

**Canadian Masters Athletics (CMA)
2014 Annual Meeting of Members
Sport Alliance of Ontario, 3 Concorde Gate, Toronto
Wednesday, December 10, 2014
Refreshments, 7:00 pm; Meeting, 7:30 pm**

This is the regular Annual Meeting of the members of the CMA. As you know, all full masters members of each Athletics Canada branch automatically become members of the CMA each year and, as a result, we now have over 1,500 members each year.

On the next page, you will find the formal Notice of this Meeting and, on the pages that follow, details about the procedures regarding the quorum and the candidates for election to the Board and as Officers. As we did last year, our members across the country will all have a chance to vote in these elections, through the mail ballot that is attached. All members of the CMA are eligible to attend and to vote at this meeting.

Here is an overview of this Annual Meeting:

Business (the boring stuff!) – 7:30 pm:

- 2013 Annual Meeting Minutes
- 2013 - 2014 Annual Report
- Election for three positions on the 2014 - 2015 Board of Directors
- Election of the following Officers: President; Vice-President, Stadia; Vice-President, Non-Stadia; Secretary and Treasurer.
- Other Business (if any)

Non - Business (the fun stuff!):

- Light Refreshments – 7:00 pm
- Discussion of the 2015 Canadian Indoor and Outdoor Championships
- Reliving our experiences at the World Indoor Championships, held in March, 2014 in Budapest, Hungary
- Discussion of the July, 2015 World Masters Indoor Championships, to be held in Lyon, France
- Chat with your athletic friends on their 2014 competition experiences

**Any person who is interested in Masters Athletics in Canada is invited to attend.
Please try to bring a friend to the Meeting.**

In order for us to ensure that we will have a quorum, please let us know if you are planning to attend, by telephone or email to Paul Osland, at (416) 380-2503, or paul.osland@hotmail.com

We will provide facilities for attendance at the Meeting by telephone conference. If you take advantage of this, you will be entitled to speak, but you will not be considered part of the quorum, nor be entitled to vote over the telephone. If you have used a Mail Ballot, it will still be used.

To take part in this way, please dial in at 7:30 pm, and follow these instructions:

Telephone (416) 764-8610, or toll-free, 1-888-884-4539;

When prompted, enter the following “pass code” – 4947816.

In order to ensure that you can hear the Meeting, and vice-versa, please speak close to your telephone, and try not to call from a cell phone, as this may create background noise.

**Canadian Masters Athletics (CMA)
Notice of 2014 Annual Meeting of Members
Sport Alliance of Ontario, 3 Concorde Gate, Toronto
Wednesday, December 10, 2014, 7:30 pm**

Notice is hereby given of the Annual Meeting (the "Meeting") of the Members of Canadian Masters Athletics, to be held on Wednesday, December 10, 2014, at 7:30 pm at Sport Alliance of Ontario, 3 Concorde Gate, Toronto, Ontario, for the following purposes:

1. Approval of the minutes of the previous CMA Annual Meeting, held on December 12, 2013;
2. Review of the following Reports from Officers, Provincial Directors, Record Chairs and others, contained in the 2013-2014 Annual Report (see note 1):
 - President's report;
 - Treasurer's report, including the Financial Statements for the year ended October 31, 2014;
 - Vice-President, Stadia report;
 - Vice-President, Non-Stadia report;
 - Membership Secretary report;
 - Reports from Provincial Directors; and
 - Other reports;
3. Elections for three positions on the Board of Directors for 2014-2015 (see note 2);
4. Election of Officers for 2014-2015, from among the elected Directors (see note 2); and
5. Other Business, if any.

This notice is provided by the Board of Directors of the CMA.

**Vern Christensen,
Vice-President and Secretary**

November 19, 2014

Notes:

- 1) Copies of the 2013-2014 Annual report, containing the various reports referred to in item 2 above, and the minutes of the previous Annual Meeting, will shortly be available, will be provided to members upon request, and will be available at the Meeting.
- 2) All members of the CMA are eligible to attend the Meeting, and to vote in the elections for Directors and Officers. In the following Attachment "A", you will find information about the quorum for the Meeting, an explanation of the arrangements pertaining to the voting for the election of Directors and Officers, and information about the use of the "mail ballot", which is Attachment "C".
- 3) Attachment "B" to this Notice contains information about the persons who are proposed for election as Directors and Officers at the Meeting.
- 4) Votes cast by means of the mail ballot will be counted as if the Members providing the ballots were present at the Meeting and voted, provided that, in the case of a ballot used in an election, it will be used to vote only for each person for whom such a vote was cast who continues to be a candidate in that election. The member casting a mail ballot will not be considered to be present at the Meeting, for purposes of calculating a quorum for the Meeting.

**Canadian Masters Athletics (CMA)
2014 Annual Meeting of Members – December 10, 2014 (the "Meeting")
Information for Members on Organization of Meeting
Including Election of Directors and Officers**

The following information is provided for the benefit of the members of the CMA ("Members") by the CMA Board of Directors.

Quorum for Meeting

The quorum for the Annual Meeting is the lesser of 20 Members and 3% of the number of Members. As we have approximately 1,500 members at this time, the quorum will be 20 Members, and the Meeting will have to be adjourned to another time, unless we have that quorum of Members in attendance in person at the time for which the meeting was called.

Voting at Meeting

All Members of the CMA have the right to attend the Meeting in person and to vote on any matter, including the election of Directors and Officers. In addition, Members who do not attend the Meeting have the right to vote in the election of Directors and Officers, by means of a "Mail Ballot", described under "Use of Mail Ballot", below. Members who vote using a Mail Ballot will not be considered to be in attendance at the Meeting, for purposes of forming a quorum for the Meeting.

Board of Directors

The By-Laws of the CMA provide for a Board of Directors made up of 10 Directors who are elected by the Members, and up to 10 others who are nominated by individual provinces. The 10 Board members elected by the CMA Members serve for periods of 3 years each, on a rotating basis, so that approximately one-third of the elected Board must either be re-elected or replaced at each Annual Meeting. On this basis, the terms of the current Directors who have been elected by the Members are slated to expire as follows: expiring at the 2014 Annual Meeting – **Jack Castle, Carey Nelson and Vern Christensen**; expiring at the 2015 Annual Meeting - **Brian Keaveney, Paul Osland, Mike Sherar and Stafford Whalen**; and expiring at the 2016 Annual Meeting – **Bill McIlwaine, John Powell and George Reilly**. Carey Nelson has indicated to the Board that he wishes to step down as a Director, and not to run for election at the Meeting.

Election of Directors by Members

At the December 10, 2014 Meeting, it will be necessary to have an election for 3 Board members, and the following have indicated that they are willing to stand for election: **Jack Castle (whose term expires at the Meeting), Robert Jackson (whose name is being put forward by the Board, to replace Carey Nelson) and Vern Christensen (whose term expires at the Meeting)**. As provided for in our By-Laws, **a description of each of these candidates for election as Directors is included in Attachment "B"**. As described above, each Member of the CMA may vote in this election either by attending the Meeting or by completing a "Mail Ballot". An explanation of the use of the Mail Ballot is given below, and a copy of the form of Mail Ballot is included as Attachment "C". If there are further nominations at the Meeting for the election of Directors, Mail Ballots which have been received will still be counted.

Provincial Directors

Our By-Laws provide that provinces may name Directors to our Board, provided that the provinces have agreed to be part of an agreement between the CMA and Athletics Canada (AC), under which full

masters members of the provincial AC branch will automatically also be members of CMA, upon the payment of a fee to the CMA, which has been agreed upon between the CMA and AC. All provinces have agreed to be part of such agreement. When provinces do not name a Director, the Board may appoint provincial Directors. Under these arrangements, Directors were named during the past year representing the following provinces: British Columbia, Alberta, Saskatchewan, Ontario, Quebec, New Brunswick and Nova Scotia. The CMA Board anticipates that these provinces will continue to name representatives as Directors, and remains open to accepting Directors named as representatives by other provinces.

Officers

The By-Laws provide that, at the Annual Meeting, the Members of the CMA must elect certain officers, referred to as the "Elected Officers". The Elected Officers are the following: President; Vice-President, Stadia; Vice-President, Non-Stadia; Secretary; and Treasurer; and they must be elected from among the Directors who have been elected by the Members. The Board also may, if it wishes, appoint other Officers from among the members of the Board. Under this provision, the Board has named one of the Directors to the position of Vice-President.

Election of Officers by Members

The following members of the Board have indicated that, if they are Directors after the election of Directors at the Annual Meeting, they will be willing to stand for election for the following Elected Officer positions: **President – Paul Osland; Vice-President, Stadia – Brian Keaveney; Vice-President, Non-Stadia – John Powell; Secretary – Vern Christensen; and Treasurer – Jack Castle.** As provided in the By-Laws, **a description of each of the candidates for these positions as Elected Officers is included in Attachment "B"**. As noted above with regard to the election of Directors, Members may vote for the election of these Officers by means of the Mail Ballot.

Use of Mail Ballot

Attachment "C" is the form of Mail Ballot which may be used by members to vote for the Directors and Officers. To use this Mail Ballot, please complete it by placing marks in the boxes opposite up to three of the candidates for the election as Directors, and one candidate for each of the five Officer positions. After completing the Ballot, please print your name and address, sign the Ballot and return it by mail, email or fax to the CMA at the following address: **Annual Meeting Ballot, c/o Vern Christensen, 73 Pine Crescent, Toronto, ON M4E 1L3; or by scanned email to vchristensen@guardiancapital.com; or to fax number (416) 364-2067.** All Mail Ballots received as stated above by the close of business on December 8, 2013 will be included in the voting at the Meeting provided that, in the case of a ballot used in an election, they will be used in such election to vote only for each person for whom such a vote was cast and who continues to be a candidate in that election. If the Meeting is adjourned, they will be used at the adjournment of the Meeting.

Vern Christensen,
Secretary

November 19, 2014

**Canadian Masters Athletics (CMA)
2014 Annual Meeting of Members – December 10, 2014
Names and Descriptions of Candidates for Director and Officer Elections**

The following detailed information on each of the named candidates for election as Directors or Officers at the December 10 Annual Meeting of the CMA has been provided by the individual candidates:

Candidates for Election as Directors:

Jack Castle –

- Retired after 38 years filling a number of management positions with a major property and casualty insurance company
- Active in masters running since 1986; primarily Road Races and Cross Country
- Member of CMAA Executive or CMA Board since 1987
- Treasurer of CMAA/CMA continuously since 1990, as well as President and Vice-President at various times during that period
- Treasurer of NCCWMA continuously since 1990
- Competed at each WAVA/WMA Outdoor Championship from 1989 thru 2007
- Canadian delegate to WAVA/WMA General Assemblies several times
- Assistant Team Manager at World Championships a number of times
- Meet Director at a number of CMAA events

Vern Christensen –

- Chartered Public Accountant, Senior Vice-President and Secretary of a public investment management company
- Active in Masters running for almost 25 years; favourites are Steeplechase and Cross Country, but has competed from 400m to 30K
- Member of CMAA Executive or CMA Board since 1998
- Vice-President and Secretary of CMAA/CMA for over 10 years
- Competed in WMA Championships: 10 Outdoor (all since Buffalo in 1995) and three Indoor
- Race Director for local 5K competitive/charitable race in Toronto for 8 years
- Served often as Canadian delegate to WAVA/WMA/NCCWMA General Assemblies
- Served often as Canadian Team Manager/Assistant Manager for World Outdoor and Indoor Championships
- Instrumental in setting up first CMAA web site and Canadian Masters Athletics Hall of Fame
- Member, the WMA Law & Legislation Committee
- Vice-President, Non Stadia of NCCWMA since 2012

Robert Jackson –

- Lawyer since 1979, now Insurance Director for the Law Society of New Brunswick
- Participated in Masters running since 2001 with a focus on road races
- In 2014 appointed as CMA Track and Jumps Record Chair
- Since 2014 has maintained Masters Records for Athletics New Brunswick
- In 2009 created and maintains database of records set at all road race distances for all age groups in NB
- Member of the Board of Directors of Run New Brunswick
- 2011 and 2012 member of the University of New Brunswick varsity cross-country team
- Umpire and Referee at numerous professional tennis tournaments 1989 to 2005.

Candidates for Election as Officers:

Paul Osland (Candidate for election as President) –

- Vice-President of a not-for-profit organization
- President of CMAA/CMA since 2009
- Vice-President of OMA, 2007-2009
- Co-founder of Myremotecoach.com
- UTTC Masters Mid-distance coach
- Involved in athletics for almost 40 years (400, 800)
- Member of Canadian Senior Track & Field Team from 1987-1991
- Represented Canada at the Olympic Games, Commonwealth Games, Pan American Games and many other international events
- Holds the Ontario open indoor 600m record (1:17.91) from 1985 to present
- Competed at 5 outdoor, and 2 indoor, World Masters Championships (1 gold, 5 silver, 5 bronze medals)
- Instrumental in finalizing CMA & AC membership agreement

Brian Keaveney (Candidate for election as Vice-President, Stadia) –

- Retired High School Teacher (32.5 years teaching, Head of Geography and Computers)
- Started Masters Running as a marathoner and cross country runner in 1984
- Member of OMA Executive, first in 1985 (VP and President several times)
- Member of CMAA/CMA Executive/Board (President for many years and now VP, Stadia)
- Team Manager for CMAA for WMA Championships many times, starting with Turku in 1991
- Member of WMA Non-Stadia Committee since 1992
- Former President, now Vice-President, Stadia, NCCWMA
- Keaveney Track and Field Services (consulting) - seven years
- Canadian Track and Field Official since 1972 (starter, walks, throwing, technical manager)
- Meet Director for WMA Non-Stadia Championships, Canadian and Ontario Masters
- Volunteer - Trail Captain, Bruce Trail Conservancy and Canadian Air and Space Museum

John Powell (Candidate for election as Vice-President, Non-Stadia) –

- Have been retired since 2009
- Active in Masters athletics for just over 30 years; favourite events are Indoor/Outdoor Track Sprints and Cross Country
- Competed in 3 Outdoor WAVA Championships: Eugene 1989, Buffalo 1995, Gateshead 1999
- Meet Director of CMAA Interclub Track & Field Championships, 1991-95
- Served as Canadian delegate to WAVA General Assemblies in 1995 and 1999
- Member of CMAA/CMA Executive/Board for past 25 years, including President in 1996-97
- CMAA Vice-President, Stadia, 1991-95, with successful Championships in cities such as Ottawa and Regina
- CMAA/CMA Vice-President, Non-Stadia, 2005 - present
- Race Director of CMA Don Farquharson Memorial XC Race, 2010-2013

Vern Christensen (Candidate for election as Secretary) –

See above.

Jack Castle (Candidate for election as Treasurer) –

See above.

Mail Ballot - 2014 CMA Annual Meeting of Members – December 10, 2014

This Ballot is provided by the Board of Directors of the CMA, in accordance with the CMA By-Laws, for use at the Annual Meeting of Members of the CMA, being held on December 10, 2014. This Ballot may be used by Members to vote in the election of Directors and Officers, which votes will take place at the Meeting, or its adjournment. In order to be used, **this ballot must be signed**.

If a Member provides a Mail Ballot, but attends the Meeting in person, the Mail Ballot will not be counted. Attachment "B" contains the names and information about each of the candidates for the elections as Directors and Officers, who were known when the Notice was prepared.

The undersigned Member of the CMA hereby wishes to vote as follows:

Election of Directors:

<u>Names of Candidates</u>	<u>Vote For</u>
Jack Castle	<input type="checkbox"/>
Vern Christensen	<input type="checkbox"/>
Robert Jackson	<input type="checkbox"/>

Election of Officers:

<u>Position</u>	<u>Names of Candidates</u>	<u>Vote For</u>
President	Paul Osland	<input type="checkbox"/>
Vice-President, Stadia	Brian Keaveney	<input type="checkbox"/>
Vice-President, Non-Stadia	John Powell	<input type="checkbox"/>
Secretary	Vern Christensen	<input type="checkbox"/>
Treasurer	Jack Castle	<input type="checkbox"/>

Member's Name

Member's Signature

Date

**Member's Province of
Residence**

**Member's Athletics Canada
Membership Number**

Notes:

1) Each Member may vote for each of the candidates for the elections listed above, by placing a mark in each of the boxes opposite the names of the candidates. This Ballot will **not** be voted with regard to a specific candidate, if: a) a vote is not indicated for that candidate; b) a Member's vote is not clear with regard to that specific candidate; or c) a candidate withdraws before the Ballot is used.

2) The Ballot will be used only if it is received before the close of business on December 8, 2013, at: **Annual Meeting Ballot, c/o Vern Christensen, 73 Pine Crescent, Toronto, ON M4E 1L3; or by fax at (416) 364-2067; or scanned by email to "vchristensen@guardiancapital.com"**.