

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M30 50 Meter Dash Sat 11:00am**

Name	Age Team	Finals	Age-Grading	H#
Finals				
1 Mike James	M34 Jamaica Masters AC	6.13	6.12 90.54%	Meet Record
(MR Tie - 6.13 Alexandre Gbaguidi PQ 2013)				
2 Jackson Hinton	M33 Alberta	6.32	6.33 87.66%	10
3 Greg Hetherington	M31 Unattached	6.40	6.41 86.56%	10
4 Casper Wong	M30 Unattached	7.27	7.28 76.20%	10

W30 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Sheree Mullings	W33 Unattached	7.35	7.36 81.09%	2 MR
(old MR 8.09 Laura Baker ON 2013)				
2 Kem McLean	W34 Unattached	7.71	7.72 77.30%	2

M35 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Andre Mitchell	M38 UTTC	6.58	6.37 87.08%	9
2 Michel Tourville	M39 Quebec	6.90	6.62 83.77%	9
3 Darren Delaney	M37 Unattached	7.53	7.34 75.56%	9

W35 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Khama Beckles	W39 UTTC	7.05	6.89 86.67%	2
2 Natasha Bacchus	W37 British Columbia	7.34	7.34 81.20%	2
3 Debbie King	W39 Unattached	7.81	7.63 78.23%	2 7.802
4 Jenn Bowers	W39 Durham Gazelles	7.81	7.63 78.23%	2 7.807
5 Andrea Hucal	W35 Unattached	8.20	8.21 72.68%	2

M40 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Phil Watanabe	M43 UTTC	6.61	6.16 90.02%	8
2 Michael Falagarario	M42 Unattached	7.16	6.72 82.54%	8
3 Daniel Jennings	M41 Unattached	7.18	6.79 81.62%	8
4 Don Hiltz	M43 Unattached	7.31	6.81 81.40%	8
5 Tyler Atkinson	M43 Unattached	7.44	6.93 79.97%	8

W40 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Sandy Arnason	W42 Saskatchewan	7.64	7.21 82.72%	MR
(old MR 8.37 Sandy in '14)				

M45 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Chris Lemassif	M48 UTTC	6.50	5.84 94.92%	7 MR
(old MR 6.52 Zaven Tavitian PQ '12)				
2 Jason Foubert	M45 UTTC	6.51	5.98 92.78%	7

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

3 Paul Dowhos	M47 Unattached	6.85	6.20	89.49%	7
4 Jon Anderson	M47 Unattached	7.45	6.74	82.28%	7

M50 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Robert Nasato	M54 Jamaica Masters AC	6.79	5.85 94.85%	6
2 Ken Kudo	M52 Jamaica Masters AC	6.91	6.03 91.90%	6
3 Thomas Gale	M51 Ottawa Lions	7.61	6.69 82.92%	6
4 Craig Whitnell	M50 Unattached	7.83	6.93 79.95%	6
5 Jeffrey Eshkawkogan	M52 Unattached	8.18	7.14 77.63%	6

M55 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Joe Paialunga	M56 Ottawa Lions	7.17	6.09 91.07%	5
2 Russell Unilowsky	M55 Manitoba	7.22	6.18 89.75%	5
3 Spencer Arnfield	M55 Extreme Velocity	7.26	6.21 89.26%	5
4 Cal Warren	M55 British Columbia	7.28	6.23 89.01%	5 7.274

W55 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading
1 Wendy Alexis	W59 Ottawa Lions	7.46	5.91100.94%

M60 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Al Percival	M63 British Columbia	7.19	5.83 95.13%	4 CAN, MR
(old CAN 7.1 (7.35) Tony Powell ON 2006, old MR 7.24 Roy Turkington BC '13)				
2 Marcel D'Eon	M61 Saskatchewan	7.28	5.98 92.72%	4 7.275
3 Roy Turkington	M63 British Columbia	7.31	5.93 93.57%	4
4 Alexander Jozefacki	M64 Unattached	7.98	6.43 86.22%	4

W60 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading
1 Deborah Lee	W64 British Columbia	9.07	6.85 86.99%
2 Louise Nesterenko	W64 Alberta	10.11	7.64 78.04%

M65 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Richard Lech	M67 Jamaica Masters AC	7.38	5.84 94.99%	4
2 Hardev Singh Sandhu	M66 British Columbia	7.85	6.24 88.79%	4
3 Bruce Mintz	M68 Alberta	7.86	6.17 89.82%	4

M70 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Tony Powell	M71 UTTC	7.56	5.82 95.24%	3 MR
(old MR 7.57 Mike Morris ON '12))				
2 Peter Evans	M72 Mississauga Tra	7.75	5.93 93.55%	3
3 Mike Morris	M74 Unattached	7.90	5.95 93.16%	3
4 Gary McColeman	M73 UTTC	10.21	7.75 71.50%	3

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M75 50 Meter Dash Sat 11:00am**

Name	Age Team	Finals	Age-Grading	H#
1 Gurdev Singh	M76 India	8.74	6.47 85.70%	3
2 Steffen Kampe	M78 Unattached	11.72	8.50 65.19%	3

W75 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Christa Bortignon	W78 British Columbia	8.64	5.59106.71%	3 CAN, MR
(old CAN & MR 8.70 Christa in 2013)				

M80 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Ted Rowan	M81 Saskatchewan	8.38	5.88 94.27%	3

M85 50 Meter Dash Sat 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Bill Thompson	M85 Hamilton Oly	9.53	6.35 87.30%	3 CAN, MR
(no previous CAN or MR)				

W30 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Marie-Eve Boudreau	W34 Quebec	9.45	9.46 73.23%	2 MR
(no previous MR)				

M30 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Mike James	M34 Jamaica Masters AC	7.11	7.10 90.15%	7 MR
(old MR 7.14 Alexandre Gbaguidi PQ '13)				
2 Ian Chambers	M31 Phoenix Athletics	7.14	7.15 89.50%	7
3 Jackson Hinton	M33 Alberta	7.35	7.36 86.94%	7

W35 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Natasha Bacchus	W37 British Columbia	8.43	8.43 82.09%	2

M35 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Andre Mitchell	M38 UTTC	7.65	7.40 86.41%	7
2 Michel Tourville	M39 Quebec	8.10	7.77 82.22%	7

W40 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading	H#
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Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1	Sandy Arnason	W42	Saskatchewan	9.02	8.51	81.37%	2
2	Alexandra Van Duyse	W40	Quebec	9.06	8.74	79.25%	2
3	Julie Lacroix	W40	Quebec	9.29	8.96	77.29%	2
4	Judith Métivier	W44	Quebec	9.40	8.67	79.79%	2

M45 60 Meter Dash Sun 11:15am

Name	Age	Team	Finals	Age-Grading	H#	
1	Chris Lemassif	M48	UTTC	7.61	6.83 93.56%	6
2	Paul Dowhos	M47	Unattached	8.09	7.32 87.39%	6

M50 60 Meter Dash Sun 11:15am

Name	Age	Team	Finals	Age-Grading	H#	
1	Robert Nasato	M54	Jamaica Masters AC	8.05	6.93 92.30%	6
2	Thomas Gale	M51	Ottawa Lions	9.07	7.97 80.15%	6

W55 60 Meter Dash Sun 11:15am

Name	Age	Team	Finals	Age-Grading	H#	
1	Wendy Alexis	W59	Ottawa Lions	8.79	6.96 99.54%	2

M55 60 Meter Dash Sun 11:15am

Name	Age	Team	Finals	Age-Grading	H#	
1	John Varone	M56	Jamaica Masters AC	8.27	7.02 91.05%	5
2	Joe Paialunga	M56	Ottawa Lions	8.32	7.07 90.50%	5
3	Marino Sani	M55	Ottawa Lions	8.41	7.19 88.94%	5
4	Spencer Arnfield	M55	Extreme Velocity	8.52	7.28 87.79%	5
5	Russell Unilowsky	M55	Manitoba	8.52	7.28 87.79%	5
6	Cal Warren	M55	British Columbia	8.52	7.28 87.79%	5
7	Mark Schaber	M56	Unattached	8.93	7.58 84.32%	5
8	Rodney Wilson	M56	United State	9.39	7.98 80.19%	5

W60 60 Meter Dash Sun 11:15am

Name	Age	Team	Finals	Age-Grading	
1	Deborah Lee	W64	British Columbia	10.75	8.12 85.21%
2	Louise Nesterenko	W64	Alberta	12.05	9.11 76.02%

M60 60 Meter Dash Sun 11:15am

Name	Age	Team	Finals	Age-Grading	H#	
1	Al Percival	M63	British Columbia	8.38	6.80 94.03%	4
2	Marcel D'Eon	M61	Saskatchewan	8.47	6.96 91.85%	4
3	Roy Turkington	M63	British Columbia	8.59	6.97 91.73%	4
4	Bernie Lachance	M64	Quebec	9.64	7.77 82.37%	4

M65 60 Meter Dash Sun 11:15am

Name	Age	Team	Finals	Age-Grading	H#	
1	Hardev Singh Sandhu	M66	British Columbia	9.05	7.20 88.84%	4
2	Bruce Mintz	M68	Alberta	9.11	7.16 89.35%	4

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M70 60 Meter Dash Sun 11:15am**

Name	Age Team	Finals	Age-Grading	H#
1 Tony Powell	M71 UTTC	9.16	7.05 90.61%	3
2 Peter Evans	M72 Mississauga Tra	9.17	7.01 91.17%	3
3 Mike Morris	M74 Unattached	9.33	7.03 91.00%	3

M75 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading
1 Christa Bortignon	W78 British Columbia	10.22	6.61104.79%
2 Judy Hammond	W77 New Zealand	11.67	7.65 90.57%

M75 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Gurdev Singh	M76 India	10.29	7.62 83.97%	3

M80 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Ted Rowan	M81 Saskatchewan	10.08	7.07 90.38%	3
2 Jim Blair	M83 New Zealand	12.79	8.75 73.10%	3

M85 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading	H#
1 Bill Thompson	M85 Hamilton Oly	11.41	7.60 84.14%	3 CAN, MR
(old CAN 12.08 Harry Thompson BC 2010, old MR Harry's 12.83 in 2011)				

M55 200 Meter Dash 2 Rounds

Name	Age Team	Prelims	Age-Grading	H#
Preliminaries				
1 John Varone	M56 Jamaica Masters AC	27.20q	22.50 85.88%	2 MR
(old MR 27.37 Ken Crockett BC '11)				
2 Joe Paialunga	M56 Ottawa Lions	27.62q	22.85 84.58%	2
3 Russell Unilowsky	M55 Manitoba	27.63q	23.01 84.00%	1
4 Marino Sani	M55 Ottawa Lions	27.91q	23.24 83.16%	1
5 Cal Warren	M55 British Columbia	28.11q	23.41 82.57%	2
6 Glenn Chipkar	M55 Unattached	28.13	23.42 82.51%	1
7 Ken Davis	M59 Unattached	29.97	24.30 79.55%	2

M55 200 Meter Dash 2 Rounds

Name	Age Team	Finals	Age-Grading
Finals			
1 John Varone	M56 Jamaica Masters AC	27.23	22.52 85.79%
2 Joe Paialunga	M56 Ottawa Lions	27.48	22.73 85.01%
3 Russell Unilowsky	M55 Manitoba	27.61	22.99 84.06%
4 Marino Sani	M55 Ottawa Lions	27.70	23.07 83.79%

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

5 Cal Warren M55 British Columbia 28.57 23.79 81.24%

M30 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Greg Hetherington	M31 Unattached	24.42	24.32 79.44%	13
2 Casper Wong	M30 Unattached	28.90	28.91 66.85%	13
3 Tom Haney	M32 Unattached	29.77	29.41 65.70%	13

W30 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Sheree Mullings (no previous MR)	W33 Unattached	28.84	28.85 73.99%	5 MR
2 Kem McLean	W34 Unattached	30.25	30.26 70.55%	5
3 Marie-Eve Boudreau	W34 Quebec	31.70	31.71 67.32%	5

M35 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Darren Delaney	M37 Unattached	30.32	28.79 67.12%	13

W35 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Natasha Bacchus	W37 British Columbia	28.52	27.99 76.26%	4
2 Debbie King	W39 Unattached	31.11	29.75 71.75%	4
3 Andrea Hucal	W35 Unattached	32.77	32.78 65.12%	4

M40 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Lenroy Munro	M44 Unattached	26.31	23.69 81.57%	12
2 Michael Falagarrio	M42 Unattached	28.06	25.65 75.34%	12
3 Daniel Jennings	M41 Unattached	29.23	26.91 71.81%	12
4 Don Hiltz	M43 Unattached	30.04	27.25 70.91%	12

W40 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Nicole Luke (old MR 30.64 Lyn Barrett ON 2003)	W42 Jamaica Masters AC	29.80	27.45 77.75%	3 MR
2 Sandy Arnason	W42 Saskatchewan	30.25	27.87 76.60%	3
3 Melanie Ransom	W43 Ottawa Masters A	35.73	32.52 65.63%	3

M45 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Chris Lemassif	M48 UTTC	24.54	21.47 90.02%	11
2 David Turkstra	M49 Jamaica Masters AC	25.97	22.55 85.68%	11
3 Marcus Skeete	M47 UTTC	26.04	22.94 84.22%	11
4 Paul Dowhos	M47 Unattached	27.33	24.08 80.24%	11
5 Jon Anderson	M47 Unattached	28.47	25.08 77.03%	11

W45 200 Meter Dash Sat 1:15pm

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	H#
1 Heather Driscoll	W45 Blue Devils AC	35.36	31.39 67.99%	2

M50 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Ken Kudo	M52 Jamaica Masters AC	25.78	21.92 88.17%	10
2 Serge Faucher	M50 Ottawa Lions	25.90	22.33 86.56%	10
3 Mark Pinckard	M54 British Columbia	27.95	23.44 82.43%	10
4 Thomas Gale	M51 Ottawa Lions	29.21	25.01 77.27%	10
5 Jeffrey Eshkawkogan	M52 Unattached	32.44	27.58 70.07%	10

W55 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Wendy Alexis	W59 Ottawa Lions	29.76	22.68 94.12%	2

M60 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Marcel D'Eon (old MR 28.36 Tim Butts USA 2003)	M61 Saskatchewan	27.45	21.96 87.98%	9 MR
2 Al Percival	M63 British Columbia	28.03	22.14 87.30%	9
3 Horace Hudson	M62 United State	28.15	22.38 86.36%	9
4 Wayne Gagne	M60 Unattached	28.81	23.20 83.30%	9
5 Alexander Jozefacki	M64 Unattached	30.56	23.98 80.60%	9

W60 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading
1 Louise Nesterenko	W64 Alberta	43.05	31.22 68.36%

M65 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Richard Lech	M67 Jamaica Masters AC	30.13	23.12 83.60%	8
2 Hardev Singh Sandhu	M66 British Columbia	30.42	23.53 82.15%	8
3 Bruce Mintz	M68 Alberta	30.58	23.28 83.03%	8

M70 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Tony Powell (old MR 30.60 Mike Morris PQ '12)	M71 UTTC	28.90	21.32 90.66%	7 MR
2 Peter Evans	M72 Mississauga Tra	29.82	21.66 89.20%	7
3 Mike Morris	M74 Unattached	32.61	22.96 84.18%	7

M75 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Jim Pascoe	M77 Unattached	37.58	25.17 76.77%	6
2 Steffen Kampe	M78 Unattached	46.28	30.47 63.42%	6

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W75 200 Meter Dash Sat 1:15pm**

Name	Age Team	Finals	Age-Grading
1 Christa Bortignon	W78 British Columbia	36.33	22.45 95.07%
2 Judy Hammond	W77 New Zealand	42.00	26.48 80.62%

M80 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Ted Rowan	M81 Saskatchewan	34.55	21.50 89.90%	6

W80 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Alice Cole (old MR 44.81 Alice in 2014)	W81 Quebec	42.58	24.53 87.04%	MR

M85 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Bill Thompson (old MR 43.72 Harry Thompson BC 2011)	M85 Hamilton Oly	41.49	23.58 81.95%	6 MR

W35 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Leigh Ann Jacques (no previous MR)	W39 Blue Devils AC	70.16	64.33 74.00%	3 MR
2 Sarah Chin	W36 Blue Devils AC	1:27.54	1:22.97 57.38%	3

M40 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Lawrence Williams	M44 Unattached	54.13	49.20 87.77%	10
2 Lenroy Munro	M44 Unattached	57.43	52.20 82.73%	10
3 Ryan Leef	M41 Yukon	59.59	55.33 78.05%	10
4 Louis Byrne	M43 Toronto Olym	60.71	55.58 77.70%	10

W40 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Marie-Claude Buist	W44 Quebec	74.77	65.02 73.21%	3
2 Julie Grenier	W43 Quebec	1:25.06	74.75 63.68%	3

W45 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Nancy Catton	W47 UTTC	65.70	55.42 85.89%	2
2 Anke Graenert	W48 Newmarket Huskies	78.37	65.45 72.73%	2

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M45 400 Meter Dash Sun 11:45am**

Name	Age Team	Finals	Age-Grading	H#
1 Peter Lawson	M46 Nova Scotia	54.25	48.62 88.81%	9
2 Mirco Graenert	M46 Newmarket Huskies	55.54	49.78 86.75%	9
3 Marcus Skeete	M47 UTTC	56.77	50.54 85.45%	9
4 John Ellis	M49 Central Toronto AC	61.54	54.03 79.93%	9

M50 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Serge Faucher (old MR 58.75 Mark Pinckard BC '11)	M50 Ottawa Lions	56.38	49.16 87.85%	8 MR
2 Paul Osland	M51 UTTC	56.77	49.17 87.83%	8
3 Gaétan Goulet	M50 Quebec	62.14	54.18 79.71%	8
4 Thomas Gale	M51 Ottawa Lions	67.67	58.61 73.68%	8

W50 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Annie Bunting (old MR 69.54 Laurie Meloche SK '13)	W50 UTTC	64.38	52.69 90.34%	MR
2 Karen Gold	W52 Mississauga Tra	72.28	58.06 81.99%	
3 Anna Tvinnereim	W51 Blue Devils AC	1:21.93	66.43 71.66%	

M55 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Ben James (old MR 61.62 Dale Gaide USA '03)	M58 United State	57.64	47.69 90.54%	7 MR
2 Glenn Chipkar	M55 Unattached	63.68	53.71 80.40%	6
3 Russell Unilowsky	M55 Manitoba	64.35	54.27 79.56%	6
4 Marino Sani	M55 Ottawa Lions	64.47	54.37 79.42%	7
5 Bill Allan	M57 Unattached	67.08	55.86 77.31%	6
-- Dave Kary	M55 Ottawa Lions	DNF		7

M60 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Marcel D'Eon (old MR 65.42 Hyke Van Der Wal ON '03)	M61 Saskatchewan	63.16	51.27 84.23%	5 MR
2 Wayne Gagne	M60 Unattached	64.83	52.95 81.57%	5
3 Horace Hudson	M62 United State	65.52	52.85 81.70%	5

M65 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
1 Bruce Mintz	M68 Alberta	71.13	53.77 80.32%	4
2 Hardev Singh Sandhu	M66 British Columbia	71.48	55.74 77.48%	4
3 Duncan Greenshields	M66 UTTC	71.96	56.11 76.96%	4

M75 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#
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Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1 Jim Pascoe M77 Unattached 1:27.79 56.36 76.63% 4

W80 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	
1 Alice Cole	W81 Quebec	1:40.27	51.69 92.09%	MR
(old MR 1:40.29 Alice in '14)				

W30 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Tanya Sakharov	W34 Boardwalk Runnin	2:32.02	2:32.03 74.52%	2

M35 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Bryan Lemire	M36 Ottawa Masters A	2:17.69	2:16.02 74.34%	9

W35 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Leigh Ann Jacques	W39 Blue Devils AC	2:53.93	2:50.70 66.37%	2 MR
(no previous MR)				

M40 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Michal Kapral	M42 UTTC	2:04.47	1:56.20 87.02%	9
2 Jay Brecher	M41 UTTC	2:07.02	1:59.66 84.51%	9
3 Bill Wells	M40 UTTC	2:09.26	2:02.87 82.30%	9

W40 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Amy Ballon	W43 UTTC	2:35.83	2:27.59 76.76%	2
2 Michelle Clarke	W40 Longboat RR	2:37.59	2:33.21 73.94%	2
3 Marie-Claude Buist	W44 Quebec	2:55.69	2:44.93 68.69%	2
4 Julie Grenier	W43 Quebec	3:22.36	3:11.66 59.11%	2

M45 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Jim Dyck	M49 Unattached	2:06.13	1:50.63 91.40%	8
2 Mirco Graenert	M46 Newmarket Huskies	2:09.78	1:56.85 86.54%	8
3 Claude Faucher	M47 Manitoba	2:11.10	1:57.02 86.41%	8
4 John Ellis	M49 Central Toronto AC	2:30.18	2:11.73 76.76%	8

W45 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading
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Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1 Nancy Catton	W47 UTTC	2:30.34	2:17.55	82.36%
2 Fabienne Le Mouël	W45 Quebec	2:56.71	2:44.40	68.91%
3 Anke Graenert	W48 Newmarket Huskies	3:00.36	2:43.63	69.23%

M50 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Paul Osland	M51 UTTC	2:05.69	1:48.37 93.30%	7 MR
(old MR 2:06.79 Paul in '14)				
2 Mark Pinckard	M54 British Columbia	2:14.29	1:52.90 89.56%	7
3 Anthony MacIsaac	M50 Longboat RR	2:14.98	1:57.34 86.17%	7
4 Gaétan Goulet	M50 Quebec	2:26.74	2:07.57 79.26%	7

W50 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading
1 Annie Bunting	W50 UTTC	2:25.13	2:09.43 87.52% MR
(old MR 2:38.47 Heather O'Hagen ON '12, CAN 2:25.02 Patty Blanchard NB 2007)			
2 Heather O'Hagan	W53 Newmarket Huskies	2:42.66	2:19.58 81.16%

M55 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Dave Kary	M55 Ottawa Lions	2:18.81	1:55.72 87.38% 6 MR	
(old MR 2:24.63 Dale Gaide USA 2003)				
2 Malcolm Smillie	M55 British Columbia	2:28.29	2:03.62 81.79%	6
3 John MacMillan	M58 Longboat RR	2:29.82	2:01.94 82.92%	6
4 Jim Freemantle	M56 Newmarket Huskies	2:32.60	2:06.21 80.12%	6
5 Garry Hardy	M56 Unattached	2:55.25	2:24.94 69.76%	6
6 Jon Comerford	M58 UTTC	3:00.75	2:27.12 68.73%	6

M60 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 John Helliker	M63 UTTC	2:28.74	1:56.41 86.86% 5 MR	
(old MR 2:29.65 ON 2012)				
2 Ted Paget	M63 Newmarket Huskies	2:39.81	2:05.07 80.85%	5
3 George Aitkin	M62 Cambridge Harriers	2:42.02	2:07.79 79.13%	5
4 Tony Farr	M60 UTTC	2:46.62	2:13.43 75.78%	5
5 Wayne Chee	M60 UTTC	2:53.89	2:19.26 72.61%	5
6 Bernie Lachance	M64 Quebec	2:56.48	2:17.06 73.78%	5

M65 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Richard Bailey	M66 Longboat RR	2:44.63	2:05.52 80.56% 4 MR	
(old MR 2:47.07 Doug Renwick SK '11)				
2 John De Finney	M65 Newmarket Huskies	2:51.27	2:11.97 76.62%	4
3 Tim Payne	M65 Newmarket Huskies	2:55.73	2:15.41 74.68%	4
4 Duncan Greenshields	M66 UTTC	2:58.07	2:15.77 74.48%	4

M70 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Chris Mackie	M74 Unattached	2:53.62	1:59.16 84.86%	3

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

2 Vern Christensen	M74 UTTC	3:12.47	2:12.10	76.55%	3
3 Gary McColeman	M73 UTTC	3:39.82	2:33.26	65.97%	3

M75 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Keijo Taivassalo (old MR 3:43.59 Jim Pascoe ON '14)	M76 UTTC	3:04.74	2:02.75 82.38%	3 MR
2 Steffen Kampe	M78 Unattached	3:54.10	2:30.37 67.24%	3

W80 800 Meter Run Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Alice Cole (old MR 3:52.70 Alice in 2014)	W81 Quebec	3:50.97	1:51.06102.01%	MR

M30 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Greg King	M33 Unattached	5:09.71	5:09.72 66.51%	4

W30 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Tanya Sakharov	W34 Boardwalk Runnin	5:14.37	5:10.32 74.91%	

M35 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Bryan Lemire	M36 Ottawa Masters A	4:46.63	4:40.19 73.52%	4
2 Bill Bentley	M35 Boardwalk Runnin	4:47.48	4:43.81 72.59%	4

W40 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Michelle Clarke	W40 Longboat RR	5:10.53	4:53.74 79.15%	
2 Amy Ballon	W43 UTTC	5:28.13	5:00.28 77.42%	

M40 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Jay Brecher	M41 UTTC	4:23.85	4:05.36 83.96%	4
2 Ian Reid	M41 UTTC	4:27.36	4:08.62 82.86%	4
3 Jason Matthews	M41 UTTC	4:29.82	4:10.91 82.10%	4
4 Ryan Leef	M41 Yukon	4:54.20	4:33.58 75.30%	4

M45 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Claude Faucher	M47 Manitoba	4:37.38	4:03.74 84.52%	4

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

2	Mirco Graenert	M46 Newmarket Huskies	4:43.98	4:11.81	81.81%	4
3	Robert Muir	M47 Ottawa Lions	4:44.84	4:10.29	82.31%	4
4	Gary Cassel	M47 Cambridge Harriers	4:59.42	4:23.11	78.30%	4

W45 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading
1 Liz Maguire	W48 Running Room Ath	5:02.05	4:20.28 89.32%
2 Fabienne Le Mouël	W45 Quebec	6:04.13	5:25.43 71.44%
3 Aura Reynoso	W48 Newmarket Huskies	6:17.22	5:25.06 71.52%

M50 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Mark Pinckard	M54 British Columbia	5:00.96	4:08.42 82.93%	3
2 James Wallace	M52 UTTC	5:02.92	4:14.49 80.95%	3
3 Stephen Laidlaw	M53 Unattached	5:15.08	4:22.37 78.52%	3
4 Gino Fillion	M50 Quebec	5:26.79	4:39.31 73.75%	3
5 Phillip Pillin	M52 United State	6:10.71	5:11.44 66.15%	3

W50 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Annie Bunting (old MR 5:17.32 Donna Dixon AB 2013)	W50 UTTC	5:09.09	4:19.73 89.50%	MR
2 Juliette Christie	W52 British Columbia	5:15.89	4:18.72 89.86%	

M55 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Malcolm Smillie	M55 British Columbia	5:03.26	4:08.10 83.03%	3
2 John MacMillan	M58 Longboat RR	5:10.33	4:07.62 83.20%	3
3 Jim Freemantle	M56 Newmarket Huskies	5:13.23	4:14.16 81.05%	3
4 Garry Hardy	M56 Unattached	6:01.68	4:53.47 70.19%	3
5 Jon Comerford	M58 UTTC	6:12.11	4:56.91 69.38%	3

W55 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading
1 Lynn Kobayashi	W59 UTTC	6:17.95	4:41.28 82.65%

M60 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 John Helliker (old MR 5:02.17 John in '13)	M63 UTTC	4:59.13	3:49.14 89.90%	2 MR
2 John Clarke	M63 East Toronto	5:20.72	4:05.68 83.85%	2
3 George Aitkin	M62 Cambridge Harriers	5:24.28	4:10.38 82.27%	2
4 Ted Paget	M63 Newmarket Huskies	5:30.15	4:12.90 81.46%	2

W60 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Clara Northcott	W60 UTTC	6:21.06	4:39.51 83.17%	MR

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

(old MR 9:29 Cathy Tedford ON '14)

M65 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Ken Hamilton (old MR 5:13.64 Jim Irons ON 2003)	M65 Newmarket Huskies	5:03.72	3:48.89 90.00%	2 MR
2 Tim Payne	M65 Newmarket Huskies	5:59.55	4:30.96 76.03%	2

M70 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Chris Mackie	M74 Unattached	5:54.05	4:00.58 85.63%	2
2 Vern Christensen	M74 UTTC	6:23.18	4:20.38 79.12%	2
3 Robert Moore	M74 Toronto Olym	6:47.26	4:36.74 74.44%	2

M75 1500 Meter Run Sun 12:15am

Name	Age Team	Finals	Age-Grading	H#
1 Keijo Taivassalo (old MR 6:35.15 Jack Geddes ON 2014)	M76 UTTC	6:19.92	4:10.60 82.20%	2 MR

M35 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 Bill Bentley	M35 Boardwalk Runnin	10:20.73	10:07.58 72.42%	3
2 Steve Metzger	M38 Longboat RR	10:28.58	10:02.94 72.98%	3
3 Bryan Lemire	M36 Ottawa Masters A	10:36.95	10:19.69 71.00%	3

W35 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 Jennifer Kehoe (old MR 10:57.70 Coleen Hopkins ON 2003)	W36 Unattached	10:29.77	10:18.00 81.14%	MR
2 Carrie Byer	W36 Newmarket Huskies	11:09.30	10:56.79 76.35%	

W40 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 Michelle Clarke	W40 Longboat RR	11:40.82	11:09.50 74.90%	

M40 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 Predrag Mladenovic (old MR 9:25.65 Alex Coffin NB '12)	M42 Unattached	9:07.30	8:29.54 86.35%	3 MR
2 Jason Matthews	M41 UTTC	9:29.55	8:54.24 82.36%	3
3 Yves Filion	M40 Physikult	10:38.85	10:03.78 72.87%	3
4 Steve Boston	M44 Newmarket Huskies	10:48.59	9:54.70 73.99%	3

M45 3000 Meter Run Sat 1:45pm

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	H#
1 Robert Muir	M47 Ottawa Lions	10:39.04	9:32.46 76.86%	3
2 Gary Cassel	M47 Cambridge Harriers	10:48.90	9:41.29 75.69%	3

W45 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading
1 Liz Maguire	W48 Running Room Ath	10:45.49	9:24.49 88.83%

W50 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 Juliette Christie	W52 British Columbia	11:15.60	9:21.43 89.31%	MR
(old MR 14:54.89 Katherine Willis ON '12)				
2 Lynn Bourque	W51 Longboat RR	12:25.62	10:27.74 79.88%	
3 Margaret Webb	W52 Unattached	13:10.82	10:57.18 76.30%	

M50 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 Steven Blostein	M53 Physikult	10:23.86	8:52.53 82.62%	3
2 George Anhang	M51 Quebec	10:40.59	9:15.78 79.17%	3
3 Scott Lockhart	M52 Unattached	11:14.13	9:40.16 75.84%	3
4 Phillip Pillin	M52 United State	12:28.09	10:43.81 68.34%	3

M55 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 Dave Kary	M55 Ottawa Lions	10:35.42	8:53.44 82.48%	2
2 Rob Earl	M56 East Toronto	11:06.56	9:14.85 79.30%	2
3 Jim Freemantle	M56 Newmarket Huskies	11:17.91	9:24.30 77.97%	2
4 John MacMillan	M58 Longboat RR	11:19.79	9:16.35 79.09%	2
5 Garry Hardy	M56 Unattached	12:48.26	10:39.50 68.80%	2

M60 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 George Aitkin	M62 Cambridge Harriers	11:39.83	9:13.01 79.57%	2
2 Tony Farr	M60 UTTC	11:54.29	9:34.51 76.59%	2
3 Dean Foster	M60 East Toronto	12:07.91	9:45.46 75.15%	2

W60 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 Clara Northcott	W60 UTTC	13:27.60	10:00.86 83.45%	MR
(old MR 19:59.53 Cathy Tedford ON '14)				

M65 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#
1 Ken Hamilton	M65 Newmarket Huskies	11:02.84	8:29.80 86.31%	2 MR
(old MR 12:03.30 Jack Geddes ON '14)				
2 Richard Bailey	M66 Longboat RR	11:51.31	9:02.02 81.18%	2

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M70 3000 Meter Run Sat 1:45pm**

Name	Age Team	Finals	Age-Grading
1 Robert Moore	M74 Toronto Olym	13:59.78	9:41.38 75.68%

M75 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading
1 Keijo Taivassalo (old MR 14:16.24 Jack Geddes ON '14)	M76 UTTC	13:24.50	8:57.97 81.79% MR
2 Jack Geddes	M77 Unattached	14:53.38	9:45.97 75.09%
3 Steffen Kampe	M78 Unattached	16:48.88	10:48.21 67.88%

M80 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading
1 Ed Whitlock	M84 Unattached	13:49.57	7:35.27 96.65%

W30 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading
1 Marie-Eve Boudreau (no previous MR)	W34 Quebec	9.89	9.90 66.53% MR

M30 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#
1 Jackson Hinton (no previous MR)	M33 Alberta	7.14	7.06 88.66%	2 MR

M35 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#
1 David Valenzuela	M38 Unattached	7.58	7.18 87.07%	2

M40 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#
1 Ovidiu Negoita	M43 Unattached	9.16	8.32 75.11%	2

W40 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading
1 Judith Métivier (no previous CAN)	W44 Quebec	9.29	8.13 80.95% CAN, MR
2 Alexandra Van Duyse	W40 Quebec	9.81	8.99 73.29%
3 Julie Lacroix	W40 Quebec	10.05	9.21 71.54%

M45 50 Meter Hurdles Sun 10:45am

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	H#	
1 Yannick Le Mouël	M47 Quebec	7.75	6.82 91.74%	2	CAN, MR
(old CAN 8.10 Glenn Chipkar ON 2009, no previous MR)					

M55 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#	
1 Glenn Chipkar	M55 Unattached	8.27	7.00 89.36%	2	CAN, MR
(old CAN Glenn's 8.44 set this year, old MR 9.65 Ralph Cilevitz ON '13)					

W55 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#	
1 Muriel Gieni	W56 Saskatchewan	8.86	6.93 95.03%		CAN, MR
(old CAN 9.25 Muriel last year, no previous MR)					

M60 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#	
1 Ralph Cilevitz	M61 Jamaica Masters AC	16.47	13.59 46.02%	3	

W60 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#	
1 Deborah Lee	W64 British Columbia	11.14	8.12 81.15%		

M70 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#	
1 Roland Delhomeau	M70 Saskatchewan	12.01	8.87 70.52%	3	MR
(no previous MR)					

W75 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#	
1 Christa Bortignon	W78 British Columbia	11.52	6.78 97.14%		CAN. MR
(no previous CAN & MR)					

M80 50 Meter Hurdles Sun 10:45am

Name	Age Team	Finals	Age-Grading	H#	
1 Ted Rowan	M81 Saskatchewan	11.21	6.73 92.86%	3	CAN. MR
(no previous CAN or MR)					

M30 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#	
1 Jackson Hinton	M33 Alberta	8.39	8.29 88.08%	2	MR
(no previous MR)					

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W30 60 Meter Hurdles Sat 10:35am**

Name	Age Team	Finals	Age-Grading
-- Marie-Eve Boudreau	W34 Quebec	DNF	

M40 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#
1 Ovidiu Negoita	M43 Unattached	11.19	10.17 71.85%	2

W40 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#
1 Judith Métivier (no previous MR)	W44 Quebec	11.34	9.93 77.51%	MR
2 Alexandra Van Duyse	W40 Quebec	11.49	10.52 73.11%	
3 Julie Lacroix	W40 Quebec	11.54	10.57 72.79%	

M45 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#
1 Yannick Le Mouël (old MR 11.34 Kasper Hinds ON '14)	M47 Quebec	8.85	7.79 93.79%	2 MR

M55 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#
1 Glenn Chipkar Old MR 10.66 Mark Jakubowski USA '13)	M55 Unattached	9.67	8.18 89.25%	2 MR

W55 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#
1 Muriel Gieni (old CAN Muriel's 10.59 this year, no previous MR)	W56 Saskatchewan	10.44	8.16 94.25%	CAN, MR

M60 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#
1 Ward Hazen (old CAN 10.24 JP Mayer ON 2008, old MR 10.84 Alan Slater ON '03))	M60 Unattached	9.44	7.96 91.74%	2 CAN, MR

W60 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#
1 Deborah Lee (no previous MR)	W64 British Columbia	13.29	9.68 79.46%	MR

M65 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#
1 Richard Lech	M67 Jamaica Masters AC	11.53	8.44 86.56%	2

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W75 60 Meter Hurdles Sat 10:35am**

Name	Age Team	Finals	Age-Grading	
1 Christa Bortignon (no previous MR)	W78 British Columbia	13.86	8.15 94.37%	MR

M80 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading	H#
1 Ted Rowan (old CAN 13.42 Karl Trei ON 1989, old MR 13.54 Ted in '14)	M81 Saskatchewan	12.93	7.77 94.04%	2 CAN, MR

X30 4x200 Meter Relay Sat 2:30pm

Team	Finals
1 Fuel Training Club 'A' 1) Greg Hetherington 31 3) Daniel Jennings 41	1:49.81 2) Casper Wong 30 4) Michael Falagarario 42
2 Fuel Training Club 'B' 1) Horace Hudson 62 3) Tom Haney 32	1:56.29 2) Darren Delaney 37 4) Don Hiltz 43

X35 4x200 Meter Relay Sat 2:30pm

Team	Finals
3 St. Jean Olympique 'A' 1) Yannick Le Mouël 47 3) Bernie Lachance 64	1:56.70 2) Michel Tourville 39 4) Gino Fillion 50
4 Team Canada 'A' 1) Marie-Eve Boudreau 34 3) Kem McLean 34	2:02.89 2) Ian Chambers 31 4) Sheree Mullings 33

X40 4x200 Meter Relay Sat 2:30pm

Team	Finals	
5 St. Jean Olympique 'B' 1) Judith Métivier 44 3) Julie Lacroix 40	2:10.08 2) Fabienne Le Mouël 45 4) Alexandra Van Duyse 40	MR
(no previous MR)		

W35 4x400 Meter Relay Sun 12:45am

Team	Finals	
1 Blue Devils AC 'A' 1) Heather Driscoll 45 3) Anna Tvinnereim 51 (no previous MR)	5:32.80 2) Sarah Chin 36 4) Leigh Ann Jacques 39	MR

M70 4x400 Meter Relay Sun 12:45am

Team	Finals
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Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

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1 Team Ontario 'A' **5:36.89** **MR**

1) Jim Pascoe 77 2) Keijo Taivassalo 76

3) Vern Christensen 74 4) Chris Mackie 74

(old MR 5:37.73 Geddes, Christensen, Woodhall, Mackie 2014)

M40 4x800 Meter Relay Sat 2:45pm

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Team	Finals
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1 University of Toronto TC 'A' **8:50.03** **CAN, MR**

1) Michal Kapral 42 2) Bill Wells 40

3) Jason Matthews 41 4) Jay Brecher 41

(no previous CAN or MR)

M70 4x800 Meter Relay Sat 2:45pm

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Team	Finals
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1 Team Ontario 'A' 13:05.07

1) Chris Mackie 74 2) Vern Christensen 74

3) Keijo Taivassalo 76 4) Jack Geddes 77

M30 High Jump Sun 10:00am

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Name	Age Team	Finals	Age-Grading
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1 Richard White Jr **M34 United State** **2.05m** **2.14m 87.61%** **MR**

(no previous MR)

M35 High Jump Sun 10:00am

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Name	Age Team	Finals	Age-Grading
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1 Zoltan Sara M39 Unattached 1.80m 1.97m 80.36%

2 David Valenzuela M38 Unattached 1.75m 1.89m 77.43%

W40 High Jump Sun 10:00am

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Name	Age Team	Finals	Age-Grading
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1 Sandy Arnason W42 Saskatchewan 1.41m 1.59m 76.22%

M40 High Jump Sun 10:00am

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Name	Age Team	Finals	Age-Grading
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1 Ovidiu Negoita M43 Unattached 1.55m 1.76m 72.09%

2 Jasbir Singh Hundal M41 Jamaica Masters AC 1.40m 1.56m 63.93%

M45 High Jump Sun 10:00am

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Name	Age Team	Finals	Age-Grading
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1 David Turkstra M49 Jamaica Masters AC 1.60m 1.93m 79.21%

2 Marcus Skeete M47 UTTC 1.40m 1.66m 67.96%

M50 High Jump Sun 10:00am

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Name	Age Team	Finals	Age-Grading
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Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1 Don Ritchie	M53 Unattached	1.45m	1.83m	74.74%
2 James Wallace	M52 UTTC	1.30m	1.62m	66.33%

M55 High Jump Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Mark Schaber	M56 Unattached	1.35m	1.76m 72.19%
2 Jon Comerford	M58 UTTC	1.30m	1.74m 71.04%

M60 High Jump Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Peter Zowkewych	M64 UTTC	1.36m	1.96m 80.00%
2 Ralph Cilevitz	M61 Jamaica Masters AC	1.15m	1.59m 65.34%

W60 High Jump Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Deborah Lee (no previous MR)	W64 British Columbia	1.15m	1.75m 83.94% MR
2 Louise Nesterenko	W64 Alberta	0.95m	1.44m 69.34%

M70 High Jump Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Roland Delhomeau (old MR 0.95 Eric Malmstrom 2003)	M70 Saskatchewan	1.18m	1.84m 75.16% MR

W75 High Jump Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Judy Hammond (no previous MR)	W77 New Zealand	1.03m	1.97m 94.50% MR

M80 High Jump Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Ted Rowan	M81 Saskatchewan	1.12m	2.05m 84.21%
2 Jim Blair	M83 New Zealand	1.06m	2.01m 82.17%

W40 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Helen Croskell (no previous MR)	W42 USA	2.45m	3.00m 58.33% MR

M45 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Yannick Le Mouël (old MR 3.70 Wayne Psoyka BC 2011)	M47 Quebec	3.80m	4.60m 74.95% MR

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M55 Pole Vault Sat 10:00am**

Name	Age Team	Finals	Age-Grading
1 Mark Schaber	M56 Unattached	3.20m	4.43m 72.07%

M60 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Ralph Cilevitz	M61 Jamaica Masters AC	2.00m	3.00m 49.02%

M65 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Stan Seitz	M67 Ottawa Lions	2.60m	4.35m 71.04%

M30 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Greg Hetherington	M31 Unattached	5.06m	5.10m 57.11%
2 Khushwant Singh Cheema	M32 Unattached	4.61m	4.70m 52.51%

W30 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Kem McLean	W34 Unattached	4.15m	4.27m 56.85%

M40 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Ovidiu Negoita	M43 Unattached	4.96m	5.70m 63.75%
2 Jasbir Singh Hundal	M41 Jamaica Masters AC	4.61m	5.18m 57.91%

W40 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Sandy Arnason	W42 Saskatchewan	4.52m	5.11m 67.97%

M50 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Robert Nasato	M54 Jamaica Masters AC	4.69m	6.20m 69.38%

M55 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Cal Warren	M55 British Columbia	3.35m	4.49m 50.22%

W55 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
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Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1 Muriel Gieni **W56 Saskatchewan** **4.34m** **5.94m 79.05%** **MR**
 (old MR 3.93 Margaret Rhebergen BC 2011)

M60 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Ralph Cilevitz	M61 Jamaica Masters AC	4.58m	6.70m 74.84%
2 Roy Turkington	M63 British Columbia	4.47m	6.74m 75.38%

W60 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Deborah Lee	W64 British Columbia	3.13m	4.88m 64.94% MR
(old MR 2.95 Elisabeth Rollins BC 2011)			
2 Louise Nesterenko	W64 Alberta	2.36m	3.68m 48.96%

M70 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
3.13 1 Derek Coleman	M70 Cambridge Harriers	1.23m	2.08m 23.25%

M75 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Gurdev Singh	M76 India	3.09m	5.84m 65.33%

W75 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Christa Bortignon	W78 British Columbia	3.27m	6.83m 90.83%
2 Judy Hammond	W77 New Zealand	2.68m	5.44m 72.43%

M80 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading
1 Ted Rowan	M81 Saskatchewan	3.40m	7.15m 80.00%

M35 Triple Jump Sun 11:15am

Name	Age Team	Finals	Age-Grading
1 Jonathan Younker	M39 Unattached	12.47m	13.21m 72.25% MR
(old MR 11.38 Ovidiu Negoita ON '11)			

M40 Triple Jump Sun 11:15am

Name	Age Team	Finals	Age-Grading
1 Lenroy Munro	M44 Unattached	11.74m	13.20m 72.20%
2 Ovidiu Negoita	M43 Unattached	9.89m	10.98m 60.09%
3 Jasbir Singh Hundal	M41 Jamaica Masters AC	9.43m	10.22m 55.93%

W40 Triple Jump Sun 11:15am

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	
1 Michelle Hastick-Cowell	W41 Unattached	10.64m	12.24m 78.99%	CAN, MR
(old CAN 9.38 Liz McBlain AB 1988, old MR 6.69 Sandy Arnason SK 2014)				
2 Sandy Arnason	W42 Saskatchewan	9.13m	10.63m 68.60%	
M50 Triple Jump Sun 11:15am				
Name	Age Team	Finals	Age-Grading	
1 Mihai Ene	M54 Unattached	10.70m	13.72m 75.04%	MR
(old MR 10.05 Robert Nasato ON '13)				
2 Robert Nasato	M54 Jamaica Masters AC	9.70m	12.44m 68.02%	
M55 Triple Jump Sun 11:15am				
Name	Age Team	Finals	Age-Grading	
1 Raymond Jonasson	M58 Unattached	6.92m	9.40m 51.45%	
W55 Triple Jump Sun 11:15am				
Name	Age Team	Finals	Age-Grading	
1 Muriel Gieni	W56 Saskatchewan	9.38m	13.21m 85.27%	CAN, MR
(old CAN Muriel's 9.22 this year, old MR 8.76 Margaret Rhebergen BC 2011)				
M60 Triple Jump Sun 11:15am				
Name	Age Team	Finals	Age-Grading	
1 Thevarajan Sinnathurai	M61 United T.S.C.	10.82m	15.40m 84.20%	MR
(old MR 10.33 Alan Slater ON '03)				
2 Roy Turkington	M63 British Columbia	8.47m	12.44m 68.03%	
3 Ralph Cilevitz	M61 Jamaica Masters AC	6.49m	9.23m 50.51%	
W60 Triple Jump Sun 11:15am				
Name	Age Team	Finals	Age-Grading	
1 Deborah Lee	W64 British Columbia	7.24m	11.59m 74.79%	MR
(old MR 7.02 Elisabeth Rollins BC '11)				
M70 Triple Jump Sun 11:15am				
Name	Age Team	Finals	Age-Grading	
1 Roland Delhomeau	M70 Saskatchewan	7.49m	12.39m 67.78%	MR
(old MR 5.89 Eroc Malmstrom ON '03)				
W75 Triple Jump Sun 11:15am				
Name	Age Team	Finals	Age-Grading	
1 Christa Bortignon	W78 British Columbia	7.32m	15.41m 99.46%	
M80 Triple Jump Sun 11:15am				
Name	Age Team	Finals	Age-Grading	
1 Ted Rowan	M81 Saskatchewan	6.73m	13.90m 76.05%	

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M30 Shot Put Sat 10:00am**

Name	Age Team	Finals	Age-Grading
1 Khushwant Singh Cheema (no previous MR)	M32 Unattached	9.09m	9.09m 39.32% MR

M40 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Ovidiu Negoita	M43 Unattached	8.67m	9.33m 40.38%
2 Jasbir Singh Hundal	M41 Jamaica Masters AC	8.17m	8.52m 36.87%

W40 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Dianne Bedford	W42 Unattached	7.97m	9.77m 43.17%

W45 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Michelle Baptie	W48 athletiques In	6.48m	9.22m 40.75%

M50 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Raj Kumar	M54 Unattached	11.77m	14.66m 63.45%
2 Rick Klatt	M50 Unattached	11.59m	13.29m 57.49%

W50 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Elizabeth Hill	W54 Throwers Club	10.93m	16.29m 72.00%

W55 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Katherine Willis	W56 UTTC	5.34m	8.27m 36.55%

M55 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Muraleetharan Arulpiraga	M55 Unattached	9.61m	12.23m 52.95%
2 George Christodoulou	M56 Unattached	9.41m	12.25m 53.01%
3 Nabil Nahri	M56 Unattached	9.32m	12.13m 52.51%

M60 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M62 Throwers Club	11.12m	14.94m 64.65%
2 Ralph Shapiro	M63 Throwers Club	10.34m	14.31m 61.92%

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

3 Harbans Cheema	M60 Unattached	9.88m	12.55m	54.29%
4 Roy Chubb	M64 Unattached	8.60m	12.26m	53.05%

W60 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Louise Nesterenko	W64 Alberta	5.48m	10.03m 44.34%

M65 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Lewis Breese	M68 United State	10.82m	17.60m 76.14% MR
(old MR 10.22 Sukhdev Singh Dhaliwal ON 2013)			
2 Jerzy Wyroba	M65 Unattached	10.50m	15.45m 66.84%
3 Hardev Singh Sandhu	M66 British Columbia	8.77m	13.33m 57.66%

M70 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 John Kasperski	M71 Throwers Club	12.37m	16.54m 71.59%
2 Moe Jacobs	M70 Unattached	9.75m	12.69m 54.90%
3 Derek Coleman	M70 Cambridge Harriers	6.81m	8.86m 38.34%

M75 Shot Put Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 David Morris	M76 Throwers Club	9.04m	14.03m 60.71%
2 James Sumner	M76 Unattached	8.56m	13.29m 57.49%

M40 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 Jasbir Singh Hundal	M41 Jamaica Masters AC	9.25m	10.26m 39.68%
2 Ovidiu Negoita	M43 Unattached	7.92m	9.03m 34.92%

W40 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 Dianne Bedford	W42 Unattached	9.03m	13.17m 55.84%

W45 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 Michelle Baptie	W48 athletiques In	6.93m	11.54m 48.91%

M50 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 Rick Klatt	M50 Unattached	11.55m	12.84m 49.68%

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W50 Weight Throw Sun 1:00pm**

Name	Age Team	Finals	Age-Grading
1 Elizabeth Hill	W54 Throwers Club	11.39m	15.20m 64.42%

M60 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 Jan Graczyk	M62 Throwers Club	16.99m	20.13m 77.86%
2 Bill Pearson	M62 Throwers Club	13.15m	15.58m 60.27%

W60 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 Louise Nesterenko	W64 Alberta	7.09m	9.90m 41.95%

M65 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 Hardev Singh Sandhu	M66 British Columbia	11.66m	15.03m 58.13%
2 Lewis Breese	M68 United State	8.95m	12.06m 46.66%

M70 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 John Kasperski	M71 Throwers Club	14.87m	19.72m 76.30% MR
(old MR 14.45 Marek Glowacki BC '11)			

M75 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 David Morris	M76 Throwers Club	11.55m	17.50m 67.70%

M80 Weight Throw Sun 1:00pm

Name	Age Team	Finals	Age-Grading
1 Jim Blair	M83 New Zealand	9.38m	16.28m 62.95%

M45 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Jianping Xu	M49 Unattached	6:49.50	5:59.96 85.85%
(CAN 6:45.1 Glen Bodet AB 2011)			

M50 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Yvan B�chard	M52 Quebec	7:11.49	6:09.71 83.58% MR
(old MR 8:13.90 Lawrence Malek ON '12)			

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W50 1500 Meter Race Walk Sat 10:00am**

Name	Age Team	Finals	Age-Grading
1 Anne Fischer	W53 Ontario RaceWalkers	8:54.70	7:42.52 72.86%
2 Debra Denault	W50 Bytown Walkers	9:45.17	8:39.34 64.89%

M55 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Lawrence Malek (old MR 8:37 Ken Atkins ON 2013)	M55 Toronto Race Wal	8:33.88	7:08.84 72.06% MR
2 John Gardam	M58 Bytown Walkers	8:44.47	7:05.66 72.59%

W55 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Nicole Begin	W56 Quebec	8:34.25	7:13.21 77.79%
2 Sandy Archibald	W55 Bytown Walkers	8:46.08	7:27.17 75.36%

M60 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Robert Marchand	M63 Quebec	8:57.67	6:55.09 74.44%

W60 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Kris Kozell (old CAN Kris' 8:12 this year, old MR 8:47.97 Lina Liscio ON 2012))	W62 Ontario RaceWalkers	8:09.49	6:28.66 86.71% CAN, MR
2 Teresa Chiozza	W64 Unattached	9:11.95	7:08.81 78.59%

W65 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Lalitha Tella (no previous MR)	W65 Bytown Walkers	10:25.38	8:00.42 70.15% MR

M70 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 John Kittredge (old CAN 8:19.23 John this year, old MR 8:32.23 Marcel Jobin PQ 2013))	M70 Ontario RaceWalkers	8:19.20	5:56.13 86.77% CAN, MR

W80 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading
1 Jean Horne (ols CAN Jean's 11:11.11 from 2013, no Previous MR)	W82 Ontario RaceWalkers	11:05.43	6:39.66 84.32% CAN, MR

W35 3000 Meter Race Walk Sun 10:00am

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading
1 Sarah Raetsen (no previous MR)	W38 Ontario RaceWalkers	18:21.72	17:55.28 64.63% MR

M45 3000 Meter Race Walk Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Jianping Xu	M49 Unattached	14:22.74	12:39.99 83.08%

M50 3000 Meter Race Walk Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Yvan Béchard (old MR 14:56.69 James Kenny AB '11)	M52 Quebec	14:44.23	12:39.29 83.16% MR

W50 3000 Meter Race Walk Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Anne Fischer	W53 Ontario RaceWalkers	18:40.79	16:08.70 71.75%
2 Debra Denault	W50 Bytown Walkers	20:34.79	18:15.88 63.42%

W55 3000 Meter Race Walk Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Nicole Begin	W56 Quebec	18:04.49	15:10.98 76.29%
2 Sandy Archibald	W55 Bytown Walkers	18:08.92	15:23.63 75.25%

M55 3000 Meter Race Walk Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Lawrence Malek	M55 Toronto Race Wal	18:03.40	15:06.16 69.68%
2 John Gardam	M58 Bytown Walkers	19:16.57	15:40.99 67.10%

W60 3000 Meter Race Walk Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Teresa Chiozza	W64 Unattached	18:37.76	14:20.34 80.78%

M60 3000 Meter Race Walk Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Robert Marchand	M63 Quebec	18:41.42	14:27.87 72.76%

W65 3000 Meter Race Walk Sun 10:00am

Name	Age Team	Finals	Age-Grading
1 Lalitha Tella (no previous MR)	W65 Bytown Walkers	21:10.77	16:06.30 71.92% MR

M70 3000 Meter Race Walk Sun 10:00am

Name	Age Team	Finals	Age-Grading
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Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1 John Kittredge **M70 Ontario RaceWalkers** **17:36.43** **12:35.35** **83.59%** **MR**
 (old MR 18:00.15 Marcel Jobin PQ 2013)

Pentathlon (note – Pent was scored using Hytek 4.0 which uses older scoring tables)**W40 800 Meter Run Indoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Melanie Ransom	W43 Ottawa Masters A	3:08.84	3:00.10 62.90%	364
2 An Vo	W40 Ottawa Masters A	3:09.58	3:00.81 62.65%	358

W45 800 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Gaby Szanto	W49 Unattached	3:29.79	3:11.40 59.19%	266

M40 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Andrew Justason	M43 New Brunswick	3:09.44	3:00.67 72.23%	658
2 Brian Derby	M41 Ottawa Masters A	3:20.62	3:11.34 68.21%	557

M45 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M46 Unattached	3:34.02	3:15.75 66.67%	518

M55 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jerzy Dabrowa	M56 Unattached	4:15.33	3:33.56 61.11%	373
2 John Siriski	M56 Unattached	4:25.83	3:42.35 58.70%	310

M60 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Peter Shand	M60 Ottawa Masters A	4:16.90	3:24.70 63.75%	443
2 Brian Berquist	M61 Saskatchewan	4:25.95	3:31.91 61.58%	386
3 Peter Zowkewych	M64 UTTC	4:36.80	3:40.56 59.17%	322
4 Ralph Cilevitz	M61 Jamaica Masters AC	4:47.77	3:49.30 56.91%	264

M65 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M67 Ottawa Lions	5:13.30	3:56.89 55.09%	217

M70 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M70 Saskatchewan	4:37.22	3:17.14 66.20%	506

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W40 60 Meter Hurdles Indoor Pentathlon**

Name	Age	Team	Finals	Age-Grading	Points
1 An Vo	W40	Ottawa Masters A	13.19	11.96 64.37%	389
2 Melanie Ransom	W43	Ottawa Masters A	14.14	12.82 60.04%	276

W45 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Gaby Szanto	W49	Unattached	11.35	10.18 75.59%	679

M40 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Andrew Justason	M43	New Brunswick	9.94	9.41 77.57%	2	658
2 Brian Derby	M41	Ottawa Masters A	11.16	10.57 69.09%	2	438

M45 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Kasper Hinds	M46	Unattached	11.47	10.44 70.01%	2	461

M55 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 John Siriski	M56	Unattached	12.61	10.79 67.72%	402
2 Jerzy Dabrowa	M56	Unattached	13.38	11.44 63.83%	302

M60 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Brian Berquist	M61	Saskatchewan	11.55	9.61 76.02%	617
2 Ralph Cilevitz	M61	Jamaica Masters AC	11.70	9.73 75.04%	593
3 Peter Zowkewych	M64	UTTC	12.45	10.35 70.52%	477
4 Peter Shand	M60	Ottawa Masters A	13.37	11.12 65.67%	349

M65 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Stan Seitz	M67	Ottawa Lions	14.65	11.64 62.73%	274

M70 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M70	Saskatchewan	14.16	10.93 66.81%	379
(no previous MR)					

W40 High Jump Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Melanie Ransom	W43	Ottawa Masters A	1.15m	1.26m 60.85%	369
2 An Vo	W40	Ottawa Masters A	1.06m	1.16m 56.08%	275

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W45 High Jump Indoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	
1 Gaby Szanto	W49 Unattached	1.42m	1.64m 78.89%	783	MR
(old MR 1.38 Gaby in 2014)					

M40 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Andrew Justason	M43 New Brunswick	1.54m	1.61m 65.81%	472
2 Brian Derby	M41 Ottawa Masters A	1.45m	1.52m 61.97%	404

M45 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M46 Unattached	1.51m	1.66m 68.02%	512

M55 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Siriski	M56 Unattached	1.39m	1.70m 69.50%	544
2 Jerzy Dabrowa	M56 Unattached	1.33m	1.63m 66.50%	488

M60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M64 UTTC	1.39m	1.81m 73.94%	636
2 Brian Berquist	M61 Saskatchewan	1.30m	1.69m 69.15%	536
2 Ralph Cilevitz	M61 Jamaica Masters AC	1.30m	1.69m 69.15%	536
4 Peter Shand	M60 Ottawa Masters A	1.18m	1.53m 62.77%	411

M65 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	
1 Stan Seitz	M67 Ottawa Lions	1.30m	1.80m 73.45%	627	MR(tie)
(MR 1.30 Roland Delhomeau SK 2011, and Stan in the Pent last year!)					

M70 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	
1 Roland Delhomeau	M70 Saskatchewan	1.27m	1.88m 76.97%	696	MR
(Roland broke the record in the open HJ in 1.18 and then broke it again in the Pent)					

W40 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 An Vo	W40 Ottawa Masters A	3.69m	4.09m 54.51%	329
2 Melanie Ransom	W43 Ottawa Masters A	3.30m	3.66m 48.74%	233

W45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
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Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1 Gaby Szanto **W49 Unattached** **4.07m** **4.79m** **63.69%** **503 MR (tie)**
 (MR 4.07m Maria Mallia ON 2003)

M40 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Brian Derby	M41 Ottawa Masters A	5.52m	6.01m 67.24%	589
2 Andrew Justason	M43 New Brunswick	5.30m	5.77m 64.56%	537

M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M46 Unattached	5.62m	6.49m 72.52%	695

M55 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Siriski	M56 Unattached	4.56m	5.98m 66.86%	582
2 Jerzy Dabrowa	M56 Unattached	3.64m	4.77m 53.37%	339

M60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M61 Jamaica Masters AC	4.41m	6.20m 69.34%	630
2 Peter Zowkewych	M64 UTTC	3.91m	5.50m 61.48%	481
3 Brian Berquist	M61 Saskatchewan	3.67m	5.16m 57.70%	413
4 Peter Shand	M60 Ottawa Masters A	2.86m	4.02m 44.97%	209

M65 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M67 Ottawa Lions	3.45m	5.23m 58.57%	427

M70 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M70 Saskatchewan	3.27m	5.38m 60.22%	457 MR
(old MR 2.83 Hyke Van Der Wal SK 2011)				

W40 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Melanie Ransom	W43 Ottawa Masters A	5.95m	6.60m 29.18%	309
2 An Vo	W40 Ottawa Masters A	4.94m	5.48m 24.23%	238

W45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Gaby Szanto	W49 Unattached	10.17m	12.14m 53.67%	670 MR
(old MR 9.90 Carolyn Boomer BC 2011)				

M40 Shot Put Indoor Pentathlon

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	Points
1 Brian Derby	M41 Ottawa Masters A	9.59m	10.68m 46.19%	527
2 Andrew Justason	M43 New Brunswick	9.08m	10.11m 43.74%	492

M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M46 Unattached	6.71m	8.06m 34.89%	370

M55 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Siriski	M56 Unattached	8.81m	11.19m 48.41%	557
2 Jerzy Dabrowa	M56 Unattached	8.80m	11.18m 48.35%	557

M60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M64 UTTC	10.77m	13.44m 58.15%	694
2 Brian Berquist	M61 Saskatchewan	10.42m	13.00m 56.26%	667
3 Ralph Cilevitz	M61 Jamaica Masters AC	8.08m	10.08m 43.63%	490
4 Peter Shand	M60 Ottawa Masters A	6.54m	8.16m 35.31%	376

M65 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M67 Ottawa Lions	7.36m	10.01m 43.32%	486

M70 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M70 Saskatchewan	8.67m	11.67m 50.52%	586

TOTALS**W40 Indoor Pentathlon Sat 10:30am**

Name	Age Team	Finals
1 An Vo	W40 Ottawa Masters A	1589
2 Melanie Ransom	W43 Ottawa Masters A	1551

W45 Indoor Pentathlon Sat 10:30am

Name	Age Team	Finals	MR
1 Gaby Szanto	W49 Unattached	2901	MR
(no previous MR)			

M40 Indoor Pentathlon Sat 10:30am

Name	Age Team	Finals	MR
1 Andrew Justason	M43 New Brunswick	2817	MR
(old MR 2561 Andy in 2012)			

Canadian Masters Indoor Championships - 2015-03-14 to 2015-03-15**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

2 Brian Derby

M41 Ottawa Masters A

2515

M45 Indoor Pentathlon Sat 10:30am

Name	Age Team	Finals
1 Kasper Hinds	M46 Unattached	2556

M55 Indoor Pentathlon Sat 10:30am

Name	Age Team	Finals	
1 John Siriski	M56 Unattached	2395	MR
(old MR 2168 Ralph Cilevitz ON 2014)			
2 Jerzy Dabrowa	M56 Unattached	2059	

M60 Indoor Pentathlon Sat 10:30am

Name	Age Team	Finals	
1 Brian Berquist	M61 Saskatchewan	2619	MR
(old MR 2445 Ralph Cilevitz ON 2014)			
2 Peter Zowkewych	M64 UTTC	2610	
3 Ralph Cilevitz	M61 Jamaica Masters AC	2513	
4 Peter Shand	M60 Ottawa Masters A	1788	

M65 Indoor Pentathlon Sat 10:30am

Name	Age Team	Finals
1 Stan Seitz	M67 Ottawa Lions	2031

M70 Indoor Pentathlon Sat 10:30am

Name	Age Team	Finals	
1 Roland Delhomeau	M70 Saskatchewan	2624	MR
(no previous MR)			

Scoring with Hytek 5.0 using the revised tables....

---- M70 ----

1 Roland Delhomeau	14.16	3.27m	8.67m	1.27m	4:37.22
Saskatchewan					
Age-Graded Mark:	10.93	5.38m	11.10m	1.88m	3:17.14
Age-Graded Percent:	66.81%	60.22%	48.03%	76.97%	66.2%
M70 Team Points: 6	2590	(379)	(457)	(552)	(696)
				(506)	