

**Canadian Masters Athletics  
2016 Athletes of the Year**

**Individual Track Events – “Earl Fee Award”**

**M85 Ed Whitlock ON**

This award is named after Earl Fee, the great masters middle distance track athlete who, at age 88, is still active and still holds many Canadian and World records, and continues to inspire others.

Ed Whitlock from Milton, Ontario is the winner of the Earl Fee Award. In 2016, after turning 85 early in the year, Ed set Canadian and World records in six events - Indoor 1500m and 3000m; and Outdoor 1500m, One Mile, 5000m and 10000m. The athletics world was saddened by Ed's passing away in March, at the age of 86.

Runners-up for this award were Lenore Montgomery, W85 BC, and Stuart Galloway, M55 ON.



## Individual Field Events – “Olga Kotelko Award”

### **W60 Margaret Rhebergen BC**

This award is named after the late Olga Kotelko, who set more age group World records than any other athlete, in all age groups from 80 to 95 years of age, and has been an inspiration to many people Worldwide, and a great ambassador for masters track and field.

Margaret Rhebergen from British Columbia is the winner of the Olga Kotelko Award. Margaret set nine British Columbia masters records in 2016, including five in Field Events. She set Indoor W60 records in the Triple Jump, Long Jump and High Jump, as well as Outdoor records in the Triple Jump and Long Jump. Her five best results for the year are Age-Graded at 96.3%.

Runners-up to Margaret were Doug McLaren, M40 SK, and Yannick Le Mouël, M45 QC.



## **Combined Events – “Ian Hume Award”**

### **M60 Reidar Zapf-Gilje BC**

This award is named after the late Ian Hume who, beginning with the first World Masters Championships in Toronto in 1975 and for a period of 25 years, won 29 World Championship medals and set 40 World records in 9 events, including the Pentathlon and the Decathlon.

Reidar Zapf-Gilje from Vancouver is the repeat winner of the Ian Hume Award. In 2016, Reidar won Gold medals in the four Combined Events in which he competed, often by several hundred points ahead of any competition. These included wins in the M60 Decathlon and Throws Pentathlon in the Americas Masters Games, the Pentathlon at the Norwegian Masters Championships, and the Pentathlon at the Canadian Masters Outdoor Championships in Toronto.

A close runner-up to Reidar for this award was Peter Zowkewych, M65 ON.



## **Non-Stadia Events – “Ed Whitlock Award”**

### **M85 Ed Whitlock ON**

This award is named after Ed Whitlock, the road racing legend who, at age 69, became the oldest man to run a marathon in under 3 hours, and today holds dozens of Canadian Road records, as well as World records in the Marathon for M70, M75, M80 and M85.

In addition to winning the award for Track Events, Ed has been chosen as the winner of the Non-Stadia Award set up in his name. In October, 2016, at the Toronto Waterfront Marathon, Ed set Canadian and World M85 records in the Marathon in 3:56:38, becoming the first man over 85 to run the Marathon in less than 4 hours. In November, in Schenectady, New York, he followed with a Canadian 15K road race record of 1:15:10, age-graded at 94% and approximately 30 minutes faster than the previous record.

Runners-up in this category were Dmitry Babenko, M40 BC, and Catherine Watkins, W 40 BC.