

1	Michael Gill	40	1/0 M 40-44	27:12.0	0.8135
2	Nick Croker	32	1/0 M 30-34	27:32.8	0.7720
3	Predrag Mladenovic	45	1/0 M 45-49	27:40.5	0.8308
4	Dan Way	30	2/0 M 30-34	27:43.5	0.7649
5	Kevin O'Connor	50	1/0 M 50-54	27:44.9	0.8625
6	Brian Torrance	41	2/0 M 40-44	27:54.4	0.7989
7	Leo Papail	38	1/0 M 35-39	27:57.4	0.7802
8	Bernie Hogan	36	2/0 M 35-39	28:01.2	0.7698
9	Craig Odermatt	47	2/0 M 45-49	28:12.9	0.8279
10	Marco Li	35	3/0 M 35-39	28:13.8	0.7605
11	Dave Tepper	42	3/0 M 40-44	28:15.3	0.7952
12	Ross Bain	37	4/0 M 35-39	28:47.2	0.7532
13	Selam Yohannes	40	4/0 M 40-44	28:56.8	0.7644
14	Michael Logue	35	5/0 M 35-39	29:01.7	0.7396
15	Alistair Munro	51	2/0 M 50-54	29:03.3	0.8305
16	Geoff Peat	54	3/0 M 50-54	29:08.4	0.8490
17	Cameron MacDonald	30	3/0 M 30-34	29:10.5	0.7269
18	Troy Cox	50	4/0 M 50-54	29:11.7	0.8198
19	Jeramie Carbonaro	43	5/0 M 40-44	29:12.4	0.7751
20	Daniel Fiorini	55	1/0 M 55-59	29:14.2	0.8534
21	Michel Cusson	50	5/0 M 50-54	29:15.8	0.8179
22	Andrew Slack	40	6/0 M 40-44	29:16.2	0.7559
23	Jim Dyck	52	6/0 M 50-54	29:17.8	0.8304
24	Tim Gillespie	40	7/0 M 40-44	29:20.7	0.7540
25	Bill Petrcich	44	8/0 M 40-44	29:25.5	0.7754
26	Colin Dignum	51	7/0 M 50-54	29:31.4	0.8173
27	Neil Holm	51	8/0 M 50-54	29:38.4	0.8140
28	David Moore	49	3/0 M 45-49	29:42.3	0.7992
29	Fraser Clift	32	4/0 M 30-34	29:44.5	0.7151
30	Scott Wilkes	38	6/0 M 35-39	29:48.5	0.7318
31	Kip Sigsworth	43	9/0 M 40-44	29:51.5	0.7582
32	Bill Wells	43	10/0 M 40-44	29:56.0	0.7563
33	Jay Brecher	43	11/0 M 40-44	29:56.0	0.7563
34	Ben Nelson	36	7/0 M 35-39	29:58.7	0.7195
35	Chris Deighan	57	2/0 M 55-59	29:59.3	0.8464
36	Benjamin Burr	33	5/0 M 30-34	30:07.0	0.7079
37	Marc Molgat	50	9/0 M 50-54	30:08.3	0.7941
38	Ian Reid	44	12/0 M 40-44	30:09.4	0.7565
39	Mark Sinnige	48	4/0 M 45-49	30:12.9	0.7793
40	Simon Rayner	53	10/0 M 50-54	30:14.7	0.8111
41	Matthew Stanley	42	13/0 M 40-44	30:21.0	0.7402
42	Steve Elliott	33	6/0 M 30-34	30:26.8	0.7002
43	Jonathan McGavock	42	14/0 M 40-44	30:32.2	0.7357
44	Paul Felix	42	15/0 M 40-44	30:35.9	0.7343
45	Michael Blois	46	5/0 M 45-49	30:36.8	0.7571
46	Corey Turnbull	46	6/0 M 45-49	30:45.9	0.7533
47	Kevin Shields	51	11/0 M 50-54	30:47.1	0.7838
48	Sarah Nagy	44	1/0 F 40-44	30:56.7	0.8221
49	Joel Clarke-Ames	36	8/0 M 35-39	30:59.2	0.6961
50	Robin Richard-Campeau	38	9/0 M 35-39	31:04.1	0.7021
51	Kyle Landry	32	7/0 M 30-34	31:07.3	0.6834
52	Jeff Lapierre	45	7/0 M 45-49	31:07.5	0.7387

53	Hugo Champagne	45	8/0 M 45-49	31:07.5	0.7387
54	Andrew Jones	51	12/0 M 50-54	31:09.6	0.7744
55	Travis Cummings	32	8/0 M 30-34	31:12.6	0.6815
56	Jean-Luc Mejane	46	9/0 M 45-49	31:16.3	0.7412
57	Mary Unsworth	39	1/0 F 35-39	31:16.9	0.7861
58	Jennifer Faraone	43	2/0 F 40-44	31:19.0	0.8058
59	Don Gallagher	56	3/0 M 55-59	31:25.1	0.8010
60	Paula Wiltse	50	1/0 F 50-54	31:26.8	0.8608
61	Steven Blostein	56	4/0 M 55-59	31:27.8	0.7998
62	Steve Boston	47	10/0 M 45-49	31:30.9	0.7412
63	Jim Fullarton	52	13/0 M 50-54	31:36.5	0.7697
64	Donna Mae Robins	41	3/0 F 40-44	31:40.3	0.7855
65	Ian Sinclair	47	11/0 M 45-49	31:52.5	0.7329
66	Lavinia Carreau	39	2/0 F 35-39	31:56.0	0.7701
67	Scott Pegrum	51	14/0 M 50-54	31:58.3	0.7547
68	Simion Candrea	42	16/0 M 40-44	32:01.3	0.7016
69	Gina MacInnis	30	1/0 F 30-34	32:03.0	0.7499
70	Helen Dempster	46	1/0 F 45-49	32:07.1	0.8067
71	Paul Dunsford	40	17/0 M 40-44	32:09.0	0.6882
72	Kevin Kornelsen	55	5/0 M 55-59	32:11.3	0.7751
73	Tony Marra	49	12/0 M 45-49	32:19.7	0.7343
74	Patrick MacDonell	48	13/0 M 45-49	32:19.8	0.7283
75	Genevieve Shurtleff	40	4/0 F 40-44	32:24.4	0.7630
76	Brian Hagemeyer	46	14/0 M 45-49	32:24.6	0.7151
77	Kelly Senk	36	3/0 F 35-39	32:28.9	0.7474
78	Mirco Graenert	48	15/0 M 45-49	32:33.5	0.7232
79	Julia Thomas	42	5/0 F 40-44	32:42.9	0.7656
80	Randy Cocek	46	16/0 M 45-49	32:44.4	0.7079
81	Roger Wyllie	58	6/0 M 55-59	32:47.7	0.7807
82	Trevor Davies	44	18/0 M 40-44	32:50.9	0.6945
83	Michelle Clarke	43	6/0 F 40-44	32:54.7	0.7667
84	Jeff Orchard	52	15/0 M 50-54	32:57.0	0.7383
85	Bill Krezonoski	64	1/0 M 60-64	33:00.8	0.8184
86	Jianping Xu	52	16/0 M 50-54	33:03.8	0.7358
87	Caitlin Foisy	33	2/0 F 30-34	33:06.6	0.7276
88	Elaine Mota	52	2/0 F 50-54	33:07.0	0.8367
89	Krista Allen	37	4/0 F 35-39	33:07.3	0.7356
90	Robert Blair	53	17/0 M 50-54	33:09.5	0.7399
91	Kasey Walsh	37	5/0 F 35-39	33:11.1	0.7342
92	Kuniko Soda	48	2/0 F 45-49	33:18.9	0.7942
93	Bryan Lambert	46	17/0 M 45-49	33:19.4	0.6955
94	Trevor Thom	50	18/0 M 50-54	33:20.4	0.7178
95	Catherine Desrosiers	42	7/0 F 40-44	33:21.9	0.7507
96	Leslie Sanderson	50	3/0 F 50-54	33:23.9	0.8105
97	Suzanne Garrett	42	8/0 F 40-44	33:24.7	0.7497
98	Daniel Baouya	42	19/0 M 40-44	33:27.4	0.6715
99	Steve Watson	44	20/0 M 40-44	33:30.8	0.6808
100	Leanne Shafir	48	3/0 F 45-49	33:33.5	0.7885
101	John Clarke	66	1/0 M 65-69	33:35.9	0.8192
102	Tricia Bachman	49	4/0 F 45-49	33:36.2	0.7963
103	Tiia Scott	35	6/0 F 35-39	33:37.4	0.7197
104	Wayne Rice	55	7/0 M 55-59	33:38.0	0.7418

105	Damian Dupuy	53	19/0 M 50-54	33:42.7	0.7278
106	Jennifer Dumoulin	31	3/0 F 30-34	33:46.4	0.7117
107	Andy Blackwell	52	20/0 M 50-54	33:52.0	0.7184
108	Seanna Robinson	42	9/0 F 40-44	33:58.7	0.7372
109	Leanna Lee	32	4/0 F 30-34	34:09.1	0.7044
110	Steve Jackson	37	10/0 M 35-39	34:21.0	0.6312
111	Darryl Rowan	51	21/0 M 50-54	34:28.6	0.6999
112	Michael Ferguson	53	22/0 M 50-54	34:33.8	0.7098
113	Glen Caradus	48	18/0 M 45-49	34:36.3	0.6805
114	Grant Williams	58	8/0 M 55-59	34:44.9	0.7368
115	Kathryn Martin	66	1/0 F 65-69	34:48.8	0.9536
116	Trevor Kobe	56	9/0 M 55-59	34:50.3	0.7224
117	Pat McLean	47	19/0 M 45-49	35:04.7	0.6659
118	John Ellis	52	23/0 M 50-54	35:14.7	0.6903
119	James Freemantle	59	10/0 M 55-59	35:15.9	0.7324
120	Tracy Tory	51	4/0 F 50-54	35:20.7	0.7748
121	Peter Gordon	57	11/0 M 55-59	35:24.4	0.7169
122	Nancy Catton	49	5/0 F 45-49	35:30.6	0.7536
123	Paul Roberts	59	12/0 M 55-59	35:31.4	0.7271
124	Walter Faion	57	13/0 M 55-59	35:37.0	0.7127
125	Steve Bafia	55	14/0 M 55-59	35:37.2	0.7004
126	Brent Armstrong	50	24/0 M 50-54	35:49.1	0.6682
127	Richard Daley	51	25/0 M 50-54	35:53.5	0.6723
128	David Bialkowski	53	26/0 M 50-54	35:57.2	0.6824
129	Akeel Ghaib	48	20/0 M 45-49	36:00.1	0.6541
130	Giorgio Raso	47	21/0 M 45-49	36:02.8	0.6481
131	William Woods	56	15/0 M 55-59	36:06.8	0.6969
132	Brian Gray	55	16/0 M 55-59	36:12.3	0.6891
133	Judy Andrew Piel	55	1/0 F 55-59	36:20.6	0.7904
134	Adam Deemert	40	21/0 M 40-44	36:24.3	0.6078
135	Cynthia O'Halloran	54	5/0 F 50-54	36:37.9	0.7748
136	Jim Carter	62	2/0 M 60-64	36:41.4	0.7231
137	Jim Rawling	62	3/0 M 60-64	36:45.7	0.7217
138	Carrie Scace	48	6/0 F 45-49	36:47.6	0.7191
139	Cora Yin	42	10/0 F 40-44	36:50.7	0.6798
140	Larry Carter	60	4/0 M 60-64	36:56.2	0.7055
141	Susan Ibach	47	7/0 F 45-49	37:09.5	0.7043
142	Tyra Dickson	35	7/0 F 35-39	37:12.0	0.6505
143	Jean Ferguson	53	6/0 F 50-54	37:15.9	0.7524
144	Teresa Novick	58	2/0 F 55-59	37:20.9	0.7985
145	Gwen Bailey-Mason	51	7/0 F 50-54	37:31.1	0.7299
146	Bryon McConnell	47	22/0 M 45-49	37:32.1	0.6224
147	David Dame	44	22/0 M 40-44	37:32.7	0.6077
148	Andrew Wilkes	64	5/0 M 60-64	37:42.5	0.7166
149	Nathalie Gauthier	52	8/0 F 50-54	38:13.2	0.7250
150	Jessica Sheppard	34	5/0 F 30-34	38:28.2	0.6275
151	Mike Gwilliam	57	17/0 M 55-59	38:40.1	0.6564
152	Wayne Chee	63	6/0 M 60-64	38:59.6	0.6866
153	Darla Coles	38	8/0 F 35-39	39:05.4	0.6260
154	Beth Lebedyk	50	9/0 F 50-54	39:12.3	0.6905
155	Diane Pomerleau	53	10/0 F 50-54	39:13.7	0.7148
156	Christine Ross	53	11/0 F 50-54	39:23.7	0.7118

157	Ted Paget	66	2/0 M 65-69	39:24.7	0.6984
158	Jill Delane	52	12/0 F 50-54	39:32.7	0.7007
159	James Whipp	65	3/0 M 65-69	39:33.2	0.6894
160	Nicole Jaynes	41	11/0 F 40-44	39:34.1	0.6288
161	Marcy Adzich	43	12/0 F 40-44	39:34.8	0.6376
162	Thérèse Hérard	60	1/0 F 60-64	39:42.7	0.7705
163	Jessie James	41	23/0 M 40-44	39:43.0	0.5613
164	Cheryl La Force	58	3/0 F 55-59	40:02.6	0.7448
165	Clara Northcott	63	2/0 F 60-64	40:10.1	0.7929
166	Shane Grimm	46	23/0 M 45-49	40:48.8	0.5679
167	Joanne Armstrong	52	13/0 F 50-54	40:53.5	0.6776
168	Ian Perowne	65	4/0 M 65-69	41:01.7	0.6647
169	Hugh Connolly	72	1/0 M 70-74	41:03.1	0.7153
170	Tim Payne	67	5/0 M 65-69	41:17.2	0.6731
171	Calvin Little	62	7/0 M 60-64	41:38.2	0.6372
172	Deborah Holtom	67	2/0 F 65-69	41:48.4	0.8056
173	Robert Slee	65	6/0 M 65-69	42:11.7	0.6463
174	Aura Reynoso	51	14/0 F 50-54	43:08.3	0.6348
175	Terri Paradis	47	8/0 F 45-49	43:12.2	0.6058
176	Janet Smith	59	4/0 F 55-59	43:24.6	0.6959
177	Tony Teddy	71	2/0 M 70-74	44:05.6	0.6574
178	Vern Christensen	76	1/0 M 75-79	45:59.6	0.6799
179	Gaétan Breton	69	7/0 M 65-69	46:41.6	0.6068
180	Jack Cook	50	27/0 M 50-54	46:43.9	0.5121
181	Leo Young	74	3/0 M 70-74	46:56.2	0.6441
182	Chuck Edwards	72	4/0 M 70-74	47:58.2	0.6121
183	Pauline Watson	63	3/0 F 60-64	48:22.3	0.6584
184	Ben Kong	41	24/0 M 40-44	50:42.3	0.4397
185	Michael Goodstadt	77	2/0 M 75-79	1:01:31.4	0.5179
186	Bob Wild	85	1/0 M 85-89	1:08:22.4	0.5733

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