3:39.22 2/4/2007	
Team	Finals
1 Canada 'A'	4:12.48
1) 56 Harrower, William 39	2) 75 Van Ryswyk, Len 47
3) 51 Oamen, Charles 36	4) 60 Walker, Samuel C. 39

Event 91 M80 4x400 Meter Relay

Team	Finals
1 Canada 'B'	6:34.65 WR CAN
1) 140 Thompson, Harry 88	2) 137 Lesage, Norman J. 81
3) 138 Thompson, Bill 81	4) 135 Whitlock, Ed 80

Event 100 W50 High Jump

50 CMAA: R 1.40m 1/18/2009		
Name	Age Team	Finals
1 17 Freeman, BJ	W52 Alberta	1.33m
1.20 1.25 1.30 1.33 1.36		
O XO XO XXO XXX		
2 14 Cavani, Miriam	W50 KAMLOOPS TRA	1.15m
1.10 1.15 1.20		
O O XXX		

Event 100 W55 High Jump

55 CMAA: R 1.28m 3/14/2010						
Name	Age	Team				Finals
1	21	Rhebergen, Margaret	W55	KAMLOOPS	TRA	1.30m CAN tie
		1.20	1.25	1.30	1.32	
		O	XO	XO	XXX	
2	22	Amerongen, Loretta	W57	Canada		1.25m
		1.10	1.15	1.20	1.25	1.30
		O	O	O	XXO	XXX

Event 100 W65 High Jump

65 CMAA: R 1.15m 3/11/1989						
Name	Age	Team				Finals
1	35	Matus, Diane	W65	KAMLOOPS	TRA	0.95m
		0.90	0.95	1.00		
		O	O	XX		

Event 100 W70 High Jump

70 CMAA: R 1.16m 3/5/1994						
Name	Age	Team				Finals
1	39	Anderson, Sandy	W71	PENINSULA	TR	1.15m
		1.00	1.05	1.15	1.20	
		O	O	O	XXX	
2	42	Bortignon, Christa	W74	BC		1.10m
		0.95	1.00	1.05	1.10	1.15
		O	O	O	O	XXX

Event 101 M35 High Jump

35 CMAA: R 1.90m 1/4/1991						
Name	Age	Team				Finals
1	58	Negoita, Ovidiu Fe	M39	Ont.		1.70m
		1.65	1.70	1.75		
		XO	O	XXX		
2	49	McLaren, Doug	M35	Sask		1.50m
		1.50				
		XO				

Event 101 M50 High Jump

50 CMAA: R 1.85m 3/2/2002						
Name	Age	Team				Finals
1	86	Black, Murray	M51	Canada		1.50m
		1.40	1.45	1.50	1.55	
		O	XO	O	XXX	

Event 101 M60 High Jump

60 CMAA: R 1.65m 3/6/2010						
Name	Age	Team				Finals
1	104	Hawkins, John F.	M61	BC		1.50m
		1.20	1.40	1.45	1.50	
		O	XO	O	O	
2	108	Sandhu, Hardev Sin	M62	BC		1.05m
		0.90	0.95	1.00	1.05	1.10
		O	O	O	O	XXX

Event 101 M65 High Jump

65 CMAA: R 1.49m 2/14/1981				
Name	Age	Team	Finals	
1 118 Delhomeau, Rolan	M66	Canada	1.30m	
	1.20	1.25	1.30	1.35
	O	O	XO	XXX

Event 101 M75 High Jump

75 CMAA: R 1.37m 3/24/1990				
Name	Age	Team	Finals	
1 133 Rowan, Ted	M77	Sask	1.00m	
	0.90	1.00	1.05	
	O	O	XXX	
2 132 Dumas, Gerard D.	M76	VICTORIA TRA	0.75m	
	0.75			
	O			

Event 110 W35 Long Jump

35 CMAA: R 5.40m 2/12/1983				
Name	Age	Team	Finals	
1 1 Anastasio, Cathy	W39	KAMLOOPS TRA	3.43m	
	FOUL	3.23m	2.93m	FOUL 3.43m FOUL

Event 110 W45 Long Jump

45 CMAA: R 4.70m 3/3/2007				
Name	Age	Team	Finals	
1 8 Blacquiere, Sandy	W47	KAMLOOPS TRA	3.66m	
	3.64m	3.56m	3.57m	3.66m FOUL FOUL

Event 110 W50 Long Jump

50 CMAA: R 4.77m 3/7/2009				
Name	Age	Team	Finals	
1 17 Freeman, BJ	W52	Alberta	4.13m	
	3.99m	FOUL	3.91m	FOUL 4.13m FOUL
1 19 Lauridsen, Susanne	W53	Alberta	4.13m	
	FOUL	3.99m	4.11m	4.10m 4.03m 4.13m
3 14 Cavani, Miriam	W50	KAMLOOPS TRA	3.82m	
	3.63m	3.69m	3.64m	3.73m 3.82m 3.81m

Event 110 W55 Long Jump

55 CMAA: R 4.16m 3/14/2010				
Name	Age	Team	Finals	
1 21 Rhebergen, Margare	W55	KAMLOOPS TRA	3.93m	
	FOUL	FOUL	3.26m	3.93m FOUL 3.85m
2 22 Amerongen, Loretta	W57	Canada	3.81m	
	3.70m	3.81m	3.69m	3.79m 3.67m 3.69m
3 24 Nutting, Jan	W57	Alberta	3.54m	
	3.40m	FOUL	3.54m	FOUL FOUL 3.49m

Event 110 W60 Long Jump

60 CMAA: R 4.26m 3/25/2006				
Name	Age	Team	Finals	

=====

1	29 Rollins, Elisabeth	W61 BC	2.95m
	2.95m	2.76m	PASS 2.84m

Event 110 W65 Long Jump

=====

65 CMAA: R 2.48m 2/13/2010			
	Name	Age Team	Finals
1	35 Matus, Diane	W65 KAMLOOPS TRA	2.44m
	2.40m	2.12m	FOUL FOUL 2.44m 2.13m

Event 110 W70 Long Jump

=====

70 CMAA: R 3.02m 4/3/1992			
	Name	Age Team	Finals
1	42 Bortignon, Christa	W74 BC	3.31m CAN
	3.05m	3.07m	3.31m 3.20m

Event 110 W90 Long Jump

=====

90 CMAA: R 1.67m 3/3/2010			
	Name	Age Team	Finals
1	48 Kotelko, Olga	W92 BC	1.70m WR CAN
	1.42m	1.70m	x

Event 111 M35 Long Jump

=====

35 CMAA: R 6.36m 3/7/1987			
	Name	Age Team	Finals
1	58 Negoita, Ovidiu Fe	M39 Ont.	5.83m
	5.59m	5.20m	FOUL 5.68m 5.83m 5.78m

Event 111 M40 Long Jump

=====

40 CMAA: R 6.66m 2/12/2006			
	Name	Age Team	Finals
1	61 Foster, Scott	M40 OCEAN ATHLET	6.10m
	FOUL	6.10m	FOUL

Event 111 M45 Long Jump

=====

45 CMAA: R 6.06m 2/14/1981			
	Name	Age Team	Finals
1	71 Benett, Garfield	M47 Alberta	5.83m
	5.43m	5.70m	5.79m 5.83m 5.60m
2	67 Lemoine, Larry	M45 UNATTACHED B	5.11m
	5.11m	4.70m	4.93m 4.87m 4.96m
3	73 Poljak, Gordon	M47 OCEAN ATHLET	4.70m
	4.59m	4.70m	FOUL 3.19m 4.69m FOUL

Event 111 M50 Long Jump

=====

50 CMAA: R 6.16m 3/4/2010			
	Name	Age Team	Finals
1	86 Black, Murray	M51 Canada	4.55m
	4.24m	2.54m	4.55m 4.51m FOUL
2	84 Harwood, Doug	M50 BC	3.71m
	3.68m	FOUL	3.54m 3.71m

Event 111 M55 Long Jump

55 CMAA: R 5.55m 3/4/2007

Name	Age	Team	Finals
1 100 Crockett, Ken	M58	KAMLOOPS TRA	4.94m
4.69m 4.70m 4.94m 4.53m		FOUL	

Event 112 M60 Long Jump

Name	Age	Team	Finals
1 104 Hawkins, John F.	M61	BC	4.47m
FOUL 3.21m 4.24m 4.34m 4.47m		FOUL	
2 114 Mintz, Bruce	M64	Alberta	4.03m
FOUL 4.03m FOUL 3.84m 3.66m 3.82m			
3 108 Sandhu, Hardev Sin	M62	BC	3.06m
3.06m 3.02m x			

Event 112 M65 Long Jump

Name	Age	Team	Finals
1 123 Lamothe, Grant G.	M67	BC	3.86m
3.38m FOUL FOUL 3.64m 3.71m 3.86m			
2 127 Renwick, Doug	M69	Sask	3.73m
3.56m 3.36m 3.50m 3.63m FOUL 3.73m			
3 118 Delhomeau, Rolan	M66	Canada	3.31m
3.31m 3.03m 3.27m 3.14m 3.15m 3.29m			

Event 112 M70 Long Jump

Name	Age	Team	Finals
1 130 van der Wal, Hylke	M72	Sask	2.83m
2.83m FOUL 2.80m 2.73m			

Event 112 M75 Long Jump

Name	Age	Team	Finals
1 133 Rowan, Ted	M77	Sask	3.54m
3.54m 3.50m			

Event 112 M80 Long Jump

Name	Age	Team	Finals
1 136 Chalmers, Gordon L	M81	PENTICTON AT	2.94m
2.94m 2.92m 2.75m 2.76m 2.92m 2.86m			
2 139 Robson, Leslie	M83	Canada	2.05m
1.98m 1.88m 2.05m 2.05m			

Event 120 W50 Triple Jump

50 CMAA: R 9.32m 3/21/2008

Name	Age	Team	Finals
1 19 Lauridsen, Susanne	W53	Alberta	8.45m
FOUL 8.45m			

Event 120 W55 Triple Jump

55 CMAA: R 8.77m 2/13/2010

Name	Age	Team	Finals
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1	21 Rhebergen, Margare	W55 KAMLOOPS TRA	8.76m
	FOUL	8.22m 8.23m 8.09m 8.76m 7.85m	
2	22 Amerongen, Loretta	W57 Canada	8.43m
		8.00m 8.00m 8.06m 8.05m 8.43m 8.19m	

Event 120 W60 Triple Jump

60 CMAA: R 8.66m 2/18/2006			
	Name	Age Team	Finals
1	29 Rollins, Elisabeth	W61 BC	7.02m
		7.02m 6.52m	

Event 120 W70 Triple Jump

70 CMAA: R 6.37m 3/5/1994			
	Name	Age Team	Finals
1	42 Bortignon, Christa	W74 BC	7.41m
		7.15m 7.35m 7.41m	CAN

Event 120 W90 Triple Jump

90 CMAA: R 4.14m 3/5/2010			
	Name	Age Team	Finals
1	48 Kotelko, Olga	W92 BC	3.97m
		3.94m 3.97m 3.64m 3.72m 3.53m 3.94m	

Event 121 M35 Triple Jump

35 CMAA: R 14.49m 1/4/1991			
	Name	Age Team	Finals
1	58 Negoita, Ovidiu Fe	M39 Ont.	11.38m
		FOUL 11.38m FOUL	

Event 121 M45 Triple Jump

45 CMAA: R 12.79m 3/6/2010			
	Name	Age Team	Finals
1	72 Maguire, Hugh	M47 OCEAN ATHLET	11.49m
		11.30m 11.49m	
2	77 Jennett, Terry	M49 Alberta	9.49m
		9.42m 9.49m	

Event 121 M50 Triple Jump

50 CMAA: R 12.54m 2/6/1993			
	Name	Age Team	Finals
1	93 Kosierb, Marcel	M53 BC	9.97m
		9.78m 9.97m PASS	
2	86 Black, Murray	M51 Canada	9.61m
		9.28m 9.61m 9.55m	

Event 121 M55 Triple Jump

55 CMAA: R 10.92m 3/14/1998			
	Name	Age Team	Finals
1	100 Crockett, Ken	M58 KAMLOOPS TRA	9.02m
		9.02m 8.77m 8.85m	

Event 121 M60 Triple Jump

60 CMAA: R 10.92m 1/4/2003			
Name	Age	Team	Finals
1	108	Sandhu, Hardev Sin M62 BC	6.71m
		6.71m	

Event 121 M65 Triple Jump

65 CMAA: R 10.24m 1/27/2008			
Name	Age	Team	Finals
1	117	Brewer, Jess H. M65 BC	8.32m
		FOUL 8.32m 8.25m	

Event 121 M75 Triple Jump

75 CMAA: R 8.56m 3/25/1990			
Name	Age	Team	Finals
1	133	Rowan, Ted M77 Sask	5.32m
		5.32m	

Event 121 M80 Triple Jump

80 CMAA: R 7.31m 3/10/1990			
Name	Age	Team	Finals
1	136	Chalmers, Gordon L M81 PENTICTON AT	6.17m
		6.17m 6.06m 6.11m 5.98m	
2	139	Robson, Leslie M83 Canada	5.10m
		5.10m FOUL FOUL FOUL	

Event 130 W45 Pole Vault

45 CMAA: R 2.61m 2/7/2004			
Name	Age	Team	Finals
1	4	Craig, Nancy W45 VICTORIA TRA	2.10m
		1.80 2.00 2.10 2.15	
		O O XO XXX	

Event 130 W55 Pole Vault

55 CMAA: R 2.10m 3/4/1995			
Name	Age	Team	Finals
1	21	Rhebergen, Margare W55 KAMLOOPS TRA	1.90m
		1.50 1.70 1.80 1.90 2.00	
		O O O O XXX	

Event 131 M45 Pole Vault

45 CMAA: R 4.42m 2/18/1973			
Name	Age	Team	Finals
1	74	Pspotka, Wayne M47 BC	3.70m
		3.30 3.40 3.50 3.60 3.70 3.80	
		O O O O O XXX	
2	75	Van Ryswyk, Len M47 Canada	3.20m
		3.00 3.20 3.30	
		XO O XXX	
2	73	Poljak, Gordon M47 OCEAN ATHLET	3.20m
		3.00 3.20 3.40	
		XO XXO XXX	
4	82	Steele, Sean M49 VICTORIA TRA	2.70m

2.70 2.90 3.00
O XX X

Event 131 M50 Pole Vault

50 CMAA: R 3.65m 1/9/2009

Name	Age	Team	Finals
1 86 Black, Murray	M51	Canada	2.60m
2.30 2.50 2.60 2.80			
XO O XO XXX			

Event 131 M60 Pole Vault

60 CMAA: R 3.40m 3/6/2008

Name	Age	Team	Finals
1 104 Hawkins, John F.	M61	BC	3.20m
2.00 2.30 2.60 2.80 3.00 3.20 3.40			
O O O O XXO XXO XXX			

Event 131 M65 Pole Vault

65 CMAA: R 3.20m 3/9/1991

Name	Age	Team	Finals
1 116 Altendorf, John	M65	USATF	3.70m
3.40 3.60 3.70 3.80			
O O XXO XXX			
2 127 Renwick, Doug	M69	Sask	2.20m
2.00 2.10 2.20 2.30			
XO O XO XXX			
3 123 Lamothe, Grant G.	M67	BC	1.50m
1.50 1.60			
XXO XXX			

Event 131 M75 Pole Vault

75 CMAA: R 2.60m 3/3/2001

Name	Age	Team	Finals
1 132 Dumas, Gerard D.	M76	VICTORIA TRA	2.20m
1.60 2.00 2.20 2.40			
O XXO XO XX			

Event 140 W40 Shot Put

40 CMAA: R 14.35m 3/1/2008

Name	Age	Team	Finals
1 2 Little, Tatiana	W40	KAMLOOPS TRA	9.11m
7.81m 9.02m 9.11m 8.37m 8.34m FOUL			

Event 140 W45 Shot Put

45 CMAA: R 10.29m 2/14/2010

Name	Age	Team	Finals
1 9 Boomer,Carolynn	W47	KAMLOOPS TRA	9.90m
9.55m 9.90m 8.82m 9.54m FOUL 8.82m			

Event 140 W50 Shot Put

50 CMAA: R 10.51m 2/14/1998

Name	Age	Team	Finals
------	-----	------	--------

1	15 Hill, Elizabeth	W50 Ont.					9.94m
	9.86m	9.31m	9.46m	FOUL	9.67m	9.94m	
2	17 Freeman, BJ	W52 Alberta					8.63m
	8.63m	8.30m	8.46m	8.28m	8.10m	8.23m	

Event 140 W55 Shot Put

=====							
55 CMAA: R 10.38m 2/5/2010							
	Name	Age	Team				Finals
=====							
1	150 Hunt, Laurel	W57	KAMLOOPS TRA				5.40m
	5.40m	5.36m	5.22m	5.21m	5.14m	5.26m	

Event 140 W60 Shot Put

=====							
60 CMAA: R 9.31m 3/1/2008							
	Name	Age	Team				Finals
=====							
1	33 McBlain, Liz	W63	Canada				8.70m
	8.30m	8.26m	8.58m	8.09m	8.70m	8.20m	
2	30 Hare, Rose	W62	KAJAKS TRACK				8.55m
	8.46m	8.55m	8.14m	8.25m	7.95m	8.00m	
3	34 Moro, Gabriella	W64	BC				8.10m
	7.84m	8.10m	7.34m	7.74m	7.54m	7.05m	
4	29 Rollins, Elisabeth	W61	BC				7.84m
	7.70m	7.55m	7.84m	6.68m	7.59m	7.43m	

Event 140 W65 Shot Put

=====							
65 CMAA: R 8.64m 3/17/2007							
	Name	Age	Team				Finals
=====							
1	36 Conrad-Rice, Joy	W67	Canada				6.31m
	FOUL	FOUL	6.24m	6.31m	6.11m	FOUL	
2	37 Brand, Kathy	W68	TRI-CITY GRE				6.14m
	5.15m	5.83m	6.12m	5.26m	4.78m	6.14m	
3	38 Copping, Dawn	W68	NORWESTERS T				6.04m
	5.56m	6.00m	6.04m	5.65m	5.70m	5.49m	

Event 140 W70 Shot Put

=====							
70 CMAA: R 9.18m 12/19/2009							
	Name	Age	Team				Finals
=====							
1	42 Bortignon, Christa	W74	BC				6.18m
	5.90m	6.18m	5.33m	5.41m			

Event 140 W75 Shot Put

=====							
75 CMAA: R 7.33m 3/8/2003							
	Name	Age	Team				Finals
=====							
1	43 Acton, Myrtle	W78	NORWESTERS T				7.81m CAN
	6.98m	7.81m	7.07m	7.26m	7.01m	7.30m	

Event 140 W90 Shot Put

=====							
90 CMAA: R 4.90m 3/3/2010							
	Name	Age	Team				Finals
=====							
1	48 Kotelko, Olga	W92	BC				5.74m WR CAN
	5.25m	5.74m					

Event 141 M35 Shot Put

=====							
35 CMAA: R 17.48m 2/24/1979							

Name	Age Team	Finals
1 54 Saari, John	M37 KAMLOOPS TRA	12.57m
12.17m 12.28m 11.78m 11.62m 12.57m 8.43m		
2 56 Harrower, William	M39 Canada	8.73m
8.43m 8.73m 8.28m 8.62m 8.60m 8.71m		

Event 141 M40 Shot Put

40 CMAA: R 15.14m 2/17/1985

Name	Age Team	Finals
1 64 Little, Norm	M41 KAMLOOPS TRA	9.50m
FOUL FOUL 8.70m FOUL 9.50m FOUL		

Event 141 M50 Shot Put

50 CMAA: R 14.33m 3/25/2000

Name	Age Team	Finals
1 83 Dosanjh, Pavitar	M50 BC	11.85m
11.64m 11.85m 11.49m 11.70m FOUL 11.79m		
2 84 Harwood, Doug	M50 BC	8.23m
8.23m 8.17m 8.22m 7.58m 7.73m		

Event 141 M60 Shot Put

60 CMAA: R 13.93m 3/2008

Name	Age Team	Finals
1 104 Hawkins, John F.	M61 BC	12.38m
11.92m 11.98m 12.38m FOUL		
2 108 Sandhu, Hardev Sin	M62 BC	9.43m
9.25m 8.97m 9.43m 9.37m		

Event 141 M65 Shot Put

65 CMAA: R 13.87m 3/4/2006

Name	Age Team	Finals
1 126 Morioka, Harold	M68 TRI-CITY GRE	8.81m
8.67m FOUL FOUL 8.54m 8.52m 8.81m		

Event 141 M70 Shot Put

70 CMAA: R 12.79m 3/5/1994 (record improved earlier by Marek)

Name	Age Team	Finals
1 128 Glowacki, Marek	M70 BC	12.98m
12.50m 12.98m 12.08m 12.30m FOUL		
2 129 Dhillon, Bakhshish	M72 TRI-CITY GRE	8.81m
FOUL 8.07m 8.37m 8.04m 8.81m 8.29m		
3 149 Masich, Thomas G.	M74 PRINCE GEORG	7.07m
7.07m 6.93m FOUL 6.51m 6.89m 6.62m		

Event 141 M75 Shot Put

75 CMAA: R 11.39m 3/6/1999

Name	Age Team	Finals
1 133 Rowan, Ted	M77 Sask	8.03m
7.77m 8.03m 7.83m FOUL 7.88m		

Event 141 M80 Shot Put

80 CMAA: R 11.45m 3/3/2010

Name	Age Team	Finals
1 143 Sillantaus, Rainer M81 UNATTACHED B		11.27m
11.14m 11.11m 11.27m 10.64m 9.91m 10.33m		
2 136 Chalmers, Gordon L M81 PENTICTON AT		7.83m
7.56m 7.83m 7.17m 7.69m 7.76m FOUL		

Event 141 M90 Shot Put

Name	Age Team	Finals
1 141 Falconer, William M90 UNATTACHED B		5.18m CAN
4.98m 5.07m 4.90m 4.43m 5.18m 5.12m		

Event 150 W40 Weight Throw

40 CMAA: R 6.66m 2/14/2010		
Name	Age Team	Finals
1 2 Little, Tatiana W40 KAMLOOPS TRA		9.06m CAN
8.23m 7.60m 8.75m FOUL 8.82m 9.06m		

Event 150 W50 Weight Throw

50 CMAA: R 11.11m 3/3/2001		
Name	Age Team	Finals
1 15 Hill, Elizabeth W50 Ont.		10.85m
FOUL 9.07m 10.21m 10.85m FOUL 9.51m		
2 16 Jolicoeur, Jovette W51 Alberta		8.30m
8.30m FOUL 7.78m FOUL 7.87m FOUL		

Event 150 W55 Weight Throw

55 CMAA: R 10.68m 3/15/2003		
Name	Age Team	Finals
1 150 Hunt, Laurel W57 KAMLOOPS TRA		7.16m
7.16m 6.44m FOUL FOUL 5.94m FOUL		

Event 150 W60 Weight Throw

60 CMAA: R 12.03m 3/15/2009		
Name	Age Team	Finals
1 30 Hare, Rose W62 KAJAKS TRACK		11.28m
11.17m 10.86m 10.63m FOUL 11.01m 11.28m		
2 33 McBlain, Liz W63 Canada		9.68m
9.42m 9.46m 9.01m 9.68m FOUL 9.20m		

Event 150 W65 Weight Throw

65 CMAA: R 10.39m 3/16/2007		
Name	Age Team	Finals
1 37 Brand, Kathy W68 TRI-CITY GRE		8.61m
7.94m FOUL 6.74m 8.21m 8.04m 8.61m		
2 35 Matus, Diane W65 KAMLOOPS TRA		6.98m
5.57m 6.76m 6.98m		
3 38 Copping, Dawn W68 NORWESTERS T		6.95m
6.95m FOUL 6.71m 6.91m 6.33m FOUL		

Event 150 W70 Weight Throw

70 CMAA: R 11.31m 3/20/2010		
Name	Age Team	Finals

=====

1	39 Anderson, Sandy	W71 PENINSULA TR	8.89m
	8.74m FOUL	8.47m 8.41m 7.94m 8.89m	

Event 150 W75 Weight Throw

=====

75 CMAA: R 7.39m	3/5/2010		
Name	Age Team		Finals
=====	=====	=====	=====
1	43 Acton, Myrtle	W78 NORWESTERS T	8.41m
	7.66m 7.79m 7.58m	8.18m 8.41m FOUL	

CAN

Event 150 W90 Weight Throw

=====

90 CMAA: R 6.32m	3/5/2010		
Name	Age Team		Finals
=====	=====	=====	=====
1	48 Kotelko, Olga	W92 BC	7.51m
	7.20m 7.00m 7.51m		

WR CAN

Event 151 M35 Weight Throw

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35 CMAA: R 15.92m	2/25/1979		
Name	Age Team		Finals
=====	=====	=====	=====
1	54 Saari, John	M37 KAMLOOPS TRA	10.99m
	FOUL 9.68m FOUL	10.99m FOUL FOUL	

Event 151 M40 Weight Throw

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40 CMAA: R 19.10m	2/10/2007		
Name	Age Team		Finals
=====	=====	=====	=====
1	64 Little, Norm	M41 KAMLOOPS TRA	9.47m
	FOUL 9.02m 9.34m	9.47m 9.06m FOUL	

Event 151 M45 Weight Throw

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45 CMAA: R 12.78m	2/14/2010		
Name	Age Team		Finals
=====	=====	=====	=====
1	82 Steele, Sean	M49 VICTORIA TRA	8.52m
	FOUL 7.30m 8.52m	FOUL FOUL FOUL	

Event 151 M50 Weight Throw

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50 CMAA: R 18.10m	3/11/2006		
Name	Age Team		Finals
=====	=====	=====	=====
1	84 Harwood, Doug	M50 BC	7.55m
	7.55m FOUL FOUL		

Event 151 M55 Weight Throw

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55 CMAA: R 17.99m	12/14/2010		
Name	Age Team		Finals
=====	=====	=====	=====
1	142 Duffala, Mike	M55 BC	15.70m
	FOUL 15.25m 15.66m	15.70m FOUL 14.32m	
2	99 McDonald, Dave N.	M57 TRI-CITY GRE	13.32m
	13.32m FOUL FOUL	FOUL FOUL	
3	100 Crockett, Ken	M58 KAMLOOPS TRA	10.86m
	10.86m 9.44m 10.11m	10.39m 8.85m	

Event 151 M60 Weight Throw

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60 CMAA: R 16.81m 2/5/2000

Name	Age Team	Finals
1	104 Hawkins, John F. M61 BC	13.92m
	11.89m 12.67m 13.92m 12.19m	
2	108 Sandhu, Hardev Sin M62 BC	9.73m
	9.68m 9.73m 8.69m 9.22m	

Event 151 M65 Weight Throw

65 CMAA: R 17.16m 2/15/2002

Name	Age Team	Finals
1	121 Townsend, Ken A. M66 UNATTACHED B	11.88m
	11.88m 11.55m 1.01m 10.67m 11.51m 11.57m	

Event 151 M70 Weight Throw

70 CMAA: R 17.63m 12/10/2005

Name	Age Team	Finals
1	128 Glowacki, Marek M70 BC	14.45m
	FOUL FOUL 13.31m FOUL 13.30m 14.45m	
2	129 Dhillon, Bakhshish M72 TRI-CITY GRE	12.67m
	FOUL 12.10m FOUL 12.67m 12.36m FOUL	

Event 151 M75 Weight Throw

75 CMAA: R 14.52m 11/27/2010

Name	Age Team	Finals
1	132 Dumas, Gerard D. M76 VICTORIA TRA	9.45m
	FOUL FOUL FOUL 9.45m FOUL FOUL	

Event 151 M80 Weight Throw

80 CMAA: R 13.67m 3/13/2005

Name	Age Team	Finals
1	136 Chalmers, Gordon L M81 PENTICTON AT	10.82m
	9.27m 10.82m 9.86m 9.88m	

Event 151 M90 Weight Throw

90 CMAA: R 10.98m 3/28/2003

Name	Age Team	Finals
1	141 Falconer, William M90 UNATTACHED B	5.73m
	5.65m FOUL 5.73m FOUL 5.49m 5.55m	

Event 160 W50 Indoor Pentathlon

50 CMAA: R 4168 7/2/2009

Name	Age Team	Finals
1	16 Jolicoeur, Jovette W51 Alberta	3017

Event 160 W50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1	16 Jolicoeur, Jovette W51 Alberta	11.94	657

Event 160 W60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
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1	32	Trott, Rhona	W62	Ont.	11.47	891
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Event 160 W50 High Jump Indoor Pentathlon

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Name	Age	Team	Finals	Points
1	16	Jolicoeur, Jovette	W51 Alberta	1.12m 481
	1.06	1.09	1.12	1.15
	O	O	O	XXX

Event 160 W60 High Jump Indoor Pentathlon

=====

Name	Age	Team	Finals	Points
1	32	Trott, Rhona	W62 Ont.	1.06m 577
	1.06	1.09		
	O	XX		

Event 160 W50 Shot Put Indoor Pentathlon

=====

Name	Age	Team	Finals	Points
1	16	Jolicoeur, Jovette	W51 Alberta	10.09m 709
	9.81m	10.09m	9.91m	

Event 160 W60 Shot Put Indoor Pentathlon

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Name	Age	Team	Finals	Points
1	32	Trott, Rhona	W62 Ont.	6.59m 522
	6.59m	6.10m	6.59m	

Event 160 W50 Long Jump Indoor Pentathlon

=====

Name	Age	Team	Finals	Points
1	16	Jolicoeur, Jovette	W51 Alberta	3.90m 527
	FOUL	FOUL	3.90m	

Event 160 W50 800 Meter Run Indoor Pentathlon

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Name	Age	Team	Finals	Points
1	16	Jolicoeur, Jovette	W51 Alberta	2:56.93 643

Event 161 M40 Indoor Pentathlon

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40 CMAA: R 3115 3/11/2005

Name	Age	Team	Finals
1	65	Silvester, Gary	M42 UNATTACHED B 2289

Event 161 M50 Indoor Pentathlon

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50 CMAA: R 3398 3/26/1999

Name	Age	Team	Finals
1	84	Harwood, Doug	M50 BC 1343

Event 161 M60 Indoor Pentathlon

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60 CMAA: R 4090 2/3/2010

Name	Age	Team	Finals
1	104	Hawkins, John F.	M61 BC 2850

Event 161 M40 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary	M42 UNATTACHED B	11.19	433

Event 161 M45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 68 Bates, Christopher	M46 USATF	9.25	879

Event 161 M50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug	M50 BC	12.72	315

Event 161 M60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 104 Hawkins, John F.	M61 BC	11.59	2	611

Event 161 M40 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary 5.14m FOUL 4.85m	M42 UNATTACHED B	5.14m	502

Event 161 M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 68 Bates, Christopher 5.74m 6.01m 5.85m	M46 USATF	6.01m	799

Event 161 M50 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug FOUL FOUL 3.24m	M50 BC	3.24m	203

Event 161 M60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 104 Hawkins, John F. 4.47m 4.55m 4.68m	M61 BC	4.68m	716

Event 161 M40 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary 10.10m 10.27m 9.93m	M42 UNATTACHED B	10.27m	572

Event 161 M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 68 Bates, Christopher 11.03m 11.45m FOUL	M46 USATF	11.45m	714

Event 161 M50 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug 7.01m 7.20m 7.92m	M50 BC	7.92m	443

Event 161 M60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 104 Hawkins, John F. FOUL 11.11m 11.11m	M61 BC	11.11m	720

Event 161 M40 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary 1.39 1.42 1.45 1.48 1.51 O O XO O XXX	M42 UNATTACHED B	1.48m	426

Event 161 M50 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug 1.09 1.12 1.15 1.18 1.21 O O O O XXX	M50 BC	1.18m	297

Event 161 M60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 104 Hawkins, John F. 1.39 1.42 1.45 1.48 1.51 1.54 1.57 O O O O O XO XXX	M61 BC	1.54m	803

Event 161 M40 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary	M42 UNATTACHED B	3:46.39	356

Event 161 M50 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug	M50 BC	5:01.62	85

Event 162 M65 Indoor Pentathlon

Name	Age Team	Finals
1 127 Renwick, Doug	M69 Sask	2702
2 118 Delhomeau, Rolan	M66 Canada	2494
3 123 Lamothe, Grant G.	M67 BC	1797

Event 162 Indoor Pentathlon: #1 M65 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 127 Renwick, Doug	M69 Sask	13.19	454
2 118 Delhomeau, Rolan	M66 Canada	13.27	444

Event 162 Indoor Pentathlon: #2 M65 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 127 Renwick, Doug 3.59m 3.57m 3.81m	M69 Sask	3.81m	540
2 118 Delhomeau, Rolan 3.39m 3.43m 3.67m	M66 Canada	3.67m	496
3 123 Lamothe, Grant G. 3.18m 3.49m 3.60m	M67 BC	3.60m	473

Event 162 Indoor Pentathlon: #3 M65 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 123 Lamothe, Grant G. 8.53m 8.50m 8.52m	M67 BC	8.53m	582
2 118 Delhomeau, Rolan FOUL 6.85m 7.32m	M66 Canada	7.32m	483
3 127 Renwick, Doug FOUL FOUL 5.59m	M69 Sask	5.59m	343

Event 162 Indoor Pentathlon: #4 M65 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 118 Delhomeau, Rolan 1.21 1.24 1.27 1.30 1.33 O O O XXO XXX	M66 Canada	1.30m	627
2 123 Lamothe, Grant G. 1.06 1.09 1.12 1.15 1.18 1.21 1.24 O O XO O XXO O XXX	M67 BC	1.21m	520
3 127 Renwick, Doug 1.09 1.12 1.15 1.18 1.21 O O O XXO XXX	M69 Sask	1.18m	488

Event 162 Indoor Pentathlon: #5 M65 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 127 Renwick, Doug	M69 Sask	3:37.39	825
2 118 Delhomeau, Rolan	M66 Canada	4:10.47	575
3 123 Lamothe, Grant G.	M67 BC	5:02.14	269

Event 163 M35 Indoor Pentathlon

Name	Age Team	Finals
1 49 McLaren, Doug	M35 Sask	2853
2 50 O'Kane, James	M35 UNATTACHED B	1777

Event 163 Indoor Pentathlon: #1 M35 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 49 McLaren, Doug	M35 Sask	8.74	836

Event 163 Indoor Pentathlon: #2 M35 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 49 McLaren, Doug FOUL 5.34m 5.51m	M35 Sask	5.51m	519
2 50 O'Kane, James 4.85m 5.13m 5.00m	M35 UNATTACHED B	5.13m	439

Event 163 Indoor Pentathlon: #3 M35 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 49 McLaren, Doug 10.11m 11.28m 9.67m	M35 Sask	11.28m	588
2 50 O'Kane, James 8.86m 9.51m 9.70m	M35 UNATTACHED B	9.70m	489

Event 163 Indoor Pentathlon: #4 M35 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 50 O'Kane, James 1.39 1.48 1.51 1.57 1.60 1.63 1.66 1.69 1.72 O O O O O XO O XXO XXX	M35 UNATTACHED B	1.69m	569
2 49 McLaren, Doug 1.48 1.51 1.60 1.63 1.66 O O XO XXO XXX	M35 Sask	1.63m	520

Event 163 Indoor Pentathlon: #5 M35 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 49 McLaren, Doug	M35 Sask	3:32.95	390
2 50 O'Kane, James	M35 UNATTACHED B	3:48.43	280

Event 164 M70 Indoor Pentathlon

Name	Age Team	Finals
1 130 van der Wal, Hylke	M72 Sask	1988

Event 164 Indoor Pentathlon: #1 M70 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke	M72 Sask	13.72	435

Event 164 Indoor Pentathlon: #2 M70 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke 2.51m FOUL 2.87m	M72 Sask	2.87m	332

Event 164 Indoor Pentathlon: #3 M70 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke 6.45m 5.71m 6.04m	M72 Sask	6.45m	407

Event 164 Indoor Pentathlon: #4 M70 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke 1.00 1.03 1.06 1.09 1.12 1.15 O XO XO XO XO XXX	M72 Sask	1.12m	512

Event 164 Indoor Pentathlon: #5 M70 1000 Meter Dash Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke	M72 Sask	5:14.27	302