

Licensed to Club D'Athletisme Corsaire - Chaparal HY-TEK's Meet Manager  
 Championnats québécois junior-senior-para, pentathlon benjamin-cadet, CMA - 7/5  
 Canadian Masters Championships, Quebec Junior-Senior-Para & U14/U16 Pentath  
 Stade d'athlétisme Richard-Garneau  
 Resultats

Femme 200 Metres Sprint Master 30-34

| Nom                    | Annee Club    | Seed  | Finales | Vent |
|------------------------|---------------|-------|---------|------|
| Finales                |               |       |         |      |
| 1 Deschênes, Marie-Eve | 87 Sherbrooke | 28.00 | 29.34   | 0.6  |

Femme 5000 Metres Demi-fond Master 30-34

| Nom                | Annee Club    | Seed     | Finales |
|--------------------|---------------|----------|---------|
| -- Singh, Maninder | 88 Unattached | 33:00.00 | XDNS    |

Femme 1500 Metres Marche Master 30-34

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| 1 Labrie, Mélissa | 84 Les Vainqueu | 8:45.00 | 8:17.52 |

Femme 5000 Metres Marche Master 30-34

| Nom               | Annee Club      | Seed     | Finales  |
|-------------------|-----------------|----------|----------|
| 1 Labrie, Mélissa | 84 Les Vainqueu | 32:25.00 | 30:09.49 |

Femme 100 Metres Sprint Master 35-39

| Nom                  | Annee Club      | Seed  | Finales | Vent |
|----------------------|-----------------|-------|---------|------|
| 1 Mullings, Sheree   | 81 Jmac - Jamca | 14.00 | 14.04   | -2.5 |
| 2 MacDonald, Chelsea | 83 University o | 14.00 | 14.72   | -2.5 |
| 3 Touchette, Monia   | 82 Lanaudière-O |       | 15.62   | -2.5 |
| 4 Richards, Sharon   | 79 West Island  |       | 18.36   | -2.5 |

Femme 200 Metres Sprint Master 35-39

| Nom                | Annee Club      | Seed  | Finales | Vent |
|--------------------|-----------------|-------|---------|------|
| 1 Mullings, Sheree | 81 Jmac - Jamca | 29.58 | 29.16   | +0.0 |
| 2 Sakharov, Tanya  | 80 Variety Vill | 28.99 | 29.68   | +0.0 |
| 3 Touchette, Monia | 82 Lanaudière-O |       | 32.27   | +0.0 |
| 4 Richards, Sharon | 79 West Island  |       | 37.50   | +0.0 |

Femme 400 Metres Sprint Master 35-39

| Nom                 | Annee Club      | Seed    | Finales |
|---------------------|-----------------|---------|---------|
| 1 Jarry, Rose-Marie | 83 Saint-Lauren | 1:01.60 | 1:01.25 |
| 2 Sakharov, Tanya   | 80 Variety Vill | 1:05.79 | 1:06.12 |

Femme 800 Metres Demi-fond Master 35-39

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|

|   |                   |                 |         |         |
|---|-------------------|-----------------|---------|---------|
| 1 | Jarry, Rose-Marie | 83 Saint-Lauren | 2:21.39 | 2:18.79 |
| 2 | Sakharov, Tanya   | 80 Variety Vill | 2:31.00 | 2:32.71 |

Femme 1500 Metres Demi-fond Master 35-39

| Nom                | Annee Club    | Seed    | Finales  |
|--------------------|---------------|---------|----------|
| -- Newington, Dash | 84 Unattached | 6:00.00 | X7:57.60 |

Femme 5000 Metres Demi-fond Master 35-39

| Nom           | Annee Club    | Seed     | Finales |
|---------------|---------------|----------|---------|
| -- Nehme, Pia | 81 Sherbrooke | 17:30.00 | DNS     |

Femme 100 Metres Haies 33po Master 35-39

| Nom                | Annee Club    | Seed  | Finales | Vent |
|--------------------|---------------|-------|---------|------|
| -- Newington, Dash | 84 Unattached | 19.00 | X21.89  | 0.3  |

Femme 400 Metres Haies 30po Master 35-39

| Nom                | Annee Club    | Seed    | Finales  |
|--------------------|---------------|---------|----------|
| -- Newington, Dash | 84 Unattached | 1:40.00 | X1:35.65 |

Femme 2000 Metres Steeplechase 30po Master 35-39

| Nom                | Annee Club    | Seed     | Finales   |
|--------------------|---------------|----------|-----------|
| -- Newington, Dash | 84 Unattached | 12:00.00 | X12:05.48 |

Femme Saut en hauteur Master 35-39

| Nom                | Annee Club                    | Seed  | Finales |
|--------------------|-------------------------------|-------|---------|
| -- Newington, Dash | 84 Unattached                 | 1.30m | X1.31m  |
|                    | 1.15 1.20 1.25 1.30 1.31 1.33 |       |         |
|                    | XO O O P O XXX                |       |         |

Femme Saut a la perche Master 35-39

| Nom                                | Annee Club                              | Seed  | Finales         |
|------------------------------------|-----------------------------------------|-------|-----------------|
| <b>1 Lefebvre-Bertrand, Emilie</b> | <b>83 Montréal-Int</b>                  | 3.00m | <b>3.10m MR</b> |
|                                    | 2.80 2.95 3.10 3.20                     |       |                 |
|                                    | O O O XXX                               |       |                 |
|                                    | (old MR 2.90 Gaby Szanto ON 2001)       |       |                 |
| 2 Barta, Mihaela                   | 80 Montréal-Int                         |       | 2.50m           |
|                                    | 2.35 2.50 2.65                          |       |                 |
|                                    | O O XXX                                 |       |                 |
| -- Newington, Dash                 | 84 Unattached                           | 1.80m | X2.20m          |
|                                    | 1.30 1.45 1.60 1.75 1.90 2.05 2.20 2.35 |       |                 |
|                                    | O O O O XO O O XXX                      |       |                 |

Femme Saut en longueur Master 35-39

| Nom                | Annee Club                                    | Seed      | Finales     | Vent |
|--------------------|-----------------------------------------------|-----------|-------------|------|
| 1 Touchette, Monia | 82 Lanaudière-O                               |           | 3.45m       | +0.0 |
|                    | 3.22m(1.5) 3.29m(+0.0) 3.17m(0.9) 3.45m(+0.0) | FOUL(0.9) | 3.19m(+0.0) |      |
| -- Barta, Mihaela  | 80 Montréal-Int                               |           | DNS         | NWI  |
| -- Newington, Dash | 84 Unattached                                 | 4.50m     | X3.97m      | +0.0 |
|                    | FOUL FOUL 3.85m(1.0) 3.72m(0.3) 3.97m(+0.0)   |           |             |      |

Femme Triple Saut Master 35-39

| Nom                | Annee Club                                                              | Seed  | Finales | Vent |
|--------------------|-------------------------------------------------------------------------|-------|---------|------|
| -- Newington, Dash | 84 Unattached                                                           | 8.50m | X8.14m  | -1.2 |
|                    | 7.15m(+0.0) 8.05m(-1.7) 7.71m(-1.8) 7.91m(-0.3) 8.14m(-1.2) 7.61m(-1.3) |       |         |      |

Femme Lancer du poids 4kg Master 35-39

| Nom                | Annee Club                          | Seed  | Finales |
|--------------------|-------------------------------------|-------|---------|
| 1 Mullings, Sheree | 81 Jmac - Jamca                     | 9.00m | 9.07m   |
|                    | 9.07m 8.67m 8.38m 8.23m PASS 8.23m  |       |         |
| -- Newington, Dash | 84 Unattached                       | 6.25m | X5.77m  |
|                    | 5.77m 5.40m 5.61m 5.28m 5.48m 5.70m |       |         |

Femme Lancer du disque 1kg Master 35-39

| Nom                 | Annee Club                            | Seed   | Finales |
|---------------------|---------------------------------------|--------|---------|
| 1 Rochefort, Émilie | 81 Rive-Sud                           |        | 29.89m  |
|                     | 29.39m FOUL 29.89m FOUL FOUL FOUL     |        |         |
| -- Newington, Dash  | 84 Unattached                         | 20.15m | X18.45m |
|                     | 16.10m 18.45m PASS PASS 16.60m 15.10m |        |         |

Femme Lancer du marteau 4kg Master 35-39

| Nom                 | Annee Club                                | Seed   | Finales |
|---------------------|-------------------------------------------|--------|---------|
| 1 Rochefort, Émilie | 81 Rive-Sud                               |        | 36.16m  |
|                     | 32.19m 34.44m 36.05m FOUL 36.16m 32.67m   |        |         |
| -- Newington, Dash  | 84 Unattached                             | 17.60m | X18.26m |
|                     | 17.12m 17.86m 18.26m 17.62m 16.51m 16.89m |        |         |

Femme Lancer du javelot 600g Master 35-39

| Nom                | Annee Club                          | Seed   | Finales |
|--------------------|-------------------------------------|--------|---------|
| 1 Mullings, Sheree | 81 Jmac - Jamca                     | 19.00m | 22.14m  |
|                    | 22.14m 21.05m FOUL 16.31m PASS FOUL |        |         |
| -- Newington, Dash | 84 Unattached                       | 16.00m | X16.02m |
|                    | FOUL 16.02m PASS PASS 10.27m 12.28m |        |         |

Femme Weight Throw 9,08kg Master 35-39

| Nom                | Annee Club                          | Seed  | Finales |
|--------------------|-------------------------------------|-------|---------|
| -- Newington, Dash | 84 Unattached                       | 8.00m | X7.25m  |
|                    | 6.66m 6.50m 6.74m 7.25m 5.86m 6.58m |       |         |

## Femme 1500 Metres Marche Master 35-39

| Nom                                           | Annee Club           | Seed     | Finales             |
|-----------------------------------------------|----------------------|----------|---------------------|
| -- <b>Newington, Dash</b><br>(no previous MR) | <b>84 Unattached</b> | 15:00.00 | <b>X10:20.03 MR</b> |

## Femme 5000 Metres Marche Master 35-39

| Nom                | Annee Club    | Seed     | Finales |
|--------------------|---------------|----------|---------|
| -- Newington, Dash | 84 Unattached | 45:00.00 | XDNS    |

## Femme 100 Metres Sprint Master 40-44

| Nom                 | Annee Club      | Seed  | Finales | Vent |
|---------------------|-----------------|-------|---------|------|
| 1 Lachance, Renée   | 74 Sherbrooke   |       | 14.37   | -3.5 |
| 2 King, Debbie      | 75 Jmac - Jamca | 13.95 | 14.80   | -3.5 |
| 3 Lévesque, Sonia   | 77 Saint-Lauren | 13.50 | 15.00   | -3.5 |
| 4 Binstock, Susy    | 77 Indépendant  | 14.00 | 15.35   | -3.5 |
| 5 Leunens, Yoseline | 77 Sherbrooke   |       | 15.46   | -3.5 |

## Femme 200 Metres Sprint Master 40-44

| Nom               | Annee Club      | Seed  | Finales | Vent |
|-------------------|-----------------|-------|---------|------|
| 1 Lachance, Renée | 74 Sherbrooke   |       | 28.78   | +0.0 |
| 2 King, Debbie    | 75 Jmac - Jamca | 29.50 | 29.39   | +0.0 |
| 3 Lévesque, Sonia | 77 Saint-Lauren | 30.00 | 29.79   | +0.0 |
| -- Binstock, Susy | 77 Indépendant  | 32.00 | DNS     | +0.0 |

## Femme Saut en longueur Master 40-44

| Nom                    | Annee Club                             | Seed  | Finales    | Vent |
|------------------------|----------------------------------------|-------|------------|------|
| 1 Van Duyse, Alexandra | 74 Saint-Jean O                        | 4.08m | 3.96m      | 0.9  |
|                        | 3.59m(-0.5) 3.75m(0.3) 3.89m(0.3) FOUL | FOUL  | 3.96m(0.9) |      |

## Femme Lancer du poids 4kg Master 40-44

| Nom                       | Annee Club                           | Seed | Finales |
|---------------------------|--------------------------------------|------|---------|
| 1 Todorova-Dineva, Galina | 79 Dynamique De                      |      | 10.54m  |
|                           | 9.96m 10.54m FOUL 10.31m 10.13m FOUL |      |         |

## Femme Lancer du disque 1kg Master 40-44

| Nom                       | Annee Club                              | Seed | Finales |
|---------------------------|-----------------------------------------|------|---------|
| 1 Todorova-Dineva, Galina | 79 Dynamique De                         |      | 30.39m  |
|                           | 28.55m FOUL 29.11m 29.40m 30.39m 29.84m |      |         |

## Femme 1500 Metres Marche Master 40-44

| Nom                                                                  | Annee Club             | Seed | Finales           |
|----------------------------------------------------------------------|------------------------|------|-------------------|
| <b>1 Duchemin, Josée</b><br>(old MR 8 :39.18 Sharon O'Leary ON 2010) | <b>75 Les Vainqueu</b> |      | <b>8:08.95 MR</b> |

## Femme 5000 Metres Marche Master 40-44

| Nom               | Annee Club      | Seed | Finales  |
|-------------------|-----------------|------|----------|
| 1 Duchemin, Josée | 75 Les Vainqueu |      | 29:36.35 |

## Femme 100 Metres Sprint Master 45-49

| Nom                | Annee Club      | Seed     | Finales | Vent |
|--------------------|-----------------|----------|---------|------|
| 1 Morris, Jennifer | 73 Ottawa Lions | 14.04    | 14.52   | -3.2 |
| 2 Bonneau, Louise  | 69 Lachine      | 14.46    | 14.79   | -3.2 |
| -- Fontaine, Paule | 72 Sherbrooke   | 14:12.00 | DNS     | -3.2 |

## Femme 200 Metres Sprint Master 45-49

| Nom                | Annee Club      | Seed  | Finales | Vent |
|--------------------|-----------------|-------|---------|------|
| 1 Morris, Jennifer | 73 Ottawa Lions | 29.42 | 28.48   | 0.6  |
| 2 Bonneau, Louise  | 69 Lachine      | 29.38 | 29.12   | 0.6  |
| 3 Harding, Hazel   | 73 Ottawa Lions | 30.90 | 31.41   | 0.6  |
| 4 La Rivière, Eve  | 72 Saint-Jean O | 31.47 | 33.28   | 0.6  |
| -- Fontaine, Paule | 72 Sherbrooke   |       | DNS     | 0.6  |

## Femme 400 Metres Sprint Master 45-49

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| 1 Wagner, Claudia | 69 West Island  |         | 1:08.21 |
| 2 Harding, Hazel  | 73 Ottawa Lions | 1:08.50 | 1:11.21 |

## Femme 800 Metres Demi-fond Master 45-49

| Nom                | Annee Club      | Seed    | Finales |
|--------------------|-----------------|---------|---------|
| 1 Weber, Catherine | 69 Etobicoke Tr | 3:12.00 | 3:08.74 |
| 2 Grenier, Julie   | 71 Saint-Jean O | 3:19.54 | 3:19.20 |

## Femme 1500 Metres Demi-fond Master 45-49

| Nom                | Annee Club      | Seed    | Finales |
|--------------------|-----------------|---------|---------|
| 1 Weber, Catherine | 69 Etobicoke Tr | 6:30.00 | 6:37.98 |

## Femme 5000 Metres Demi-fond Master 45-49

| Nom              | Annee Club      | Seed     | Finales  |
|------------------|-----------------|----------|----------|
| 1 Francis, Susan | 71 Unattached - | 24:38.00 | 22:07.59 |

## Femme Saut a la perche Master 45-49

| Nom                | Annee Club | Seed  | Finales |
|--------------------|------------|-------|---------|
| -- Bonneau, Louise | 69 Lachine | 1.95m | NH      |
| 1.75               |            |       |         |
| XXX                |            |       |         |

## Femme Saut en longueur Master 45-49

| Nom               | Annee Club                                                          | Seed  | Finales | Vent |
|-------------------|---------------------------------------------------------------------|-------|---------|------|
| 1 La Rivière, Eve | 72 Saint-Jean O                                                     | 3.20m | 3.13m   | +0.0 |
|                   | 2.96m(1.1) 2.92m(+0.0) 2.79m(0.4) 2.98m(1.0) 3.07m(0.4) 3.13m(+0.0) |       |         |      |

## Femme 100 Metres Sprint Master 50-54

| Nom                  | Annee Club      | Seed  | Finales | Vent |
|----------------------|-----------------|-------|---------|------|
| 1 Zinman, Debbie     | 69 University o | 13.89 | 14.40   | -3.4 |
| 2 Babalola, Omena    | 68 Winnipeg Opt | 14.50 | 14.63   | -3.4 |
| 3 Rozario, Theresa   | 64 Variety Vill | 15.55 | 15.84   | -3.4 |
| -- Brockner, Roxanne | 65 Unattached   | 13.43 | X13.96  | -3.4 |

## Femme 200 Metres Sprint Master 50-54

| Nom                  | Annee Club      | Seed  | Finales | Vent |
|----------------------|-----------------|-------|---------|------|
| 1 Zinman, Debbie     | 69 University o | 28.83 | 29.03   | +0.0 |
| 2 Babalola, Omena    | 68 Winnipeg Opt | 31.50 | 30.60   | +0.0 |
| 3 Rozario, Theresa   | 64 Variety Vill | 31.75 | 32.16   | +0.0 |
| -- Brockner, Roxanne | 65 Unattached   | 28.03 | X28.13  | +0.0 |

## Femme 400 Metres Sprint Master 50-54

| Nom                  | Annee Club    | Seed    | Finales  |
|----------------------|---------------|---------|----------|
| -- Brockner, Roxanne | 65 Unattached | 1:05.23 | X1:04.65 |

## Femme 800 Metres Demi-fond Master 50-54

| Nom                    | Annee Club      | Seed    | Finales |
|------------------------|-----------------|---------|---------|
| 1 Cochrane-Brink, Kate | 67 University o | 2:38.00 | 2:45.37 |
| 2 Graenert, Anke       | 67 Newmarket Hu | 2:59.82 | 2:57.83 |

## Femme 1500 Metres Demi-fond Master 50-54

| Nom                 | Annee Club      | Seed    | Finales |
|---------------------|-----------------|---------|---------|
| 1 Maguire, Liz      | 66 Ottawa Lions | 5:01.00 | 5:07.57 |
| 2 Ledroit, Isabelle | 66 Les Vainqueu | 5:50.00 | 5:54.14 |
| 3 Graenert, Anke    | 67 Newmarket Hu | 5:56.00 | 5:59.17 |

## Femme 5000 Metres Demi-fond Master 50-54

| Nom                 | Annee Club      | Seed     | Finales  |
|---------------------|-----------------|----------|----------|
| 1 Ferguson, Jean    | 64 Unattached - | 21:30.00 | 21:34.58 |
| 2 Ledroit, Isabelle | 66 Les Vainqueu | 21:30.00 | 22:03.77 |

## Femme 2000 Metres Steeplechase 30po Master 50-54

| Nom                                   | Annee Club       | Seed           | Finales        |           |
|---------------------------------------|------------------|----------------|----------------|-----------|
| <b>1 Cochrane-Brink, Kate</b>         | <b>67 UTTC o</b> | <b>8:30.00</b> | <b>8:45.89</b> | <b>MR</b> |
| (old MR 9 :08.41 Judy Warick SK 2000) |                  |                |                |           |

Femme Lancer du poids 3kg Master 50-54

| Nom                  | Annee Club                         | Seed  | Finales |
|----------------------|------------------------------------|-------|---------|
| 1 Thériault, Guylène | 65 Cirrus Gatin                    | 6.08m | 6.42m   |
|                      | 5.88m 5.94m FOUL 5.31m 6.42m 5.26m |       |         |

Femme Lancer du javelot 500g Master 50-54

| Nom                  | Annee Club                              | Seed   | Finales |
|----------------------|-----------------------------------------|--------|---------|
| 1 Cesaroni, Diana    | 69 Unattached -                         | 24.07m | 25.53m  |
|                      | 25.53m 21.44m FOUL 23.47m 23.33m 22.31m |        |         |
| 2 Rozario, Theresa   | 64 Variety Vill                         | 12.00m | 19.13m  |
|                      | FOUL FOUL FOUL 19.13m FOUL FOUL         |        |         |
| 3 Thériault, Guylène | 65 Cirrus Gatin                         | 11.87m | 12.88m  |
|                      | 9.96m 12.88m 12.37m 12.07m 12.20m FOUL  |        |         |

Femme 1500 Metres Marche Master 50-54

| Nom                 | Annee Club      | Seed     | Finales |
|---------------------|-----------------|----------|---------|
| 1 Bouillon, Marlène | 65 Les Vainqueu | 9:56.76  | 9:29.81 |
| 2 Lacôme, Sonia     | 66 Les Vainqueu | 10:00.00 | 9:32.22 |

Femme 5000 Metres Marche Master 50-54

| Nom                 | Annee Club      | Seed     | Finales  |
|---------------------|-----------------|----------|----------|
| 1 Bouillon, Marlène | 65 Les Vainqueu | 33:49.20 | 33:26.59 |
| 2 Lacôme, Sonia     | 66 Les Vainqueu | 34:30.00 | 34:11.53 |

Femme 100 Metres Sprint Master 55-59

| Nom                        | Annee Club      | Seed  | Finales | Vent |
|----------------------------|-----------------|-------|---------|------|
| 1 Rouillard, Luc           | 64 Sherbrooke   | 14.74 | 15.36   | -3.3 |
| 2 Nearing-Guibord, Danette | 61 Ottawa Lions | 15.70 | 16.96   | -3.3 |
| 3 Melvin, Wendy            | 60 Unattached - |       | 18.68   | -3.3 |
| -- Faucher, Serge          | 64 Ottawa Lions | 12.45 | DNS     | -3.3 |
| -- St-Louis, Jean          | 63 Indépendant  |       | DNS     | -3.3 |
| -- Baptiste, Joseph        | 60 Jmac - Jamca | 13.80 | DNS     | -3.3 |

Femme 200 Metres Sprint Master 55-59

| Nom                        | Annee Club      | Seed  | Finales | Vent |
|----------------------------|-----------------|-------|---------|------|
| 1 Nearing-Guibord, Danette | 61 Ottawa Lions | 34.00 | 34.80   | 0.5  |
| 2 Pomerleau, Diane         | 64 Kalenjins    |       | 38.72   | 0.5  |

Femme 400 Metres Sprint Master 55-59

| Nom                | Annee Club   | Seed | Finales |
|--------------------|--------------|------|---------|
| 1 Pomerleau, Diane | 64 Kalenjins |      | 1:23.43 |

Femme 800 Metres Demi-fond Master 55-59

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|

| Nom                | Annee Club      | Seed    | Finales |
|--------------------|-----------------|---------|---------|
| 1 Botelho, Rita    | 60 University o | 2:52.00 | 2:53.24 |
| 2 Pomerleau, Diane | 64 Kalenjins    |         | 3:06.83 |

Femme 1500 Metres Demi-fond Master 55-59

| Nom             | Annee Club      | Seed    | Finales |
|-----------------|-----------------|---------|---------|
| 1 Botelho, Rita | 60 University o | 5:50.00 | 5:54.47 |

Femme 5000 Metres Demi-fond Master 55-59

| Nom                  | Annee Club      | Seed     | Finales  |
|----------------------|-----------------|----------|----------|
| 1 Duchesne, Sylvie   | 62 Lanaudière-O | 22:45.10 | 22:19.25 |
| -- Kramarich, Joy    | 60 University o | 22:00.00 | DNS      |
| -- Lachance, Monique | 62 Les Vainqueu |          | DNS      |

Femme 2000 Metres Steeplechase 30po Master 55-59

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| -- Kramarich, Joy | 60 University o | 8:50.00 | DNS     |

Femme Lancer du poids 3kg Master 55-59

| Nom                 | Annee Club      | Seed  | Finales                             |
|---------------------|-----------------|-------|-------------------------------------|
| 1 LeBlanc, Heather  | 61 Unattached-N | 7.94m | 7.64m                               |
|                     |                 |       | 7.33m 7.58m 7.48m 7.46m 6.93m 7.64m |
| -- Ecklund, Deborah | 59 Unattached   |       | X4.71m                              |
|                     |                 |       | 4.24m 4.28m 4.21m 4.45m FOUL 4.71m  |

Femme Lancer du disque 1kg Master 55-59

| Nom                 | Annee Club      | Seed   | Finales                                   |
|---------------------|-----------------|--------|-------------------------------------------|
| 1 LeBlanc, Heather  | 61 Unattached-N | 21.06m | 20.72m                                    |
|                     |                 |        | 19.11m 17.39m 20.23m 19.12m 19.10m 20.72m |
| 2 Perras, Suzie     | 59 Drummondvill | 17.00m | 16.89m                                    |
|                     |                 |        | 14.93m 15.49m 16.89m 16.08m FOUL FOUL     |
| -- Ecklund, Deborah | 59 Unattached   |        | X11.62m                                   |
|                     |                 |        | 10.83m 10.87m 10.89m FOUL 10.91m 11.62m   |

Femme Lancer du marteau 3kg Master 55-59

| Nom                 | Annee Club      | Seed   | Finales                                   |
|---------------------|-----------------|--------|-------------------------------------------|
| 1 LeBlanc, Heather  | 61 Unattached-N | 23.23m | 24.27m                                    |
|                     |                 |        | 22.56m 24.27m 20.42m 21.19m 22.06m 22.25m |
| 2 Perras, Suzie     | 59 Drummondvill | 19.00m | 19.52m                                    |
|                     |                 |        | 14.55m 19.06m 19.52m 16.37m 17.12m FOUL   |
| -- Ecklund, Deborah | 59 Unattached   |        | X13.90m                                   |
|                     |                 |        | 12.70m 13.90m 11.01m 11.85m 13.25m 13.51m |

Femme Lancer du javelot 500g Master 55-59

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|



|    |                                     |    |              |        |        |
|----|-------------------------------------|----|--------------|--------|--------|
| 1  | LeBlanc, Heather                    | 61 | Unattached-N | 16.70m | 18.21m |
|    | 14.64m 18.09m FOUL FOUL FOUL 18.21m |    |              |        |        |
| -- | Ecklund, Deborah                    | 59 | Unattached   |        | X7.03m |
|    | 7.03m FOUL 6.97m 6.67m 6.33m 6.26m  |    |              |        |        |

Femme Weight Throw 7,26kg Master 55-59

| Nom | Annee Club                          | Seed            | Finales     |
|-----|-------------------------------------|-----------------|-------------|
| 1   | LeBlanc, Heather                    | 61 Unattached-N | 7.60m 7.29m |
|     | 7.29m FOUL FOUL 7.08m 7.08m FOUL    |                 |             |
| 2   | Perras, Suzie                       | 59 Drummondvill | 6.00m 6.25m |
|     | 5.77m 6.25m 6.04m FOUL FOUL 5.85m   |                 |             |
| --  | Ecklund, Deborah                    | 59 Unattached   | X4.70m      |
|     | 4.30m 4.10m 4.22m 4.64m 4.69m 4.70m |                 |             |

Femme 1500 Metres Marche Master 55-59

| Nom | Annee Club     | Seed            | Finales         |
|-----|----------------|-----------------|-----------------|
| 1   | Falcon, Line   | 64 Les Vainqueu | 8:29.10 8:38.86 |
| 2   | Slovitt, Nicky | 60 Ontario Race | 9:30.00 9:36.02 |

Femme 5000 Metres Marche Master 55-59

| Nom | Annee Club        | Seed            | Finales           |
|-----|-------------------|-----------------|-------------------|
| 1   | Falcon, Line      | 64 Les Vainqueu | 30:43.87 30:17.75 |
| 2   | Lachance, Monique | 62 Les Vainqueu | 32:54.56          |
| 3   | Slovitt, Nicky    | 60 Ontario Race | 32:30.00 33:14.41 |

Femme 100 Metres Sprint Master 60-64

| Nom | Annee Club    | Seed            | Finales     | Vent |
|-----|---------------|-----------------|-------------|------|
| 1   | Alexis, Wendy | 55 Ottawa Lions | 14.00 14.49 | -1.6 |

Femme 200 Metres Sprint Master 60-64

| Nom | Annee Club    | Seed            | Finales     | Vent |
|-----|---------------|-----------------|-------------|------|
| 1   | Alexis, Wendy | 55 Ottawa Lions | 29.50 29.66 | 0.5  |
| 2   | Welch, Jo     | 56 Unattached N | 36.60 36.26 | 0.5  |

Femme 800 Metres Demi-fond Master 60-64

| Nom | Annee Club       | Seed            | Finales         |
|-----|------------------|-----------------|-----------------|
| 1   | Northcott, Clara | 54 University o | 3:10.00 3:17.77 |

Femme 1500 Metres Demi-fond Master 60-64

| Nom | Annee Club       | Seed            | Finales         |
|-----|------------------|-----------------|-----------------|
| 1   | Hérard, Thérèse  | 57 Lanaudière-O | 5:48.63 6:02.87 |
| 2   | Northcott, Clara | 54 University o | 6:18.00 6:42.66 |

## Femme 5000 Metres Demi-fond Master 60-64

| Nom                                       | Annee Club             | Seed     | Finales         |           |
|-------------------------------------------|------------------------|----------|-----------------|-----------|
| <b>1 Waywell, Elizabeth</b>               | <b>58 Unattached -</b> | 20:00.00 | <b>20:46.29</b> | <b>MR</b> |
| (old MR 21:26.84 Myfanwy Louden GBR 1994) |                        |          |                 |           |
| 2 Hérard, Thérèse                         | 57 Lanaudière-O        | 21:11.63 | 21:44.20        |           |
| 3 Northcott, Clara                        | 54 University o        | 23:30.00 | 23:52.71        |           |

## Femme 10000 Metres Demi-fond Master 60-64

| Nom                                       | Annee Club             | Seed     | Finales         |           |
|-------------------------------------------|------------------------|----------|-----------------|-----------|
| <b>1 Waywell, Elizabeth</b>               | <b>58 Unattached -</b> | 42:00.00 | <b>42:36.18</b> | <b>MR</b> |
| (old MR 44 :31.00 Thérèse Hérard PQ 2017) |                        |          |                 |           |
| 2 Northcott, Clara                        | 54 University o        | 48:30.00 | 51:31.72        |           |

## Femme 80 Metres Haies 27po Master 60-64

| Nom         | Annee Club      | Seed | Finales | Vent |
|-------------|-----------------|------|---------|------|
| 1 Welch, Jo | 56 Unattached N |      | 22.99   | 0.6  |

## Femme 300 Metres Haies 27po Master 60-64

| Nom         | Annee Club      | Seed | Finales |
|-------------|-----------------|------|---------|
| 1 Welch, Jo | 56 Unattached N |      | 1:14.85 |

## Femme Lancer du poids 3kg Master 60-64

| Nom                                 | Annee Club      | Seed  | Finales |
|-------------------------------------|-----------------|-------|---------|
| 1 Jardine, Ellen                    | 56 Throwers Clu | 7.70m | 7.11m   |
| 6.61m 6.79m 7.02m 6.69m 6.92m 7.11m |                 |       |         |

## Femme Lancer du disque 1kg Master 60-64

| Nom                                   | Annee Club      | Seed   | Finales |
|---------------------------------------|-----------------|--------|---------|
| 1 Jardine, Ellen                      | 56 Throwers Clu | 20.48m | 19.12m  |
| 18.92m 19.12m 18.71m FOUL 18.60m FOUL |                 |        |         |

## Femme Lancer du marteau 3kg Master 60-64

| Nom                                     | Annee Club      | Seed   | Finales |
|-----------------------------------------|-----------------|--------|---------|
| 1 Jardine, Ellen                        | 56 Throwers Clu | 22.02m | 21.90m  |
| 20.56m 21.43m 21.90m FOUL 21.37m 20.89m |                 |        |         |
| 2 Welch, Jo                             | 56 Unattached N | 19.22m | 18.00m  |
| FOUL 15.98m FOUL 18.00m FOUL 16.80m     |                 |        |         |

## Femme Lancer du javelot 500g Master 60-64

| Nom                                       | Annee Club      | Seed   | Finales |
|-------------------------------------------|-----------------|--------|---------|
| 1 Dabrowski, Barbara                      | 57 Throwers Clu | 30.00m | 31.80m  |
| 31.80m 31.41m 29.58m 29.08m 30.60m 28.86m |                 |        |         |

2 Jardine, Ellen 56 Throwers Clu 15.19m 14.07m  
 13.82m 12.84m FOUL 14.07m 13.92m FOUL

Femme Weight Throw 5,45kg Master 60-64

| Nom              | Annee Club                          | Seed   | Finales |
|------------------|-------------------------------------|--------|---------|
| 1 Welch, Jo      | 56 Unattached N                     | 10.12m | 9.04m   |
|                  | 8.89m 7.95m 8.82m 9.04m 8.50m 9.04m |        |         |
| 2 Jardine, Ellen | 56 Throwers Clu                     | 9.09m  | 8.58m   |
|                  | 8.26m 8.58m 8.11m FOUL 8.37m 8.32m  |        |         |

Femme 1500 Metres Marche Master 60-64

| Nom             | Annee Club      | Seed | Finales |
|-----------------|-----------------|------|---------|
| 1 Begin, Nicole | 59 Les Vainqueu |      | 8:50.49 |

Femme 5000 Metres Marche Master 60-64

| Nom             | Annee Club      | Seed     | Finales  |
|-----------------|-----------------|----------|----------|
| 1 Begin, Nicole | 59 Les Vainqueu | 31:19.00 | 31:14.41 |

Femme 100 Metres Sprint Master 65-69

| Nom                 | Annee Club      | Seed  | Finales | Vent |
|---------------------|-----------------|-------|---------|------|
| 1 Del Grande, Karla | 53 Variety Vill | 14.40 | 14.39   | -1.6 |
| 2 Lee, Deborah      | 50 Greyhounds M | 17.75 | 18.82   | -1.6 |

Femme 200 Metres Sprint Master 65-69

| Nom                    | Annee Club      | Seed  | Finales | Vent |
|------------------------|-----------------|-------|---------|------|
| 1 Del Grande, Karla    | 53 Variety Vill | 29.11 | 29.49   | 0.5  |
| -- Rock-Pontius, Linda | 51 Unattached   | 39.75 | XDNS    | 0.5  |

Femme 400 Metres Sprint Master 65-69

| Nom                    | Annee Club      | Seed    | Finales  |
|------------------------|-----------------|---------|----------|
| 1 Del Grande, Karla    | 53 Variety Vill | 1:09.11 | 1:09.59  |
| -- Rock-Pontius, Linda | 51 Unattached   | 1:35.50 | X1:35.39 |

Femme 800 Metres Demi-fond Master 65-69

| Nom                    | Annee Club    | Seed    | Finales |
|------------------------|---------------|---------|---------|
| -- Rock-Pontius, Linda | 51 Unattached | 3:55.80 | XDNS    |

Femme 80 Metres Haies 27po Master 65-69

| Nom            | Annee Club      | Seed  | Finales | Vent |
|----------------|-----------------|-------|---------|------|
| 1 Lee, Deborah | 50 Greyhounds M | 18.00 | 18.74   | 0.6  |

Femme Saut en hauteur Master 65-69

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|

| Nom            | Annee Club      | Seed  | Finales |
|----------------|-----------------|-------|---------|
| 1 Lee, Deborah | 50 Greyhounds M | 1.10m | 1.10m   |
| 1.05 1.10 1.15 |                 |       |         |
| 0 XO XXX       |                 |       |         |

Femme Saut en longueur Master 65-69

| Nom                                                                   | Annee Club      | Seed  | Finales | Vent |
|-----------------------------------------------------------------------|-----------------|-------|---------|------|
| 1 Lee, Deborah                                                        | 50 Greyhounds M | 3.45m | 3.39m   | 0.9  |
| 3.20m(+0.0) 3.39m(0.9) 3.36m(0.1) 3.27m(+0.0) 3.21m(+0.0) 3.32m(+0.0) |                 |       |         |      |

Femme Triple Saut Master 65-69

| Nom                                                                   | Annee Club      | Seed  | Finales | Vent |
|-----------------------------------------------------------------------|-----------------|-------|---------|------|
| 1 Lee, Deborah                                                        | 50 Greyhounds M | 7.55m | 7.54m   | 0.1  |
| 7.54m(0.1) 7.49m(+0.0) FOUL(+0.0) 7.30m(+0.0) 7.34m(-1.8) 7.47m(-1.7) |                 |       |         |      |

Femme Lancer du poids 3kg Master 65-69

| Nom                                    | Annee Club             | Seed  | Finales          |
|----------------------------------------|------------------------|-------|------------------|
| <b>1 Garner, Doreen</b>                | <b>54 Throwers Clu</b> | 9.58m | <b>10.42m MR</b> |
| 9.96m 10.42m 9.37m 10.07m 9.29m 10.16m |                        |       |                  |
| (old MR 9.19 Joyce Thomas TRI 2012)    |                        |       |                  |
| 2 Hessel, Laura                        | 52 Unattached A        | 7.77m | 8.04m            |
| 7.81m 7.77m 8.04m FOUL FOUL 7.30m      |                        |       |                  |

Femme Lancer du disque 1kg Master 65-69

| Nom                                       | Annee Club             | Seed          | Finales          |
|-------------------------------------------|------------------------|---------------|------------------|
| <b>1 Garner, Doreen</b>                   | <b>54 Throwers Clu</b> | <b>27.77m</b> | <b>27.57m MR</b> |
| 23.96m 27.01m 25.46m 27.57m 25.08m 26.16m |                        |               |                  |
| (old MR 26.90 Bernice Holland USA 1994)   |                        |               |                  |
| 2 Hessel, Laura                           | 52 Unattached A        | 22.37m        | 22.69m           |
| 21.38m 21.33m 22.69m 20.54m 21.30m 20.30m |                        |               |                  |

Femme Lancer du marteau 3kg Master 65-69

| Nom                                     | Annee Club      | Seed   | Finales |
|-----------------------------------------|-----------------|--------|---------|
| 1 Hessel, Laura                         | 52 Unattached A | 25.23m | 23.54m  |
| 20.84m FOUL 19.11m 18.08m 20.28m 23.54m |                 |        |         |
| 2 Garner, Doreen                        | 54 Throwers Clu | 21.77m | 20.69m  |
| FOUL 20.47m 20.21m FOUL 20.69m 20.48m   |                 |        |         |

Femme Lancer du javelot 500g Master 65-69

| Nom                                      | Annee Club      | Seed   | Finales |
|------------------------------------------|-----------------|--------|---------|
| 1 Hessel, Laura                          | 52 Unattached A | 19.15m | 22.11m  |
| 14.77m 14.79m 19.54m 22.11m 1.83m 19.52m |                 |        |         |

## Femme Weight Throw 3kg Master 65-69

| Nom                     | Annee Club                                                                  | Seed  | Finales          |
|-------------------------|-----------------------------------------------------------------------------|-------|------------------|
| <b>1 Garner, Doreen</b> | <b>54 Throwers Clu</b>                                                      | 9.60m | <b>11.24m MR</b> |
|                         | 10.16m 10.20m 10.24m 10.84m 11.24m FOUL<br>(old MR 11.21 Rose Hare BC 2018) |       |                  |
| 2 Hessel, Laura         | 52 Unattached A                                                             | 9.68m | 9.35m            |
|                         | 9.35m FOUL 8.86m 8.75m FOUL FOUL                                            |       |                  |

## Femme 1500 Metres Marche Master 65-69

| Nom                   | Annee Club                                 | Seed    | Finales           |
|-----------------------|--------------------------------------------|---------|-------------------|
| <b>1 Kozell, Kris</b> | <b>52 Ontario Race</b>                     | 8:20.00 | <b>8:34.73 MR</b> |
|                       | (old MR 8 :48.0 Marianne Martino USA 2017) |         |                   |
| 2 Chiozza, Teresa     | 50 Ontario Race                            | 9:15.00 | 9:20.18           |

## Femme 5000 Metres Marche Master 65-69

| Nom                   | Annee Club                                    | Seed     | Finales            |
|-----------------------|-----------------------------------------------|----------|--------------------|
| <b>1 Kozell, Kris</b> | <b>52 Ontario Race</b>                        | 30:30.00 | <b>29:51.72 MR</b> |
|                       | (old MR 30 :27.17 June-Marie Provost ON 1999) |          |                    |
| 2 Chiozza, Teresa     | 50 Ontario Race                               | 32:00.00 | 32:51.0h           |

## Femme 100 Metres Sprint Master 70-74

| Nom               | Annee Club      | Seed     | Finales | Vent |
|-------------------|-----------------|----------|---------|------|
| 1 Allison, Sheila | 45 Greyhounds M | 20:22.00 | 20.82   | -1.6 |

## Femme 200 Metres Sprint Master 70-74

| Nom               | Annee Club      | Seed     | Finales | Vent |
|-------------------|-----------------|----------|---------|------|
| 1 Allison, Sheila | 45 Greyhounds M | 42:13.00 | 42.61   | 0.5  |
| -- Douglas, Avril | 46 Kajaks Track | 35.00    | DNS     | 0.5  |

## Femme 400 Metres Sprint Master 70-74

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| 1 Allison, Sheila | 45 Greyhounds M | 1:42.01 | 1:36.73 |
| -- Douglas, Avril | 46 Kajaks Track | 1:18.00 | DNS     |

## Femme 800 Metres Demi-fond Master 70-74

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| 1 Allison, Sheila | 45 Greyhounds M | 3:55.81 | 3:35.0h |

## Femme 1500 Metres Demi-fond Master 70-74

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| 1 Allison, Sheila | 45 Greyhounds M | 8:12.82 | 8:20.10 |

## Femme Saut en longueur Master 70-74

| Nom               | Annee Club                        | Seed  | Finales | Vent |
|-------------------|-----------------------------------|-------|---------|------|
| 1 Allison, Sheila | 45 Greyhounds M                   | 2.29m | 2.09m   | 0.5  |
| FOUL FOUL FOUL    | 1.43m(+0.0) 2.09m(0.5) 1.91m(0.5) |       |         |      |

Femme Triple Saut Master 70-74

| Nom                               | Annee Club      | Seed  | Finales | Vent |
|-----------------------------------|-----------------|-------|---------|------|
| 1 Allison, Sheila                 | 45 Greyhounds M | 5.55m | 5.69m   | 0.3  |
| 5.44m(1.0) 5.55m(+0.0) 5.69m(0.3) |                 |       |         |      |

Femme Lancer du poids 3kg Master 70-74

| Nom                                 | Annee Club      | Seed | Finales |
|-------------------------------------|-----------------|------|---------|
| 1 Closkey, Cheryl                   | 48 Unattached - |      | 7.20m   |
| 7.20m 7.14m 6.67m 7.18m 6.89m 7.00m |                 |      |         |

Femme Lancer du disque 1kg Master 70-74

| Nom                                 | Annee Club      | Seed | Finales |
|-------------------------------------|-----------------|------|---------|
| 1 Closkey, Cheryl                   | 48 Unattached - |      | 21.18m  |
| 20.00m FOUL FOUL FOUL 21.18m 20.45m |                 |      |         |

Femme Lancer du marteau 3kg Master 70-74

| Nom                               | Annee Club      | Seed | Finales |
|-----------------------------------|-----------------|------|---------|
| 1 Closkey, Cheryl                 | 48 Unattached - |      | 22.85m  |
| FOUL FOUL FOUL 21.79m 22.85m FOUL |                 |      |         |

Femme Lancer du javelot 500g Master 70-74

| Nom                                       | Annee Club      | Seed | Finales |
|-------------------------------------------|-----------------|------|---------|
| 1 Closkey, Cheryl                         | 48 Unattached - |      | 17.88m  |
| 15.94m 17.88m 15.24m 15.62m 17.01m 15.42m |                 |      |         |

Femme Weight Throw 5,45kg Master 70-74

| Nom                                 | Annee Club      | Seed | Finales |
|-------------------------------------|-----------------|------|---------|
| 1 Closkey, Cheryl                   | 48 Unattached - |      | 10.33m  |
| 9.50m 10.33m 9.35m 9.63m 9.99m FOUL |                 |      |         |

Homme 100 Metres Sprint Master 30-34

| Nom                 | Annee Club      | Seed  | Finales | Vent |
|---------------------|-----------------|-------|---------|------|
| 1 Westcott, Sheldon | 84 Unattached   |       | 13.23   | -0.3 |
| -- Liu, Box         | 88 University o | 13.11 | XDNS    | -0.3 |

Homme Saut en hauteur Master 30-34

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|

|   |                               |                 |       |       |
|---|-------------------------------|-----------------|-------|-------|
| 1 | Westcott, Sheldon             | 84 Unattached   | 1.75m | 1.75m |
|   | 1.50 1.60 1.65 1.70 1.75 1.80 |                 |       |       |
|   | O O O O O XX                  |                 |       |       |
| 2 | Nishida, Raphael              | 88 The Gazelles | 1.35m | 1.20m |
|   | 1.20 1.25                     |                 |       |       |
|   | O XX                          |                 |       |       |

Homme Lancer du poids 7,26kg Master 30-34

| Nom               | Annee Club                             | Seed | Finales |
|-------------------|----------------------------------------|------|---------|
| 1 Dumont, Mathieu | 87 C. A. Univer                        |      | 10.87m  |
|                   | 9.47m 10.87m 10.70m 10.22m 10.43m FOUL |      |         |

Homme Lancer du disque 2kg Master 30-34

| Nom               | Annee Club                                | Seed | Finales |
|-------------------|-------------------------------------------|------|---------|
| 1 Dumont, Mathieu | 87 C. A. Univer                           |      | 33.41m  |
|                   | 30.63m 32.02m 30.91m 33.41m 30.92m 28.99m |      |         |

Homme Lancer du marteau 7,26kg Master 30-34

| Nom                 | Annee Club                        | Seed   | Finales |
|---------------------|-----------------------------------|--------|---------|
| 1 Dumont, Mathieu   | 87 C. A. Univer                   |        | 37.84m  |
|                     | FOUL 37.23m 37.84m FOUL FOUL PASS |        |         |
| -- Nishida, Raphael | 88 The Gazelles                   | 11.40m | DNS     |

Homme 100 Metres Sprint Master 35-39

| Nom                 | Annee Club      | Seed  | Finales | Vent |
|---------------------|-----------------|-------|---------|------|
| 1 Primeau, David    | 83 A.T.P Athlét | 12.00 | 12.62   | -0.3 |
| 2 Lewis, John James | 79 West Island  |       | 14.84   | -0.3 |
| 3 Stewart, Jason    | 80 Halifax Ath  | 13.56 | 15.19   | -0.3 |
| -- Singh, Gurkamal  | 79 Unattached   | 12.00 | XDNS    | -0.3 |
| -- Ogata, Kensaku   | 81 McGill Olymp | 12.00 | X12.50  | -0.3 |

Homme 200 Metres Sprint Master 35-39

| Nom                 | Annee Club      | Seed  | Finales | Vent |
|---------------------|-----------------|-------|---------|------|
| 1 Primeau, David    | 83 A.T.P Athlét | 24.80 | 26.05   | -1.4 |
| 2 Vigneault, Kevin  | 81 Sherbrooke   | 25.79 | 26.21   | -1.4 |
| 3 Lewis, John James | 79 West Island  |       | 32.43   | -1.4 |

Homme 400 Metres Sprint Master 35-39

| Nom               | Annee Club      | Seed  | Finales |
|-------------------|-----------------|-------|---------|
| 1 Miller, Ainsley | 82 Unattached - | 54.00 | 54.90   |

Homme 800 Metres Demi-fond Master 35-39

| Nom             | Annee Club      | Seed    | Finales |
|-----------------|-----------------|---------|---------|
| 1 Jacek, Trevor | 81 Unattached-S | 2:13.04 | 2:08.82 |

Homme 1500 Metres Demi-fond Master 35-39

| Nom             | Annee Club      | Seed    | Finales |
|-----------------|-----------------|---------|---------|
| 1 Jacek, Trevor | 81 Unattached-S | 4:39.89 | 4:36.86 |

Homme 29&U 4x400 Metres Relais Master 35-39

| Club             | Seed | Finales |
|------------------|------|---------|
| 1 Unattached 'A' |      | 4:23.52 |

Homme Saut en longueur Master 35-39

| Nom               | Annee Club                 | Seed            | Finales | Vent |
|-------------------|----------------------------|-----------------|---------|------|
| -- Ogata, Kensaku | 81 McGill Olymp            | 5.70m           | X5.54m  | 2.3  |
|                   | 5.54m(2.3) 5.43m(0.3) PASS | 5.26m(2.0) PASS | PASS    |      |

Homme Lancer du disque 2kg Master 35-39

| Nom             | Annee Club                              | Seed   | Finales |
|-----------------|-----------------------------------------|--------|---------|
| 1 Dery, Patrick | 79 C. A. De Qué                         | 26.03m | 24.70m  |
|                 | 21.51m 23.59m 23.35m 24.70m FOUL 21.99m |        |         |

Homme 1500 Metres Marche Master 35-39

| Nom                     | Annee Club                        | Seed    | Finales        |           |
|-------------------------|-----------------------------------|---------|----------------|-----------|
| <b>1 Ruest, Jocelyn</b> | <b>80 Les Vainqueu</b>            | 6:40.00 | <b>6:43.78</b> | <b>MR</b> |
|                         | (old MR 7 :03.75 Jocelyn in 2016) |         |                |           |
| 2 Alexandre, Henry      | 79 Les Vainqueu                   |         | 7:08.35        |           |

Homme 5000 Metres Marche Master 35-39

| Nom                | Annee Club      | Seed     | Finales  |
|--------------------|-----------------|----------|----------|
| 1 Ruest, Jocelyn   | 80 Les Vainqueu | 24:03.00 | 24:21.81 |
| 2 Alexandre, Henry | 79 Les Vainqueu |          | 26:18.22 |

Homme 100 Metres Sprint Master 40-44

| Nom                 | Annee Club      | Seed  | Finales | Vent |
|---------------------|-----------------|-------|---------|------|
| 1 Langlois, Maxime  | 78 Pélicans De  | 11.94 | 12.85   | -1.9 |
| 2 Eniojukan, Sunday | 75 The Gazelles | 12.60 | 12.96   | -1.9 |
| 3 Meikle, Supa D.A. | 77 Jmac - Jamca | 13.01 | 13.26   | -1.9 |
| -- Bouloum, Yassine | 79 Halifax Ath  | 12.43 | X12.75  | -1.9 |

Homme 200 Metres Sprint Master 40-44

| Nom                  | Annee Club      | Seed  | Finales | Vent |
|----------------------|-----------------|-------|---------|------|
| 1 Eniojukan, Sunday  | 75 The Gazelles | 26.10 | 25.98   | -3.7 |
| 2 Langlois, Maxime   | 78 Pélicans De  | 24.75 | 26.25   | -3.7 |
| -- Muzard, Camilo    | 75 Club De Cour | 27.00 | DNS     | -3.7 |
| -- Meikle, Supa D.A. | 77 Jmac - Jamca | 27.11 | DNS     | -3.7 |
| -- Cholakis, Ernest  | 75 Winnipeg Opt |       | DNS     | -3.7 |



-- Bouloum, Yassine 79 Halifast Ath 24.91 X25.62 -3.7

Homme 400 Metres Sprint Master 40-44

| Nom                 | Annee Club      | Seed  | Finales |
|---------------------|-----------------|-------|---------|
| 1 Langlois, Maxime  | 78 Pélicans De  | 54.00 | 58.30   |
| 2 Perrault, Mathieu | 76 Sherbrooke   | 59.00 | 59.87   |
| 3 Muzard, Camilo    | 75 Club De Cour | 58.00 | 1:01.57 |
| -- Cholakis, Ernest | 75 Winnipeg Opt |       | DNS     |

Homme 800 Metres Demi-fond Master 40-44

| Nom                     | Annee Club      | Seed    | Finales |
|-------------------------|-----------------|---------|---------|
| 1 Mirco, Sheldon        | 76 Unattached - | 2:05.00 | 2:06.68 |
| 2 Muzard, Camilo        | 75 Club De Cour | 2:24.00 | 2:30.78 |
| -- Mohamed Ragab, Ragab | 79 Unattached   | 1:59.00 | XDNS    |

Homme 1500 Metres Demi-fond Master 40-44

| Nom             | Annee Club      | Seed    | Finales |
|-----------------|-----------------|---------|---------|
| 1 Gobeil, David | 76 Lanaudière-O | 4:15.00 | 4:25.65 |
| -- Nisbet, Marc | 75 Corsaire-Cha | 4:36.00 | DNS     |

Homme 5000 Metres Demi-fond Master 40-44

| Nom                | Annee Club      | Seed     | Finales  |
|--------------------|-----------------|----------|----------|
| 1 Nisbet, Marc     | 75 Corsaire-Cha | 17:30.00 | 17:29.11 |
| 2 Ryabkov, Nikolay | 79 Unattached-N | 18:00.00 | 19:22.42 |

Homme 40-44 4x100 Metres Relais Master 40-44

| Club                                 | Seed | Finales |
|--------------------------------------|------|---------|
| 1 Jmac - Jamcan International At 'A' |      | 58.46   |

Homme Saut en hauteur Master 40-44

| Nom                      | Annee Club      | Seed  | Finales |
|--------------------------|-----------------|-------|---------|
| 1 Sara, Zoltan           | 75 Brockville L | 1.85m | 1.75m   |
| 1.50 1.60 1.70 1.75 1.80 |                 |       |         |
| 0 0 0 0 XXX              |                 |       |         |

Homme Triple Saut Master 40-44

| Nom                                                           | Annee Club      | Seed   | Finales | Vent |
|---------------------------------------------------------------|-----------------|--------|---------|------|
| 1 Younker, Jonathan                                           | 75 Unattached - | 12.00m | 12.41m  | +0.0 |
| 12.15m(1.5) 12.41m(+0.0) FOUL(1.2) FOUL(0.1) 11.89m(0.7) PASS |                 |        |         |      |

Homme Lancer du disque 2kg Master 40-44

| Nom                | Annee Club     | Seed | Finales |
|--------------------|----------------|------|---------|
| 1 Przadka, Ludovic | 74 Indépendant |      | 25.55m  |

23.81m FOUL 23.75m FOUL 25.55m FOUL

Homme Lancer du marteau 7,26kg Master 40-44

| Nom                | Annee Club                              | Seed | Finales |
|--------------------|-----------------------------------------|------|---------|
| 1 Przadka, Ludovic | 74 Indépendant                          |      | 22.47m  |
|                    | 20.38m FOUL 19.23m 21.66m 20.46m 22.47m |      |         |

Homme 100 Metres Sprint Master 45-49

| Nom                  | Annee Club      | Seed     | Finales | Vent |
|----------------------|-----------------|----------|---------|------|
| 1 Courteau, Michel   | 74 Saint-Lauren | 12.00    | 12.04   | -3.3 |
| 2 Foubert, Jason     | 70 Unattached - | 12.00    | 12.44   | -3.3 |
| 3 Dimnaku, Gezim     | 72 Indépendant  | 12:06.00 | 12.47   | -3.3 |
| 4 Mason, Alex-Bobbie | 72 University o | 13:10.00 | 12.49   | -3.3 |
| 5 Dery, Martin       | 70 C. A. De Qué | 13.50    | 13.90   | -3.3 |
| 6 Penney, Neil       | 70 Unattached N |          | 14.01   | -3.3 |
| 7 Salazar, Mauricio  | 69 Lanaudière-O |          | 14.08   | -3.3 |
| -- Samuel, Dale      | 71 Jmac - Jamca | 13.01    | DNS     | -3.3 |
| -- Farr, Kevin       | 70 U Windsor At | 12.48    | DNS     | -3.3 |

Homme 200 Metres Sprint Master 45-49

| Nom                  | Annee Club      | Seed     | Finales | Vent |
|----------------------|-----------------|----------|---------|------|
| 1 Courteau, Michel   | 74 Saint-Lauren | 24.00    | 24.02   | -1.8 |
| 2 Williams, Lawrence | 70 Ottawa Lions | 24.60    | 24.86   | -1.8 |
| 3 Mason, Alex-Bobbie | 72 University o | 26:00.00 | 25.25   | -1.8 |
| 4 Renaud, Pascal     | 72 C. A. Univer | 24.46    | 25.99   | -1.8 |
| 5 Salazar, Mauricio  | 69 Lanaudière-O |          | 33.51   | -1.8 |
| -- Farr, Kevin       | 70 U Windsor At | 25.55    | DNS     | -1.8 |
| -- Samuel, Dale      | 71 Jmac - Jamca | 26.61    | DNS     | -1.8 |
| -- Dimnaku, Gezim    | 72 Indépendant  | 25:36.00 | DNS     | -1.8 |

Homme 400 Metres Sprint Master 45-49

| Nom                   | Annee Club      | Seed     | Finales |
|-----------------------|-----------------|----------|---------|
| 1 Doucet, Patrice     | 72 Milpat Club  | 52.92    | 55.11   |
| 2 Mason, Alex-Bobbie  | 72 University o | 02:00.00 | 59.16   |
| -- Williams, Lawrence | 70 Ottawa Lions | 54.90    | DNS     |
| -- Farr, Kevin        | 70 U Windsor At | 56.11    | DNS     |

Homme 800 Metres Demi-fond Master 45-49

| Nom                 | Annee Club      | Seed    | Finales |
|---------------------|-----------------|---------|---------|
| 1 Doucet, Patrice   | 72 Milpat Club  | 2:00.46 | 2:04.02 |
| 2 Leef, Ryan        | 73 Athletics YU | 2:18.00 | 2:18.50 |
| 3 Koppel, Aivar     | 69 Unattached   | 2:22.86 | 2:19.27 |
| 4 Vincent, Francois | 73 Saint-Jean O | 2:12.00 | 2:26.89 |

Homme 1500 Metres Demi-fond Master 45-49

| Nom             | Annee Club    | Seed    | Finales |
|-----------------|---------------|---------|---------|
| 1 Koppel, Aivar | 69 Unattached | 4:50.79 | 4:54.71 |

|                     |                 |         |         |
|---------------------|-----------------|---------|---------|
| 2 Vincent, Francois | 73 Saint-Jean O | 4:49.51 | 5:08.63 |
| -- Doucet, Patrice  | 72 Milpat Club  | 4:17.56 | DNS     |

Homme 5000 Metres Demi-fond Master 45-49

| Nom                   | Annee Club      | Seed     | Finales  |
|-----------------------|-----------------|----------|----------|
| 1 Gilbert, Claude     | 70 Coureur Nord |          | 16:29.05 |
| 2 Strowbridge, Dean   | 71 Saint John T | 16:59.00 | 16:53.91 |
| 3 Leef, Ryan          | 73 Athletics YU | 18:00.00 | 17:56.83 |
| -- Lopez-Bravo, Pedro | 70 Newmarket Hu | 17:25.00 | DNS      |

Homme 10000 Metres Demi-fond Master 45-49

| Nom                     | Annee Club      | Seed     | Finales  |
|-------------------------|-----------------|----------|----------|
| 1 Leef, Ryan            | 73 Athletics YU | 39:00.00 | 39:28.51 |
| -- Thériault, Jean-Marc | 73 Lanaudière-O | 33:59.00 | DNS      |

Homme 110 Metres Haies 39po Master 45-49

| Nom              | Annee Club     | Seed     | Finales | Vent |
|------------------|----------------|----------|---------|------|
| 1 Dimnaku, Gezim | 72 Indépendant | 17:21.00 | 18.13   | 0.1  |

Homme 400 Metres Haies 36po Master 45-49

| Nom                    | Annee Club   | Seed    | Finales |
|------------------------|--------------|---------|---------|
| -- Benazout, Abdelkrim | 72 Enduromax | 1:02.00 | DNS     |

Homme 3000 Metres Steeplechase 36po Master 45-49

| Nom              | Annee Club      | Seed     | Finales  |
|------------------|-----------------|----------|----------|
| 1 Renaud, Pascal | 72 C. A. Univer | 11:40.00 | 11:28.66 |

Homme 95-99 4x100 Metres Relais Master 45-49

| Club          | Seed | Finales |
|---------------|------|---------|
| -- Master 'A' |      | DNS     |

Homme Saut en hauteur Master 45-49

| Nom              | Annee Club      | Seed  | Finales                                      |
|------------------|-----------------|-------|----------------------------------------------|
| 1 Dimnaku, Gezim | 72 Indépendant  | 1.75m | 1.56m                                        |
|                  |                 |       | 1.50 1.55 1.56 1.58 1.60                     |
|                  |                 |       | O O O X XXX                                  |
| 2 Penney, Neil   | 70 Unattached N |       | 1.55m                                        |
|                  |                 |       | 1.30 1.35 1.40 1.45 1.50 1.55 1.56 1.58 1.60 |
|                  |                 |       | O O O P O O X X XXX                          |
| 3 Pontes, Jack   | 71 Jmac - Jamca | 1.04m | 1.35m                                        |
|                  |                 |       | 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 |
|                  |                 |       | O O O O O O O XXO XXX                        |

Homme Saut en longueur Master 45-49

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| Nom                   | Annee Club                                              | Seed        | Finales | Vent |
|-----------------------|---------------------------------------------------------|-------------|---------|------|
| 1 Dimnaku, Gezim      | 72 Indépendant                                          | 6.06m       | 5.64m   | 1.2  |
|                       | 5.07m(0.3) 5.35m(1.3) 5.46m(2.5) 5.47m(1.5) 5.44m(+0.0) | 5.64m(1.2)  |         |      |
| 2 Swirsky, Brian      | 73 Lachine                                              | 4.65m       | 4.81m   | +0.0 |
|                       | 4.55m(1.6) 4.39m(1.1) 4.43m(+0.0) 4.55m(0.2) 4.36m(0.1) | 4.81m(+0.0) |         |      |
| 3 Pontes, Jack        | 71 Jmac - Jamca                                         | 5.00m       | 4.74m   | 0.6  |
|                       | FOUL 4.74m(0.6) FOUL 4.73m(+0.0) FOUL PASS              |             |         |      |
| -- Mason, Alex-Bobbie | 72 University o                                         | 4.90m       | FOUL    |      |
|                       | FOUL PASS FOUL FOUL PASS PASS                           |             |         |      |

#### Homme Triple Saut Master 45-49

| Nom              | Annee Club                                                | Seed        | Finales | Vent |
|------------------|-----------------------------------------------------------|-------------|---------|------|
| 1 Dimnaku, Gezim | 72 Indépendant                                            | 12.54m      | 12.16m  | 2.3  |
|                  | 11.63m(1.5) 12.13m(0.3) 12.15m(1.0) 12.16m(2.3)           | PASS        | PASS    |      |
| 2 Pontes, Jack   | 71 Jmac - Jamca                                           | 10.50m      | 10.68m  | 1.4  |
|                  | 10.37m(2.3) 9.15m(+0.0) FOUL(1.3) FOUL(1.1) 10.68m(1.4)   | FOUL(2.2)   |         |      |
| 3 Swirsky, Brian | 73 Lachine                                                | 9.93m       | 10.13m  | 2.4  |
|                  | 9.57m(+0.0) 9.75m(+0.0) 9.87m(0.8) 9.80m(1.3) 10.03m(0.3) | 10.13m(2.4) |         |      |

#### Homme Lancer du poids 7,26kg Master 45-49

| Nom                  | Annee Club                          | Seed  | Finales |
|----------------------|-------------------------------------|-------|---------|
| 1 Mason, Alex-Bobbie | 72 University o                     | 7.10m | 6.95m   |
|                      | 4.75m 6.95m 6.41m 6.59m 6.94m 6.05m |       |         |

#### Homme Lancer du disque 2kg Master 45-49

| Nom                 | Annee Club                          | Seed   | Finales |
|---------------------|-------------------------------------|--------|---------|
| 1 Rangel, Alejandro | 70 Lachine                          | 30.00m | 27.56m  |
|                     | FOUL 26.02m FOUL 27.56m 27.43m FOUL |        |         |

#### Homme Lancer du marteau 7,26kg Master 45-49

| Nom                      | Annee Club                              | Seed   | Finales |
|--------------------------|-----------------------------------------|--------|---------|
| 1 Gélinas, Jean-François | 71 Vainqueurs P                         | 28.64m | 25.92m  |
|                          | 25.92m 24.74m 24.64m 23.91m FOUL 24.60m |        |         |

#### Homme Lancer du javelot 800g Master 45-49

| Nom                  | Annee Club                            | Seed   | Finales |
|----------------------|---------------------------------------|--------|---------|
| 1 Rangel, Alejandro  | 70 Lachine                            | 42.00m | 35.23m  |
|                      | 34.11m 33.63m 35.23m 33.80m FOUL FOUL |        |         |
| 2 Mason, Alex-Bobbie | 72 University o                       | 20.00m | 24.50m  |
|                      | 18.66m 18.60m 20.90m PASS 24.50m FOUL |        |         |

#### Homme Weight Throw 15,88kg Master 45-49

| Nom            | Annee Club                       | Seed  | Finales |
|----------------|----------------------------------|-------|---------|
| 1 Pontes, Jack | 71 Jmac - Jamca                  | 8.00m | 5.87m   |
|                | FOUL 4.05m FOUL FOUL 5.65m 5.87m |       |         |

Homme 1500 Metres Marche Master 45-49

| Nom               | Annee Club    | Seed    | Finales  |
|-------------------|---------------|---------|----------|
| -- Swaieh, Meftah | 72 Unattached | 7:30.45 | X6:44.08 |

Homme 100 Metres Sprint Master 50-54

| Nom                      | Annee Club      | Seed     | Finales | Vent |
|--------------------------|-----------------|----------|---------|------|
| 1 Warburton, Christopher | 65 Variety Vill | 11.67    | 12.13   | -2.3 |
| 2 Kangni, Jerry          | 68 Perfmax-Raci | 12.57    | 12.36   | -2.3 |
| 3 Williams, David        | 66 Etobicoke Tr | 12.30    | 12.66   | -2.3 |
| 4 Lazare, Pierre         | 68 Perfmax-Raci | 13.00    | 15.25   | -2.3 |
| 5 Léger, Sylvain         | 65 Saint-Lauren |          | 19.73   | -2.3 |
| -- Tavitian, Zaven       | 66 Perfmax-Raci | 12:07.00 | DNS     | -2.3 |
| -- Warren, Mark          | 67 Unattached   | 12.50    | X15.09  | -2.3 |

Homme 200 Metres Sprint Master 50-54

| Nom                      | Annee Club      | Seed  | Finales | Vent |
|--------------------------|-----------------|-------|---------|------|
| 1 Warburton, Christopher | 65 Variety Vill | 23.79 | 24.94   | -2.5 |
| 2 Lawson, Peter          | 68 LIIT         | 25.10 | 25.45   | -2.5 |
| 3 Kangni, Jerry          | 68 Perfmax-Raci | 26.00 | 25.74   | -2.5 |
| 4 Ollivier, Philippe     | 67 Saint-Lauren |       | 26.32   | -2.5 |
| -- Léger, Sylvain        | 65 Saint-Lauren |       | DNS     | -2.5 |
| -- El-Hajj, Ziad         | 65 Enduromax    | 31.00 | DNS     | -2.5 |
| -- Warren, Mark          | 67 Unattached   | 25.50 | XDNS    | -2.5 |

Homme 400 Metres Sprint Master 50-54

| Nom               | Annee Club      | Seed  | Finales |
|-------------------|-----------------|-------|---------|
| 1 Lawson, Peter   | 68 LIIT         | 54.50 | 55.13   |
| 2 Graenert, Mirco | 69 Newmarket Hu | 55.70 | 56.71   |
| 3 El-Hajj, Ziad   | 65 Enduromax    | 1.07  | 1:05.21 |

Homme 800 Metres Demi-fond Master 50-54

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| 1 Graenert, Mirco | 69 Newmarket Hu | 2:08.70 | 2:09.86 |
| 2 Hogue, Benoit   | 65 Corsaire-Cha | 2:19.24 | 2:19.92 |
| 3 El-Hajj, Ziad   | 65 Enduromax    | 2.40    | 2:25.98 |

Homme 1500 Metres Demi-fond Master 50-54

| Nom                | Annee Club      | Seed    | Finales |
|--------------------|-----------------|---------|---------|
| 1 Amrhar, Mustapha | 68 Enduromax    | 4:28.20 | 4:29.17 |
| 2 Gagné, Stéphane  | 67 Coureur Nord | 4:35.26 | 4:29.96 |
| 3 Boileau, Martin  | 64 Corsaire-Cha | 4:36.00 | 4:32.70 |
| 4 Poirier, Richard | 68 Indépendant  | 4:35.00 | 4:40.23 |
| 5 Hogue, Benoit    | 65 Corsaire-Cha | 4:40.24 | 4:40.93 |
| 6 Boulay, Pierre   | 67 Indépendant  |         | 4:48.14 |
| 7 Madsen, Chris    | 68 University o | 5:31.00 | 5:47.53 |
| -- El-Hajj, Ziad   | 65 Enduromax    | 5:50.00 | DNS     |

Homme 5000 Metres Demi-fond Master 50-54

| Nom                 | Annee Club      | Seed     | Finales  |
|---------------------|-----------------|----------|----------|
| 1 Gagné, Stéphane   | 67 Coureur Nord | 17:08.89 | 16:56.76 |
| 2 Shields, Kevin    | 65 Unattached   | 17:45.00 | 17:40.22 |
| 3 Poirier, Richard  | 68 Indépendant  | 17:50.00 | 17:44.88 |
| 4 Ferguson, Michael | 64 Unattached - | 19:25.00 | 20:11.52 |
| 5 Madsen, Chris     | 68 University o | 21:05.00 | 23:21.44 |
| -- Boulay, Pierre   | 67 Indépendant  | 17:30.00 | DNS      |
| -- Boileau, Martin  | 64 Corsaire-Cha | 17:30.00 | DNS      |

Homme 10000 Metres Demi-fond Master 50-54

| Nom                  | Annee Club      | Seed     | Finales  |
|----------------------|-----------------|----------|----------|
| 1 Cusson, Michel     | 67 Fleur De Lys | 36:28.00 | 36:21.25 |
| 2 Boulay, Pierre     | 67 Indépendant  | 36:30.00 | 37:02.67 |
| -- Guertin, Stéphane | 66 Indépendant  | 40:00.00 | DNS      |

Homme 100 Metres Haies 36po Master 50-54

| Nom                  | Annee Club      | Seed  | Finales | Vent |
|----------------------|-----------------|-------|---------|------|
| 1 Le Mouël, Yannick  | 67 Saint-Jean O | 15.80 | 15.33   | 0.3  |
| 2 Ollivier, Philippe | 67 Saint-Lauren | 19.00 | 16.64   | 0.3  |
| 3 Folkes, Shawn      | 68 Jmac - Jamca | 18.10 | 20.56   | 0.3  |

Homme 400 Metres Haies 33po Master 50-54

| Nom                  | Annee Club      | Seed    | Finales |
|----------------------|-----------------|---------|---------|
| 1 Ollivier, Philippe | 67 Saint-Lauren | 1:07.00 | 1:06.40 |
| 2 Folkes, Shawn      | 68 Jmac - Jamca | 1:18.55 | 1:15.69 |

Homme 3000 Metres Steeplechase 36po Master 50-54

| Nom              | Annee Club     | Seed | Finales  |
|------------------|----------------|------|----------|
| 1 Boulay, Pierre | 67 Indépendant |      | 11:47.17 |

Homme 29&U 4x400 Metres Relais Master 50-54

| Club                                                      | Seed | Finales    |
|-----------------------------------------------------------|------|------------|
| 1 Jmac - Jamcan International At 'A'<br>Philippe Ollivier |      | 4:24.39 4) |

Homme Saut en hauteur Master 50-54

| Nom                                                      | Annee Club      | Seed  | Finales |
|----------------------------------------------------------|-----------------|-------|---------|
| 1 Folkes, Shawn<br>1.50 1.55 1.60<br>XO XO XXX           | 68 Jmac - Jamca | 1.60m | 1.55m   |
| 2 Ollivier, Philippe<br>1.35 1.40 1.45 1.50<br>O O O XXX | 67 Saint-Lauren | 1.58m | 1.45m   |
| 3 Gautier, Paul                                          | 64 Saint John T | 1.35m | 1.35m   |

1.10 1.15 1.20 1.25 1.30 1.35  
 O P O P P XO

Homme Saut a la perche Master 50-54

| Nom                  | Annee Club               | Seed | Finales |
|----------------------|--------------------------|------|---------|
| 1 Ollivier, Philippe | 67 Saint-Lauren          |      | 2.80m   |
|                      | 2.35 2.50 2.65 2.80 2.95 |      |         |
|                      | XO O O O XXX             |      |         |

Homme Saut en longueur Master 50-54

| Nom                  | Annee Club                                                            | Seed  | Finales | Vent |
|----------------------|-----------------------------------------------------------------------|-------|---------|------|
| 2 Ollivier, Philippe | 67 Saint-Lauren                                                       | 4.86m | 4.88m   | 2.2  |
|                      | 4.88m(2.2) 4.44m(0.1) 4.49m(2.2) PASS PASS                            | PASS  |         |      |
| 3 Gautier, Paul      | 64 Saint John T                                                       | 4.50m | 3.88m   | +0.0 |
|                      | 3.88m(+0.0) 3.73m(1.3) PASS PASS PASS                                 | PASS  |         |      |
| 1 Warren, Mark       | 67 Unattached                                                         | 5.20m | X5.05m  | +0.0 |
|                      | 4.98m(0.5) 4.86m(0.8) 4.89m(+0.0) 5.05m(+0.0) 5.05m(-0.4) 4.63m(+0.0) |       |         |      |

Homme Triple Saut Master 50-54

| Nom             | Annee Club                                                       | Seed  | Finales | Vent |
|-----------------|------------------------------------------------------------------|-------|---------|------|
| 1 Gautier, Paul | 64 Saint John T                                                  | 9.00m | 9.90m   | 1.5  |
|                 | 8.47m(1.0) 9.90m(1.5) PASS 9.08m(1.3) PASS                       | PASS  |         |      |
| 2 Warren, Mark  | 67 Unattached                                                    | 9.95m | X9.71m  | 1.6  |
|                 | 9.44m(2.1) 9.27m(1.3) 9.30m(2.1) 9.71m(1.6) FOUL(0.1) 9.58m(1.6) |       |         |      |

Homme Lancer du poids 6kg Master 50-54

| Nom                     | Annee Club                                | Seed   | Finales |
|-------------------------|-------------------------------------------|--------|---------|
| 1 Gautier, Paul         | 64 Saint John T                           | 13.34m | 12.94m  |
|                         | 12.25m 12.44m 12.34m 12.51m 12.94m 12.19m |        |         |
| 2 Nzambe-Busugu, Landry | 67 Kilomaitres                            |        | 12.40m  |
|                         | 11.70m 11.65m 11.99m 11.55m 12.40m 12.17m |        |         |
| 3 Folkes, Shawn         | 68 Jmac - Jamca                           | 10.50m | 10.26m  |
|                         | 9.81m 9.31m FOUL FOUL 9.01m 10.26m        |        |         |
| 4 Boily, Jean           | 65 Vainqueurs P                           |        | 9.78m   |
|                         | FOUL 9.23m 9.07m 9.78m 9.37m 9.47m        |        |         |
| 5 McNaughton, Desmond   | 68 Jmac - Jamca                           | 9.89m  | 8.44m   |
|                         | FOUL 8.44m FOUL 7.26m 8.33m FOUL          |        |         |

Homme Lancer du disque 1,5kg Master 50-54

| Nom                     | Annee Club                                | Seed   | Finales |
|-------------------------|-------------------------------------------|--------|---------|
| 1 Forshaw, Eric         | 68 Unattached -                           | 45.00m | 48.72m  |
|                         | 46.38m 46.51m FOUL 48.72m 46.25m 46.37m   |        |         |
| 2 Gautier, Paul         | 64 Saint John T                           | 40.00m | 40.01m  |
|                         | 35.19m 37.66m 40.01m 36.70m 39.80m 38.46m |        |         |
| 3 Nzambe-Busugu, Landry | 67 Kilomaitres                            |        | 37.16m  |
|                         | 35.32m 37.16m 34.67m 36.75m 35.26m 34.83m |        |         |
| 4 Boily, Jean           | 65 Vainqueurs P                           |        | 32.94m  |
|                         | 32.94m FOUL 31.75m FOUL FOUL FOUL         |        |         |
| 5 Burggraf, Scott       | 68 Kingston Tra                           | 28.70m | 29.66m  |

26.38m 27.51m 26.32m 29.66m 29.58m FOUL  
 -- Ollivier, Philippe 67 Saint-Lauren 25.00m DNS

Homme Lancer du marteau 6kg Master 50-54

| Nom                     | Annee Club                                | Seed   | Finales |
|-------------------------|-------------------------------------------|--------|---------|
| 1 Gautier, Paul         | 64 Saint John T                           | 38.00m | 41.75m  |
|                         | 35.23m 39.95m 40.44m 41.75m 38.64m 40.96m |        |         |
| 2 Nzambe-Busugu, Landry | 67 Kilomaitres                            |        | 28.51m  |
|                         | FOUL 28.24m 28.51m PASS PASS PASS         |        |         |
| 3 Delyea, Tim           | 64 Throwers Clu                           | 19.00m | 19.79m  |
|                         | 18.29m 18.84m 19.79m 18.60m 19.13m 18.40m |        |         |

Homme Lancer du javelot 700g Master 50-54

| Nom               | Annee Club                                | Seed   | Finales |
|-------------------|-------------------------------------------|--------|---------|
| 1 Burggraf, Scott | 68 Kingston Tra                           | 33.50m | 39.27m  |
|                   | 31.40m 29.56m 30.79m FOUL 28.85m 39.27m   |        |         |
| 2 Gautier, Paul   | 64 Saint John T                           | 38.00m | 37.68m  |
|                   | 36.49m 37.68m 35.19m 35.88m 37.43m 36.13m |        |         |
| 3 Folkes, Shawn   | 68 Jmac - Jamca                           | 30.44m | 30.68m  |
|                   | FOUL FOUL 20.96m 28.68m 30.68m FOUL       |        |         |

Homme Weight Throw 11,34kg Master 50-54

| Nom             | Annee Club                              | Seed   | Finales |
|-----------------|-----------------------------------------|--------|---------|
| 1 Gautier, Paul | 64 Saint John T                         | 14.50m | 15.01m  |
|                 | 14.04m 14.77m 13.56m 14.52m 15.01m FOUL |        |         |
| 2 Folkes, Shawn | 68 Jmac - Jamca                         | 20.05m | 7.56m   |
|                 | FOUL 7.56m FOUL 6.72m FOUL FOUL         |        |         |
| 3 Delyea, Tim   | 64 Throwers Clu                         | 8.05m  | 7.51m   |
|                 | 6.57m 7.51m FOUL FOUL FOUL FOUL         |        |         |

Homme 100 Metres Sprint Master 55-59

| Nom                 | Annee Club      | Seed  | Finales | Vent |
|---------------------|-----------------|-------|---------|------|
| 1 St-Louis, Jean    | 63 Indépendant  |       | 15.08   | -2.3 |
| vent: -2.3          |                 |       |         |      |
| 2 Rouillard, Luc    | 64 Sherbrooke   | 14.74 | 15.36   | -2.3 |
| vent : -3.3         |                 |       |         |      |
| -- Faucher, Serge   | 64 Ottawa Lions | 12.45 | DNS     | -2.3 |
| -- Baptiste, Joseph | 60 Jmac - Jamca | 13.80 | DNS     | -2.3 |

Homme 200 Metres Sprint Master 55-59

| Nom                | Annee Club      | Seed  | Finales | Vent |
|--------------------|-----------------|-------|---------|------|
| 1 Rosvall, Bruce   | 63 Fast Tracks  | 26.00 | 26.76   | 1.5  |
| 2 Pinckard, Mark   | 60 Ocean Athlet | 27.05 | 27.64   | 1.5  |
| 3 Baptiste, Joseph | 60 Jmac - Jamca | 28.80 | 28.30   | 1.5  |
| 4 Garratt, Rodney  | 63 Unattached   | 29.69 | 29.47   | 1.5  |
| -- Faucher, Serge  | 64 Ottawa Lions | 25.39 | DNS     | 1.5  |
| -- St-Louis, Jean  | 63 Indépendant  |       | DNS     | 1.5  |

Homme 400 Metres Sprint Master 55-59



| Nom                   | Annee Club      | Seed    | Finales  |
|-----------------------|-----------------|---------|----------|
| 1 Rosvall, Bruce      | 63 Fast Tracks  | 1:01.17 | 57.23    |
| 2 Pinckard, Mark      | 60 Ocean Athlet | 59.46   | 59.70    |
| 3 Garratt, Rodney     | 63 Unattached   | 1:04.00 | 1:03.06  |
| 4 Zahirovich, Mooshie | 64 Indépendant  | 1:05.00 | 1:08.36  |
| -- Faucher, Serge     | 64 Ottawa Lions | 56.14   | DNS      |
| -- Drueckhammer, Dale | 61 Unattached   | 1:02.95 | X1:05.78 |

Homme 800 Metres Demi-fond Master 55-59

| Nom                   | Annee Club      | Seed    | Finales  |
|-----------------------|-----------------|---------|----------|
| 1 Pinckard, Mark      | 60 Ocean Athlet | 2:11.29 | 2:11.19  |
| 2 Rosvall, Bruce      | 63 Fast Tracks  | 2:16.27 | 2:15.17  |
| 3 Garratt, Rodney     | 63 Unattached   | 2:30.00 | 2:27.89  |
| 4 Flett, Gordon       | 60 Roadkill Run | 2:51.98 | 2:53.62  |
| -- Osland, Paul       | 64 University o | 2:08.20 | DNS      |
| -- Drueckhammer, Dale | 61 Unattached   | 2:28.68 | X2:40.81 |

Homme 1500 Metres Demi-fond Master 55-59

| Nom             | Annee Club      | Seed    | Finales |
|-----------------|-----------------|---------|---------|
| 1 Forner, Lino  | 60 Unattached   | 5:19.00 | 5:48.31 |
| 2 Flett, Gordon | 60 Roadkill Run | 5:45.84 | 5:57.78 |
| -- Osland, Paul | 64 University o | 4:27.00 | DNS     |

Homme 5000 Metres Demi-fond Master 55-59

| Nom                     | Annee Club      | Seed     | Finales  |
|-------------------------|-----------------|----------|----------|
| 1 Desjardins, Rhéal     | 60 Indépendant  | 16:50.00 | 17:56.25 |
| 2 Roy, Alain            | 59 Les Vikings  | 19:14.07 | 19:01.18 |
| -- Dugas, Jean-Francois | 63 Les Vainqueu |          | DNS      |
| -- Fortier, Louis       | 63 Sherbrooke   |          | DNS      |

Homme 10000 Metres Demi-fond Master 55-59

| Nom                 | Annee Club     | Seed     | Finales  |
|---------------------|----------------|----------|----------|
| 1 Desjardins, Rhéal | 60 Indépendant | 36:49.00 | 38:18.30 |

Homme 100 Metres Haies 36po Master 55-59

| Nom                   | Annee Club     | Seed | Finales | Vent |
|-----------------------|----------------|------|---------|------|
| 1 Zahirovich, Mooshie | 64 Indépendant |      | 24.61   | 0.3  |

Homme 400 Metres Haies 33po Master 55-59

| Nom                   | Annee Club     | Seed | Finales |
|-----------------------|----------------|------|---------|
| 1 Zahirovich, Mooshie | 64 Indépendant |      | 1:18.64 |

Homme 3000 Metres Steeplechase 36po Master 55-59

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|

|                 |                 |          |          |
|-----------------|-----------------|----------|----------|
| 1 Flett, Gordon | 60 Roadkill Run | 13:44.87 | 14:13.13 |
|-----------------|-----------------|----------|----------|

Homme Saut en hauteur Master 55-59

| Nom              | Annee Club               | Seed  | Finales |
|------------------|--------------------------|-------|---------|
| 1 Duperron, Yves | 62 Vainqueurs P          | 1.60m | 1.55m   |
|                  | 1.40 1.45 1.50 1.55 1.60 |       |         |
|                  | 0 0 XO 0 XXX             |       |         |

Homme Saut en longueur Master 55-59

| Nom                   | Annee Club                                                          | Seed  | Finales | Vent |
|-----------------------|---------------------------------------------------------------------|-------|---------|------|
| 1 McWhinney, Dennis   | 62 Unattached -                                                     | 5.05m | 5.21m   | 0.7  |
|                       | 5.09m(1.1) 5.21m(0.7) 5.20m(+0.0) FOUL FOUL FOUL                    |       |         |      |
| 2 Zahirovich, Mooshie | 64 Indépendant                                                      | 4.19m | 4.15m   | 0.3  |
|                       | 3.96m(3.0) 4.15m(0.3) 3.80m(1.8) 3.75m(+0.0) 4.03m(0.6) 3.92m(+0.0) |       |         |      |
| 3 Flett, Gordon       | 60 Roadkill Run                                                     | 3.32m | 3.36m   | 1.9  |
|                       | 3.36m(1.9) 3.26m(1.1) 3.22m(1.3) 3.30m(1.4) FOUL 3.31m(1.4)         |       |         |      |

Homme Triple Saut Master 55-59

| Nom                 | Annee Club                                                      | Seed   | Finales | Vent |
|---------------------|-----------------------------------------------------------------|--------|---------|------|
| 1 McWhinney, Dennis | 62 Unattached -                                                 | 11.00m | 10.66m  | 1.7  |
|                     | FOUL(1.6) 10.66m(1.7) 10.44m(0.4) FOUL(1.9) FOUL(1.6) FOUL(0.3) |        |         |      |

Homme Lancer du poids 6kg Master 55-59

| Nom            | Annee Club                      | Seed  | Finales |
|----------------|---------------------------------|-------|---------|
| 1 Smith, Alain | 61 Vainqueurs P                 | 5.00m | 5.30m   |
|                | 5.20m 5.30m PASS PASS PASS PASS |       |         |

Homme Lancer du disque 1,5kg Master 55-59

| Nom                     | Annee Club                                | Seed   | Finales |
|-------------------------|-------------------------------------------|--------|---------|
| 1 Duperron, Yves        | 62 Vainqueurs P                           |        | 30.33m  |
|                         | 30.33m 28.33m 27.55m 29.77m 28.31m FOUL   |        |         |
| 2 Latour, Jean-François | 63 Throwers Clu                           | 30.00m | 27.39m  |
|                         | 27.28m FOUL 27.29m FOUL 27.39m FOUL       |        |         |
| 3 Smith, Alain          | 61 Vainqueurs P                           | 18.00m | 17.33m  |
|                         | 15.37m 16.58m 17.33m 15.12m 15.31m 16.22m |        |         |

Homme Lancer du marteau 6kg Master 55-59

| Nom                     | Annee Club                            | Seed   | Finales |
|-------------------------|---------------------------------------|--------|---------|
| 1 Rohonczy, Imre        | 64 Unattached -                       | 35.00m | 33.80m  |
|                         | 28.00m 33.80m FOUL 30.12m 30.48m FOUL |        |         |
| 2 Latour, Jean-François | 63 Throwers Clu                       | 40.00m | 30.76m  |
|                         | FOUL 29.78m 30.76m FOUL 29.57m 30.72m |        |         |

Homme Lancer du javelot 700g Master 55-59

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|

|   |                     |        |              |        |        |        |        |
|---|---------------------|--------|--------------|--------|--------|--------|--------|
| 1 | Duperron, Yves      | 62     | Vainqueurs P |        |        |        | 33.93m |
|   | 28.71m              | 27.63m | FOUL         | 33.93m | 27.60m | 28.16m |        |
| 2 | Zahirovich, Mooshie | 64     | Indépendant  |        |        |        | 26.71m |
|   | 23.66m              | 25.94m | 25.41m       | 25.45m | PASS   | 26.71m |        |
| 3 | Smith, Alain        | 61     | Vainqueurs P |        | 18.00m |        | 12.85m |
|   | 11.21m              | FOUL   | 12.85m       | FOUL   | PASS   | PASS   |        |

Homme 1500 Metres Marche Master 55-59

| Nom             | Annee Club      | Seed    | Finales |
|-----------------|-----------------|---------|---------|
| 1 Béchard, Yvan | 62 Les Vainqueu | 7:30.00 | 7:31.29 |

Homme 5000 Metres Marche Master 55-59

| Nom                    | Annee Club      | Seed     | Finales  |
|------------------------|-----------------|----------|----------|
| 1 Béchard, Yvan        | 62 Les Vainqueu | 27:30.00 | 27:24.84 |
| 2 Dugas, Jean-Francois | 63 Les Vainqueu |          | 33:06.04 |

Homme 100 Metres Sprint Master 60-64

| Nom                  | Annee Club      | Seed  | Finales | Vent |
|----------------------|-----------------|-------|---------|------|
| 1 Blenman, Grantley  | 57 The Gazelles | 12.90 | 13.55   | -2.7 |
| 2 Paialunga, Joe     | 59 Ottawa Lions | 13.35 | 13.92   | -2.7 |
| 3 Nadeau, Yves       | 58 Vainqueurs P | 14.71 | 15.04   | -2.7 |
| 4 Blanchet, Yvon     | 56 Indépendant  | 14.80 | 15.11   | -2.7 |
| 5 Lebrun, Rémi       | 55 Indépendant  | 15.50 | 15.93   | -2.7 |
| -- Arnfield, Spencer | 59 Jmac - Jamca | 14.00 | DNS     | -2.7 |

Homme 200 Metres Sprint Master 60-64

| Nom                 | Annee Club      | Seed     | Finales | Vent |
|---------------------|-----------------|----------|---------|------|
| 1 Blenman, Grantley | 57 The Gazelles | 26.80    | 27.52   | -1.3 |
| 2 Paialunga, Joe    | 59 Ottawa Lions | 27.48    | 27.89   | -1.3 |
| 3 Blanchet, Yvon    | 56 Indépendant  | 30.05    | 30.70   | -1.3 |
| 4 Mohamed, Rafeek   | 55 Unattached - | 32:00.00 | 30.90   | -1.3 |
| 5 Sandhu, Jasbir    | 54 Greyhounds M |          | 37.97   | -1.3 |
| -- Lebrun, Rémi     | 55 Indépendant  |          | DNS     | -1.3 |

Homme 400 Metres Sprint Master 60-64

| Nom                   | Annee Club      | Seed     | Finales |
|-----------------------|-----------------|----------|---------|
| 1 Djender, Malik Amar | 56 Unattached   | 1:05.00  | 1:09.14 |
| 2 Blanchet, Yvon      | 56 Indépendant  | 1:08.45  | 1:11.87 |
| 3 Knipping, Randy     | 59 Unattached - | 49:52.59 | 1:12.15 |
| 4 Sandhu, Jasbir      | 54 Greyhounds M |          | 1:16.35 |

Homme 800 Metres Demi-fond Master 60-64

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| 1 Wakelin, Keith  | 58 Unattached - |         | 2:36.62 |
| 2 Mohamed, Rafeek | 55 Unattached - | 2:50.00 | 2:47.94 |
| 3 Walsh, Patrick  | 56 University o | 2:55.00 | 2:55.03 |

4 Sandhu, Jasbir 54 Greyhounds M 3:08.72

Homme 1500 Metres Demi-fond Master 60-64

| Nom                | Annee Club      | Seed    | Finales |
|--------------------|-----------------|---------|---------|
| 1 Landsberger, Les | 58 Athlétisme V | 5:30.00 | 5:30.30 |
| 2 Walsh, Patrick   | 56 University o | 5:55.00 | 6:03.95 |
| 3 Sandhu, Jasbir   | 54 Greyhounds M |         | 6:21.40 |
| -- Jackson, Robert | 55 Unattached-N | 5:00.00 | DNS     |
| -- Cunliffe, Bill  | 59 Durham Drago | 5:10.00 | DNS     |

Homme 5000 Metres Demi-fond Master 60-64

| Nom                | Annee Club      | Seed     | Finales  |
|--------------------|-----------------|----------|----------|
| 1 Kagan, Ryszard   | 58 Unattached - | 18:40.00 | 18:52.92 |
| 2 Landsberger, Les | 58 Athlétisme V | 20:30.00 | 20:00.70 |
| 3 Knipping, Randy  | 59 Unattached - | 21:27.00 | 21:53.96 |
| -- Jackson, Robert | 55 Unattached-N | 18:30.00 | DNS      |

Homme 10000 Metres Demi-fond Master 60-64

| Nom                 | Annee Club      | Seed     | Finales  |
|---------------------|-----------------|----------|----------|
| 1 Jackson, Robert   | 55 Unattached-N | 38:30.00 | 40:03.80 |
| 2 Surprenant, Albin | 56 Les Godasses |          | 44:56.62 |
| 3 Knipping, Randy   | 59 Unattached - | 43:49.52 | 46:04.24 |
| -- Cunliffe, Bill   | 59 Durham Drago | 41:00.00 | DNF      |

Homme 100 Metres Haies 33po Master 60-64

| Nom              | Annee Club      | Seed  | Finales | Vent |
|------------------|-----------------|-------|---------|------|
| 1 Chipkar, Glenn | 59 Etobicoke Tr | 16.50 | 16.88   | 0.5  |
| 2 Nadeau, Yves   | 58 Vainqueurs P | 21.67 | 22.22   | 0.5  |

Homme 300 Metres Haies 30po Master 60-64

| Nom               | Annee Club      | Seed  | Finales |
|-------------------|-----------------|-------|---------|
| 1 Sandhu, Jasbir  | 54 Greyhounds M |       | 1:01.54 |
| 2 Lebrun, Rémi    | 55 Indépendant  |       | 1:08.42 |
| -- Chipkar, Glenn | 59 Etobicoke Tr | 52.00 | DNS     |

Homme 2000 Metres Steeplechase 30po Master 60-64

| Nom                | Annee Club      | Seed     | Finales |
|--------------------|-----------------|----------|---------|
| 1 Sandhu, Jasbir   | 54 Greyhounds M |          | 5:50.80 |
| -- Szczesiul, Fred | 57 Unattached   | 10:13.00 | DNS     |
| -- Wakelin, Keith  | 58 Unattached - |          | DNS     |

Homme Saut en hauteur Master 60-64

| Nom                                | Annee Club      | Seed  | Finales |
|------------------------------------|-----------------|-------|---------|
| 1 Courteau, Ambroise               | 58 Montréal-Int | 1.25m | 1.40m   |
| 1.15 1.20 1.25 1.30 1.35 1.40 1.45 |                 |       |         |

|   |                    |      |      |      |      |      |              |      |       |       |
|---|--------------------|------|------|------|------|------|--------------|------|-------|-------|
|   | O                  | O    | P    | P    | XO   | O    | XXX          |      |       |       |
| 2 | Thibodeau, Gilbert |      |      |      |      | 57   | Les Vainqueu |      |       | 1.35m |
|   | 1.00               | 1.05 | 1.10 | 1.15 | 1.20 | 1.25 | 1.30         | 1.35 | 1.40  |       |
|   | O                  | P    | P    | P    | P    | P    | XO           | O    | XXX   |       |
| 3 | Boyer, Luc         |      |      |      |      | 57   | Lanaudière-O |      |       | 1.27m |
|   | 1.15               | 1.20 | 1.25 |      |      |      |              |      | 1.20m |       |
|   | O                  | O    | XXX  |      |      |      |              |      |       |       |

Homme Saut a la perche Master 60-64

| Nom                  | Annee Club      | Seed  | Finales        |
|----------------------|-----------------|-------|----------------|
| 1 Salmon, Tony       | 55 Montréal-Int | 3.25m | 3.10m          |
|                      |                 |       | 2.95 3.10 3.30 |
|                      |                 |       | O O XXX        |
| 2 Courteau, Ambroise | 58 Montréal-Int | 3.05m | J3.10m         |
|                      |                 |       | 2.95 3.10 3.30 |
|                      |                 |       | XO XO XXX      |
| -- Boyer, Luc        | 57 Lanaudière-O | 2.00m | DNS            |

Homme Saut en longueur Master 60-64

| Nom              | Annee Club      | Seed  | Finales                                                               | Vent |
|------------------|-----------------|-------|-----------------------------------------------------------------------|------|
| 1 Paialunga, Joe | 59 Ottawa Lions | 4.50m | 4.29m                                                                 | +0.0 |
|                  |                 |       | 4.22m(+0.0) 4.29m(+0.0) 4.15m(+0.0) PASS                              |      |
|                  |                 |       | 4.04m(+0.0) PASS                                                      |      |
| 2 Nadeau, Yves   | 58 Vainqueurs P |       | 4.05m                                                                 | +0.0 |
|                  |                 |       | 3.71m(+0.0) 3.55m(+0.0) 3.59m(+0.0) 4.05m(+0.0) 3.49m(0.5) FOUL(+0.0) |      |
| 3 Sandhu, Jasbir | 54 Greyhounds M |       | 2.94m                                                                 | +0.0 |
|                  |                 |       | 2.94m(+0.0) PASS PASS PASS PASS PASS                                  |      |

Homme Triple Saut Master 60-64

| Nom              | Annee Club      | Seed  | Finales                                                      | Vent |
|------------------|-----------------|-------|--------------------------------------------------------------|------|
| 1 Lebrun, Rémi   | 55 Indépendant  | 7.00m | 7.17m                                                        | 1.7  |
|                  |                 |       | 6.06m(2.1) 6.95m(0.8) 7.17m(1.7) 6.78m(+0.0) 7.10m(1.0) PASS |      |
| 2 Sandhu, Jasbir | 54 Greyhounds M |       | 6.54m                                                        | 1.8  |
|                  |                 |       | FOUL(2.3) FOUL(1.2) 4.39m(1.2) 6.54m(1.8) FOUL(2.7) PASS     |      |

Homme Lancer du poids 5kg Master 60-64

| Nom              | Annee Club      | Seed  | Finales                             |
|------------------|-----------------|-------|-------------------------------------|
| 1 Dabrowa, Jerzy | 58 Unattached - | 1.30m | 10.32m                              |
|                  |                 |       | FOUL 9.35m 9.82m FOUL 10.32m 10.00m |
| 2 Boyer, Luc     | 57 Lanaudière-O | 8.22m | 8.98m                               |
|                  |                 |       | 8.79m 8.61m 8.49m 8.98m 8.68m 8.82m |
| 3 Dalpé, André   | 57 Kilomâitres  | 8.71m | 8.35m                               |
|                  |                 |       | 7.73m 7.10m 7.90m 8.35m 8.26m 8.23m |

Homme Lancer du disque 1kg Master 60-64

| Nom                  | Annee Club      | Seed   | Finales                                 |
|----------------------|-----------------|--------|-----------------------------------------|
| 1 Dabrowa, Jerzy     | 58 Unattached - | 34.00m | 31.66m                                  |
|                      |                 |        | 26.12m 30.90m 29.67m 31.66m 29.14m FOUL |
| 2 Thibodeau, Gilbert | 57 Les Vainqueu |        | 30.19m                                  |
|                      |                 |        | FOUL 24.16m FOUL FOUL 30.19m FOUL       |

|    |                         |                      |        |        |
|----|-------------------------|----------------------|--------|--------|
| 3  | Dalpe, André            | 57 Kilomaitres       | 29.75m | 28.76m |
|    | 23.30m 28.04m FOUL      | 27.77m 27.30m 28.76m |        |        |
| 4  | Boyer, Luc              | 57 Lanaudière-O      | 30.00m | 28.38m |
|    | FOUL 27.76m 28.38m FOUL | 23.58m 22.06m        |        |        |
| -- | Arnfield, Spencer       | 59 Jmac - Jamca      | 30.00m | DNS    |

Homme Lancer du marteau 5kg Master 60-64

| Nom              | Annee Club           | Seed          | Finales |
|------------------|----------------------|---------------|---------|
| 1 Dabrowa, Jerzy | 58 Unattached -      | 20.00m        | 21.36m  |
|                  | 19.29m 20.74m 21.22m | 20.83m FOUL   | 21.36m  |
| 2 Dalpe, André   | 57 Kilomaitres       | 16.90m        | 20.00m  |
|                  | 19.85m 19.83m 19.67m | 20.00m 18.82m | 18.95m  |
| 3 Lebrun, Rémi   | 55 Indépendant       |               | 17.87m  |
|                  | 16.57m 14.73m 17.87m | 15.93m 16.18m | 17.30m  |

Homme Lancer du javelot 600g Master 60-64

| Nom              | Annee Club              | Seed          | Finales |
|------------------|-------------------------|---------------|---------|
| 1 Paialunga, Joe | 59 Ottawa Lions         | 30.00m        | 29.35m  |
|                  | 29.35m 24.11m PASS PASS | PASS 25.78m   |         |
| 2 Boyer, Luc     | 57 Lanaudière-O         | 27.00m        | 29.06m  |
|                  | 25.63m 29.06m 26.31m    | 25.23m PASS   | 26.11m  |
| 3 Dabrowa, Jerzy | 58 Unattached -         | 30.00m        | 26.06m  |
|                  | 26.02m 26.06m 23.17m    | FOUL 24.49m   | FOUL    |
| 4 Dalpe, André   | 57 Kilomaitres          | 20.00m        | 18.82m  |
|                  | 15.34m 16.65m 13.51m    | 18.79m 18.82m | 15.07m  |

Homme Weight Throw 9,08kg Master 60-64

| Nom              | Annee Club         | Seed        | Finales |
|------------------|--------------------|-------------|---------|
| 1 Dabrowa, Jerzy | 58 Unattached -    | 9.50m       | 10.01m  |
|                  | 9.16m 8.35m 10.01m | 9.35m 9.54m | FOUL    |
| 2 Dalpe, André   | 57 Kilomaitres     |             | 9.08m   |
|                  | 8.48m 7.79m FOUL   | 8.08m 9.08m | 8.38m   |
| 3 Lebrun, Rémi   | 55 Indépendant     |             | 7.38m   |
|                  | 6.82m 6.79m 7.38m  | 7.10m 7.19m | FOUL    |

Homme 5000 Metres Marche Master 60-64

| Nom               | Annee Club     | Seed            | Finales      |
|-------------------|----------------|-----------------|--------------|
| 1 Bruneau, Rejean | 58 Zénix De La | 30:00.00        | 33:01.59     |
| --                | Dabrowa, Jerzy | 58 Unattached - | 40:00.00 DNF |

Homme 100 Metres Sprint Master 65-69

| Nom                 | Annee Club      | Seed  | Finales | Vent |
|---------------------|-----------------|-------|---------|------|
| 1 Spleit, Oswin     | 53 Unattached - | 16.00 | 15.68   | -3.1 |
| 2 Bonenberg, Robert | 50 Rive-Sud     |       | 25.06   | -3.1 |

Homme 200 Metres Sprint Master 65-69

| Nom | Annee Club | Seed | Finales | Vent |
|-----|------------|------|---------|------|
|-----|------------|------|---------|------|

|    |                 |                 |       |       |      |
|----|-----------------|-----------------|-------|-------|------|
| 1  | Naud, André     | 50 Milpat Club  |       | 32.85 | -0.8 |
| 2  | Kang, Harjinder | 54 Greyhounds M | 36.00 | 37.71 | -0.8 |
| 3  | Stoyan, Tom     | 50 York Univers | 40.00 | 40.49 | -0.8 |
| -- | Balk, Malcolm   | 54 Athlétisme V | 30.00 | DNS   | -0.8 |
| -- | Pontius, Bill   | 50 Unattached   | 31.00 | XDNS  | -0.8 |

Homme 400 Metres Sprint Master 65-69

| Nom | Annee Club      | Seed            | Finales          |
|-----|-----------------|-----------------|------------------|
| 1   | Naud, André     | 50 Milpat Club  | 1:10.78          |
| 2   | Kang, Harjinder | 54 Greyhounds M | 1:16.00 1:27.81  |
| 3   | Stoyan, Tom     | 50 York Univers | 1:30.00 1:30.35  |
| --  | Pontius, Bill   | 50 Unattached   | 1:11.01 X1:12.39 |

Homme 800 Metres Demi-fond Master 65-69

| Nom | Annee Club      | Seed            | Finales         |
|-----|-----------------|-----------------|-----------------|
| 1   | Naud, André     | 50 Milpat Club  | 2:37.60         |
| 2   | Perowne, Ian    | 52 Club De Cour | 3:03.05 3:19.58 |
| 3   | Kang, Harjinder | 54 Greyhounds M | 2:59.00 3:29.99 |
| 4   | Stoyan, Tom     | 50 York Univers | 3:34.00 3:32.08 |
| --  | Balk, Malcolm   | 54 Athlétisme V | 2:30.00 DNS     |

Homme 1500 Metres Demi-fond Master 65-69

| Nom | Annee Club    | Seed            | Finales         |
|-----|---------------|-----------------|-----------------|
| 1   | Naud, André   | 50 Milpat Club  | 5:26.49         |
| 2   | Balk, Malcolm | 54 Athlétisme V | 4:59.00 5:45.11 |
| 3   | Perowne, Ian  | 52 Club De Cour | 5:55.23 6:21.29 |
| 4   | Chee, Wayne   | 54 University o | 6:20.00 6:24.59 |

Homme 5000 Metres Demi-fond Master 65-69

| Nom | Annee Club           | Seed            | Finales           |
|-----|----------------------|-----------------|-------------------|
| 1   | Diaz Romero, Agustin | 53 Unattached   | 21:42.86          |
| 2   | Perowne, Ian         | 52 Club De Cour | 22:32.00 23:12.63 |
| 3   | Chee, Wayne          | 54 University o | 23:00.00 23:57.40 |

Homme 10000 Metres Demi-fond Master 65-69

| Nom | Annee Club       | Seed           | Finales  |
|-----|------------------|----------------|----------|
| 1   | Naud, André      | 50 Milpat Club | 43:35.43 |
| --  | Schlemm, Leonard | 52 Unattached  | DNS      |

Homme 100 Metres Haies 33po Master 65-69

| Nom | Annee Club        | Seed        | Finales | Vent |
|-----|-------------------|-------------|---------|------|
| 1   | Bonenberg, Robert | 50 Rive-Sud | 29.95   | 0.5  |

Homme 2000 Metres Steeplechase 30po Master 65-69

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|

|                |                 |          |         |
|----------------|-----------------|----------|---------|
| 1 Chee, Wayne  | 54 University o | 9:30.00  | 5:45.46 |
| -- Smith, Doug | 51 University o | 14:00.00 | DNS     |

Homme Saut en hauteur Master 65-69

| Nom                                     | Annee Club      | Seed  | Finales |
|-----------------------------------------|-----------------|-------|---------|
| 2 Zowkewych, Peter                      | 50 University o |       | 1.25m   |
| 1.00 1.05 1.10 1.15 1.20 1.25 1.30      |                 |       |         |
| O P O O O O XXX                         |                 |       |         |
| 3 St-Hilaire, Daniel                    | 54 Vainqueurs P | 1.30m | J1.25m  |
| 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 |                 |       |         |
| O O O O XX O XX X                       |                 |       |         |
| 4 Bonenberg, Robert                     | 50 Rive-Sud     |       | 1.10m   |
| 1.00 1.05 1.10 1.15                     |                 |       |         |
| O O O XXX                               |                 |       |         |
| 1 Griffin, Ken                          | 51 Unattached   | 1.30m | X1.35m  |
| 1.20 1.25 1.30 1.35 1.40                |                 |       |         |
| XO XXO O XXO X                          |                 |       |         |

Homme Saut a la perche Master 65-69

| Nom                 | Annee Club  | Seed | Finales |
|---------------------|-------------|------|---------|
| 1 Bonenberg, Robert | 50 Rive-Sud |      | 1.75m   |
| 1.30 1.60 1.75 1.90 |             |      |         |
| O O O XXX           |             |      |         |

Homme Saut en longueur Master 65-69

| Nom                                               | Annee Club    | Seed  | Finales     | Vent |
|---------------------------------------------------|---------------|-------|-------------|------|
| -- Griffin, Ken                                   | 51 Unattached | 4.00m | X4.25m      | +0.0 |
| 3.96m(0.5) 4.01m(0.1) 4.25m(+0.0) 4.00m(1.1) PASS |               |       | 3.94m(+0.0) |      |

Homme Triple Saut Master 65-69

| Nom                                                      | Annee Club    | Seed  | Finales | Vent |
|----------------------------------------------------------|---------------|-------|---------|------|
| -- Griffin, Ken                                          | 51 Unattached | 9.00m | X8.76m  | 0.9  |
| 8.76m(0.9) 8.59m(3.1) PASS FOUL(1.3) FOUL(1.1) FOUL(1.4) |               |       |         |      |

Homme Lancer du poids 5kg Master 65-69

| Nom                                    | Annee Club      | Seed   | Finales |
|----------------------------------------|-----------------|--------|---------|
| 1 Zowkewych, Peter                     | 50 University o | 10.25m | 10.13m  |
| 10.00m 9.93m 9.43m 10.04m 9.96m 10.13m |                 |        |         |
| 2 Pearson, William                     | 52 Throwers Clu | 10.00m | 9.67m   |
| 8.21m 7.89m 9.67m 8.58m 9.04m 9.31m    |                 |        |         |
| 3 Hessel, Patrick                      | 52 Unattached A | 9.21m  | 8.79m   |
| 8.73m 8.63m 8.79m 8.22m 8.55m 8.35m    |                 |        |         |

Homme Lancer du disque 1kg Master 65-69

| Nom                                     | Annee Club      | Seed   | Finales |
|-----------------------------------------|-----------------|--------|---------|
| 1 Pearson, William                      | 52 Throwers Clu | 34.00m | 33.17m  |
| 26.54m 28.17m 32.93m 31.76m 33.17m FOUL |                 |        |         |



|    |                    |        |                 |        |               |
|----|--------------------|--------|-----------------|--------|---------------|
| 2  | Hessel, Patrick    |        | 52 Unattached A | 30.78m | 31.71m        |
|    | 30.46m             | 26.74m | 30.49m          | 31.71m | FOUL 29.37m   |
| 3  | Bonenberg, Robert  |        | 50 Rive-Sud     |        | 28.49m        |
|    | 24.67m             | 26.17m | 26.13m          | 28.49m | 26.83m 25.62m |
| -- | Szafranski, Longin |        | 52 Unattached A |        | DNS           |
| -- | Irving, Tom        |        | 53 Unattached   | 35.00m | X35.85m       |
|    | 34.57m             | 29.04m | 34.44m          | FOUL   | 35.85m 35.50m |
| -- | Daniels, Edward    |        | 52 Unattached   | 27.00m | X27.77m       |
|    | 26.73m             | 26.66m | 27.77m          | FOUL   | 26.01m FOUL   |

Homme Lancer du marteau 5kg Master 65-69

| Nom                   | Annee Club           | Seed   | Finales              |
|-----------------------|----------------------|--------|----------------------|
| 1 Hessel, Patrick     | 52 Unattached A      | 28.38m | 28.02m               |
|                       | 25.35m 25.23m 27.30m |        | 28.02m 26.29m 27.53m |
| 2 Pearson, William    | 52 Throwers Clu      | 29.00m | 25.56m               |
|                       | 23.96m 24.63m 25.05m |        | 24.50m 25.56m 24.74m |
| 3 Kang, Harjinder     | 54 Greyhounds M      | 22.50m | 16.94m               |
|                       | 16.89m 16.54m 16.55m |        | 16.94m FOUL PASS     |
| -- Szafranski, Longin | 52 Unattached A      |        | DNS                  |
| -- Irving, Tom        | 53 Unattached        | 30.00m | X29.75m              |
|                       | 29.75m 27.74m FOUL   |        | 25.73m FOUL 27.94m   |
| -- Daniels, Edward    | 52 Unattached        | 31.00m | X29.61m              |
|                       | 27.64m 27.66m 29.61m |        | FOUL FOUL FOUL       |

Homme Lancer du javelot 600g Master 65-69

| Nom                   | Annee Club           | Seed   | Finales              |
|-----------------------|----------------------|--------|----------------------|
| 1 Finkbeiner, Michael | 54 Sisu Throws       | 40.00m | 34.48m               |
|                       | 32.04m 32.41m 32.58m |        | 32.04m 31.76m 34.48m |
| 2 Gudzowsky, Terry    | 54 Unattached A      |        | 33.93m               |
|                       | 32.14m 30.59m 29.98m |        | 32.84m 26.81m 33.93m |
| 3 Zowkewych, Peter    | 50 University o      | 30.00m | 30.80m               |
|                       | 30.80m 29.28m 29.56m |        | 28.67m FOUL 28.57m   |
| 4 Hessel, Patrick     | 52 Unattached A      | 23.77m | 25.08m               |
|                       | FOUL FOUL 24.31m     |        | 25.08m FOUL 22.65m   |
| 5 Bonenberg, Robert   | 50 Rive-Sud          |        | 24.17m               |
|                       | 16.65m 18.39m 18.81m |        | 20.65m 21.80m 24.17m |
| -- Pearson, William   | 52 Throwers Clu      | 26.00m | DNS                  |

Homme Weight Throw 9,08kg Master 65-69

| Nom                   | Annee Club           | Seed   | Finales            |
|-----------------------|----------------------|--------|--------------------|
| 1 Hessel, Patrick     | 52 Unattached A      | 10.32m | 10.30m             |
|                       | 9.33m 9.90m 10.26m   |        | 9.59m 10.30m 9.91m |
| 2 Pearson, William    | 52 Throwers Clu      | 11.50m | 9.82m              |
|                       | 9.37m 9.22m 8.93m    |        | 8.94m 9.82m 9.53m  |
| 3 Kang, Harjinder     | 54 Greyhounds M      | 8.25m  | 6.38m              |
|                       | FOUL FOUL 6.13m      |        | 5.78m 6.38m 6.11m  |
| -- Szafranski, Longin | 52 Unattached A      |        | DNS                |
| -- Irving, Tom        | 53 Unattached        | 12.00m | X11.49m            |
|                       | 10.95m 10.88m 11.49m |        | FOUL 11.28m 11.40m |
| -- Daniels, Edward    | 52 Unattached        | 11.00m | X9.85m             |
|                       | 9.44m 9.85m 9.49m    |        | FOUL FOUL FOUL     |

Homme 1500 Metres Marche Master 65-69

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| 1 Charrois, Henry | 51 Edmonton Rac | 8:28.00 | 7:33.53 |
| 2 Laflamme, Denis | 54 Les Vainqueu | 7:30.00 | 7:34.12 |

Homme 5000 Metres Marche Master 65-69

| Nom                | Annee Club      | Seed     | Finales  |
|--------------------|-----------------|----------|----------|
| 1 Laflamme, Denis  | 54 Les Vainqueu | 27:00.00 | 27:26.21 |
| 2 Charrois, Henry  | 51 Edmonton Rac | 28:30.00 | 28:43.94 |
| 3 Marchand, Robert | 51 Les Vainqueu |          | 34:22.31 |

Homme 100 Metres Sprint Master 70-74

| Nom                    | Annee Club      | Seed     | Finales | Vent |
|------------------------|-----------------|----------|---------|------|
| 1 Lech, Ryszard        | 48 Jmac - Jamca | 13.50    | 14.60   | -3.1 |
| 2 Perez, Jean-Louis    | 44 Indépendant  | 15.33    | 16.18   | -3.1 |
| 3 Blackwood, David     | 49 Saint John T | 16:45.00 | 16.58   | -3.1 |
| 4 Sandhu, Hardev Singh | 49 Greyhounds M | 14.90    | 27.35   | -3.1 |

Homme 200 Metres Sprint Master 70-74

| Nom                    | Annee Club      | Seed     | Finales | Vent |
|------------------------|-----------------|----------|---------|------|
| 1 Lech, Ryszard        | 48 Jmac - Jamca | 30.50    | 31.22   | -2.1 |
| 2 Perez, Jean-Louis    | 44 Indépendant  | 31.92    | 33.95   | -2.1 |
| 3 Blackwood, David     | 49 Saint John T | 35:02.00 | 35.50   | -2.1 |
| 4 Sandhu, Hardev Singh | 49 Greyhounds M | 31.38    | 50.80   | -2.1 |

Homme 400 Metres Sprint Master 70-74

| Nom                    | Annee Club      | Seed    | Finales |
|------------------------|-----------------|---------|---------|
| 1 Perez, Jean-Louis    | 44 Indépendant  | 1:12.83 | 1:15.63 |
| 2 Gingras, Michel      | 45 Saint-Jean O | 1:15.00 | 1:32.69 |
| 3 Sandhu, Hardev Singh | 49 Greyhounds M | 1:19.00 | 1:53.92 |

Homme 800 Metres Demi-fond Master 70-74

| Nom                 | Annee Club      | Seed    | Finales |
|---------------------|-----------------|---------|---------|
| 1 Perez, Jean-Louis | 44 Indépendant  | 2:54.41 | 2:58.45 |
| 2 Gingras, Michel   | 45 Saint-Jean O | 7:59.05 | 3:40.91 |

Homme 1500 Metres Demi-fond Master 70-74

| Nom                 | Annee Club      | Seed    | Finales |
|---------------------|-----------------|---------|---------|
| 1 Perez, Jean-Louis | 44 Indépendant  | 5:58.63 | 6:11.29 |
| 2 Blackwood, David  | 49 Saint John T | 7:16.00 | 7:21.53 |

Homme 80 Metres Haies 30po Master 70-74

| Nom             | Annee Club      | Seed  | Finales | Vent |
|-----------------|-----------------|-------|---------|------|
| 1 Lech, Ryszard | 48 Jmac - Jamca | 14.50 | 14.32   | 0.6  |

2 Sandhu, Hardev Singh 49 Greyhounds M 17.00 38.45 0.6

Homme 300 Metres Haies 27po Master 70-74

| Nom                    | Annee Club      | Seed    | Finales |
|------------------------|-----------------|---------|---------|
| 1 Lech, Ryszard        | 48 Jmac - Jamca | 54.56   | 55.46   |
| 2 Sandhu, Hardev Singh | 49 Greyhounds M | 1:00.00 | 1:51.28 |

Homme Saut en hauteur Master 70-74

| Nom                                                   | Annee Club      | Seed  | Finales |
|-------------------------------------------------------|-----------------|-------|---------|
| 1 Seitz, Stan<br>1.20 1.25 1.30 1.35<br>O O XXO XXX   | 47 Ottawa Lions | 1.20m | 1.30m   |
| 2 Ulis, David<br>1.10 1.15 1.20 1.25<br>O O O O       | 48 Greyhounds M | 1.25m | 1.25m   |
| 3 Sandhu, Hardev Singh<br>0.90 0.95 1.00<br>XO XO XXX | 49 Greyhounds M |       | 0.95m   |

Homme Saut a la perche Master 70-74

| Nom                                                       | Annee Club      | Seed  | Finales |
|-----------------------------------------------------------|-----------------|-------|---------|
| 1 Seitz, Stan<br>2.20 2.35 2.50 2.65 2.80<br>O O O XO XXX | 47 Ottawa Lions | 2.50m | 2.65m   |
| 2 Sandhu, Hardev Singh<br>1.30<br>O                       | 49 Greyhounds M |       | 1.30m   |

Homme Saut en longueur Master 70-74

| Nom                                                                            | Annee Club      | Seed  | Finales | Vent |
|--------------------------------------------------------------------------------|-----------------|-------|---------|------|
| 1 Blackwood, David<br>3.08m(0.8) 3.21m(+0.0) 3.46m(+0.0) 3.12m(+0.0) PASS      | 49 Saint John T | 3.34m | 3.46m   | +0.0 |
| 2 Ulis, David<br>FOUL(+0.0) 3.21m(+0.0) FOUL(+0.0) 3.46m(+0.0) 3.12m(0.9) PASS | 48 Greyhounds M | 3.54m | J3.46m  | +0.0 |
| 3 Seitz, Stan<br>3.19m(0.1) 3.33m(+0.0) 3.22m(+0.0) 3.33m(+0.0) FOUL           | 47 Ottawa Lions | 3.30m | 3.33m   | +0.0 |
| 4 Sandhu, Hardev Singh<br>1.96m(0.2) 2.20m(+0.0) PASS PASS PASS PASS           | 49 Greyhounds M |       | 2.20m   | +0.0 |

Homme Triple Saut Master 70-74

| Nom                                                                 | Annee Club      | Seed | Finales | Vent |
|---------------------------------------------------------------------|-----------------|------|---------|------|
| 1 Sandhu, Hardev Singh<br>4.78m(3.0) 5.05m(3.1) PASS PASS PASS PASS | 49 Greyhounds M |      | 5.05m   | 3.1  |

Homme Lancer du poids 4kg Master 70-74

| Nom             | Annee Club      | Seed   | Finales |
|-----------------|-----------------|--------|---------|
| 1 Wyroba, Jerzy | 49 Unattached - | 11.00m | 11.17m  |

|   |                      |        |        |        |              |        |        |        |
|---|----------------------|--------|--------|--------|--------------|--------|--------|--------|
|   | FOUL                 | 10.60m | FOUL   | 10.45m | 11.06m       | 11.17m |        |        |
| 2 | Ulis, David          |        |        | 48     | Greyhounds M |        | 11.11m | 11.08m |
|   |                      | 10.14m | 10.50m | FOUL   | FOUL         | 11.08m | 10.54m |        |
| 3 | Johnston, Frank      |        |        | 48     | Brockville L |        | 9.00m  | 8.49m  |
|   |                      | 8.21m  | 7.79m  | 8.49m  | 6.92m        | 8.49m  | 8.10m  |        |
| 4 | Sandhu, Hardev Singh |        |        | 49     | Greyhounds M |        |        | 8.46m  |
|   |                      | 7.90m  | FOUL   | 8.46m  | 8.46m        | 7.90m  | 8.08m  |        |

Homme Lancer du disque 1kg Master 70-74

| Nom | Annee Club           | Seed            | Finales                                 |
|-----|----------------------|-----------------|-----------------------------------------|
| 1   | Ulis, David          | 48 Greyhounds M | 33.98m                                  |
|     |                      |                 | 31.43m                                  |
|     |                      |                 | 31.19m FOUL 30.77m 31.43m FOUL 30.30m   |
| 2   | Sandhu, Hardev Singh | 49 Greyhounds M | 26.00m                                  |
|     |                      |                 | 23.30m                                  |
|     |                      |                 | 22.49m 21.48m FOUL 22.99m 23.30m 23.20m |
| 3   | Blackwood, David     | 49 Saint John T | 22.70m                                  |
|     |                      |                 | 22.39m                                  |
|     |                      |                 | 21.00m 21.30m 22.31m FOUL 22.39m 20.11m |

Homme Lancer du marteau 4kg Master 70-74

| Nom | Annee Club           | Seed            | Finales                                 |
|-----|----------------------|-----------------|-----------------------------------------|
| 1   | Zaitchouk, Boris     | 47 Unattached - | 50.00m                                  |
|     |                      |                 | 45.59m                                  |
|     |                      |                 | 44.76m 43.63m FOUL FOUL FOUL 45.59m     |
| 2   | Ulis, David          | 48 Greyhounds M | 36.28m                                  |
|     |                      |                 | 33.83m                                  |
|     |                      |                 | 32.20m 33.83m 33.33m 31.67m 31.92m FOUL |
| 3   | Sandhu, Hardev Singh | 49 Greyhounds M |                                         |
|     |                      |                 | 29.32m                                  |
|     |                      |                 | 27.27m 29.04m 28.31m 29.32m PASS PASS   |

Homme Lancer du javelot 500g Master 70-74

| Nom | Annee Club           | Seed            | Finales                                 |
|-----|----------------------|-----------------|-----------------------------------------|
| 1   | Ulis, David          | 48 Greyhounds M | 38.53m                                  |
|     |                      |                 | 38.28m                                  |
|     |                      |                 | 33.32m FOUL 38.28m FOUL FOUL 36.33m     |
| 2   | Blackwood, David     | 49 Saint John T | 29.10m                                  |
|     |                      |                 | 30.63m                                  |
|     |                      |                 | 24.12m 30.63m 28.17m FOUL 29.09m 26.19m |
| 3   | Sandhu, Hardev Singh | 49 Greyhounds M | 26.00m                                  |
|     |                      |                 | 14.91m                                  |
|     |                      |                 | 14.91m PASS PASS PASS PASS PASS         |

Homme Weight Throw 7,26kg Master 70-74

| Nom | Annee Club           | Seed            | Finales                               |
|-----|----------------------|-----------------|---------------------------------------|
| 1   | Ulis, David          | 48 Greyhounds M | 13.86m                                |
|     |                      |                 | 12.56m                                |
|     |                      |                 | 11.59m FOUL 11.90m 12.56m 11.49m FOUL |
| 2   | Sandhu, Hardev Singh | 49 Greyhounds M |                                       |
|     |                      |                 | 12.24m                                |
|     |                      |                 | 10.71m FOUL 12.24m FOUL 11.83m 11.89m |

Homme 100 Metres Sprint Master 75-79

| Nom | Annee Club       | Seed            | Finales  | Vent       |
|-----|------------------|-----------------|----------|------------|
| 1   | Morris, Mike     | 40 Unattached - | 15.50    | 15.85 -1.3 |
| 2   | Shah, Surinder   | 43 Greyhounds M |          | 17.35 -1.3 |
| 3   | Tams, Peter      | 40 Unattached - | 18.00    | 17.42 -1.3 |
| 4   | McNally, Michael | 42 Indépendant  | 11:30.30 | 18.57 -1.3 |
| --  | Sekhon, Pritam   | 43 Unattached - | 29.00    | DNS -1.3   |

Homme 200 Metres Sprint Master 75-79

| Nom               | Annee Club      | Seed  | Finales | Vent |
|-------------------|-----------------|-------|---------|------|
| 1 Morris, Mike    | 40 Unattached - | 33.50 | 33.74   | +0.0 |
| 2 Shah, Surinder  | 43 Greyhounds M |       | 35.51   | +0.0 |
| -- Sekhon, Pritam | 43 Unattached - | 40.00 | DNS     | +0.0 |

Homme 400 Metres Sprint Master 75-79

| Nom               | Annee Club      | Seed    | Finales |
|-------------------|-----------------|---------|---------|
| 1 Mackie, Chris   | 40 Unattached - | 1:25.00 | 1:22.16 |
| 2 Shah, Surinder  | 43 Greyhounds M |         | 1:23.19 |
| -- Sekhon, Pritam | 43 Unattached - | 2:00.00 | DNS     |

Homme 800 Metres Demi-fond Master 75-79

| Nom              | Annee Club      | Seed    | Finales |
|------------------|-----------------|---------|---------|
| 1 Mackie, Chris  | 40 Unattached - | 3:05.00 | 3:06.91 |
| 2 Sekhon, Pritam | 43 Unattached - | 4:00.00 | 6:43.06 |

Homme 1500 Metres Demi-fond Master 75-79

| Nom                  | Annee Club      | Seed     | Finales |
|----------------------|-----------------|----------|---------|
| 1 Mackie, Chris      | 40 Unattached - | 6:12.00  | 6:23.19 |
| -- Robichaud, Roland | 44 Les Vainqueu | 10:36.00 | DNS     |
| -- Sekhon, Pritam    | 43 Unattached - | 10:00.00 | DNS     |

Homme 75-79 5000 Metres Demi-fond Master 75-79

| Nom              | Annee Club      | Seed | Finales  |
|------------------|-----------------|------|----------|
| 1 Sekhon, Pritam | 43 Unattached - |      | 49:30.89 |

Homme 10000 Metres Demi-fond Master 75-79

| Nom               | Annee Club      | Seed     | Finales |
|-------------------|-----------------|----------|---------|
| -- Sekhon, Pritam | 43 Unattached - | 20:00.00 | DNS     |

Homme 80 Metres Haies 30po Master 75-79

| Nom              | Annee Club      | Seed | Finales | Vent |
|------------------|-----------------|------|---------|------|
| 1 Shah, Surinder | 43 Greyhounds M |      | 20.51   | 0.6  |

Homme 300 Metres Haies 27po Master 75-79

| Nom              | Annee Club      | Seed | Finales |
|------------------|-----------------|------|---------|
| 1 Shah, Surinder | 43 Greyhounds M |      | 1:14.50 |

Homme 2000 Metres Steeplechase 30po Master 75-79

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|

|   |                |                 |          |          |
|---|----------------|-----------------|----------|----------|
| 1 | Sekhon, Pritam | 43 Unattached - | 16:00.00 | 21:01.23 |
|---|----------------|-----------------|----------|----------|

Homme Saut en hauteur Master 75-79

| Nom                 | Annee Club      | Seed  | Finales |
|---------------------|-----------------|-------|---------|
| 1 Shah, Surinder    | 43 Greyhounds M |       | 1.00m   |
| 0.90 0.95 1.00 1.05 |                 |       |         |
| O O O XXX           |                 |       |         |
| 2 Tams, Peter       | 40 Unattached - | 1.05m | J1.00m  |
| 1.00 1.05           |                 |       |         |
| XO XXX              |                 |       |         |

Homme Saut en longueur Master 75-79

| Nom                              | Annee Club      | Seed  | Finales | Vent |
|----------------------------------|-----------------|-------|---------|------|
| 1 Shah, Surinder                 | 43 Greyhounds M |       | 2.65m   | +0.0 |
| 2.41m(0.4) 2.65m(+0.0)           | FOUL PASS PASS  | PASS  |         |      |
| 2 Tams, Peter                    | 40 Unattached - | 2.60m | 2.46m   | 0.5  |
| 2.46m(0.5) 2.37m(0.5) 2.21m(0.9) | PASS PASS       | PASS  |         |      |

Homme Triple Saut Master 75-79

| Nom                   | Annee Club      | Seed  | Finales | Vent |
|-----------------------|-----------------|-------|---------|------|
| 1 Shah, Surinder      | 43 Greyhounds M |       | 5.66m   | 0.8  |
| 5.43m(1.5) 5.66m(0.8) | PASS PASS PASS  | PASS  |         |      |
| -- Sekhon, Pritam     | 43 Unattached - | 5.00m | DNS     | NWI  |

Homme Lancer du poids 4kg Master 75-79

| Nom                                 | Annee Club      | Seed  | Finales |
|-------------------------------------|-----------------|-------|---------|
| 1 Jacobs, Moe                       | 44 Throwers Clu | 9.70m | 9.03m   |
| 9.02m 9.03m 8.99m                   | FOUL 8.73m FOUL |       |         |
| 2 Morioka, Harold                   | 43 Greyhounds M | 8.50m | 8.24m   |
| 7.88m 7.63m 8.24m 7.91m 8.08m       | FOUL            |       |         |
| 3 Tams, Peter                       | 40 Unattached - | 6.50m | 6.40m   |
| 6.40m 6.19m 5.69m 6.36m 6.30m 6.39m |                 |       |         |
| 4 Sekhon, Pritam                    | 43 Unattached - | 8.00m | 5.44m   |
| FOUL 5.24m 5.30m 5.13m              | FOUL 5.44m      |       |         |

Homme Lancer du disque 1kg Master 75-79

| Nom                                       | Annee Club      | Seed   | Finales |
|-------------------------------------------|-----------------|--------|---------|
| 1 Jacobs, Moe                             | 44 Throwers Clu | 30.00m | 26.12m  |
| 23.76m 24.43m 26.12m 25.58m 22.43m 25.92m |                 |        |         |
| 2 Morioka, Harold                         | 43 Greyhounds M | 25.30m | 23.08m  |
| 21.93m 21.26m 21.52m 23.08m 22.40m 22.82m |                 |        |         |
| 3 Tams, Peter                             | 40 Unattached - | 19.00m | 20.29m  |
| 19.27m FOUL FOUL FOUL 20.29m 17.28m       |                 |        |         |
| -- Sekhon, Pritam                         | 43 Unattached - | 10.00m | DNS     |

Homme Lancer du marteau 4kg Master 75-79

| Nom | Annee Club | Seed | Finales |
|-----|------------|------|---------|
|-----|------------|------|---------|

|    |                                           |                 |        |        |
|----|-------------------------------------------|-----------------|--------|--------|
| 1  | Morioka, Harold                           | 43 Greyhounds M | 23.00m | 22.01m |
|    | 19.69m 21.54m 22.01m 21.60m 19.43m 21.47m |                 |        |        |
| 2  | Shah, Surinder                            | 43 Greyhounds M |        | 16.70m |
|    | 14.07m 16.70m 13.40m 14.04m PASS PASS     |                 |        |        |
| -- | Sekhon, Pritam                            | 43 Unattached - | 20.00m | DNS    |

Homme Lancer du javelot 500g Master 75-79

| Nom | Annee Club                                | Seed            | Finales       |
|-----|-------------------------------------------|-----------------|---------------|
| 1   | Morioka, Harold                           | 43 Greyhounds M | 23.50m 24.01m |
|     | 24.01m 23.07m 22.56m 21.81m 22.39m 23.56m |                 |               |
| 2   | Tams, Peter                               | 40 Unattached - | 17.50m 14.15m |
|     | 14.15m 9.42m FOUL 11.80m 10.25m 12.17m    |                 |               |
| 3   | Sekhon, Pritam                            | 43 Unattached - | 18.00m 9.91m  |
|     | 7.15m FOUL 9.59m 7.06m 9.91m FOUL         |                 |               |

Homme Weight Throw 7,26kg Master 75-79

| Nom | Annee Club                          | Seed            | Finales     |
|-----|-------------------------------------|-----------------|-------------|
| 1   | Shah, Surinder                      | 43 Greyhounds M | 8.74m       |
|     | 7.16m 7.83m 8.37m 7.70m 8.42m 8.74m |                 |             |
| 2   | Morioka, Harold                     | 43 Greyhounds M | 8.75m 8.68m |
|     | FOUL 8.18m 8.68m FOUL 8.31m 8.08m   |                 |             |
| 3   | Sekhon, Pritam                      | 43 Unattached - | 8.00m 5.56m |
|     | 4.60m 4.97m 4.70m FOUL 5.56m 5.46m  |                 |             |

Homme 1500 Metres Marche Master 75-79

| Nom                        | Annee Club                             | Seed            | Finales           |
|----------------------------|----------------------------------------|-----------------|-------------------|
| <b>1 Robichaud, Roland</b> | <b>44 Les Vainqueu</b>                 |                 | <b>9:53.83 MR</b> |
|                            | (old MR 12 :54.03 Josh Fedder ON 2010) |                 |                   |
| --                         | Sekhon, Pritam                         | 43 Unattached - | 15:00.00 DNS      |
| --                         | Jobin, Marcel                          | 42 Les Vainqueu | 9:23.00 DNS       |

Homme 5000 Metres Marche Master 75-79

| Nom | Annee Club        | Seed            | Finales           |
|-----|-------------------|-----------------|-------------------|
| 1   | Robichaud, Roland | 44 Les Vainqueu | 35:00.00 34:02.0h |
| --  | Sekhon, Pritam    | 43 Unattached - | 50:00.00 DNS      |

Homme 100 Metres Sprint Master 80-84

| Nom | Annee Club        | Seed            | Finales | Vent |
|-----|-------------------|-----------------|---------|------|
| 1   | Armstrong, Mervyn | 39 Unattached A | 17.45   | -1.3 |

Homme 200 Metres Sprint Master 80-84

| Nom | Annee Club         | Seed            | Finales | Vent       |
|-----|--------------------|-----------------|---------|------------|
| 1   | Van Der Wal, Hylke | 38 Saskatchewan | 50.22   | 49.65 +0.0 |

Homme 400 Metres Sprint Master 80-84

| Nom                  | Annee Club      | Seed    | Finales |
|----------------------|-----------------|---------|---------|
| 1 Van Der Wal, Hylke | 38 Saskatchewan | 1:55.13 | 2:39.19 |

Homme 800 Metres Demi-fond Master 80-84

| Nom                  | Annee Club      | Seed    | Finales |
|----------------------|-----------------|---------|---------|
| 1 Van Der Wal, Hylke | 38 Saskatchewan | 4:29.00 | 6:26.66 |

Homme 1500 Metres Demi-fond Master 80-84

| Nom                                                                 | Annee Club             | Seed    | Finales           |
|---------------------------------------------------------------------|------------------------|---------|-------------------|
| <b>1 Taivassalo, Keijo</b><br>(old MR 6 :56.9 Roger Davies AB 2016) | <b>39 University o</b> | 7:00.00 | <b>6:47.04 MR</b> |
| 2 Geddes, Jack                                                      | 37 Unattached -        | 9:00.00 | 7:45.27           |

Homme 5000 Metres Demi-fond Master 80-84

| Nom                 | Annee Club      | Seed     | Finales  |
|---------------------|-----------------|----------|----------|
| 1 Taivassalo, Keijo | 39 University o | 24:50.00 | 25:06.53 |
| -- Geddes, Jack     | 37 Unattached - | 30:00.00 | DNS      |

Homme 10000 Metres Demi-fond Master 80-84

| Nom                 | Annee Club      | Seed     | Finales  |
|---------------------|-----------------|----------|----------|
| 1 Taivassalo, Keijo | 39 University o | 55:00.00 | 50:45.17 |

Homme 80 Metres Haies 27po Master 80-84

| Nom                  | Annee Club      | Seed     | Finales | Vent |
|----------------------|-----------------|----------|---------|------|
| 1 Van Der Wal, Hylke | 38 Saskatchewan | 21:00.00 | 38.24   | 0.6  |
| -- Armstrong, Mervyn | 39 Unattached A |          | DNS     | 0.6  |

Homme 200 Metres Haies 27po Master 80-84

| Nom                  | Annee Club      | Seed     | Finales | Vent |
|----------------------|-----------------|----------|---------|------|
| 1 Van Der Wal, Hylke | 38 Saskatchewan | 51:00.00 | 1:26.72 | +0.0 |

Homme 2000 Metres Steeplechase 30po Master 80-84

| Nom                  | Annee Club      | Seed     | Finales  |
|----------------------|-----------------|----------|----------|
| 1 Van Der Wal, Hylke | 38 Saskatchewan | 14:39.23 | 20:21.00 |

Homme Saut en hauteur Master 80-84

| Nom         | Annee Club      | Seed                               | Finales |
|-------------|-----------------|------------------------------------|---------|
| 1 Mey, Karl | 36 Greyhounds M |                                    | 1.15m   |
|             |                 | 0.90 0.95 1.00 1.05 1.10 1.15 1.20 |         |
|             |                 | O O O XO XXO O X                   |         |

Homme Saut en longueur Master 80-84



| Nom                     | Annee Club      | Seed        | Finales     | Vent |
|-------------------------|-----------------|-------------|-------------|------|
| 1 Armstrong, Mervyn     | 39 Unattached A |             | 3.27m       | +0.0 |
| 2.91m(+0.0) 3.04m(+0.0) | FOUL FOUL       | 3.22m(-0.3) | 3.27m(+0.0) |      |
| 2 Van Der Wal, Hylke    | 38 Saskatchewan | 2.89m       | 1.87m       | +0.0 |
| FOUL 1.87m(+0.0)        | PASS PASS       | PASS        | PASS        |      |

Homme Triple Saut Master 80-84

| Nom                  | Annee Club      | Seed | Finales     | Vent |
|----------------------|-----------------|------|-------------|------|
| 1 Armstrong, Mervyn  | 39 Unattached A |      | 6.07m       | +0.0 |
| FOUL(2.2) 5.49m(2.1) | 5.89m(1.7) PASS | PASS | 6.07m(+0.0) |      |

Homme Lancer du poids 3kg Master 80-84

| Nom                   | Annee Club      | Seed  | Finales |
|-----------------------|-----------------|-------|---------|
| 1 Van Der Wal, Hylke  | 38 Saskatchewan | 7.87m | 6.10m   |
| PASS PASS 6.07m 6.10m | PASS 5.78m      |       |         |

Homme Lancer du disque 1kg Master 80-84

| Nom                  | Annee Club          | Seed   | Finales |
|----------------------|---------------------|--------|---------|
| 1 Armstrong, Mervyn  | 39 Unattached A     |        | 24.73m  |
| 23.02m 24.73m        | FOUL FOUL PASS PASS |        |         |
| 2 Van Der Wal, Hylke | 38 Saskatchewan     | 14.78m | 12.93m  |
| 12.93m PASS PASS     | PASS 11.58m FOUL    |        |         |

Homme Lancer du marteau 3kg Master 80-84

| Nom            | Annee Club            | Seed   | Finales |
|----------------|-----------------------|--------|---------|
| 1 Muller, Emil | 35 Throwers Clu       | 32.00m | 30.68m  |
| FOUL 29.50m    | FOUL FOUL 30.68m FOUL |        |         |

Homme Lancer du javelot 400g Master 80-84

| Nom                 | Annee Club               | Seed | Finales |
|---------------------|--------------------------|------|---------|
| 1 Armstrong, Mervyn | 39 Unattached A          |      | 24.60m  |
| 24.60m              | PASS PASS PASS PASS PASS |      |         |

Homme Weight Throw 5,45kg Master 80-84

| Nom            | Annee Club          | Seed   | Finales |
|----------------|---------------------|--------|---------|
| 1 Muller, Emil | 35 Throwers Clu     | 12.50m | 11.55m  |
| 10.52m 11.55m  | FOUL PASS FOUL PASS |        |         |

Homme Lancer du javelot 400g Master 85-89

| Nom              | Annee Club      | Seed   | Finales |
|------------------|-----------------|--------|---------|
| -- Staveley, Bob | 34 Ottawa Lions | 18.51m | DNS     |

Homme 200 Metres Sprint Master 90-94

| Nom          | Annee Club      | Seed  | Finales | Vent |
|--------------|-----------------|-------|---------|------|
| -- Fee, Earl | 29 Unattached - | 38.50 | DNS     | NWI  |

Homme 400 Metres Sprint Master 90-94

| Nom          | Annee Club      | Seed    | Finales |
|--------------|-----------------|---------|---------|
| -- Fee, Earl | 29 Unattached - | 1:29.50 | DNS     |

Homme 800 Metres Demi-fond Master 90-94

| Nom          | Annee Club      | Seed    | Finales |
|--------------|-----------------|---------|---------|
| -- Fee, Earl | 29 Unattached - | 3:38.50 | DNS     |

Homme 200 Metres Haies 27po Master 90-94

| Nom          | Annee Club      | Seed  | Finales | Vent |
|--------------|-----------------|-------|---------|------|
| -- Fee, Earl | 29 Unattached - | 51.50 | DNS     | NWI  |

Homme Saut en hauteur Master 90-94

| Nom          | Annee Club      | Seed  | Finales |
|--------------|-----------------|-------|---------|
| -- Fee, Earl | 29 Unattached - | 1.02m | DNS     |

Homme Lancer du javelot 400g Master 90-94

| Nom          | Annee Club      | Seed   | Finales |
|--------------|-----------------|--------|---------|
| -- Fee, Earl | 29 Unattached - | 20.00m | DNS     |

Homme 100 Metres Sprint Master 95-99

| Nom                    | Annee Club      | Seed | Finales | Vent |
|------------------------|-----------------|------|---------|------|
| -- Sekhon, Atter Singh | 23 Unattached - |      | DNS     | NWI  |

Homme 200 Metres Sprint Master 95-99

| Nom                    | Annee Club      | Seed | Finales | Vent |
|------------------------|-----------------|------|---------|------|
| -- Sekhon, Atter Singh | 23 Unattached - |      | DNS     | NWI  |

Homme Lancer du poids 3kg Master 95-99

| Nom                    | Annee Club      | Seed | Finales |
|------------------------|-----------------|------|---------|
| -- Sekhon, Atter Singh | 23 Unattached - |      | DNS     |

Homme Lancer du disque 1kg Master 95-99

| Nom                    | Annee Club      | Seed | Finales |
|------------------------|-----------------|------|---------|
| -- Sekhon, Atter Singh | 23 Unattached - |      | DNS     |

Homme Lancer du marteau 3kg Master 95-99

| Nom                    | Annee Club      | Seed | Finales |
|------------------------|-----------------|------|---------|
| -- Sekhon, Atter Singh | 23 Unattached - |      | DNS     |

Homme Lancer du javelot 400g Master 95-99

| Nom                    | Annee Club      | Seed | Finales |
|------------------------|-----------------|------|---------|
| -- Sekhon, Atter Singh | 23 Unattached - |      | DNS     |

Homme Weight Throw 5,45kg Master 95-99

| Nom                    | Annee Club      | Seed | Finales |
|------------------------|-----------------|------|---------|
| -- Sekhon, Atter Singh | 23 Unattached - |      | DNS     |

Combined Team Scores - Benjamin - 2 Pointage par epreuve

|                       |    |                           |    |
|-----------------------|----|---------------------------|----|
| 1) Dynamique De Laval | 18 | 2) Corsaire-Chaparral     | 12 |
| 3) Adrenaline         | 8  | 4) Lanaudière-Olympique   | 6  |
| 5) A.t.p Athlétisme   | 5  | 6) C. A. Université Laval | 4  |
| 7) Rive-Sud           | 3  |                           |    |

Combined Team Scores - Cadet - 2 Pointage par epreuve

|                           |   |                        |   |
|---------------------------|---|------------------------|---|
| 1) C. A. Université Laval | 9 | 2) Adrenaline          | 8 |
| 3) Vainqueurs Plus        | 7 | 3) Drummondville       | 7 |
| 5) Filoup                 | 6 | 5) Dynamique De Laval  | 6 |
| 7) Gatineau               | 5 | 8) Baie-Comeau         | 4 |
| 9) Sherbrooke             | 2 | 10) Corsaire-Chaparral | 1 |
| 10) C. A. De Québec       | 1 |                        |   |

Combined Team Scores - Master 30-34 - 12 Pointage par epreuve

|                           |    |                   |    |
|---------------------------|----|-------------------|----|
| 1) C. A. Université Laval | 21 | 2) Les Vainqueurs | 14 |
| 3) Sherbrooke             | 7  | 4) The Gazelles   | 6  |

Combined Team Scores - Master 35-39 - 33 Pointage par epreuve

|                                |    |                             |    |
|--------------------------------|----|-----------------------------|----|
| 1) JMAC - JAMCAN Internationa  | 28 | 2) Les Vainqueurs           | 26 |
| 3) West Island T. C.           | 19 | 4) Variety Village Athletic | 18 |
| 5) Lanaudière-Olympique        | 17 | 6) UNATTACHED-SASKATCHEWAN  | 14 |
| 6) Rive-Sud                    | 14 | 6) Saint-Laurent Sélect     | 14 |
| 6) C. A. De Québec             | 14 | 6) A.t.p Athlétisme         | 14 |
| 11) Montréal-International     | 13 | 12) Zénix De La Mauricie    | 7  |
| 12) Unattached - Ontario       | 7  | 14) Sherbrooke              | 6  |
| 14) University of Toronto T.C. | 6  | 16) Halifax Athletics       | 5  |

Combined Team Scores - Master 40-44 - 20 Pointage par epreuve

|                                |    |                             |    |
|--------------------------------|----|-----------------------------|----|
| 1) JMAC - JAMCAN Internationa  | 27 | 2) Indépendant              | 25 |
| 3) Sherbrooke                  | 23 | 4) Pélicans De Rosemont     | 20 |
| 5) Les Vainqueurs              | 14 | 5) Unattached - Ontario     | 14 |
| 5) Corsaire-Chaparral          | 14 | 5) Dynamique De Laval       | 14 |
| 9) The Gazelles                | 13 | 10) Club De Coureurs Boréal | 11 |
| 11) Saint-Laurent Sélect       | 10 | 12) Saint-Jean Olympique    | 7  |
| 12) Brockville Legion Track Cl | 7  | 12) Lanaudière-Olympique    | 7  |

## 15) UNATTACHED-NEW BRUNSWICK 6

## Combined Team Scores - Master 45-49 - 30 Pointage par epreuve

|                            |    |                               |    |
|----------------------------|----|-------------------------------|----|
| 1) Lachine                 | 43 | 2) Indépendant                | 40 |
| 3) Ottawa Lions            | 31 | 4) University of Toronto T.C  | 28 |
| 5) Saint-Jean Olympique    | 27 | 6) JMAC - JAMCAN Internation  | 23 |
| 7) ATHLETICS YUKON         | 18 | 8) Etobicoke Track & Field C  | 14 |
| 8) Milpat Club Mauricie    | 14 | 8) West Island T. C.          | 14 |
| 8) Saint-Laurent Sélect    | 14 | 12) Unattached - Ontario      | 13 |
| 13) C. A. Université Laval | 11 | 14) UNATTACHED NEWFOUNDLAND A | 8  |
| 15) C. A. De Québec        | 7  | 15) Coureur Nordique          | 7  |
| 15) Vainqueurs Plus        | 7  | 18) SAINT JOHN TRACK & FIELD  | 6  |
| 19) Enduromax              | 5  | 20) Lanaudière-Olympique      | 4  |

## Combined Team Scores - Master 50-54 - 32 Pointage par epreuve

|                                |    |                               |    |
|--------------------------------|----|-------------------------------|----|
| 1) SAINT JOHN TRACK & FIELD    | 57 | 2) Saint-Laurent Sélect       | 39 |
| 3) Les Vainqueurs              | 38 | 4) JMAC - JAMCAN Internation  | 37 |
| 5) University of Toronto T.C.  | 32 | 6) Unattached - Ontario       | 31 |
| 7) Variety Village Athletic C  | 30 | 8) Indépendant                | 24 |
| 8) Newmarket Huskies Track Cl  | 24 | 10) Kilomaîtres De Lasalle    | 23 |
| 11) Enduromax                  | 17 | 12) Perfmex-Racing            | 15 |
| 13) Corsaire-Chaparral         | 14 | 13) Ottawa Lions              | 14 |
| 15) LIIT                       | 13 | 15) Coureur Nordique          | 13 |
| 17) Cirrus Gatineau            | 12 | 17) Winnipeg Optimist Athleti | 12 |
| 19) Kingston Track & Field Clu | 10 | 19) Throwers Club             | 10 |
| 21) Vainqueurs Plus            | 8  | 22) Fleur De Lys              | 7  |
| 22) Saint-Jean Olympique       | 7  | 24) Etobicoke Track & Field C | 5  |

## Combined Team Scores - Master 55-59 - 35 Pointage par epreuve

|                                |    |                               |    |
|--------------------------------|----|-------------------------------|----|
| 1) Indépendant                 | 64 | 2) UNATTACHED-NEW BRUNSWICK   | 42 |
| 3) Les Vainqueurs              | 40 | 4) Vainqueurs Plus            | 38 |
| 5) Unattached - Ontario        | 26 | 6) Roadkill Running Club      | 22 |
| 7) FAST TRACKS                 | 20 | 8) OCEAN ATHLETICS TRACK & F  | 19 |
| 8) Kalenjins                   | 19 | 10) Drummondville             | 18 |
| 11) University of Toronto T.C. | 14 | 12) Ottawa Lions              | 13 |
| 12) Sherbrooke                 | 13 | 14) Throwers Club             | 12 |
| 15) Ontario Racewalkers Associ | 11 | 16) Lanaudière-Olympique      | 7  |
| 17) Les Vikings Club De Course | 6  | 18) JMAC - JAMCAN Internation | 5  |

## Combined Team Scores - Master 60-64 - 38 Pointage par epreuve

|                                |    |                              |    |
|--------------------------------|----|------------------------------|----|
| 1) Unattached - Ontario        | 86 | 2) Indépendant               | 53 |
| 3) Throwers Club               | 47 | 4) GREYHOUNDS MASTERS TRACK  | 41 |
| 5) Ottawa Lions                | 40 | 5) Lanaudière-Olympique      | 40 |
| 7) University of Toronto T.C.  | 35 | 8) UNATTACHED NOVA SCOTIA    | 33 |
| 9) Kilomaîtres De Lasalle      | 32 | 10) Les Vainqueurs           | 26 |
| 11) Montréal-International     | 20 | 12) Vainqueurs Plus          | 17 |
| 13) The Gazelles               | 14 | 14) Athlétisme Ville-Marie   | 13 |
| 15) Etobicoke Track & Field Cl | 7  | 15) Zénix De La Mauricie     | 7  |
| 15) Unattached - British Colum | 7  | 15) UNATTACHED-NEW BRUNSWICK | 7  |
| 19) Les Godasses Du Nord       | 6  |                              |    |

## Combined Team Scores - Master 65-69 - 38 Pointage par epreuve

|                               |    |                         |    |
|-------------------------------|----|-------------------------|----|
| 1) GREYHOUNDS MASTERS TRACK & | 65 | 2) Throwers Club        | 58 |
| 3) University of Toronto T.C. | 46 | 4) Milpat Club Mauricie | 35 |

|                               |    |                               |    |
|-------------------------------|----|-------------------------------|----|
| 5) Rive-Sud                   | 33 | 6) Ontario Racewalkers Assoc  | 26 |
| 7) Variety Village Athletic C | 21 | 8) Les Vainqueurs             | 18 |
| 9) Club De Coureurs Boréal    | 17 | 10) York University Track & F | 14 |
| 11) EDMONTON RACEWALK CLUB    | 13 | 12) SISU Throws Club          | 7  |
| 13) Athlétisme Ville-Marie    | 6  | 14) Vainqueurs Plus           | 5  |

=====  
 Combined Team Scores - Master 70-74 - 31 Pointage par epreuve  
 =====

|                               |     |                              |    |
|-------------------------------|-----|------------------------------|----|
| 1) GREYHOUNDS MASTERS TRACK & | 181 | 2) Unattached - British Colu | 42 |
| 3) SAINT JOHN TRACK & FIELD   | 40  | 4) Indépendant               | 33 |
| 5) JMAC - JAMCAN Internationa | 28  | 6) Ottawa Lions              | 19 |
| 7) Unattached - Ontario       | 14  | 8) Saint-Jean Olympique      | 12 |
| 9) Brockville Legion Track Cl | 5   |                              |    |

=====  
 Combined Team Scores - Master 75-79 - 21 Pointage par epreuve  
 =====

|                         |     |                             |    |
|-------------------------|-----|-----------------------------|----|
| 1) Unattached - Ontario | 102 | 2) GREYHOUNDS MASTERS TRACK | 98 |
| 3) Les Vainqueurs       | 14  | 3) Throwers Club            | 14 |
| 5) Indépendant          | 4   |                             |    |

=====  
 Combined Team Scores - Master 80-84 - 19 Pointage par epreuve  
 =====

|                         |    |                              |    |
|-------------------------|----|------------------------------|----|
| 1) Saskatchewan         | 68 | 2) University of Toronto T.C | 21 |
| 3) Throwers Club        | 14 | 4) GREYHOUNDS MASTERS TRACK  | 7  |
| 5) Unattached - Ontario | 6  |                              |    |