

**Results - Friday Session - Age Grading: 1 Yr Indiv & 5 yr Multi****M30 200 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
Finals					
1 Russell Evans	M33 Unattached	28.56	1.4	28.56 67.65%	2 339

**M35 200 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Andrew Justason	M39 New Brunswick	26.48	1.4	26.05 74.17%	2 520
2 James O'Kane	M35 British Columbia	26.97	1.4	26.54 72.82%	2 482

**M40 200 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Jordan Rosenberg	M41 UTTC	25.39	1.4	24.22 79.80%	2 673

**M55 200 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Ralph Cilevitz	M57 Throwers Club	31.51	1.4	27.21 71.03%	2 432

**M60 200 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading Points
1 David Blackwood	M61 New Brunswick	32.42	1.8	27.02 71.53% 446

**M65 200 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading Points
1 Keith Martin	M67 Australia	30.23	1.8	24.21 79.82% 674
2 Roland Delhomeau	M66 Saskatchewan	34.07	1.8	27.28 70.82% 427

**M70 200 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading Points
1 Hyke Van Der Wal	M73 Action Athletics	33.28	1.8	25.44 75.96% 569

**M75 200 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading Points
1 Ted Rowan	M77 Saskatchewan	38.45	1.8	27.75 69.65% 394
2 George Reilly	M77 British Columbia	41.64	1.8	30.05 64.31% 249

**M30 1500 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading Points
1 Russell Evans	M33 Unattached	6:09.09 6:09.09	55.81% 228

**Results - Friday Session - Age Grading: 1 Yr Indiv & 5 yr Multi****M35 1500 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Andrew Justason	M39 New Brunswick	5:39.01	5:36.07 61.30%	370
2 James O'Kane	M35 British Columbia	5:42.91	5:39.93 60.60%	352

**M40 1500 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Jordan Rosenberg	M41 UTTC	4:59.52	4:45.12 72.25%	648

**M55 1500 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M57 Throwers Club	7:39.28	6:22.91 53.80%	178

**M60 1500 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 David Blackwood	M61 New Brunswick	6:33.35	5:12.29 65.97%	491

**M65 1500 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M66 Saskatchewan	6:36.16	4:58.27 69.07%	570
2 Keith Martin	M67 Australia	7:28.52	5:37.70 61.00%	362

**M70 1500 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Hyke Van Der Wal	M73 Action Athletics	8:06.44	5:44.36 59.82%	331

**M75 1500 Meter Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 George Reilly	M77 British Columbia	9:30.20	6:13.83 55.11%	210
-- Ted Rowan	M77 Saskatchewan	DNF		

**M30 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Russell Evans	M33 Unattached	4.99m	0.5	4.99m 55.75%	380

**M35 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Andrew Justason	M39 New Brunswick	5.59m	0.2	5.76m 64.40%	535
1 James O'Kane	M35 British Columbia	5.59m	0.7	5.76m 64.40%	535

**Results - Friday Session - Age Grading: 1 Yr Indiv & 5 yr Multi****M40 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Jordan Rosenberg	M41 UTTC	4.97m	1.0	5.41m 60.54%	463

**M55 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M57 Throwers Club	4.25m	1.7	5.57m 62.32%	496

**M60 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 David Blackwood	M61 New Brunswick	4.08m	1.9	5.74m 64.15%	531

**M65 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Keith Martin	M67 Australia	3.86m	+0.0	5.86m 65.53%	556
2 Roland Delhomeau	M66 Saskatchewan	3.41m	2.3	5.17m 57.89%	415

**M70 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Hyke Van Der Wal	M73 Action Athletics	3.03m	2.5	4.99m 55.80%	380

**M75 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ted Rowan	M77 Saskatchewan	3.56m	2.2	6.41m 71.63%	677
2 George Reilly	M77 British Columbia	2.64m	+0.0	4.75m 53.12%	335

**M30 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Russell Evans	M33 Unattached	30.41m	30.41m 41.05%	473

**M35 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 James O'Kane	M35 British Columbia	35.43m	35.93m 48.51%	582
2 Andrew Justason	M39 New Brunswick	25.35m	25.71m 34.71%	381

**M40 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Jordan Rosenberg	M41 UTTC	30.16m	33.21m 44.84%	528

**Results - Friday Session - Age Grading: 1 Yr Indiv & 5 yr Multi****M55 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M57 Throwers Club	24.24m	26.91m 36.33%	404

**M60 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 David Blackwood	M61 New Brunswick	25.75m	27.36m 36.94%	413

**M65 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M66 Saskatchewan	24.84m	28.90m 39.02%	443
2 Keith Martin	M67 Australia	23.09m	26.86m 36.27%	403

**M70 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Hyke Van Der Wal	M73 Action Athletics	19.49m	24.91m 33.63%	365

**M75 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ted Rowan	M77 Saskatchewan	23.70m	33.96m 45.85%	543
-- George Reilly	M77 British Columbia	FOUL		

**M30 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Russell Evans	M33 Unattached	32.96m	32.96m 33.47%	341

**M35 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 James O'Kane	M35 British Columbia	44.59m	45.15m 45.85%	517
2 Andrew Justason	M39 New Brunswick	33.29m	33.70m 34.23%	352

**M40 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Jordan Rosenberg	M41 UTTC	42.42m	46.07m 46.79%	531

**M55 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M57 Throwers Club	28.83m	38.57m 39.17%	421

**Results - Friday Session - Age Grading: 1 Yr Indiv & 5 yr Multi****M60 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 David Blackwood	M61 New Brunswick	31.72m	44.85m 45.54%	513

**M65 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M66 Saskatchewan	24.82m	38.76m 39.37%	424
2 Keith Martin	M67 Australia	20.31m	31.72m 32.21%	323

**M70 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Hyke Van Der Wal	M73 Action Athletics	11.74m	19.72m 20.03%	158

**M75 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ted Rowan	M77 Saskatchewan	24.24m	45.89m 46.60%	528
2 George Reilly	M77 British Columbia	19.18m	36.31m 36.87%	389