

## 2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022

## Canada Games Athletics Complex

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

		Age	Team	Seed	Finals	Wind	H#
<b>Records Listed Are Subject To Approval</b>							
<b>Event 1 W40 100 Meter Dash Masters</b>							
Name							
<b>Finals</b>							
1	Zinkhan, Kari	W40	Flight Club Regina		13.90	-0.2	5
2	Mohora, Andreea	W43	Capital City Track Club	15.68	15.75	-0.2	5
<b>Event 1 W45 100 Meter Dash Masters</b>							
<b>Finals</b>							
1	Arnason, Sandi	W49	Riversdale Athletics Track	14.74	15.18	-0.2	5
2	Dominick, Crista	W49	Calgary Spartans	16.07	16.79	-0.2	5
<b>Event 1 W50 100 Meter Dash Masters</b>							
<b>Finals</b>							
1	Babalola, Omena	W53	Winnipeg Optimist Athletics	15.00	15.79	0.2	4
2	Oswald, Carrie	W54	Unattached Ontario	15.77	16.45	0.2	4
<b>Event 1 W55 100 Meter Dash Masters</b>							
<b>Finals</b>							
1	Silcox, Kelly	W56	Flight Club Regina	13.59	13.75	0.9	3
2	Passler, Breta	W57	Winnipeg Optimist Athletics	17.00	16.54	0.9	3
3	Jones, Janice Marian	W58	Unattached Ontario	18.50	17.26	0.9	3
<b>Event 1 W60 100 Meter Dash Masters</b>							
<b>Finals</b>							
1	Tremblay, Rhonda	W62	Riversdale Athletics Track		16.08	0.9	3
2	Kennedy, Jo-Ann	W64	Unattached-Saskatchewan		17.51	0.9	3
3	Lauridsen, Susanne	W64	U OF C Athletics Club	19.33	20.09	0.9	3
<b>Event 1 W65 100 Meter Dash Masters</b>							
<b>Finals</b>							
1	Bryant, Jo	W66	Unattached Nova Scotia	19.20	17.81	0.9	2
2	Coward, Selina	W67	Excel Athletika	18.10	18.85	0.9	2
<b>Event 1 W70 100 Meter Dash Masters</b>							
<b>Finals</b>							
1	O'Sullivan, Daphne	W70	Unattached British Columbia	17.70	16.79	0.9	2
2	Hayley, Urith	W71	Greyhounds Masters Track & Fie	17.50	17.83	0.9	2
3	Lee, Deborah	W72	Greyhounds Masters Track & Fie	18.50	18.22	0.9	2
4	Clark, Deanna	W74	Greyhounds Masters Track & Fie	20.02	19.33	0.9	2
5	Fossberg, Mette	W70	Victoria Speed Project	20.00	20.20	0.9	2
6	Murray, Sheila	W71	Top Notch Masters	1:00.00	20.86	0.9	2
<b>Event 1 W80 100 Meter Dash Masters</b>							
<b>Finals</b>							
1	<b>LaFayette-Boyd, Carol</b>	<b>W80</b>	<b>Excel Athletika</b>	16.00	<b>16.23</b>	<b>1.6</b>	<b>WR</b>
	(old WR 16.26 Kathy Bergen , old CAN 17.06 Christa Bortignon 2018, old MIR 17.14 Christa 2018)						
2	Cheetham, Renate	W84	Greyhounds Masters Track & Fie	26.85	27.72	1.6	
<b>Event 1 W85 100 Meter Dash Masters</b>							
<b>Finals</b>							
1	Boivin, Gwen	W88	Unattached-Saskatchewan	34.00	33.67	1.6	
<b>Event 2 M35 100 Meter Dash Masters</b>							
<b>Finals</b>							
1	Kendrick, Dallas	M37	Edmonton Columbians Track Club		14.82	-0.1	4

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 2 M40 100 Meter Dash Masters****Finals**

1	Hinton, Jackson	M41	Edmonton International Track C	11.07	11.20	-0.4	5
2	Taylor, Mike	M40	PA Athletics	11.43	11.69	-0.4	5
3	Morris, Michael	M44	Winnipeg Optimist Athletics	12.22	11.98	-0.4	5
4	%Stein, Janz T64;F64	M41	Excel Athletika	12.20	13.38	-0.4	5

**Event 2 M45 100 Meter Dash Masters****Finals**

1	Clarke, Ronald	M48	Una	13.77	13.76	-0.4	5
---	----------------	-----	-----	-------	-------	------	---

**Event 2 M50 100 Meter Dash Masters****Finals**

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1	Harrower, Will	M50	Unattached British Columbia	13.34	-0.1	4
2	Ellis, Colin	M54	Excel Athletika	13.00	13.58	-0.1 4
3	Forest, Martin	M52	Lanaudière-Olympique	13.42	13.62	-0.1 4
<b>Event 2 M55 100 Meter Dash Masters</b>						
<b>Finals</b>						
1	Jones, William Thomas	M57	Unattached Ontario	15.00	15.15	-0.1 4
2	Halde, Serge	M58	Unattached-Saskatchewan	14.42	16.01	-0.1 4
<b>Event 2 M60 100 Meter Dash Masters</b>						
<b>Finals</b>						
1	Stewart, George	M63	Winnipeg Optimist Athletics	14.77	14.58	-0.2 3
2	Meyers, Darcy	M60	Edmonton Columbians Track Club	14.86	14.69	-0.2 3
<b>Event 2 M65 100 Meter Dash Masters</b>						
<b>Finals</b>						
1	Hazen, Ward	M68	Laurel Creek Tfc	13.50	13.34	-0.2 3
2	Liu, Edwin	M65	Greyhounds Masters Track & Fie	13.97	13.96	-0.2 3
3	Melchiorre, Ron	M65	Unattached Nova Scotia	13.69	13.99	-0.2 3
4	Kelly, Ron	M65	Dunamis Athletic Training Club	14.74	14.92	-0.2 3
<b>Event 2 M70 100 Meter Dash Masters</b>						
<b>Finals</b>						
1	Turkington, Roy	M71	Greyhounds Masters Track & Fie	15.73	15.17	0.2 2
2	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie		15.34	0.2 2
3	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	15.00	16.41	0.2 2
<b>Event 2 M75 100 Meter Dash Masters</b>						
<b>Finals</b>						
1	Ukonmaanaho, Tuomas	M77	Prince George Track & Field Cl	14.97	14.63	-0.1
2	Maceachern, Alex	M76	Calgary Spartans	16.70	16.97	-0.1
3	Shah, Surinder	M79	Greyhounds Masters Track & Fie	18.00	18.33	-0.1
<b>Event 2 M80 100 Meter Dash Masters</b>						
<b>Finals</b>						
1	Armstrong, Merv	M83	Una		17.90	-0.1
<b>Event 2 M85 100 Meter Dash Masters</b>						
<b>Finals</b>						
1	<b>Dunn, David</b> (old MR 17:48 Ted Rowan 2018)	<b>M86</b>	<b>Edmonton Masters</b>	18.05	<b>17.43</b>	<b>-0.1 MR</b>
<b>Event 2 M90 100 Meter Dash Masters</b>						
<b>Finals</b>						
1	<b>Giegerich, Joe</b> (old CAN 23.70 Harry Thompson 2013, old MR 17.48 Ted Rowan 2018)	<b>M90</b>	<b>Nanaimo &amp; District Track &amp; Fie</b>	<b>23.00</b>	<b>23.65</b>	<b>-0.1 CAN</b>

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 3 W40 200 Meter Dash Masters****Finals**

1	Zinkhan, Kari	W40	Flight Club Regina		28.67	0.4	3
2	Mohora, Andreea	W43	Capital City Track Club	32.32	32.63	0.4	3

**Event 3 W45 200 Meter Dash Masters****Finals**

1	Dominick, Crista	W49	Calgary Spartans		36.36	0.4	3
---	------------------	-----	------------------	--	-------	-----	---

**Event 3 W50 200 Meter Dash Masters****Finals**

1	Babalola, Omena	W53	Winnipeg Optimist Athletics	34.00	33.58	0.4	3
2	Hudey, Brenda	W54	Excel Athletika	32.74	34.48	0.4	3
3	Oswald, Carrie	W54	Unattached Ontario	36.00	36.26	0.4	3

**Event 3 W55 200 Meter Dash Masters****Finals**

1	Silcox, Kelly	W56	Flight Club Regina	28.44	28.94	0.7	2
2	Passler, Breta	W57	Winnipeg Optimist Athletics	37.00	35.30	0.7	2

**Event 3 W60 200 Meter Dash Masters****Finals**

1	Tremblay, Rhonda	W62	Riversdale Athletics Track		34.30	0.7	2
---	------------------	-----	----------------------------	--	-------	-----	---

**Event 3 W65 200 Meter Dash Masters****Finals**

1	Coward, Selina	W67	Excel Athletika	38.80	44.16	0.7	2
---	----------------	-----	-----------------	-------	-------	-----	---

**Event 3 W70 200 Meter Dash Masters****Finals**

1	O'Sullivan, Daphne	W70	Unattached British Columbia	38.50	35.25	0.5	
2	Clark, Deanna	W74	Greyhounds Masters Track & Fie	43.20	40.98	0.5	
3	Hayley, Urith	W71	Greyhounds Masters Track & Fie	38.00	41.14	0.5	
4	Murray, Sheila	W71	Top Notch Masters	2:00.00	48.41	0.5	

**Event 3 W80 200 Meter Dash Masters****Finals**

<b>1</b>	<b>LaFayette-Boyd, Carol</b>	<b>W80</b>	<b>Excel Athletika</b>	<b>35.00</b>	<b>34.38</b>	<b>0.5</b>	<b>WR CAN MR</b>
----------	------------------------------	------------	------------------------	--------------	--------------	------------	------------------

(old WR 34.90 Carol earlier last month, old CAN 37.00 Christa Bortignon 2017, old MR 38.35 Christa 2017)

**Event 4 M40 200 Meter Dash Masters****Finals**

1	Hinton, Jackson	M41	Edmonton International Track C	22.50	22.72	+0.0	4
2	Taylor, Mike	M40	PA Athletics	23.40	23.92	+0.0	4
3	Morris, Michael	M44	Winnipeg Optimist Athletics	24.85	24.47	+0.0	4

**Event 4 M45 200 Meter Dash Masters****Finals**

1	Clarke, Ronald	M48	Una	26.83	28.19	+0.0	4
---	----------------	-----	-----	-------	-------	------	---

## 2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022

## Canada Games Athletics Complex

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## Event 4 M50 200 Meter Dash Masters

## Finals

1	Forest, Martin	M52	Lanaudière-Olympique	27.59	28.18	0.4	3
2	Harrower, Will	M50	Unattached British Columbia	28.03	28.25	0.4	3
3	Ellis, Colin	M54	Excel Athletika	27.00	28.98	0.4	3
4	Zhou, Sam	M53	Roadkill Running Club	35.00	36.87	0.4	3

## Event 4 M60 200 Meter Dash Masters

## Finals

1	Stewart, George	M63	Winnipeg Optimist Athletics	30.50	30.26	0.4	3
2	Meyers, Darcy	M60	Edmonton Columbians Track Club	31.66	30.97	0.4	3

## Event 4 M65 200 Meter Dash Masters

## Finals

1	Melchiorre, Ron	M65	Unattached Nova Scotia	28.01	29.05	0.1	2
2	Kelly, Ron	M65	Dunamis Athletic Training Club	31.70	31.29	0.1	2

## Event 4 M70 200 Meter Dash Masters

## Finals

1	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	33.00	35.75	0.1	2
---	----------------------	-----	--------------------------------	-------	-------	-----	---

## Event 4 M75 200 Meter Dash Masters

## Finals

1	Ukonmaanaho, Tuomas	M77	Prince George Track & Field Cl	30.50	31.24	0.1	
2	Shah, Surinder	M79	Greyhounds Masters Track & Fie	39.00	38.93	0.1	
3	Gee, Arthur	M78	Greyhounds Masters Track & Fie	38.00	41.06	0.1	

## Event 4 M80 200 Meter Dash Masters

## Finals

1	Van Der Wal, Hylke	M84	Unattached-Saskatchewan		1:01.42	0.1	
---	--------------------	-----	-------------------------	--	---------	-----	--

## Event 4 M85 200 Meter Dash Masters

## Finals

1	<b>Dunn, David</b> (old MR 40.36 Konrad IBoas USA 1988)	<b>M86</b>	<b>Edmonton Masters</b>	37.58	<b>37.87</b>	<b>0.1</b>	<b>MR</b>
2	Koza, Joseph	M86	Una		45.09	0.1	

## Event 5 W50 400 Meter Dash Masters

## Finals

1	Kozan, Andrea	W50	Excel Athletika	1:04.21	1:05.58		2
2	Bzdell, Paula	W50	Unattached-Saskatchewan		1:13.79		2

## Event 5 W55 400 Meter Dash Masters

## Finals

1	Patterson, Janice	W58	Unattached Alberta		1:11.69		2
2	Dixon, Donna	W59	Unattached Alberta		1:19.97		2
3	Passler, Breta	W57	Winnipeg Optimist Athletics	1:18.00	1:21.37		2
4	McKnight, Donna	W58	Top Notch Masters		1:25.21		2

## Event 5 W60 400 Meter Dash Masters

## Finals

1	Tremblay, Rhonda	W62	Riversdale Athletics Track		1:20.92		
2	Renouf, Gay	W61	Unattached-Saskatchewan		1:27.08		
3	Willis, Katherine	W63	Laurel Creek T.F.C.	1:30.00	1:29.51		

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 5 W70 400 Meter Dash Masters****Finals**

1	Clark, Deanna	W74	Greyhounds Masters Track & Fie	1:33.35	1:32.65
---	---------------	-----	--------------------------------	---------	---------

**Event 5 W80 400 Meter Dash Masters****Finals**

1	Cheetham, Renate	W84	Greyhounds Masters Track & Fie	2:25.00	2:54.74
---	------------------	-----	--------------------------------	---------	---------

**Event 6 M40 400 Meter Dash Masters****Finals**

1	Morris, Michael	M44	Winnipeg Optimist Athletics	56.40	55.46	5
2	Ernst, Devon	M43	Unattached-Saskatchewan	1:00.00	1:00.05	5
3	Jones, Brook	M43	Bison Athletics Club	1:19.00	1:16.07	5

**Event 6 M45 400 Meter Dash Masters****Finals**

1	Clarke, Ronald	M48	Una	1:01.17	1:03.61	5
---	----------------	-----	-----	---------	---------	---

**Event 6 M50 400 Meter Dash Masters****Finals**

1	Ellis, Colin	M54	Excel Athletika	1:00.00	1:06.36	4
2	Harrower, Will	M50	Unattached British Columbia		1:10.13	4
3	Zhou, Sam	M53	Roadkill Running Club	1:10.00	1:19.68	4

**Event 6 M55 400 Meter Dash Masters****Finals**

1	St-Arnaud, Claude	M58	West Island T. C.	58.00	1:00.62	3
2	Casey, Jeffrey	M56	Unattached Alberta	1:07.80	1:06.90	3

**Event 6 M60 400 Meter Dash Masters****Finals**

1	Stewart, George	M63	Winnipeg Optimist Athletics	1:11.00	1:11.14	3
2	Helm, Charles	M64	Unattached British Columbia	1:24.00	1:15.85	3
3	Flett, Gordon	M62	Roadkill Running Club	1:20.00	1:23.25	3

**Event 6 M65 400 Meter Dash Masters****Finals**

1	Friesen, Ken	M65	Tough Track	1:07.50	1:08.29	2
2	Sandhu, Jasbir	M68	Una		1:17.67	2
3	Hewson, Bill	M65	Calgary Spartans	1:18.00	1:18.98	2

**Event 6 M70 400 Meter Dash Masters****Finals**

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie		1:11.00	5
2	Simington, Erroll	M74	Top Notch Masters	1:28.74	1:31.15	2

**Event 6 M75 400 Meter Dash Masters****Finals**

1	Ukonmaanaho, Tuomas	M77	Prince George Track & Field Cl	1:17.30	1:22.09
---	---------------------	-----	--------------------------------	---------	---------

**Event 6 M80 400 Meter Dash Masters****Finals**

1	Harton, Pat	M80	Unattached British Columbia	1:25.00	1:25.42
2	Christensen, Vern	M81	University of Toronto TC	1:45.00	1:53.16
3	Van Der Wal, Hylke	M84	Unattached-Saskatchewan		3:02.28

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 6 M85 400 Meter Dash Masters****Finals**

1	Dunn, David	M86	Edmonton Masters	1:24.06	1:51.47
---	-------------	-----	------------------	---------	---------

**Event 7 W50 800 Meter Run Masters****Finals**

1	Kozan, Andrea	W50	Excel Athletika	2:35.39	2:30.53
---	---------------	-----	-----------------	---------	---------

**Event 7 W55 800 Meter Run Masters****Finals**

1	Patterson, Janice	W58	Unattached Alberta	2:45.00	2:40.72
2	Dixon, Donna	W59	Unattached Alberta		3:14.38

**Event 7 W60 800 Meter Run Masters****Finals**

1	Osborne, Heather	W60	Top Notch Masters		3:27.03
2	Willis, Katherine	W63	Laurel Creek T.F.C.	3:26.00	3:32.20

**Event 7 W70 800 Meter Run Masters****Finals**

1	Warick, Judy	W73	Top Notch Masters	4:00.00	3:59.22
---	--------------	-----	-------------------	---------	---------

**Event 8 M34&U 800 Meter Run Masters****Finals**

1	Ferguson, Andrew	M34	Roadkill Running Club		2:56.01
---	------------------	-----	-----------------------	--	---------

**Event 8 M40 800 Meter Run Masters****Finals**

1	Jacek, Trevor	M41	Running Wild Athletics Club	2:06.87	2:10.56
---	---------------	-----	-----------------------------	---------	---------

**Event 8 M45 800 Meter Run Masters****Finals**

1	Seaby, Jeff	M49	Unattached Ontario	2:24.00	2:26.13
---	-------------	-----	--------------------	---------	---------

**Event 8 M50 800 Meter Run Masters****Finals**

1	Koppel, Aivar	M52	Islanders Track and Field	2:20.00	2:25.51
2	Zhou, Sam	M53	Roadkill Running Club	2:35.00	2:59.38
3	Calnek, Milton	M50	Una		3:13.89

**Event 8 M55 800 Meter Run Masters****Finals**

1	Casey, Jeffrey	M56	Unattached Alberta	2:38.80	2:27.56
2	Weber, Harvey	M56	Running Wild Athletics Club	2:35.00	2:46.78

**Event 8 M60 800 Meter Run Masters****Finals**

1	Athayde, Greg	M61	Unattached-Manitoba	2:25.00	2:17.57	2
2	Fornier, Lino	M61	Prince Edward Island	3:00.00	2:53.48	2
3	Flett, Gordon	M62	Roadkill Running Club	3:01.15	3:01.15	2

**Event 8 M65 800 Meter Run Masters****Finals**

1	Friesen, Ken	M65	Tough Track	2:35.00	2:34.15	2
2	Meszaros, Keith	M66	Running Wild Athletics Club	2:35.00	2:38.78	2

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Finals ... (Event 8 M65 800 Meter Run Masters)**

3	Sandhu, Jasbir	M68	Una		3:12.16	2
---	----------------	-----	-----	--	---------	---

**Event 8 M70 800 Meter Run Masters****Finals**

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie		2:45.12	2
2	Chamandy, Frank	M70	Indépendant	3:30.00	3:19.96	2
3	Simington, Erroll	M74	Top Notch Masters	3:32.29	3:30.85	2

**Event 8 M75 800 Meter Run Masters****Finals**

1	Tucker, Ray	M75	Brantford T.F.C.	2:52.00	2:54.67	2
---	-------------	-----	------------------	---------	---------	---

**Event 8 M80 800 Meter Run Masters****Finals**

1	Harton, Pat	M80	Unattached British Columbia	3:20.00	3:13.83	2
2	Christensen, Vern	M81	University of Toronto TC	4:16.00	4:20.55	2

**Event 9 W40 1500 Meter Run Masters****Finals**

1	Cross Child, Celeste	W42	Unattached-Saskatchewan	5:22.00	5:23.40	
---	----------------------	-----	-------------------------	---------	---------	--

**Event 9 W50 1500 Meter Run Masters****Finals**

1	Waite, Bobbijo	W52	Unattached Alberta	5:10.00	5:21.49	
---	----------------	-----	--------------------	---------	---------	--

**Event 9 W60 1500 Meter Run Masters****Finals**

1	Renouf, Gay	W61	Unattached-Saskatchewan		6:41.04	
2	Osborne, Heather	W60	Top Notch Masters		7:01.44	

**Event 9 W70 1500 Meter Run Masters****Finals**

1	Warick, Judy	W73	Top Notch Masters	8:00.00	8:30.81	
---	--------------	-----	-------------------	---------	---------	--

**Event 10 M34&U 1500 Meter Run Masters****Finals**

1	Ferguson, Andrew	M34	Roadkill Running Club		5:57.96	
---	------------------	-----	-----------------------	--	---------	--

**Event 10 M40 1500 Meter Run Masters****Finals**

1	Jacek, Trevor	M41	Running Wild Athletics Club	4:30.32	4:45.69	
---	---------------	-----	-----------------------------	---------	---------	--

**Event 10 M45 1500 Meter Run Masters****Finals**

1	Seaby, Jeff	M49	Unattached Ontario	4:57.00	4:58.19	
---	-------------	-----	--------------------	---------	---------	--

**Event 10 M50 1500 Meter Run Masters****Finals**

1	Koppel, Aivar	M52	Islanders Track and Field	4:55.00	5:05.90	
2	Zhou, Sam	M53	Roadkill Running Club	5:20.00	5:54.21	
3	Calnek, Milton	M50	Una		6:56.34	



## 2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022

## Canada Games Athletics Complex

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**Event 10 M55 1500 Meter Run Masters****Finals**

1	Casey, Jeffrey	M56	Unattached Alberta	5:20.00	5:08.23
---	----------------	-----	--------------------	---------	---------

**Event 10 M60 1500 Meter Run Masters****Finals**

1	Athayde, Greg	M61	Unattached-Manitoba	5:06.00	4:59.17	2
2	Forner, Lino	M61	Prince Edward Island	5:46.00	6:08.80	2
3	Flett, Gordon	M62	Roadkill Running Club	6:03.00	6:11.40	2
4	Smith, Lyndon	M61	Unattached-Saskatchewan		6:27.97	2

**Event 10 M65 1500 Meter Run Masters****Finals**

1	Meszaros, Keith	M66	Running Wild Athletics Club	5:25.00	5:33.65	2
2	Friesen, Ken	M65	Tough Track	5:20.00	5:40.55	2
3	Sandhu, Jasbir	M68	Una		6:26.40	2

**Event 10 M70 1500 Meter Run Masters****Finals**

1	Warick, Randy	M72	Top Notch Masters	8:00.00	7:42.89	2
---	---------------	-----	-------------------	---------	---------	---

**Event 10 M75 1500 Meter Run Masters****Finals**

1	Tucker, Ray	M75	Brantford T.F.C.	5:50.00	6:13.29	2
---	-------------	-----	------------------	---------	---------	---

**Event 10 M80 1500 Meter Run Masters****Finals**

1	<b>Harton, Pat</b> (old MR 6:47.0 Keijo Taiv. 2019)	<b>M80</b>	<b>Unattached British Columbia</b>	6:40.00	<b>6:36.29</b>	<b>2 MR</b>
2	Christensen, Vern	M81	University of Toronto TC	8:20.00	8:52.29	2

**Event 11 W35 5000 Meter Run Masters****Finals**

1	Tomczak, Elizabeth	W35	Jaleta Pacers	18:04.00	18:49.23
---	--------------------	-----	---------------	----------	----------

**Event 11 W40 5000 Meter Run Masters****Finals**

1	Cross Child, Celeste	W42	Unattached-Saskatchewan	19:36.00	20:09.58
2	Lemme, Oriana	W42	Indépendant		25:27.84

**Event 11 W50 5000 Meter Run Masters****Finals**

1	<b>Zambrano, Maria</b> (old MR 19:28.88 Elaine Mota 2017, old CAN 17:32.97 Lucy Smith '17)	<b>W51</b>	<b>Unattached Alberta</b>		<b>17:27.03</b> <b>CAN MR</b>
2	Waite, Bobbijo	W52	Unattached Alberta	18:57.00	19:46.98

**Event 11 W60 5000 Meter Run Masters****Finals**

1	Smith, Jan	W62	Unattached-Saskatchewan		24:03.01
2	Osborne, Heather	W60	Top Notch Masters		25:34.84

**Event 12 M34&U 5000 Meter Run Masters****Finals**

1	Ferguson, Andrew	M34	Roadkill Running Club		22:28.74
---	------------------	-----	-----------------------	--	----------

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 9 M9 Meter Run Masters****Finals**

1	Cross Child, Tarrant	M45	Unattached-Saskatchewan	19:50.00	18:47.18
---	----------------------	-----	-------------------------	----------	----------

**Event 12 M50 5000 Meter Run Masters****Finals**

1	Harder, Darcey	M50	Roadkill Running Club	19:30.00	19:28.75
2	Zhou, Sam	M53	Roadkill Running Club	19:20.00	21:08.68

**Event 12 M55 5000 Meter Run Masters****Finals**

1	Hughes, Grant	M58	Unattached-Manitoba	18:35.00	20:40.56
---	---------------	-----	---------------------	----------	----------

**Event 12 M60 5000 Meter Run Masters****Finals**

1	Nagy, Gerry	M60	Jaleta Pacers	18:20.00	18:45.62
---	-------------	-----	---------------	----------	----------

**Event 12 M65 5000 Meter Run Masters****Finals**

1	Friesen, Ken	M65	Tough Track	20:30.00	21:58.94
2	Olsen, Dave	M67	Unattached-Saskatchewan	22:30.00	22:12.08
3	Sandhu, Jasbir	M68	Una		27:30.66

**Event 12 M70 5000 Meter Run Masters****Finals**

1	Chamandy, Frank	M70	Indépendant	24:52.40	23:53.07
2	Warick, Randy	M72	Top Notch Masters	29:00.00	28:29.72

**Event 13 W35 10000 Meter Run Masters****Finals**

1	Tomczak, Elizabeth	W35	Jaleta Pacers	38:11.00	41:11.14
2	Davis-Yau, Stephanie	W35	Unattached-Saskatchewan	1:05:00.00	1:00:05.48

**Event 13 W50 10000 Meter Run Masters****Finals**

<b>1</b>	<b>Zambrano, Maria</b>	<b>W51</b>	<b>Unattached Alberta</b>	36:59.00	<b>36:38.88 CAN MR</b>
----------	------------------------	------------	---------------------------	----------	------------------------

(old CAN 37:12.23 Kathy Martin 2004, old MR 41:52.4 Rayma Dixon 1982)

**Event 14 M35 10000 Meter Run Masters****Finals**

1	Yau, Alvin	M38	Jaleta Pacers	43:00.00	45:40.82
---	------------	-----	---------------	----------	----------

**Event 14 M45 10000 Meter Run Masters****Finals**

1	Leef, Ryan	M48	Athletics Yukon	38:00.00	43:22.42
---	------------	-----	-----------------	----------	----------

**Event 14 M50 10000 Meter Run Masters****Finals**

1	Zhou, Sam	M53	Roadkill Running Club	39:45.00	42:35.31
2	Macfarlane, Marcel	M50	Unattached-Saskatchewan	45:45.00	45:12.24

**Event 14 M60 10000 Meter Run Masters****Finals**

1	Nagy, Gerry	M60	Jaleta Pacers	37:30.00	39:48.38
---	-------------	-----	---------------	----------	----------

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 14 M65 10000 Meter Run Masters****Finals**

1	Olsen, Dave	M67	Unattached-Saskatchewan	47:00.00	49:27.37	1.3	2
---	-------------	-----	-------------------------	----------	----------	-----	---

**Event 15 W40 80 Short Hurdles Masters****Finals**

---	Mohora, Andreea	W43	Capital City Track Club	17.07	DQ	1.3	2
-----	-----------------	-----	-------------------------	-------	----	-----	---

**Event 15 W45 80 Short Hurdles Masters****Finals**

1	Arnason, Sandi	W49	Riversdale Athletics Track	14.88	15.49		
---	----------------	-----	----------------------------	-------	-------	--	--

**Event 15 W65 80 Short Hurdles Masters****Finals**

1	Bryant, Jo	W66	Unattached Nova Scotia	19.50	20.06	-0.2	
---	------------	-----	------------------------	-------	-------	------	--

**Event 15 W70 80 Short Hurdles Masters****Finals**

1	<b>Lee, Deborah</b>	<b>W72</b>	<b>Greyhounds Masters Track &amp; Fie</b>	18.75	<b>18.43</b>	<b>MR</b>	
---	---------------------	------------	-------------------------------------------	-------	--------------	-----------	--

(old MR 20.3 Johnnye Valien USA 1996)

2	Hayley, Urith	W71	Greyhounds Masters Track & Fie	20.00	20.03	-0.2	
---	---------------	-----	--------------------------------	-------	-------	------	--

**Event 16 M70 80 Short Hurdles Masters****Finals**

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie		15.49	1.2	
---	--------------------	-----	--------------------------------	--	-------	-----	--

2	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	18.00	18.82	1.2	
---	----------------------	-----	--------------------------------	-------	-------	-----	--

**Event 16 M75 80 Short Hurdles Masters****Finals**

1	Gee, Arthur	M78	Greyhounds Masters Track & Fie	21.00	21.38	1.2	
---	-------------	-----	--------------------------------	-------	-------	-----	--

2	Shah, Surinder	M79	Greyhounds Masters Track & Fie	21.00	22.30	1.2	
---	----------------	-----	--------------------------------	-------	-------	-----	--

**Event 18 M60 100 Short Hurdles Masters****Finals**

1	Lawrence, Dale	M64	Unattached-Saskatchewan	20.00	21.59	1.0	
---	----------------	-----	-------------------------	-------	-------	-----	--

**Event 18 M65 100 Short Hurdles Masters****Finals**

1	Hazen, Ward	M68	Laurel Creek Tfc	16.50	45.66	1.0	
---	-------------	-----	------------------	-------	-------	-----	--

**Event 20 M40 110 Short Hurdles Masters****Finals**

1	<b>Hinton, Jackson</b>	<b>M41</b>	<b>Edmonton International Track C</b>	14.25	<b>14.50</b>	<b>1.3</b>	<b>MR</b>
---	------------------------	------------	---------------------------------------	-------	--------------	------------	-----------

(old MR 14.99 Don Drummond USA 2011)

**Event 22 M80 200 Long Hurdles Masters****Finals**

1	Van Der Wal, Hylke	M84	Unattached-Saskatchewan	1:19.68	1:16.63	NWI	
---	--------------------	-----	-------------------------	---------	---------	-----	--

**Event 23 W50 300 Long Hurdles Masters****Finals**

1	Oswald, Carrie	W54	Unattached Ontario		1:14.33		
---	----------------	-----	--------------------	--	---------	--	--

**Event 23 W60 300 Long Hurdles Masters****Finals**

1	Ritchie, Laurie	W61	Greyhounds Masters Track & Fie	1:09.84	1:09.10		
---	-----------------	-----	--------------------------------	---------	---------	--	--

## 2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022

## Canada Games Athletics Complex

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## Event 23 W65 300 Long Hurdles Masters

## Finals

1	Bryant, Jo	W66	Unattached Nova Scotia	1:12.90	1:17.92
---	------------	-----	------------------------	---------	---------

## Event 24 M65 300 Long Hurdles Masters

## Finals

1	Hazen, Ward	M68	Laurel Creek Tfc	50.00	1:01.21
2	Sandhu, Jasbir	M68	Una		1:07.44

## Event 24 M70 300 Long Hurdles Masters

## Finals

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie		55.94
2	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	1:05.00	1:09.88

## Event 24 M75 300 Long Hurdles Masters

## Finals

1	Shah, Surinder	M79	Greyhounds Masters Track & Fie	1:15.00	1:30.57
2	Gee, Arthur	M78	Greyhounds Masters Track & Fie	1:16.00	1:41.14

## Event 27 W55 1500 Meter Race Walk Masters

## Finals

1	Brooke, Susan	W57	Alberta Racewalk Club	8:45.00	8:51.56
---	---------------	-----	-----------------------	---------	---------

## Event 27 W65 1500 Meter Race Walk Masters

## Finals

1	<b>Flipsen, Johanna</b>	<b>W67</b>	<b>Alberta Racewalk Club</b>	8:26.57	<b>8:24.10 CAN MR</b>
	(old CAN 8:26.57 Johanna 2021, old MR 8:34.73 Kris Kozell 2019)				
2	De Thy, Anne	W68	Ontario Racewalkers Associatio	9:19.81	9:37.25

## Event 27 W70 1500 Meter Race Walk Masters

## Finals

1	<b>Chiozza, Teresa</b>	<b>W71</b>	<b>Alberta Racewalk Club</b>	9:20.00	<b>9:05.84 CAN MR</b>
	(old CAN 9:45.12 Jennie Binning 1998, old MR 9:41.46 Kathleen Frable USA 2017)				

## Event 27 W80 1500 Meter Race Walk Masters

## Finals

1	Cheetham, Renate	W84	Greyhounds Masters Track & Fie	12:06.55	12:31.05
---	------------------	-----	--------------------------------	----------	----------

## Event 28 M40 1500 Meter Race Walk Masters

## Finals

---	Folgering, Trevor	M43	University of Regina Track Clu	7:45.00	DQ
-----	-------------------	-----	--------------------------------	---------	----

## Event 28 M45 1500 Meter Race Walk Masters

## Finals

1	Babenko, Dmitry	M49	Unattached British Columbia		6:36.80
2	Paine, Richard Noel	M46	Unattached Ontario	6:45.00	7:07.16

## Event 28 M50 1500 Meter Race Walk Masters

## Finals

1	Zhou, Sam	M53	Roadkill Running Club	10:00.00	11:59.84
---	-----------	-----	-----------------------	----------	----------

## Event 28 M60 1500 Meter Race Walk Masters

## Finals

1	Storms, John	M63	Athletics Yukon		8:18.81
2	Keenan, David	M64	Alberta Racewalk Club	8:30.00	8:46.95

## 2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022

## Canada Games Athletics Complex

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## Event 28 M65 1500 Meter Race Walk Masters

## Finals

1	Laflamme, Denis	M68	Vainqueurs Plus	8:00.00	8:02.51
---	-----------------	-----	-----------------	---------	---------

## Event 29 W55 5000 Meter Race Walk Masters

## Finals

1	Brooke, Susan	W57	Alberta Racewalk Club	31:15.00	31:04.80
---	---------------	-----	-----------------------	----------	----------

## Event 29 W65 5000 Meter Race Walk Masters

## Finals

1	Flipsen, Johanna	W67	Alberta Racewalk Club	30:58.62	30:10.49
2	De Thy, Anne	W68	Ontario Racewalkers Associatio	34:00.00	34:39.46

## Event 29 W70 5000 Meter Race Walk Masters

## Finals

1	<b>Chiozza, Teresa</b>	<b>W71</b>	<b>Alberta Racewalk Club</b>	<b>33:00.00</b>	<b>31:59.95</b>	<b>CAN MR</b>
---	------------------------	------------	------------------------------	-----------------	-----------------	---------------

(old CAN 33:29.5 Lenore Marvin 1991, old MR 33:56.78 June-Marie Provost 2005)

## Event 29 W80 5000 Meter Race Walk Masters

## Finals

1	Cheetham, Renate	W84	Greyhounds Masters Track & Fie	41:17.44	43:25.56
---	------------------	-----	--------------------------------	----------	----------

## Event 30 M45 5000 Meter Race Walk Masters

## Finals

1	Babenko, Dmitry	M49	Unattached British Columbia		23:37.49
---	-----------------	-----	-----------------------------	--	----------

## Event 30 M60 5000 Meter Race Walk Masters

## Finals

1	Storms, John	M63	Athletics Yukon		30:28.44
2	Keenan, David	M64	Alberta Racewalk Club	31:00.00	30:35.17

## Event 31 W60 2000 Meter Steeplechase Masters

## Finals

1	<b>Smith, Jan</b>	<b>W62</b>	<b>Unattached-Saskatchewan</b>		<b>9:39.91</b>	<b>MR</b>
---	-------------------	------------	--------------------------------	--	----------------	-----------

(old MR 9:51.8 Judy Warick 2009)

## Event 32 M60 2000 Meter Steeplechase Masters

## Finals

1	Flett, Gordon	M62	Roadkill Running Club	9:45.00	9:29.46
---	---------------	-----	-----------------------	---------	---------

## Event 32 M65 2000 Meter Steeplechase Masters

## Finals

1	Sandhu, Jasbir	M68	Una		11:24.42
---	----------------	-----	-----	--	----------

## Event 32 M75 2000 Meter Steeplechase Masters

## Finals

1	Maceachern, Alex	M76	Calgary Spartans	11:15.00	11:53.69
---	------------------	-----	------------------	----------	----------

## Event 32 M80 2000 Meter Steeplechase Masters

## Finals

1	Van Der Wal, Hylke	M84	Unattached-Saskatchewan	21:57.02	22:17.08
---	--------------------	-----	-------------------------	----------	----------

## Event 34 M34&amp;U 3000 Meter Steeplechase Masters

## Finals

1	Ferguson, Andrew	M34	Roadkill Running Club		15:49.96
---	------------------	-----	-----------------------	--	----------

## 2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022

## Canada Games Athletics Complex

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**Event 34 M50 3000 Meter Steeplechase Masters****Finals**

1	Harder, Darcey	M50	Roadkill Running Club		13:19.55
---	Zhou, Sam	M53	Roadkill Running Club	16:00.00	DQ

**Event 35 W40 4x100 Meter Relay Masters****Finals**

1	Flight Club Regina	A			56.94
2	Excel Athletika	A			1:08.38
3	Unattached Alberta	A			1:08.60

**Event 35 W50 4x100 Meter Relay Masters****Finals**

1	Winnipeg Optimist Athletics	A			1:08.08
---	-----------------------------	---	--	--	---------

**Event 36 M34&U 4x100 Meter Relay Masters****Finals**

---	Roadkill Running Club	A			DQ
-----	-----------------------	---	--	--	----

**Event 37 W40 4x400 Meter Relay Masters****Finals**

1	Riversdale Athletics Track	A			5:12.59
---	----------------------------	---	--	--	---------

**Event 38 M34&U 4x400 Meter Relay Masters****Finals**

1	Roadkill Running Club	A			4:36.08
---	-----------------------	---	--	--	---------

**Event 38 M40 4x400 Meter Relay Masters****Finals**

1	Lanaudière-Olympique	A			4:10.60
---	----------------------	---	--	--	---------

**Event 38 M60 4x400 Meter Relay Masters****Finals**

<b>1</b>	<b>Tough Track</b>	<b>A</b>			<b>4:28.85 MR</b>
	<b>Ron Melchiorre(65), George Stewart (63), Ken Friesen (65) and Greg Athayde (61).</b>				
	(old MR 4:38.23 USA 2012)				

**Event 40 M30 4x800 Meter Relay Masters****Finals**

<b>1</b>	<b>Roadkill Running Club</b>	<b>A</b>			<b>12:41.39 MR</b>
	<b>Andrew Ferguson (34), Gordon Flett (62), Brook Jones (44) and Sam Zhou (53)</b>				
	(no previous MR)				

**Event 41 W40 High Jump Masters****Finals**

1	Mohora, Andreea	W43	Capital City Track Club	1.20m	1.26m
---	-----------------	-----	-------------------------	-------	-------

**Event 41 W45 High Jump Masters****Finals**

1	Arnason, Sandi	W49	Riversdale Athletics Track	1.24m	1.26m
---	----------------	-----	----------------------------	-------	-------

**Event 41 W60 High Jump Masters****Finals**

1	Kennedy, Jo-Ann	W64	Unattached-Saskatchewan	1.15m	1.14m
2	Lauridsen, Susanne	W64	U OF C Athletics Club	1.15m	1.11m

**Event 41 W70 High Jump Masters****Finals**

1	Lee, Deborah	W72	Greyhounds Masters Track & Fie	1.05m	1.11m
2	Clark, Deanna	W74	Greyhounds Masters Track & Fie	0.90m	0.96m

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Finals ... (Event 41 W70 High Jump Masters)**

2	Hayley, Urith	W71	Greyhounds Masters Track & Fie	1.05m	0.96m
---	---------------	-----	--------------------------------	-------	-------

**Event 42 M35 High Jump Masters****Finals**

1	Westcott, Sheldon	M37	Unattached Alberta		1.65m
---	-------------------	-----	--------------------	--	-------

**Event 42 M45 High Jump Masters****Finals**

1	McLaren, Doug	M46	Unattached-Saskatchewan		1.50m
---	---------------	-----	-------------------------	--	-------

**Event 42 M50 High Jump Masters****Finals**

1	Wilson, Kier	M50	Unattached Alberta		1.15m
---	--------------	-----	--------------------	--	-------

**Event 42 M55 High Jump Masters****Finals**

1	East, Allan	M55	Unattached-Saskatchewan	1.20m	1.10m
---	-------------	-----	-------------------------	-------	-------

**Event 42 M60 High Jump Masters****Finals**

1	Lawrence, Dale	M64	Unattached-Saskatchewan	1.40m	1.35m
---	----------------	-----	-------------------------	-------	-------

**Event 42 M65 High Jump Masters****Finals**

1	Liu, Edwin	M65	Greyhounds Masters Track & Fie		1.25m
2	Sandhu, Jasbir	M68	Una		0.85m

**Event 42 M70 High Jump Masters****Finals**

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie		1.37m
2	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	1.05m	0.90m

**Event 42 M75 High Jump Masters****Finals**

1	Maceachern, Alex	M76	Calgary Spartans	1.20m	1.20m
2	Gee, Arthur	M78	Greyhounds Masters Track & Fie	1.05m	1.00m
3	Shah, Surinder	M79	Greyhounds Masters Track & Fie	1.00m	0.90m

**Event 42 M85 High Jump Masters****Finals**

1	Koza, Joseph	M86	Una		1.05m
---	--------------	-----	-----	--	-------

**Event 42 M90 High Jump Masters****Finals**

1	Giegerich, Joe	M90	Nanaimo & District Track & Fie	0.85m	0.85m
---	----------------	-----	--------------------------------	-------	-------

**Event 44 M70 Pole Vault Masters****Finals**

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie		2.40m
2	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	1.75m	1.60m

**Event 44 M75 Pole Vault Masters****Finals**

1	Ukonmaanaho, Tuomas	M77	Prince George Track & Field Cl		2.35m
---	---------------------	-----	--------------------------------	--	-------

## 2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022

## Canada Games Athletics Complex

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## Finals ... (Event 44 M75 Pole Vault Masters)

---	Gee, Arthur	M78	Greyhounds Masters Track & Fie	1.40m	NH	
-----	-------------	-----	--------------------------------	-------	----	--

## Event 45 W45 Long Jump Masters

## Finals

1	Arnason, Sandi	W49	Riversdale Athletics Track	3.93m	4.00m	1.2
2	Boyko, Raquel	W48	Excel Athletika		3.93m	0.9

## Event 45 W55 Long Jump Masters

## Finals

1	McKnight, Donna	W58	Top Notch Masters		3.36m	1.2
---	-----------------	-----	-------------------	--	-------	-----

## Event 45 W60 Long Jump Masters

## Finals

1	Kennedy, Jo-Ann	W64	Unattached-Saskatchewan	3.05m	3.25m	0.6
2	Lauridsen, Susanne	W64	U OF C Athletics Club	3.12m	3.03m	1.8

## Event 45 W65 Long Jump Masters

## Finals

1	Amerongen, Loretta	W68	Edmonton Columbians Track Club	3.20m	3.10m	-0.1
---	--------------------	-----	--------------------------------	-------	-------	------

## Event 45 W70 Long Jump Masters

## Finals

1	Lee, Deborah	W72	Greyhounds Masters Track & Fie	3.30m	3.35m	0.2
2	O'Sullivan, Daphne	W70	Unattached British Columbia	3.00m	3.14m	0.8
3	Fossberg, Mette	W70	Victoria Speed Project	3.00m	2.79m	0.4

## Event 45 W80 Long Jump Masters

## Finals

1	<b>LaFayette-Boyd, Carol</b>	<b>W80</b>	<b>Excel Athletika</b>	3.00m	<b>3.69m</b>	<b>0.9</b>	<b>WR</b>
---	------------------------------	------------	------------------------	-------	--------------	------------	-----------

(old WR 3.45 Rietje Dijkman NED, old CAN 3.29 Christa Bortignon 2017, old MR 2.99 Christa 2017)

## Event 45 W85 Long Jump Masters

## Finals

1	Boivin, Gwen	W88	Unattached-Saskatchewan		1.23m	1.1
---	--------------	-----	-------------------------	--	-------	-----

## Event 46 M34&amp;U Long Jump Masters

## Finals

1	Wiebe, Jayden	M30	Saskatoon TF Club		5.98m	0.2
2	Ferguson, Andrew	M34	Roadkill Running Club		3.74m	0.3

## Event 46 M40 Long Jump Masters

## Finals

1	%Stein, Janz T64;F64	M41	Excel Athletika	6.26m	6.00m	0.2
---	----------------------	-----	-----------------	-------	-------	-----

## Event 46 M50 Long Jump Masters

## Finals

1	Forest, Martin	M52	Lanaudière-Olympique	4.72m	4.45m	0.1
2	Wilson, Kier	M50	Unattached Alberta		3.57m	0.3

## Event 46 M60 Long Jump Masters

## Finals

1	Lawrence, Dale	M64	Unattached-Saskatchewan	4.30m	4.25m	0.6
2	Flett, Gordon	M62	Roadkill Running Club	3.53m	3.34m	0.7



**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 46 M65 Long Jump Masters****Finals**

1	Hazen, Ward	M68	Laurel Creek Tfc	4.30m	4.41m	0.2	
2	Liu, Edwin	M65	Greyhounds Masters Track & Fie		4.22m	0.2	
3	Sandhu, Jasbir	M68	Una		2.90m	0.7	

**Event 46 M70 Long Jump Masters****Finals**

1	Turkington, Roy	M71	Greyhounds Masters Track & Fie	3.75m	3.73m	-4.0	2
2	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	3.50m	2.61m	-0.3	2

**Event 46 M75 Long Jump Masters****Finals**

1	Gee, Arthur	M78	Greyhounds Masters Track & Fie	3.20m	2.98m	-0.3	2
2	Shah, Surinder	M79	Greyhounds Masters Track & Fie	2.05m	2.21m	0.2	2

**Event 46 M80 Long Jump Masters****Finals**

1	Armstrong, Merv	M83	Una		2.65m	-3.0	2
2	Van Der Wal, Hylke	M84	Unattached-Saskatchewan		1.70m	NWI	2

**Event 46 M85 Long Jump Masters****Finals**

1	Koza, Joseph	M86	Una		2.42m	-0.7	2
---	--------------	-----	-----	--	-------	------	---

**Event 47 W45 Triple Jump Masters****Finals**

1	Arnason, Sandi	W49	Riversdale Athletics Track	8.63m	8.22m	-0.5	
---	----------------	-----	----------------------------	-------	-------	------	--

**Event 47 W60 Triple Jump Masters****Finals**

1	Gieni, Muriel	W64	Riversdale Athletics Track		8.80m	-0.1	
2	Kennedy, Jo-Ann	W64	Unattached-Saskatchewan	6.40m	6.52m	0.2	
3	Lauridsen, Susanne	W64	U OF C Athletics Club	6.73m	6.49m	-0.4	

**Event 47 W65 Triple Jump Masters****Finals**

1	Amerongen, Loretta	W68	Edmonton Columbians Track Club	6.73m	6.94m	0.3	
---	--------------------	-----	--------------------------------	-------	-------	-----	--

**Event 47 W70 Triple Jump Masters****Finals**

1	Lee, Deborah	W72	Greyhounds Masters Track & Fie	7.08m	7.26m	-0.4	
---	--------------	-----	--------------------------------	-------	-------	------	--

**Event 47 W80 Triple Jump Masters****Finals**

<b>1</b>	<b>LaFayette-Boyd, Carol</b>	<b>W80</b>	<b>Excel Athletika</b>	7.00m	<b>6.93m</b>	<b>0.3</b>	<b>MR</b>
	(old MR Christa Bortignon 2018)						

**Event 47 W85 Triple Jump Masters****Finals**

1	Boivin, Gwen	W88	Unattached-Saskatchewan		3.89m	-0.1	
---	--------------	-----	-------------------------	--	-------	------	--

**Event 48 M30 Triple Jump Masters****Finals**

<b>1</b>	<b>Wiebe, Jayden</b>	<b>M30</b>	<b>Saskatoon TF Club</b>		<b>12.82m</b>	<b>0.1</b>	<b>MR</b>
	(old MR 11.91 Jermaine Wade USA 2017)						

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 17 M17 Triple Jump Masters****Finals**

1	James, Nyjah	M41	Jump Squad	8.00m	11.82m	0.7
---	--------------	-----	------------	-------	--------	-----

**Event 48 M60 Triple Jump Masters****Finals**

1	Lawrence, Dale	M64	Unattached-Saskatchewan	8.70m	8.64m	+0.0
---	----------------	-----	-------------------------	-------	-------	------

**Event 48 M65 Triple Jump Masters****Finals**

1	Liu, Edwin	M65	Greyhounds Masters Track & Fie		9.10m	0.4
2	Hazen, Ward	M68	Laurel Creek Tfc	9.00m	8.69m	0.6
3	Sandhu, Jasbir	M68	Una		4.78m	0.3

**Event 48 M70 Triple Jump Masters****Finals**

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie		8.60m	0.8
2	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	7.50m	5.83m	0.3

**Event 48 M75 Triple Jump Masters****Finals**

1	Maceachern, Alex	M76	Calgary Spartans	6.80m	6.99m	+0.0
2	Gee, Arthur	M78	Greyhounds Masters Track & Fie	6.50m	5.84m	0.1
3	Shah, Surinder	M79	Greyhounds Masters Track & Fie	6.00m	4.03m	1.8

**Event 48 M80 Triple Jump Masters****Finals**

1	Armstrong, Merv	M83	Una		5.66m	0.9
---	-----------------	-----	-----	--	-------	-----

**Event 48 M85 Triple Jump Masters****Finals**

1	Koza, Joseph	M86	Una		5.33m	0.1
---	--------------	-----	-----	--	-------	-----

**Event 48 M90 Triple Jump Masters****Finals**

1	Giegerich, Joe	M90	Nanaimo & District Track & Fie	4.60m	4.63m	0.2
---	----------------	-----	--------------------------------	-------	-------	-----

**Event 49 W34&U Discus Throw Masters****Finals**

1	Brens, Amilia	W33	Edmonton Columbians Track Club		13.07m	
---	---------------	-----	--------------------------------	--	--------	--

**Event 49 W45 Discus Throw Masters****Finals**

1	Diener, Andrea	W47	St. Albert Mustangs Track & FI		33.34m	
---	----------------	-----	--------------------------------	--	--------	--

**Event 49 W60 Discus Throw Masters****Finals**

1	Jolicoeur, Jovette	W62	U OF C Athletics Club	22.68m	21.18m	
---	--------------------	-----	-----------------------	--------	--------	--

**Event 49 W65 Discus Throw Masters****Finals**

1	Garner, Doreen	W68	Throwers Club	25.00m	24.81m	
2	Hessel, Laura	W69	Unattached Alberta	22.47m	23.06m	
3	Harper, Linda	W69	Una	19.01m	19.19m	
4	Essex, Joyce	W65	Greyhounds Masters Track & Fie	10.02m	10.93m	

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 49 W70 Discus Throw Masters****Finals**

1	Closkey, Cheryl	W74	Unattached British Columbia	17.33m
2	Nesterenko, Louise	W71	U OF C Athletics Club	9.50m

**Event 49 W75 Discus Throw Masters****Finals**

1	Nakano, Yuko	W79	Edmonton Masters	26.43m	21.12m
2	Gracie, Gillian	W79	Unattached-Saskatchewan	16.00m	15.90m

**Event 49 W80 Discus Throw Masters****Finals**

1	Armstrong, Ellie	W80	Una	15.31m
---	------------------	-----	-----	--------

**Event 50 M35 Discus Throw Masters****Finals**

1	Kendrick, Dallas	M37	Edmonton Columbians Track Club	25.32m
---	------------------	-----	--------------------------------	--------

**Event 50 M50 Discus Throw Masters****Finals**

1	Kozan, Paul	M51	Unattached-Saskatchewan	26.00m	33.63m
2	Lowe, Mark	M52	1A Kyle Composite School		31.15m
3	Wilson, Kier	M50	Unattached Alberta		28.71m
4	Bacioiu, George	M54	Edmonton Columbians Track Club		27.40m
5	Harrower, Will	M50	Unattached British Columbia		27.38m

**Event 50 M55 Discus Throw Masters****Finals**

1	Becker, Mark	M57	Unattached-Saskatchewan	32.27m
---	--------------	-----	-------------------------	--------

**Event 50 M60 Discus Throw Masters****Finals**

1	Arthur, Andrew	M60	Unattached Alberta	34.00m	35.72m
2	Lawrence, Dale	M64	Unattached-Saskatchewan	31.00m	33.46m
3	McCulloch, Gordon	M64	Unattached Alberta		32.13m
4	Flett, Gordon	M62	Roadkill Running Club	23.08m	22.77m

**Event 50 M65 Discus Throw Masters****Finals**

1	<b>Deady, Michael</b> (old MR 42.06 Leonarc Rosen 1999)	<b>M68</b>	<b>Unattached British Columbia</b>	41.71m	<b>43.05m</b>	<b>MR</b>
2	Berquist, Brian	M69	Riversdale Athletics Track	30.00m	28.71m	2

**Event 50 M70 Discus Throw Masters****Finals**

1	Szafranski, Longin	M70	Unattached Alberta		37.59m	2
2	McLane, James	M71	Unattached-Saskatchewan		31.26m	2
3	Essex, Alan	M70	Greyhounds Masters Track & Fie	32.50m	30.72m	2
4	Hessel, Patrick	M70	Unattached Alberta	30.75m	27.83m	2
5	Pearson, William	M70	Throwers Club	26.00m	25.62m	2
6	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	25.00m	24.80m	2

**Event 50 M75 Discus Throw Masters****Finals**

1	Delhomeau, Roland	M77	Top Notch Masters	20.00m	20.91m	2
2	Battiste, Art	M79	Top Notch Masters		20.59m	2

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 50 M80 Discus Throw Masters****Finals**

1	East, Les	M82	Peninsula Track & Field Club	22.00m	23.14m	2
2	Armstrong, Merv	M83	Una		22.64m	2

**Event 50 M85 Discus Throw Masters****Finals**

1	Koza, Joseph	M86	Una		16.28m	2
---	--------------	-----	-----	--	--------	---

**Event 51 W45 Hammer Throw Masters****Finals**

<b>1</b>	<b>Diener, Andrea</b>	<b>W47</b>	<b>St. Albert Mustangs Track &amp; Fi</b>		<b>38.25m</b>	<b>MR</b>
	(old MR 38.19 Kristen Dajia 2011)					

**Event 51 W60 Hammer Throw Masters****Finals**

1	Jolicoeur, Jovette	W62	U OF C Athletics Club		16.33m	
---	--------------------	-----	-----------------------	--	--------	--

**Event 51 W65 Hammer Throw Masters****Finals**

1	Hessel, Laura	W69	Unattached Alberta	28.54m	28.81m	
2	Bryant, Jo	W66	Unattached Nova Scotia	19.54m	19.42m	
3	Essex, Joyce	W65	Greyhounds Masters Track & Fie	16.55m	15.18m	

**Event 51 W70 Hammer Throw Masters****Finals**

1	Hayley, Urith	W71	Greyhounds Masters Track & Fie	19.00m	19.60m	
2	Closkey, Cheryl	W74	Unattached British Columbia		17.31m	
3	Lee, Deborah	W72	Greyhounds Masters Track & Fie	17.00m	15.64m	
4	Nesterenko, Louise	W71	U OF C Athletics Club		13.26m	

**Event 51 W75 Hammer Throw Masters****Finals**

<b>1</b>	<b>Nakano, Yuko</b>	<b>W79</b>	<b>Edmonton Masters</b>	28.56m	<b>28.06m</b>	<b>MR</b>
	(old MR 25.85 Margaret Tosh 2013)					
2	Gracie, Gillian	W79	Unattached-Saskatchewan	20.00m	20.38m	

**Event 52 M50 Hammer Throw Masters****Finals**

1	Lowe, Mark	M52	1A Kyle Composite School	42.00m	49.01m	
2	Parsons, Dan	M54	Unattached Alberta		45.89m	
3	Wilson, Kier	M50	Unattached Alberta		40.68m	
---	Bacioiu, George	M54	Edmonton Columbians Track Club		FOUL	

**Event 52 M60 Hammer Throw Masters****Finals**

1	Arthur, Andrew	M60	Unattached Alberta	34.00m	30.91m	
---	----------------	-----	--------------------	--------	--------	--

**Event 52 M70 Hammer Throw Masters****Finals**

1	Szafranski, Longin	M70	Unattached Alberta		38.95m	2
2	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	33.00m	34.48m	2
3	Essex, Alan	M70	Greyhounds Masters Track & Fie	35.20m	33.10m	2
4	Hessel, Patrick	M70	Unattached Alberta	32.00m	30.91m	2
5	Pearson, William	M70	Throwers Club	26.85m	22.57m	2

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 52 M75 Hammer Throw Masters****Finals**

1	Battiste, Art	M79	Top Notch Masters	22.35m		2
---	---------------	-----	-------------------	--------	--	---

**Event 52 M80 Hammer Throw Masters****Finals**

1	East, Les	M82	Peninsula Track & Field Club	28.00m	27.35m	2
---	-----------	-----	------------------------------	--------	--------	---

**Event 53 W40 Javelin Throw Masters****Finals**

1	Mohora, Andreea	W43	Capital City Track Club	18.72m	19.28m	
---	-----------------	-----	-------------------------	--------	--------	--

**Event 53 W45 Javelin Throw Masters****Finals**

1	Diener, Andrea	W47	St. Albert Mustangs Track & FI		29.90m	
2	Hodges, Sarah	W47	Unattached-Saskatchewan		25.38m	

**Event 53 W50 Javelin Throw Masters****Finals**

1	Hudey, Brenda	W54	Excel Athletika	16.15m	17.09m	
---	---------------	-----	-----------------	--------	--------	--

**Event 53 W60 Javelin Throw Masters****Finals**

1	Lauridsen, Susanne	W64	U OF C Athletics Club	19.94m	18.64m	
---	--------------------	-----	-----------------------	--------	--------	--

**Event 53 W65 Javelin Throw Masters****Finals**

1	Hessel, Laura	W69	Unattached Alberta	19.32m	19.81m	2
2	Essex, Joyce	W65	Greyhounds Masters Track & Fie	10.81m	10.03m	1

**Event 53 W70 Javelin Throw Masters****Finals**

1	Hayley, Urith	W71	Greyhounds Masters Track & Fie	16.00m	10.63m	2
2	Nesterenko, Louise	W71	U OF C Athletics Club		8.06m	2

**Event 53 W75 Javelin Throw Masters****Finals**

1	Nakano, Yuko	W79	Edmonton Masters	18.76m	18.36m	2
2	Gracie, Gillian	W79	Unattached-Saskatchewan	12.00m	11.41m	2

**Event 53 W80 Javelin Throw Masters****Finals**

1	Cheetham, Renate	W84	Greyhounds Masters Track & Fie	12.00m	7.67m	2
---	------------------	-----	--------------------------------	--------	-------	---

**Event 54 M34&U Javelin Throw Masters****Finals**

1	Dsouza, Jason	M33	Una	44.30m		
---	---------------	-----	-----	--------	--	--

**Event 54 M35 Javelin Throw Masters****Finals**

1	Westcott, Sheldon	M37	Unattached Alberta	37.40m		
---	-------------------	-----	--------------------	--------	--	--

**Event 54 M40 Javelin Throw Masters****Finals**

1	Ehr, Michael	M42	Unattached-Saskatchewan	42.98m	50.00m	
2	Ismail, Aly	M44	Unattached British Columbia		35.75m	

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 54 M50 Javelin Throw Masters****Finals**

1	Wilson, Kier	M50	Unattached Alberta	35.68m
---	--------------	-----	--------------------	--------

**Event 54 M55 Javelin Throw Masters****Finals**

1	Becker, Mark	M57	Unattached-Saskatchewan	33.55m
---	--------------	-----	-------------------------	--------

**Event 54 M60 Javelin Throw Masters****Finals**

1	Lawrence, Dale	M64	Unattached-Saskatchewan	31.00m	31.07m
2	McCulloch, Gordon	M64	Unattached Alberta		30.37m
3	Arthur, Andrew	M60	Unattached Alberta	34.00m	27.00m
4	Flett, Gordon	M62	Roadkill Running Club	21.24m	19.74m

**Event 54 M65 Javelin Throw Masters****Finals**

1	Hazen, Ward	M68	Laurel Creek Tfc	30.00m	31.96m
2	Finkbeiner, Michael	M68	London Western T.F.C.	37.00m	24.69m

**Event 54 M70 Javelin Throw Masters****Finals**

1	McLane, James	M71	Unattached-Saskatchewan	33.27m		2
2	Hessel, Patrick	M70	Unattached Alberta	25.19m	23.72m	2
3	Pearson, William	M70	Throwers Club	22.00m	21.84m	2

**Event 54 M75 Javelin Throw Masters****Finals**

1	Ukonmaanaho, Tuomas	M77	Prince George Track & Field Cl	27.91m		2
2	Battiste, Art	M79	Top Notch Masters	23.96m		2
3	Gee, Arthur	M78	Greyhounds Masters Track & Fie	17.00m	15.76m	2

**Event 54 M80 Javelin Throw Masters****Finals**

1	East, Les	M82	Peninsula Track & Field Club	18.00m	20.44m	2
---	-----------	-----	------------------------------	--------	--------	---

**Event 55 W34&U Shot Put Masters****Finals**

1	Brens, Amilia	W33	Edmonton Columbians Track Club	6.65m
---	---------------	-----	--------------------------------	-------

**Event 55 W35 Shot Put Masters****Finals**

1	Taylor, Patricia	W38	Unattached-Saskatchewan	7.18m
---	------------------	-----	-------------------------	-------

**Event 55 W45 Shot Put Masters****Finals**

1	Diener, Andrea	W47	St. Albert Mustangs Track & FI	10.67m
---	----------------	-----	--------------------------------	--------

**Event 55 W60 Shot Put Masters****Finals**

1	Gieni, Muriel	W64	Riversdale Athletics Track	9.42m	
2	Jolicoeur, Jovette	W62	U OF C Athletics Club	8.76m	8.52m
3	Lauridsen, Susanne	W64	U OF C Athletics Club	7.53m	

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 55 W65 Shot Put Masters****Finals**

1	Garner, Doreen	W68 Throwers Club	9.20m	9.27m	
2	Hessel, Laura	W69 Unattached Alberta	8.16m	7.79m	
3	Amerongen, Loretta	W68 Edmonton Columbians Track Club	7.20m	7.04m	
4	Harper, Linda	W69 Una	7.00m	6.80m	
5	Essex, Joyce	W65 Greyhounds Masters Track & Fie	4.95m	4.92m	

**Event 55 W70 Shot Put Masters****Finals**

1	Hayley, Urith	W71 Greyhounds Masters Track & Fie	7.00m	6.16m	2
2	Nesterenko, Louise	W71 U OF C Athletics Club		4.41m	2

**Event 55 W75 Shot Put Masters****Finals**

1	Nakano, Yuko	W79 Edmonton Masters	8.44m	8.26m	2
2	Gracie, Gillian	W79 Unattached-Saskatchewan		7.51m	2

**Event 55 W80 Shot Put Masters****Finals**

1	Armstrong, Ellie	W80 Una		5.51m	2
2	Cheetham, Renate	W84 Greyhounds Masters Track & Fie	6.00m	4.24m	2

**Event 56 M30 Shot Put Masters****Finals**

<b>1</b>	<b>Pickering, Chris</b>	<b>M33 Unattached-Saskatchewan</b>		<b>14.25m</b>	<b>MR</b>
	(old MR 11.86 Scott Paterson 2017)				

**Event 56 M50 Shot Put Masters****Finals**

1	Harrower, Will	M50 Unattached British Columbia		10.48m	
2	Bacioiu, George	M54 Edmonton Columbians Track Club		10.36m	
3	Wilson, Kier	M50 Unattached Alberta		8.93m	

**Event 56 M55 Shot Put Masters****Finals**

1	Becker, Mark	M57 Unattached-Saskatchewan		10.48m	
---	--------------	-----------------------------	--	--------	--

**Event 56 M60 Shot Put Masters****Finals**

1	McCulloch, Gordon	M64 Unattached Alberta		11.22m	
2	Arthur, Andrew	M60 Unattached Alberta	10.00m	9.23m	
3	Flett, Gordon	M62 Roadkill Running Club	7.49m	7.01m	

**Event 56 M65 Shot Put Masters****Finals**

1	Deady, Michael	M68 Unattached British Columbia	12.40m	11.91m	2
---	----------------	---------------------------------	--------	--------	---

**Event 56 M70 Shot Put Masters****Finals**

1	Szafranski, Longin	M70 Unattached Alberta		11.27m	2
2	McLane, James	M71 Unattached-Saskatchewan		11.19m	2
3	Essex, Alan	M70 Greyhounds Masters Track & Fie	10.59m	10.59m	2
4	Hessel, Patrick	M70 Unattached Alberta	10.05m	9.83m	2
5	Pearson, William	M70 Throwers Club	9.22m	9.14m	2
6	Sandhu, Hardev Singh	M73 Greyhounds Masters Track & Fie	8.00m	8.48m	2

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 56 M75 Shot Put Masters****Finals**

1	Ukonmaanaho, Tuomas	M77	Prince George Track & Field Cl	9.30m	2
2	Battiste, Art	M79	Top Notch Masters	8.85m	2
3	Shah, Surinder	M79	Greyhounds Masters Track & Fie	7.00m 5.89m	2

**Event 56 M80 Shot Put Masters****Finals**

1	East, Les	M82	Peninsula Track & Field Club	9.00m 8.32m	2
---	-----------	-----	------------------------------	-------------	---

**Event 57 W45 Weight Throw Masters****Finals**

1	Diener, Andrea	W47	St. Albert Mustangs Track & FI	11.16m	
---	----------------	-----	--------------------------------	--------	--

**Event 57 W65 Weight Throw Masters****Finals**

1	Hessel, Laura	W69	Unattached Alberta	11.10m 10.73m	
2	Garner, Doreen	W68	Throwers Club	10.50m 10.32m	
3	Bryant, Jo	W66	Unattached Nova Scotia	8.72m 9.31m	
4	Essex, Joyce	W65	Greyhounds Masters Track & Fie	6.35m 5.75m	

**Event 57 W70 Weight Throw Masters****Finals**

1	Hayley, Urith	W71	Greyhounds Masters Track & Fie	7.00m 6.97m	
2	Lee, Deborah	W72	Greyhounds Masters Track & Fie	7.00m 6.13m	
3	Nesterenko, Louise	W71	U OF C Athletics Club	5.84m	

**Event 57 W75 Weight Throw Masters****Finals**

1	Nakano, Yuko	W79	Edmonton Masters	9.05m 9.53m	
2	Gracie, Gillian	W79	Unattached-Saskatchewan	7.05m	

**Event 57 W80 Weight Throw Masters****Finals**

1	Cheetham, Renate	W84	Greyhounds Masters Track & Fie	6.00m 5.49m	
---	------------------	-----	--------------------------------	-------------	--

**Event 58 M50 Weight Throw Masters****Finals**

1	Lowe, Mark	M52	1A Kyle Composite School	16.57m	
2	Wilson, Kier	M50	Unattached Alberta	13.61m	
3	Harrower, Will	M50	Unattached British Columbia	9.93m	
4	Bacioiu, George	M54	Edmonton Columbians Track Club	9.67m	

**Event 58 M60 Weight Throw Masters****Finals**

1	Arthur, Andrew	M60	Unattached Alberta	12.00m 13.44m	
2	McCulloch, Gordon	M64	Unattached Alberta	10.61m	

**Event 58 M70 Weight Throw Masters****Finals**

1	Szafranski, Longin	M70	Unattached Alberta	14.76m	2
2	Sandhu, Hardev Singh	M73	Greyhounds Masters Track & Fie	14.00m 13.32m	2
3	Essex, Alan	M70	Greyhounds Masters Track & Fie	12.75m 12.47m	2
4	Hessel, Patrick	M70	Unattached Alberta	11.15m 12.20m	2
5	Pearson, William	M70	Throwers Club	9.81m 8.88m	2



**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 58 M75 Weight Throw Masters****Finals**

1	Battiste, Art	M79	Top Notch Masters		10.30m		2
2	Delhomeau, Roland	M77	Top Notch Masters	10.00m	9.27m		2
3	Shah, Surinder	M79	Greyhounds Masters Track & Fie	8.05m	8.08m		2

**Event 58 M80 Weight Throw Masters****Finals**

1	East, Les	M82	Peninsula Track & Field Club	11.00m	11.24m		2
---	-----------	-----	------------------------------	--------	--------	--	---

**Event 59 W45 Outdoor Pentathlon Masters****Finals**

1	Arnason, Sandi	W49	Riversdale Athletics Track		2486		
---	----------------	-----	----------------------------	--	------	--	--

**Event 59 W50 Outdoor Pentathlon Masters****Finals**

1	Wagner, Claudia	W52	Dynamique de Laval		3022		
---	-----------------	-----	--------------------	--	------	--	--

**Event 59 W60 Outdoor Pentathlon Masters****Finals**

1	<b>Gieni, Muriel</b>	<b>W64</b>	<b>Riversdale Athletics Track</b>		<b>3737</b>	<b>CAN MR</b>	
	(old CAN 3424 Cindy O'Brian Hugh 202 2, old MR 3402 Rhona Trott 2009)						
2	Jolicoeur, Jovette	W62	U OF C Athletics Club		2691		

**Event 59 W45 80 Short Hurdles Masters Outdoor Pentathlon****Finals**

1	Arnason, Sandi	W49	Riversdale Athletics Track	15.77	-1.3		2
---	----------------	-----	----------------------------	-------	------	--	---

**Event 59 W50 80 Short Hurdles Masters Outdoor Pentathlon****Finals**

1	Wagner, Claudia	W52	Dynamique de Laval	16.57	-1.3		2
---	-----------------	-----	--------------------	-------	------	--	---

**Event 59 W60 80 Short Hurdles Masters Outdoor Pentathlon****Finals**

1	Gieni, Muriel	W64	Riversdale Athletics Track	14.16	-1.6		
2	Jolicoeur, Jovette	W62	U OF C Athletics Club	18.45	-1.6		

**Event 59 W45 High Jump Masters Outdoor Pentathlon****Finals**

1	Arnason, Sandi	W49	Riversdale Athletics Track	1.30m			
---	----------------	-----	----------------------------	-------	--	--	--

**Event 59 W50 High Jump Masters Outdoor Pentathlon****Finals**

1	Wagner, Claudia	W52	Dynamique de Laval	1.30m			
---	-----------------	-----	--------------------	-------	--	--	--

**Event 59 W60 High Jump Masters Outdoor Pentathlon****Finals**

1	Gieni, Muriel	W64	Riversdale Athletics Track	1.24m			
2	Jolicoeur, Jovette	W62	U OF C Athletics Club	1.06m			

**Event 59 W45 Shot Put Masters Outdoor Pentathlon****Finals**

1	Arnason, Sandi	W49	Riversdale Athletics Track	7.84m			
---	----------------	-----	----------------------------	-------	--	--	--

**Event 59 W50 Shot Put Masters Outdoor Pentathlon****Finals**

1	Wagner, Claudia	W52	Dynamique de Laval	9.06m			
---	-----------------	-----	--------------------	-------	--	--	--

## 2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022

## Canada Games Athletics Complex

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**Event 59 W60 Shot Put Masters Outdoor Pentathlon**

## Finals

1	Jolicoeur, Jovette	W62 U OF C Athletics Club	8.92m
2	Gieni, Muriel	W64 Riversdale Athletics Track	8.66m

**Event 59 W45 Long Jump Masters Outdoor Pentathlon**

## Finals

1	Arnason, Sandi	W49 Riversdale Athletics Track	3.98m	2.0
---	----------------	--------------------------------	-------	-----

**Event 59 W50 Long Jump Masters Outdoor Pentathlon**

## Finals

1	Wagner, Claudia	W52 Dynamique de Laval	3.87m	0.8
---	-----------------	------------------------	-------	-----

**Event 59 W60 Long Jump Masters Outdoor Pentathlon**

## Finals

1	Gieni, Muriel	W64 Riversdale Athletics Track	3.87m	1.2
2	Jolicoeur, Jovette	W62 U OF C Athletics Club	3.02m	2.4

**Event 59 W45 800 Meter Run Masters Outdoor Pentathlon**

## Finals

1	Arnason, Sandi	W49 Riversdale Athletics Track	3:21.42
---	----------------	--------------------------------	---------

**Event 59 W50 800 Meter Run Masters Outdoor Pentathlon**

## Finals

1	Wagner, Claudia	W52 Dynamique de Laval	2:52.92
---	-----------------	------------------------	---------

**Event 59 W60 800 Meter Run Masters Outdoor Pentathlon**

## Finals

1	Jolicoeur, Jovette	W62 U OF C Athletics Club	3:30.35
2	Gieni, Muriel	W64 Riversdale Athletics Track	3:36.45

**Event 60 M35 Outdoor Pentathlon Masters**

## Finals

1	Westcott, Sheldon	M37 Unattached Alberta	2103
---	-------------------	------------------------	------

**Event 60 M60 Outdoor Pentathlon Masters**

## Finals

1	Flett, Gordon	M62 Roadkill Running Club	1757
---	---------------	---------------------------	------

**Event 60 M70 Outdoor Pentathlon Masters**

## Finals

<b>1</b>	<b>Zapf-Gilje, Reidar</b>	<b>M70 Greyhounds Masters Track &amp; Fie</b>	<b>3780 MR</b>
	(old MR 2681 Doug Renwick 2012)		

**Event 60 M75 Outdoor Pentathlon Masters**

## Finals

1	Gee, Arthur	M78 Greyhounds Masters Track & Fie	2400	1749
---	-------------	------------------------------------	------	------

**Event 60 M90 Outdoor Pentathlon Masters**

## Finals

<b>1</b>	<b>Giegerich, Joe</b>	<b>M90 Nanaimo &amp; District Track &amp; Fie</b>	<b>2000</b>	<b>2041 CAN MR</b>
	(no previous CAN or Meet Record)			

**Event 60 M35 Long Jump Masters Outdoor Pentathlon**

## Finals

1	Westcott, Sheldon	M37 Unattached Alberta	5.16m	0.9
---	-------------------	------------------------	-------	-----

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 60 M60 Long Jump Masters Outdoor Pentathlon****Finals**

1	Flett, Gordon	M62	Roadkill Running Club	3.42m	2.0
2	Jackson, David	M62	Top Notch Masters	3.14m	1.2

**Event 60 M70 Long Jump Masters Outdoor Pentathlon****Finals**

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie	3.94m	2.3
---	--------------------	-----	--------------------------------	-------	-----

**Event 60 M75 Long Jump Masters Outdoor Pentathlon****Finals**

1	Gee, Arthur	M78	Greyhounds Masters Track & Fie	2.89m	2.5
---	-------------	-----	--------------------------------	-------	-----

**Event 60 M90 Long Jump Masters Outdoor Pentathlon****Finals**

1	Giegerich, Joe	M90	Nanaimo & District Track & Fie	2.09m	0.8
---	----------------	-----	--------------------------------	-------	-----

**Event 60 M35 Javelin Throw Masters Outdoor Pentathlon****Finals**

1	Westcott, Sheldon	M37	Unattached Alberta	37.38m	
---	-------------------	-----	--------------------	--------	--

**Event 60 M60 Javelin Throw Masters Outdoor Pentathlon****Finals**

1	Flett, Gordon	M62	Roadkill Running Club	19.87m	
---	---------------	-----	-----------------------	--------	--

**Event 60 M70 Javelin Throw Masters Outdoor Pentathlon****Finals**

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie	35.36m	
---	--------------------	-----	--------------------------------	--------	--

**Event 60 M75 Javelin Throw Masters Outdoor Pentathlon****Finals**

1	Gee, Arthur	M78	Greyhounds Masters Track & Fie	18.28m	
---	-------------	-----	--------------------------------	--------	--

**Event 60 M90 Javelin Throw Masters Outdoor Pentathlon****Finals**

1	Giegerich, Joe	M90	Nanaimo & District Track & Fie	14.23m	
---	----------------	-----	--------------------------------	--------	--

**Event 60 M35 200 Meter Dash Masters Outdoor Pentathlon****Finals**

1	Westcott, Sheldon	M37	Unattached Alberta	26.75	-0.5
---	-------------------	-----	--------------------	-------	------

**Event 60 M60 200 Meter Dash Masters Outdoor Pentathlon****Finals**

1	Flett, Gordon	M62	Roadkill Running Club	35.67	-0.5
---	---------------	-----	-----------------------	-------	------

**Event 60 M70 200 Meter Dash Masters Outdoor Pentathlon****Finals**

1	Zapf-Gilje, Reidar	M70	Greyhounds Masters Track & Fie	31.34	-0.5
---	--------------------	-----	--------------------------------	-------	------

**Event 60 M75 200 Meter Dash Masters Outdoor Pentathlon****Finals**

1	Gee, Arthur	M78	Greyhounds Masters Track & Fie	40.70	-0.5
---	-------------	-----	--------------------------------	-------	------

**Event 60 M90 200 Meter Dash Masters Outdoor Pentathlon****Finals**

1	Giegerich, Joe	M90	Nanaimo & District Track & Fie	51.40	-0.5
---	----------------	-----	--------------------------------	-------	------

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 60 M35 Discus Throw Masters Outdoor Pentathlon****Finals**

1	Westcott, Sheldon	M37 Unattached Alberta	22.66m
---	-------------------	------------------------	--------

**Event 60 M60 Discus Throw Masters Outdoor Pentathlon****Finals**

1	Flett, Gordon	M62 Roadkill Running Club	21.93m
---	---------------	---------------------------	--------

**Event 60 M70 Discus Throw Masters Outdoor Pentathlon****Finals**

1	Zapf-Gilje, Reidar	M70 Greyhounds Masters Track & Fie	34.24m
---	--------------------	------------------------------------	--------

**Event 60 M75 Discus Throw Masters Outdoor Pentathlon****Finals**

1	Gee, Arthur	M78 Greyhounds Masters Track & Fie	20.87m
---	-------------	------------------------------------	--------

**Event 60 M90 Discus Throw Masters Outdoor Pentathlon****Finals**

1	Giegerich, Joe	M90 Nanaimo & District Track & Fie	11.53m
---	----------------	------------------------------------	--------

**Event 60 M35 1500 Meter Run Masters Outdoor Pentathlon****Finals**

1	Westcott, Sheldon	M37 Unattached Alberta	5:28.68
---	-------------------	------------------------	---------

**Event 60 M60 1500 Meter Run Masters Outdoor Pentathlon****Finals**

1	Flett, Gordon	M62 Roadkill Running Club	6:22.56
---	---------------	---------------------------	---------

**Event 60 M70 1500 Meter Run Masters Outdoor Pentathlon****Finals**

1	Zapf-Gilje, Reidar	M70 Greyhounds Masters Track & Fie	5:45.79
---	--------------------	------------------------------------	---------

**Event 60 M75 1500 Meter Run Masters Outdoor Pentathlon****Finals**

1	Gee, Arthur	M78 Greyhounds Masters Track & Fie	9:29.00
---	-------------	------------------------------------	---------

**Event 60 M90 1500 Meter Run Masters Outdoor Pentathlon****Finals**

1	Giegerich, Joe	M90 Nanaimo & District Track & Fie	14:37.26
---	----------------	------------------------------------	----------

**Event 61 W40 Throws Pentathlon Masters****Finals**

1	Johnson-Gabruch, Karla	W44 Unattached-Saskatchewan	3539
---	------------------------	-----------------------------	------

**Event 61 W45 Throws Pentathlon Masters****Finals**

1	<b>Diener, Andrea</b> (no previous record)	<b>W47 St. Albert Mustangs Track &amp; FI</b>	<b>3691 MR</b>
2	Tondevoid, Jennifer	W46 Excel Athletika	2217

**Event 61 W65 Throws Pentathlon Masters****Finals**

1	Essex, Joyce	W65 Greyhounds Masters Track & Fie	1578	1774
---	--------------	------------------------------------	------	------

**Event 61 W70 Throws Pentathlon Masters****Finals**

1	Healey, Jean	W73 Top Notch Masters	2805
---	--------------	-----------------------	------

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Finals ... (Event 61 W70 Throws Pentathlon Masters)**

2	Closkey, Cheryl	W74	Unattached British Columbia	2440
3	Nesterenko, Louise	W71	U OF C Athletics Club	1819

**Event 61 W75 Throws Pentathlon Masters****Finals**

1	Nakano, Yuko	W79	Edmonton Masters	3904	3899
2	Gracie, Gillian	W79	Unattached-Saskatchewan	3400	2826

**Event 61 W40 Hammer Throw Masters Throws Pentathlon****Finals**

1	Johnson-Gabruch, Karla	W44	Unattached-Saskatchewan	40.94m
---	------------------------	-----	-------------------------	--------

**Event 61 W45 Hammer Throw Masters Throws Pentathlon****Finals**

1	Diener, Andrea	W47	St. Albert Mustangs Track & Fi	35.35m
2	Tondevoid, Jennifer	W46	Excel Athletika	20.62m

**Event 61 W65 Hammer Throw Masters Throws Pentathlon****Finals**

1	Essex, Joyce	W65	Greyhounds Masters Track & Fie	16.30m
---	--------------	-----	--------------------------------	--------

**Event 61 W70 Hammer Throw Masters Throws Pentathlon****Finals**

1	Closkey, Cheryl	W74	Unattached British Columbia	21.42m
2	Healey, Jean	W73	Top Notch Masters	18.49m
3	Nesterenko, Louise	W71	U OF C Athletics Club	12.71m

**Event 61 W75 Hammer Throw Masters Throws Pentathlon****Finals**

1	Nakano, Yuko	W79	Edmonton Masters	26.46m
2	Gracie, Gillian	W79	Unattached-Saskatchewan	19.60m

**Event 61 W40 Shot Put Masters Throws Pentathlon****Finals**

1	Johnson-Gabruch, Karla	W44	Unattached-Saskatchewan	11.36m
---	------------------------	-----	-------------------------	--------

**Event 61 W45 Shot Put Masters Throws Pentathlon****Finals**

1	Diener, Andrea	W47	St. Albert Mustangs Track & Fi	10.63m
2	Tondevoid, Jennifer	W46	Excel Athletika	8.77m

**Event 61 W65 Shot Put Masters Throws Pentathlon****Finals**

1	Essex, Joyce	W65	Greyhounds Masters Track & Fie	5.25m
---	--------------	-----	--------------------------------	-------

**Event 61 W70 Shot Put Masters Throws Pentathlon****Finals**

1	Healey, Jean	W73	Top Notch Masters	5.81m
2	Closkey, Cheryl	W74	Unattached British Columbia	5.73m
3	Nesterenko, Louise	W71	U OF C Athletics Club	4.52m

**Event 61 W75 Shot Put Masters Throws Pentathlon****Finals**

1	Nakano, Yuko	W79	Edmonton Masters	7.81m
---	--------------	-----	------------------	-------

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Finals ... (Event 61 W75 Shot Put Masters Throws Pentathlon)**

2	Gracie, Gillian	W79 Unattached-Saskatchewan	7.66m
---	-----------------	-----------------------------	-------

**Event 61 W40 Discus Throw Masters Throws Pentathlon****Finals**

1	Johnson-Gabruch, Karla	W44 Unattached-Saskatchewan	33.41m
---	------------------------	-----------------------------	--------

**Event 61 W45 Discus Throw Masters Throws Pentathlon****Finals**

1	Diener, Andrea	W47 St. Albert Mustangs Track & Fi	34.48m
2	Tondevdol, Jennifer	W46 Excel Athletika	23.74m

**Event 61 W65 Discus Throw Masters Throws Pentathlon****Finals**

1	Essex, Joyce	W65 Greyhounds Masters Track & Fie	11.49m
---	--------------	------------------------------------	--------

**Event 61 W70 Discus Throw Masters Throws Pentathlon****Finals**

1	Healey, Jean	W73 Top Notch Masters	16.42m
2	Nesterenko, Louise	W71 U OF C Athletics Club	10.73m
---	Closkey, Cheryl	W74 Unattached British Columbia	FOUL

**Event 61 W75 Discus Throw Masters Throws Pentathlon****Finals**

1	Nakano, Yuko	W79 Edmonton Masters	22.39m
2	Gracie, Gillian	W79 Unattached-Saskatchewan	14.06m

**Event 61 W40 Javelin Throw Masters Throws Pentathlon****Finals**

1	Johnson-Gabruch, Karla	W44 Unattached-Saskatchewan	26.35m
---	------------------------	-----------------------------	--------

**Event 61 W45 Javelin Throw Masters Throws Pentathlon****Finals**

1	Diener, Andrea	W47 St. Albert Mustangs Track & Fi	31.60m
2	Tondevdol, Jennifer	W46 Excel Athletika	21.19m

**Event 61 W65 Javelin Throw Masters Throws Pentathlon****Finals**

1	Essex, Joyce	W65 Greyhounds Masters Track & Fie	9.91m
---	--------------	------------------------------------	-------

**Event 61 W70 Javelin Throw Masters Throws Pentathlon****Finals**

1	Closkey, Cheryl	W74 Unattached British Columbia	13.64m
2	Healey, Jean	W73 Top Notch Masters	13.48m
3	Nesterenko, Louise	W71 U OF C Athletics Club	10.63m

**Event 61 W75 Javelin Throw Masters Throws Pentathlon****Finals**

1	Nakano, Yuko	W79 Edmonton Masters	17.73m
2	Gracie, Gillian	W79 Unattached-Saskatchewan	11.07m

**Event 61 W40 Weight Throw Masters Throws Pentathlon****Finals**

1	Johnson-Gabruch, Karla	W44 Unattached-Saskatchewan	13.52m
---	------------------------	-----------------------------	--------

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 61 W45 Weight Throw Masters Throws Pentathlon****Finals**

1	Diener, Andrea	W47 St. Albert Mustangs Track & Fi	11.85m
2	Tondeveld, Jennifer	W46 Excel Athletika	6.54m

**Event 61 W65 Weight Throw Masters Throws Pentathlon****Finals**

1	Essex, Joyce	W65 Greyhounds Masters Track & Fie	5.69m
---	--------------	------------------------------------	-------

**Event 61 W70 Weight Throw Masters Throws Pentathlon****Finals**

1	Closkey, Cheryl	W74 Unattached British Columbia	8.95m
2	Healey, Jean	W73 Top Notch Masters	8.41m
3	Nesterenko, Louise	W71 U OF C Athletics Club	5.51m

**Event 61 W75 Weight Throw Masters Throws Pentathlon****Finals**

1	Nakano, Yuko	W79 Edmonton Masters	9.12m
2	Gracie, Gillian	W79 Unattached-Saskatchewan	7.58m

**Event 62 M35 Throws Pentathlon Masters****Finals**

1	Kendrick, Dallas	M37 Edmonton Columbians Track Club	1566
---	------------------	------------------------------------	------

**Event 62 M50 Throws Pentathlon Masters****Finals**

1	<b>Parsons, Dan</b>	<b>M54 Unattached Alberta</b>	<b>3730 MR</b>
	(old MR 3425 Paul Gautier	2017)	
2	Wilson, Kier	M50 Unattached Alberta	2780
3	Bacioiu, George	M54 Edmonton Columbians Track Club	2041

**Event 62 M60 Throws Pentathlon Masters****Finals**

1	Arthur, Andrew	M60 Unattached Alberta	3000	2748
2	McCulloch, Gordon	M64 Unattached Alberta		2152
3	Jackson, David	M62 Top Notch Masters		1660

**Event 62 M65 Throws Pentathlon Masters****Finals**

1	Berquist, Brian	M69 Riversdale Athletics Track		2467
---	-----------------	--------------------------------	--	------

**Event 62 M70 Throws Pentathlon Masters****Finals**

1	Szafranski, Longin	M70 Unattached Alberta		3514
2	Essex, Alan	M70 Greyhounds Masters Track & Fie	2861	3119
3	Zapf-Gilje, Reidar	M70 Greyhounds Masters Track & Fie		3082
4	Hessel, Patrick	M70 Unattached Alberta	2924	2974
5	Pearson, William	M70 Throwers Club	2800	2199

**Event 62 M75 Throws Pentathlon Masters****Finals**

1	Battiste, Art	M79 Top Notch Masters		2534
2	Delhomeau, Roland	M77 Top Notch Masters		2193

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 62 M80 Throws Pentathlon Masters****Finals**

1	East, Les	M82 Peninsula Track & Field Club	2800	2914
---	-----------	----------------------------------	------	------

**Event 62 M35 Hammer Throw Masters Throws Pentathlon****Finals**

1	Kendrick, Dallas	M37 Edmonton Columbians Track Club	19.53m
---	------------------	------------------------------------	--------

**Event 62 M50 Hammer Throw Masters Throws Pentathlon****Finals**

1	Parsons, Dan	M54 Unattached Alberta	47.80m
2	Wilson, Kier	M50 Unattached Alberta	40.37m
3	Bacioiu, George	M54 Edmonton Columbians Track Club	22.30m

**Event 62 M60 Hammer Throw Masters Throws Pentathlon****Finals**

1	Arthur, Andrew	M60 Unattached Alberta	31.19m
2	McCulloch, Gordon	M64 Unattached Alberta	26.92m
3	Jackson, David	M62 Top Notch Masters	19.30m

**Event 62 M65 Hammer Throw Masters Throws Pentathlon****Finals**

1	Berquist, Brian	M69 Riversdale Athletics Track	21.63m
---	-----------------	--------------------------------	--------

**Event 62 M70 Hammer Throw Masters Throws Pentathlon****Finals**

1	Szafranski, Longin	M70 Unattached Alberta	41.31m	2
2	Essex, Alan	M70 Greyhounds Masters Track & Fie	33.73m	2
3	Hessel, Patrick	M70 Unattached Alberta	30.54m	2
4	Zapf-Gilje, Reidar	M70 Greyhounds Masters Track & Fie	25.98m	2
5	Pearson, William	M70 Throwers Club	22.01m	2

**Event 62 M75 Hammer Throw Masters Throws Pentathlon****Finals**

1	Battiste, Art	M79 Top Notch Masters	22.23m	2
2	Delhomeau, Roland	M77 Top Notch Masters	17.90m	2

**Event 62 M80 Hammer Throw Masters Throws Pentathlon****Finals**

1	East, Les	M82 Peninsula Track & Field Club	27.37m	2
---	-----------	----------------------------------	--------	---

**Event 62 M35 Shot Put Masters Throws Pentathlon****Finals**

1	Kendrick, Dallas	M37 Edmonton Columbians Track Club	9.77m
---	------------------	------------------------------------	-------

**Event 62 M50 Shot Put Masters Throws Pentathlon****Finals**

1	Parsons, Dan	M54 Unattached Alberta	12.57m
2	Bacioiu, George	M54 Edmonton Columbians Track Club	10.09m
3	Wilson, Kier	M50 Unattached Alberta	9.05m

**Event 62 M60 Shot Put Masters Throws Pentathlon****Finals**

1	McCulloch, Gordon	M64 Unattached Alberta	10.60m
2	Arthur, Andrew	M60 Unattached Alberta	9.32m



**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Finals ... (Event 62 M60 Shot Put Masters Throws Pentathlon)**

3	Jackson, David	M62 Top Notch Masters	7.25m	
---	----------------	-----------------------	-------	--

**Event 62 M65 Shot Put Masters Throws Pentathlon****Finals**

1	Berquist, Brian	M69 Riversdale Athletics Track	8.67m	
---	-----------------	--------------------------------	-------	--

**Event 62 M70 Shot Put Masters Throws Pentathlon****Finals**

1	Zapf-Gilje, Reidar	M70 Greyhounds Masters Track & Fie	11.89m	2
2	Essex, Alan	M70 Greyhounds Masters Track & Fie	11.25m	2
3	Szafranski, Longin	M70 Unattached Alberta	10.68m	2
4	Hessel, Patrick	M70 Unattached Alberta	9.96m	2
5	Pearson, William	M70 Throwers Club	8.66m	2

**Event 62 M75 Shot Put Masters Throws Pentathlon****Finals**

1	Battiste, Art	M79 Top Notch Masters	8.74m	2
2	Delhomeau, Roland	M77 Top Notch Masters	7.19m	2

**Event 62 M80 Shot Put Masters Throws Pentathlon****Finals**

1	East, Les	M82 Peninsula Track & Field Club	7.94m	2
---	-----------	----------------------------------	-------	---

**Event 62 M35 Discus Throw Masters Throws Pentathlon****Finals**

1	Kendrick, Dallas	M37 Edmonton Columbians Track Club	23.78m	
---	------------------	------------------------------------	--------	--

**Event 62 M50 Discus Throw Masters Throws Pentathlon****Finals**

1	Parsons, Dan	M54 Unattached Alberta	47.64m	
2	Bacioiu, George	M54 Edmonton Columbians Track Club	29.91m	
3	Wilson, Kier	M50 Unattached Alberta	27.94m	

**Event 62 M60 Discus Throw Masters Throws Pentathlon****Finals**

1	Arthur, Andrew	M60 Unattached Alberta	34.18m	
2	McCulloch, Gordon	M64 Unattached Alberta	32.68m	
3	Jackson, David	M62 Top Notch Masters	23.13m	

**Event 62 M65 Discus Throw Masters Throws Pentathlon****Finals**

1	Berquist, Brian	M69 Riversdale Athletics Track	33.60m	
---	-----------------	--------------------------------	--------	--

**Event 62 M70 Discus Throw Masters Throws Pentathlon****Finals**

1	Szafranski, Longin	M70 Unattached Alberta	34.72m	2
2	Zapf-Gilje, Reidar	M70 Greyhounds Masters Track & Fie	34.35m	2
3	Essex, Alan	M70 Greyhounds Masters Track & Fie	30.54m	2
4	Hessel, Patrick	M70 Unattached Alberta	28.37m	2
5	Pearson, William	M70 Throwers Club	24.61m	2

**Event 62 M75 Discus Throw Masters Throws Pentathlon****Finals**

1	Delhomeau, Roland	M77 Top Notch Masters	20.66m	2
---	-------------------	-----------------------	--------	---

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

<b>Finals ... (Event 62 M75 Discus Throw Masters Throws Pentathlon)</b>		18.61m	2
2 Battiste, Art	M79 Top Notch Masters		
<b>Event 62 M80 Discus Throw Masters Throws Pentathlon</b>			
<b>Finals</b>		22.59m	2
1 East, Les	M82 Peninsula Track & Field Club		
<b>Event 62 M35 Javelin Throw Masters Throws Pentathlon</b>			
<b>Finals</b>			
1 Kendrick, Dallas	M37 Edmonton Columbians Track Club	27.40m	
<b>Event 62 M50 Javelin Throw Masters Throws Pentathlon</b>			
<b>Finals</b>			
1 Wilson, Kier	M50 Unattached Alberta	36.88m	
2 Parsons, Dan	M54 Unattached Alberta	31.70m	
3 Bacioiu, George	M54 Edmonton Columbians Track Club	25.08m	
<b>Event 62 M60 Javelin Throw Masters Throws Pentathlon</b>			
<b>Finals</b>			
1 McCulloch, Gordon	M64 Unattached Alberta	30.11m	
2 Arthur, Andrew	M60 Unattached Alberta	23.58m	
3 Jackson, David	M62 Top Notch Masters	22.71m	
<b>Event 62 M65 Javelin Throw Masters Throws Pentathlon</b>			
<b>Finals</b>			
1 Berquist, Brian	M69 Riversdale Athletics Track	25.53m	
<b>Event 62 M70 Javelin Throw Masters Throws Pentathlon</b>			
<b>Finals</b>			
1 Zapf-Gilje, Reidar	M70 Greyhounds Masters Track & Fie	33.40m	2
2 Szafranski, Longin	M70 Unattached Alberta	30.56m	2
3 Hessel, Patrick	M70 Unattached Alberta	26.03m	2
4 Essex, Alan	M70 Greyhounds Masters Track & Fie	21.11m	2
5 Pearson, William	M70 Throwers Club	19.12m	2
<b>Event 62 M75 Javelin Throw Masters Throws Pentathlon</b>			
<b>Finals</b>			
1 Battiste, Art	M79 Top Notch Masters	23.21m	2
2 Delhomeau, Roland	M77 Top Notch Masters	18.67m	2
<b>Event 62 M80 Javelin Throw Masters Throws Pentathlon</b>			
<b>Finals</b>			
1 East, Les	M82 Peninsula Track & Field Club	16.37m	2
<b>Event 62 M35 Weight Throw Masters Throws Pentathlon</b>			
<b>Finals</b>			
1 Kendrick, Dallas	M37 Edmonton Columbians Track Club	6.42m	
<b>Event 62 M50 Weight Throw Masters Throws Pentathlon</b>			
<b>Finals</b>			
1 Parsons, Dan	M54 Unattached Alberta	17.04m	
2 Wilson, Kier	M50 Unattached Alberta	13.08m	
3 Bacioiu, George	M54 Edmonton Columbians Track Club	8.08m	

**2022 Canadian Masters Outdoor Championships - 29/07/2022 to 31/07/2022****Canada Games Athletics Complex****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 62 M60 Weight Throw Masters Throws Pentathlon****Finals**

1	Arthur, Andrew	M60 Unattached Alberta	13.86m
2	Jackson, David	M62 Top Notch Masters	6.42m
---	McCulloch, Gordon	M64 Unattached Alberta	FOUL

**Event 62 M65 Weight Throw Masters Throws Pentathlon****Finals**

1	Berquist, Brian	M69 Riversdale Athletics Track	8.28m
---	-----------------	--------------------------------	-------

**Event 62 M70 Weight Throw Masters Throws Pentathlon****Finals**

1	Essex, Alan	M70 Greyhounds Masters Track & Fie	12.36m	2
2	Hessel, Patrick	M70 Unattached Alberta	11.91m	2
3	Szafranski, Longin	M70 Unattached Alberta	11.08m	2
4	Pearson, William	M70 Throwers Club	8.65m	2
5	Zapf-Gilje, Reidar	M70 Greyhounds Masters Track & Fie	7.65m	2

**Event 62 M75 Weight Throw Masters Throws Pentathlon****Finals**

1	Battiste, Art	M79 Top Notch Masters	9.67m	2
2	Delhomeau, Roland	M77 Top Notch Masters	9.27m	2

**Event 62 M80 Weight Throw Masters Throws Pentathlon****Finals**

1	East, Les	M82 Peninsula Track & Field Club	10.36m	2
---	-----------	----------------------------------	--------	---