

# Canadian Masters Athletics Indoor Championships

## Meet Records

Compiled by Doug Smith

<b><u>60m</u></b>					<b><u>400m</u></b>				
W35	Carty, Linda	8.08	USA	2003	W40	Millson, Karen	70.17	ON	2003
W40	Estwick, Leslie	8.40	ON	2003	W45	Del Grande, Karla	62.60	ON	2003
W45	Del Grande, Karla	8.47	ON	2003	W50	Stubendorff, Hillen	71.58	GER	2003
<b>W50</b>	<b>Burnett, Evelyn</b>	<b>8.81</b>	<b>AB</b>	<b>2011</b>	<b>W70</b>	<b>Bortignon, Christa</b>	<b>1:29.15</b>	<b>BC</b>	<b>2011</b>
<b>W55</b>	<b>Rhebergen, Margaret</b>	<b>9.56</b>	<b>BC</b>	<b>2011</b>	M35	Scott, Aston	54.77	USA	2003
<b>W60</b>	<b>Rollins, Elisabeth</b>	<b>10.36</b>	<b>BC</b>	<b>2011</b>	M40	Williamson, Steve	57.25	ON	2003
<b>W65</b>	<b>Matus, Diane</b>	<b>11.44</b>	<b>BC</b>	<b>2011</b>	M45	James, Ben	53.86	USA	2003
<b>W70</b>	<b>Bortignon, Christa</b>	<b>10.41</b>	<b>BC</b>	<b>2011</b>	<b>M50</b>	<b>Pinckard, Mark</b>	<b>58.75</b>	<b>BC</b>	<b>2011</b>
<b>W80</b>	<b>Carrier, Ruth</b>	<b>14.54</b>	<b>BC</b>	<b>2011</b>	M55	Gaide, Dale	61.62	USA	2003
M30	Weniger, Mike	7.38	ON	2003	M60	Van-Der-Wal, Hyke	65.42	ON	2003
<b>M35</b>	<b>Oamen, Charles</b>	<b>7.40</b>	<b>BC</b>	<b>2011</b>	M65	Irons, Jim	67.53	ON	2003
<b>M40</b>	<b>Tshinyama, Paul</b>	<b>7.39</b>	<b>BC</b>	<b>2011</b>	<b>M70</b>	<b>Dunn, Dave</b>	<b>77.21</b>	<b>AB</b>	<b>2011</b>
M45	James, Ben	7.45	USA	2003	M75	Greenwald, Jack	79.70	USA	2003
<b>M50</b>	<b>Black, Murray</b>	<b>8.16</b>	<b>BC</b>	<b>2011</b>	<b>M80</b>	<b>Lesage, Norm</b>	<b>1:36.87</b>	<b>AB</b>	<b>2011</b>
M55	Lech, Richard	8.01	ON	2003	<b>M85</b>	<b>Thompson, Harry</b>	<b>1:46.62</b>	<b>BC</b>	<b>2011</b>
M60	Butts, Tim	8.33	USA	2003	<b><u>800m</u></b>				
M65	Horton, George	8.73	ON	2003	W40	Kennedy, Karen	2:35.23	ON	2003
M70	Mitchell, Ross	9.35	NS	2003	<b>W45</b>	<b>Bezdan, Jeanie</b>	<b>2:33.95</b>	<b>BC</b>	<b>2011</b>
M75	Greenwald, Jack	9.50	USA	2003	<b>W55</b>	<b>De St Croix, Maureen</b>	<b>2:49.80</b>	<b>BC</b>	<b>2011</b>
<b>M80</b>	<b>Lesage, Norm</b>	<b>10.49</b>	<b>AB</b>	<b>2011</b>	<b>W70</b>	<b>Saunders, Barbara</b>	<b>3:51.66</b>	<b>BC</b>	<b>2011</b>
<b>M85</b>	<b>Thompson, Harry</b>	<b>12.83</b>	<b>BC</b>	<b>2011</b>	<b>W80</b>	<b>Montgomery, Lenore</b>	<b>4:17.36</b>	<b>BC</b>	<b>2011</b>
<b>M90</b>	<b>Falconer, William</b>	<b>16.30</b>	<b>BC</b>	<b>2011</b>	M30	Menzies, Patrick	2:04.15	ON	2003
<b><u>200m</u></b>					M35	Van Nest, Trevor	2:06.57	ON	2003
W35	Carty, Linda	26.68	USA	2003	M40	Kennedy, Doug	2:11.88	ON	2003
W40	Barrett, Lyn	30.64	ON	2003	M45	Robinson, Jim	2:08.65	USA	2003
W45	Del Grande, Karla	28.55	ON	2003	<b>M50</b>	<b>Pinckard, Mark</b>	<b>2:16.97</b>	<b>BC</b>	<b>2011</b>
<b>W50</b>	<b>Burnett, Evelyn</b>	<b>29.88</b>	<b>AB</b>	<b>2011</b>	M55	Gaide, Dale	2:24.63	USA	2003
<b>W55</b>	<b>Nutting, Jan</b>	<b>43.32</b>	<b>AB</b>	<b>2011</b>	<b>M60</b>	<b>Pawluk, Fred</b>	<b>2:41.13</b>	<b>BC</b>	<b>2011</b>
<b>W60</b>	<b>Rollins, Elisabeth</b>	<b>36.05</b>	<b>BC</b>	<b>2011</b>	<b>M65</b>	<b>Renwick, Doug</b>	<b>2:47.07</b>	<b>SK</b>	<b>2011</b>
<b>W70</b>	<b>Bortignon, Christa</b>	<b>36.64</b>	<b>BC</b>	<b>2011</b>	M70	Fee, Earl	2:32.23	ON	2003
<b>W80</b>	<b>Carrier, Ruth</b>	<b>52.97</b>	<b>BC</b>	<b>2011</b>	<b>M75</b>	<b>Wardle, Ray</b>	<b>4:01.74</b>	<b>ON</b>	<b>2011</b>
<b>W90</b>	<b>Kotelko, Olga</b>	<b>66.89</b>	<b>BC</b>	<b>2011</b>	<b>M85</b>	<b>Thompson, Harry</b>	<b>4:20.78</b>	<b>BC</b>	<b>2011</b>
M30	Weniger, Mike	24.22	ON	2003	<b><u>1500m</u></b>				
<b>M35</b>	<b>Oamen, Charles</b>	<b>24.56</b>	<b>BC</b>	<b>2011</b>	W30	Taggart, Suzette	5:09.9h	ON	2003
M40	Foon, Michael Lee	23.67	ON	2003	W35	Hopkins, Colleen	5:03.1h	ON	2003
M45	Smith, Kerry	24.59	ON	2003	W40	Kennedy, Karen	5:12.1h	ON	2003
<b>M50</b>	<b>Black, Murray</b>	<b>26.37</b>	<b>BC</b>	<b>2011</b>	<b>W45</b>	<b>Bezdan, Jeanie</b>	<b>5:16.68</b>	<b>BC</b>	<b>2011</b>
<b>M55</b>	<b>Crockett, Ken</b>	<b>27.37</b>	<b>BC</b>	<b>2011</b>	W50	McLean, Christine	6:12.2h	ON	2003
M60	Butts, Tim	28.36	USA	2003	<b>W55</b>	<b>De St Croix, Maureen</b>	<b>5:39.46</b>	<b>BC</b>	<b>2011</b>
<b>M65</b>	<b>Ukonmaanaho, Tuoma</b>	<b>29.10</b>	<b>BC</b>	<b>2011</b>	<b>W70</b>	<b>Saunders, Barbara</b>	<b>8:23.03</b>	<b>BC</b>	<b>2011</b>
<b>M70</b>	<b>Dunn, Dave</b>	<b>33.00</b>	<b>AB</b>	<b>2011</b>	<b>W80</b>	<b>Montgomery, Lenore</b>	<b>8:27.79</b>	<b>BC</b>	<b>2011</b>
<b>M75</b>	<b>Rowan, Ted</b>	<b>34.02</b>	<b>SK</b>	<b>2011</b>	M35	Berresford, Brian	4:47.39	ON	2003
<b>M80</b>	<b>Lesage, Norm</b>	<b>33.82</b>	<b>AB</b>	<b>2011</b>	M40	Friel, Vince	4:17.95	ON	2003
<b>M85</b>	<b>Thompson, Harry</b>	<b>43.72</b>	<b>BC</b>	<b>2011</b>	M45	Robbins, Fred	4:38.00	ON	2003
					M50	Shaw, Bill	4:42.29	ON	2003
					<b>M55</b>	<b>Prather, Bob</b>	<b>4:47.01</b>	<b>USA</b>	<b>2011</b>
					M60	Featherstone, Dennis	5:10.74	ON	2003
					M65	Irons, Jim	5:13.64	ON	2003
					M70	Whitlock, Ed	5:14.15	ON	2003
					<b>M80</b>	<b>Whitlock, Ed</b>	<b>5:48.47</b>	<b>ON</b>	<b>2011</b>
					M85	Leyland, Les	9:01.16	BC	2003

### 3000m

W35	Hopkins, Colleen	10:57.70	ON	2003
W40	Davis, Charlotte	13:21.20	ON	2003
<b>W45</b>	<b>Christie, Juliette</b>	<b>11:15.30</b>	<b>BC</b>	<b>2011</b>
<b>W55</b>	<b>Tedford, Cathy</b>	<b>20:20.70</b>	<b>ON</b>	<b>2011</b>
<b>W60</b>	<b>Muttitt, Barbara</b>	<b>21:37.69</b>	<b>BC</b>	<b>2011</b>
<b>W70</b>	<b>Saunders, Barbara</b>	<b>17:20.49</b>	<b>BC</b>	<b>2011</b>
M40	Deubelbeiss, David	9:36.40	ON	2003
M45	Pacque, Raymond	9:55.17	ON	2003
M50	Aitkin, George	10:17.42	ON	2003
<b>M55</b>	<b>Reimer, Paul</b>	<b>10:08.06</b>	<b>BC</b>	<b>2011</b>
M60	Featherstone, Dennis	11:08.60	ON	2003
M65	Geddes, Jack	12:03.30	ON	2003
M70	Whitlock, Ed	11:26.40	ON	2003
<b>M80</b>	<b>Whitlock, Ed</b>	<b>12:00.88</b>	<b>ON</b>	<b>2011</b>
M85	Leyland, Les	20:15.90	BC	2003

### 3000m Racewalk

W40	Cashman, Kitty	16:38.6h	ON	2003
W45	Sweazey, Nanci Patten	15:14.0h	ON	2003
W50	Whalen, Lily	17:19.9h	ON	2003
<b>W55</b>	<b>Donkers, Tina</b>	<b>18:56.10</b>	<b>AB</b>	<b>2011</b>
W60	Rosenitsch, Ann Marie	18:30.4h	ON	2003
M35	Babenko, Dmitry	13:59.38	BC	2011
<b>M45</b>	<b>Lamplough, Ian</b>	<b>19:06.53</b>	<b>AB</b>	<b>2011</b>
<b>M50</b>	<b>Kenny, James</b>	<b>14:56.69</b>	<b>AB</b>	<b>2011</b>
M55	Ramsden, Don	17:32.2h	ON	2003
<b>M65</b>	<b>Kittredge, John</b>	<b>17:30.47</b>	<b>ON</b>	<b>2011</b>
M75	Brancaccio, Salvador	21:19.7h	ON	2003

### 60m Hurdles

W45	Thompson, Irene	10.71	USA	2003
<b>W50</b>	<b>Freeman, BJ</b>	<b>10.65</b>	<b>AB</b>	<b>2011</b>
<b>M35</b>	<b>Kroeker, Tim</b>	<b>8.24</b>	<b>BC</b>	<b>2011</b>
M40	Chipkar, Glenn	9.40	ON	2003
<b>M45</b>	<b>Van Ryswyk, Len</b>	<b>11.79</b>	<b>BC</b>	<b>2011</b>
<b>M50</b>	<b>Black, Murray</b>	<b>10.32</b>	<b>BC</b>	<b>2011</b>
M55	De Horn, Bill	10.93	PQ	2003
M60	Slater, Alan	10.84	ON	2003
<b>M65</b>	<b>Brewer, Jess</b>	<b>11.02</b>	<b>BC</b>	<b>2011</b>
<b>M75</b>	<b>Rowan, Ted</b>	<b>13.09</b>	<b>SK</b>	<b>2011</b>

### High Jump

W35	Szanto, Gaby	1.50m	ON	2003
W40	Estwick, Leslie	1.55m	ON	2003
W45	Mallia, Maria	1.32m	ON	2003
<b>W50</b>	<b>Freeman, BJ</b>	<b>1.33m</b>	<b>AB</b>	<b>2011</b>
<b>W55</b>	<b>Rhebergen, Margaret</b>	<b>1.30m</b>	<b>BC</b>	<b>2011</b>
<b>W65</b>	<b>Matus, Diane</b>	<b>0.95m</b>	<b>BC</b>	<b>2011</b>
<b>W70</b>	<b>Anderson, Sandy</b>	<b>1.15m</b>	<b>BC</b>	<b>2011</b>
M35	Negoita, Ovidiu	1.70m	ON	2011
M40	Reynolds, Walt	1.80m	USA	2003
M45	Lepard, Bev	1.55m	ON	2003
<b>M50</b>	<b>Black, Murray</b>	<b>1.50m</b>	<b>BC</b>	<b>2011</b>
M55	De Horn, Bill	1.55m	PQ	2003
<b>M60</b>	<b>Hawkins, John</b>	<b>1.50m</b>	<b>BC</b>	<b>2011</b>
<b>M65</b>	<b>Delhomeau, Roland</b>	<b>1.30m</b>	<b>BC</b>	<b>2011</b>
M70	Malmstrom, Eric	0.95m	ON	2003
M75	Mathers, Jim	1.05m	ON	2003

### Pole Vault

W35	Szanto, Gaby	3.00m	ON	2003
<b>W45</b>	<b>Craig, Nancy</b>	<b>2.10m</b>	<b>BC</b>	<b>2011</b>
W50	Stubendorff, Hillen	2.70m	GER	2003
<b>W55</b>	<b>Rhebergen, Margaret</b>	<b>1.90m</b>	<b>BC</b>	<b>2011</b>
M35	Lacy, Wayne	4.00m	USA	2003
M40	Schaber, Mark	3.60m	ON	2003
<b>M45</b>	<b>Potka, Wayne</b>	<b>3.70m</b>	<b>BC</b>	<b>2011</b>
<b>M50</b>	<b>Black, Murray</b>	<b>2.60m</b>	<b>BC</b>	<b>2011</b>
M55	Kilpelainen, Matti	3.80m	USA	2003
<b>M60</b>	<b>Hawkins, John</b>	<b>3.20m</b>	<b>BC</b>	<b>2011</b>
<b>M65</b>	<b>Altendorf, John</b>	<b>3.70m</b>	<b>USA</b>	<b>2011</b>
M75	Egerton, Stan	2.50m	ON	2003

### Long Jump

<b>W35</b>	<b>Anastasio, Cathy</b>	<b>3.43m</b>	<b>BC</b>	<b>2011</b>
W40	Estwick, Leslie	5.24m	ON	2003
W45	Mallia, Maria	4.07m	ON	2003
<b>W50</b>	<b>Freeman, BJ</b>	<b>4.13m</b>	<b>AB</b>	<b>2011</b>
<b>W55</b>	<b>Rhebergen, Margaret</b>	<b>3.93m</b>	<b>BC</b>	<b>2011</b>
<b>W60</b>	<b>Rollins, Elisabeth</b>	<b>2.95m</b>	<b>BC</b>	<b>2011</b>
<b>W65</b>	<b>Matus, Diane</b>	<b>2.44m</b>	<b>BC</b>	<b>2011</b>
<b>W70</b>	<b>Bortignon, Christa</b>	<b>3.31m</b>	<b>BC</b>	<b>2011</b>
<b>W90</b>	<b>Kotelko, Olga</b>	<b>1.70m</b>	<b>BC</b>	<b>2011</b>
M35	Negoita, Ovidiu	5.83m	ON	2011
M40	Reynolds, Walt	6.15m	USA	2003
<b>M45</b>	<b>Benett, Garfield</b>	<b>5.83m</b>	<b>AB</b>	<b>2011</b>
<b>M50</b>	<b>Black, Murray</b>	<b>4.55m</b>	<b>BC</b>	<b>2011</b>
M55	Lech, Richard	5.43m	ON	2003
M60	Slater, Alan	5.15m	ON	2003
<b>M65</b>	<b>Lamothe, Grant</b>	<b>3.86m</b>	<b>BC</b>	<b>2011</b>
<b>M70</b>	<b>van der Wal, Hylke</b>	<b>2.83m</b>	<b>SK</b>	<b>2011</b>
<b>M75</b>	<b>Rowan, Ted</b>	<b>3.54m</b>	<b>SK</b>	<b>2011</b>
<b>M80</b>	<b>Chalmers, Gordon</b>	<b>2.94m</b>	<b>BC</b>	<b>2011</b>

### Triple Jump

<b>W50</b>	<b>Lauridsen, Susanne</b>	<b>8.45m</b>	<b>AB</b>	<b>2011</b>
<b>W55</b>	<b>Rhebergen, Margaret</b>	<b>8.76m</b>	<b>BC</b>	<b>2011</b>
<b>W60</b>	<b>Rollins, Elisabeth</b>	<b>7.02m</b>	<b>BC</b>	<b>2011</b>
<b>W70</b>	<b>Bortignon, Christa</b>	<b>7.41m</b>	<b>BC</b>	<b>2011</b>
<b>W90</b>	<b>Kotelko, Olga</b>	<b>3.97m</b>	<b>BC</b>	<b>2011</b>
M35	Negoita, Ovidiu	11.38m	ON	2011
M40	Jackman, Kenny	11.80m	ON	2003
<b>M45</b>	<b>Maguire, Hugh</b>	<b>11.49m</b>	<b>BC</b>	<b>2011</b>
<b>M50</b>	<b>Kosierb, Marcel</b>	<b>9.97m</b>	<b>BC</b>	<b>2011</b>
<b>M55</b>	<b>Crockett, Ken</b>	<b>9.02m</b>	<b>BC</b>	<b>2011</b>
M60	Slater, Alan	10.33m	ON	2003
<b>M65</b>	<b>Brewer, Jess</b>	<b>8.32m</b>	<b>BC</b>	<b>2011</b>
M70	Malmstrom, Eric	5.89m	ON	2003
M75	Mathers, Jim	5.83m	ON	2003
<b>M80</b>	<b>Chalmers, Gordon</b>	<b>6.17m</b>	<b>BC</b>	<b>2011</b>

## Shot Put

W35	Szanto, Gaby	11.19m	ON	2003
W40	<b>Little, Tatiana</b>	<b>9.11m</b>	<b>BC</b>	<b>2011</b>
W45	<b>Boomer,Carolynn</b>	<b>9.90m</b>	<b>BC</b>	<b>2011</b>
W50	<b>Hill, Elizabeth</b>	<b>9.94m</b>	<b>ON</b>	<b>2011</b>
W55	<b>Hunt, Laurel</b>	<b>5.40m</b>	<b>BC</b>	<b>2011</b>
W60	<b>McBlain, Liz</b>	<b>8.70m</b>	<b>AB</b>	<b>2011</b>
W65	<b>Conrad-Rice, Joy</b>	<b>6.31m</b>	<b>BC</b>	<b>2011</b>
W70	<b>Bortignon, Christa</b>	<b>6.18m</b>	<b>BC</b>	<b>2011</b>
W75	<b>Acton, Myrtle</b>	<b>7.81m</b>	<b>BC</b>	<b>2011</b>
W90	<b>Kotelko, Olga</b>	<b>5.74m</b>	<b>BC</b>	<b>2011</b>
M35	<b>Saari, John</b>	<b>12.57m</b>	<b>BC</b>	<b>2011</b>
M40	Nahri, Nabil	10.19m	ON	2003
M45	Wettenhall, Jim	13.05m	USA	2003
M50	Pearson, Bill	12.22m	ON	2003
M55	Kasperski, John	12.73m	ON	2003
M60	<b>Hawkins, John</b>	<b>12.38m</b>	<b>BC</b>	<b>2011</b>
M65	Dhaliwal,SukhdevSingh	10.22m	ON	2003
M70	<b>Glowacki, Marek</b>	<b>12.98m</b>	<b>BC</b>	<b>2011</b>
M75	Viskers, Evalds	9.36m	ON	2003
M80	<b>Sillantaus, Rainer</b>	<b>11.27m</b>	<b>BC</b>	<b>2011</b>
M90	<b>Falconer, William</b>	<b>5.18m</b>	<b>BC</b>	<b>2011</b>

## Weight Throw

W40	<b>Little, Tatiana</b>	<b>9.06m</b>	<b>BC</b>	<b>2011</b>
W50	<b>Hill, Elizabeth</b>	<b>10.85m</b>	<b>ON</b>	<b>2011</b>
W55	<b>Hunt, Laurel</b>	<b>7.16m</b>	<b>BC</b>	<b>2011</b>
W60	<b>Hare, Rose</b>	<b>11.28m</b>	<b>BC</b>	<b>2011</b>
W65	<b>Brand, Kathy</b>	<b>8.61m</b>	<b>BC</b>	<b>2011</b>
W70	<b>Anderson, Sandy</b>	<b>8.89m</b>	<b>BC</b>	<b>2011</b>
W75	<b>Acton, Myrtle</b>	<b>8.41m</b>	<b>BC</b>	<b>2011</b>
W90	<b>Kotelko, Olga</b>	<b>7.51m</b>	<b>BC</b>	<b>2011</b>
M35	Parkinson, Richard	12.67m	ON	2003
M40	<b>Little, Norm</b>	<b>9.47m</b>	<b>BC</b>	<b>2011</b>
M45	Wettenhall, Jim	16.65m	USA	2003
M50	Boghina, Rudy	12.51m	ON	2003
M55	<b>Duffala, Mike</b>	<b>15.70m</b>	<b>BC</b>	<b>2011</b>
M60	Cahners, Bob	16.95m	USA	2003
M65	<b>Townsend, Ken</b>	<b>11.88m</b>	<b>BC</b>	<b>2011</b>
M70	<b>Glowacki, Marek</b>	<b>14.45m</b>	<b>BC</b>	<b>2011</b>
M75	<b>Dumas, Gerard</b>	<b>9.45m</b>	<b>BC</b>	<b>2011</b>
M80	<b>Chalmers, Gordon</b>	<b>10.82m</b>	<b>BC</b>	<b>2011</b>
M90	<b>Falconer, William</b>	<b>5.73m</b>	<b>BC</b>	<b>2011</b>