

Canadian Masters 10K Road Race Championships

The River Run Classic
Saskatoon, SK
August 15, 2010

Chronotrack timing by "Results Canada" 780-416-5124

AGE GROUP: Women 30 TO 34

| Place | Name | City | Finish | Pace |
|-------|---------------------|---------------|---------|-------|
| 1 | Barbara Mysko | Saskatoon | 43:15 | 4:20 |
| 2 | Tami Forrest | Saskatoon | 47:50 | 4:47 |
| 3 | Heather Hynes | Saskatoon | 48:38 | 4:52 |
| 4 | Lori Gray | Prince Albert | 51:00 | 5:06 |
| 5 | Jennifer Mirasty | Saskatoon | 51:04 | 5:07 |
| 6 | Gwen MacIsaac | Saskatoon | 52:29 | 5:15 |
| 7 | Tama Banerjje | Saskatoon | 56:02 | 5:37 |
| 8 | Jan Lesyk | Saskatoon | 56:49 | 5:41 |
| 9 | Dawn Paton | Saskatoon | 56:51 | 5:42 |
| 10 | Jen Person | Prince Albert | 58:51 | 5:53 |
| 11 | Tarina MacNeill | Saskatoon | 59:30 | 5:57 |
| 12 | Melodie Boulet | Prince Albert | 59:31 | 5:58 |
| 13 | Stephanie Hurd | Lloydminster | 59:36 | 5:58 |
| 14 | Anne Ross | Saskatoon | 59:53 | 6:00 |
| 15 | Jaime Fleischhacker | Humboldt | 1:01:02 | 6:07 |
| 16 | Mia Karapita | Saskatoon | 1:01:09 | 6:07 |
| 17 | Tracy Bowler | Saskatoon | 1:01:58 | 6:12 |
| 18 | Julie Roy | Saskatoon | 1:02:39 | 6:16 |
| 19 | Dara Lukoni | Prince Albert | 1:02:40 | 6:16 |
| 20 | Rebecca Krip | Saskatoon | 1:03:42 | 6:23 |
| 21 | Yasmin Chick | Saskatoon | 1:04:01 | 6:25 |
| 22 | Joy Bergstrom | Saskatoon | 1:04:12 | 6:26 |
| 23 | Daphne May | Saskatoon | 1:04:35 | 6:28 |
| 24 | Shari Paul | Prince Albert | 1:06:16 | 6:38 |
| 25 | Alysa Spark | Saskatoon | 1:06:53 | 6:42 |
| 26 | Carla Flogan | Saskatoon | 1:08:48 | 6:53 |
| 27 | Barb Beazley | Saskatoon | 1:13:35 | 7:22 |
| 28 | Lisa Taylor | Saskatoon | 1:21:32 | 8:10 |
| 29 | Tammy Paton | Saskatoon | 1:57:58 | 11:48 |

AGE GROUP: Women 35 TO 39

| Place | Name | City | Finish | Pace |
|-------|---------------------|---------------|---------|------|
| 1 | Juanita Liebrecht | Saskatoon | 45:48 | 4:35 |
| 2 | Serena Matai | Saskatoon | 47:51 | 4:48 |
| 3 | Kelly Parker Cates | Saskatoon | 47:58 | 4:48 |
| 4 | Carey Hydamaacka | Saskatoon | 49:12 | 4:56 |
| 5 | Anna Gillgannon | Saskatoon | 50:08 | 5:01 |
| 6 | Theresa Reid-Shea | Saskatoon | 51:40 | 5:10 |
| 7 | Kelly Bannister | Saskatoon | 51:48 | 5:11 |
| 8 | Patti Durand | Humboldt | 54:28 | 5:27 |
| 9 | Wendy Cantin | Saskatoon | 55:24 | 5:33 |
| 10 | Lori Gay | Prince Albert | 56:55 | 5:42 |
| 11 | Lisa Brown | Prince Albert | 57:38 | 5:46 |
| 12 | Treena Lammers | Macrorie | 58:29 | 5:51 |
| 13 | Donnalyn Dyok | Humboldt | 1:00:23 | 6:03 |
| 14 | Robyn Carles-Larson | Delisle | 1:02:17 | 6:14 |
| 15 | Carla Davies | Saskatoon | 1:02:51 | 6:18 |

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|----|------------------|-----------|---------|------|
| 16 | Lynn Husband | Saskatoon | 1:03:33 | 6:22 |
| 17 | Berta Yu | Calgary | 1:05:07 | 6:31 |
| 18 | Treena Lewis | Watrous | 1:05:31 | 6:34 |
| 19 | Rebecca Farrell | Davidson | 1:05:46 | 6:35 |
| 20 | Michelle Lefranc | Saskatoon | 1:06:48 | 6:41 |
| 21 | Marcia Nash | Saskatoon | 1:07:53 | 6:48 |
| 22 | Camille Yuzik | Delisle | 1:30:32 | 9:04 |
| 23 | Denise Dean | Saskatoon | 1:30:32 | 9:04 |

AGE GROUP: Women 40 TO 44

| Place | Name | City | Finish | Pace |
|-------|--------------------|---------------|---------|-------|
| 1 | Deb Johnson | Saskatoon | 43:10 | 4:19 |
| 2 | Laurie Chan | Saskatoon | 46:47 | 4:41 |
| 3 | Michelle Edwards | Melfort | 48:05 | 4:49 |
| 4 | Navarra Good | Saskatoon | 50:54 | 5:06 |
| 5 | Charlene Hails | Saskatoon | 54:21 | 5:27 |
| 6 | Nancy Lautner | Saskatoon | 55:00 | 5:30 |
| 7 | Carmelle Blomquist | Saskatoon | 55:08 | 5:31 |
| 8 | Monisha Shukla | Saskatoon | 56:50 | 5:41 |
| 9 | Izumi Krasznai | Saskatoon | 57:53 | 5:48 |
| 10 | Sherry Anderson | Prince Albert | 1:01:06 | 6:07 |
| 11 | Karen Sinoski | Prince Albert | 1:06:16 | 6:38 |
| 12 | Vanessa Guest | Saskatoon | 1:08:35 | 6:52 |
| 13 | Heather Paull | Saskatoon | 1:10:15 | 7:02 |
| 14 | Karen Reid | Toronto | 1:11:21 | 7:09 |
| 15 | Lisa Wilson | Saskatoon | 1:26:45 | 8:41 |
| 16 | Debra Ginther | Saskatoon | 1:26:46 | 8:41 |
| 17 | Andrea Webster | Indian Head | 2:17:15 | 13:44 |

AGE GROUP: Women 45 TO 49

| Place | Name | City | Finish | Pace |
|-------|--------------------|-----------|---------|------|
| 1 | Lynn Constantinoff | Saskatoon | 51:58 | 5:12 |
| 2 | Maryann Deutscher | Saskatoon | 55:51 | 5:36 |
| 3 | Connie Braun | Saskatoon | 55:51 | 5:36 |
| 4 | Janis Shirriff | Saskatoon | 56:04 | 5:37 |
| 5 | Mj Sherven | Saskatoon | 56:31 | 5:40 |
| 6 | Lucia New | Saskatoon | 57:21 | 5:45 |
| 7 | Joanne Franko | Saskatoon | 59:30 | 5:57 |
| 8 | Wanda Gatzke | Hague | 1:01:30 | 6:09 |
| 9 | Louise Buchner | Saskatoon | 1:01:52 | 6:12 |
| 10 | Carrie Winter | Saskatoon | 1:02:51 | 6:18 |
| 11 | Cammie Morgan | Saskatoon | 1:04:19 | 6:26 |
| 12 | Patty Simpson | Saskatoon | 1:08:35 | 6:52 |
| 13 | Cindy Polreis | Saskatoon | 1:11:57 | 7:12 |
| 14 | Vanda Arcand | Vonda | 1:27:45 | 8:47 |
| 15 | Linda Beatty | Saskatoon | 1:32:45 | 9:17 |
| 16 | Nina Mohr | Grandora | 1:37:54 | 9:48 |

AGE GROUP: Women 50 TO 54

| Place | Name | City | Finish | Pace |
|-------|------------------|------------|--------|------|
| 1 | Jan Smith | Saskatoon | 48:54 | 4:54 |
| 2 | Katherine Willis | Cambridge | 49:33 | 4:58 |
| 3 | Linda Emslie | White City | 50:29 | 5:03 |

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|----|------------------|-----------|---------|------|
| 4 | Rebecca Donison | Saskatoon | 55:40 | 5:34 |
| 5 | Yvette Chick | Saskatoon | 59:08 | 5:55 |
| 6 | Janet Sedgewick | Saskatoon | 59:25 | 5:57 |
| 7 | Linda Hamre | Saskatoon | 1:00:15 | 6:02 |
| 8 | Lea Pennock | Saskatoon | 1:05:54 | 6:36 |
| 9 | Karen Mathies | Hepburn | 1:05:54 | 6:36 |
| 10 | Elaine Baptie | Saskatoon | 1:07:03 | 6:43 |
| 11 | Joanne Cliff | Saskatoon | 1:09:45 | 6:59 |
| 12 | Shirley Prochera | Wakaw | 1:32:45 | 9:17 |

AGE GROUP: Women 55 TO 59

| Place | Name | City | Finish | Pace |
|-------|--------------------|-------------|---------|-------|
| 1 | Elisabeth Smith | Moose Jaw | 48:03 | 4:49 |
| 2 | Reita MacDonald | Saskatoon | 51:55 | 5:12 |
| 3 | Cheryl Cey | Landis | 55:33 | 5:34 |
| 4 | Jennifer Merkwosky | Saskatoon | 1:04:19 | 6:26 |
| 5 | Barb Paton | Gravelbourg | 1:57:57 | 11:48 |

AGE GROUP: Women 60 TO 64

| Place | Name | City | Finish | Pace |
|-------|---------------|---------------|---------|------|
| 1 | Pat Blakely | Regina | 1:06:07 | 6:37 |
| 2 | Dawn Sinclair | Prince Albert | 1:21:20 | 8:08 |

AGE GROUP: Women 65 TO 69

| Place | Name | City | Finish | Pace |
|-------|-----------|-----------|---------|------|
| 1 | Helen Epp | Saskatoon | 1:08:27 | 6:51 |

AGE GROUP: Women 70 & OVER

| Place | Name | City | Finish | Pace |
|-------|------------------|-----------|---------|------|
| 1 | Joan Christensen | Toronto | 59:21 | 5:57 |
| 2 | Joan Matlock | Saskatoon | 1:10:50 | 7:05 |

AGE GROUP: Men 30 TO 34

| Place | Name | City | Finish | Pace |
|-------|-----------------|---------------|--------|------|
| 1 | Jason Horner | Saskatoon | 43:48 | 4:23 |
| 2 | James Brown | Prince Albert | 44:42 | 4:29 |
| 3 | Brant Jones | Saskatoon | 46:55 | 4:42 |
| 4 | Jae Malinowski | Saskatoon | 47:29 | 4:45 |
| 5 | Corey Nesteroff | Saskatoon | 51:59 | 5:12 |
| 6 | Derek Trischuk | Saskatoon | 57:07 | 5:43 |

AGE GROUP: Men 35 TO 39

| Place | Name | City | Finish | Pace |
|-------|-------------------|---------------|---------|------|
| 1 | Alan Lam | Calgary | 39:00 | 3:54 |
| 2 | George St. Amant | Tisdale | 43:18 | 4:20 |
| 3 | Brad Merkosky | Saskatoon | 45:57 | 4:36 |
| 4 | Geoff Gay | Prince Albert | 47:44 | 4:47 |
| 5 | Travis Laycock | Saskatoon | 48:26 | 4:51 |
| 6 | Rob Van Meenen | Saskatoon | 48:40 | 4:52 |
| 7 | Sean Cocks | Saskatoon | 49:12 | 4:56 |
| 8 | Jeff Salyn | Martensville | 49:19 | 4:56 |
| 9 | Ryan Davidson | Saskatoon | 49:44 | 4:59 |
| 10 | Jason Bettin | Saskatoon | 50:20 | 5:02 |
| 11 | Troy Pilot | Saskatoon | 51:44 | 5:11 |
| 12 | Brett Welder | Saskatoon | 53:37 | 5:22 |
| 13 | Doug MacNeill | Saskatoon | 56:12 | 5:38 |
| 14 | John Matic | Saskatoon | 57:56 | 5:48 |
| 15 | Curtis Mintkawetz | Saskatoon | 58:53 | 5:54 |
| 16 | Mark Hanson | Saskatoon | 1:02:34 | 6:16 |
| 17 | Trevor Newell | Saskatoon | 1:03:42 | 6:23 |
| 18 | Soji Oyenuga | Saskatoon | 1:11:10 | 7:07 |

AGE GROUP: Men 40 TO 44

| Place | Name | City | Finish | Pace |
|-------|-----------------|-----------|---------|------|
| 1 | Tim Pierce | Saskatoon | 37:44 | 3:47 |
| 2 | John Svec | Regina | 37:46 | 3:47 |
| 3 | Mark Mullen | Moose Jaw | 43:12 | 4:20 |
| 4 | Kim Paproski | Regina | 45:33 | 4:34 |
| 5 | Russell Edwards | Melfort | 48:40 | 4:52 |
| 6 | Ken Lepage | Saskatoon | 53:27 | 5:21 |
| 7 | Mike Moser | Saskatoon | 53:46 | 5:23 |
| 8 | Rod Epp | Saskatoon | 56:13 | 5:38 |
| 9 | Greg Poelzer | Saskatoon | 57:00 | 5:42 |
| 10 | Kevin Nagy | Saskatoon | 58:26 | 5:51 |
| 11 | Corey Apesland | Saskatoon | 1:07:54 | 6:48 |
| 12 | Jay Reid | Wolseley | 1:07:58 | 6:48 |

AGE GROUP: Men 45 TO 49

| Place | Name | City | Finish | Pace |
|-------|-----------------|-------------------|---------|------|
| 1 | Geoffrey Peat | King City | 35:26 | 3:33 |
| 2 | Richard Kellett | Calgary | 37:58 | 3:48 |
| 3 | Lyndon Smith | Riverside Estates | 44:05 | 4:25 |
| 4 | Michael Bree | Saskatoon | 47:21 | 4:45 |
| 5 | Dave Buchner | Saskatoon | 49:29 | 4:57 |
| 6 | Raju Bhargava | Saskatoon | 49:31 | 4:58 |
| 7 | Kent Blatz | Saskatoon | 51:35 | 5:10 |
| 8 | John Pearce | Saskatoon | 52:08 | 5:13 |
| 9 | Rod Hudym | Saskatoon | 52:46 | 5:17 |
| 10 | Jeff Gatzke | Hague | 52:50 | 5:17 |
| 11 | Ron New | Saskatoon | 53:18 | 5:20 |
| 12 | Irving Reid | Toronto | 56:58 | 5:42 |
| 13 | Amit Shukla | Saskatoon | 57:37 | 5:46 |
| 14 | Carl Siebeneich | Saskatoon | 1:02:32 | 6:16 |
| 15 | Tim Squire | Saskatoon | 1:03:13 | 6:20 |

 AGE GROUP: Men 50 TO 54

| Place | Name | City | Finish | Pace |
|-------|-------------------|-------------|---------|------|
| 1 | Peter Cruttenden | Calgary | 36:31 | 3:40 |
| 2 | Jean-Guy Vontobel | Blaine Lake | 41:49 | 4:11 |
| 3 | Louis Baillargeon | Saskatoon | 42:04 | 4:13 |
| 4 | Rob Neufeld | Saskatoon | 43:24 | 4:21 |
| 5 | Jeff Bertholet | Grandora | 49:02 | 4:55 |
| 6 | Melvin Siemens | Rosthern | 51:39 | 5:10 |
| 7 | Mark Albert | Moose Jaw | 52:19 | 5:14 |
| 8 | Brian Breit | Saskatoon | 54:15 | 5:26 |
| 9 | Rian McFie | Saskatoon | 55:57 | 5:36 |
| 10 | David Stark | Saskatoon | 59:11 | 5:56 |
| 11 | Bruce Wilson | Saskatoon | 1:03:34 | 6:22 |
| 12 | William Emslie | White City | 1:05:02 | 6:31 |

 AGE GROUP: Men 55 TO 59

| Place | Name | City | Finish | Pace |
|-------|------------------|-------------|---------|------|
| 1 | Dennis Lang | Winnipeg | 36:58 | 3:42 |
| 2 | Neil MacKay | Saskatoon | 39:31 | 3:58 |
| 3 | Croft Harlingten | Saskatoon | 51:14 | 5:08 |
| 4 | Hal Puttick | Saskatoon | 51:48 | 5:11 |
| 5 | Gene Brockman | Lake Lenore | 56:59 | 5:42 |
| 6 | Greg Hatch | Laloche | 1:05:46 | 6:35 |

 AGE GROUP: Men 60 TO 64

| Place | Name | City | Finish | Pace |
|-------|-----------------|------------|---------|------|
| 1 | Kneale Quayle | Saskatoon | 45:17 | 4:32 |
| 2 | Vaughan Bowen | Calgary | 47:30 | 4:45 |
| 3 | Ron Van Meenen | Saskatoon | 51:44 | 5:11 |
| 4 | Henry Jespersen | Archerwill | 55:25 | 5:33 |
| 5 | Doug Blakely | Regina | 55:56 | 5:36 |
| 6 | Frank Winter | Saskatoon | 57:55 | 5:48 |
| 7 | Doug McKinnell | Osler | 1:08:40 | 6:52 |
| 8 | Terry Taylor | Moosomin | 1:21:32 | 8:10 |

 AGE GROUP: Men 65 TO 69

| Place | Name | City | Finish | Pace |
|-------|------------------|-----------|--------|------|
| 1 | Doug Renwick | Clavet | 46:00 | 4:36 |
| 2 | Vern Christensen | Toronto | 47:37 | 4:46 |
| 3 | Harry Zacharias | Saskatoon | 48:06 | 4:49 |
| 4 | Roland Delhomeau | Saskatoon | 50:46 | 5:05 |

 AGE GROUP: Men 70 & OVER

| Place | Name | City | Finish | Pace |
|-------|--------------------------|---------|---------|------|
| 1 | Hylke (hike) Van Der Wal | Dalmeny | 1:07:57 | 6:48 |