

MR – Meet Record for the 39 CMA Championship meets
 CAN – Canadian Record (pending approval)

W35 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|------------------|------------------|--------|------|--------------|----|
| Finals | | | | | |
| 1 Collier, Naomi | W37 Saskatchewan | 15.93 | -2.5 | 15.77 66.54% | 3 |

W40 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-------------------|------------------|--------|------|--------------|----|
| 1 Babalola, Omena | W44 Manitoba | 14.28 | -2.5 | 13.04 80.53% | 3 |
| 2 Arnason, Sandi | W40 Saskatchewan | 15.15 | -2.5 | 14.47 72.54% | 3 |
| 3 Evans, Sharon | W42 Alberta | 16.06 | -2.5 | 15.00 69.99% | 3 |

W45 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-----------------|-------------|--------|------|--------------|----|
| 1 Turner, Lynda | W49 Alberta | 15.98 | -2.5 | 13.82 75.91% | 3 |

W50 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-----------------|-------------|--------|------|--------------|----|
| 1 Melvin, Wendy | W52 Ontario | 17.28 | -2.5 | 14.49 72.45% | 3 |

W55 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|----------------------|----------------------|--------|------|--------------|----|
| 1 Burnett, Evelyn | W55 Alberta | 15.02 | -3.3 | 12.21 85.95% | 2 |
| 2 Coward, Selina | W58 Saskatchewan | 16.98 | -3.3 | 13.41 78.21% | 2 |
| 3 Welsh, Jo | W57 Nova Scotia | 17.14 | -2.5 | 13.67 76.78% | 3 |
| 4 Lauridsen, Susanne | W55 Alberta | 17.25 | -3.3 | 14.02 74.84% | 2 |
| 5 Graham, Lori | W55 British Columbia | 19.09 | -3.3 | 15.52 67.63% | 2 |

W60 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|---|----------------------|--------|------|--------------|----|
| 1 Del Grande, Karla | W60 Ontario | 14.29 | -3.3 | 11.07 94.82% | 2 |
| (the 10 year old Meet Record is 14.23...and Karla ran into a 3.3 headwind!) | | | | | |
| 2 Dobson, Nancy | W64 Saskatchewan | 16.53 | -3.3 | 12.34 85.00% | 2 |
| 3 Rollins, Elizabeth | W63 British Columbia | 17.55 | -3.3 | 13.23 79.32% | 2 |
| 4 Nesterenko, Louise | W62 Alberta | 20.20 | -3.3 | 15.37 68.32% | 2 |

W70 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-------------------------|----------------------|--------|------|--------------|----|
| 1 LaFayette-Boyd, Carol | W71 Saskatchewan | 15.75 | -4.4 | 11.00 95.37% | |
| 2 Radcliffe, Marg | W71 British Columbia | 19.26 | -4.4 | 13.45 77.99% | |

W75 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|----------------------|----------------------|--------|------|--------------|----|
| 1 Bortignon, Christa | W76 British Columbia | 16.90 | -4.4 | 11.05 94.91% | |

W80 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading |
|-------------------|-------------|--------|------|--------------|
| 1 Darling, Violet | W81 Ontario | 25.66 | -4.4 | 15.58 67.34% |

W85 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading |
|--------------------|-------------|--------|------|--------------|
| 1 McQuarrie, Betty | W85 Alberta | 26.38 | -4.4 | 14.19 73.92% |

W90 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading |
|-----------------|----------------------|--------|------|--------------|
| 1 Kotelko, Olga | W94 British Columbia | 29.16 | -4.4 | 10.82 96.95% |

W95 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | |
|---|------------------|----------------|-------------|---------------------|-----------|
| 1 Kaur, Man (no previous Meet Record) | W97 India | 1:09.87 | -4.4 | 21.42 48.99% | MR |

M30 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|---------------------|------------------|--------|------|--------------|----|
| 1 Sandomirsky, Dave | M34 Saskatchewan | 12.64 | -1.2 | 12.60 77.69% | 6 |

M35 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-------------------|----------------------|--------|------|--------------|----|
| 1 McLaren, Doug | M37 Saskatchewan | 12.05 | -1.2 | 11.76 83.32% | 6 |
| 2 Burpee, David | M39 Manitoba | 13.38 | -1.2 | 12.87 76.08% | 6 |
| 3 Bienefeld, Andy | M38 British Columbia | 13.53 | -1.2 | 13.11 74.72% | 6 |

M40 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|--------------------|------------------|--------|------|--------------|----|
| 1 Harris, Brian | M43 Alberta | 12.55 | -1.2 | 11.74 83.43% | 6 |
| 2 Blackburn, David | M41 Saskatchewan | 12.71 | -1.2 | 12.05 81.27% | 6 |
| 3 Jones, Chris | M40 Alberta | 13.29 | -1.2 | 12.69 77.20% | 6 |

M45 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|----------------|------------------|--------|------|--------------|----|
| 1 Ellis, Colin | M45 Saskatchewan | 12.93 | -2.0 | 11.93 82.13% | 5 |

M50 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|----------------------|--------------|--------|------|--------------|----|
| 1 McIntosh, Maynard | M52 Jamaica | 12.49 | -2.0 | 11.00 89.03% | 5 |
| 2 Kudo, Ken | M50 Ontario | 12.43 | -2.0 | 11.09 88.33% | 5 |
| 3 Nasato, Robert | M52 Ontario | 12.67 | -2.0 | 11.16 87.77% | 5 |
| 4 Trapp, Robert | M51 Alberta | 13.40 | -2.0 | 11.88 82.46% | 5 |
| 5 Unilowsky, Russell | M53 Manitoba | 13.59 | -2.0 | 11.89 82.34% | 5 |
| 6 Meyers, Darcy | M51 Alberta | 14.01 | -2.0 | 12.42 78.87% | 5 |

M55 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|------------------|------------------|--------|------|--------------|----|
| 1 Brown, Dave | M55 Alberta | 13.10 | -3.7 | 11.31 86.56% | 4 |
| 2 D'Eon, Marcel | M59 Saskatchewan | 13.96 | -3.7 | 11.76 83.31% | 4 |
| -- Headley, John | M57 Saskatchewan | DNF | -3.7 | | 4 |

M60 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|--------------------|----------------------|--------|------|--------------|----|
| 1 Percival, Al | M61 British Columbia | 13.26 | -3.7 | 11.03 88.76% | 4 |
| 2 Berquist, Brian | M60 Saskatchewan | 14.27 | -3.7 | 11.94 81.99% | 4 |
| 3 Drewitz, Charles | M60 Alberta | 14.29 | -3.7 | 11.96 81.88% | 4 |
| 4 Kokko, Jarmo | M62 Ontario | 15.55 | -3.7 | 12.86 76.14% | 4 |

M65 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-------------------|-------------------|--------|------|--------------|----|
| 1 Mintz, Bruce | M66 Alberta | 14.73 | -2.4 | 11.89 82.35% | 3 |
| 2 Jacobson, Vance | M65 United States | 14.81 | -2.4 | 12.03 81.43% | 3 |
| 3 Swane, Dwight | M69 Alberta | 15.71 | -2.4 | 12.46 78.61% | 3 |

M70 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-----------------|------------------|--------|------|--------------|----|
| 1 Evans, Peter | M71 Ontario | 15.05 | -2.4 | 11.73 83.52% | 3 |
| 2 Stern, David | M73 Ontario | 15.88 | -2.4 | 12.08 81.11% | 3 |
| 3 Singh, Gurdev | M74 Ontario | 17.54 | -2.4 | 13.18 74.34% | 3 |
| 4 Renwick, Doug | M71 Saskatchewan | 16.97 | -2.4 | 13.22 74.07% | 3 |

M75 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|----------------|------------------|--------|------|--------------|----|
| 1 Dunn, Dave | M77 Alberta | 15.53 | -3.5 | 11.20 87.44% | 2 |
| 2 Epp, Ken | M77 Saskatchewan | 15.87 | -3.5 | 11.44 85.57% | 2 |
| 3 Koza, Joseph | M77 Saskatchewan | 16.55 | -3.5 | 11.93 82.05% | 2 |

M80 100 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|------------------|------------------|--------|------|--------------|----|
| 1 Rowan, Ted | M80 Saskatchewan | 16.04 | -3.2 | 11.06 88.53% | |
| 2 Nett, Arnold | M80 Alberta | 16.91 | -3.2 | 11.66 83.97% | |
| 3 Graham, Gerald | M80 Alberta | 17.14 | -3.2 | 11.82 82.85% | |
| 4 Wardle, Ray | M80 Ontario | 17.82 | -3.2 | 12.29 79.69% | |
| 5 Thompson, Bill | M83 Ontario | 19.07 | -3.2 | 12.49 78.40% | |

W40 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-------------------|--------------|--------|------|--------------|----|
| 1 Babalola, Omena | W44 Manitoba | 29.56 | -1.7 | 26.57 80.31% | 3 |
| 2 Evans, Sharon | W42 Alberta | 34.18 | -1.7 | 31.49 67.79% | 3 |

W45 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-----------------|-------------|--------|------|--------------|----|
| 1 Turner, Lynda | W49 Alberta | 32.93 | -1.7 | 27.93 76.40% | 3 |

W50 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|--------------|------------------|--------|------|--------------|----|
| 1 Smith, Jan | W53 Saskatchewan | 34.29 | -1.7 | 27.83 76.67% | 3 |

W55 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|----------------------|----------------------|--------|------|--------------|----|
| 1 Whidden, Elaine | W58 British Columbia | 30.59 | -2.8 | 23.56 90.59% | 2 |
| 2 Burnett, Evelyn | W55 Alberta | 30.68 | -2.8 | 24.36 87.61% | 2 |
| 3 Coward, Selina | W58 Saskatchewan | 35.15 | -2.8 | 27.07 78.83% | 2 |
| 4 Lauridsen, Susanne | W55 Alberta | 35.29 | -2.8 | 28.02 76.17% | 2 |

W60 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|--|----------------------|--------------|-------------|---------------------|---------------|
| 1 Del Grande, Karla (old CAN Karla's 29.28 earlier this year - Karla has a pending mark of 28.58 old Meet Record 29.69 Kathy Jager USA 2003)) | W60 Ontario | 28.64 | -2.8 | 21.60 98.81% | CAN MR |
| 2 Rollins, Elizabeth | W63 British Columbia | 37.00 | -2.8 | 27.10 78.76% | 2 |
| 3 Nesterenko, Louise | W62 Alberta | 41.22 | -2.8 | 30.49 69.99% | 2 |

W70 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading |
|-------------------------|------------------|--------|------|--------------|
| 1 LaFayette-Boyd, Carol | W71 Saskatchewan | 32.52 | -1.8 | 22.09 96.62% |

W75 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | |
|---|-----------------------------|--------------|-------------|---------------------|-----------|
| 1 Bortignon, Christa (old MR Christa's 34.81 set last year) | W76 British Columbia | 34.46 | -1.8 | 22.16 96.34% | MR |

W80 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | |
|--|-------------------|--------------|-------------|---------------------|---------------|
| 1 Cole, Alice (old CAN 45.72 Anne Fleming 1999, old MR 45.58 Ernestine Garcia MEX 2012) | W80 Quebec | 43.50 | -1.8 | 25.79 82.76% | CAN MR |

W85 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading |
|--------------------|-------------|--------|------|--------------|
| 1 McQuarrie, Betty | W85 Alberta | 56.07 | -1.8 | 28.49 74.91% |

W90 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | |
|--|-----------------------------|----------------|-------------|---------------------|-----------|
| 1 Kotelko, Olga (no previous MR) | W94 British Columbia | 1:21.41 | -1.8 | 27.12 78.69% | MR |

W95 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | |
|---------------------------------|-----------|---------|------|--------------|----|
| 1 Kaur, Man (no previous MR) | W97 India | 2:39.19 | -1.8 | 45.37 47.04% | MR |

M30 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|---------------------|------------------|--------|------|--------------|----|
| 1 Sandomirsky, Dave | M34 Saskatchewan | 25.41 | -1.9 | 24.70 78.24% | 7 |

M35 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-------------------|----------------------|--------|------|--------------|----|
| 1 Bienefeld, Andy | M38 British Columbia | 27.03 | -1.9 | 25.47 75.88% | 7 |

M40 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|--------------------|------------------|--------|------|--------------|----|
| 1 Harris, Brian | M43 Alberta | 25.78 | -1.6 | 23.39 82.62% | 6 |
| 2 Blackburn, David | M41 Saskatchewan | 25.85 | -1.6 | 23.80 81.20% | 6 |
| 3 Hesse, Shaun | M40 Saskatchewan | 27.53 | -1.6 | 25.54 75.66% | 6 |

M45 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|----------------|------------------|--------|------|--------------|----|
| 1 Ellis, Colin | M45 Saskatchewan | 26.61 | -1.6 | 23.78 81.25% | 6 |

M50 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|----------------------|--------------|--------|------|--------------|----|
| 1 McIntosh, Maynard | M52 Jamaica | 25.38 | -1.9 | 21.58 89.56% | 5 |
| 2 Nasato, Robert | M52 Ontario | 26.71 | -1.9 | 22.71 85.10% | 5 |
| 3 Trapp, Robert | M51 Alberta | 26.81 | -1.9 | 22.95 84.19% | 5 |
| 4 Unilowsky, Russell | M53 Manitoba | 27.56 | -1.9 | 23.27 83.02% | 5 |
| 5 Meyers, Darcy | M51 Alberta | 28.83 | -1.9 | 24.68 78.29% | 5 |

M55 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-----------------|------------------|--------|------|--------------|----|
| 1 Brown, Dave | M55 Alberta | 25.90 | -1.4 | 21.57 89.61% | 4 |
| 2 D'Eon, Marcel | M59 Saskatchewan | 26.93 | -1.4 | 21.83 88.53% | 4 |

M60 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|----------------|----------------------|--------|------|--------------|----|
| 1 Percival, Al | M61 British Columbia | 26.94 | -0.9 | 21.55 89.64% | 3 |
| 2 Kokko, Jarmo | M62 Ontario | 30.67 | -0.9 | 24.38 79.26% | 3 |

M65 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-------------------|-------------------|--------|------|--------------|----|
| 1 Mintz, Bruce | M66 Alberta | 29.35 | -1.3 | 22.70 85.14% | 2 |
| 2 Jacobson, Vance | M65 United States | 30.33 | -1.3 | 23.64 81.73% | 2 |

M70 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading | H# |
|-----------------|------------------|--------|------|--------------|----|
| 1 Evans, Peter | M71 Ontario | 30.45 | -1.3 | 22.46 86.04% | 2 |
| 2 Stern, David | M73 Ontario | 31.76 | -1.3 | 22.71 85.08% | 2 |
| 3 Renwick, Doug | M71 Saskatchewan | 34.27 | -1.3 | 25.28 76.45% | 2 |

M75 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading |
|----------------|------------------|--------|------|--------------|
| 1 Dunn, Dave | M77 Alberta | 31.98 | -1.4 | 21.42 90.21% |
| 2 Epp, Ken | M77 Saskatchewan | 32.87 | -1.4 | 22.02 87.77% |
| 3 Koza, Joseph | M77 Saskatchewan | 35.11 | -1.4 | 23.52 82.17% |

M80 200 Meter Dash

| Name | Age Team | Finals | Wind | Age-Grading |
|------------------|-------------|--------|------|--------------|
| 1 Graham, Gerald | M80 Alberta | 36.54 | -1.4 | 23.23 83.20% |
| 2 Wardle, Ray | M80 Ontario | 37.59 | -1.4 | 23.89 80.87% |
| 3 Thompson, Bill | M83 Ontario | 40.26 | -1.4 | 23.96 80.65% |

W35 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|-------------------|------------------|---------|----------------|----|
| 1 Bletsky, Nicole | W38 Saskatchewan | 1:07.15 | 1:02.26 76.46% | 2 |

W50 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|--------------------|------------------|---------|--------------|----|
| 1 Meloche, Laurie | W52 Saskatchewan | 1:08.46 | 54.99 86.56% | 2 |
| 2 O'Hagan, Heather | W51 Ontario | 1:10.57 | 57.22 83.19% | 2 |
| 3 Gold, Karen | W50 Ontario | 1:10.83 | 57.97 82.11% | 2 |

W55 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|----------------------|----------------------|---------|----------------|----|
| 1 Whidden, Elaine | W58 British Columbia | 1:13.57 | 55.90 85.16% | 2 |
| 2 Lauridsen, Susanne | W55 Alberta | 1:25.76 | 1:06.94 71.12% | 2 |

W60 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|---|--------------------|----------------|---------------------|--------------------|
| 1 Del Grande, Karla (old MR 1:13.50 Avril Douglas BC in 2009) | W60 Ontario | 1:09.48 | 51.84 91.84% | 2 MR |
| 2 Nesterenko, Louise | W62 Alberta | 1:38.34 | 1:12.12 66.01% | 2 |

W65 400 Meter Dash

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|---------|----------------|
| 1 Baldock, Lynette | W66 British Columbia | 1:45.55 | 1:14.28 64.08% |

W70 400 Meter Dash

| Name | Age Team | Finals | Age-Grading |
|-----------------|------------------|---------|----------------|
| 1 Matlock, Joan | W74 Saskatchewan | 2:01.30 | 1:13.08 65.14% |

W80 400 Meter Dash

| Name | Age Team | Finals | Age-Grading |
|--|-------------------|----------------|---|
| 1 Cole, Alice (old WR 1:40.45 Polly Clarke USA 1990 old CAN 1:56.16 Lenore Montgomery 2011 old MR Ernestine Garcia MEX 2012) | W80 Quebec | 1:35.76 | 50.65 93.98% World Record |

W95 400 Meter Dash

| Name | Age Team | Finals | Age-Grading |
|--|------------------|----------------|---------------------------------|
| 1 Kaur, Man (no previous MR) | W97 India | 6:10.17 | 1:46.28 44.79% MR |

M30 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|---------------------|------------------|--------|--------------|----|
| 1 Sandomirsky, Dave | M34 Saskatchewan | 59.94 | 58.61 73.67% | 4 |

M35 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|-------------------|----------------------|---------|--------------|----|
| 1 Bienefeld, Andy | M38 British Columbia | 1:02.24 | 59.08 73.10% | 4 |

M40 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|-------------------|------------------|---------|----------------|----|
| 1 Munro, Lenroy | M43 Ontario | 55.59 | 50.89 84.85% | 4 |
| 2 Shakotko, Jesse | M40 Saskatchewan | 54.89 | 51.33 84.13% | 4 |
| 3 Jones, Chris | M40 Alberta | 1:05.65 | 1:01.39 70.34% | 4 |

M50 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|----------------------|----------------------|---------|----------------|----|
| 1 McIntosh, Maynard | M52 Jamaica | 1:02.66 | 53.92 80.10% | 3 |
| 2 Unilowsky, Russell | M53 Manitoba | 1:07.57 | 57.76 74.77% | 3 |
| 3 Flett, Gordon | M53 British Columbia | 1:14.01 | 1:03.26 68.26% | 3 |

M55 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|-----------------|------------------|---------|--------------|----|
| 1 Brown, Dave | M55 Alberta | 1:02.68 | 52.86 81.68% | 2 |
| 2 D'Eon, Marcel | M59 Saskatchewan | 1:04.89 | 53.34 80.97% | 2 |

M60 400 Meter Dash

| Name | Age Team | Finals | Age-Grading | H# |
|-----------------|------------------|---------|--------------|----|
| 1 Lewis, Steven | M61 Saskatchewan | 1:09.91 | 56.74 76.10% | 2 |

M70 400 Meter Dash

| Name | Age Team | Finals | Age-Grading |
|-----------------|------------------|---------|--------------|
| 1 Renwick, Doug | M71 Saskatchewan | 1:16.34 | 54.85 78.74% |

M75 400 Meter Dash

| Name | Age Team | Finals | Age-Grading |
|----------------------|------------------|---------|----------------|
| 1 Koza, Joseph | M77 Saskatchewan | 1:24.41 | 54.19 79.69% |
| 2 Epp, Ken | M77 Saskatchewan | 1:25.50 | 54.89 78.68% |
| 3 van der Wal, Hylke | M75 Saskatchewan | 1:30.58 | 1:00.18 71.76% |
| 4 Kalles, David | M75 Yukon | 1:37.74 | 1:04.93 66.50% |

M80 400 Meter Dash

| Name | Age Team | Finals | Age-Grading |
|------------------|-------------|---------|--------------|
| 1 Wardle, Ray | M80 Ontario | 1:29.09 | 54.19 79.69% |
| 1 Graham, Gerald | M80 Alberta | 1:29.09 | 54.19 79.69% |
| 3 Thompson, Bill | M83 Ontario | 1:45.53 | 59.02 73.17% |

W35 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-------------------|------------------|---------|----------------|
| 1 Bletsky, Nicole | W38 Saskatchewan | 2:38.09 | 2:36.61 72.33% |

W50 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------------|-------------|---------|----------------|
| 1 Dixon, Donna | W50 Alberta | 2:35.29 | 2:18.49 81.80% |
| 2 O'Hagan, Heather | W51 Ontario | 2:38.42 | 2:19.51 81.20% |
| 3 Gold, Karen | W50 Ontario | 2:47.06 | 2:28.99 76.03% |

W60 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|----------------|------------------|---------|----------------|
| 1 Warick, Judy | W64 Saskatchewan | 3:29.04 | 2:30.01 75.52% |

W65 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|---------|----------------|
| 1 Baldock, Lynette | W66 British Columbia | 3:55.29 | 2:42.19 69.85% |

W75 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-----------------|-------------|---------|----------------|
| 1 Visser, Helly | W79 Alberta | 3:48.18 | 1:55.67 97.94% |

W80 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|----------------------|----------------------|---------|----------------|
| 1 Montgomery, Lenore | W83 British Columbia | 4:23.34 | 1:59.88 94.50% |

M35 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-------------------|-------------|---------|----------------|
| 1 D'Souza, Jayesh | M39 Ontario | 2:53.09 | 2:46.14 60.86% |

M40 800 Meter Run

| Name | Age Team | Finals | Age-Grading | H# |
|-------------------|------------------|---------|----------------|----|
| 1 Shakotko, Jesse | M40 Saskatchewan | 2:11.37 | 2:04.87 80.98% | 2 |
| 2 Farr, Kevin | M43 Ontario | 2:21.59 | 2:10.99 77.19% | 2 |

M45 800 Meter Run

| Name | Age Team | Finals | Age-Grading | H# |
|-------------------|------------------|----------|----------------|----|
| 1 Faucher, Claude | M45 Manitoba | 2:15.49 | 2:03.04 82.18% | 2 |
| 2 Geohagen, Nigel | M45 Jamaica | J2:37.80 | 2:23.30 70.56% | 2 |
| 3 Svec, John | M47 Saskatchewan | J2:39.14 | 2:22.05 71.18% | 2 |

M50 800 Meter Run

| Name | Age Team | Finals | Age-Grading | H# |
|--------------------|----------------------|---------|----------------|----|
| 1 Smillie, Malcolm | M53 British Columbia | 2:25.34 | 2:03.24 82.05% | 2 |
| 2 Smith, Lyndon | M52 Saskatchewan | 2:30.37 | 2:08.57 78.65% | 2 |
| 3 Van Eaton, Grant | M53 Saskatchewan | 2:44.39 | 2:19.39 72.54% | 2 |
| 4 Flett, Gordon | M53 British Columbia | 2:47.14 | 2:21.72 71.35% | 2 |

M55 800 Meter Run

| Name | Age Team | Finals | Age-Grading | H# |
|-------------------|------------------|---------|----------------|----|
| 1 Meszaros, Keith | M57 Saskatchewan | 2:26.99 | 2:00.61 83.84% | 2 |
| 2 Bickley, Ed | M55 Alberta | 2:29.93 | 2:04.99 80.90% | 2 |

M60 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-----------------|------------------|---------|----------------|
| 1 Lang, Dennis | M62 Manitoba | 2:30.02 | 1:58.33 85.46% |
| 2 Lewis, Steven | M61 Saskatchewan | 2:35.36 | 2:03.47 81.89% |

M65 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------|------------------|---------|----------------|
| 1 Ross, Dale | M66 Saskatchewan | 3:40.14 | 2:47.84 60.24% |

M70 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-----------------|------------------|---------|----------------|
| 1 Mackie, Chris | M72 Ontario | 2:50.38 | 2:00.67 83.80% |
| 2 Renwick, Doug | M71 Saskatchewan | 2:55.16 | 2:05.96 80.28% |

M75 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|----------------------|------------------|---------|----------------|
| 1 Davies, Roger | M78 Alberta | 3:23.36 | 2:10.62 77.41% |
| 2 Kalles, David | M75 Yukon | 3:40.22 | 2:28.74 67.98% |
| 3 van der Wal, Hylke | M75 Saskatchewan | 4:14.41 | 2:51.83 58.84% |

M80 800 Meter Run

| Name | Age Team | Finals | Age-Grading |
|------------------|-------------|---------|----------------|
| 1 Graham, Gerald | M80 Alberta | 3:44.70 | 2:19.39 72.54% |

W35 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-------------------|------------------|---------|----------------|
| 1 Hidayet, Shazia | W37 Saskatchewan | 5:51.90 | 5:41.38 68.10% |

W40 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|------------------------|-------------|---------|----------------|
| 1 Waite-Lang, Bobbi Jo | W43 Alberta | 5:07.16 | 4:41.09 82.71% |

W45 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-----------------|-------------|---------|----------------|
| 1 Clark, Rhonda | W46 Alberta | 5:16.50 | 4:39.51 83.17% |

W50 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------|---------|----------------|
| 1 Dixon, Donna | W50 Alberta | 5:33.67 | 4:40.39 82.91% |

W60 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|----------------|------------------|---------|----------------|
| 1 Warick, Judy | W64 Saskatchewan | 6:55.78 | 4:47.23 80.94% |

W65 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|---------|----------------|
| 1 Skov, Bonnie | W67 Alberta | 6:55.20 | 4:33.54 84.99% |
| 2 Baldock, Lynette | W66 British Columbia | 7:23.56 | 4:56.97 78.28% |

W75 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-----------------|-------------|---------|----------------|
| 1 Visser, Helly | W79 Alberta | 7:57.99 | 4:13.63 91.66% |

W80 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|----------------------|----------------------|---------|----------------|
| 1 Montgomery, Lenore | W83 British Columbia | 8:22.36 | 4:02.39 95.91% |

M40 1500 Meter Run

| Name | Age Team | Finals | Age-Grading | H# |
|---------------|-------------|---------|----------------|----|
| 1 Farr, Kevin | M43 Ontario | 4:44.53 | 4:19.58 79.36% | 2 |

M45 1500 Meter Run

| Name | Age Team | Finals | Age-Grading | H# |
|-------------------|------------------|---------|----------------|----|
| 1 Faucher, Claude | M45 Manitoba | 4:40.62 | 4:11.08 82.05% | 2 |
| 2 Svec, John | M47 Saskatchewan | 5:16.80 | 4:38.38 74.00% | 2 |
| 3 Geohagen, Nigel | M45 Jamaica | 5:28.77 | 4:54.16 70.03% | 2 |

M50 1500 Meter Run

| Name | Age Team | Finals | Age-Grading | H# |
|--------------------|----------------------|---------|----------------|----|
| 1 Smillie, Malcolm | M53 British Columbia | 5:12.30 | 4:20.06 79.22% | 2 |
| 2 Smith, Lyndon | M52 Saskatchewan | 5:15.35 | 4:24.93 77.76% | 2 |
| 3 Flett, Gordon | M53 British Columbia | 5:30.22 | 4:34.98 74.92% | 2 |
| 4 Van Eaton, Grant | M53 Saskatchewan | 5:45.21 | 4:47.46 71.66% | 2 |
| 5 Luchka, Ken | M53 Saskatchewan | 5:46.86 | 4:48.84 71.32% | 2 |

M55 1500 Meter Run

| Name | Age Team | Finals | Age-Grading | H# |
|-------------------|------------------|---------|----------------|----|
| 1 Bickley, Ed | M55 Alberta | 4:53.20 | 3:59.87 85.88% | 2 |
| 2 Meszaros, Keith | M57 Saskatchewan | 5:03.51 | 4:04.24 84.35% | 2 |
| 3 Olsen, Dave | M58 Saskatchewan | 5:30.06 | 4:23.36 78.22% | 2 |

M60 1500 Meter Run

| Name | Age Team | Finals | Age-Grading | H# |
|----------------|--------------|---------|----------------|----|
| 1 Lang, Dennis | M62 Manitoba | 5:01.40 | 3:52.72 88.52% | 2 |

M65 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------|------------------|---------|----------------|
| 1 Ross, Dale | M66 Saskatchewan | 8:12.49 | 6:08.14 55.96% |

M70 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-----------------|------------------|---------|----------------|
| 1 Mackie, Chris | M72 Ontario | 6:07.27 | 4:17.53 79.99% |
| 2 Renwick, Doug | M71 Saskatchewan | 6:35.39 | 4:41.56 73.17% |

M75 1500 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------------|-------------|----------|----------------|
| 1 Davies, Roger | M78 Alberta | 6:39.13 | 4:16.09 80.44% |
| 2 Kalles, David | M75 Yukon | 7:27.55 | 4:59.24 68.84% |
| 3 Darling, Richard | M75 Ontario | 10:42.75 | 7:09.75 47.94% |

W35 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-------------------|------------------|----------|-----------------|
| 1 Hidayet, Shazia | W37 Saskatchewan | 22:27.27 | 21:59.39 65.54% |

W40 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|------------------------|-------------|----------|-----------------|
| 1 Waite-Lang, Bobbi Jo | W43 Alberta | 19:09.08 | 17:56.12 80.35% |

W45 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-------------------|------------------|----------|-----------------|
| 1 Clark, Rhonda | W46 Alberta | 19:48.05 | 17:56.74 80.31% |
| 2 Erhardt, Leslie | W47 Saskatchewan | 22:11.17 | 19:51.80 72.55% |

W50 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------|------------------|----------|-----------------|
| 1 Smith, Jan | W53 Saskatchewan | 23:40.25 | 19:37.68 73.42% |

W60 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|------------------|-------------|----------|-----------------|
| 1 Tedford, Cathy | W60 Ontario | 34:12.52 | 25:43.71 56.01% |

W65 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|----------|-----------------|
| 1 Skov, Bonnie | W67 Alberta | 24:20.96 | 16:26.01 87.70% |
| 2 Baldock, Lynette | W66 British Columbia | 26:35.21 | 18:14.16 79.03% |

W80 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|----------------------|----------------------|----------|-----------------|
| 1 Montgomery, Lenore | W83 British Columbia | 29:42.32 | 14:26.39 99.80% |

M40 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|---------------|-------------|----------|-----------------|
| 1 Farr, Kevin | M43 Ontario | 18:01.65 | 16:39.45 75.74% |

M45 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------|------------------|----------|-----------------|
| 1 Svec, John | M47 Saskatchewan | 18:52.20 | 16:54.23 74.64% |

M50 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-------------------|----------------------|----------|-----------------|
| 1 Yakabowich, Jay | M51 Ontario | 19:37.19 | 17:01.34 74.12% |
| 2 Flett, Gordon | M53 British Columbia | 20:31.95 | 17:31.60 71.99% |
| 3 Luchka, Ken | M53 Saskatchewan | 22:37.53 | 19:18.79 65.33% |

M55 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|----------------|------------------|----------|-----------------|
| 1 Jaleta, Ted | M58 Saskatchewan | 17:31.76 | 14:20.77 87.95% |
| 2 Bickley, Ed | M55 Alberta | 18:26.75 | 15:29.12 81.48% |
| 3 Olsen, Dave | M58 Saskatchewan | 19:47.07 | 16:11.50 77.92% |
| 4 Puttick, Hal | M58 Saskatchewan | 21:58.08 | 17:58.72 70.18% |

M60 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-----------------|------------------|----------|-----------------|
| 1 Warick, Randy | M63 Saskatchewan | 23:28.02 | 18:22.77 68.65% |

M75 5000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-----------------|-------------|----------|-----------------|
| 1 Davies, Roger | M78 Alberta | 24:02.06 | 15:26.53 81.70% |
| 2 Kalles, David | M75 Yukon | 27:02.41 | 18:24.54 68.54% |

W60 10000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|------------------|-------------|------------|-----------------|
| 1 Tedford, Cathy | W60 Ontario | 1:12:35.52 | 55:18.91 54.27% |

W65 10000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|---|--------------------|-----------------|------------------------|
| 1 Skov, Bonnie (old MR 50:03.70 Nancy Wells ON in Toronto 2011) | W67 Alberta | 50:02.42 | 35:15.21 85.15% |

MR**M45 10000 Meter Run**

| Name | Age Team | Finals | Age-Grading |
|-------------------|------------------|----------|-----------------|
| 1 Svec, John | M47 Saskatchewan | 38:44.37 | 35:14.95 74.71% |
| 2 Geohagen, Nigel | M45 Jamaica | 44:28.36 | 40:27.95 65.08% |

M50 10000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|--------------------|------------------|----------|-----------------|
| 1 Yakabowich, Jay | M51 Ontario | 39:55.06 | 34:54.96 75.42% |
| 2 Van Eaton, Grant | M53 Saskatchewan | 43:10.24 | 37:45.69 69.74% |

M55 10000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|---------------|------------------|----------|-----------------|
| 1 Olsen, Dave | M58 Saskatchewan | 43:00.01 | 36:05.92 72.95% |

M60 10000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|---------------|------------------|----------|-----------------|
| 1 Sharp, Neil | M64 Saskatchewan | 39:58.44 | 32:09.07 81.90% |

M75 10000 Meter Run

| Name | Age Team | Finals | Age-Grading |
|-----------------|-----------|----------|-----------------|
| 1 Kalles, David | M75 Yukon | 57:52.70 | 39:24.22 66.83% |

W55 80 Short Hurdles .762m

| Name | Age Team | Finals | Wind | Age-Grading |
|-----------------|------------------|--------|------|--------------|
| 1 Gieni, Murial | W55 Saskatchewan | 15.85 | -3.9 | 15.73 77.67% |
| 2 Welsh, Jo | W57 Nova Scotia | 19.37 | -3.9 | 18.81 64.95% |

W75 80 Short Hurdles .686m

| Name | Age Team | Finals | Wind | Age-Grading |
|--|-----------------------------|--------------|-------------|-------------------------------|
| 1 Bortignon, Christa (old MR 21.11 Johnnye Valien USA in 1996) | W76 British Columbia | 18.96 | -3.8 | 11.89102.69% MR |

M70 80 Short Hurdles .762m

| Name | Age Team | Finals | Wind | Age-Grading |
|-----------------|------------------|--------|------|--------------|
| 1 Renwick, Doug | M71 Saskatchewan | 20.34 | -3.9 | 20.02 64.50% |

M80 80 Short Hurdles .686m

| Name | Age Team | Finals | Wind | Age-Grading |
|--|--------------------|--------------|-------------|-------------------------------|
| 1 Nett, Arnold (old MR 19.43 Karl Trei ON in 1993) | M80 Alberta | 18.14 | -3.8 | 15.62 82.69% MR |

M35 110 Short Hurdles .991m

| Name | Age Team | Finals | Wind | Age-Grading |
|-----------------|------------------|--------|------|--------------|
| 1 McLaren, Doug | M37 Saskatchewan | 16.56 | 2.1 | 16.27 79.35% |

W75 200 Long Hurdles .686m

| Name | Age Team | Finals | Wind | Age-Grading |
|---|-----------------------------|--------------|-------------|-------------------------------|
| 1 Bortignon, Christa (no previous record at 200m) | W76 British Columbia | 40.91 | -1.8 | 33.52156.15% MR |

M80 200 Long Hurdles .686m

| Name | Age Team | Finals | Wind | Age-Grading |
|---|--------------------|--------------|-------------|-------------------------------|
| 1 Nett, Arnold (no previous MR at 200m) | M80 Alberta | 40.85 | -1.8 | 33.11141.32% MR |

W55 300 Long Hurdles

| Name | Age Team | Finals | Age-Grading |
|-------------|-----------------|---------|----------------|
| 1 Welsh, Jo | W57 Nova Scotia | 1:07.60 | 1:09.79 75.00% |

M60 300 Long Hurdles

| Name | Age Team | Finals | Age-Grading |
|-------------------|------------------|--------|----------------|
| 1 Berquist, Brian | M60 Saskatchewan | 58.02 | 1:04.15 72.92% |

M70 300 Long Hurdles

| Name | Age Team | Finals | Age-Grading |
|--------------------|------------------|---------|----------------|
| 1 Renwick, Doug | M71 Saskatchewan | 1:00.68 | 59.01 79.28% |
| 2 Roberts, Richard | M70 Alberta | 1:24.59 | 1:24.13 55.61% |

M75 300 Long Hurdles

| Name | Age Team | Finals | Age-Grading |
|----------------------|------------------|---------|----------------|
| 1 van der Wal, Hylke | M75 Saskatchewan | 1:10.18 | 1:02.68 74.64% |

M35 400 Long Hurdles

| Name | Age Team | Finals | Age-Grading |
|-------------------|----------------------|---------|----------------|
| 1 Bienefeld, Andy | M38 British Columbia | 1:14.97 | 1:10.09 66.75% |

M40 400 Long Hurdles

| Name | Age Team | Finals | Age-Grading |
|------------------|-------------|--------|-------------|
| -- Munro, Lenroy | M43 Ontario | DQ | #168.7 |

W50 2000 Meter Steeplechase

| Name | Age Team | Finals | Age-Grading |
|--------------|------------------|---------|-----------------|
| 1 Smith, Jan | W53 Saskatchewan | 9:33.53 | 11:32.83 78.17% |

M60 2000 Meter Steeplechase

| Name | Age Team | Finals | Age-Grading |
|---------------|-------------|----------|-----------------|
| 1 Smith, Doug | M61 Ontario | 10:23.45 | 12:19.54 64.04% |

M70 2000 Meter Steeplechase

| Name | Age Team | Finals | Age-Grading |
|---------------------|------------------|----------|----------------|
| 1 Christensen, Vern | M72 Ontario | 9:41.22 | 9:11.76 85.84% |
| 2 Renwick, Doug | M71 Saskatchewan | 10:05.98 | 9:45.87 80.84% |

M75 2000 Meter Steeplechase

| Name | Age Team | Finals | Age-Grading |
|----------------------|------------------|----------|-----------------|
| 1 van der Wal, Hylke | M75 Saskatchewan | 14:13.29 | 12:48.14 61.66% |

M45 3000 Meter Steeplechase

| Name | Age Team | Finals | Age-Grading |
|--------------|------------------|----------|-----------------|
| 1 Svec, John | M47 Saskatchewan | 12:06.79 | 10:24.32 75.86% |

W50 1500 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|----------------------------|-------------|----------|----------------|
| 1 Rodrigue-Poscente, Miche | W53 Alberta | 10:10.38 | 8:47.98 63.83% |

W55 1500 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|----------------|----------------------|----------|-----------------|
| 1 Graham, Lori | W55 British Columbia | 12:45.26 | 10:50.48 51.81% |

W80 1500 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|-----------------------|-------------|----------|----------------|
| 1 Provost, June-Marie | W80 Ontario | 12:04.59 | 7:30.84 74.75% |
| 2 Darling, Violet | W81 Ontario | 14:11.54 | 8:40.72 64.72% |

M40 1500 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|--|-----------------------------|----------------|----------------------------------|
| 1 Babenko, Dmitry (old CAN 6:55.60 JP Xu 2010) | M40 British Columbia | 6:34.18 | 6:12.82 82.88% CAN |

M45 1500 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|-------------------|-------------|----------|----------------|
| 1 Geohagen, Nigel | M45 Jamaica | 10:18.28 | 9:21.84 55.00% |

M55 1500 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------|---------|----------------|
| 1 Keenan, Dave | M55 Alberta | 7:54.95 | 6:36.35 77.96% |

M70 1500 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|--------------------|-------------|----------|----------------|
| 1 Roberts, Richard | M70 Alberta | 10:10.57 | 7:15.59 70.94% |

W50 5000 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|----------------------------|-------------|----------|-----------------|
| 1 Rodrigue-Poscente, Miche | W53 Alberta | 33:59.67 | 29:18.20 67.51% |

W80 5000 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|------------------------|-------------|--------|-------------|
| -- Provost, June-Marie | W80 Ontario | DQ | |

M40 5000 Meter Race Walk

| Name | Age Team | Finals | Age-Grading |
|--------------------------|-----------------------------|-----------------|----------------------------------|
| 1 Babenko, Dmitry | M40 British Columbia | 23:50.63 | 22:38.67 79.31% MR |

M70 4x100 Meter Relay

| Team | Finals |
|---------------------|--------------------|
| 1 Men's 70 'A' | 1:03.95 |
| 1) Renwick, Doug 71 | 2) Evans, Peter 71 |
| 3) Singh, Gurdev 74 | 4) Stern, David 73 |

M80 4x100 Meter Relay

| Team | Finals | |
|--|----------------------|--------|
| 1 Men's 80 'A' | 1:10.57 | CAN MR |
| 1) Rowan, Ted 80 | 2) Thompson, Bill 83 | |
| 3) Wardle, Ray 80 | 4) Nett, Arnold 80 | |
| (old CAN 1:14.61 2010, no previous MR) | | |

W50 4x400 Meter Relay

| Team | Finals |
|------------------------|--------------------|
| 1 Women's 50 'A' | 4:42.71 |
| 1) Meloche, Laurie 52 | 2) Gold, Karen 50 |
| 3) O'Hagan, Heather 51 | 4) Dixon, Donna 50 |

M40 4x400 Meter Relay

| Team | Finals |
|------------------------|--------------------|
| 1 Men's 40 'A' | 4:20.40 |
| 1) Van Eaton, Grant 53 | 2) |
| 3) Hesse, Shaun 40 | 4) Ellis, Colin 45 |

M60 4x400 Meter Relay

| Team | Finals |
|---------------------|---------------------|
| 1 Mens 60 'A' | 5:09.13 |
| 1) Renwick, Doug 71 | 2) Mackie, Chris 72 |
| 3) Lewis, Steven 61 | 4) Epp, Ken 77 |

M80 4x400 Meter Relay

| Team | Finals | |
|-------------------------|----------------------|--------|
| 1 Men's 80 'A' | 6:25.06 | CAN MR |
| 1) Thompson, Bill 83 | 2) Wardle, Ray 80 | |
| 3) Nett, Arnold 80 | 4) Graham, Gerald 80 | |
| (no previous CAN or MR) | | |

Mixed 4x400 Meter Relay

| Team | Finals |
|--------------------------|--------------------------|
| 1 Mixed 65 'A' | X7:22.76 |
| 1) van der Wal, Hylke 75 | 2) Darling, Richard 75 |
| 3) Baldock, Lynette 66 | 4) Montgomery, Lenore 83 |

W50-59 4x800 Meter Relay

| Team | Finals | |
|-------------------------|--------------------|------------|
| 1 Women's 50 'A' | 10:39.30 | CAN |
| 1) O'Hagan, Heather 51 | 2) Gold, Karen 50 | |
| 3) Meloche, Laurie 52 | 4) Dixon, Donna 50 | |
| (old CAN 12:37 2011) | | |

W70-79 4x800 Meter Relay

| Team | Finals | |
|---|--------------------------|--------------------------|
| 1 Women's 70 'A' | 15:41.25 | World Record, CAN |
| 1) LaFayette-Boyd, Carol 71 | 2) Montgomery, Lenore 83 | |
| 3) Cole, Alice 80 | 4) Visser, Helly 79 | |
| (old WR 16:43 Australia 2007, no previous CAN record) | | |

M29&U 4x800 Meter Relay

| Team | Finals |
|------------------------|--------------------|
| 1 Men's 40 'A' | 10:42.96 |
| 1) Van Eaton, Grant 53 | 2) Hesse, Shaun 40 |

M70-79 4x800 Meter Relay

| Team | Finals | |
|-------------------------|---------------------|------------|
| 1 Men's 70 'A' | 12:25.28 | CAN |
| 1) Renwick, Doug 71 | 2) Davies, Roger 78 | |
| 3) Christensen, Vern 72 | 4) Mackie, Chris 72 | |
| (old CAN 13:48 2011) | | |

W40 High Jump

| Name | Age Team | Finals | Age-Grading |
|------------------|------------------|--------|--------------|
| 1 Arnason, Sandi | W40 Saskatchewan | 1.26m | 1.38m 66.32% |

W55 High Jump

| Name | Age Team | Finals | Age-Grading |
|----------------------|-----------------|--------|--------------|
| 1 Amerongen, Loretta | W59 Alberta | 1.23m | 1.73m 83.11% |
| 2 Lauridsen, Susanne | W55 Alberta | 1.15m | 1.53m 73.25% |
| 3 Welsh, Jo | W57 Nova Scotia | 1.10m | 1.50m 71.90% |

W70 High Jump

| Name | Age Team | Finals | Age-Grading | |
|--|-------------------------|--------------|---------------------|-----------|
| 1 LaFayette-Boyd, Carol | W71 Saskatchewan | 1.23m | 2.10m100.82% | MR |
| (old MR 1.15 Lenore McDaniels USA in 2000) | | | | |
| 2 Radcliffe, Marg | W71 British Columbia | 1.05m | 1.79m 86.07% | |

W75 High Jump

| Name | Age Team | Finals | Age-Grading | |
|----------------------------------|-----------------------------|--------------|---------------------|---------------|
| 1 Bortignon, Christa | W76 British Columbia | 1.05m | 1.97m 94.59% | MR tie |
| (tied her own MR from last year) | | | | |

W90 High Jump

| Name | Age Team | Finals | Age-Grading | |
|-------------------------------------|----------------------|--------|--------------|----|
| 1 Kotelko, Olga (no previous MR) | W94 British Columbia | 0.75m | 2.33m111.94% | MR |

M35 High Jump

| Name | Age Team | Finals | Age-Grading | |
|-----------------|------------------|--------|--------------|--|
| 1 McLaren, Doug | M37 Saskatchewan | 1.70m | 1.82m 74.56% | |

M45 High Jump

| Name | Age Team | Finals | Age-Grading | |
|---------------|------------------|--------|--------------|--|
| 1 East, Allan | M46 Saskatchewan | 1.28m | 1.50m 61.24% | |

M65 High Jump

| Name | Age Team | Finals | Age-Grading | |
|---------------|-------------|--------|--------------|--|
| 1 Seitz, Stan | M65 Ontario | 1.25m | 1.82m 74.40% | |

M70 High Jump

| Name | Age Team | Finals | Age-Grading | |
|-----------------|----------------------|--------|--------------|--|
| 1 East, Les | M73 British Columbia | 1.25m | 2.03m 83.33% | |
| 2 Renwick, Doug | M71 Saskatchewan | 1.19m | 1.88m 76.77% | |

M75 High Jump

| Name | Age Team | Finals | Age-Grading | |
|---|------------------|--------|--------------|----|
| 1 Koza, Joseph (old MR 1.26 Ian Hume PQ in 1990) | M77 Saskatchewan | 1.28m | 2.21m 90.14% | MR |

M80 High Jump

| Name | Age Team | Finals | Age-Grading | |
|----------------|-------------|--------|--------------|--|
| 1 Nett, Arnold | M80 Alberta | 1.10m | 1.99m 81.48% | |

M65 Pole Vault

| Name | Age Team | Finals | Age-Grading | |
|-------------------|-------------------|--------|--------------|--|
| 1 Seitz, Stan | M65 Ontario | 2.76m | 4.45m 72.63% | |
| 2 Jacobson, Vance | M65 United States | 1.76m | 2.84m 46.32% | |

M70 Pole Vault

| Name | Age Team | Finals | Age-Grading | |
|--------------------|------------------|--------|--------------|--|
| 1 Renwick, Doug | M71 Saskatchewan | 1.96m | 3.55m 57.99% | |
| 2 Roberts, Richard | M70 Alberta | 1.76m | 3.13m 51.01% | |

M75 Pole Vault

| Name | Age Team | Finals | Age-Grading |
|----------------------|------------------|--------|--------------|
| 1 van der Wal, Hylke | M75 Saskatchewan | 1.46m | 2.89m 47.10% |

W40 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|------------------|------------------|--------|------|--------------|
| 1 Arnason, Sandi | W40 Saskatchewan | 3.93m | 2.2 | 4.33m 57.62% |
| 2 Evans, Sharon | W42 Alberta | 3.52m | 2.8 | 3.98m 52.93% |

W55 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|--|------------------|--------|------|--------------|
| 1 Gieni, Murial (Wind aided - CAN record is 4.17) | W55 Saskatchewan | 4.20m | 2.9 | 5.67m 75.40% |
| 2 Amerongen, Loretta | W59 Alberta | 3.85m | 4.7 | 5.52m 73.47% |
| 3 Lauridsen, Susanne | W55 Alberta | 3.62m | 2.2 | 4.88m 64.99% |

W60 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|----------------------|----------------------|--------|------|--------------|
| 1 Dobson, Nancy | W64 Saskatchewan | 3.49m | 1.7 | 5.44m 72.41% |
| 2 Rollins, Elizabeth | W63 British Columbia | 3.46m | 4.0 | 5.31m 70.61% |
| 3 Nesterenko, Louise | W62 Alberta | 2.49m | 1.7 | 3.75m 49.90% |

W65 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|--------------------|----------------------|--------|------|--------------|
| 1 Baldock, Lynette | W66 British Columbia | 2.59m | 1.7 | 4.18m 55.70% |

W70 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|-------------------------|------------------|--------|------|--------------|
| 1 LaFayette-Boyd, Carol | W71 Saskatchewan | 3.53m | 1.5 | 6.27m 83.45% |

W75 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|--|-----------------------------|--------------|------------|-------------------------------|
| 1 Bortignon, Christa (old MR 3.17 Christa in 2012) | W76 British Columbia | 3.38m | 2.0 | 6.68m 88.95% MR |

W90 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|-----------------|----------------------|--------|------|--------------|
| 1 Kotelko, Olga | W94 British Columbia | 1.49m | 3.6 | 6.15m 81.87% |

M40 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|----------------|-------------|--------|------|--------------|
| 1 Wilson, Kier | M41 Alberta | 3.67m | 4.5 | 4.12m 46.11% |

M45 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|------------------|------------------|--------|------|--------------|
| 1 Ellis, Colin | M45 Saskatchewan | 4.88m | 0.6 | 5.75m 64.30% |
| 2 Gaudes, Andrew | M48 Saskatchewan | 4.67m | 2.1 | 5.71m 63.80% |
| 3 East, Allan | M46 Saskatchewan | 4.16m | 3.6 | 4.96m 55.47% |

M50 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|------------------|----------------------|--------|------|--------------|
| 1 Nasato, Robert | M52 Ontario | 5.09m | 2.4 | 6.55m 73.24% |
| 2 Flett, Gordon | M53 British Columbia | 3.64m | 3.0 | 4.75m 53.06% |

M65 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|---------------------|-------------------|--------|------|--------------|
| 1 Mintz, Bruce | M66 Alberta | 3.98m | 2.9 | 6.29m 70.32% |
| 2 Jacobson, Vance | M65 United States | 3.60m | 3.4 | 5.60m 62.61% |
| 3 Delhomeau, Roland | M68 Saskatchewan | 3.33m | 3.1 | 5.44m 60.88% |

M70 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|-----------------|----------------------|--------|------|--------------|
| 1 Renwick, Doug | M71 Saskatchewan | 3.89m | 2.7 | 6.70m 74.95% |
| 2 East, Les | M73 British Columbia | 3.39m | 2.2 | 6.05m 67.66% |
| 3 Singh, Gurdev | M74 Ontario | 3.32m | 2.7 | 6.04m 67.48% |

M75 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|----------------------|------------------|--------|------|--------------|
| 1 Koza, Joseph | M77 Saskatchewan | 3.77m | 4.6 | 7.26m 81.25% |
| 2 van der Wal, Hylke | M75 Saskatchewan | 2.94m | 1.4 | 5.45m 60.87% |

M80 Long Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|--|-------------------------|--------------|------------|-------------------------------|
| 1 Rowan, Ted (old MR 3.43 Krl Trei ON in 1990) | M80 Saskatchewan | 3.74m | 1.7 | 7.66m 85.78% MR |
| 2 Nett, Arnold | M80 Alberta | 3.19m | 2.8 | 6.54m 73.17% |

W30 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|--|-------------------------|---------------|------------|--------------------------------|
| 1 Tuplin, Mandi (old MR 9.33 Ann Findley NS in 2006) | W32 Saskatchewan | 10.30m | 1.0 | 10.67m 68.85% MR |

W40 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|------------------|------------------|--------|------|--------------|
| 1 Arnason, Sandi | W40 Saskatchewan | 8.58m | 1.6 | 9.75m 62.90% |

W55 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|--|------------------|--------|------|---------------|
| 1 Gieni, Murial (Wind aided - CAN record is 8.73) | W55 Saskatchewan | 8.92m | 2.1 | 12.38m 79.93% |
| 2 Amerongen, Loretta | W59 Alberta | 7.75m | 1.7 | 11.44m 73.81% |
| 3 Lauridsen, Susanne | W55 Alberta | 7.36m | 1.2 | 10.22m 65.95% |

W60 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|----------------------|----------------------|--------|------|---------------|
| 1 Rollins, Elizabeth | W63 British Columbia | 7.70m | 1.5 | 12.12m 78.25% |
| 2 Dobson, Nancy | W64 Saskatchewan | 7.23m | 1.2 | 11.57m 74.69% |

W65 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|--------------------|----------------------|--------|------|---------------|
| 1 Baldock, Lynette | W66 British Columbia | 6.27m | 2.9 | 10.40m 67.13% |

W70 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|-------------------------|------------------|--------|------|---------------|
| 1 LaFayette-Boyd, Carol | W71 Saskatchewan | 7.73m | 0.9 | 14.06m 90.73% |

W75 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|----------------------|----------------------|--------|------|---------------|
| 1 Bortignon, Christa | W76 British Columbia | 7.40m | 2.6 | 14.91m 96.23% |

W90 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|-----------------|----------------------|--------|------|---------------|
| 1 Kotelko, Olga | W94 British Columbia | 3.24m | +0.0 | 13.39m 86.40% |

M40 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|-----------------|-------------|--------|------|---------------|
| 1 Munro, Lenroy | M43 Ontario | 11.63m | 2.5 | 12.92m 70.66% |

M45 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|------------------|------------------|--------|------|---------------|
| 1 Gaudes, Andrew | M48 Saskatchewan | 9.63m | 3.9 | 11.39m 62.29% |
| 2 East, Allan | M46 Saskatchewan | 8.22m | 2.0 | 9.48m 51.83% |

M50 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|------------------|-------------|--------|------|---------------|
| 1 Nasato, Robert | M52 Ontario | 10.47m | 1.6 | 13.06m 71.42% |

M65 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|---------------------|------------------|--------|------|---------------|
| 1 Delhomeau, Roland | M68 Saskatchewan | 7.48m | 1.3 | 11.94m 65.33% |

2 Jacobson, Vance M65 United States 7.08m 1.4 10.74m 58.76%

M70 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|-----------------|----------------------|--------|------|---------------|
| 1 East, Les | M73 British Columbia | 7.39m | 2.4 | 12.93m 70.72% |
| 2 Renwick, Doug | M71 Saskatchewan | 6.79m | 2.9 | 11.44m 62.58% |
| 3 Edwards, Bob | M72 Saskatchewan | 5.62m | 2.8 | 9.65m 52.77% |

M75 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|----------------|------------------|--------|------|---------------|
| 1 Koza, Joseph | M77 Saskatchewan | 7.49m | 1.9 | 14.19m 77.62% |

M80 Triple Jump

| Name | Age Team | Finals | Wind | Age-Grading |
|----------------|-------------|--------|------|---------------|
| 1 Nett, Arnold | M80 Alberta | 6.82m | 1.9 | 13.78m 75.36% |

W45 Shot Put

| Name | Age Team | Finals | Age-Grading |
|-----------------|-------------|--------|--------------|
| 1 Hill, Colleen | W45 Jamaica | 6.12m | 8.06m 35.62% |

W50 Shot Put

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|--------|--------------|
| 1 Murfitt, Anne | W53 British Columbia | 6.10m | 8.92m 39.46% |
| 2 Ecklund, Deborah | W53 United States | 5.85m | 8.56m 37.84% |

W55 Shot Put

| Name | Age Team | Finals | Age-Grading |
|------------------|----------------------|--------|---------------|
| 1 Coward, Selina | W58 Saskatchewan | 9.40m | 15.14m 66.90% |
| 2 Graham, Lori | W55 British Columbia | 6.13m | 9.31m 41.14% |

W60 Shot Put

| Name | Age Team | Finals | Age-Grading |
|----------------------|----------------------|--------|---------------|
| 1 Hare, Rose | W64 British Columbia | 8.37m | 15.32m 67.72% |
| 2 Rollins, Elizabeth | W63 British Columbia | 7.76m | 13.89m 61.39% |
| 3 Nesterenko, Louise | W62 Alberta | 5.39m | 9.44m 41.72% |

W65 Shot Put

| Name | Age Team | Finals | Age-Grading |
|----------------------|----------------------|--------|---------------|
| 1 Roberts, Catherine | W66 Alberta | 7.69m | 14.76m 65.22% |
| 2 Closkey, Cheryl | W65 British Columbia | 7.14m | 13.38m 59.15% |

W70 Shot Put

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|--------|---------------|
| 1 Radcliffe, Marg | W71 British Columbia | 6.93m | 15.10m 66.76% |
| 2 Vietch, Roselynn | W72 Saskatchewan | 5.88m | 13.17m 58.22% |

W75 Shot Put

| Name | Age Team | Finals | Age-Grading | |
|---|-------------------------|--------------|----------------------|-----------|
| 1 Tosh, Margaret (old MR 8.11 Mary Roman USA in 2012) | W75 Saskatchewan | 9.18m | 22.46m 99.24% | MR |
| 2 Bortignon, Christa | W76 British Columbia | 7.34m | 18.51m 81.83% | |

W90 Shot Put

| Name | Age Team | Finals | Age-Grading | |
|--|-----------------------------|--------------|-----------------------|-----------|
| 1 Kotelko, Olga (old MR 4.62 Olga last year) | W94 British Columbia | 4.70m | 27.41m 121.13% | MR |

W95 Shot Put

| Name | Age Team | Finals | Age-Grading | |
|--|------------------|--------------|----------------------|-----------|
| 1 Kaur, Man (no previous MR) | W97 India | 2.84m | 21.14m 93.42% | MR |

M40 Shot Put

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------|--------|--------------|
| 1 Wilson, Kier | M41 Alberta | 8.73m | 9.10m 39.40% |

M45 Shot Put

| Name | Age Team | Finals | Age-Grading |
|--------------------|--------------|--------|---------------|
| 1 McWhinney, Bruce | M46 Manitoba | 11.71m | 13.30m 57.54% |

M50 Shot Put

| Name | Age Team | Finals | Age-Grading |
|-----------------|------------------|--------|--------------|
| 1 Smith, Lyndon | M52 Saskatchewan | 6.98m | 8.33m 36.05% |

M60 Shot Put

| Name | Age Team | Finals | Age-Grading |
|--------------------|-----------------|--------|---------------|
| 1 Pearson, William | M61 Ontario | 11.79m | 15.39m 66.61% |
| 2 Laughton, Lester | M61 New Zealand | 9.65m | 12.60m 54.52% |

M65 Shot Put

| Name | Age Team | Finals | Age-Grading |
|-----------------|--------------|--------|---------------|
| 1 Heighton, Jim | M68 Manitoba | 8.95m | 14.56m 62.98% |

M70 Shot Put

| Name | Age Team | Finals | Age-Grading |
|-------------------|----------------------|--------|---------------|
| 1 Glowacki, Marek | M72 British Columbia | 12.10m | 16.64m 72.02% |
| 2 East, Les | M73 British Columbia | 9.05m | 12.81m 55.42% |
| 3 Edwards, Bob | M72 Saskatchewan | 8.30m | 11.41m 49.40% |

M75 Shot Put

| Name | Age Team | Finals | Age-Grading |
|------|----------|--------|-------------|
|------|----------|--------|-------------|

| | | | | |
|------------|------------------|-------|--------|--------|
| 1 Epp, Ken | M77 Saskatchewan | 7.99m | 12.81m | 55.45% |
|------------|------------------|-------|--------|--------|

M80 Shot Put

| Name | Age Team | Finals | Age-Grading |
|---------------------------------|-------------------|--------|---------------|
| 1 Sabin, Wayne (MR is 10.05) | M80 United States | 10.02m | 15.51m 67.11% |
| 2 Graham, Gerald | M80 Alberta | 8.00m | 12.38m 53.58% |

W50 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|--------|---------------|
| 1 Murfitt, Anne | W53 British Columbia | 17.39m | 24.00m 31.25% |
| 2 Ecklund, Deborah | W53 United States | 14.76m | 20.37m 26.53% |

W60 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|----------------------|----------------------|--------|---------------|
| 1 Hare, Rose | W64 British Columbia | 23.24m | 40.54m 52.79% |
| 2 Warick, Judy | W64 Saskatchewan | 19.44m | 33.91m 44.16% |
| 3 Rollins, Elizabeth | W63 British Columbia | 19.87m | 33.85m 44.08% |

W65 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|----------------------|----------------------|--------|---------------|
| 1 Closkey, Cheryl | W65 British Columbia | 22.17m | 39.62m 51.59% |
| 2 Roberts, Catherine | W66 Alberta | 21.03m | 38.53m 50.18% |

W70 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|--------------------|------------------|--------|---------------|
| 1 Vietch, Roselynn | W72 Saskatchewan | 14.84m | 32.04m 41.72% |

W75 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|---|-------------------------|---------------|------------------------------------|
| 1 Tosh, Margaret (old CAN 20.71 Margaret in 2012 - old MR 18.52 Myrtle Acton BC 2009) | W75 Saskatchewan | 23.15m | 54.86m 71.43% CAN MR |

W90 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|-----------------|----------------------|--------|---------------|
| 1 Kotelko, Olga | W94 British Columbia | 10.68m | 56.52m 73.60% |

M40 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------|--------|---------------|
| 1 Wilson, Kier | M41 Alberta | 25.73m | 25.97m 35.06% |

M45 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------|--------|---------------|
| 1 Parsons, Dan | M45 Alberta | 37.25m | 39.10m 52.79% |

M55 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|-------------------|----------------------|--------|---------------|
| 1 Kosierb, Marcel | M56 British Columbia | 30.40m | 34.23m 46.21% |

M60 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|--------------------|------------------|--------|---------------|
| 1 Berquist, Brian | M60 Saskatchewan | 40.16m | 45.10m 60.89% |
| 2 Pearson, William | M61 Ontario | 37.98m | 43.55m 58.79% |
| 3 Laughton, Lester | M61 New Zealand | 36.27m | 41.59m 56.15% |
| 4 Mountjoy, Terry | M64 Saskatchewan | 32.98m | 40.35m 54.47% |

M65 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|---------------------|-------------------|--------|---------------|
| 1 Delhomeau, Roland | M68 Saskatchewan | 28.60m | 38.41m 51.86% |
| 2 Ross, Dale | M66 Saskatchewan | 26.45m | 33.87m 45.72% |
| 2 Swane, Dwight | M69 Alberta | 24.60m | 33.87m 45.72% |
| 4 Jacobson, Vance | M65 United States | 22.20m | 27.78m 37.50% |
| 5 Heighton, Jim | M68 Manitoba | 17.94m | 24.09m 32.53% |

M70 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|-------------------|----------------------|--------|---------------|
| 1 Glowacki, Marek | M72 British Columbia | 35.65m | 53.09m 71.67% |
| 2 East, Les | M73 British Columbia | 29.39m | 44.99m 60.74% |
| 3 Edwards, Bob | M72 Saskatchewan | 25.26m | 37.61m 50.78% |

M75 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|------------------|--------|---------------|
| 1 Epp, Ken | M77 Saskatchewan | 19.94m | 34.36m 46.39% |
| 2 Koza, Joseph | M77 Saskatchewan | 16.21m | 27.93m 37.72% |

M80 Discus Throw

| Name | Age Team | Finals | Age-Grading |
|------------------|-------------------|--------|---------------|
| 1 Sabin, Wayne | M80 United States | 26.46m | 50.36m 67.99% |
| 2 Rowan, Ted | M80 Saskatchewan | 26.40m | 50.24m 67.83% |
| 3 Graham, Gerald | M80 Alberta | 16.34m | 31.09m 41.98% |

W35 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|-------------------|------------------|--------|---------------|
| 1 Gabbruch, Karla | W35 Saskatchewan | 44.68m | 50.87m 66.08% |

W50 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|--------|---------------|
| 1 Murfitt, Anne | W53 British Columbia | 20.10m | 26.57m 34.51% |
| 2 Ecklund, Deborah | W53 United States | 16.26m | 21.49m 27.92% |

W55 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|----------------------|--------|---------------|
| 1 Graham, Lori | W55 British Columbia | 16.94m | 23.28m 30.24% |

W60 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|----------------------|--------|---------------|
| 1 Trott, Rhona | W64 Ontario | 28.12m | 47.03m 61.09% |
| 2 Hare, Rose | W64 British Columbia | 25.73m | 43.04m 55.90% |

W65 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|---|-----------------------------|---------------|------------------------------------|
| 1 Closkey, Cheryl (old CAN 25.50 Cheryl in May this year - old MR 25.02 Sandy Anderson BC 2009) | W65 British Columbia | 27.32m | 46.82m 60.82% CAN MR |
| 2 Roberts, Catherine | W66 Alberta | 19.46m | 34.20m 44.42% |

W75 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|---|-------------------------|---------------|--------------------------------|
| 1 Tosh, Margaret (old MR 24.02 Mary Roman USA 2012) | W75 Saskatchewan | 25.85m | 58.85m 76.43% MR |
| 2 Bortignon, Christa | W76 British Columbia | 13.78m | 32.43m 42.13% |

W90 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|---|-----------------------------|---------------|---------------------------------|
| 1 Kotelko, Olga (old MR 8.80 Betty Jarvis USA 2007) | W94 British Columbia | 14.88m | 90.00m 116.89% MR |

M40 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------|--------|---------------|
| 1 Wilson, Kier | M41 Alberta | 37.02m | 40.69m 46.91% |

M45 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------|--------|---------------|
| 1 Parsons, Dan | M45 Alberta | 32.15m | 38.08m 43.91% |

M50 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|-----------------|-------------|--------|---------------|
| 1 Mazhar, Ayman | M53 Ontario | 41.72m | 51.82m 59.75% |

M60 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|--------------------|-------------------|--------|---------------|
| 1 Pearson, William | M61 Ontario | 34.22m | 49.22m 56.75% |
| 2 Daniels, Edward | M60 United States | 34.68m | 48.75m 56.21% |
| 3 Mountjoy, Terry | M64 Saskatchewan | 25.26m | 39.04m 45.02% |
| 4 Laughton, Lester | M61 New Zealand | 25.72m | 36.99m 42.65% |

M65 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|-----------------|--------------|--------|---------------|
| 1 Heighton, Jim | M68 Manitoba | 18.97m | 32.56m 37.55% |

M70 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|-------------------|----------------------|--------|---------------|
| 1 Cahners, Robert | M71 United States | 41.38m | 68.59m 79.09% |
| 2 Glowacki, Marek | M72 British Columbia | 34.18m | 58.35m 67.27% |
| 3 East, Les | M73 British Columbia | 31.72m | 55.81m 64.35% |
| 4 Edwards, Bob | M72 Saskatchewan | 27.99m | 47.78m 55.09% |

M80 Hammer Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------------|--------|---------------|
| 1 Sabin, Wayne | M80 United States | 26.54m | 51.74m 59.65% |

W45 Javelin Throw

| Name | Age Team | Finals | Age-Grading |
|-----------------|-------------|--------|---------------|
| 1 Hill, Colleen | W45 Jamaica | 12.91m | 16.05m 21.99% |

W50 Javelin Throw

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|--------|---------------|
| 1 Murfitt, Anne | W53 British Columbia | 15.85m | 23.25m 31.86% |
| 2 Ecklund, Deborah | W53 United States | 10.03m | 14.71m 20.16% |

W55 Javelin Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|----------------------|--------|---------------|
| 1 Graham, Lori | W55 British Columbia | 9.47m | 14.63m 20.04% |

W60 Javelin Throw

| Name | Age Team | Finals | Age-Grading |
|----------------------|----------------------|--------|---------------|
| 1 Rollins, Elizabeth | W63 British Columbia | 24.14m | 45.04m 61.71% |
| 2 Hare, Rose | W64 British Columbia | 21.11m | 40.32m 55.23% |

W65 Javelin Throw

| Name | Age Team | Finals | Age-Grading |
|----------------------|----------------------|--------|---------------|
| 1 Roberts, Catherine | W66 Alberta | 23.33m | 46.74m 64.04% |
| 2 Closkey, Cheryl | W65 British Columbia | 20.07m | 39.25m 53.78% |

W70 Javelin Throw

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|--------|---------------|
| 1 Radcliffe, Marg | W71 British Columbia | 24.52m | 56.04m 76.77% |
| 2 Matlock, Joan | W74 Saskatchewan | 14.19m | 35.41m 48.51% |
| 3 Vietch, Roselynn | W72 Saskatchewan | 13.51m | 31.77m 43.52% |

W75 Javelin Throw

| Name | Age Team | Finals | Age-Grading | |
|--|-------------------------|---------------|----------------------|-----------|
| 1 Tosh, Margaret (old MR 19.23 Gloria Krug USA 2006) | W75 Saskatchewan | 19.44m | 50.05m 68.57% | MR |
| 2 Bortignon, Christa | W76 British Columbia | 13.89m | 36.93m 50.60% | |

W90 Javelin Throw

| Name | Age Team | Finals | Age-Grading | |
|-----------------|----------------------|--------|---------------|--|
| 1 Kotelko, Olga | W94 British Columbia | 10.46m | 67.57m 92.57% | |

W95 Javelin Throw

| Name | Age Team | Finals | Age-Grading | |
|--|------------------|--------------|----------------------|-----------|
| 1 Kaur, Man (no previous MR) | W97 India | 5.13m | 43.49m 59.58% | MR |

M40 Javelin Throw

| Name | Age Team | Finals | Age-Grading | |
|----------------|-------------|--------|---------------|--|
| 1 Wilson, Kier | M41 Alberta | 43.71m | 50.13m 50.91% | |

M45 Javelin Throw

| Name | Age Team | Finals | Age-Grading | |
|----------------|------------------|--------|---------------|--|
| 1 Ellis, Colin | M45 Saskatchewan | 28.85m | 35.43m 35.98% | |

M50 Javelin Throw

| Name | Age Team | Finals | Age-Grading | |
|-----------------|------------------|--------|---------------|--|
| 1 Beamish, Lee | M53 Alberta | 46.74m | 63.20m 64.18% | |
| 2 Smith, Lyndon | M52 Saskatchewan | 15.77m | 20.92m 21.25% | |

M55 Javelin Throw

| Name | Age Team | Finals | Age-Grading | |
|--------------------|-------------|--------|---------------|--|
| 1 Gudzowsky, Terry | M59 Alberta | 39.63m | 60.51m 61.45% | |

M60 Javelin Throw

| Name | Age Team | Finals | Age-Grading | |
|--------------------|------------------|--------|---------------|--|
| 1 Berquist, Brian | M60 Saskatchewan | 32.75m | 48.48m 49.23% | |
| 2 Pearson, William | M61 Ontario | 28.94m | 43.73m 44.41% | |

M65 Javelin Throw

| Name | Age Team | Finals | Age-Grading | |
|---------------------|-------------------|--------|---------------|--|
| 1 Jacobson, Vance | M65 United States | 28.75m | 47.42m 48.16% | |
| 2 Delhomeau, Roland | M68 Saskatchewan | 25.57m | 45.28m 45.98% | |

M70 Javelin Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|------------------|--------|---------------|
| 1 Edwards, Bob | M72 Saskatchewan | 19.53m | 35.98m 36.55% |

M75 Javelin Throw

| Name | Age Team | Finals | Age-Grading |
|----------------|------------------|--------|---------------|
| 1 Koza, Joseph | M77 Saskatchewan | 21.27m | 45.49m 46.20% |
| 2 Epp, Ken | M77 Saskatchewan | 18.49m | 39.55m 40.16% |

M80 Javelin Throw

| Name | Age Team | Finals | Age-Grading |
|------------------|-------------------|--------|---------------|
| 1 Rowan, Ted | M80 Saskatchewan | 24.89m | 51.30m 52.09% |
| 2 Sabin, Wayne | M80 United States | 18.81m | 38.77m 39.37% |
| 3 Graham, Gerald | M80 Alberta | 16.81m | 34.64m 35.18% |

W45 Weight Throw Finals

W45 Jamaical Hill, Colleen 4.69m

W50 Weight Throw Finals

W53 British Columbia1 Murfitt, Anne 7.04m
W53 United States2 Ecklund, Deborah 5.67m

W60 Weight Throw Finals

W64 British Columbia1 Hare, Rose 12.01m
W64 Ontario2 Trott, Rhona 10.80m

W65 Weight Throw Finals

W65 British Columbia1 **Closkey, Cheryl 10.90m MR**
(old MR 9.93 Roslyn Katz USA 2007)
W66 Alberta2 Roberts, Catherine 9.68m

W75 Weight Throw Finals

W75 Saskatchewan1 Tosh, Margaret 13.26m

W90 Weight Throw Finals

W94 British Columbia1 Kotelko, Olga 6.10m

M40 Weight Throw 251b - under

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------|--------|---------------|
| 1 Wilson, Kier | M41 Alberta | 11.05m | 12.25m 47.40% |

M50 Weight Throw 251b - under

| Name | Age Team | Finals | Age-Grading |
|-----------------|-------------|--------|---------------|
| 1 Mazhar, Ayman | M53 Ontario | 15.41m | 18.01m 69.67% |

M60 Weight Throw 251b - under

| Name | Age Team | Finals | Age-Grading |
|--------------------|-------------------|--------|---------------|
| 1 Pearson, William | M61 Ontario | 13.34m | 15.49m 59.93% |
| 2 Laughton, Lester | M61 New Zealand | 12.60m | 14.63m 56.60% |
| 3 Daniels, Edward | M60 United States | 12.44m | 14.17m 54.80% |

M65 Weight Throw 251b - under

| Name | Age Team | Finals | Age-Grading |
|-----------------|--------------|--------|---------------|
| 1 Heighton, Jim | M68 Manitoba | 8.48m | 11.43m 44.21% |

M70 Weight Throw 251b - under

| Name | Age Team | Finals | Age-Grading |
|--------------------|----------------------|--------|---------------|
| 1 Cahners, Robert | M71 United States | 14.56m | 19.31m 74.70% |
| 2 Glowacki, Marek | M72 British Columbia | 13.12m | 17.84m 69.02% |
| 3 East, Les | M73 British Columbia | 12.13m | 16.93m 65.50% |
| 4 Edwards, Bob | M72 Saskatchewan | 10.22m | 13.90m 53.76% |
| 5 Roberts, Richard | M70 Alberta | 8.90m | 11.51m 44.54% |

M80 Weight Throw 251b - under

| Name | Age Team | Finals | Age-Grading |
|----------------|-------------------|--------|---------------|
| 1 Sabin, Wayne | M80 United States | 12.53m | 19.70m 76.22% |

M35 200 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|------------------|------------------|--------|------|--------------|----|--------|
| 1 Peters, Darren | M35 Saskatchewan | 24.49 | +0.0 | 24.10 80.20% | 2 | 684 |

M40 200 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|----------------|-------------|--------|------|--------------|----|--------|
| 1 Wilson, Kier | M41 Alberta | 30.41 | +0.0 | 29.00 66.62% | 2 | 311 |

M60 200 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-------------------|------------------|--------|------|--------------|----|--------|
| 1 Berquist, Brian | M60 Saskatchewan | 28.51 | +0.0 | 23.76 81.34% | 2 | 715 |

M65 200 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|---------------------|------------------|--------|------|--------------|--------|
| 1 Swane, Dwight | M69 Alberta | 33.17 | -2.7 | 26.56 72.75% | 481 |
| 2 Delhomeau, Roland | M68 Saskatchewan | 36.17 | -2.7 | 28.97 66.71% | 313 |

M70 200 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------------|------------------|--------|------|--------------|--------|
| 1 Renwick, Doug | M71 Saskatchewan | 34.36 | -2.7 | 26.26 73.57% | 504 |
| 2 Roberts, Richard | M70 Alberta | 46.74 | -2.7 | 35.72 54.09% | 25 |

M75 200 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|----------------------|------------------|--------|------|--------------|--------|
| 1 van der Wal, Hylke | M75 Saskatchewan | 36.09 | -2.7 | 26.04 74.20% | 521 |

M80 200 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------|------------------|--------|------|--------------|--------|
| 1 Rowan, Ted | M80 Saskatchewan | 32.17 | -2.7 | 21.55 89.68% | 928 |

M35 1500 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|---------|----------------|--------|
| 1 Peters, Darren | M35 Saskatchewan | 5:58.23 | 5:55.12 58.01% | 284 |

M40 1500 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------|---------|----------------|--------|
| 1 Wilson, Kier | M41 Alberta | 6:48.71 | 6:29.06 52.95% | 158 |

M60 1500 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|------------------|--------|-------------|--------|
| -- Berquist, Brian | M60 Saskatchewan | DNF | | |

M65 1500 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|---------------------|------------------|---------|----------------|--------|
| 1 Delhomeau, Roland | M68 Saskatchewan | 7:03.40 | 5:18.78 64.62% | 456 |
| -- Swane, Dwight | M69 Alberta | DNF | | |

M70 1500 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|------------------|---------|----------------|--------|
| 1 Renwick, Doug | M71 Saskatchewan | 6:23.01 | 4:31.14 75.98% | 737 |
| 2 Roberts, Richard | M70 Alberta | 8:32.18 | 6:02.58 56.82% | 254 |

M75 1500 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|---------|----------------|--------|
| 1 van der Wal, Hylke | M75 Saskatchewan | 8:53.95 | 5:50.06 58.85% | 306 |

M80 1500 Meter Dash Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------|------------------|---------|----------------|--------|
| 1 Rowan, Ted | M80 Saskatchewan | 8:14.65 | 4:52.84 70.35% | 602 |

M35 Long Jump Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|------------------|------------------|--------|------|--------------|--------|
| 1 Peters, Darren | M35 Saskatchewan | 5.99m | 0.9 | 6.17m 69.01% | 624 |

M40 Long Jump Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|----------------|-------------|--------|------|--------------|--------|
| 1 Wilson, Kier | M41 Alberta | 4.30m | 0.5 | 4.68m 52.38% | 323 |

M60 Long Jump Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|-------------------|------------------|--------|------|--------------|--------|
| 1 Berquist, Brian | M60 Saskatchewan | 4.23m | 1.0 | 5.95m 66.51% | 576 |

M65 Long Jump Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|---------------------|------------------|--------|------|--------------|--------|
| 1 Delhomeau, Roland | M68 Saskatchewan | 3.06m | 2.7 | 4.64m 51.95% | 315 |
| 2 Swane, Dwight | M69 Alberta | 2.98m | +0.0 | 4.52m 50.59% | 294 |

M70 Long Jump Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------------|------------------|--------|------|--------------|--------|
| 1 Renwick, Doug | M71 Saskatchewan | 3.50m | 1.1 | 5.76m 64.46% | 535 |
| 2 Roberts, Richard | M70 Alberta | 2.45m | 2.1 | 4.03m 45.12% | 211 |

M75 Long Jump Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|----------------------|------------------|--------|------|--------------|--------|
| 1 van der Wal, Hylke | M75 Saskatchewan | 2.92m | 1.1 | 5.26m 58.75% | 433 |

M80 Long Jump Outdoor Pentathlon

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------|------------------|--------|------|--------------|--------|
| 1 Rowan, Ted | M80 Saskatchewan | 3.52m | 2.5 | 6.99m 78.22% | 811 |

W35 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Gabbruch, Karla | W35 Saskatchewan | 11.88m | 12.31m 54.42% | 682 |

W50 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|--------------|--------|
| 1 Murfitt, Anne | W53 British Columbia | 6.14m | 7.74m 34.21% | 383 |
| 2 Ecklund, Deborah | W53 United States | 5.66m | 7.13m 31.53% | 343 |

W60 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|----------------------|--------|---------------|--------|
| 1 Hare, Rose | W64 British Columbia | 8.75m | 13.13m 58.06% | 736 |
| 2 Trott, Rhona | W64 Ontario | 7.07m | 10.61m 46.91% | 569 |

W65 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|----------------------|--------|---------------|--------|
| 1 Roberts, Catherine | W66 Alberta | 7.83m | 12.99m 57.45% | 727 |
| 2 Closkey, Cheryl | W65 British Columbia | 7.09m | 11.76m 52.02% | 645 |

W75 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|--------|---------------|--------|
| 1 Tosh, Margaret | W75 Saskatchewan | 9.17m | 16.80m 74.25% | 982 |

W90 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|----------------------|--------|---------------|--------|
| 1 Kotelko, Olga | W94 British Columbia | 4.64m | 13.07m 57.78% | 732 |

M40 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------|--------|---------------|--------|
| 1 Wilson, Kier | M41 Alberta | 9.38m | 10.44m 45.18% | 512 |

M60 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|-------------------|--------|---------------|--------|
| 1 Pearson, William | M61 Ontario | 11.89m | 14.84m 64.20% | 780 |
| 2 Laughton, Lester | M61 New Zealand | 10.00m | 12.48m 54.00% | 636 |
| 3 Mountjoy, Terry | M64 Saskatchewan | 9.17m | 11.44m 49.51% | 572 |
| 4 Daniels, Edward | M60 United States | 7.45m | 9.29m 40.23% | 443 |

M65 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|--------------|--------|---------------|--------|
| 1 Heighton, Jim | M68 Manitoba | 8.41m | 11.44m 49.50% | 572 |

M70 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|---------------|--------|
| 1 Glowacki, Marek | M72 British Columbia | 11.99m | 16.15m 69.87% | 861 |
| 2 Cahners, Robert | M71 United States | 11.08m | 14.92m 64.57% | 785 |
| 3 Edwards, Bob | M72 Saskatchewan | 8.79m | 11.84m 51.22% | 597 |
| 4 East, Les | M73 British Columbia | 8.76m | 11.80m 51.05% | 594 |
| 5 Roberts, Richard | M70 Alberta | 8.47m | 11.40m 49.36% | 570 |

M80 Shot Put Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 Sabin, Wayne | M80 United States | 10.08m | 16.10m 69.66% | 857 |

W35 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Gabbruch, Karla | W35 Saskatchewan | 33.46m | 34.69m 45.17% | 552 |

W50 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|---------------|--------|
| 1 Murfitt, Anne | W53 British Columbia | 17.14m | 22.50m 29.30% | 323 |
| 2 Ecklund, Deborah | W53 United States | 15.03m | 19.73m 25.69% | 273 |

W60 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|----------------------|--------|---------------|--------|
| 1 Hare, Rose | W64 British Columbia | 22.44m | 35.81m 46.63% | 573 |
| 2 Trott, Rhona | W64 Ontario | 16.61m | 26.51m 34.52% | 397 |

W65 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|----------------------|--------|---------------|--------|
| 1 Closkey, Cheryl | W65 British Columbia | 22.81m | 40.89m 53.24% | 672 |
| 2 Roberts, Catherine | W66 Alberta | 21.56m | 38.65m 50.33% | 628 |

W75 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|--------|---------------|--------|
| 1 Tosh, Margaret | W75 Saskatchewan | 20.79m | 44.79m 58.33% | 748 |

W90 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|----------------------|--------|---------------|--------|
| 1 Kotelko, Olga | W94 British Columbia | 11.97m | 45.80m 59.64% | 768 |

M35 Discus Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|--------|---------------|--------|
| 1 Peters, Darren | M35 Saskatchewan | 32.48m | 32.94m 44.47% | 523 |

M40 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------|--------|---------------|--------|
| 1 Wilson, Kier | M41 Alberta | 26.71m | 29.41m 39.71% | 453 |

M40 Discus Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------|--------|---------------|--------|
| 1 Wilson, Kier | M41 Alberta | 26.65m | 29.35m 39.62% | 452 |

M60 Discus Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Berquist, Brian | M60 Saskatchewan | 37.32m | 39.66m 53.54% | 658 |

M60 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|-------------------|--------|---------------|--------|
| 1 Pearson, William | M61 Ontario | 37.44m | 39.79m 53.72% | 660 |
| 2 Laughton, Lester | M61 New Zealand | 35.66m | 37.89m 51.16% | 622 |
| 3 Mountjoy, Terry | M64 Saskatchewan | 29.86m | 31.73m 42.84% | 499 |
| 4 Daniels, Edward | M60 United States | 27.66m | 29.39m 39.68% | 452 |

M65 Discus Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|---------------------|------------------|--------|---------------|--------|
| 1 Delhomeau, Roland | M68 Saskatchewan | 27.95m | 32.52m 43.91% | 514 |
| 2 Swane, Dwight | M69 Alberta | 24.28m | 28.25m 38.14% | 430 |

M65 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|------|----------|--------|-------------|--------|
|------|----------|--------|-------------|--------|

| | | | | | | |
|---|---------------|--------------|--------|--------|--------|-----|
| 1 | Heighton, Jim | M68 Manitoba | 18.98m | 22.08m | 29.81% | 311 |
|---|---------------|--------------|--------|--------|--------|-----|

M70 Discus Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|------------------|--------|---------------|--------|
| 1 Renwick, Doug | M71 Saskatchewan | 19.69m | 25.16m 33.97% | 370 |
| 2 Roberts, Richard | M70 Alberta | 18.75m | 23.96m 32.35% | 347 |

M70 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|---------------|--------|
| 1 Glowacki, Marek | M72 British Columbia | 36.75m | 46.97m 63.41% | 807 |
| 2 Cahners, Robert | M71 United States | 31.34m | 40.05m 54.07% | 666 |
| 3 East, Les | M73 British Columbia | 27.80m | 35.53m 47.96% | 574 |
| 4 Edwards, Bob | M72 Saskatchewan | 25.15m | 32.14m 43.39% | 507 |
| 5 Roberts, Richard | M70 Alberta | 20.94m | 26.76m 36.13% | 401 |

M75 Discus Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|--------|---------------|--------|
| 1 van der Wal, Hylke | M75 Saskatchewan | 15.19m | 21.77m 29.39% | 305 |

M80 Discus Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------|------------------|--------|---------------|--------|
| 1 Rowan, Ted | M80 Saskatchewan | 24.31m | 39.96m 53.95% | 664 |

M80 Discus Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 Sabin, Wayne | M80 United States | 24.74m | 40.67m 54.90% | 678 |

W35 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Gabbruch, Karla | W35 Saskatchewan | 46.65m | 51.04m 66.29% | 955 |

W50 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|---------------|--------|
| 1 Murfitt, Anne | W53 British Columbia | 20.59m | 26.43m 34.33% | 416 |
| 2 Ecklund, Deborah | W53 United States | 17.16m | 22.03m 28.61% | 323 |

W60 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|----------------------|--------|---------------|--------|
| 1 Hare, Rose | W64 British Columbia | 29.98m | 46.02m 59.78% | 844 |
| 2 Trott, Rhona | W64 Ontario | 27.77m | 42.63m 55.37% | 769 |

W65 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|----------------------|--------|---------------|--------|
| 1 Closkey, Cheryl | W65 British Columbia | 19.66m | 33.49m 43.51% | 569 |
| 2 Roberts, Catherine | W66 Alberta | 17.98m | 30.63m 39.79% | 507 |

W75 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|--------|---------------|--------|
| 1 Tosh, Margaret | W75 Saskatchewan | 26.92m | 53.79m 69.87% | 1017 |

W90 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|----------------------|--------|---------------|--------|
| 1 Kotelko, Olga | W94 British Columbia | 14.57m | 48.56m 63.07% | 900 |

M40 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------|--------|---------------|--------|
| 1 Wilson, Kier | M41 Alberta | 35.84m | 40.32m 46.49% | 517 |

M60 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|-------------------|--------|---------------|--------|
| 1 Pearson, William | M61 Ontario | 34.66m | 45.34m 52.28% | 600 |
| 2 Daniels, Edward | M60 United States | 33.77m | 44.17m 50.94% | 580 |
| 3 Mountjoy, Terry | M64 Saskatchewan | 28.25m | 36.95m 42.61% | 463 |
| 4 Laughton, Lester | M61 New Zealand | 27.75m | 36.30m 41.86% | 452 |

M65 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|--------------|--------|---------------|--------|
| 1 Heighton, Jim | M68 Manitoba | 18.21m | 26.68m 30.77% | 297 |

M70 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|---------------|--------|
| 1 Cahners, Robert | M71 United States | 39.58m | 59.86m 69.01% | 840 |
| 2 Glowacki, Marek | M72 British Columbia | 37.74m | 57.07m 65.81% | 794 |
| 3 East, Les | M73 British Columbia | 31.91m | 48.26m 55.64% | 648 |
| 4 Edwards, Bob | M72 Saskatchewan | 29.20m | 44.16m 50.92% | 580 |
| 5 Roberts, Richard | M70 Alberta | 23.27m | 35.19m 40.58% | 434 |

M80 Hammer Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 Sabin, Wayne | M80 United States | 29.61m | 56.42m 65.05% | 783 |

W35 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Gabbruch, Karla | W35 Saskatchewan | 27.74m | 29.46m 40.36% | 466 |

W50 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|---------------|--------|
| 1 Murfitt, Anne | W53 British Columbia | 15.33m | 20.15m 27.61% | 292 |
| 2 Ecklund, Deborah | W53 United States | 10.19m | 13.39m 18.35% | 167 |

W60 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|------|----------|--------|-------------|--------|
|------|----------|--------|-------------|--------|

| | | | | | |
|----------------|----------------------|--------|--------|--------|-----|
| 1 Hare, Rose | W64 British Columbia | 19.38m | 29.86m | 40.90% | 474 |
| 2 Trott, Rhona | W64 Ontario | 17.63m | 27.16m | 37.21% | 423 |

W65 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | | Points |
|----------------------|----------------------|--------|-------------|--------|--------|
| 1 Roberts, Catherine | W66 Alberta | 21.93m | 37.88m | 51.89% | 627 |
| 2 Closkey, Cheryl | W65 British Columbia | 17.95m | 31.00m | 42.48% | 496 |

W75 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | | Points |
|------------------|------------------|--------|-------------|--------|--------|
| 1 Tosh, Margaret | W75 Saskatchewan | 19.42m | 44.26m | 60.63% | 749 |

W90 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | | Points |
|-----------------|----------------------|--------|-------------|--------|--------|
| 1 Kotelko, Olga | W94 British Columbia | 10.42m | 45.62m | 62.51% | 775 |

M35 Javelin Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | | Points |
|------------------|------------------|--------|-------------|--------|--------|
| 1 Peters, Darren | M35 Saskatchewan | 43.64m | 44.18m | 44.87% | 503 |

M40 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | | Points |
|----------------|-------------|--------|-------------|--------|--------|
| 1 Wilson, Kier | M41 Alberta | 42.55m | 46.21m | 46.93% | 533 |

M40 Javelin Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | | Points |
|----------------|-------------|--------|-------------|--------|--------|
| 1 Wilson, Kier | M41 Alberta | 40.10m | 43.55m | 44.23% | 494 |

M60 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | | Points |
|--------------------|-------------------|--------|-------------|--------|--------|
| 1 Pearson, William | M61 Ontario | 31.19m | 44.10m | 44.78% | 502 |
| 2 Mountjoy, Terry | M64 Saskatchewan | 26.02m | 36.79m | 37.36% | 396 |
| 3 Laughton, Lester | M61 New Zealand | 21.47m | 30.35m | 30.83% | 304 |
| 4 Daniels, Edward | M60 United States | 13.65m | 19.30m | 19.60% | 152 |

M60 Javelin Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | | Points |
|-------------------|------------------|--------|-------------|--------|--------|
| 1 Berquist, Brian | M60 Saskatchewan | 35.82m | 50.64m | 51.43% | 598 |

M65 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | | Points |
|-----------------|--------------|--------|-------------|--------|--------|
| 1 Heighton, Jim | M68 Manitoba | 10.94m | 17.08m | 17.35% | 122 |

M65 Javelin Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|---------------------|------------------|--------|---------------|--------|
| 1 Delhomeau, Roland | M68 Saskatchewan | 27.79m | 43.40m 44.08% | 492 |
| 2 Swane, Dwight | M69 Alberta | 17.51m | 27.35m 27.77% | 262 |

M70 Javelin Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|------------------|--------|---------------|--------|
| 1 Roberts, Richard | M70 Alberta | 19.52m | 32.79m 33.30% | 339 |
| 2 Renwick, Doug | M71 Saskatchewan | 19.37m | 32.54m 33.04% | 335 |

M70 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|---------------|--------|
| 1 Glowacki, Marek | M72 British Columbia | 30.68m | 51.54m 52.34% | 611 |
| 2 East, Les | M73 British Columbia | 21.74m | 36.52m 37.09% | 392 |
| 3 Edwards, Bob | M72 Saskatchewan | 19.56m | 32.86m 33.37% | 340 |
| 4 Roberts, Richard | M70 Alberta | 18.54m | 31.14m 31.63% | 315 |
| 5 Cahners, Robert | M71 United States | 12.44m | 20.90m 21.22% | 173 |

M75 Javelin Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|--------|---------------|--------|
| 1 van der Wal, Hylke | M75 Saskatchewan | 12.94m | 24.49m 24.88% | 222 |

M80 Javelin Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 Sabin, Wayne | M80 United States | 17.60m | 36.87m 37.45% | 397 |

M80 Javelin Throw Outdoor Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------|------------------|--------|---------------|--------|
| 1 Rowan, Ted | M80 Saskatchewan | 21.03m | 44.06m 44.74% | 501 |

W35 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|--------|---------------|--------|
| 1 Gabruch, Karla | W35 Saskatchewan | 14.64m | 15.98m 67.75% | 862 |

W50 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|--------------|--------|
| 1 Murfitt, Anne | W53 British Columbia | 6.70m | 7.92m 33.57% | 367 |
| 2 Ecklund, Deborah | W53 United States | 5.60m | 6.62m 28.06% | 289 |

W60 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|----------------------|--------|---------------|--------|
| 1 Hare, Rose | W64 British Columbia | 12.10m | 14.65m 62.08% | 779 |
| 2 Trott, Rhona | W64 Ontario | 10.52m | 12.73m 53.98% | 660 |

W65 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|----------------------|--------|---------------|--------|
| 1 Closkey, Cheryl | W65 British Columbia | 10.69m | 14.17m 60.06% | 750 |
| 2 Roberts, Catherine | W66 Alberta | 9.10m | 12.06m 51.12% | 619 |

W75 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|--------|---------------|--------|
| 1 Tosh, Margaret | W75 Saskatchewan | 13.06m | 19.78m 83.83% | 1102 |

W90 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|----------------------|--------|---------------|--------|
| 1 Kotelko, Olga | W94 British Columbia | 6.17m | 14.01m 59.38% | 740 |

M40 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------|--------|---------------|--------|
| 1 Wilson, Kier | M41 Alberta | 10.34m | 11.26m 43.57% | 523 |

M60 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|-------------------|--------|---------------|--------|
| 1 Pearson, William | M61 Ontario | 13.22m | 13.78m 53.28% | 665 |
| 2 Laughton, Lester | M61 New Zealand | 12.57m | 13.10m 50.67% | 627 |
| 3 Daniels, Edward | M60 United States | 11.65m | 12.14m 46.96% | 572 |
| 4 Mountjoy, Terry | M64 Saskatchewan | 10.89m | 11.35m 43.89% | 528 |

M65 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|--------------|--------|--------------|--------|
| 1 Heighton, Jim | M68 Manitoba | 8.05m | 8.97m 34.71% | 395 |

M70 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------------|--------|---------------|--------|
| 1 Cahners, Robert | M71 United States | 17.45m | 19.90m 76.97% | 1018 |
| 2 Glowacki, Marek | M72 British Columbia | 15.29m | 17.44m 67.45% | 875 |
| 3 East, Les | M73 British Columbia | 11.87m | 13.54m 52.36% | 652 |
| 4 Edwards, Bob | M72 Saskatchewan | 10.51m | 11.98m 46.36% | 563 |
| 5 Roberts, Richard | M70 Alberta | 9.04m | 10.31m 39.88% | 469 |

M80 Weight Throw Weight Pentathlon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 Sabin, Wayne | M80 United States | 13.12m | 17.11m 66.16% | 856 |

M35 Outdoor Pentathlon

| Name | Age Team | Finals |
|------------------|------------------|--------|
| 1 Peters, Darren | M35 Saskatchewan | 2618 |

M40 Outdoor Pentathlon

| Name | Age Team | Finals |
|----------------|-------------|--------|
| 1 Wilson, Kier | M41 Alberta | 1738 |

M60 Outdoor Pentathlon

| Name | Age Team | Finals |
|-------------------|------------------|--------|
| 1 Berquist, Brian | M60 Saskatchewan | 2547 |

M65 Outdoor Pentathlon

| Name | Age Team | Finals |
|---------------------|------------------|--------|
| 1 Delhomeau, Roland | M68 Saskatchewan | 2090 |
| 2 Swane, Dwight | M69 Alberta | 1467 |

M70 Outdoor Pentathlon

| Name | Age Team | Finals |
|--------------------|------------------|--------|
| 1 Renwick, Doug | M71 Saskatchewan | 2481 |
| 2 Roberts, Richard | M70 Alberta | 1176 |

M75 Outdoor Pentathlon

| Name | Age Team | Finals |
|----------------------|------------------|--------|
| 1 van der Wal, Hylke | M75 Saskatchewan | 1787 |

M80 Outdoor Pentathlon

| Name | Age Team | Finals |
|--|-------------------------|------------------------|
| 1 Rowan, Ted (old CAN 2223 Karl Trei 1989) | M80 Saskatchewan | 3506 CAN |

W35 Weight Pentathlon

| Name | Age Team | Finals |
|--|-------------------------|------------------------|
| 1 Gabruch, Karla (old CAN 2723 Diane Jaam Shaharia 2001) | W35 Saskatchewan | 3517 CAN |

W50 Weight Pentathlon

| Name | Age Team | Finals |
|--------------------|----------------------|--------|
| 1 Murfitt, Anne | W53 British Columbia | 1781 |
| 2 Ecklund, Deborah | W53 United States | 1395 |

W60 Weight Pentathlon

| Name | Age Team | Finals |
|--|-----------------------------|------------------------|
| 1 Hare, Rose (old CAN 3376 Rose in 2011) | W64 British Columbia | 3406 CAN |
| 2 Trott, Rhona | W64 Ontario | 2818 |

W65 Weight Pentathlon

| Name | Age Team | Finals |
|----------------------|----------------------|--------|
| 1 Closkey, Cheryl | W65 British Columbia | 3132 |
| 2 Roberts, Catherine | W66 Alberta | 3108 |

W75 Weight Pentathlon

| Name | Age Team | Finals |
|------------------|------------------|--------|
| 1 Tosh, Margaret | W75 Saskatchewan | 4598 |

W90 Weight Pentathlon

| Name | Age Team | Finals |
|-----------------|----------------------|--------|
| 1 Kotelko, Olga | W94 British Columbia | 3915 |

M40 Weight Pentathlon

| Name | Age Team | Finals |
|----------------|-------------|--------|
| 1 Wilson, Kier | M41 Alberta | 2538 |

M60 Weight Pentathlon

| Name | Age Team | Finals |
|--------------------|-------------------|--------|
| 1 Pearson, William | M61 Ontario | 3207 |
| 2 Laughton, Lester | M61 New Zealand | 2641 |
| 3 Mountjoy, Terry | M64 Saskatchewan | 2458 |
| 4 Daniels, Edward | M60 United States | 2199 |

M65 Weight Pentathlon

| Name | Age Team | Finals |
|-----------------|--------------|--------|
| 1 Heighton, Jim | M68 Manitoba | 1697 |

M70 Weight Pentathlon

| Name | Age Team | Finals |
|--------------------|----------------------|--------|
| 1 Glowacki, Marek | M72 British Columbia | 3948 |
| 2 Cahners, Robert | M71 United States | 3482 |
| 3 East, Les | M73 British Columbia | 2860 |
| 4 Edwards, Bob | M72 Saskatchewan | 2587 |
| 5 Roberts, Richard | M70 Alberta | 2189 |

M80 Weight Pentathlon

| Name | Age Team | Finals |
|----------------|-------------------|--------|
| 1 Sabin, Wayne | M80 United States | 3571 |