

Here are this week's notes from the Team Canada Managers to Canadian athletes preparing for the Toronto World Championships:

1) For all new athletes, please don't supply to the CMA a Birth Certificate as your Proof of Age (POA), but instead provide a copy of either your Passport, Drivers' License or other Government-issued ID containing your Date of Birth, Photo and Signature.

2) Please send any POAs to Vern Christensen, at vchristensen@guardiancapital.com

3) If you don't already have one of the required singlets, the CMA expects that the new supply will be available in late May. All Canadian athletes who have registered for the Championships will be provided a code by the CMA which will give them 40% off the regular prices of several versions of the approved competition tops. In the meantime, don't order a uniform from Athletics Canada (AC), because you will pay the full price if you order now.

4) All Canadian athletes who replied to the first of the two surveys about uniforms at the beginning of the year and provided their email addresses at that time are guaranteed to receive the sizes which they requested in the survey. They will be contacted when the uniforms are available, and before they are offered to others. Once they make their selections, the remainder of the uniforms will be offered to all team members on a "first come, first served" basis. The CMA anticipates that AC will have a good supply of uniforms, as long as individual team members don't order excessive numbers.

5) The CMA is beginning to review the Team Canada entries for the Championships, so you should soon see that your registrations are approved, or you will hear from the Team Managers about any problems with your entry.