Don Farquharson Memorial Harriers Relay

Saturday, October 28, 2000

Sunnybrook Park, Toronto

Race Director - Jack Castle

1	Toronto Olympic			97.6%
	John Craig	M47	14:55	95.20%
	Paul Craig	M47	14:18	99.30%
	Jerry Kooymans	M45	14:14	98.2%
2	Scarborough A			91.8%
	Phil Pyatt	M51	15:50	92.53%
	Vern Christensen	M59	18:18	85.70%
	Jack Geddes	M63	16:49	97.0%
3	Rouge River A			87.7%
	Brad Simser	M52	16:22	90.22%
	John Pickard	M52	17:04	86.52%
	Murray Mostyn	M54	17:25	86.2%
4	Metro Fitness			86.9%
	Gerhard Krolow	M65	19:58	83.39%
	Ralph Lang	M72	21:37	83.58%
	Molly Turner	F66	20:52	93.8%

4th place Team - Metro Fitness

M65 Gerhard Krolow, W65 Molly Turner, M70 Ralph Lang

5	Longboat A			85.3%
	Claire Oger	F55	21:00	82.38%
	Tony Teddy	M54	16:59	88.42%
	Bert de Vries	M54	17:39	85.1%
6	Mississauga Y			84.6%
	Keith Rodrigues	M47	16:34	85.71%
	Earl Fee	M71	20:05	88.80%
	Mike Carter	M51	18:29	79.3%
7	Lakeshore A			84.1%
	John Maijer	M39	15:00	89.22%
	Joe Lee	M50	18:08	80.15%
	Alan Davis	M44	16:45	82.9%

M45 Frank DiRienzo

8	Etobicoke A			82.6%
	Bill McIlwaine	M62	19:46	81.70%
	Charlie Upshall	M56	17:58	84.97%
	Don Jones	M64	20:20	81.1%
9	Longboat C			80.6%
	Jim Milligan	M65	22:27	74.16%
	Adele Emo	F49	19:26	84.05%
	Hugh Connolly	M55	18:08	83.5%

M55 Charlie Upshall

M50 Tony Teddy

10	Rouge River B			80.4%
	Tim Payne	M50	16:07	90.18%
	Roger DePlancke	M50	17:37	82.50%
	Ken Mollineau	M59	22:52	68.6%
11	Etobicoke B			80.3%
	Alex Keeting	M43	17:41	77.95%
	Richard Graves	M67	20:49	81.75%
	Morgyn Paterson	M68	21:13	81.1%
12	Lakeshore B			79.9%
	Peter Bowden	M38	16:43	79.56%
	Jim Morrison	M42	17:09	79.79%
	Wayne Morris	M44	17:16	80.4%
13	Etobicoke E			78.3%
	Vlad Jevremovic	M41	18:35	73.09%
	Frank Di Rienzo	M46	18:45	75.11%
	Linda Findley	F52	19:23	86.7%
14	Longboat B			77.2%
	Jim Rawling	M45	17:11	81.38%
	Angela Barker	F35	19:30	74.44%
	Tony Fletcher	M50	19:09	75.9%

M50 Bert de Vries

M65 Morgyn Paterson

15	Etobicoke D			76.6%
	Louise Soucy-Fraser	F39	20:08	74.42%
	Don Krueger	M51	18:43	78.27%
	Peter Allen	M47	18:23	77.2%
16	Etobicoke C			76.6%
	Katherine Willis	F42	19:19	79.55%
	Margaret Rolfe	F58	23:53	74.74%
	Christine Guy	F47	21:14	75.6%
17	Scarborough B			76.6%

M40 Alan Davis, M40 Jim Morrison, M45 George Aitkin

	Dave Spielvogel	M43	18:09	75.94%
	Reg Wilson	M57	19:18	79.88%
	Jeff McCartney	M39	18:06	73.9%
18	Longboat D			72.0%
	Bob Nagle	M62	21:12	76.18%
	Alemka Dopuda	F38	21:49	68.14%
	Scott Hunter	M35	18:08	71.8%
19	Rouge River C			71.2%
	John Schuller	M43	19:34	69.93%
	Gord England	M47	19:37	72.39%
	Howard Parker	M50	20:24	71.2%
20	Farquharson B			71.1%
	Joe Farquharson	M14	16:52	75.59%
	Tim Kingshott	M28	21:12	60.14%
	Sandy Farquharson	F17	18:33	77.6%
21	Rouge River D			70.0%
	Alan Carter	M59	21:31	72.89%
	Jim Pascoe	M62	21:10	76.30%
	Nancy Konyu	F45	25:56	60.8%
22	Etobicoke F			69.5%
	John Powell	M56	20:56	72.93%
	Felix Charles	M72	24:37	73.39%
	Jackie Mandziak	W45	25:24	62.1%
23	Farquharson E			68.4%
	Char. Farquharson	F11	23:17	61.85%
	Alison Farquharson	F40	18:18	82.60%
	Mari Farquharson	F24	23:43	60.7%
24	Longboat E			
		67.9%		
	Ian Lam	M37	18:31	71.29%
	Paul Collier	M57	24:49	62.12%
	Tina de Geus	F56	24:54	70.1%
25	Longboat F			67.2%
	Wendy Hanger	F63	26:03	72.42%
	Eugene Scanlan	M65	25:55	64.24%
	Allen Groome	M51	22:36	64.8%
27	Scarborough C			64.3%
	Wayne Martinez	M55	22:13	68.12%
	Cathy Tedford	F47	28:17	56.75%
	Mike Nedd	M51	21:53	66.9%
26	Farquharson C			63.7%
	Karen Farquharson	F16	30:04	47.89%
	Brian Farquharson	M15	15:11	83.97%
	Ian Farquharson	M13	21:29	59.3%
28	Farquharson D			56.6%
	Brett Farquharson	M9	23:21	54.60%
	Chris Farquharson	F37	25:38	57.54%
	John Farquharson	M39	23:12	57.7%
29	Farquharson A			43.1%
	Dave farquharson	M46	30:27	46.25%
	Eric Farquharson	M44	38:42	35.87%
	Dave Farquharson	M21	27:02	47.2%

Race Director **Jack Castle** hosts the awards ceremony in the Pavillion.

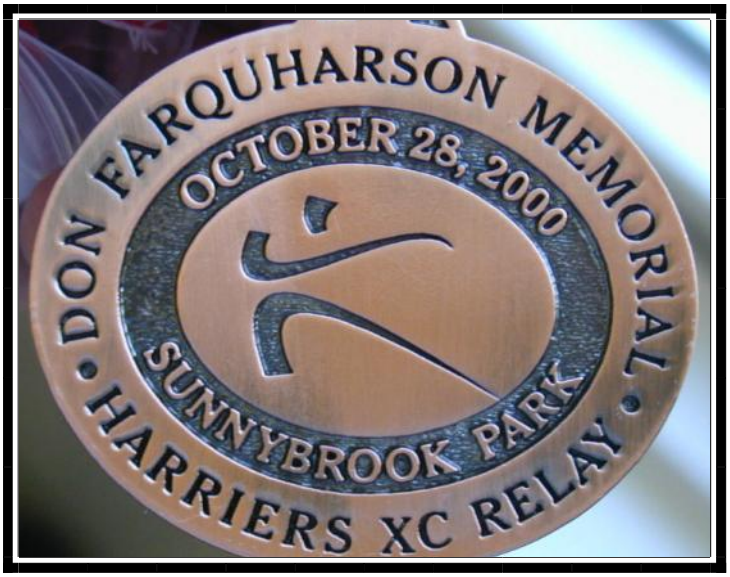
Individual Results

by age-graded score

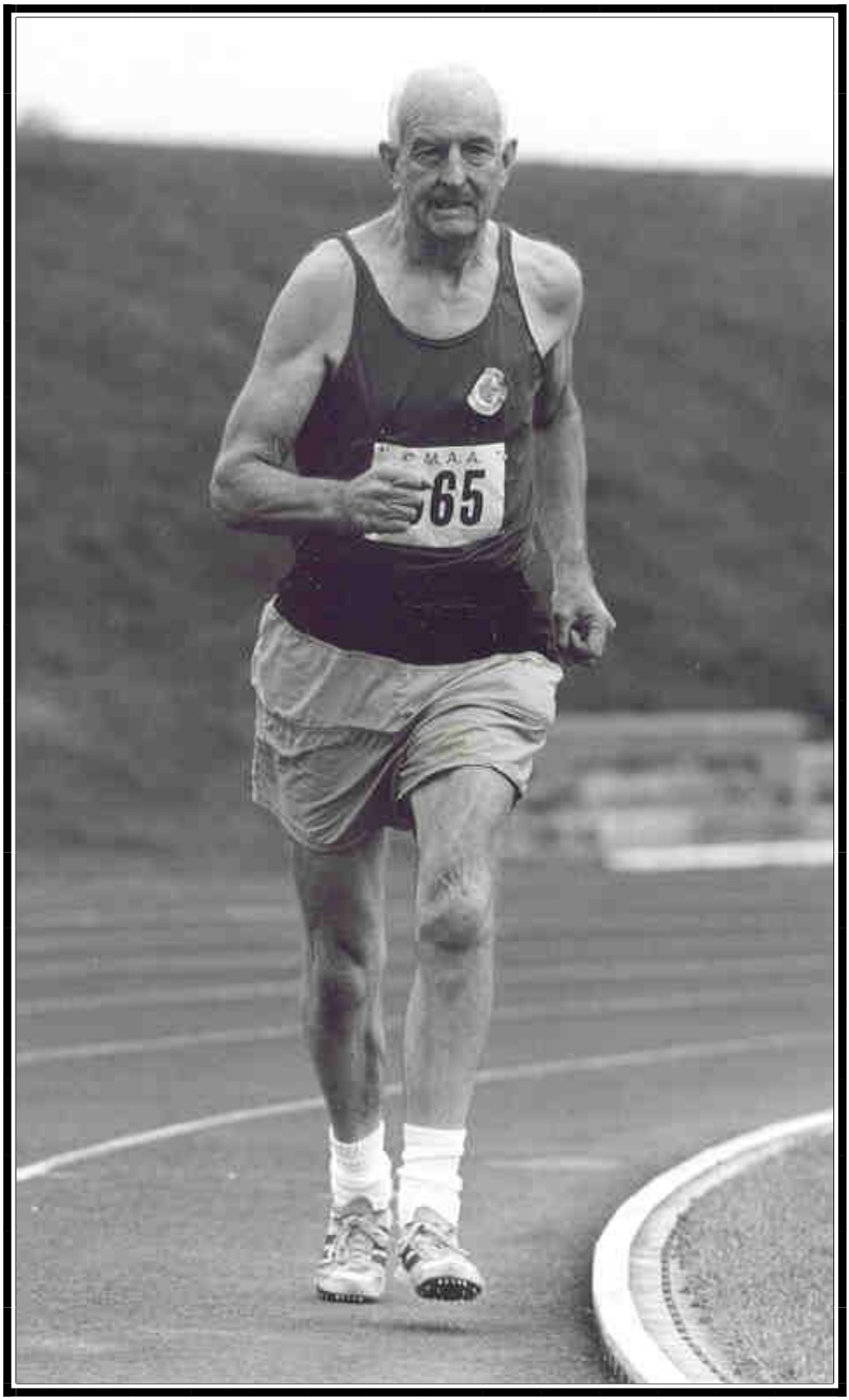
1	Paul Craig	M47	14:18	99.3%
2	Jerry Kooymans	M45	14:14	98.2%
3	Jack Geddes	M63	16:49	97.0%
4	John Craig	M47	14:55	95.2%
5	George Aitkin	M48	15:04	94.9%
6	Molly Turner	F66	20:52	93.8%
7	Bob Moore	M59	16:57	92.5%
8	Phil Pyatt	M51	15:50	92.5%
9	Murray Hale	M51	15:55	92.0%
10	Brad Simser	M52	16:22	90.2%
11	Tim Payne	M50	16:07	90.2%
12	John Maijer	M39	15:00	89.2%
13	Earl Fee	M71	20:05	88.8%
14	Tony Teddy	M54	16:59	88.4%
15	Linda Findley	F 52	19:23	86.7%
16	John Pickard	M52	17:04	86.5%
17	Murray Mostyn	M54	17:25	86.2%
18	Keith Rodrigues	M47	16:34	85.7%
19	Vern Christensen	M59	18:18	85.7%
20	Bert de Vries	M54	17:39	85.1%
21	Charlie Upshall	M56	17:58	85.0%
22	Adele Emo	F 49	19:26	84.0%
23	Brian Farquharson	M15	15:11	84.0%
24	Ralph Lang	M72	21:37	83.6%
25	Hugh Connolly	M55	18:08	83.5%
26	Gerhard Krolow	M65	19:58	83.4%
27	Alan Davis	M44	16:45	82.9%
28	Alison Farquharson	F 40	18:18	82.6%
29	Roger DePlancke	M50	17:37	82.5%
30	Claire Oger	F 55	21:00	82.4%
31	Judy Warwick	F 51	20:20	81.8%
32	Richard Graves	M67	20:49	81.7%
33	Bill McIlwaine	M62	19:46	81.7%
34	Jim Rawling	M45	17:11	81.4%
35	Morgyn Paterson	M68	21:13	81.1%
36	Don Jones	M64	20:20	81.1%
37	Wayne Morris	M44	17:16	80.4%
38	Joe Lee	M50	18:08	80.1%
39	Reg Wilson	M57	19:18	79.9%
40	Jim Irons	M64	20:39	79.8%
41	Jim Morrison	M42	17:09	79.8%
42	Steve Wilson	M41	17:04	79.6%
43	Peter Bowden	M38	16:43	79.6%
44	Kathy Willis	F 42	19:19	79.6%
45	Mike Carter	M51	18:29	79.3%
46	Bill Marr	M65	21:07	78.8%
47	Don Krueger	M51	18:43	78.3%
48	Doug Smith	M49	18:27	78.1%
49	Alex Keeting	M43	17:41	77.9%
50	Sandy Farquharson	F 17	18:33	77.6%
51	Clive Randewich	M58	20:05	77.4%
52	Peter Allen	M47	18:23	77.2%
53	Jim Pascoe	M62	21:10	76.3%
54	Bob Nagle	M62	21:12	76.2%
55	Dave Spielvogel	M43	18:09	75.9%
56	Tony Fletcher	M50	19:09	75.9%
57	Joe Farquharson	M14	16:52	75.6%
58	Christine Guy	F 47	21:14	75.6%
59	Frank Di Rienzo	M46	18:45	75.1%
60	Margaret Rolfe	F 58	23:53	74.7%
61	Angela Barker	F 35	19:30	74.4%
62	Louise Soucy-Fraser	F 39	20:08	74.4%
63	Jim Milligan	M65	22:27	74.2%
64	Odino Soligo	M79	26:48	74.1%
65	Jeff McCartney	M39	18:06	73.9%
66	Felix Charles	M72	24:37	73.4%
67	Vlad Jevremovic	M41	18:35	73.1%
68	John Powell	M56	20:56	72.9%
69	Alan Carter	M59	21:31	72.9%
70	Bill Cameron	M75	25:54	72.6%
71	Wendy Hanger	F 63	26:03	72.4%
72	Gord England	M47	19:37	72.4%
73	Scott Hunter	M35	18:08	71.8%
74	Ian Lam	M37	18:31	71.3%
75	Howard Parker	M50	20:24	71.2%
76	Tina de Geus	F 56	24:54	70.1%
77	John Schuller	M43	19:34	69.9%
78	Ken Mollineau	M59	22:52	68.6%
79	Alemka Dopuda	F 38	21:49	68.1%
80	Wayne Martinez	M55	22:13	68.1%
81	Mike Nedd	M51	21:53	66.9%
82	Ken Morris	M70	26:35	66.3%
83	Allen Groome	M51	22:36	64.8%
84	Eugene Scanlan	M65	25:55	64.2%
85	Steve Farquarso	M18	19:56	64.0%
86	Paul Collier	M57	24:49	62.1%
87	Jackie Mandziak	W45	25:24	62.1%
88	Char. Farquharson	F 11	23:17	61.8%
89	Nancy Konyu	F 45	25:56	60.8%
90	Mari Farquharson	F 24	23:43	60.7%
91	Tim Kingshott	M 28	21:12	60.1%
92	Ian Farquharson	M 13	21:29	59.3%
93	John Farquharson	M 39	23:12	57.7%
94	Steve Mente	M 68	29:54	57.6%
95	Chris Farquharson	F 37	25:38	57.5%
98	Cathy Tedford	F 47	28:17	56.8%
96	Ken Glance	M 51	26:09	56.0%
97	Brett Farquharson	M 9	23:21	54.6%
99	Ron Carroll	M 73	37:39	48.6%
100	Karen Farquharson	F 16	30:04	47.9%
101	Dave Farquharson	M 21	27:02	47.2%
102	Dave Farquharson	M 46	30:27	46.3%
103	Eric Farquharson	M 44	38:42	35.9%

Don's Legacy

Some (!) of the Farquharsons at the Relay. Some were still out on the 3rd leg.



Participant's medal
A great design by Brian Frank and Jack.
Note how the stylized runner spells out D.F.
when viewed from a 90° angle.



Don running in the CMAA Championships in Etobicoke

Photo courtesy George Aitkin

DON FARQUHARSON MEMORIAL HARRIERS XC RELAY

by Jack Castle—Race Director

October 28, 2000 was certainly a day to remember and in particular remember a man who was mainly responsible for not only the 'birth' of master's running in track & field, road and cross-country but for its universal acceptance world wide.

Don was especially fond of this relay event; in fact, you could say it had become his favourite over the years, so it seemed fitting to name the race in his memory. One hundred and three entries were received made up of twenty-nine teams (which included five teams of 'Farquharsons') of three runners each and sixteen individuals. *All those who entered actually ran which might well be a first!*

The weather was kind to us and everyone got into the spirit of things. I am sure a good time was had by all present - winners, also-rans, volunteers and spectators alike. For the first time, medals were awarded to the first three male and female finishers on an age graded basis and each participant received a commemorative medal as they crossed the finish line.

The medal was designed by Brian Frank of Just Imagine Graphic Marketing Inc. and for those of you who did not hear the story, if you turn the medal on end and use just a little imagination, the stylized runner in the centre of the medal appears to be the initials "DF". Brian informed me that this was purely a coincidence and was not planned as part of the design.

I take this opportunity to thank the people who make it possible to stage an event of this kind. They were Brooks for donating the majority of the prizes; Scarborough Masters for providing and serving the food and beverages (they do such a fine job, maybe they should consider opening a sandwich bar); Brian Keaveney and Jim Flowers for marking the course and assisting at both the start and finish lines and last but not least, the folk (I'm sorry, I can't remember all of your names) who assisted with registration, acted as marshals and prepared the results. A special thank you to Eileen Farquharson who came out to be our official starter and present some of the awards.

Next year, the race will take place on Saturday, October 27th and hopefully we will again be blessed with good weather. Please make a note on your calendars now or if you do not yet have one for 2001, make sure you mark the date down somewhere it will not be overlooked!

M45 Peter Allen

W45 Nancy Konyu seems happy to be starting

M35 Ian Lam taking pictures for the Longboats

A spent **M60 Jim Pascoe** just finishes his leg.