

FEMALE 30-34					
Place	Name	Team	Age	Overall	Time
1	Chantal Warriner	Newmarket Huskies Track Club	31	44	29:57.7
2	Carrie Byer	Newmarket Huskies Track Club	31	106	33:25.0
3	Lauren Kolodziejczak	London Pacers	30	140	36:18.6
4	Delilah Topic	Unattached	31	144	36:36.9
FEMALE 35-39					
Place	Name	Team	Age	Overall	Time
1	Sara Nagy	Newmarket Huskies Track Club	37	45	29:57.7
2	Jutta Merilainen	Quinte Legion T & F Club	38	73	31:20.0
3	Marie Elliot	Unattached	37	83	31:41.7
4	Cora Yin	Unattached	35	153	37:20.4
5	Jodi Ostroff	Longboat Roadrunners	39	187	51:07.3
FEMALE 40-44					
Place	Name	Team	Age	Overall	Time
1	Darcie Montgomery	Hershey Harriers-Team BC	41	78	31:34.4
2	Christy Barber	Unattached	42	95	32:22.8
3	Lisa Brougham	Unattached-Team BC	40	105	33:21.4
4	Rhonda Clark	Calgary Phoenix Striders	44	111	33:40.9
5	Heather Ostic	Unattached	42	117	34:07.1
6	Kathryn Sullivan	Newmarket Huskies Track Club	44	135	35:47.0
7	Ginette Jones	Newmarket Huskies Track Club	44	141	36:18.9
8	Julie Maisonneuve	Timmins	41	145	36:37.4
9	Susan Yorke	Cirrus	43	147	36:51.2
10	Sheryl Potter	Newmarket Huskies Track Club	43	150	37:10.8
11	Wendy Chen	Longboat Roadrunners	42	162	38:32.8
12	Kathy Cameron	Unattached	44	164	38:38.3
13	Vivian Welch	Cirrus	40	170	40:20.4
14	Nathalie Dupuis-Desormeaux	Cirrus	43	172	40:45.3
15	Annalisa Percy	Unattached	43	175	41:03.7
FEMALE 45-49					
Place	Name	Team	Age	Overall	Time
1	Teresa Nightingale	Sunshine Coast Athletics-Team BC	45	77	31:33.1
2	Nicola Everton	Calgary Phoenix Striders	45	93	32:15.9
3	Christine Ross	Physi-Kult Kingston	46	103	33:14.1
4	Donna Dixon	Calgary Phoenix Striders	48	122	34:32.9
5	Amy Anderson	Calgary Phoenix Striders	48	124	34:40.0
6	Annie Bunting	University of Toronto T & F Club	46	127	34:50.3
7	Tracy Snarr	Newmarket Huskies Track Club	46	132	35:02.4
8	Heather O'hagan	Newmarket Huskies Track Club	49	134	35:37.9
9	Lynn Bourque	Longboat Roadrunners	46	136	35:52.0
10	Margaret Watson	Unattached	47	155	37:31.9
FEMALE 50-54					
Place	Name	Team	Age	Overall	Time
1	Janet Wynands	Brockville Legion T & F Club	50	87	32:02.1
2	Lise Meloche	Cirrus	50	149	37:07.2
3	Elizabeth Waywell	Guelph Victors	52	151	37:13.2
4	Joyce Acton	Ottawa Lions T & F Club	50	161	38:26.8
5	Stevi Hanson	Unattached	51	176	41:48.4

6	Adrienne Stewart	Toronto Olympic Club	53	178	42:42.8
		FEMALE 55-59			
Place	Name	Team	Age	Overall	Time
1	Maureen De St Croix	Ocean Athletics-Team BC	57	120	34:25.2
2	Dawn Hamel	South Simcoe Dufferin T & F Club	55	133	35:28.7
3	Cathy Tedford	Unattached	57	194	03:52.4
		FEMALE 60-64			
Place	Name	Team	Age	Overall	Time
1	Nancy Wells	Longboat Roadrunners	64	177	42:06.8
2	Rita Melville	London Pacers	60	179	42:58.1
3	Julia McDonald	London Pacers	62	180	43:17.3
4	Jennifer Penney	Longboat Roadrunners	64	182	43:37.6
5	Brenda Cassel	Cambridge Harriers	61	189	52:03.8
		FEMALE 70-74			
Place	Name	Team	Age	Overall	Time
1	Joan Christensen	Scarborough Masters	70	186	50:25.4
2	Jeanne Doench	Longboat Roadrunners	72	192	1:01:07.4
		MALE 30-34			
Place	Name	Team	Age	Overall	Time
1	Warren Ringler	Unattached	34	9	27:25.8
2	Michael Bianchi	Harbour Track	31	11	27:46.0
3	Patrick Boily	Timmins	30	13	27:55.1
4	Michael Chapman	London Pacers	33	14	27:57.5
5	Kyle Ferguson	Toronto Olympic Club	31	15	28:04.9
6	Michael Doyle	Longboat Roadrunners	30	27	29:06.3
7	Tom Hesch	Longboat Roadrunners	32	33	29:24.8
8	Unknown Partic. 581			34	29:26.5
9	Robin Richard-Campeau	Kalenjins	31	58	30:30.0
10	Steve Metzger	Longboat Roadrunners	34	65	30:51.7
		MALE 35-39			
Place	Name	Team	Age	Overall	Time
1	David Tepper	Newmarket Huskies Track Club	35	10	27:41.3
2	Andrew Taylor	Unattached	39	16	28:09.7
3	Scott Lalande	London Pacers	36	19	28:39.9
4	Andrew Hogg	London Pacers	36	21	28:47.9
5	Paul Felix	Harbour Track	35	22	28:54.1
6	Greg McNab	Harbour Track	38	32	29:24.0
7	Kevin Tearle	Harbour Track	35	42	29:54.2
8	Jeff Lapierre	Cornwall Legion Cougars	38	51	30:12.3
9	Gerardo Reyes	Longboat Roadrunners	35	69	31:08.4
10	Matthew Ward	Guelph Victors	38	76	31:31.8
11	Michael Bown	Harbour Track	39	81	31:38.6
12	Brad Mailloux	Unattached	38	96	32:39.1
13	Greg Purkis	Toronto Olympic Club	38	112	33:47.4
		MALE 40-44			
Place	Name	Team	Age	Overall	Time

1	Richard Minichiello	Physi-Kult Kingston	42	1	26:24.1
2	Padraig McCluskey	Prairie Inn Harriers-Team BC	41	2	26:36.4
3	Colin Dignum	Prairie Inn Harriers-Team BC	44	4	26:52.4
4	Alex Coffin	New Brunswick	42	5	27:00.5
5	Robert Renman	Camrose Running Club	40	6	27:07.1
6	Craig Odermatt	Pacific Athletics-Team BC	40	7	27:11.5
7	Kevin O'connor	Vancouver Falcons-Team BC	43	8	27:23.2
8	Paul Kemp	Unattached ON	41	12	27:48.8
9	Kevin Farr	University of Toronto T & F Club	40	23	28:56.6
10	Sean Cross	London Pacers	40	24	28:58.0
11	Chris Jocelyn	Harbour Track	40	28	29:10.7
12	Andrew Jones	London Pacers	44	37	29:39.0
13	Michael Wood	Dryden	42	38	29:45.0
14	Richard McClelland	London Pacers	40	43	29:56.5
15	Allan Faulds	Quinte Legion T & F Club	44	53	30:15.7
16	Rob Tolman	Unattached	40	56	30:22.2
17	Michael Chang	University of Toronto T & F Club	43	62	30:45.2
18	Scott Faulds	Quinte Legion T & F Club	42	64	30:49.8
19	Martin Desbiens	Unattached	41	75	31:28.1
20	Jamie Forget	South Simcoe Dufferin T&F Club	42	85	31:48.3
21	Steve Morley	YHZ Track and Field	43	92	32:10.9
22	Brent Armstrong	Unattached	43	100	33:02.5
23	Brian Lovshin	Toronto Olympic Club	41	118	34:15.0
24	Dave Emilio	Beaches Runners Club	43	121	34:27.4
25	Gregoire Bonhomme	Longboat Roadrunners	41	169	40:04.5

MALE 45-49

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Steve Boyd	Physi-Kult Kingston	47	3	26:49.1
2	Geoff Peat	Newmarket Huskies Track Club	47	17	28:21.9
3	Shawn Muldrew	Edmonton Thunder	45	20	28:42.5
4	Paul Trebilcock	Harbour Track	45	25	29:01.7
5	Robert Miller	Physi-Kult Kingston	45	26	29:05.0
6	Jim Dyck	Newmarket Huskies Track Club	45	29	29:11.8
7	Patrick Mackenzie	Cirrus	46	30	29:21.3
8	Ron Balezantis	Saskatoon T&F Club	47	35	29:30.4
9	Simon Shearman	Ottawa Lions T & F Club	45	36	29:36.2
10	Simon Rayner	Ontario Masters	46	40	29:50.3
11	Dave McMahon	Cirrus	46	46	29:58.9
12	Don Gallagher	South Simcoe Dufferin T&F Club	49	47	29:58.9
13	John Meijer	Lakeshore Masters	49	57	30:27.0
14	Jim Burrows	London Pacers	49	61	30:43.1
15	Tom Sawyer	Laurel Creek T & F Club	49	66	30:54.6
16	Peter Drake	Harbour Track	49	67	31:05.6
17	Roger Moss	Longboat Roadrunners	47	71	31:12.0
18	Jianping Xu	Harbour Track	45	72	31:19.6
19	Dave Smith	Toronto Olympic Club	49	74	31:22.6
20	Tony Stokes	London Pacers	47	79	31:36.2
21	Bruce Grierson	Newmarket Huskies Track Club	49	88	32:05.0
22	Jeffrey Orchard	London Pacers	45	97	32:41.4
23	David Pedliham	Longboat Roadrunners	49	107	33:29.4

24	Michael Day	Ottawa Lions T & F Club	48	108	33:31.3
25	Stefan Randstrom	Longboat Roadrunners	47	114	33:52.3
26	Rob Hanks	Longboat Roadrunners	47	138	36:08.3
27	Eric Rogers	Toronto Olympic Club	47	160	38:14.6
		MALE 50-54			
Place	Name	Team	Age	Overall	Time
1	Chris Deighan	Newmarket Huskies Track Club	50	18	28:29.8
2	Dave Kary	Ottawa Lions T & F Club	51	31	29:23.0
3	Bob McGraw	Physi-Kult Kingston	52	41	29:51.3
4	Stephen Beasley	London Pacers	54	48	30:00.0
5	Michael Archibald	Tri City	53	49	30:07.3
6	Jean-Francois Fillion	Cirrus	50	50	30:10.6
7	Ken Hawthorn	Newmarket Huskies Track Club	51	52	30:13.0
8	Richard Raaflaub	Physi-Kult Kingston	51	55	30:21.2
9	Robert Campbell	Longboat Roadrunners	50	60	30:38.8
10	Art Kilgour	Guelph Victors	52	63	30:47.3
11	Clive Morgan	Physi-Kult Kingston	51	80	31:38.5
12	Paul Bannon	Unattached	54	84	31:44.7
13	Boyd Kalnay	Quinte Legion T & F Club	51	86	31:54.2
14	David Paddock	Tri City	52	89	32:05.9
15	Tom Callaghan	Newmarket Huskies Track Club	50	94	32:19.5
16	Claude Castilloux	Timmins	52	101	33:03.9
17	Fraser Hale	Guelph Victors	51	109	33:37.8
18	David Champion	Tri City	52	110	33:38.9
19	Jim Omeara	Unattached	53	113	33:49.0
20	Dave Penney	Quinte Legion T & F Club	54	115	33:52.9
21	Brian Tartt	Guelph Victors	50	116	33:54.5
22	James Freemantle	Newmarket Huskies Track Club	52	119	34:21.2
23	Marcel Boudreau	Timmins	52	129	34:56.0
24	Rick Royce	Physi-Kult Kingston	51	130	34:58.4
25	Edward Kooistra	Unattached	50	139	36:14.4
26	Scott Cameron	Guelph Victors	51	143	36:35.1
27	Malcolm Mackenzie	Guelph Victors	53	146	36:46.4
28	Nick Grayson	Guelph Victors	50	166	39:18.2
29	Julian Little	Cirrus	53	174	41:01.7
		MALE 55-59			
Place	Name	Team	Age	Overall	Time
1	Paul Reimer	Unattached	55	39	29:46.1
2	Bill Krezonoski	Unattached	57	54	30:20.5
3	Michael Secker	Edmonton Thunder	59	59	30:34.7
4	Bill Wheeler	London Pacers	56	68	31:06.6
5	Robert Holmes	Edmonton Thunder	56	70	31:09.2
6	Ross Munro	Edmonton Thunder	58	82	31:40.3
7	Cliff Russell	Edmonton Thunder	57	90	32:07.9
8	George Aitkin	Cambridge Harriers	58	91	32:09.5
9	Stefan Fekner	Edmonton Thunder	58	98	32:44.2
10	Wayne Chee	Physi-Kult Kingston	56	102	33:12.8
11	Denis Feeney	Tri City	57	104	33:16.0
12	Ed Wynands	Brockville Legion T & F Club	56	123	34:39.1
13	Jim Rawling	Longboat Roadrunners	55	131	35:01.0

14	Brian Hillis	London Pacers	55	152	37:16.7
15	Mike O'brien	Trackburner Racing Team	56	171	40:27.8
16	Roger Tremblay	Ottawa Lions T & F Club	55	173	40:57.9
		MALE 60-64			
Place	Name	Team	Age	Overall	Time
1	Bob Knuckey	Newmarket Huskies Track Club	62	99	32:52.6
2	Murray Hale	Newmarket Huskies Track Club	61	125	34:41.7
3	Richard Bailey	Longboat Roadrunners	62	126	34:44.3
4	Tim Payne	Newmarket Huskies Track Club	60	128	34:54.6
5	Mike Bedley	Longboat Roadrunners	63	137	36:06.4
6	Bert De Vries	Longboat Roadrunners	64	154	37:24.0
7	Jim Cooke	Trackburner Racing Team	63	156	37:41.8
		MALE 60-64 Cont'd.			
Place	Name	Team	Age	Overall	Time
8	Ken Hamilton	Newmarket Huskies Track Club	60	158	38:08.8
9	Gaëtan Breton	Club d'Athlétisme de Sherbrooke	63	166	39:37.9
10	John Lyng	Longboat Roadrunners	60	180	43:21.6
11	Stuart Pursey	Cirrus	60	183	46:55.1
		MALE 65-69			
Place	Name	Team	Age	Overall	Time
1	Hugh Connolly	Longboat Roadrunners	65	148	37:05.2
2	Glen Norcliffe	Toronto Olympic Club	67	158	37:59.7
3	Vern Christensen	Scarborough Masters	69	165	38:39.5
4	Chuck Edwards	London Pacers	65	168	39:47.2
5	John Powell	Etobicoke T & F Club	66	191	56:49.5
		MALE 70-74			
Place	Name	Team	Age	Overall	Time
1	Bob Moore	Toronto Olympic Club	70	142	36:23.2
2	Keijo Taivassalo	Scarborough Masters	71	157	37:56.0
3	Nick D'ascanio	London Pacers	70	163	38:35.0
4	Richard Darling	London Pacers	73	190	54:21.8
5	Hylke(hike) Van Der Wal	Athletes In Action	72	193	01:58.2
		MALE 75-79			
Place	Name	Team	Age	Overall	Time
1	Gerhard Krolow	Metro Toronto Fitness	75	184	47:32.0
2	Richard Graves	Etobicoke T & F Club	77	185	49:48.6
		MALE 80+			
Place	Name	Team	Age	Overall	Time
1	Ralph Lang	Metro Toronto Fitness	82	188	51:37.4