

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M30 50 Meter Dash 11:15am**

Name	Age	Team	Finals	Age-Grading	H#
Finals					
1 Mark Tiburcio	M30	Unattached -	6.56	6.57 84.45%	11
2 Christopher Wagner	M30	Unattached -	6.76	6.77 81.95%	11

M35 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Dree Ryan	M37	Jamaica Masters	6.16	6.10 90.91%	11
2 Andre Mitchell	M39	Nemean Lions	6.51	6.45 86.02%	11
3 Chad Kichula	M39	Excel Athletika	6.62	6.55 84.59%	11
4 Dave Kervin	M38	Peterborough	6.83	6.76 81.99%	11
5 Erik Klein	M39	Saint John T	6.96	6.89 80.46%	11

W35 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Kem McLean	W35	Jamaica Masters	7.59	7.60 78.52%	4
2 Sonia Lévesque	W38	Soulanges	7.79	7.80 76.51%	4

M40 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Michel Courteau	M41	Soulanges	6.56	6.25 88.72%	10
2 Doug McLaren	M40	Unattached-S	6.66	6.34 87.39%	10
3 Martin Carrier	M44	Saint-Jean O	6.82	6.50 85.34%	10
4 Michel Tourville	M40	Saint-Jean O	6.94	6.61 83.86%	10
5 Pho Lam	M44	Jamaica Masters	6.97	6.64 83.50%	10
6 Eric Quane	M40	The Durham Gazelles	7.18	6.84 81.06%	10

W40 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Violeta Garfunkel	W42	Blue Devils	7.43	7.17 83.18%	4 MR
2 Jenn Bowers	W40	The Durham Gazelles	7.54	7.28 81.96%	4
3 Sandi Arnason	W43	Riversdale A	7.77	7.50 79.54%	4
4 Sonia Santarossa	W44	UTTC	8.74	8.43 70.71%	4

M45 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Tit (jonathan) Hui	M45	Guelph Track Club	6.78	6.22 89.09%	9
2 Rick Reynolds	M49	Jamaica Masters	6.94	6.37 87.03%	9
3 Paul Dowhos	M48	Unattached -	7.00	6.43 86.29%	9
4 Mario Huard	M47	Ottawa Lions	7.07	6.49 85.43%	9
5 Matthew Beechey	M45	Laurel Creek	7.50	6.88 80.53%	9

W45 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Dala Bortolussi	W47	Indépendant	7.78	7.10 84.06%	MR

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

2	Cathy Barry	W45	The Durham Gazelles	8.00	7.30	81.75%	3
3	Kim Roth	W49	Ontario Mast	8.17	7.45	80.05%	3
4	Kelly Burton	W48	Ottawa Lions	8.43	7.69	77.58%	3
5	Denise Gordon-Mohamud	W45	Mississauga Oly	8.67	7.91	75.43%	3
6	Rachel Fouladi	W48	Greyhounds T	9.66	8.81	67.70%	3

M50 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Christopher Warburton	M50	Nemean Lions	6.46	5.72 96.90%	9 MR

W50 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Theresa Rozario	W51	UTTC	8.50	7.35 81.06%	2 MR

M55 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Robert Nasato	M55	Jamaica Masters	6.69	5.72 96.86%	8 CAN
(old CAN 6.6ht (6.84) Peter Pientka ON 1979					
2 Mike Lee Foon	M55	Jamaica Masters	6.74	5.77 96.14%	8
3 Les Neufeld	M55	Unattached -	6.83	5.84 94.88%	8
4 Randy Robinson	M56	Ontario Mast	7.41	6.34 87.45%	8
5 Marino Sani	M56	Unattached -	7.43	6.36 87.21%	8
6 Russell Unilowsky	M56	Unattached-Manitoba	7.47	6.39 86.75%	8
7 Pierre Kirwin	M55	Unattached -	8.57	7.33 75.61%	8

W55 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Jill Gale	W57	Hamilton Eli	8.37	6.88 86.62%	2
2 Cindy Burt	W55	Durham Dragons A	8.83	7.26 82.11%	2
3 Nicky Slovitt	W55	UTTC	9.84	8.09 73.68%	2

M60 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Ward Hazen	M61	Ontario Mast	7.32	6.05 91.67%	7 CAN
(old CAN 7.1ht (7.34) Tony Powell ON 2006)					
2 Ralph Cilevitz	M62	Jamaica Masters	7.85	6.49 85.48%	7
3 David Dickey	M62	Greyhounds T	8.29	6.85 80.94%	7

W60 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading
1 Wendy Alexis	W60	Ottawa Lions	7.51	5.89101.33%
2 Karla Del Grande	W62	Nemean Lions	7.54	5.91100.93%

M65 50 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Richard Lech	M68	Jamaica Masters	7.43	5.94 93.27%	6
2 Robert Morley	M68	Unattached -	7.62	6.10 90.94%	6

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

3 Bruce Mintz	M69 Edmonton Masters	8.06	6.45	85.98%	6
4 Alexander Jozefacki	M65 Unattached -	8.28	6.62	83.70%	6

W65 50 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Deborah Lee	W65 Greyhounds T	8.87	6.64 89.85%	MR
2 Louise Nesterenko	W65 Calgary Spartans	10.05	7.52 79.30%	

M70 50 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Tony Powell	M72 UTTC	7.68	5.96 93.10%	6
2 Peter Evans	M73 Jamaica Masters	7.88	6.11 90.74%	6
3 Howard Booth	M72 United State	8.18	6.34 87.41%	6

M75 50 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 David Stern	M76 Jamaica Masters	8.39	6.28 88.32%	5 MR
2 Peter Hanson	M78 Unattached	9.23	6.91 80.28%	5
3 Tom Fokas	M77 Unattached -	11.12	8.32 66.64%	5

W75 50 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Christa Bortignon	W79 Greyhounds T	8.73	5.87 101.60%	
2 Judy Hammond	W78 New Zealand	9.73	6.54 91.16%	

M80 50 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Dev Sharma	M80 Unattached -	9.50	6.75 82.11%	5

M55 60 Meter Dash M55 Semis

Name	Age Team	Prelims	Age-Grading	H#
Preliminaries				
1 Robert Nasato	M55 Jamaica Masters	7.97q	6.93 92.22%	1
2 Mike Lee Foon	M55 Jamaica Masters	8.00q	6.96 91.88%	2
3 Les Neufeld	M55 Unattached -	8.18q	7.12 89.85%	1
4 Russell Unilowsky	M56 Unattached-Manitoba	8.56q	7.45 85.86%	2
5 Randy Robinson	M56 Ontario Mast	8.85q	7.70 83.05%	2
6 Marino Sani	M56 Unattached -	8.94q	7.78 82.21%	2
7 Mark Schaber	M57 Unattached -	9.07q	7.89 81.04%	1
8 Rodney Wilson	M57 United State	9.56q	8.32 76.88%	1
9 Pierre Kirwin	M55 Unattached -	10.10	8.79 72.77%	1

M55 60 Meter Dash M55 Semis

Name	Age Team	Finals	Age-Grading	H#
Finals				
1 Mike Lee Foon	M55 Jamaica Masters	7.79	6.78 94.35%	MR
2 Robert Nasato	M55 Jamaica Masters	7.83	6.81 93.87%	
3 Les Neufeld	M55 Unattached -	8.03	6.99 91.53%	

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

4	Russell Unilowsky	M56 Unattached-Manitoba	8.64	7.52	85.07%
5	Marino Sani	M56 Unattached -	8.89	7.73	82.68%
6	Randy Robinson	M56 Ontario Mast	8.99	7.82	81.76%
7	Mark Schaber	M57 Unattached -	9.10	7.92	80.77%
8	Rodney Wilson	M57 United State	9.41	8.19	78.11%

M30 60 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Ian Chambers	M32 Phoenix Athl	7.19	7.20 88.87%	7.1879
2 Nathan Da Silva	M30 Unattached -	8.07	8.08 79.18%	8
3 Chris Wrobel	M34 Unattached -	8.26	8.27 77.36%	8

M35 60 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Dree Ryan	M37 Jamaica Masters	7.19	7.09 90.13%	7.1879* MR
2 Andre Mitchell	M39 Nemean Lions	7.64	7.54 84.82%	8
3 Chad Kichula	M39 Excel Athletika	7.65	7.55 84.71%	8

* tied to the 10,000th...a real tie!

W35 60 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Sonia Lévesque	W38 Soulanges	9.09	9.00 77.01%	3
2 Monique Shah	W36 Unattached -	9.59	9.49 72.99%	3

M40 60 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Michel Courteau	M41 Soulanges	7.71	7.38 86.64%	7
2 Doug McLaren	M40 Unattached-S	7.83	7.50 85.31%	7
3 Martin Carrier	M44 Saint-Jean O	7.92	7.58 84.34%	7
4 Michel Tourville	M40 Saint-Jean O	8.10	7.76 82.47%	7
5 John Berardi	M41 Unattached -	8.15	7.80 81.96%	7

W40 60 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Jenn Bowers	W40 The Durham Gazelles	8.95	8.54 81.12%	3
2 Sandi Arnason	W43 Riversdale A	9.11	8.69 79.69%	3

W45 60 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Louise Bonneau	W46 Lachine	8.96	8.24 84.04%	2
2 Dala Bortolussi	W47 Indépendant	9.14	8.40 82.39%	2
3 Cathy Barry	W45 The Durham Gazelles	9.31	8.56 80.88%	2
4 Claudia Wagner	W46 Soulanges	10.25	9.42 73.46%	2
5 Rachel Fouladi	W48 Greyhounds T	11.35	10.43 66.34%	2

M45 60 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
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Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1	Rick Reynolds	M49	Jamaica Masters	8.08	7.50	85.27%	6
2	Paul Dowhos	M48	Unattached -	8.25	7.66	83.52%	6
3	Mario Huard	M47	Ottawa Lions	8.35	7.75	82.51%	6

M50 60 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Christopher Warburton	M50	Nemean Lions	7.44	6.69 95.56%	6 MR

W50 60 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Theresa Rozario	W51	UTTC	9.91	8.76 79.01%	3

W55 60 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading
1 Jill Gale	W57	Hamilton Eli	9.81	8.33 83.18%

W60 60 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading
1 Wendy Alexis	W60	Ottawa Lions	8.80	7.16 96.70%
2 Karla Del Grande	W62	Nemean Lions	9.05	7.36 94.03%

M60 60 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Kerry Smith	M62	Jamaica Masters	8.02	6.75 94.76%	5 MR
2 Ralph Cilevitz	M62	Jamaica Masters	9.35	7.86 81.28%	5
3 David Dickey	M62	Greyhounds T	9.69	8.15 78.43%	5

W65 60 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	
1 Deborah Lee	W65	Greyhounds T	10.59	8.24 84.04%	MR
2 Louise Nesterenko	W65	Calgary Spartans	12.09	9.41 73.61%	

M65 60 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Richard Lech	M68	Jamaica Masters	8.71	7.06 90.59%	5
2 Robert Morley	M68	Unattached -	9.02	7.31 87.47%	5
3 Bruce Mintz	M69	Edmonton Masters	9.47	7.68 83.32%	5

M70 60 Meter Dash 11:15am

Name	Age	Team	Finals	Age-Grading	H#
1 Peter Evans	M73	Jamaica Masters	9.46	7.36 86.89%	4
2 Jean-Louis Perez	M71	Indépendant	9.84	7.65 83.54%	4
3 Bruce Mitchell	M72	Brantford T.F.C.	10.49	8.16 78.36%	4

M75 60 Meter Dash 11:15am

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	H#
1 Peter Hanson	M78 Unattached	12.09	8.95 71.46%	4

W75 60 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading
1 Christa Bortignon	W79 Greyhounds T	10.35	7.19 96.33%
2 Judy Hammond	W78 New Zealand	11.79	8.19 84.56%

M80 60 Meter Dash 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Dev Sharma	M80 Unattached -	12.93	9.00 71.00%	4

M30 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Ian Chambers	M32 Phoenix Athl	23.92	23.93 80.77%	19
2 Christopher Wagner	M30 Unattached -	25.81	25.82 74.85%	19
3 Mark Tiburcio	M30 Unattached -	26.16	26.17 73.85%	18
4 Nathan Da Silva	M30 Unattached -	26.37	26.38 73.27%	18

M35 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Dree Ryan	M37 Jamaica Masters	23.43	23.05 83.82%	17 MR
2 Andre Mitchell	M39 Nemean Lions	24.74	24.34 79.39%	17
3 Chad Kichula	M39 Excel Athletika	25.15	24.75 78.09%	17
4 Dave Kervin	M38 Peterborough	25.60	25.19 76.72%	16
5 Erik Klein	M39 Saint John T	26.56	26.13 73.95%	16

W35 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Sonia Lévesque	W38 Soulanges	29.77	28.89 73.90%	5
2 Kem McLean	W35 Jamaica Masters	30.76	29.85 71.52%	5
3 Monique Shah	W36 Unattached -	33.12	32.14 66.43%	5

W40 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Violeta Garfunkel	W42 Blue Devils	28.85	26.96 79.17%	4 MR
2 Jenn Bowers	W40 The Durham Gazelles	31.08	29.04 73.49%	4
3 Sonia Santarossa	W44 UTTC	36.47	34.08 62.63%	4

M40 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Michel Courteau	M41 Soulanges	24.87	23.72 81.46%	15
2 Eric Quane	M40 The Durham Gazelles	28.08	26.78 72.15%	15
-- Otis Morgan	M40 Jamaica Masters	DQ		15

W45 200 Meter Dash 1:15pm

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	H#
1 Nancy Catton	W48 UTTC	29.32	26.34 81.04%	3
2 Louise Bonneau	W46 Lachine	30.04	26.99 79.09%	3
3 Jodi Rice	W46 Hamilton Eli	30.60	27.49 77.65%	3
4 Cathy Barry	W45 The Durham Gazelles	31.77	28.54 74.79%	3
5 Rachel Fouladi	W48 Greyhounds T	39.42	35.41 60.27%	3

M45 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Kevin Farr	M45 University of Wi	26.29	24.28 79.57%	14
2 Paul Dowhos	M48 Unattached -	27.44	25.35 76.24%	14
3 Sean Kapitain	M45 Unattached -	27.66	25.55 75.63%	14
4 Mario Huard	M47 Ottawa Lions	29.53	27.28 70.84%	13
5 Patrice Lauzon	M47 Saint-Jean O	32.28	29.82 64.81%	13

M50 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Christopher Warburton	M50 Nemean Lions	24.16	21.59 89.53%	12 MR
2 Serge Faucher	M51 Ottawa Lions	25.10	22.43 86.18%	12
3 David Turkstra	M50 Unattached -	26.14	23.36 82.75%	12
4 Andrew Bass	M54 Unattached -	27.27	24.37 79.32%	12
5 Ziad El-Hajj	M50 Enduromax	28.95	25.87 74.72%	12

W55 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Nicky Slovitt	W55 UTTC	40.45	33.42 63.86%	2

M55 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Mike Lee Foon	M55 Jamaica Masters	25.84	22.31 86.61%	11 MR
2 Mustapha Belgherbi	M56 Enduromax	27.72	23.94 80.74%	11
3 Mark Pinckard	M55 Kajaks Track	27.92	24.11 80.16%	11
4 Russell Unilowsky	M56 Unattached-Manitoba	28.08	24.25 79.70%	11
5 Marino Sani	M56 Unattached -	29.51	25.48 75.84%	10
6 Randy Robinson	M56 Ontario Mast	30.26	26.13 73.96%	11

M60 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Horace Hudson	M63 United State	29.04	24.20 79.86%	10
2 Ralph Cilevitz	M62 Jamaica Masters	32.42	27.02 71.53%	10

W60 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Wendy Alexis	W60 Ottawa Lions	30.19	23.86 89.47%	2

M65 200 Meter Dash 1:15pm

Name	Age Team	Finals	Age-Grading	H#
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Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1	Richard Lech	M68	Jamaica Masters	30.10	24.11	80.17%	9
2	Alexander Jozefacki	M65	Unattached -	31.03	24.85	77.76%	9
3	Bruce Mintz	M69	Edmonton Masters	31.63	25.33	76.29%	9
4	Bernard Lachance	M66	Saint-Jean O	32.25	25.83	74.82%	9
5	Duncan Greenshields	M67	UTTC	33.01	26.44	73.10%	9

M70 200 Meter Dash 1:15pm

Name	Age	Team	Finals	Age-Grading	H#	
1	Tony Powell	M72	UTTC	29.59	22.62 85.43%	8
2	Peter Evans	M73	Jamaica Masters	31.98	24.44 79.05%	8
3	Howard Booth	M72	United State	32.81	25.08 77.05%	8
4	Jean-Louis Perez	M71	Indépendant	33.68	25.74 75.06%	10
5	John Powell	M71	EtobicokeTC	44.54	34.04 56.76%	8

M75 200 Meter Dash 1:15pm

Name	Age	Team	Finals	Age-Grading	H#	
1	David Stern	M76	Jamaica Masters	34.14	24.64 78.44%	7
2	Vern Christensen	M75	UTTC	39.44	28.46 67.90%	7
3	Peter Hanson	M78	Unattached	53.92	38.91 49.67%	7

W75 200 Meter Dash 1:15pm

Name	Age	Team	Finals	Age-Grading
1	Christa Bortignon	W79	Greyhounds T	37.47 24.53 87.03%
2	Judy Hammond	W78	New Zealand	43.87 28.72 74.33%

W80 200 Meter Dash 1:15pm

Name	Age	Team	Finals	Age-Grading
1	Alice Cole	W82	Sherbrooke	44.82 26.26 81.30%

M30 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#	
1	Daniel Da Silva	M32	Unattached -	60.25	60.26 71.67%	13
2	Nathan Da Silva	M30	Unattached -	60.64	60.65 71.21%	13

M35 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#	
1	Deon Crawley	M35	Unattached -	56.59	54.64 79.04%	13

W35 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#	
1	Sonia Lévesque	W38	Soulanges	67.57	66.22 71.90%	4 MR

W40 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#	
1	Khama Beckles	W40	Unattached -	69.03	64.83 73.43%	4 MR

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

2	Eve La Rivière	W43	Saint-Jean O	77.68	72.95	65.25%	4
3	Julie Grenier	W44	Saint-Jean O	1:24.20	79.08	60.20%	4

M40 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#		
1	Otis Morgan	M40	Jamaica Masters	55.48	51.90	83.20%	12
2	Saleem Baksh	M44	Unattached -	58.98	55.17	78.26%	12
3	Louis Byrne	M44	Toronto Olym	64.01	59.88	72.11%	12
--	Abdelkrim Benazout	M43	Enduromax	DQ			12

M45 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#		
1	Mirco Graenert	M47	Newmarket HU	56.22	50.91	84.83%	11
2	Richard Reid	M47	Jamaica Masters	56.80	51.43	83.96%	11
3	Kevin Farr	M45	University of Wi	57.30	51.88	83.23%	11

W45 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#		
1	Nancy Catton	W48	UTTC	66.00	59.29	80.29%	3
2	Jodi Rice	W46	Hamilton Eli	67.88	60.98	78.06%	3
3	Claudia Wagner	W46	Soulanges	74.62	67.04	71.01%	3
4	Heather Driscoll	W46	Blue Devils	76.52	68.74	69.25%	2
5	Anke Graenert	W49	Newmarket HU	78.20	70.25	67.76%	2
6	Rachel Fouladi	W48	Greyhounds T	1:25.50	76.81	61.98%	2

M50 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#		
1	Serge Faucher	M51	Ottawa Lions	55.95	48.98	88.17%	10 MR
2	Christopher Warburton	M50	Nemean Lions	59.84	52.39	82.44%	10
3	Andrew Bass	M54	Unattached -	60.04	52.56	82.16%	9
4	Ziad El-Hajj	M50	Enduromax	60.48	52.95	81.56%	9
5	Rey Espiritu	M51	Unattached -	64.13	56.14	76.92%	9
--	Anthony MacIsaac	M51	UTTC	DQ			10

M55 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#		
1	Mark Pinckard	M55	Kajaks Track	60.43	51.09	84.53%	8
2	Mustapha Belgherbi	M56	Enduromax	60.67	51.30	84.19%	8
3	Russell Unilowsky	M56	Unattached-Manitoba	65.13	55.07	78.43%	8

W55 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading		
1	Joy Kramarich	W55	UTTC	1:20.80	65.99	72.13%
2	Nicky Slovitt	W55	UTTC	1:30.73	74.10	64.23%

M60 400 Meter Dash 11:45am

Name	Age	Team	Finals	Age-Grading	H#
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Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1 Steven Millward	M60 Niagara Olym	65.47	53.39	80.89%	7
2 John Albert	M60 Phoenix Athl	65.49	53.41	80.87%	7
3 Horace Hudson	M63 United State	66.01	53.83	80.23%	7

W60 400 Meter Dash 11:45am

Name	Age Team	Finals	Age-Grading
1 Karla Del Grande	W62 Nemean Lions	71.04	54.81 86.85%

M65 400 Meter Dash 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Duncan Greenshields	M67 UTTC	72.88	57.11 75.60%	6
2 Bruce Mintz	M69 Edmonton Masters	72.90	57.13 75.58%	6
3 Bernard Lachance	M66 Saint-Jean O	73.52	57.62 74.95%	6
4 Ken Hamilton	M66 Newmarket HU	73.63	57.70 74.83%	6

M70 400 Meter Dash 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Jean-Louis Perez	M71 Indépendant	76.95	57.41 75.22%	5 MR
2 Gary McColeman	M74 UTTC	1:30.24	67.32 64.14%	5

M75 400 Meter Dash 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Vern Christensen	M75 UTTC	1:25.64	59.82 72.20%	5

W80 400 Meter Dash 11:45am

Name	Age Team	Finals	Age-Grading
1 Alice Cole	W82 Sherbrooke	1:53.65	57.13 83.33%

M85 400 Meter Dash 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Earl Fee	M86 Unattached -	1:25.74	47.57 90.77%	5 MR

M30 800 Meter Run 11:40am

Name	Age Team	Finals	Age-Grading	H#
1 Robert Kay	M33 Longboat RR	2:19.25	2:19.26 72.61%	4
2 Nathan Da Silva	M30 Unattached -	2:30.70	2:30.71 67.09%	4

M35 800 Meter Run 11:40am

Name	Age Team	Finals	Age-Grading	H#
1 Bryan Lemire	M37 Ontario Mast	2:16.24	2:15.11 74.84%	4
2 Thomas Bok	M35 UTTC	2:19.16	2:18.01 73.27%	4

W35 800 Meter Run 11:40am

Name	Age Team	Finals	Age-Grading
1 Tanya Sakharov	W35 Boardwalk RC	2:33.98	2:33.23 73.93% MR

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M40 800 Meter Run 11:40am**

Name	Age	Team	Finals	Age-Grading	H#
1 Abdelkrim Benazout	M43	Enduromax	2:07.90	2:02.28 82.69%	4
2 Michal Kapral	M43	UTTC	2:08.23	2:02.59 82.48%	4

W40 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Michelle Clarke	W41	Longboat Roa	2:34.99	2:27.82 76.64%	MR
2 Amy Ballon	W44	UTTC	2:36.07	2:28.85 76.11%	
3 Eve La Rivière	W43	Saint-Jean O	3:04.82	2:56.27 64.27%	
4 Julie Grenier	W44	Saint-Jean O	3:13.15	3:04.21 61.50%	

M45 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Claude Faucher	M48	Unattached N	2:08.76	1:58.50 85.33%	4
2 Mirco Graenert	M47	Newmarket HU	2:12.40	2:01.85 82.98%	4
3 Robert Muir	M48	Ottawa Lions	2:17.63	2:06.67 79.83%	4
4 Aidan Purnell	M47	Unattached -	2:40.01	2:27.26 68.66%	4

W45 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Anke Graenert	W49	Newmarket HU	3:02.41	2:46.42 68.07%	
2 Rachel Fouladi	W48	Greyhounds T	3:17.14	2:59.86 62.99%	

M50 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Anthony MacIsaac	M51	UTTC	2:10.59	1:55.54 87.52%	3
2 Geoff Peat	M52	Newmarket HU	2:11.07	1:55.96 87.20%	3
3 Ziad El-Hajj	M50	Enduromax	2:22.51	2:06.08 80.20%	3
4 James Wallace	M53	UTTC	2:26.43	2:09.55 78.05%	3
5 Mark Duff	M54	Boardwalk RC	2:29.67	2:12.42 76.36%	3

W50 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Heather O'Hagan	W54	UTTC	2:41.18	2:20.38 80.70%	

W55 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Joy Kramarich	W55	UTTC	3:03.53	2:32.24 74.41%	

M55 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Mark Pinckard	M55	Kajaks Track	2:18.25	1:57.38 86.14%	3 MR
2 Mustapha Belgherbi	M56	Enduromax	2:19.91	1:58.79 85.12%	3
3 John Comerford	M59	UTTC	3:01.15	2:33.80 65.74%	3

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M60 800 Meter Run 11:40am**

Name	Age	Team	Finals	Age-Grading	H#
1 John Albert	M60	Phoenix Athl	2:27.83	2:00.24 84.10%	2 MR
2 John Helliker	M64	UTTC	2:28.42	2:00.72 83.76%	2
3 Anthony Farr	M61	UTTC	2:49.16	2:17.58 73.49%	2

W60 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Frances Enchin	W64	UTTC	3:36.56	2:49.96 66.65%	MR

M65 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Ken Hamilton	M66	Newmarket HU	2:50.08	2:12.26 76.45%	2
2 Norman Creen	M65	UTTC	2:54.60	2:15.77 74.47%	2
3 Tim Payne	M66	Newmarket HU	3:10.40	2:28.06 68.29%	2

M70 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Jean-Louis Perez	M71	Indépendant	2:56.06	2:10.64 77.40%	2

M75 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Chris Mackie	M75	Unattached -	2:49.68	1:57.49 86.06%	2 MR
2 Steffen Kampe	M79	Unattached -	4:31.59	3:08.05 53.77%	2

M80 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Donald Banks	M82	Longboat Roa	3:44.91	2:21.27 71.58%	2

W80 800 Meter Run 11:40am

Name	Age	Team	Finals	Age-Grading	H#
1 Alice Cole	W82	Sherbrooke	4:02.58	2:06.63 89.46%	

M30 1500 Meter Run 12:30pm

Name	Age	Team	Finals	Age-Grading	H#
1 Robert Kay	M33	Longboat RR	4:51.41	4:51.42 70.69%	5
2 Craig Thompson	M33	Unattached -	5:09.44	5:09.45 66.57%	5

W30 1500 Meter Run 12:30pm

Name	Age	Team	Finals	Age-Grading	H#
1 Kelly Fitzsimmons	W30	Unattached -	5:13.76	5:13.77 74.09%	

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 1500 Meter Run 12:30pm**

Name	Age Team	Finals	Age-Grading
1 Tanya Sakharov	W35 Boardwalk RC	5:18.62	5:14.55 73.91%

M35 1500 Meter Run 12:30pm

Name	Age Team	Finals	Age-Grading	H#
1 Bryan Lemire	M37 Ontario Mast	4:47.32	4:44.83 72.33%	5
2 Thomas Bok	M35 UTTC	4:59.04	4:56.44 69.49%	5

W40 1500 Meter Run 12:30pm

Name	Age Team	Finals	Age-Grading
1 Michelle Clarke	W41 Longboat Roa	5:07.14	4:50.47 80.04%
2 Amy Ballon	W44 UTTC	5:18.14	5:00.87 77.27%

M40 1500 Meter Run 12:30pm

Name	Age Team	Finals	Age-Grading	H#
1 Chris Watson	M41 Muskoka Algo	4:31.85	4:18.78 79.61%	5
2 Darryl Barber	M44 Unattached -	4:49.16	4:35.26 74.84%	5
3 Dale Gommier	M40 Unattached -	5:16.08	5:00.88 68.47%	5

W45 1500 Meter Run 12:30pm

Name	Age Team	Finals	Age-Grading
1 Rachel Fouladi	W48 Greyhounds T	6:26.47	5:49.45 66.53%
2 Aura Reynoso	W49 Newmarket HU	6:38.58	6:00.40 64.50%

M45 1500 Meter Run 12:30pm

Name	Age Team	Finals	Age-Grading	H#
1 Claude Faucher	M48 Unattached N	4:40.69	4:16.13 80.43%	5
2 Robert Muir	M48 Ottawa Lions	4:44.73	4:19.82 79.29%	5
3 Ekholm Whyte	M48 Unattached -	4:53.52	4:27.84 76.91%	5
4 Gary G Cassel	M48 Unattached -	4:58.07	4:31.99 75.74%	5

M50 1500 Meter Run 12:30pm

Name	Age Team	Finals	Age-Grading	H#
1 Geoff Peat	M52 Newmarket HU	4:29.87	3:55.63 87.43%	4
2 Vince Friel	M53 Unattached -	4:31.71	3:57.24 86.84%	4
3 Mark Sterling	M50 UTTC	4:53.01	4:15.83 80.52%	4
4 Ziad El-Hajj	M50 Enduromax	5:06.15	4:27.30 77.07%	4
5 Jianping Xu	M50 Harbour Track	5:06.62	4:27.71 76.95%	4
6 Robert Blair	M52 Newmarket HU	5:06.64	4:27.73 76.94%	4
7 Mark Duff	M54 Boardwalk RC	5:07.63	4:28.60 76.70%	4
8 Scott Lockhart	M53 Unattached -	5:09.93	4:30.60 76.13%	4
9 Kevin Gallagher	M51 Longboat Roa	5:23.54	4:42.49 72.92%	4

M55 1500 Meter Run 12:30pm

Name	Age Team	Finals	Age-Grading	H#
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Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1	Mark Pinckard	M55 Kajaks Track	4:57.07	4:07.67	83.18%	3
2	James Freemantle	M57 Newmarket HU	5:24.32	4:30.39	76.19%	3
3	Walter Faion	M55 UTTC	5:40.99	4:44.29	72.46%	3

M60 1500 Meter Run 12:30pm

Name	Age	Team	Finals	Age-Grading	H#
1 John Helliker	M64	UTTC	4:59.83	3:58.04 86.54%	3
2 John Clarke	M64	East Toronto	5:14.72	4:09.86 82.45%	3
3 Ted Paget	M64	Newmarket HU	5:39.86	4:29.82 76.35%	3

W60 1500 Meter Run 12:30pm

Name	Age	Team	Finals	Age-Grading	H#
1 Lynn Kobayashi	W60	UTTC	6:15.61	4:51.44 79.77%	MR
2 Clara Northcott	W61	UTTC	6:25.03	4:58.75 77.81%	

M65 1500 Meter Run 12:30pm

Name	Age	Team	Finals	Age-Grading	H#
1 Ken Hamilton	M66	Newmarket HU	5:47.24	4:21.44 78.80%	2
2 Tim Payne	M66	Newmarket HU	6:35.78	4:57.99 69.13%	2

M70 1500 Meter Run 12:30pm

Name	Age	Team	Finals	Age-Grading	H#
1 Michel Gingras	M71	Saint-Jean O	5:56.76	4:12.56 81.57%	2

M75 1500 Meter Run 12:30pm

Name	Age	Team	Finals	Age-Grading	H#
1 Chris Mackie	M75	Unattached -	5:51.97	3:50.76 89.27%	2 MR
2 Robert Moore	M75	Toronto Olym	7:04.46	4:38.28 74.03%	2

M85 1500 Meter Run 12:30pm

Name	Age	Team	Finals	Age-Grading	H#
1 Ed Whitlock	M85	Unattached -	6:38.87	3:24.27 100.85%	WR
(old WR 7:18 Holger Joseffson SWE 2004, old CAN 8:52 Harry Thompson BC 2010)					

W30 3000 Meter Run - Richard Graves Memorial

Name	Age	Team	Finals	Age-Grading	H#
1 Kelly Fitzsimmons	W30	Unattached -	11:38.62	11:38.63 71.77%	MR

M35 3000 Meter Run Richard Grav

Name	Age	Team	Finals	Age-Grading	H#
1 Bernie Hogan	M35	Ontario Mast	9:48.27	9:48.28 74.80%	3
2 Bryan Lemire	M37	Ontario Mast	10:29.12	10:29.13 69.94%	3
3 Addison Hung	M35	Ontario Mast	11:23.66	11:23.67 64.36%	3

W35 3000 Meter Run Richard Grav

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading
1 Carrie Byer	W37 Unattached -	11:20.77	11:11.31 74.69%

W40 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading
1 Michelle Clarke	W41 Longboat Roa	11:02.99	10:33.36 79.17%

M40 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading	H#
1 Predrag Mladenovic	M43 Unattached -	9:09.95	8:50.82 82.89%	3
2 Chris Watson	M41 Muskoka Algo	9:38.47	9:18.34 78.80%	3
3 Erik Loponen	M42 Longboat Roa	11:40.66	11:16.28 65.06%	3
4 Ben Kong	M40 Jamaica Masters	15:40.18	15:07.47 48.49%	3

M45 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading	H#
1 Robert Muir	M48 Ottawa Lions	10:29.93	9:46.09 75.07%	3
2 Ekholm Whyte	M48 Unattached -	10:47.34	10:02.29 73.05%	3
3 Gary G Cassel	M48 Unattached -	11:11.49	10:24.76 70.43%	3

W45 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading
1 Claudia Wagner	W46 Soulanges	12:18.53	11:09.93 74.85%
2 Rachel Fouladi	W48 Greyhounds T	13:31.35	12:15.98 68.13%

M50 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading	H#
1 Mark Sterling	M50 UTTC	10:31.60	9:25.67 77.78%	3
2 Christopher Webb	M50 Unattached -	10:48.18	9:40.52 75.80%	3
3 Robert Hanks	M53 Longboat Roa	10:48.22	9:40.55 75.79%	3
4 Kevin Gallagher	M51 Longboat Roa	11:25.57	10:14.00 71.66%	3

M55 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading	H#
1 Stuart Galloway	M55 UTTC	9:42.22	8:21.18 87.79%	2 CAN
Old CAN 9:53 Jerry Kooymans ON 2013)				
2 Walter Faion	M55 UTTC	11:53.42	10:14.12 71.65%	2

M60 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading	H#
1 John Clarke	M64 East Toronto	11:04.14	9:08.58 80.21%	2
2 Jim Rawling	M60 Longboat Roa	11:46.32	9:43.43 75.42%	2
3 Anthony Farr	M61 UTTC	12:04.47	9:58.42 73.53%	2
-- Dave Olsen	M60 Unattached-S	DNF		2

W60 3000 Meter Run Richard Grav

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	
1 Lynn Kobayashi	W60 UTTC	13:22.56	9:57.11 83.98%	MR
2 Clara Northcott	W61 UTTC	13:33.15	10:04.99 82.88%	

M65 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading	H#
1 Richard Bailey	M68 Longboat Roa	11:45.61	9:17.30 78.95%	2
2 Ken Hamilton	M66 Newmarket HU	12:05.41	9:32.93 76.80%	2
3 Bert De Vries	M69 Longboat Roa	13:55.74	11:00.07 66.66%	2

M70 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading	H#
1 Michel Gingras	M71 Saint-Jean O	12:32.31	9:23.26 78.12%	2
2 Roy Collins	M72 Unattached -	13:39.73	10:13.74 71.69%	2
-- Brian Drewett	M74 Unattached -	DNF		2

M75 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading	
1 Chris Mackie	M75 Unattached -	12:50.00	8:57.93 81.80%	MR
2 Robert Moore	M75 Toronto Olym	14:29.71	10:07.58 72.42%	
3 Jack Geddes	M78 Unattached -	15:46.73	11:01.39 66.53%	

M80 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading
1 Donald Banks	M82 Longboat Roa	17:00.94	10:48.00 67.90%

M85 3000 Meter Run Richard Grav

Name	Age Team	Finals	Age-Grading	
1 Ed Whitlock	M85 Unattached -	13:41.96	7:33.32 97.06%	WR
(old WR 15:46 Hugh Campbell USA 2013, old CAN 20:15 Les Leyland BC 2003)				

M35 50 Meter Hurdles 10:45am

Name	Age Team	Finals	Age-Grading	H#
1 David Valenzuela	M39 Unattached -	7.55	7.33 85.30%	2

M40 50 Meter Hurdles 10:45am

Name	Age Team	Finals	Age-Grading	H#
1 Doug McLaren	M40 Unattached-S	7.70	7.17 87.14%	CAN
(old CAN 8.15 Neil Sander MB 1990)				
2 Ovidiu Negoita	M44 Jamaica Masters	9.09	8.47 73.82%	2

M45 50 Meter Hurdles 10:45am

Name	Age Team	Finals	Age-Grading	H#
1 Yannick Le Mouël	M48 Saint-Jean O	7.75	6.93 90.19%	2 CAN
Yannick TIED his own CAN from last year's meet)				

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 50 Meter Hurdles 10:45am**

Name	Age Team	Finals	Age-Grading	
1 Rachel Fouladi (no previous CAN record)	W48 Greyhounds T	13.42	11.61 56.71%	CAN

M55 50 Meter Hurdles 10:45am

Name	Age Team	Finals	Age-Grading	H#
1 Mark Williamson	M58 United State	8.38	7.09 88.19%	2
2 Dale Lawrence	M58 Unattached-S	9.63	8.15 76.74%	2

M60 50 Meter Hurdles 10:45am

Name	Age Team	Finals	Age-Grading
1 Ralph Cilevitz	M62 Jamaica Masters	9.86	8.32 75.15%
2 David Dickey	M62 Greyhounds T	9.91	8.36 74.77%

M65 50 Meter Hurdles 10:45am

Name	Age Team	Finals	Age-Grading	
1 Richard Lech (old CAN 9.24 Richard in 2013)	M68 Jamaica Masters	9.21	7.01 89.25%	CAN
2 Bernard Lachance	M66 Saint-Jean O	13.13	9.99 62.60%	

W65 50 Meter Hurdles 10:45am

Name	Age Team	Finals	Age-Grading	
1 Deborah Lee (no previous CAN reord)	W65 Greyhounds T	11.11	7.99 82.45%	CAN

M70 50 Meter Hurdles 10:45am

Name	Age Team	Finals	Age-Grading	
1 Roland Delhomeau	M71 Saskatoon CE	11.93	8.81 71.00%	MR

W40 60 Meter Hurdles 10:30am

Name	Age Team	Finals	Age-Grading	H#
1 Nicole Luke	W43 Ultimate Bod	10.46	9.48 81.17%	2 MR

M40 60 Meter Hurdles 10:30am

Name	Age Team	Finals	Age-Grading	
1 Doug McLaren (old CAN 8.97 Yannick Le Mouël PQ 2012)	M40 Unattached-S	8.87	8.40 86.92%	CAN
2 Ovidiu Negoita	M44 Jamaica Masters	10.98	10.40 70.22%	

W45 60 Meter Hurdles 10:30am

Name	Age Team	Finals	Age-Grading	H#
1 Rachel Fouladi	W48 Greyhounds T	16.35	14.66 52.48%	2

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 60 Meter Hurdles 10:30am**

Name	Age Team	Finals	Age-Grading
1 Yannick Le Mouël	M48 Saint-Jean O	9.04	8.23 88.83%

M55 60 Meter Hurdles 10:30am

Name	Age Team	Finals	Age-Grading	H#
1 Dale Lawrence	M58 Unattached-S	11.71	10.02 72.93%	2
2 Mark Williamson	M58 United State	15.25	13.04 56.00%	2

M60 60 Meter Hurdles 10:30am

Name	Age Team	Finals	Age-Grading
1 Ward Hazen	M61 Ontario Mast	9.74	8.10 90.14%
2 Ralph Cilevitz	M62 Jamaica Masters	13.35	11.10 65.77%

M65 60 Meter Hurdles 10:30am

Name	Age Team	Finals	Age-Grading
1 Richard Lech	M68 Jamaica Masters	11.17	8.87 82.27%
2 Bernard Lachance	M66 Saint-Jean O	16.21	12.88 56.69%

W65 60 Meter Hurdles 10:30am

Name	Age Team	Finals	Age-Grading	H#
1 Deborah Lee	W65 Greyhounds T	13.30	10.06 76.47%	MR

M70 60 Meter Hurdles 10:30am

Name	Age Team	Finals	Age-Grading	H#
1 Howard Booth	M72 United State	12.73	9.82 74.31%	2 MR

W35 4x400 Meter Relay 1:00pm

Team	Finals
1 Unattached - 'A' 1) Jodi Rice 46 3) Tanya Sakharov 35 (old CAN 4:49 Felix, Jolicoeur, Freeman, Thompson 2007)	4:34.74 CAN MR 2) Louise Bonneau 46 4) Nancy Catton 48

M70 4x400 Meter Relay 1:00pm

Team	Finals
1 Unattached - Ontario 'A' 1) Vern Christensen 75 3) Chris Mackie 75	6:02.70 2) Gary McColeman 74 4) Ed Whitlock 85

M35 High Jump 10:00am

Name	Age Team	Finals	Age-Grading
1 Richard White	M35 United State	1.95m	2.00m 81.59% MR

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

2 David Valenzuela M39 Unattached - 1.80m 1.84m 75.31%

M40 High Jump 10:00am

Name	Age	Team	Finals	Age-Grading
1 Ovidiu Negoita	M44	Jamaica Masters	1.65m	1.73m 70.51%
1 Doug McLaren	M40	Unattached-S	1.65m	1.73m 70.51%
3 Jasbir Singh Hundal	M42	Jamaica Masters	1.30m	1.36m 55.56%

W40 High Jump 10:00am

Name	Age	Team	Finals	Age-Grading
1 Sandi Arnason	W43	Riversdale A	1.39m	1.53m 73.54%

M45 High Jump 10:00am

Name	Age	Team	Finals	Age-Grading
1 Shawn Folkes	M47	Ontario Mast	1.70m	1.87m 76.58% MR

M50 High Jump 10:00am

Name	Age	Team	Finals	Age-Grading
1 David Turkstra	M50	Unattached -	1.60m	1.85m 75.83% MR
2 Guy Stockard	M50	United State	1.50m	1.74m 71.09%

M55 High Jump 10:00am

Name	Age	Team	Finals	Age-Grading
1 Mark Williamson	M58	United State	1.65m	2.02m 82.50% MR
2 John Comerford	M59	UTTC	1.35m	1.65m 67.50%
3 Mark Schaber	M57	Unattached -	1.30m	1.59m 65.00%
3 Rick Stanclik	M57	Unattached -	1.30m	1.59m 65.00%
5 Robert Stanclik	M59	Unattached -	1.25m	1.53m 62.50%

M60 High Jump 10:00am

Name	Age	Team	Finals	Age-Grading
1 Thevarajan Sinnathurai	M62	United T.S.C.	1.34m	1.74m 71.28%
2 David Dickey	M62	Greyhounds T	1.24m	1.61m 65.96%
3 Ralph Cilevitz	M62	Jamaica Masters	1.04m	1.35m 55.32%

M65 High Jump 10:00am

Name	Age	Team	Finals	Age-Grading
1 Barry Murphy	M68	Unattached -	1.19m	1.65m 67.23%

W65 High Jump 10:00am

Name	Age	Team	Finals	Age-Grading
1 Deborah Lee	W65	Greyhounds T	1.14m	1.67m 80.28% MR
2 Louise Nesterenko	W65	Calgary Spartans	0.99m	1.45m 69.72%
-- Patty Franke Wager	W65	Unattached -	NH	

M70 High Jump 10:00am

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading
1 Roland Delhomeau	M71 Saskatoon CE	1.24m	1.83m 75.15%
2 Ian Anderson	M73 UTTC	0.94m	1.39m 56.97%

W75 High Jump 10:00am

Name	Age Team	Finals	Age-Grading
1 Judy Hammond	W78 New Zealand	0.99m	1.69m 81.15%

M80 High Jump 10:00am

Name	Age Team	Finals	Age-Grading
1 Ted Rowan (CAN is Ted's 1.15m)	M82 Saskatoon CE	1.14m	1.96m 80.28%
2 Jim Blair	M84 New Zealand	1.09m	1.87m 76.76%

M45 Pole Vault 10:00am

Name	Age Team	Finals	Age-Grading
1 Yannick Le Mouël	M48 Saint-Jean O	4.02m	4.61m 75.14% MR
2 Paul White	M49 Ontario Mast	3.20m	3.67m 59.81%

M55 Pole Vault 10:00am

Name	Age Team	Finals	Age-Grading
1 Mark Schaber	M57 Unattached -	3.20m	4.21m 68.67%

M70 Pole Vault 10:00am

Name	Age Team	Finals	Age-Grading
1 Howard Booth	M72 United State	2.75m	4.66m 75.97% MR

M30 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Chris Wrobel	M34 Unattached -	4.92m	4.92m 54.97%

W35 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Kem McLean	W35 Jamaica Masters	3.61m	3.79m 50.42% MR

M40 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Doug McLaren	M40 Unattached-S	5.49m	5.98m 66.87%
2 Ovidiu Negoita	M44 Jamaica Masters	4.76m	5.18m 57.98%
3 Jasbir Singh Hundal	M42 Jamaica Masters	4.40m	4.79m 53.59%

W40 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
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Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1 Sandi Arnason W43 Riversdale A 4.28m 4.75m 63.22%

M45 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Yannick Le Mouël	M48 Saint-Jean O	5.79m	6.68m 74.71%
2 Matthew Beechey	M45 Laurel Creek	4.25m	4.90m 54.84%

M50 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Andrew Bass	M54 Unattached -	4.99m	6.13m 68.54%

W50 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Theresa Rozario	W51 UTTC	3.00m	3.76m 50.00%

M55 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Dale Lawrence	M58 Unattached-S	4.57m	5.99m 67.01%

W55 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Cindy Burt	W55 Durham Dragons A	2.78m	3.72m 49.55%

M60 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Ralph Cilevitz	M62 Jamaica Masters	4.32m	6.08m 67.92%

W65 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Deborah Lee	W65 Greyhounds T	3.33m	5.18m 68.94% MR
2 Louise Nesterenko	W65 Calgary Spartans	2.39m	3.71m 49.48%

M70 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Howard Booth	M72 United State	3.72m	6.13m 68.51% MR

M75 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
1 Enrico Toscano	M75 Throwers Club	1.87m	3.36m 37.63%

W75 Long Jump 11:15am

Name	Age Team	Finals	Age-Grading
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Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1	Christa Bortignon	W79 Greyhounds T	3.31m	6.18m	82.34%
2	Judy Hammond	W78 New Zealand	2.89m	5.40m	71.89%

M30 Triple Jump 11:45am

Name	Age	Team	Finals	Age-Grading
1 Chris Wrobel	M34	Unattached -	10.67m	10.67m 58.34% MR

W40 Triple Jump 11:45am

Name	Age	Team	Finals	Age-Grading
1 Sandi Arnason	W43	Riversdale A	8.56m	9.22m 59.53%

M40 Triple Jump 11:45am

Name	Age	Team	Finals	Age-Grading
1 Jack Pontes	M44	Jamaica Masters	11.59m	12.32m 67.38%
2 Ovidiu Negoita	M44	Jamaica Masters	11.11m	11.81m 64.59%
3 Jasbir Singh Hundal	M42	Jamaica Masters	9.23m	9.81m 53.66%

W45 Triple Jump 11:45am

Name	Age	Team	Finals	Age-Grading
1 Rachel Fouladi	W48	Greyhounds T	6.60m	7.55m 48.74% MR

M55 Triple Jump 11:45am

Name	Age	Team	Finals	Age-Grading
1 Mihai Ene	M55	Unattached - Ont	11.20m	14.33m 78.38% CAN MR
(old CAN 11.04 Thevarajan Sinnathurai ON 2012)				
2 Robert Nasato	M55	Jamaica Masters	10.45m	13.37m 73.13%
3 Dale Lawrence	M58	Unattached-S	9.32m	11.92m 65.22%
4 Bryan Baldsing	M58	Jamaica Masters	7.90m	10.10m 55.28%

M60 Triple Jump 11:45am

Name	Age	Team	Finals	Age-Grading
1 Thevarajan Sinnathurai	M62	United T.S.C.	10.15m	13.92m 76.14%
2 David Dickey	M62	Greyhounds T	8.66m	11.88m 64.97%
3 Ralph Cilevitz	M62	Jamaica Masters	8.53m	11.70m 63.99%

W65 Triple Jump 11:45am

Name	Age	Team	Finals	Age-Grading
1 Deborah Lee	W65	Greyhounds T	7.35m	11.18m 72.13% MR
2 Patty Franke Wager	W65	Unattached -	3.38m	5.14m 33.17%

M70 Triple Jump 11:45am

Name	Age	Team	Finals	Age-Grading
1 Roland Delhomeau	M71	Saskatoon CE	7.12m	11.43m 62.51%

W75 Triple Jump 11:45am

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading
1 Christa Bortignon	W79 Greyhounds T	7.25m	13.89m 89.62%

W35 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Marie-Josée Le Jour	W37 Throwers Club	11.57m	11.99m 53.00% MR
2 Monique Shah	W36 Unattached -	5.24m	5.43m 24.00%

M40 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Ovidiu Negoita	M44 Jamaica Masters	9.29m	10.34m 44.75%
2 Eric Quane	M40 The Durham Gazelles	8.51m	9.47m 40.99%
3 Jasbir Singh Hundal	M42 Jamaica Masters	8.45m	9.41m 40.70%

M50 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Manoharan Sethukavalar	M50 Unattached -	11.27m	13.20m 57.12%

M55 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Danny Yoisten	M56 Ontario Mast	11.75m	14.92m 64.56%
2 Raj Kumar	M55 Unattached -	11.54m	14.66m 63.41%
3 Muraleetharan Arulpiraga	M56 Unattached -	9.51m	12.08m 52.25%

W55 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Elizabeth Hill	W55 Kingston Tra	10.93m	14.98m 66.20% CAN MR
(old CAN 10.78 Debbie Murfitt ON 2013)			

M60 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M63 Throwers Club	11.46m	14.30m 61.88%
2 Harbans Cheema	M61 Unattached -	10.44m	13.03m 56.37%
3 Ralph Shapiro	M64 Throwers Club	9.82m	12.25m 53.02%

W60 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Jane Warren	W60 Unattached N	5.75m	8.63m 38.16%
2 Sherry Watts	W62 London Pacers	5.55m	8.33m 36.83%

M65 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Tim Cederblad	M65 United State	13.02m	17.71m 76.63% MR
2 Jerzy Wyroba	M66 Unattached -	10.58m	14.39m 62.27%
3 Brock Pullen	M66 Throwers Club	9.06m	12.32m 53.33%

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Shot Put 10:00am**

Name	Age Team	Finals	Age-Grading
1 Joanne Miklos Den Iseger	W69 London Pacers	6.26m	10.39m 45.93%
2 Louise Nesterenko	W65 Calgary Spartans	J6.26m	10.39m 45.93%
3 Patty Franke Wager	W65 Unattached -	5.39m	8.94m 39.55%

M70 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 John Kasperski	M72 Throwers Club	11.53m	14.76m 63.88%
2 Gary McColeman	M74 UTTC	6.20m	7.93m 34.35%

M75 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 David Morris	M77 Throwers Club	8.71m	12.18m 52.72%
2 Peter Hanson	M78 Unattached	8.51m	11.90m 51.51%
3 James Sumner	M77 Unattached -	8.18m	11.44m 49.52%
4 Enrico Toscano	M75 Throwers Club	6.11m	8.54m 36.99%

W75 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Christa Bortignon	W79 Greyhounds T	7.08m	12.97m 57.33%

M80 Shot Put 10:00am

Name	Age Team	Finals	Age-Grading
1 Jim Blair	M84 New Zealand	7.80m	11.74m 50.78%

W35 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Marie-Josée Le Jour	W37 Throwers Club	15.19m	16.59m 70.29%

M40 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Jasbir Singh Hundal	M42 Jamaica Masters	6.17m	6.72m 26.00%
2 Ovidiu Negoita	M44 Jamaica Masters	6.07m	6.61m 25.58%

M50 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Thomas Lambdin	M54 United State	14.11m	14.79m 57.22%
2 Manoharan Sethukavalar	M50 Unattached -	11.43m	11.98m 46.35%

W50 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Theresa Rozario	W51 UTTC	7.01m	8.28m 35.12%

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 Weight Throw Last event**

Name	Age Team	Finals	Age-Grading
1 Elizabeth Hill	W55 Kingston Tra	11.36m	14.67m 62.18%
(old CAN 10.68 Liz McBlain AB 2003)			

M55 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Ayman Mazhar	M56 UTTC	16.36m	18.36m 71.01%

M60 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M63 Throwers Club	12.40m	12.92m 49.98%
2 Harbans Cheema	M61 Unattached -	9.11m	9.49m 36.72%

W60 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Jane Warren	W60 Unattached N	6.00m	7.26m 30.79%

M65 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Tim Cederblad	M65 United State	14.99m	16.71m 64.64%
2 Brock Pullen	M66 Throwers Club	11.36m	12.66m 48.99%

W65 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Louise Nesterenko	W65 Calgary Spartans	6.95m	9.21m 39.04%
2 Patty Franke Wager	W65 Unattached -	5.66m	7.50m 31.80%

M70 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 John Kasperski	M72 Throwers Club	15.27m	17.42m 67.36%

M75 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 David Morris	M77 Throwers Club	11.36m	13.95m 53.97%
2 Enrico Toscano	M75 Throwers Club	6.81m	8.36m 32.35%

M80 Weight Throw Last event

Name	Age Team	Finals	Age-Grading
1 Emil Muller	M80 Throwers Club	14.66m	19.12m 73.93%
(CAN 14.67 Emil 2015)			
2 Jim Blair	M84 New Zealand	8.38m	10.93m 42.26%

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 1000 Meter Run Indoor Pentathlon**

Name	Age Team	Finals	Age-Grading Points
1 Fernando Cornejo	M36 Unattached -	4:08.54	4:06.76 52.89% 163

M40 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Doug McLaren	M40 Unattached-S	3:32.28	3:22.46 64.46% 461

M45 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Kasper Hinds	M47 Ontario Mast	3:36.98	3:18.45 65.76% 495
2 Paul White	M49 Ontario Mast	4:27.38	4:04.55 53.37% 174

M60 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Bruce Urch	M61 Throwers Club	3:53.05	3:05.70 70.28% 609
2 David Dickey	M62 Greyhounds T	3:56.84	3:08.72 69.15% 581

M65 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Peter Zowkewych	M65 UTTC	4:40.04	3:31.74 61.63% 387

M70 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Roland Delhomeau	M71 Saskatoon CE	4:33.85	3:14.74 67.01% 527

M35 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Fernando Cornejo	M36 Unattached -	12.26	12.07 60.52% 218

M40 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Doug McLaren	M40 Unattached-S	9.07	8.59 85.01% 839

M45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Kasper Hinds	M47 Ontario Mast	11.29	10.27 71.12% 491
2 Paul White	M49 Ontario Mast	11.37	10.34 70.62% 479

M60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Bruce Urch	M61 Throwers Club	12.51	10.40 70.18% 468

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

2 David Dickey	M62 Greyhounds T	12.62	10.49	69.57%	452
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M65 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M65 UTTC	12.37	9.83 74.29%	574

M70 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M71 Saskatoon CE	14.47	11.17 65.38%	342

M35 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Fernando Cornejo	M36 Unattached -	1.37m	1.40m 57.32%	317

M40 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Doug McLaren	M40 Unattached-S	1.58m	1.65m 67.52%	504

M45 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M47 Ontario Mast	1.49m	1.64m 67.12%	496
2 Paul White	M49 Ontario Mast	1.43m	1.57m 64.41%	441

M60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bruce Urch	M61 Throwers Club	1.31m	1.70m 69.68%	544
2 David Dickey	M62 Greyhounds T	1.25m	1.62m 66.49%	480

M65 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M65 UTTC	1.40m	1.94m 79.10%	749 MR

M70 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M71 Saskatoon CE	1.28m	1.89m 77.58%	705 MR

M35 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Fernando Cornejo	M36 Unattached -	4.36m	4.49m 50.23%	288

M40 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
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Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1 Doug McLaren	M40 Unattached-S	5.25m	5.72m	63.95%	527
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M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M47 Ontario Mast	5.17m	5.97m 66.71%	580
2 Paul White	M49 Ontario Mast	4.44m	5.12m 57.29%	405

M60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bruce Urch	M61 Throwers Club	4.23m	5.95m 66.51%	576
2 David Dickey	M62 Greyhounds T	3.83m	5.39m 60.22%	459

M65 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M65 UTTC	3.69m	5.60m 62.65%	502

M70 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M71 Saskatoon CE	3.06m	5.04m 56.35%	390

M35 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Fernando Cornejo	M36 Unattached -	11.94m	12.38m 53.57%	629

M40 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Doug McLaren	M40 Unattached-S	8.99m	10.01m 43.30%	486

M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M49 Ontario Mast	7.46m	8.96m 38.79%	423
2 Kasper Hinds	M47 Ontario Mast	7.28m	8.75m 37.86%	411

M60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bruce Urch	M61 Throwers Club	9.25m	11.54m 49.95%	579
2 David Dickey	M62 Greyhounds T	6.32m	7.88m 34.13%	359

M65 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M65 UTTC	10.90m	14.83m 64.16%	779

M70 Shot Put Indoor Pentathlon

Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M71 Saskatoon CE	8.05m	10.30m 44.60%	504

M35 Indoor Pentathlon 10:30am

Name	Age Team	Finals
1 Fernando Cornejo	M36 Unattached -	1615

M40 Indoor Pentathlon 10:30am

Name	Age Team	Finals
1 Doug McLaren	M40 Unattached-S	2817

MR tie**M45 Indoor Pentathlon 10:30am**

Name	Age Team	Finals
1 Kasper Hinds	M47 Ontario Mast	2473
2 Paul White	M49 Ontario Mast	1922

M60 Indoor Pentathlon 10:30am

Name	Age Team	Finals
1 Bruce Urch	M61 Throwers Club	2776
2 David Dickey	M62 Greyhounds T	2331

MR**M65 Indoor Pentathlon 10:30am**

Name	Age Team	Finals
1 Peter Zowkewych	M65 UTTC	2991

CAN MR

(old CAN 2972 Doug Renwick AB 2007)

M70 Indoor Pentathlon 10:30am

Name	Age Team	Finals
1 Roland Delhomeau	M71 Saskatoon CE	2468

M40 1500 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Dmitry Babenko	M43 Unattached B	6:16.17	5:55.79 86.85%

MR**W40 1500 Meter Race Walk 10:00am**

Name	Age Team	Finals	Age-Grading
1 Carmen Farrell	W40 Ontario Race	10:07.50	9:44.72 57.63%

W45 1500 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
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Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1 Rachel Fouladi W48 Greyhounds T 10:13.51 9:27.50 59.38%

M50 1500 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Yvan Béchard (old CAN 6:44.47 Glen Bodet AB 2013)	M53 Indépendant	6:42.25	5:50.61 88.13% CAN MR
2 Jianping Xu	M50 Harbour Track	6:51.64	5:58.79 86.12%

W55 1500 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Sandy Archibald	W56 Bytown Walkers	8:58.62	7:37.83 73.61%

W60 1500 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Kris Kozell	W63 Ontario Race	8:24.46	6:48.92 82.41%
2 Anne De Thy	W62 Ontario Race	9:05.08	7:21.85 76.27%

W65 1500 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Teresa Chiozza (old CAN 9:03.37 Ann Marie Rosenitsch ON 2008)	W65 AB Ontario RaceWalkers	9:01.15	6:55.72 81.07% CAN MR
2 Lalitha Tella	W66 Bytown Walkers	10:05.22	7:44.94 72.48%

W80 1500 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Jean Horne	W83 Ontario Race	11:17.18	7:01.35 79.98%

W40 3000 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Carmen Farrell	W40 Ontario Race	20:33.33	19:47.09 58.55%

W45 3000 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Rachel Fouladi	W48 Greyhounds T	21:24.80	19:48.45 58.48%

M50 3000 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 David Swarts	M50 United State	13:42.95	11:58.85 87.84% MR
2 Yvan Béchard (old CAN 13:52.49 Glen Bodet AB 2013)	M53 Indépendant	13:50.00	12:05.01 87.09% CAN
3 Jianping Xu	M50 Harbour Track	14:05.79	12:18.80 85.47%

W50 3000 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
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Canadian Masters Indoor Championships - 2016-03-19 to 2016-03-20**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1	Debra Denault	W51 Bytown Walkers	21:00.81	18:38.97	62.11%
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M55 3000 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 John Gardam	M59 Bytown Walkers	18:16.53	15:17.14 68.85%

W55 3000 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Sandy Archibald	W56 Bytown Walkers	18:19.78	15:32.84 74.50%

W60 3000 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Kris Kozell	W63 Ontario Race	17:27.98	14:04.57 82.29% MR
2 Anne De Thy	W62 Ontario Race	18:46.29	15:07.68 76.57%

W65 3000 Meter Race Walk 10:00am

Name	Age Team	Finals	Age-Grading
1 Teresa Chiozza	W65 AB Ontario RaceWalkers	18:35.81	14:08.47 81.91% CAN MR
(old CAN 19:13.65 Ann Marie Rosenitsch ON 2007)			
2 Lalitha Tella	W66 Bytown Walkers	20:53.46	15:53.14 72.92%