

Canadian Cross Country Championships

Guelph ON - Saturday, December 1st

Meet Director - Dave Scott-Thomas

W30	Stevenson, Nicol	NWH	30:32.0	79.4%	W60	Findley, Linda	LLTF	40:06.0	78.4%
	Nagy, Sarah	NWH	30:40.0	79.0%		Wells, Nancy	LBR	42:30.0	75.0%
	Porcellato, Tanya	GVIC	35:51.0	67.1%		Prest, Claire	LBR	47:39.0	68.9%
	Lee, Wendy	ETS	38:45.0	62.2%		De geus, Tina	LBR	53:00.0	61.9%
	Orzilla, Bonnie	SMC	39:23.0	61.5%		Dobos, Ilona	UNA	54:44.0	59.1%
W35	Boulton, April	UNA	34:09.0	71.5%	W65	Christensen, Joan	SMC	47:20.0	73.8%
	Boulton, Melanie	UNA	34:15.0	71.3%					
	McCready, Sharon	EHS	38:29.0	64.4%	M30	Loaring, James	SPEE	27:52.0	76.2%
	Milne, Moira	SSD	43:56.0	55.8%		Tepper, Dave	NWH	28:13.0	75.7%
	Sviajina, Margareta	PKC	DNF			Gowen, Neil	SAG	28:24.0	74.8%
W40	Hopkins, Colleen	TOC	33:06.0	77.0%		Kehoe, Shawn	TOC	28:39.0	74.5%
	Bunting, Annie	UNA	33:22.0	76.4%		Stevenson, Bevin	SAG	29:00.0	73.9%
	Rupoli, Kelly	GVIC	34:31.0	73.9%		Orozco-Reyes, Hugo	NWH	29:06.0	73.4%
	Karrow, Jodie	GVIC	35:12.0	71.3%		Dadi, Lemi	TOC	29:26.0	73.2%
	Todd, Robin	GVIC	36:31.0	69.8%		Houston, Gonsolves	SSD	32:07.0	66.1%
	Snarr, Tracey	NWH	36:44.0	69.4%		Avery, Mark	OSR	33:11.0	64.3%
	Bolton, Kim	GVIC	38:25.0	67.0%		Halla, Jamie	SSD	33:42.0	63.4%
	Preyde, Michele	GVIC	39:19.0	64.9%		Kay, Doug	OTW	36:51.0	58.2%
W45	Primrose, Elizabeth	TOC	31:29.0	83.4%	M35	Hackshaw, Derek	NWH	28:02.0	78.8%
	Davies, Wendy	PIHR	35:21.0	76.9%		Barrett, Jeff	SAG	28:26.0	77.7%
	Zonruiter, Gerda	LOP	35:37.0	72.9%		Madsen, Chris	UOT	29:23.0	75.2%
	Umphrey, Jennifer	GVIC	36:03.0	72.0%		Bauman, Marvin	SAG	29:52.0	73.4%
	Ditchfield, Jennife	UN	DNF			Ort, Matthew	GVIC	30:04.0	73.5%
W50	Rhodes, Cindy	KELO	34:29.0	79.8%		Oreopoulos, Philip	TOC	30:17.0	71.5%
	Mitchinson-Bailey,	SSD	35:19.0	77.9%		O'Hare, Ron	NWH	30:43.0	71.4%
	Hamel, Dawn	SSD	35:24.0	79.7%		Glaab, Peter	GVIC	32:04.0	68.9%
	Kobayashi, Lynn	TOC	36:14.0	77.9%		Ward, Matthew	GVIC	32:30.0	66.6%
	Northcott, Clara	EHS	39:20.0	72.7%		Forget, Jamie	SSD	32:52.0	67.7%
	Scissons, Helen	SSD	40:06.0	68.6%		Bayouk, Richard	SAG	35:08.0	62.4%
	Obokata, Debbie	LOP	40:12.0	72.1%		Hall, Derek	GVIC	37:46.0	57.6%
	Reardon, Roberta	LOP	41:15.0	68.4%		Moran, Tim	UOT	39:27.0	56.0%
	Stewart, Addrienne	TOC	43:24.0	63.4%		McLauchlin, Troy	BTF	39:54.0	55.8%
	Moriarity, Louise	LOP	44:16.0	64.6%	M40	Boucher, Alain	OTW	27:26.0	84.2%
	Roblin, Lynn	MOM	44:29.0	61.9%		Westgate, Gary	TOC	27:34.0	81.9%
	Watson, Pauline	MOM	45:05.0	63.4%		Hay, Michael	NCTT	28:14.0	79.4%
	Marino, Chris	MOM	45:38.0	61.8%		Muldrew, Shawn	EDTH	28:21.0	80.3%
W55	McLean, Christine	EHS	39:59.0	74.4%		Quinn, Pete	UNA	28:26.0	80.0%
	Melville, Rita	LOP	43:58.0	68.6%		Peat, Geoff	NWH	28:52.0	80.0%





M40's Alain Boucher ON & Gary Westgate ON

Gundlack, Christian	LOP	29:02.0	77.2%
Shields, Kevin	TRI	29:08.0	77.5%
Loney, John	LOP	29:10.0	78.6%
Bowles, Kevin	CALR	29:17.0	77.7%
Lachance, Yvan	SHER	29:19.0	78.8%
Gosleigh, Ken	SAG	29:34.0	75.8%
Wismer, Paul	GVIC	29:53.0	75.6%
Henning, Rod	LOP	29:56.0	76.6%
Sherar, Michael	TOC	30:00.0	77.0%
Mitro, Harvey	TOC	30:02.0	76.4%
Jones, Andrew	LOP	30:44.0	74.0%
Roy, Fraser	OSR	30:46.0	74.5%
Van Nest, Trevor	NWH	30:53.0	72.6%
Thibodeau, Paul	CHEE	31:04.0	74.4%
Shafir, Mark	GVIC	31:58.0	71.2%



A close finish - M35 Ron O'Hare ON nicks M40 Andrew Jones ON

Mazur, Allan	TRI	32:13.0	70.6%
Hinnen, John	LSM	32:54.0	68.6%
Gonos, John	ETS	32:57.0	69.0%
Dick, Allan	KWTF	33:34.0	68.8%
Morley, Stephen	CHEB	33:42.0	66.5%
M45 Fiorini, Daniel	NWH	28:14.0	82.5%
Da Silva Jardine, R	ETS	28:49.0	81.4%
Earl, James	ETS	29:28.0	80.9%
Guss, David	CALR	29:28.0	80.3%
Earl, Robert	ETS	29:36.0	80.5%
Raaflaub, Richard	PKC	29:41.0	80.3%
Burrows, Jim	LOP	29:42.0	79.0%
Kaandorp, John	SAG	30:19.0	76.8%
Moloney, Desmond	ETS	30:28.0	77.6%
Fox, Dana	TRI	30:30.0	78.8%
Meijer, John	LSM	30:42.0	76.4%
MacDonald, Bill	NOC	30:49.0	76.8%
Meloche, Nick	OSR	30:56.0	75.9%
Deighan, Chris	NWH	31:03.0	76.2%



M65 Herb Phillips BC
scored 3rd AG for the BC Team

Andrew, Tim	MONC	31:37.0	74.8%
Leroux, Mike	DART	31:44.0	74.0%
Linton, Geoff	GVIC	32:38.0	71.4%
McGee, Graham	LOP	32:48.0	72.7%
Smith, Norman	UNA	33:00.0	72.8%
Whitlock, Neil	BTF	33:13.0	71.2%
Kilgor, Art	GVIC	34:19.0	70.0%
Amer, Geoff	OSR	36:50.0	64.2%
Doxtator, Russell	QLT	38:31.0	60.4%
Daris, Glenn	UNA	38:41.0	61.6%
M50 Koymans, Jerry	TOC	28:08.0	87.5%
Reimer, Paul	UNA	28:48.0	85.5%
Wood, Tim	OSR	28:50.0	84.0%
Boileau, Art	HER	29:21.0	82.5%
Archibald, Michael	TRI	31:01.0	78.1%
Wheeler, Bill	LOP	31:27.0	78.9%
Madden, James	LOP	31:41.0	77.1%
Holmes, Bob	EDTH	31:43.0	78.3%
Russell, Cliff	EDTH	32:39.0	76.7%

Lambert, Tony	EDMO	33:27.0	73.0%
Marshall, Thomas	BL	33:44.0	73.0%
Feeney, Denis	TRI	33:51.0	74.0%
Stollar, David	LOP	33:57.0	73.1%
Penny, Dave	QLT	34:02.0	71.7%
Meleca, Joe	NWH	34:17.0	72.4%
Nesbitt, Steven	UNA	34:46.0	70.2%
Yaeger, Dave	TOC	34:53.0	71.8%
McKinnon, Robert	DEN	34:59.0	70.9%
Cook, Bill	TOC	35:32.0	69.8%
Vardy, Partick	UNA	35:43.0	68.9%
Forscarini, David	UNA	38:25.0	63.0%
Keeting, Alex	EHS	39:18.0	61.6%
Gutoski, Donald	LOP	39:24.0	63.0%
Haas, Normand	UNA	41:02.0	59.5%
Claude, David	VD	41:46.0	58.9%



2nd M45 Ron Da Silva Jardine ON & 3rd M50 Tim Wood
Tim's 84.08% was the 3rd Ontario score.



**M45 David Guss AB, M35 Chris Madsen ON,
M50 Art Boileau BC** Art's 82.60% was the 2nd place score for BC.

Connolly, Hugh	LBR	38:21.0	69.9%
Breton, Gaetan	SHER	38:33.0	68.4%
Wilkinson, Raymond	LOP	38:39.0	68.8%
Norcliffe, Glen	TOC	38:46.0	70.4%
Mason, Briyan	UNA	40:03.0	67.5%
Edwards, Chuck	LOP	41:18.0	64.9%
Powell, John	EHS	49:09.0	55.0%
M65 Phillips, Herb	UNA	34:06.0	82.3%
Moore, Robert	TOC	35:20.0	79.4%
D'Ascanio, Nick	UNA	36:47.0	76.3%
Woodhall, Dave	UNA	38:11.0	72.2%
Goodstadt, Michael	SMC	41:24.0	67.8%
Kehoe, Lloyd	LOP	41:29.0	69.0%
Van der Wal, Hylke	UNA	54:44.0	52.3%
M70 Geddes, Jack	SMC	39:42.0	72.9%
Dobos, Peter	UNA	47:03.0	62.3%

M55 Aitkin, George	CAM	31:18.0	80.6%
Secker, Mike	EDTH	31:19.0	81.3%
Chapman, Fred	LOP	31:49.0	80.0%
Drolet, Normand	UNA	32:16.0	78.2%
Hale, Murray	EHS	33:36.0	77.0%
Knuckey, Bob	CTTC	33:55.0	77.0%
Lansdowne, Brian	BRTC	35:56.0	72.7%
Smith, Doug	UNA	38:36.0	65.9%
Badger, Doug	UNA	41:50.0	62.4%
Melville, Gord	LOP	42:44.0	60.6%
M60 Horwich, Bill	CAM	34:28.0	76.5%
Bedley, Mike	LBR	35:15.0	74.8%
Anklovitch, Ken	UNA	36:26.0	72.3%
De Vries, Bert	LBR	37:45.0	70.4%
Jones, Leslie	LOP	37:56.0	70.7%
McGill, Dave	TRN	37:57.0	70.0%



**M40 John Loney ON, M40 Kevin Bowles AB,
M40 Christian Gundlack ON,
M30 Hugo Orozco-Reyes ON, M45 James Earl ON**

All photos by Jack 'Frozen Finger' Castle
<http://runningdevil.dotphoto.com>

Teams

W40

1. Guelph Victors
34:31 35:12 36:03 36:31 (38:25) (39:19) = 2:22:17
Kelly Rupoli, Jodie Karrow, Jennifer Umphrey,
Robin Todd, Kim Bolton, Michele Preyde
2. Toronto Olympic
31:29 33:06 36:14 43:24 = 2:24:13
Elizabeth Primrose, Colleen Hopkins,
Lynn Kobayashi, Adrienne Stewart

W50

1. South Simcoe/Dufferin TFC
35:19 35:24 40:06 = 1:50:49
Lori Mitchinson Bailey, Dawn Hamel, Helen Scissons
2. London Pacers
40:12 41:15 43:58 (44:16) = 2:05:25
Debbie Obokata, Roberta Reardon, Rita Melville, Louise Moriarity
3. Merry Moms Oakville
44:29 45:05 45:38 = 2:15:12
Lynn Roblin, Pauline Watson, Chris Marino

W60

1. Longboat Roadrunners
42:30 47:39 (53:00) = 1:30:09
Nancy Wells, Claire Prest, Tina De Geus

M30

1. Saugeen Track and Field Club
28:24 28:26 29:00 29:34 (29:52) (30:19) = 1:55:24
Neil Gowan, Jeff Barrett, Bevin Stevenson,
Ken Gosleigh, Marvin Bauman, John Kaandorp
2. Newmarket Huskies
28:02 28:13 29:06 30:32 (30:40) (30:43) = 1:55:53
Derek Hackshaw, Dave Tepper, Hugo Orozco-Reyes,
Nicole Stevenson, Sarah Nagy, Ron O'Hare
3. Guelph Victors
30:04 32:04 32:30 35:51 = 2:10:29
Matthew Ort, Peter Glaab, Matthew Ward, Tanya Porcellato

4. South Simcoe/Dufferin TFC
32:07 32:52 33:42 43:56 = 2:22:37
Houston Gonsalves, Jamie Forget, Jamie Halla, Moira Milne

M40

1. Toronto Olympic
27:34 28:08 30:00 30:02 = 1:55:44
Gary Westgate, Jerry Kooymans, Mike Sherar, Harvey Mitro
2. London Pacers
29:02 29:10 29:42 29:56 (30:44) (32:48) = 1:57:50
Christian Gundlack, John Loney, Jim Burrows,
Rod Henning, Andrew Jones, Graham McGee
3. East Toronto Striders
28:49 29:28 29:36 30:28 (32:57) = 1:58:21
Ronald Da Silva Jardin, James Earl, Robert Earl,
Desmond Moloney, John Gonos
4. Newmarket Huskies
28:14 28:52 30:53 31:03 (34:17) (36:44) = 1:59:02
Dan Fiorini, Geoff Peat, Trevor Van Nest,
Chris Deighan, Joe Meleca, Tracey Snarr
5. Edmonton Thunder
28:21 29:17 31:19 31:43 (32:39) (33:27) = 2:00:40
Shawn Muldrew, Kevin Bowles, Michael Secker,
Bob Holmes, Cliff Russell, Tony Lambert
6. Tri City Track Club
29:08 30:30 31:01 32:13 (33:51) = 2:02:52
Kevin Shields, Dana Fox, Michael Archibald,
Allan Mazur, Denis Feeney
7. Owen Sound Runners
28:50 30:46 30:56 36:50 = 2:07:22
Tim Wood, Fraser Roy, Nick Meloche, Geoff Amer
8. Guelph Victors
29:53 31:58 32:38 34:19 = 2:08:48
Paul Wismer, Mark Shafir, Geoff Linton, Art Kilgour

M50

1. London Pacers
31:27 31:41 31:49 33:57 (39:24) (42:44) = 2:08:54
Bill Wheeler, James Madden, Fred Chapman,
David Stollar, Donald Gutoski, Gord Melville
2. Toronto Olympic
34:53 35:20 35:32 38:46 = 2:24:31
Dave Yaeger, Robert Moore, Bill Cook, Glen Norcliffe
3. Etobicoke Track and Field Club
33:36 39:18 39:20 39:59 (49:09) = 2:32:13
Murray Hale, Alex Keeting, Clara Northcott,
Christine McLean, John Powell

M60

1. Longboat Roadrunners
35:15 37:45 38:21 = 1:51:21
Mike Bedley, Bert DeVries, Hugh Connolly
2. London Pacers
36:47 37:56 38:39 (41:18) (41:29) = 1:53:22
Nick D'Ascanio, Leslie Jones, Raymond Wilkinson,
Chuck Edwards, Lloyd Kehoe
3. Scarborough Masters
39:42 41:24 47:20 = 2:08:26
Jack Geddes, Michael Goodstadt, Joan Christensen



**M40 Harvey Mitro ON, M40 Paul Wismer ON,
M50 Paul Reimer BC, W50 Chris Marino ON,
M40 Rod Henning ON**

Chris was being lapped on the 4 loop course.

