What good fortune it was, for both Canadian and international masters athletics, that in 1972 Alastair Lynn traveled south from his native Scotland to observe one of the first international track meets for 40 plus athletes. At the famed Crystal Palace Alastair met a group calling themselves The Canadian Masters International Track Team (CMITT). They told him of their plans for more such meets, and invited him to join them, should he ever be in Canada. Alastair, who had shown considerable talent as a middle distance runner, breaking 2 minutes for the “880” in 1955, did immigrate to Canada in 1976. He connected with his CMITT friends, and spent the next 19 years not just competing, but also initiating, administering, and assisting masters events and organizations. By 1979 he had become president of CMITT, leading the way for the name to be changed to CMAA in 1980. His best memory from 1980, though, was winning the M50 800m and 1500m at the Canadian masters championships in Hull, Quebec just days after his 50th birthday.* In the ‘80s Alastair initiated Interclub Masters championships in the Toronto area; and created and directed the CMAA Women’s Masters 5K championships. After four years as CMAA president, he moved on to WAVA, serving two terms as treasurer, then another two terms as secretary. His 1991 bid to replace the incumbent president missed by a narrow margin. For his dedicated service he was named an Honorary Life VP of WAVA. He’s also an Honorary Life Member of CMAA.