

CANADIAN RESULTS – PORTO ALEGRE

Q = Qualified for next round. CR = Canadian record. WR = World record.

Note: Wind readings are not available for some events for which they are required for records.

<u>Event/Date</u>	<u>Age Group</u>	<u>Name</u>	<u>Position in Age Group</u>	<u>Time/Distance/Height</u>
<u>Wednesday, October 16</u>				
8K Cross Country	W35 Final	Evelyne Nyairo	9/11	42:36
	W40 Final	Dana Strasser	22/24	43:46
	W50 Final	Loretta Dobbelsteyn	12/26 (Ran in W35 race)	38:01
	W35 Team	Evelyne Nyairo, Dana Strasser & Loretta Dobbelsteyn	2/2 (Silver Medal)	2:04.23
	M70 Final	Vern Christensen	17/23	44:10
	M65 Final	Gaetan Breton	29/34	42:36
Decathlon – 1 st day	M45	Paul White		
– 100m			4/11	13.15 (608 Pts.)
– L J			5/11	5.17m (580 Pts.)
– SP			9/11	7.80m (448 Pts.)
– HJ			11/11	1.45m (457 Pts.)
– 400m			8/11	1:06.90 (394 Pts.)
Total points for first day			7/11	2,487 Pts.
Heptathlon – 1 st day	W75	Christa Bortignon		
– 80 Hurdles			1/3	18:12 (1140 Pts.)
– H J			2/3	1.06m (991 Pts.)
– SP			3/3	7.04m (721 Pts.)
– 200m			1/3	34.95 (1091 Pts.)
Total points for first day			1/3	3,943 Pts.
<u>Thursday, October 17</u>				
Decathlon – 2 nd day	M45	Paul White		
– 100 Hurdles			7/11	21.86 (348 Pts.)
– DT			9/11	23.29m (426 Pts.)
– PV			3/11	3.00m (467 Pts.)
– JT			9/10	29.92m (371 Pts.)
– 1500m			9/10	6:40.37 (243 Pts.)
Total points at end of second day			7/11	4,342 Points
Heptathlon – 2 nd day	W75	Christa Bortignon		
– L J			1/3	3.57m (1062 Pts.)
– JT			3/3	13.00m (470 Pts.)
– 800m			1/3	3:52.24 (816 Pts.)
Total points at end of second day			1/3 (Gold Medal)	6291 Points

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Friday, October 18 100m	W60 Qual	Karla Del Grande	1/27 Q	14.40
		Louise Nesterenko	19/27	18.76
	W55 Qual	Susanne Lauridsen	22/24	17.27
	M60 Qual	Tom Dickson	2/47 Q	12.57
		Roy Turkington	24/47	14.03
	M50 Qual	Robert Nasato	DNF	DNF
	M45 Qual	Chris Warburton	6/46 Q	12.08
		Christian Lemassif	14/46 Q	12.16
	M40 Qual	Nigel John	17/41	11.78
		Jason Foubert	20/41	11.81
	M35 Qual	Andre Mitchell	15/36 Q	11.79
	W75 Semi	Christa Bortignon	1/14 Q	16.13
	W70 Semi	Marg Radcliffe	7/23 Q	17.70
	W60 Semi	Karla Del Grande	1/16 Q	13.30
	W35 Semi	Khama Beckles	2/13 Q	12.83
	M60 Semi	Tom Dickson	1/15 Q	12.30
	M45 Semi	Chris Warburton	5/15 Q	11.96
Chris Lemassif		9/15	12.13	
M35 Semi	Andre Mitchell	13/16	11.75	
5000m	W80 Final	Helena Visser	4/7	29:21.26
	W50 Final	Loretta Dobbelsteyn	16/28	23:22:36
	W40 Final	Dana Strasser	12/13	26:02.30
	M75 Final	Roger Davies	5/17	23:14.89
	W35 Final	Evelyn Nyairo	10/12	26:38.43
	M65 Final	Gaetan Breton	23/34	23:32.19
Pole Vault	M45 Final	Paul White	4/9	(Time incorrect) 3.30m
Long Jump	W60 Final	Louise Nesterenko	9/10	2.60m
	W55 Final	Susanne Lauridsen	9/13	3.57m

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Long Jump	M60 Final	Roy Turkington	6/10	4.60m
Hammer Throw	M70 Final	Marek Glowacki	6/9	38.94m
	M65 Final	Boris Zaitchouk	1/13 (Gold Medal)	57.42m (WR)
Weight Throw	M60 Final	William Pearson	9/18	13.52m
Shot Put	W90 Final	Olga Kotelko	1/1 (Gold Medal)	4.00m
Discus Throw	M70 Final	Frank Smolinski	10/18	25.76m
<u>Saturday, October 19</u>				
100m	W90 Final	Olga Kotelko	1/1 (Gold Medal)	33.71
	W75 Final	Christa Bortignon	1/8 (Gold Medal)	15.94
	W70 Final	Marg Radcliffe	5/8	17.76
	W60 Final	Karla Del Grande	1/8 (Gold Medal)	13.92
	W35 Final	Khama Beckles	2/8 (Silver Medal)	12.63
	M60 Final	Tom Dickson	2/6 (Silver Medal)	12.27
	M45 Final	Chris Warburton	5/8	11.92
800m	W55 Semi	Debbie Jordan	4/15 Q	2:54.90
	W50 Semi	Rita Botelho	5/18 Q	2:46.73
	M75 Qual	Roger Davies	4/17 Q	3:04.93
	M60 Qual	John Jordan	15/31	2:35.30
		Duncan Greenshields	26/31	2:48.26
	M50 Qual	Andrew Tuovinen	6/28 Q	2:11.62
	M45 Qual	Michael Sherar	2/33 Q	2:06.38
Paul Osland		11/33 Q	2:08.60	
M35 Qual	Joseph Boland	2/24 Q	1:57.57	
	Jay Brecher	12/24 Q	2:02.82	
5000m	M60 Final	John Clarke	18/51	19:17.50
		Doug Smith	46/51	26:41.39
5000m Race Walk	W80 Final	Jean Horne	1/3 (Gold Medal)	39:54.23
		June-Marie Provost	DNF	DNF
	W60 Final	Anne de Thy	3/17 (Bronze Medal)	30:46.87
		Liliana Whalen	8/17	33:47.54

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5000m Race Walk	W45 Final	Susan Brooke	1/7 (Gold Medal)	27:39.37
	W35 Final	Sarah Raetsen	4/6	30:23.31
Long Jump	W90 Final	Olga Kotelko	1/1 (Gold Medal)	1.41m
	W75 Final	Christa Bortignon	1/4 (Gold Medal)	3.64m
Shot Put	M60 Final	William Pearson	6/19	12.66m
Hammer Throw	W75 Final	Peggy Morfitt	12/15	16.32m
	M50 Final	Ayman Mazher	7/14	45.15m
	M45 Final	Graham Morfitt	11/17	31.14m
Weight Throw	M75 Final	Emil Muller	4/5	13.25m

Monday, October 21

200m	W75 Semi	Christa Bortignon	1/11 Q	34.15
	W70 Semi	Marg Radcliffe	8/20 Q	38.59
	W60 Semi	Karla Del Grande	1/19 Q	29.09
		Louise Nesterenko	18/19	39.73
	W55 Semi	Susanne Lauridsen	17/21	36.48
	W35 Semi	Khama Beckles	5/13 Q	26.57
	M60 Qual	Tom Dickson	6/39 Q	28.32
	M50 Qual	Scott Payne	42/58	28.22
	M45 Qual	Chris Warburton	9/35 Q	24.23
		Chris Lemassif	11/35 Q	24.63
	M40 Qual	Nigel John	6/32 Q	23.23
		Jason Foubert	13/32 Q	23.86
		Lawrence Williams	28/32	27.33
	M35 Qual	Andre Mitchell	14/29 Q	24.14
	M60 Semi	Tom Dickson	4/22 Q	26.43
	M45 Semi	Chris Warburton	8/16 Q	24.43
Chris Lemassif		12/16	24.77	
M40 Semi	Nigel John	7/16 Q	23.54	
	Jason Foubert	DNF	DNF	

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200m	M35 Semi	Andre Mitchell	14/16	24.32
800m	W75 Final	Helly Visser	4/7	3:52.48
	W55 Final	Debbie Jordan	4/12	2:41.88
	W50 Final	Rita Botelho	4/12	2:43.19
	M75 Final	Roger Davies	5/11	3:06.02
	M50 Final	Andrew Tuovinen	6/12	2:07.54
	M45 Final	Paul Osland	3/11 (Bronze Medal)	2:03.26
		Michael Sherar	4/11	2:04.02
	M35 Final	Joseph Boland	3/12 (Bronze Medal)	1:56.41
		Jay Brecher	11/12	2:03.70
200m Hurdles	W75 Final	Christa Bortignon	1/2 (Gold Medal)	43.61
300m Hurdles	W55 Final	Susanne Lauridsen	DNF	DNF
400m Hurdles	W45 Final	Kate Cochrane-Brink	4/8	1:16.08
High Jump	W90 Final	Olga Kotelko	1/1 (Gold Medal)	0.70m
	W70 Final	Marg Radcliffe	3/6 (Bronze Medal)	1.09m
Triple Jump	W55 Final	Susanne Lauridsen	7/8	7.14m
	M60 Final	Thevarajan Sinnathurai	3/11 (Bronze Medal)	10.67m
Discus Throw	W90 Final	Olga Kotelko	1/1 (Gold Medal)	11.02m
	W75 Final	Peggy Morfitt	12/13	9.56m
	M60 Qual	William Pearson	8/32 Q	36.56m
	M45 Final	Graham Morfitt	8/13	30.23m
Javelin Throw	M45 Final	Graham Morfitt	4/22	55.92m
Hammer Throw	M60 Final	William Pearson	8/16	35.03m
<u>Tuesday, October 22, 2013</u>				
200m	W90 Final	Olga Kotelko	1/ 1 (Gold Medal)	1:23.33
	W75 Final	Christa Bortignon	1/7 (Gold Medal)	33.94
	W70 Final	Marg Radcliffe	8/8	38.72

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200m	W60 Final	Karla Del Grande	1/7 (Gold Medal)	28.11 (WR)
	W35 Final	Khama Beckles	4/8	26.11
	M60 Final	Tom Dickson	2/8 (Silver Medal)	25.93
	M45 Final	Chris Warburton	8/8	24.45
	M40 Final	Nigel John	6/8	23.26
300m Hurdles	M70 Final	Harold Morioka	3/5 (Bronze Medal)	54.86
10000m	M65 Final	Gaetan Breton	27/28	58:49.70
	M60 Final	John Clarke	9/31	40:13.06
10K Road Walk	W80 Final	Jean Horne	1/3 (Gold Medal)	1:20:44
		June-Marie Provost	3/3 (Bronze Medal)	1:36:57
	W60 Final	Anne de Thy	3/19 (Bronze Medal)	1:07:34
		Liliana Whalen	10/19 (In W35 race)	1:14:21
	W45 Final	Susan Brooke	1/5 (Gold Medal)	58:39
	W35 Final	Sarah Raetsen	4/5	1:06:49
	W35 Team	Susan Brooke, Lily Whalen & Sarah Raetsen	1/1 (Gold Medal)	3:19:49
W60 Team	Jean Horne, June-Marie Provost & Anne de Thy	4/4	4:05:15	
High Jump	W55 Final	Susanne Lauridsen	7/11	1.18m
Discus Throw	M60 Final	William Pearson	11/11	36.56m
Javelin Throw	W90 Final	Olga Kotelko	1/1 (Gold Medal)	7.35m
	W70 Final	Marg Radcliffe	3/18 (Bronze Medal)	24.47m
	M60 Final	William Pearson	12/18	33.58m
Hammer Throw	M75 Final	Emil Muller	5/10	35.29m
<u>Thursday, October 24, 2013</u>				
400m	M60 Qual	Duncan Greenshields	37/46	1:11.14
	M55 Qual	Hamid Bakhtiyari	18/27	1:10.00
	M50 Qual	Scott Payne	25/40	1:01.78

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400m	M45 Qual	Michael Sherar	4/35 Q	55.03
		Chris Lemassif	9/35 Q	56.03
	M40 Qual	Peter Lawson	4/27 Q	54.81
		Lawrence Williams	8/27 Q	56.97
1500m	M60 Qual	John Clarke	11/32 Q	5:06.14
		John Jordan	22/32	5:42.98
	M50 Qual	John Willett	7/35 Q	4:36.16
		Andrew Tuovinen	8/35 Q	4:37.19
	M35 Qual	Joseph Boland	5/22 Q	4:15.50
Triple Jump	W90 Final	Olga Kotelko	1/1 (Gold Medal)	2.42m
	W75 Final	Christa Bortignon	1/4 (Gold Medal)	7.60m
Shot Put	W60 Final	Louise Nesterenko	13/15	5.69m
	M70 Final	Marek Glowacki	2/14 (Silver Medal)	13.52m
		Frank Smolinski	9/14	11.11m
Discus Throw	M75 Final	George Reilly	8/8	19.57m
Javelin Throw	W55 Final	Barb Dabrowski	1/11 (Gold Medal)	35.42m
Weight Throw	W90 Final	Olga Kotelko	1/1 (Gold Medal)	6.06m
	M50 Final	Ayman Mazhar	6/9	15.95m
	M45 Final	Graham Morfitt	6/13	11.19m
<u>Friday, October 25, 2013</u>				
80m Hurdles	W75 Final	Christa Bortignon	1/3 (Gold Medal)	17.52
	W55 Semi	Susanne Lauridsen	DNF	DNF
400m	W60 Semi	Karla Del Grande	1/19	1:08.10
		Louise Nesterenko	19/19	1:36.30
	W55 Semi	Susanne Lauridsen	13/15	1:24.42
	W45 Semi	Kate Cochrane-Brink	9/19	1:08.97
	W35 Semi	Khama Beckles	6/15	1:03.60
	M45 Semi	Michael Sherar	4/16 Q	54.10
Chris Lemassif		10/16	54.98	
M40 Semi	Lawrence Williams	5/15 Q	52.71	
	Peter Lawson	7/15 Q	52.82	

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400m	M35 Semi	Andre Mitchell	11/22	54.16
<u>Saturday, October 26, 2013</u>				
400m	W75 Final	Christa Bortignon	1/8 (Gold Medal)	1:20.97
	W60 Final	Karla Del Grande	1/8 (Gold Medal)	1:06.24 (WR)
	W35 Final	Khama Beckles	6/7	1:03.24
	M45 Final	Michael Sherar	6/8	54.33
	M40 Final	Peter Lawson	5/8	53.46
		Lawrence Williams	6/8	54.17
20K Road Walk	W45 Final	Susan Brooke	1/2 (Gold Medal)	2:01:16
1500m	W75 Final	Helena Visser	3/6 (Bronze Medal)	7:41.70
	M60 Final	John Clarke	11/15	5:02.73
	W50 Final	Rita Botelho	5/14	5:38.34
	M50 Final	Andrew Tuovinen	3/16 (Bronze Medal)	4:29.43
		John Willett	10/16	4:40.57
	M35 Final	Joseph Boland	2/14 (Silver Medal)	4:03.48
Throws Pentathlon	M70 Final	Marek Glowacki		
	– Hammer Throw		4/12	40.06 m (852 Pts.)
	– Shot Put		2/12	12.58 m (909 Pts.)
	– Discus Throw		2/12	34.19 m (740 Pts.)
	– Javelin Throw		4/12	32.16 m (648 Pts.)
	– Weight Throw		4/12	14.80 m (843 Pts.)
		Final Position	3/12 (Bronze Medal)	3,992 Pts.
Throws Pentathlon	M60 Final	William Pearson		
	– Hammer Throw		10/14	30.80 m (517 Pts.)
	– Shot Put		3/14	12.61 m (835 Pts.)
	– Discus Throw		6/14	39.54 m (706 Pts.)
	– Javelin Throw		7/14	34.08 m (562 Pts.)
	– Weight Throw		8/14	13.32 m (671 Pts.)
		Final Position	8/14	3,291 Pts.
Throws Pentathlon	M45 Final	Graham Morfitt		
	– Hammer Throw		6/8	34.44 m (556 Pts.)
	– Shot Put		3/8	10.55 m (648 Pts.)
	– Discus Throw		3/8	29.92 m (585 Pts.)
	– Javelin Throw		2/8	54.22 m (791 Pts.)
	– Weight Throw		1/8	11.06 m (617 Pts.)
		Final Position	3/8 (Bronze Medal)	3,197 Pts.

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<u>Sunday, October 27, 2013</u>				
2000m Steeplechase	M60 Final	Doug Smith	15/15	10:24.14
Half Marathon	M60 Final	John Clarke	8/22	1:27.46
4 x 100m Relay	W35 Final	Khama Beckles, Rita Botelho, Susanne Lauridsen & Karla Del Grande	8/13	57.88
4 x 400m Relay	M45 Final	Chris Lemassif, Paul Osland, Andrew Tuovinen & Michael Sherar	3/10 (Bronze Medal)	3:42.26
	M35 Final	Andre Mitchell, Peter Lawson, Nigel John & Joe Boland	3/10 (Bronze Medal)	3:28.26 (CR)