



## Canadian Masters Results

### 60m

<b>W35</b>	<b>1</b>	<b>Birade, Dena</b>	<b>WA</b>	<b>7.83</b>	<b>CAN</b>
		(old CAN 8.16 Carol Reidl SK 1994)			
W50	6	Lauridsen, Susanne	AB	9.34	
<b>W55</b>	<b>1</b>	<b>Del Grande, Karla</b>	<b>ON</b>	<b>8.30</b>	<b>WR</b>
		(old WR 8.46 Helen Godsell GBR 2009, old CAN 8.49 Karla in Kamloops 2010)			
<b>W70</b>	<b>2</b>	<b>Bortignon, Christa</b>	<b>BC</b>	<b>9.86</b>	<b>CAN</b>
		(old CAN 10.62 Mary McCarron-Egner AB 2008)			

### 60mH

W50	3	Lauridsen, Susanne	AB	11.17	
M40	3	Birade, Laurent	WA	9.29	
		(CAN record Glenn Chipkar ON 9.11 in 2002)			

### 200m

W50	3	Lauridsen, Susanne	AB	30.91	
W55	1	Del Grande, Karla	ON	27.92	
		(CAN record is Karla's 27.62 last year)			
	5	Johns-Rees, Gail	NH	31.85	
<b>W70</b>	<b>3</b>	<b>Bortignon, Christa</b>	<b>BC</b>	<b>35.74</b>	<b>CAN</b>
		(old CAN 36.39 Diane Palmason BC 2009)			
M80	1	Fee, Earl	ON	32.86	
		(CAN is Earl's 32.07 from 2009)			

### 400m

W50	6	Lauridsen, Susanne	AB	1:12.38	
W55	1	Del Grande, Karla	ON	1:06.98	
	5	Johns-Rees, Gail	NH	1:14.71	
W70	2	Bortignon, Christa	BC	1:24.50	
M80	1	Fee, Earl	ON	1:12.87	

### 800m

W55	1	Martin, Kathryn	NY	2:38.88	
M40	3	Feder, Sean	CA	2:08.43	
M80	1	Fee, Earl	ON	2:58.47	

### Mile

W55	1	Martin, Kathryn	NY	5:56.05	
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### 3000m

W50	6	Willis, Katherine	ON	14:31.47
W55	1	Martin, Kathryn	NY	11:59.23

### High Jump

W70	2	Bortignon, Christa	BC	1.10m
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### Long Jump

W50	2	Lauridsen, Susanne	AB	4.06m
<b>W70</b>	<b>1</b>	<b>Bortignon, Christa</b>	<b>BC</b>	<b>3.36m</b> <b>CAN</b>
(old CAN 3.02m Elga Meri ON 1992)				

### Triple Jump

W50	1	Lauridsen, Susanne	AB	8.28m
<b>W70</b>	<b>1</b>	<b>Bortignon, Christa</b>	<b>BC</b>	<b>7.41m</b> <b>CAN</b>
(old CAN Helgi Pedal ON 6.37m 1994)				

### Pentathlon

W60	1	Trott, Rhona	ON	2082
W70	1	Bortignon, Christa	BC	3379

#### **Hurdles**

1	Trott, Rhona	ON	11.32	
<b>1</b>	<b>Bortignon, Christa</b>	<b>BC</b>	<b>14.45</b> 641 <b>CAN</b>	
(no previous CAN Record)				

#### High Jump

1	Trott, Rhona	ON	1.06m	577
1	Bortignon, Christa	BC	1.09m	879

#### Shot Put

1	Trott, Rhona	ON	7.27m	589
1	Bortignon, Christa	BC	5.98m	601

#### Long Jump

--	Trott, Rhona	ON	ND	
<b>1</b>	<b>Bortignon, Christa</b>	<b>BC</b>	<b>3.19m</b> 671 <b>CAN</b>	
(old CAN 3.03 Elga Meri ON 1992)				

#### 800m

1	Bortignon, Christa	BC	3:55.13	587
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All CAN records listed are still be pending CMA ratification.