

Event 1 W35 60 Meter Dash

=====				
35 CMAA: R 8.16 1/15/1994				
Name	Age	Team	Finals	H#
=====				
Finals				
1	1	Anastasio, Cathy	W39 KAMLOOPS TRA	9.55 3

Event 1 W45 60 Meter Dash

=====				
45 CMAA: R 8.15 3/2/2010				
Name	Age	Team	Finals	H#
=====				
1	7	Schoenthaler, Sher	W46 Alberta	8.82 3
2	8	Blacquiere, Sandy	W47 KAMLOOPS TRA	9.26 3
3	10	Holm, Sue	W47 KAMLOOPS TRA	9.78 3

Event 1 W50 60 Meter Dash

=====				
50 CMAA: R 8.21 3/18/2006				
Name	Age	Team	Finals	H#
=====				
1	18	Burnett, Evelyn	W53 Alberta	8.81 3
2	19	Lauridsen, Susanne	W53 Alberta	9.61 3

Event 1 W55 60 Meter Dash

=====				
55 CMAA: R 8.49 3/2/2010				
Name	Age	Team	Finals	H#
=====				
1	21	Rhebergen, Margare	W55 KAMLOOPS TRA	9.56 2
2	24	Nutting, Jan	W57 Alberta	10.16 2
3	27	Fossberg, Mette	W59 Canada	11.28 2

Event 1 W60 60 Meter Dash

=====				
60 CMAA: R 8.97 2/21/2004				
Name	Age	Team	Finals	H#
=====				
1	29	Rollins, Elisabeth	W61 BC	10.36 2
2	28	Lukacs, Dianna	W60 BC	10.46 2

Event 1 W65 60 Meter Dash

=====				
65 CMAA: R 9.03 2/14/2010				
Name	Age	Team	Finals	H#
=====				
1	35	Matus, Diane	W65 KAMLOOPS TRA	11.44 2

Event 1 W70 60 Meter Dash

=====				
70 CMAA: R 10.62 4/26/2008				
Name	Age	Team	Finals	H#
=====				
1	42	Bortignon, Christa	W74 BC	10.41 CAN

Event 1 W80 60 Meter Dash

=====				
80 CMAA: R 13.32 3/29/2003				
Name	Age	Team	Finals	H#
=====				

1	45 Carrier, Ruth	W80 TRI-CITY GRE	14.54	
Event 2 M40 60 Meter Dash				
40 CMAA: R 7.09 3/24/2001				
Name	Age	Team	Finals	H#
1	62 Tshinyama, Paul	M40 UNATTACHED B	7.39	7
2	61 Foster, Scott	M40 OCEAN ATHLET	7.58	7
3	66 Pretorius, Pete	M44 TRI-CITY GRE	7.80	7
4	63 Harris, Brian	M41 Canada	7.93	7
Event 2 M45 60 Meter Dash				
45 CMAA: R 7.23 3/2/2010				
Name	Age	Team	Finals	H#
1	67 Lemoine, Larry	M45 UNATTACHED B	7.98	6
2	75 Van Ryswyk, Len	M47 Canada	8.09	6
3	79 Meyers, Darcy	M49 Canada	8.30	6
4	77 Jennett, Terry	M49 Alberta	8.33	6
5	71 Benett, Garfield	M47 Alberta	8.46	6
6	81 Rozema, Mark	M49 USATF	8.67	6
Event 2 M50 60 Meter Dash				
50 CMAA: R 7.35 3/18/2006				
Name	Age	Team	Finals	H#
1	86 Black, Murray	M51 Canada	8.16	5
2	91 Wallren, Cal	M51 BC	8.40	5
3	84 Harwood, Doug	M50 BC	9.78	5
Event 2 M55 60 Meter Dash				
55 CMAA: R 7.54 2/15/2009				
Name	Age	Team	Finals	H#
1	100 Crockett, Ken	M58 KAMLOOPS TRA	8.14	5
2	102 Percival, AL	M59 TRI-CITY GRE	8.48	5
Event 2 M60 60 Meter Dash				
60 CMAA: R 7.80 3/28/2003				
Name	Age	Team	Finals	H#
1	115 Winfield, M. John	M64 BC	8.77	4
2	114 Mintz, Bruce	M64 Alberta	8.92	4
3	108 Sandhu, Hardev Sin	M62 BC	9.20	4
4	111 Strong, Derm	M63 KAMLOOPS TRA	9.61	4
5	113 Fowler, Les	M64 BC	9.63	4
6	103 Doherty, Melvin L.	M61 KAMLOOPS RID	11.22	4
Event 2 M65 60 Meter Dash				
65 CMAA: R 7.8h 3/18/1986				
Name	Age	Team	Finals	H#
1	125 Badowski, Tony	M68 BC	9.08	3
2	127 Renwick, Doug	M69 Sask	9.88	3
3	118 Delhomeau, Rolan	M66 Canada	10.50	3
Event 2 M70 60 Meter Dash				
70 CMAA: R 8.39 3/5/1994				

Name	Age	Team	Finals	H#
1 131 Dunn, Dave`	M74	Canada	9.45	2

Event 2 M75 60 Meter Dash

75 CMAA: R 8.92 3/28/1999

Name	Age	Team	Finals	H#
1 133 Rowan, Ted	M77	Sask	9.75	2
2 144 Reilly, George P.	M77	KAJAKS TRACK	10.57	2
3 134 Wardle, Ray	M78	Ont.	10.58	2

Event 2 M80 60 Meter Dash

80 CMAA: R 10.21 3/2/2010

Name	Age	Team	Finals
1 137 Lesage, Norman J.	M81	Canada	10.49
2 138 Thompson, Bill	M81	Canada	10.68
3 136 Chalmers, Gordon L	M81	PENTICTON AT	11.43
4 139 Robson, Leslie	M83	Canada	12.82

Event 2 M85 60 Meter Dash

85 CMAA: R 12.08 3/2/2010

Name	Age	Team	Finals
1 140 Thompson, Harry	M88	Canada	12.83

Event 2 M90 60 Meter Dash

90 CMAA: R 13.64 3/28/1999

Name	Age	Team	Finals
1 141 Falconer, William	M90	UNATTACHED B	16.30

Event 3 M35 60 Meter Dash

Name	Age	Team	Finals
1 51 Oamen, Charles	M36	Canada	7.40
2 53 Osaji, Emeka	M37	BC	7.55
3 59 Sheldon, Randall	M39	BC	7.69
4 57 Kroeker, Tim	M39	BC	7.73
5 60 Walker, Samuel C.	M39	Canada	7.74
6 56 Harrower, William	M39	Canada	7.81

Event 10 W35 200 Meter Dash

35 CMAA: R 26.46 2/10/1995

Name	Age	Team	Finals	H#
1 1 Anastasio, Cathy	W39	KAMLOOPS TRA	32.96	2

Event 10 W45 200 Meter Dash

45 CMAA: R 27.17 3/3/2010

Name	Age	Team	Finals	H#
1 7 Schoenthaler, Sher	W46	Alberta	30.04	2

Event 10 W50 200 Meter Dash

50 CMAA: R 26.56 3/16/2006

Name	Age	Team	Finals	H#
------	-----	------	--------	----

1	18 Burnett, Evelyn	W53 Alberta	29.88	2
2	19 Lauridsen, Susanne	W53 Alberta	31.87	2

Event 10 W55 200 Meter Dash

55 CMAA: R 27.62 3/28/2010				
	Name	Age Team	Finals	H#
1	24 Nutting, Jan	W57 Alberta	34.32	2

Event 10 W60 200 Meter Dash

60 CMAA: R 30.41 1/11/2003				
	Name	Age Team	Finals	H#
1	29 Rollins, Elisabeth	W61 BC	36.05	1
2	28 Lukacs, Dianna	W60 BC	38.99	2

Event 10 W70 200 Meter Dash

70 CMAA: R 36.39 2/22/2009				
	Name	Age Team	Finals	
1	42 Bortignon, Christa	W74 BC	36.64	
2	40 Matlock, Joan	W71 Canada	48.63	

Event 10 W80 200 Meter Dash

80 CMAA: R 48.30 3/8/2009				
	Name	Age Team	Finals	
1	45 Carrier, Ruth	W80 TRI-CITY GRE	52.97	

Event 10 W90 200 Meter Dash

90 CMAA: R 60.72 3/3/2010				
	Name	Age Team	Finals	
1	48 Kotelko, Olga	W92 BC	66.89	

Event 11 M35 200 Meter Dash

35 CMAA: R 22.4h 3/7/1992				
	Name	Age Team	Finals	H#
1	51 Oamen, Charles	M36 Canada	24.56	3
2	60 Walker, Samuel C.	M39 Canada	24.87	3

Event 11 M40 200 Meter Dash

40 CMAA: R 23.09 3/4/2007				
	Name	Age Team	Finals	H#
1	63 Harris, Brian	M41 Canada	25.41	3
2	66 Pretorius, Pete	M44 TRI-CITY GRE	26.17	2

Event 11 M45 200 Meter Dash

45 CMAA: R 23.01 3/3/2010				
	Name	Age Team	Finals	H#
1	77 Jennett, Terry	M49 Alberta	26.95	2
2	79 Meyers, Darcy	M49 Canada	28.24	1

Event 11 M50 200 Meter Dash

=====
50 CMAA: R 23.3h 2/13/1993

Name	Age	Team	Finals	H#
1 86 Black, Murray	M51	Canada	26.37	1
2 85 Pinckard, Mark	M50	KAJAKS TRACK	27.32	2
3 91 Wallren, Cal	M51	BC	27.51	1
4 89 Mackay, James	M51	BC	29.17	2

Event 11 M55 200 Meter Dash

=====
55 CMAA: R 24.94 3/27/1999

Name	Age	Team	Finals
1 100 Crockett, Ken	M58	KAMLOOPS TRA	27.37
2 102 Percival, AL	M59	TRI-CITY GRE	28.84

Event 12 M60 200 Meter Dash

Name	Age	Team	Finals
1 115 Winfield, M. John	M64	BC	28.43
2 114 Mintz, Bruce	M64	Alberta	29.28
3 108 Sandhu, Hardev Sin	M62	BC	31.16
4 113 Fowler, Les	M64	BC	31.73
5 111 Strong, Derm	M63	KAMLOOPS TRA	31.89
6 103 Doherty, Melvin L.	M61	KAMLOOPS RID	34.56

Event 13 M65 200 Meter Dash

Name	Age	Team	Finals	H#
1 122 Ukonmaanaho, Tuoma	M66	BC	29.10	2
2 125 Badowski, Tony	M68	BC	30.41	2
3 127 Renwick, Doug	M69	Sask	31.74	2

Event 13 M70 200 Meter Dash

Name	Age	Team	Finals	H#
1 131 Dunn, Dave`	M74	Canada	33.00	2

Event 13 M75 200 Meter Dash

Name	Age	Team	Finals	H#
1 133 Rowan, Ted	M77	Sask	34.02	2
2 134 Wardle, Ray	M78	Ont.	36.23	1
3 144 Reilly, George P.	M77	KAJAKS TRACK	40.76	1

Event 13 M80 200 Meter Dash

Name	Age	Team	Finals	H#
1 137 Lesage, Norman J.	M81	Canada	33.82	2
2 138 Thompson, Bill	M81	Canada	38.19	1
3 139 Robson, Leslie	M83	Canada	43.35	1

Event 13 M85 200 Meter Dash

Name	Age	Team	Finals
1 140 Thompson, Harry	M88	Canada	43.72

Event 20 W45 400 Meter Dash

45 CMAA: R 61.62 2/22/2003

Name	Age	Team	Finals
1	11	Summers, Judy E.	W47 DEERFOOT ATH 75.93

Event 20 W70 400 Meter Dash

70 CMAA: R 1:21.63 1/12/2003

Name	Age	Team	Finals
1	42	Bortignon, Christa	W74 BC 1:29.15
2	41	Saunders, Barbara	W71 UNATTACHED B 1:47.87
3	40	Matlock, Joan	W71 Canada 1:54.17

Event 21 M35 400 Meter Dash

35 CMAA: R 49.46 2/26/1983

Name	Age	Team	Finals	H#
1	60	Walker, Samuel C.	M39 Canada 56.42	5

Event 21 M45 400 Meter Dash

45 CMAA: R 51.8h 2/18/1989

Name	Age	Team	Finals	H#
1	70	Kent, Scott	M46 UNATTACHED B 57.30	5
2	69	Faucher, Serge	M46 Man. 58.24	5
3	81	Rozema, Mark	M49 USATF 64.58	5

Event 21 M50 400 Meter Dash

50 CMAA: R 52.72 2/25/1995

Name	Age	Team	Finals	H#
1	85	Pinckard, Mark	M50 KAJAKS TRACK 58.75	5

Event 21 M60 400 Meter Dash

60 CMAA: R 55.62 3/29/2003

Name	Age	Team	Finals	H#
1	115	Winfield, M. John	M64 BC 66.26	4
2	114	Mintz, Bruce	M64 Alberta 67.84	4
3	111	Strong, Derm	M63 KAMLOOPS TRA 75.47	4
4	113	Fowler, Les	M64 BC 1:20.01	4

Event 21 M65 400 Meter Dash

65 CMAA: R 59.53 2/25/1995

Name	Age	Team	Finals	H#
1	117	Brewer, Jess H.	M65 BC 68.35	3
2	125	Badowski, Tony	M68 BC 69.59	3
3	127	Renwick, Doug	M69 Sask 71.40	3

Event 21 M70 400 Meter Dash

70 CMAA: R 61.31 3/27/1999

Name	Age	Team	Finals	H#
1	131	Dunn, Dave`	M74 Canada 77.21	2
2	130	van der Wal, Hylke	M72 Sask 79.99	2

Event 21 M75 400 Meter Dash

75 CMAA: R 66.28 3/26/2004

Name	Age	Team	Finals	H#
1 134 Wardle, Ray	M78	Ont.	1:28.90	2

Event 21 M80 400 Meter Dash

80 CMAA: R 71.24 3/29/2009

Name	Age	Team	Finals
1 137 Lesage, Norman J.	M81	Canada	1:36.87
2 138 Thompson, Bill	M81	Canada	1:42.97
3 139 Robson, Leslie	M83	Canada	2:00.24

Event 21 M85 400 Meter Dash

85 CMAA: R 1:41.51 3/6/2010

Name	Age	Team	Finals
1 140 Thompson, Harry	M88	Canada	1:46.62

Event 30 W45 800 Meter Run

45 CMAA: R 2:24.47 3/28/2010

Name	Age	Team	Finals
1 6 Bezdan, Jeanie	W46	OCEAN ATHLET	2:33.95
2 13 Dixon, Donna	W48	Canada	2:36.56

Event 30 W55 800 Meter Run

55 CMAA: R 2:31.73 3/25/2007

Name	Age	Team	Finals
1 23 DE St. Croix, Maur	W57	OCEAN ATHLET	2:49.80

Event 30 W70 800 Meter Run

70 CMAA: R 3:14.00 3/6/2001

Name	Age	Team	Finals
1 41 Saunders, Barbara	W71	UNATTACHED B	3:51.66
2 40 Matlock, Joan	W71	Canada	4:34.41

Event 30 W80 800 Meter Run

80 CMAA: R 5:16.53 3/31/1996

Name	Age	Team	Finals
1 46 Montgomery, Lenore	W80	UNATTACHED B	4:17.36 CAN

Event 31 M45 800 Meter Run

45 CMAA: R 1:58.51 2/21/2010

Name	Age	Team	Finals
1 69 Faucher, Serge	M46	Man.	2:17.79

Event 31 M50 800 Meter Run

50 CMAA: R 2:09.28 2/12/2006

Name	Age	Team	Finals
1 85 Pinckard, Mark	M50	KAJAKS TRACK	2:16.97
2 90 Smillie, Malcolm	M51	UNATTACHED B	2:27.94
3 94 Hallford, Bruce	M54	Canada	2:50.39

Event 31 M55 800 Meter Run

=====			
55 CMAA: R 2:11.00 3/29/2009			
Name	Age	Team	Finals
=====			
1	96	Olsen, Dave	M55 Sask 3:02.16

Event 31 M60 800 Meter Run

=====			
60 CMAA: R 2:14.42 3/30/2003			
Name	Age	Team	Finals
=====			
1	110	Pawluk, Fred	M63 KAJAKS TRACK 2:41.13
2	103	Doherty, Melvin L.	M61 KAMLOOPS RID 3:02.96

Event 31 M65 800 Meter Run

=====			
65 CMAA: R 2:16.80 3/27/1994			
Name	Age	Team	Finals
=====			
1	127	Renwick, Doug	M69 Sask 2:47.07
2	120	Madderom, Jake	M66 KAJAKS TRACK 3:09.53

Event 31 M70 800 Meter Run

=====			
70 CMAA: R 2:20.45 3/28/1999			
Name	Age	Team	Finals
=====			
1	130	van der Wal, Hylke	M72 Sask 3:37.95

Event 31 M75 800 Meter Run

=====			
75 CMAA: R 2:32.47 3/26/2004			
Name	Age	Team	Finals
=====			
1	134	Wardle, Ray	M78 Ont. 4:01.74

Event 31 M85 800 Meter Run

=====			
85 CMAA: R 4:10.23 3/3/2010			
Name	Age	Team	Finals
=====			
1	140	Thompson, Harry	M88 Canada 4:20.78

Event 40 W45 1500 Meter Run

=====			
45 CMAA: R 4:47.58 1/28/2006			
Name	Age	Team	Finals
=====			
1	6	Bezdan, Jeanie	W46 OCEAN ATHLET 5:16.68
2	13	Dixon, Donna	W48 Canada 5:23.12

Event 40 W55 1500 Meter Run

=====			
55 CMAA: R 4:58.70 2/22/2007			
Name	Age	Team	Finals
=====			
1	23	DE St. Croix, Maur	W57 OCEAN ATHLET 5:39.46
2	25	Prather, Sherri	W57 USATF 7:19.15
3	26	Tedford, Cathy	W57 Canada 9:18.43

Event 40 W70 1500 Meter Run

=====			
70 CMAA: R 6:43.91 1/17/2004			
Name	Age	Team	Finals
=====			

=====

1	41 Saunders, Barbara	W71 UNATTACHED B	8:23.03
---	----------------------	------------------	---------

Event 40 W80 1500 Meter Run

=====

80 CMAA: R 9:12.97	3/4/2000		
Name	Age Team		Finals

=====

1	46 Montgomery, Lenore	W80 UNATTACHED B	8:27.79	CAN
----------	------------------------------	-------------------------	----------------	------------

Event 41 M45 1500 Meter Run

=====

45 CMAA: R 4:04.7h	2/27/1993		
Name	Age Team		Finals

=====

1	80 Nemethy, Brian	M49 Canada	4:43.88
---	-------------------	------------	---------

Event 41 M50 1500 Meter Run

=====

50 CMAA: R 4:19.21	1/31/1987		
Name	Age Team		Finals

=====

1	85 Pinckard, Mark	M50 KAJAKS TRACK	4:51.50
2	90 Smillie, Malcolm	M51 UNATTACHED B	4:52.32
3	94 Hallford, Bruce	M54 Canada	6:14.60

Event 41 M55 1500 Meter Run

=====

55 CMAA: R 4:34.88	2/21/2009		
Name	Age Team		Finals

=====

1	97 Prather, Bob	M55 USATF	4:47.01
2	96 Olsen, Dave	M55 Sask	5:16.70

Event 41 M60 1500 Meter Run

=====

60 CMAA: R 4:43.66	3/5/1994		
Name	Age Team		Finals

=====

1	110 Pawluk, Fred	M63 KAJAKS TRACK	5:25.92
2	105 Payne, Tim	M61 Ont.	5:39.00
3	103 Doherty, Melvin L.	M61 KAMLOOPS RID	6:33.83

Event 41 M65 1500 Meter Run

=====

65 CMAA: R 4:47.11	3/26/1994		
Name	Age Team		Finals

=====

1	127 Renwick, Doug	M69 Sask	6:00.80
---	-------------------	----------	---------

Event 41 M80 1500 Meter Run

=====

80 CMAA: R 7:09.65	3/3/2007		
Name	Age Team		Finals

=====

1	135 Whitlock, Ed	M80 Canada	5:48.47	WR	CAN
----------	-------------------------	-------------------	----------------	-----------	------------

Event 50 W35 3000 Meter Run

=====

35 CMAA: R 10:00.6h	3/7/1987		
Name	Age Team		Finals

=====

1	148 Brown, Wendy	W39 BC	16:56.65
---	------------------	--------	----------

Event 50 W45 3000 Meter Run

=====

45 CMAA: R 10:11.27 2/26/2006

Name	Age Team	Finals
1	12 Christie, Juliette W48 BC	11:15.30

Event 50 W55 3000 Meter Run

55 CMAA: R 10:35.76 3/23/2007

Name	Age Team	Finals
1	26 Tedford, Cathy W57 Canada	20:20.70
2	101 Heimo, Maija W58 Canada	21:06.90

Event 50 W60 3000 Meter Run

60 CMAA: R 12:08.8h 3/5/1994

Name	Age Team	Finals
1	31 Muttitt, Barbara W62 Canada	21:37.69

Event 50 W70 3000 Meter Run

70 CMAA: R 14:51.1h 3/11/2006

Name	Age Team	Finals
1	41 Saunders, Barbara W71 UNATTACHED B	17:20.49

Event 51 M45 3000 Meter Run

45 CMAA: R 8:54.04 3/21/1993

Name	Age Team	Finals
1	80 Nemethy, Brian M49 Canada	10:07.80
2	76 Christie, Gordon M49 BC	10:26.84

Event 51 M55 3000 Meter Run

55 CMAA: R 9:55.00 1/10/2010

Name	Age Team	Finals
1	98 Reimer, Paul M56 UNATTACHED B	10:08.06
2	96 Olsen, Dave M55 Sask	11:37.64

Event 51 M60 3000 Meter Run

60 CMAA: R 10:05.3h 3/5/1994

Name	Age Team	Finals
4	105 Payne, Tim M61 Ont.	12:09.38
5	103 Doherty, Melvin L. M61 KAMLOOPS RID	13:12.64

Event 51 M80 3000 Meter Run

80 CMAA: R 15:50.14 3/3/2007

Name	Age Team	Finals
3	135 Whitlock, Ed M80 Canada	12:00.88 WR CAN

Event 60 W50 60 Meter Hurdles W-.762 M.686

50 CMAA: R 9.96 2/7/2009

Name	Age Team	Finals
1	17 Freeman, BJ W52 Alberta	10.65
2	19 Lauridsen, Susanne W53 Alberta	10.86

Event 60 M75 60 Meter Hurdles W-.762 M.686

Name	Age Team	Finals
1 133 Rowan, Ted	M77 Sask	13.09

Event 61 M35 60 Meter Hurdles .996m

35 CMAA: R 8.11 3/5/2010		
Name	Age Team	Finals
1 57 Kroeker, Tim	M39 BC	8.24
2 49 McLaren, Doug	M35 Sask	8.53

Event 61 M45 60 Meter Hurdles .996m

45 CMAA: R 8.98 3/11/1989		
Name	Age Team	Finals
1 75 Van Ryswyk, Len	M47 Canada	11.79

Event 62 M50 60 Meter Hurdles .914m

Name	Age Team	Finals
1 86 Black, Murray	M51 Canada	10.32
2 84 Harwood, Doug	M50 BC	13.09

Event 63 M65 60 Meter Hurdles .840m

Name	Age Team	Finals
1 117 Brewer, Jess H.	M65 BC	11.02
2 122 Ukonmaanaho, Tuoma	M66 BC	11.73
3 127 Renwick, Doug	M69 Sask	12.95

Event 70 W45 3000 Meter Race Walk

45 CMAA: R 15:01.51 3/31/2003		
Name	Age Team	Finals
1 3 Brooke, Susan	W45 Alberta	16:28.53

Event 70 W55 3000 Meter Race Walk

55 CMAA: R 16:11.66 2/2/2010		
Name	Age Team	Finals
1 20 Donkers, Tina	W55 Alberta	18:56.10

Event 70 M35 3000 Meter Race Walk

Name	Age Team	Finals	
1 55 Babenko, Dmitry	M38 UNATTACHED B	13:59.38	CAN

Event 70 M45 3000 Meter Race Walk

Name	Age Team	Finals
1 78 Lamplough, Ian	M49 Alberta	19:06.53

Event 70 M50 3000 Meter Race Walk

Name	Age Team	Finals
------	----------	--------

1 95 Kenny, James M54 Alberta 14:56.69

Event 70 M65 3000 Meter Race Walk

Name	Age Team	Finals
1 119 Kittredge, John	M66 Ont.	17:30.47

Event 75 W45 1500 Meter Race Walk

45 CMAA: R 7:04.68 2/18/2005

Name	Age Team	Finals
1 3 Brooke, Susan	W45 Alberta	7:49.53

Event 75 W55 1500 Meter Race Walk

55 CMAA: R 7:47.44 12/3/2010

Name	Age Team	Finals
1 20 Donkers, Tina	W55 Alberta	9:12.70

Event 75 W75 1500 Meter Race Walk

75 CMAA: R 10:36.32 1/3/2010

Name	Age Team	Finals
1 43 Acton, Myrtle	W78 NORWESTERS T	12:41.62

Event 75 W80 1500 Meter Race Walk

Name	Age Team	Finals	
1 45 Carrier, Ruth	W80 TRI-CITY GRE	12:00.19	CAN

Event 75 M35 1500 Meter Race Walk

Name	Age Team	Finals	
1 55 Babenko, Dmitry	M38 UNATTACHED B	6:38.25	CAN

Event 75 M45 1500 Meter Race Walk

Name	Age Team	Finals
1 78 Lamplough, Ian	M49 Alberta	9:14.74

Event 75 M50 1500 Meter Race Walk

Name	Age Team	Finals
1 95 Kenny, James	M54 Alberta	7:07.37

Event 75 M65 1500 Meter Race Walk

Name	Age Team	Finals
1 119 Kittredge, John	M66 Ont.	8:24.79

Event 80 W45 4x200 Meter Relay

45 CMAA: R 2:01.58 3/6/2010

Team	Finals
1 Alberta 'A'	2:04.10
1) 16 Jolicoeur, Jovette 51	2) 18 Burnett, Evelyn 53

3) 19 Lauridsen, Susanne 53

4) 7 Schoenthaler, Sheryl 46

Event 80 W60 4x200 Meter Relay

=====

60 CMAA: R 2:16.23 3/6/2010

Team	Finals
------	--------

=====

- | | |
|--------------------------|-----------------------------|
| 1 British Columbia 'A' | 2:32.45 |
| 1) 28 Lukacs, Dianna 60 | 2) 29 Rollins, Elisabeth 61 |
| 3) 34 Moro, Gabriella 64 | 4) 42 Bortignon, Christa 74 |

Event 81 M35 4x200 Meter Relay

=====

35 CMAA: R 1:38.97 6/3/2010

Team	Finals
------	--------

=====

- | | |
|----------------------------|-------------------------|
| 1 Canada 'A' | 1:42.30 |
| 1) 56 Harrower, William 39 | 2) 63 Harris, Brian 41 |
| 3) 60 Walker, Samuel C. 39 | 4) 51 Oamen, Charles 36 |

Event 81 M60 4x200 Meter Relay

=====

60 CMAA: R 1:56.12 2/21/2009

Team	Finals
------	--------

=====

- | | |
|--------------------------------|-----------------------------|
| 1 British Columbia 'A' | 2:02.83 |
| 1) 108 Sandhu, Hardev Singh 62 | 2) 113 Fowler, Les 64 |
| 3) 104 Hawkins, John F. 61 | 4) 115 Winfield, M. John 64 |

Event 81 M80 4x200 Meter Relay

=====

80 CMAA: R 2:40.99 3/6/2010

Team	Finals
------	--------

=====

- | | | |
|---------------------------------|------------------------------------|------------|
| 1 Canada 'A' | 2:39.45R | CAN |
| 1) 138 Thompson, Bill 81 | 2) 139 Robson, Leslie 83 | |
| 3) 135 Whitlock, Ed 80 | 4) 137 Lesage, Norman J. 81 | |

Event 91 M40 4x400 Meter Relay

=====

40 CMAA: R 3:39.22 2/4/2007

Team	Finals
------	--------

=====

- | | |
|----------------------------|----------------------------|
| 1 Canada 'A' | 4:12.48 |
| 1) 56 Harrower, William 39 | 2) 75 Van Ryswyk, Len 47 |
| 3) 51 Oamen, Charles 36 | 4) 60 Walker, Samuel C. 39 |

Event 91 M80 4x400 Meter Relay

=====

Team	Finals
------	--------

=====

- | | | | |
|----------------------------------|------------------------------------|-----------|------------|
| 1 Canada 'B' | 6:34.65 | WR | CAN |
| 1) 140 Thompson, Harry 88 | 2) 137 Lesage, Norman J. 81 | | |
| 3) 138 Thompson, Bill 81 | 4) 135 Whitlock, Ed 80 | | |

Event 100 W50 High Jump

=====

50 CMAA: R 1.40m 1/18/2009

Name	Age Team	Finals
------	----------	--------

=====

- | | | | |
|---|--------------------------|------------------|-------|
| 1 | 17 Freeman, BJ | W52 Alberta | 1.33m |
| | 1.20 1.25 1.30 1.33 1.36 | | |
| | O XO XO XXO XXX | | |
| 2 | 14 Cavani, Miriam | W50 KAMLOOPS TRA | 1.15m |
| | 1.10 1.15 1.20 | | |
| | O O XXX | | |

Event 100 W55 High Jump

55 CMAA: R 1.28m 3/14/2010						
Name	Age	Team				Finals
1	21	Rhebergen, Margaret	W55	KAMLOOPS	TRA	1.30m CAN tie
		1.20	1.25	1.30	1.32	
		O	XO	XO	XXX	
2	22	Amerongen, Loretta	W57	Canada		1.25m
		1.10	1.15	1.20	1.25	1.30
		O	O	O	XXO	XXX

Event 100 W65 High Jump

65 CMAA: R 1.15m 3/11/1989						
Name	Age	Team				Finals
1	35	Matus, Diane	W65	KAMLOOPS	TRA	0.95m
		0.90	0.95	1.00		
		O	O	XX		

Event 100 W70 High Jump

70 CMAA: R 1.16m 3/5/1994						
Name	Age	Team				Finals
1	39	Anderson, Sandy	W71	PENINSULA	TR	1.15m
		1.00	1.05	1.15	1.20	
		O	O	O	XXX	
2	42	Bortignon, Christa	W74	BC		1.10m
		0.95	1.00	1.05	1.10	1.15
		O	O	O	O	XXX

Event 101 M35 High Jump

35 CMAA: R 1.90m 1/4/1991						
Name	Age	Team				Finals
1	58	Negoita, Ovidiu Fe	M39	Ont.		1.70m
		1.65	1.70	1.75		
		XO	O	XXX		
2	49	McLaren, Doug	M35	Sask		1.50m
		1.50				
		XO				

Event 101 M50 High Jump

50 CMAA: R 1.85m 3/2/2002						
Name	Age	Team				Finals
1	86	Black, Murray	M51	Canada		1.50m
		1.40	1.45	1.50	1.55	
		O	XO	O	XXX	

Event 101 M60 High Jump

60 CMAA: R 1.65m 3/6/2010						
Name	Age	Team				Finals
1	104	Hawkins, John F.	M61	BC		1.50m
		1.20	1.40	1.45	1.50	
		O	XO	O	O	
2	108	Sandhu, Hardev Sin	M62	BC		1.05m
		0.90	0.95	1.00	1.05	1.10
		O	O	O	O	XXX

Event 101 M65 High Jump

65 CMAA: R 1.49m 2/14/1981				
Name	Age	Team	Finals	
1 118 Delhomeau, Rolan	M66	Canada	1.30m	
	1.20	1.25	1.30	1.35
	O	O	XO	XXX

Event 101 M75 High Jump

75 CMAA: R 1.37m 3/24/1990				
Name	Age	Team	Finals	
1 133 Rowan, Ted	M77	Sask	1.00m	
	0.90	1.00	1.05	
	O	O	XXX	
2 132 Dumas, Gerard D.	M76	VICTORIA TRA	0.75m	
	0.75			
	O			

Event 110 W35 Long Jump

35 CMAA: R 5.40m 2/12/1983				
Name	Age	Team	Finals	
1 1 Anastasio, Cathy	W39	KAMLOOPS TRA	3.43m	
	FOUL	3.23m	2.93m	FOUL 3.43m FOUL

Event 110 W45 Long Jump

45 CMAA: R 4.70m 3/3/2007				
Name	Age	Team	Finals	
1 8 Blacquiere, Sandy	W47	KAMLOOPS TRA	3.66m	
	3.64m	3.56m	3.57m	3.66m FOUL FOUL

Event 110 W50 Long Jump

50 CMAA: R 4.77m 3/7/2009				
Name	Age	Team	Finals	
1 17 Freeman, BJ	W52	Alberta	4.13m	
	3.99m	FOUL	3.91m	FOUL 4.13m FOUL
1 19 Lauridsen, Susanne	W53	Alberta	4.13m	
	FOUL	3.99m	4.11m	4.10m 4.03m 4.13m
3 14 Cavani, Miriam	W50	KAMLOOPS TRA	3.82m	
	3.63m	3.69m	3.64m	3.73m 3.82m 3.81m

Event 110 W55 Long Jump

55 CMAA: R 4.16m 3/14/2010				
Name	Age	Team	Finals	
1 21 Rhebergen, Margare	W55	KAMLOOPS TRA	3.93m	
	FOUL	FOUL	3.26m	3.93m FOUL 3.85m
2 22 Amerongen, Loretta	W57	Canada	3.81m	
	3.70m	3.81m	3.69m	3.79m 3.67m 3.69m
3 24 Nutting, Jan	W57	Alberta	3.54m	
	3.40m	FOUL	3.54m	FOUL FOUL 3.49m

Event 110 W60 Long Jump

60 CMAA: R 4.26m 3/25/2006				
Name	Age	Team	Finals	

=====

1	29 Rollins, Elisabeth	W61 BC	2.95m
	2.95m	2.76m	PASS 2.84m

Event 110 W65 Long Jump

=====

65 CMAA: R 2.48m 2/13/2010			
	Name	Age Team	Finals
1	35 Matus, Diane	W65 KAMLOOPS TRA	2.44m
	2.40m	2.12m	FOUL FOUL 2.44m 2.13m

Event 110 W70 Long Jump

=====

70 CMAA: R 3.02m 4/3/1992			
	Name	Age Team	Finals
1	42 Bortignon, Christa	W74 BC	3.31m
	3.05m	3.07m	3.31m 3.20m

CAN

Event 110 W90 Long Jump

=====

90 CMAA: R 1.67m 3/3/2010			
	Name	Age Team	Finals
1	48 Kotelko, Olga	W92 BC	1.70m
	1.42m	1.70m	x

WR CAN

Event 111 M35 Long Jump

=====

35 CMAA: R 6.36m 3/7/1987			
	Name	Age Team	Finals
1	58 Negoita, Ovidiu Fe	M39 Ont.	5.83m
	5.59m	5.20m	FOUL 5.68m 5.83m 5.78m

Event 111 M40 Long Jump

=====

40 CMAA: R 6.66m 2/12/2006			
	Name	Age Team	Finals
1	61 Foster, Scott	M40 OCEAN ATHLET	6.10m
	FOUL	6.10m	FOUL

Event 111 M45 Long Jump

=====

45 CMAA: R 6.06m 2/14/1981			
	Name	Age Team	Finals
1	71 Benett, Garfield	M47 Alberta	5.83m
	5.43m	5.70m	5.79m 5.83m 5.60m
2	67 Lemoine, Larry	M45 UNATTACHED B	5.11m
	5.11m	4.70m	4.93m 4.87m 4.96m
3	73 Poljak, Gordon	M47 OCEAN ATHLET	4.70m
	4.59m	4.70m	FOUL 3.19m 4.69m FOUL

Event 111 M50 Long Jump

=====

50 CMAA: R 6.16m 3/4/2010			
	Name	Age Team	Finals
1	86 Black, Murray	M51 Canada	4.55m
	4.24m	2.54m	4.55m 4.51m FOUL
2	84 Harwood, Doug	M50 BC	3.71m
	3.68m	FOUL	3.54m 3.71m

Event 111 M55 Long Jump

55 CMAA: R 5.55m 3/4/2007					
Name	Age	Team	Finals		
1	100	Crockett, Ken	M58	KAMLOOPS TRA	4.94m
		4.69m	4.70m	4.94m 4.53m	FOUL

Event 112 M60 Long Jump

Name	Age	Team	Finals		
1	104	Hawkins, John F.	M61	BC	4.47m
		FOUL	3.21m	4.24m 4.34m 4.47m	FOUL
2	114	Mintz, Bruce	M64	Alberta	4.03m
		FOUL	4.03m	FOUL 3.84m 3.66m 3.82m	
3	108	Sandhu, Hardev Sin	M62	BC	3.06m
		3.06m	3.02m	x	

Event 112 M65 Long Jump

Name	Age	Team	Finals		
1	123	Lamothe, Grant G.	M67	BC	3.86m
		3.38m	FOUL	FOUL 3.64m 3.71m 3.86m	
2	127	Renwick, Doug	M69	Sask	3.73m
		3.56m	3.36m	3.50m 3.63m	FOUL 3.73m
3	118	Delhomeau, Rolan	M66	Canada	3.31m
		3.31m	3.03m	3.27m 3.14m 3.15m 3.29m	

Event 112 M70 Long Jump

Name	Age	Team	Finals		
1	130	van der Wal, Hylke	M72	Sask	2.83m
		2.83m	FOUL	2.80m 2.73m	

Event 112 M75 Long Jump

Name	Age	Team	Finals		
1	133	Rowan, Ted	M77	Sask	3.54m
		3.54m	3.50m		

Event 112 M80 Long Jump

Name	Age	Team	Finals		
1	136	Chalmers, Gordon L	M81	PENTICTON AT	2.94m
		2.94m	2.92m	2.75m 2.76m 2.92m 2.86m	
2	139	Robson, Leslie	M83	Canada	2.05m
		1.98m	1.88m	2.05m 2.05m	

Event 120 W50 Triple Jump

50 CMAA: R 9.32m 3/21/2008					
Name	Age	Team	Finals		
1	19	Lauridsen, Susanne	W53	Alberta	8.45m
		FOUL	8.45m		

Event 120 W55 Triple Jump

55 CMAA: R 8.77m 2/13/2010				
Name	Age	Team	Finals	

1	21 Rhebergen, Margare W55 KAMLOOPS TRA	8.76m
	FOUL 8.22m 8.23m 8.09m 8.76m 7.85m	
2	22 Amerongen, Loretta W57 Canada	8.43m
	8.00m 8.00m 8.06m 8.05m 8.43m 8.19m	

Event 120 W60 Triple Jump

60 CMAA: R 8.66m 2/18/2006			
Name	Age Team	Finals	
1	29 Rollins, Elisabeth W61 BC	7.02m	
	7.02m 6.52m		

Event 120 W70 Triple Jump

70 CMAA: R 6.37m 3/5/1994			
Name	Age Team	Finals	
1	42 Bortignon, Christa W74 BC	7.41m	CAN
	7.15m 7.35m 7.41m		

Event 120 W90 Triple Jump

90 CMAA: R 4.14m 3/5/2010			
Name	Age Team	Finals	
1	48 Kotelko, Olga W92 BC	3.97m	
	3.94m 3.97m 3.64m 3.72m 3.53m 3.94m		

Event 121 M35 Triple Jump

35 CMAA: R 14.49m 1/4/1991			
Name	Age Team	Finals	
1	58 Negoita, Ovidiu Fe M39 Ont.	11.38m	
	FOUL 11.38m FOUL		

Event 121 M45 Triple Jump

45 CMAA: R 12.79m 3/6/2010			
Name	Age Team	Finals	
1	72 Maguire, Hugh M47 OCEAN ATHLET	11.49m	
	11.30m 11.49m		
2	77 Jennett, Terry M49 Alberta	9.49m	
	9.42m 9.49m		

Event 121 M50 Triple Jump

50 CMAA: R 12.54m 2/6/1993			
Name	Age Team	Finals	
1	93 Kosierb, Marcel M53 BC	9.97m	
	9.78m 9.97m PASS		
2	86 Black, Murray M51 Canada	9.61m	
	9.28m 9.61m 9.55m		

Event 121 M55 Triple Jump

55 CMAA: R 10.92m 3/14/1998			
Name	Age Team	Finals	
1	100 Crockett, Ken M58 KAMLOOPS TRA	9.02m	
	9.02m 8.77m 8.85m		

Event 121 M60 Triple Jump

60 CMAA: R 10.92m 1/4/2003			
Name	Age	Team	Finals
1	108	Sandhu, Hardev Sin M62 BC	6.71m
		6.71m	

Event 121 M65 Triple Jump

65 CMAA: R 10.24m 1/27/2008			
Name	Age	Team	Finals
1	117	Brewer, Jess H. M65 BC	8.32m
		FOUL 8.32m 8.25m	

Event 121 M75 Triple Jump

75 CMAA: R 8.56m 3/25/1990			
Name	Age	Team	Finals
1	133	Rowan, Ted M77 Sask	5.32m
		5.32m	

Event 121 M80 Triple Jump

80 CMAA: R 7.31m 3/10/1990			
Name	Age	Team	Finals
1	136	Chalmers, Gordon L M81 PENTICTON AT	6.17m
		6.17m 6.06m 6.11m 5.98m	
2	139	Robson, Leslie M83 Canada	5.10m
		5.10m FOUL FOUL FOUL	

Event 130 W45 Pole Vault

45 CMAA: R 2.61m 2/7/2004			
Name	Age	Team	Finals
1	4	Craig, Nancy W45 VICTORIA TRA	2.10m
		1.80 2.00 2.10 2.15	
		O O XO XXX	

Event 130 W55 Pole Vault

55 CMAA: R 2.10m 3/4/1995			
Name	Age	Team	Finals
1	21	Rhebergen, Margare W55 KAMLOOPS TRA	1.90m
		1.50 1.70 1.80 1.90 2.00	
		O O O O XXX	

Event 131 M45 Pole Vault

45 CMAA: R 4.42m 2/18/1973			
Name	Age	Team	Finals
1	74	Pspotka, Wayne M47 BC	3.70m
		3.30 3.40 3.50 3.60 3.70 3.80	
		O O O O O XXX	
2	75	Van Ryswyk, Len M47 Canada	3.20m
		3.00 3.20 3.30	
		XO O XXX	
2	73	Poljak, Gordon M47 OCEAN ATHLET	3.20m
		3.00 3.20 3.40	
		XO XXO XXX	
4	82	Steele, Sean M49 VICTORIA TRA	2.70m

2.70 2.90 3.00
O XX X

Event 131 M50 Pole Vault

50 CMAA: R 3.65m 1/9/2009

Name	Age	Team	Finals
1 86 Black, Murray	M51	Canada	2.60m
2.30 2.50 2.60 2.80			
XO O XO XXX			

Event 131 M60 Pole Vault

60 CMAA: R 3.40m 3/6/2008

Name	Age	Team	Finals
1 104 Hawkins, John F.	M61	BC	3.20m
2.00 2.30 2.60 2.80 3.00 3.20 3.40			
O O O O XXO XXO XXX			

Event 131 M65 Pole Vault

65 CMAA: R 3.20m 3/9/1991

Name	Age	Team	Finals
1 116 Altendorf, John	M65	USATF	3.70m
3.40 3.60 3.70 3.80			
O O XXO XXX			
2 127 Renwick, Doug	M69	Sask	2.20m
2.00 2.10 2.20 2.30			
XO O XO XXX			
3 123 Lamothe, Grant G.	M67	BC	1.50m
1.50 1.60			
XXO XXX			

Event 131 M75 Pole Vault

75 CMAA: R 2.60m 3/3/2001

Name	Age	Team	Finals
1 132 Dumas, Gerard D.	M76	VICTORIA TRA	2.20m
1.60 2.00 2.20 2.40			
O XXO XO XX			

Event 140 W40 Shot Put

40 CMAA: R 14.35m 3/1/2008

Name	Age	Team	Finals
1 2 Little, Tatiana	W40	KAMLOOPS TRA	9.11m
7.81m 9.02m 9.11m 8.37m 8.34m FOUL			

Event 140 W45 Shot Put

45 CMAA: R 10.29m 2/14/2010

Name	Age	Team	Finals
1 9 Boomer,Carolynn	W47	KAMLOOPS TRA	9.90m
9.55m 9.90m 8.82m 9.54m FOUL 8.82m			

Event 140 W50 Shot Put

50 CMAA: R 10.51m 2/14/1998

Name	Age	Team	Finals
------	-----	------	--------

1	15 Hill, Elizabeth	W50 Ont.					9.94m
	9.86m	9.31m	9.46m	FOUL	9.67m	9.94m	
2	17 Freeman, BJ	W52 Alberta					8.63m
	8.63m	8.30m	8.46m	8.28m	8.10m	8.23m	

Event 140 W55 Shot Put

=====							
55 CMAA: R 10.38m 2/5/2010							
	Name	Age	Team				Finals
=====							
1	150 Hunt, Laurel	W57	KAMLOOPS TRA				5.40m
	5.40m	5.36m	5.22m	5.21m	5.14m	5.26m	

Event 140 W60 Shot Put

=====							
60 CMAA: R 9.31m 3/1/2008							
	Name	Age	Team				Finals
=====							
1	33 McBlain, Liz	W63	Canada				8.70m
	8.30m	8.26m	8.58m	8.09m	8.70m	8.20m	
2	30 Hare, Rose	W62	KAJAKS TRACK				8.55m
	8.46m	8.55m	8.14m	8.25m	7.95m	8.00m	
3	34 Moro, Gabriella	W64	BC				8.10m
	7.84m	8.10m	7.34m	7.74m	7.54m	7.05m	
4	29 Rollins, Elisabeth	W61	BC				7.84m
	7.70m	7.55m	7.84m	6.68m	7.59m	7.43m	

Event 140 W65 Shot Put

=====							
65 CMAA: R 8.64m 3/17/2007							
	Name	Age	Team				Finals
=====							
1	36 Conrad-Rice, Joy	W67	Canada				6.31m
	FOUL	FOUL	6.24m	6.31m	6.11m	FOUL	
2	37 Brand, Kathy	W68	TRI-CITY GRE				6.14m
	5.15m	5.83m	6.12m	5.26m	4.78m	6.14m	
3	38 Copping, Dawn	W68	NORWESTERS T				6.04m
	5.56m	6.00m	6.04m	5.65m	5.70m	5.49m	

Event 140 W70 Shot Put

=====							
70 CMAA: R 9.18m 12/19/2009							
	Name	Age	Team				Finals
=====							
1	42 Bortignon, Christa	W74	BC				6.18m
	5.90m	6.18m	5.33m	5.41m			

Event 140 W75 Shot Put

=====							
75 CMAA: R 7.33m 3/8/2003							
	Name	Age	Team				Finals
=====							
1	43 Acton, Myrtle	W78	NORWESTERS T				7.81m CAN
	6.98m	7.81m	7.07m	7.26m	7.01m	7.30m	

Event 140 W90 Shot Put

=====							
90 CMAA: R 4.90m 3/3/2010							
	Name	Age	Team				Finals
=====							
1	48 Kotelko, Olga	W92	BC				5.74m WR CAN
	5.25m	5.74m					

Event 141 M35 Shot Put

=====							
35 CMAA: R 17.48m 2/24/1979							

Name	Age Team	Finals
1 54 Saari, John	M37 KAMLOOPS TRA	12.57m
12.17m 12.28m 11.78m 11.62m 12.57m 8.43m		
2 56 Harrower, William	M39 Canada	8.73m
8.43m 8.73m 8.28m 8.62m 8.60m 8.71m		

Event 141 M40 Shot Put

40 CMAA: R 15.14m 2/17/1985		
Name	Age Team	Finals
1 64 Little, Norm	M41 KAMLOOPS TRA	9.50m
FOUL FOUL 8.70m FOUL 9.50m FOUL		

Event 141 M50 Shot Put

50 CMAA: R 14.33m 3/25/2000		
Name	Age Team	Finals
1 83 Dosanjh, Pavitar	M50 BC	11.85m
11.64m 11.85m 11.49m 11.70m FOUL 11.79m		
2 84 Harwood, Doug	M50 BC	8.23m
8.23m 8.17m 8.22m 7.58m 7.73m		

Event 141 M60 Shot Put

60 CMAA: R 13.93m 3/2008		
Name	Age Team	Finals
1 104 Hawkins, John F.	M61 BC	12.38m
11.92m 11.98m 12.38m FOUL		
2 108 Sandhu, Hardev Sin	M62 BC	9.43m
9.25m 8.97m 9.43m 9.37m		

Event 141 M65 Shot Put

65 CMAA: R 13.87m 3/4/2006		
Name	Age Team	Finals
1 126 Morioka, Harold	M68 TRI-CITY GRE	8.81m
8.67m FOUL FOUL 8.54m 8.52m 8.81m		

Event 141 M70 Shot Put

70 CMAA: R 12.79m 3/5/1994 (record improved earlier by Marek)		
Name	Age Team	Finals
1 128 Glowacki, Marek	M70 BC	12.98m
12.50m 12.98m 12.08m 12.30m FOUL		
2 129 Dhillon, Bakhshish	M72 TRI-CITY GRE	8.81m
FOUL 8.07m 8.37m 8.04m 8.81m 8.29m		
3 149 Masich, Thomas G.	M74 PRINCE GEORG	7.07m
7.07m 6.93m FOUL 6.51m 6.89m 6.62m		

Event 141 M75 Shot Put

75 CMAA: R 11.39m 3/6/1999		
Name	Age Team	Finals
1 133 Rowan, Ted	M77 Sask	8.03m
7.77m 8.03m 7.83m FOUL 7.88m		

Event 141 M80 Shot Put

80 CMAA: R 11.45m 3/3/2010		
----------------------------	--	--

Name	Age Team	Finals
1 143 Sillantaus, Rainer	M81 UNATTACHED B	11.27m
	11.14m 11.11m 11.27m 10.64m 9.91m 10.33m	
2 136 Chalmers, Gordon L	M81 PENTICTON AT	7.83m
	7.56m 7.83m 7.17m 7.69m 7.76m FOUL	

Event 141 M90 Shot Put

Name	Age Team	Finals
1 141 Falconer, William	M90 UNATTACHED B	5.18m
	4.98m 5.07m 4.90m 4.43m 5.18m 5.12m	CAN

Event 150 W40 Weight Throw

40 CMAA: R 6.66m 2/14/2010		
Name	Age Team	Finals
1 2 Little, Tatiana	W40 KAMLOOPS TRA	9.06m
	8.23m 7.60m 8.75m FOUL 8.82m 9.06m	CAN

Event 150 W50 Weight Throw

50 CMAA: R 11.11m 3/3/2001		
Name	Age Team	Finals
1 15 Hill, Elizabeth	W50 Ont.	10.85m
	FOUL 9.07m 10.21m 10.85m FOUL 9.51m	
2 16 Jolicoeur, Jovette	W51 Alberta	8.30m
	8.30m FOUL 7.78m FOUL 7.87m FOUL	

Event 150 W55 Weight Throw

55 CMAA: R 10.68m 3/15/2003		
Name	Age Team	Finals
1 150 Hunt, Laurel	W57 KAMLOOPS TRA	7.16m
	7.16m 6.44m FOUL FOUL 5.94m FOUL	

Event 150 W60 Weight Throw

60 CMAA: R 12.03m 3/15/2009		
Name	Age Team	Finals
1 30 Hare, Rose	W62 KAJAKS TRACK	11.28m
	11.17m 10.86m 10.63m FOUL 11.01m 11.28m	
2 33 McBlain, Liz	W63 Canada	9.68m
	9.42m 9.46m 9.01m 9.68m FOUL 9.20m	

Event 150 W65 Weight Throw

65 CMAA: R 10.39m 3/16/2007		
Name	Age Team	Finals
1 37 Brand, Kathy	W68 TRI-CITY GRE	8.61m
	7.94m FOUL 6.74m 8.21m 8.04m 8.61m	
2 35 Matus, Diane	W65 KAMLOOPS TRA	6.98m
	5.57m 6.76m 6.98m	
3 38 Copping, Dawn	W68 NORWESTERS T	6.95m
	6.95m FOUL 6.71m 6.91m 6.33m FOUL	

Event 150 W70 Weight Throw

70 CMAA: R 11.31m 3/20/2010		
Name	Age Team	Finals

=====

1	39 Anderson, Sandy	W71 PENINSULA TR	8.89m
	8.74m FOUL	8.47m 8.41m 7.94m 8.89m	

Event 150 W75 Weight Throw

=====

75 CMAA: R 7.39m	3/5/2010		
Name	Age Team		Finals
=====	=====	=====	=====
1	43 Acton, Myrtle	W78 NORWESTERS T	8.41m
	7.66m 7.79m 7.58m	8.18m 8.41m FOUL	

CAN

Event 150 W90 Weight Throw

=====

90 CMAA: R 6.32m	3/5/2010		
Name	Age Team		Finals
=====	=====	=====	=====
1	48 Kotelko, Olga	W92 BC	7.51m
	7.20m 7.00m 7.51m		

WR CAN

Event 151 M35 Weight Throw

=====

35 CMAA: R 15.92m	2/25/1979		
Name	Age Team		Finals
=====	=====	=====	=====
1	54 Saari, John	M37 KAMLOOPS TRA	10.99m
	FOUL 9.68m FOUL	10.99m FOUL FOUL	

Event 151 M40 Weight Throw

=====

40 CMAA: R 19.10m	2/10/2007		
Name	Age Team		Finals
=====	=====	=====	=====
1	64 Little, Norm	M41 KAMLOOPS TRA	9.47m
	FOUL 9.02m 9.34m	9.47m 9.06m FOUL	

Event 151 M45 Weight Throw

=====

45 CMAA: R 12.78m	2/14/2010		
Name	Age Team		Finals
=====	=====	=====	=====
1	82 Steele, Sean	M49 VICTORIA TRA	8.52m
	FOUL 7.30m 8.52m	FOUL FOUL FOUL	

Event 151 M50 Weight Throw

=====

50 CMAA: R 18.10m	3/11/2006		
Name	Age Team		Finals
=====	=====	=====	=====
1	84 Harwood, Doug	M50 BC	7.55m
	7.55m FOUL FOUL		

Event 151 M55 Weight Throw

=====

55 CMAA: R 17.99m	12/14/2010		
Name	Age Team		Finals
=====	=====	=====	=====
1	142 Duffala, Mike	M55 BC	15.70m
	FOUL 15.25m 15.66m	15.70m FOUL 14.32m	
2	99 McDonald, Dave N.	M57 TRI-CITY GRE	13.32m
	13.32m FOUL FOUL	FOUL FOUL	
3	100 Crockett, Ken	M58 KAMLOOPS TRA	10.86m
	10.86m 9.44m 10.11m	10.39m 8.85m	

Event 151 M60 Weight Throw

=====

60 CMAA: R 16.81m 2/5/2000

Name	Age	Team	Finals
1	104	Hawkins, John F. M61 BC	13.92m
		11.89m 12.67m 13.92m 12.19m	
2	108	Sandhu, Hardev Sin M62 BC	9.73m
		9.68m 9.73m 8.69m 9.22m	

Event 151 M65 Weight Throw

65 CMAA: R 17.16m 2/15/2002

Name	Age	Team	Finals
1	121	Townsend, Ken A. M66 UNATTACHED B	11.88m
		11.88m 11.55m 1.01m 10.67m 11.51m 11.57m	

Event 151 M70 Weight Throw

70 CMAA: R 17.63m 12/10/2005

Name	Age	Team	Finals
1	128	Glowacki, Marek M70 BC	14.45m
		FOUL FOUL 13.31m FOUL 13.30m 14.45m	
2	129	Dhillon, Bakhshish M72 TRI-CITY GRE	12.67m
		FOUL 12.10m FOUL 12.67m 12.36m FOUL	

Event 151 M75 Weight Throw

75 CMAA: R 14.52m 11/27/2010

Name	Age	Team	Finals
1	132	Dumas, Gerard D. M76 VICTORIA TRA	9.45m
		FOUL FOUL FOUL 9.45m FOUL FOUL	

Event 151 M80 Weight Throw

80 CMAA: R 13.67m 3/13/2005

Name	Age	Team	Finals
1	136	Chalmers, Gordon L M81 PENTICTON AT	10.82m
		9.27m 10.82m 9.86m 9.88m	

Event 151 M90 Weight Throw

90 CMAA: R 10.98m 3/28/2003

Name	Age	Team	Finals
1	141	Falconer, William M90 UNATTACHED B	5.73m
		5.65m FOUL 5.73m FOUL 5.49m 5.55m	

Event 160 W50 Indoor Pentathlon

50 CMAA: R 4168 7/2/2009

Name	Age	Team	Finals
1	16	Jolicoeur, Jovette W51 Alberta	3017

Event 160 W50 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	Points
1	16	Jolicoeur, Jovette W51 Alberta	11.94	657

Event 160 W60 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

=====

1	32	Trott, Rhona	W62	Ont.	11.47	891
---	----	--------------	-----	------	-------	-----

Event 160 W50 High Jump Indoor Pentathlon

=====

Name	Age	Team	Finals	Points
1	16	Jolicoeur, Jovette	W51 Alberta	1.12m 481
	1.06	1.09	1.12	1.15
	O	O	O	XXX

Event 160 W60 High Jump Indoor Pentathlon

=====

Name	Age	Team	Finals	Points
1	32	Trott, Rhona	W62 Ont.	1.06m 577
	1.06	1.09		
	O	XX		

Event 160 W50 Shot Put Indoor Pentathlon

=====

Name	Age	Team	Finals	Points
1	16	Jolicoeur, Jovette	W51 Alberta	10.09m 709
	9.81m	10.09m	9.91m	

Event 160 W60 Shot Put Indoor Pentathlon

=====

Name	Age	Team	Finals	Points
1	32	Trott, Rhona	W62 Ont.	6.59m 522
	6.59m	6.10m	6.59m	

Event 160 W50 Long Jump Indoor Pentathlon

=====

Name	Age	Team	Finals	Points
1	16	Jolicoeur, Jovette	W51 Alberta	3.90m 527
	FOUL	FOUL	3.90m	

Event 160 W50 800 Meter Run Indoor Pentathlon

=====

Name	Age	Team	Finals	Points
1	16	Jolicoeur, Jovette	W51 Alberta	2:56.93 643

Event 161 M40 Indoor Pentathlon

=====

40 CMAA: R 3115 3/11/2005

Name	Age	Team	Finals
1	65	Silvester, Gary	M42 UNATTACHED B 2289

Event 161 M50 Indoor Pentathlon

=====

50 CMAA: R 3398 3/26/1999

Name	Age	Team	Finals
1	84	Harwood, Doug	M50 BC 1343

Event 161 M60 Indoor Pentathlon

=====

60 CMAA: R 4090 2/3/2010

Name	Age	Team	Finals
1	104	Hawkins, John F.	M61 BC 2850

Event 161 M40 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary	M42 UNATTACHED B	11.19	433

Event 161 M45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 68 Bates, Christopher	M46 USATF	9.25	879

Event 161 M50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug	M50 BC	12.72	315

Event 161 M60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 104 Hawkins, John F.	M61 BC	11.59	2	611

Event 161 M40 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary 5.14m FOUL 4.85m	M42 UNATTACHED B	5.14m	502

Event 161 M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 68 Bates, Christopher 5.74m 6.01m 5.85m	M46 USATF	6.01m	799

Event 161 M50 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug FOUL FOUL 3.24m	M50 BC	3.24m	203

Event 161 M60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 104 Hawkins, John F. 4.47m 4.55m 4.68m	M61 BC	4.68m	716

Event 161 M40 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary 10.10m 10.27m 9.93m	M42 UNATTACHED B	10.27m	572

Event 161 M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 68 Bates, Christopher 11.03m 11.45m FOUL	M46 USATF	11.45m	714

Event 161 M50 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug 7.01m 7.20m 7.92m	M50 BC	7.92m	443

Event 161 M60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 104 Hawkins, John F. FOUL 11.11m 11.11m	M61 BC	11.11m	720

Event 161 M40 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary 1.39 1.42 1.45 1.48 1.51 O O XO O XXX	M42 UNATTACHED B	1.48m	426

Event 161 M50 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug 1.09 1.12 1.15 1.18 1.21 O O O O XXX	M50 BC	1.18m	297

Event 161 M60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 104 Hawkins, John F. 1.39 1.42 1.45 1.48 1.51 1.54 1.57 O O O O O XO XXX	M61 BC	1.54m	803

Event 161 M40 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 65 Silvester, Gary	M42 UNATTACHED B	3:46.39	356

Event 161 M50 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 84 Harwood, Doug	M50 BC	5:01.62	85

Event 162 M65 Indoor Pentathlon

Name	Age Team	Finals
1 127 Renwick, Doug	M69 Sask	2702
2 118 Delhomeau, Rolan	M66 Canada	2494
3 123 Lamothe, Grant G.	M67 BC	1797

Event 162 Indoor Pentathlon: #1 M65 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 127 Renwick, Doug	M69 Sask	13.19	454
2 118 Delhomeau, Rolan	M66 Canada	13.27	444

Event 162 Indoor Pentathlon: #2 M65 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 127 Renwick, Doug 3.59m 3.57m 3.81m	M69 Sask	3.81m	540
2 118 Delhomeau, Rolan 3.39m 3.43m 3.67m	M66 Canada	3.67m	496
3 123 Lamothe, Grant G. 3.18m 3.49m 3.60m	M67 BC	3.60m	473

Event 162 Indoor Pentathlon: #3 M65 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 123 Lamothe, Grant G. 8.53m 8.50m 8.52m	M67 BC	8.53m	582
2 118 Delhomeau, Rolan FOUL 6.85m 7.32m	M66 Canada	7.32m	483
3 127 Renwick, Doug FOUL FOUL 5.59m	M69 Sask	5.59m	343

Event 162 Indoor Pentathlon: #4 M65 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 118 Delhomeau, Rolan 1.21 1.24 1.27 1.30 1.33 O O O XXO XXX	M66 Canada	1.30m	627
2 123 Lamothe, Grant G. 1.06 1.09 1.12 1.15 1.18 1.21 1.24 O O XO O XXO O XXX	M67 BC	1.21m	520
3 127 Renwick, Doug 1.09 1.12 1.15 1.18 1.21 O O O XXO XXX	M69 Sask	1.18m	488

Event 162 Indoor Pentathlon: #5 M65 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 127 Renwick, Doug	M69 Sask	3:37.39	825
2 118 Delhomeau, Rolan	M66 Canada	4:10.47	575
3 123 Lamothe, Grant G.	M67 BC	5:02.14	269

Event 163 M35 Indoor Pentathlon

Name	Age Team	Finals
1 49 McLaren, Doug	M35 Sask	2853
2 50 O'Kane, James	M35 UNATTACHED B	1777

Event 163 Indoor Pentathlon: #1 M35 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 49 McLaren, Doug	M35 Sask	8.74	836

Event 163 Indoor Pentathlon: #2 M35 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 49 McLaren, Doug FOUL 5.34m 5.51m	M35 Sask	5.51m	519
2 50 O'Kane, James 4.85m 5.13m 5.00m	M35 UNATTACHED B	5.13m	439

Event 163 Indoor Pentathlon: #3 M35 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 49 McLaren, Doug 10.11m 11.28m 9.67m	M35 Sask	11.28m	588
2 50 O'Kane, James 8.86m 9.51m 9.70m	M35 UNATTACHED B	9.70m	489

Event 163 Indoor Pentathlon: #4 M35 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 50 O'Kane, James 1.39 1.48 1.51 1.57 1.60 1.63 1.66 1.69 1.72 O O O O O XO O XXO XXX	M35 UNATTACHED B	1.69m	569
2 49 McLaren, Doug 1.48 1.51 1.60 1.63 1.66 O O XO XXO XXX	M35 Sask	1.63m	520

Event 163 Indoor Pentathlon: #5 M35 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 49 McLaren, Doug	M35 Sask	3:32.95	390
2 50 O'Kane, James	M35 UNATTACHED B	3:48.43	280

Event 164 M70 Indoor Pentathlon

Name	Age Team	Finals
1 130 van der Wal, Hylke	M72 Sask	1988

Event 164 Indoor Pentathlon: #1 M70 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke	M72 Sask	13.72	435

Event 164 Indoor Pentathlon: #2 M70 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke 2.51m FOUL 2.87m	M72 Sask	2.87m	332

Event 164 Indoor Pentathlon: #3 M70 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke 6.45m 5.71m 6.04m	M72 Sask	6.45m	407

Event 164 Indoor Pentathlon: #4 M70 High Jump Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke 1.00 1.03 1.06 1.09 1.12 1.15 O XO XO XO XO XXX	M72 Sask	1.12m	512

Event 164 Indoor Pentathlon: #5 M70 1000 Meter Dash Indoor Pentathlon

Name	Age Team	Finals	Points
1 130 van der Wal, Hylke	M72 Sask	5:14.27	302