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HY-TEK's Meet Manager

20/07/2009 01:56 PM

2009 Canadian Masters' Championships
Kamloops, British Columbia
Results

W30 100 Meter Dash

Name	Age Team	Finals	Wind
Finals			
1 Titsworth, Amy	W30 Warfield, BC	16.66	-6.3

W35 100 Meter Dash

Name	Age Team	Finals	Wind
1 Bindner, Holly	W37 Brentwood Bay, BC	15.64	-6.3

W40 100 Meter Dash

Name	Age Team	Finals	Wind
1 Titus, Georgina	W44 Whistler, BC	14.15	-6.3
2 Schoenthaler, Sheryl	W44 Calgary, AB	14.60	-6.3
3 Adams, Emma	W40 Richmond, BC, --	15.49	-6.3

W45 100 Meter Dash

Name	Age Team	Finals	Wind
1 Selles, Karin	W46 Penticton, BC	15.99	-6.3

W50 100 Meter Dash

Name	Age Team	Finals	Wind
1 Alexis, Wendy	W54 Ottawa, ON	15.34	-7.6
2 Rhebergen, Margaret	W54 Kamloops, BC	16.31	-7.6
3 Lauridsen, Susanne	W51 Calgary, AB	16.40	-7.6
4 Coward, Selina	W54 Regina, SK	18.09	-7.6
5 Nisbett, Ingrid	W53 Mission, BC	19.33	-7.6

W55 100 Meter Dash

Name	Age Team	Finals	Wind
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1	Amerongen, Loretta	W55	Edmonton, AB	16.64	-6.4
2	Nutting, Jan	W55	Edmonton, AB	16.73	-6.4
3	Hayley, Urith	W58	Coquitlam, BC	J16.73	-6.4
4	Fassberg, Mette	W57	Victoria, BC	18.30	-6.4

W60 100 Meter Dash

	Name	Age	Team	Finals	Wind
1	Dobson, Nancy	W60	Maple Creek, SK	16.20	-4.5
2	Trott, Rhona	W60	Hamilton, ON	16.22	-4.5

W65 100 Meter Dash

	Name	Age	Team	Finals	Wind
1	LaFayette-Boyd, Carol	W67	Regina, SK	15.04	-4.5
2	Dargie, Betty	W67	Calgary, AB	16.62	-4.5

W70 100 Meter Dash

	Name	Age	Team	Finals	Wind
1	Crosthwaite, Gerda	W70	Kelowna, BC	17.65	-4.5
2	McCarron-Egner, Mary	W72	Calgary, AB	18.31	-4.5
3	Bortignon, Christa	W72	West Vancouver, BC	18.79	-4.5
4	Reed, Louise	W74	Calgary, AB	19.12	-4.5
5	Jensen, Eva	W71	Red Deer, AB	26.18	-4.5

W75 100 Meter Dash

	Name	Age	Team	Finals	Wind
1	Noort, Klazina	W76	New Westminster, BC	21.04	-4.5
2	Boivin, Gwendolyn	W75	Moose Jaw, SK	21.26	-4.5

W80 100 Meter Dash

	Name	Age	Team	Finals	Wind
1	McQuarrie, Betty	W80	Edmonton, AB	22.67	-1.1
2	McLeod-Smith, Doreen	W84	North Vancouver, BC	26.67	-1.1
3	Erskine, Doreen	W82	Moose Jaw, SK	29.45	-1.1

W90 100 Meter Dash

	Name	Age	Team	Finals	Wind
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1 Kotelko, Olga W90 West Vancouver, BC 24.89 -1.1

M35 100 Meter Dash .991m

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Name Age Team Finals Wind
=====
1 Harrower, Will M37 Vernon, BC 12.27 -5.3
2 Walker, Samuel M38 Langley, BC 12.48 -5.3
3 Harris, Brian M39 Calgary, AB 12.82 -5.3

M40 100 Meter Dash .991m

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Name Age Team Finals Wind
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1 Fehr, Dan M44 Penticton, BC 12.98 -5.3

M45 100 Meter Dash .991m

=====
Name Age Team Finals Wind
=====
1 van Ryswyk, Len M45 Surrey, BC 13.07 -6.8
2 Trenholme, Dale M46 Campbell River, BC 13.08 -6.8
3 Blake, Aaron M48 Tacoma, WA 13.50 -6.8
4 Warren, Cal M49 Kelowna, BC 13.56 -6.8
5 Black, Murray M49 Camp Creek, AB 13.62 -6.8
6 Meyers, Darcy M47 Calgary, AB 14.05 -6.8
7 Gromer, Mike M48 Richmond, BC 14.65 -6.8

M50 100 Meter Dash .991m

=====
Name Age Team Finals Wind
=====
1 Brown, Dave M51 Calgary, AB 12.78 -5.5
2 Dosanjh, Jessie M52 Delta, BC 13.22 -5.5
3 Copeland, Scott M50 Olympia, WA 13.75 -5.5
4 Simperl, Kenneth M52 Selkirk, MB 14.02 -5.5
5 Eedy, Darrell M50 Vernon, BC 14.69 -5.5

M55 100 Meter Dash .991m

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Name Age Team Finals Wind
=====
1 Dickson, Tom M56 Burnaby, BC 13.04 -3.6
2 Jeske, Wolfgang M55 St. Albert, AB 13.10 -3.6
3 Ortman, David M56 Seattle, WA 13.17 -3.6
4 Gartner, Bruno M56 Surrey, BC 13.98 -3.6
5 Crockett, Ken M56 Kamloops, BC 14.33 -3.6

6 Sargent, Malcolm M55 Kimberley, BC 15.29 -3.6

M60 100 Meter Dash .991m

Name	Age Team	Finals	Wind
1 Winfield, Michael	M63 Richmond, BC	13.84	-4.7
2 Birring, Sewa	M63 Surrey, BC	13.92	-4.7
3 Jacobson, Vance	M61 Bainbridge Island,	J13.92	-4.7
4 Mintz, Bruce	M62 Edmonton, AB	14.02	-4.7
5 Patterson, Darrell	M63 Peterborough, ON	15.16	-4.7

M65 100 Meter Dash .991m

Name	Age Team	Finals	Wind
1 Kouis, Loi	M66 British Columbia	16.48	-4.7

M65 100 Meter Dash

Name	Age Team	Finals	Wind
1 Badowski, Tony	M66 Surrey, BC	14.57	-5.7
2 Gee, Herb	M68 Vancouver, BC	14.66	-5.7
3 McCune, Derek	M65 St. Albert, AB	15.76	-5.7
4 McFadyen, Bob	M66 Edmonton, AB	16.42	-5.7
5 Wiseman, Clarence	M69 Kamloops, BC	16.56	-5.7

M70 100 Meter Dash .991m

Name	Age Team	Finals	Wind
1 Dunn, Dave	M73 Edmonton, AB	15.32	-1.3
2 Aadmi, Andy	M73 Vancouver, BC, --	15.34	-1.3
3 Sloan, Laird	M73 Grand Manan, NB	15.79	-1.3
4 Rowan, Ted	M75 Martensville, SK	15.82	-1.3
5 Poonia, Kesar Singh	M75 Brampton, ON	17.55	-1.3

M75 100 Meter Dash .991m

Name	Age Team	Finals	Wind
1 Nett, Arnold	M76 Edmonton, AB	15.38	-5.7

M80 100 Meter Dash .991m

Name	Age Team	Finals	Wind
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1	Reed, Harry	M80 Red Deer, AB	17.08	-5.7
2	Robson, Les	M82 Port Coquitlam, BC	19.09	-5.7
3	Chalmers, Larry	M80 Oliver, BC	19.14	-5.7

M85 100 Meter Dash .991m

Name	Age Team	Finals	Wind
1 Thompson, Harry	M86 Powell River, BC	23.54	-5.7
2 Falconer, William	M89 Kamloops, BC	28.11	-5.7

W30 200 Meter Dash

Name	Age Team	Finals	Wind
1 Titsworth, Amy	W30 Warfield, BC	32.09	NWI

W40 200 Meter Dash

Name	Age Team	Finals	Wind
1 Titus, Georgina	W44 Whistler, BC	27.60	NWI
2 Schoenthaler, Sheryl	W44 Calgary, AB	28.95	NWI
3 Adams, Emma	W40 Richmond, BC, --	29.85	NWI

W45 200 Meter Dash

Name	Age Team	Finals	Wind
1 Summers, Judy	W45 Abbotsford, BC	30.05	NWI
2 Selles, Karin	W46 Penticton, BC	31.08	NWI
3 Davison, Che	W46 Victoria, BC, WA	38.42	NWI

W50 200 Meter Dash

Name	Age Team	Finals	Wind
1 Francois, Julie	W50 St. Albert, AB, WA	28.85	NWI
2 Alexis, Wendy	W54 Ottawa, ON	30.43	NWI
3 Rhebergen, Margaret	W54 Kamloops, BC	31.69	NWI
4 Lauridsen, Susanne	W51 Calgary, AB	32.05	NWI
5 Coward, Selina	W54 Regina, SK	34.76	NWI

W55 200 Meter Dash

Name	Age Team	Finals	Wind
1 Nutting, Jan	W55 Edmonton, AB	32.49	NWI

2 Hayley, Urith W58 Coquitlam, BC 34.42 NWI

W60 200 Meter Dash

Name	Age Team	Finals	Wind
1 Douglas, Avril	W62 Richmond, BC	31.60	NWI
2 Hankey, Michelle	W61 Surrey, BC	36.58	NWI

W65 200 Meter Dash

Name	Age Team	Finals	Wind
1 LaFayette-Boyd, Carol	W67 Regina, SK	30.37	NWI

W70 200 Meter Dash

Name	Age Team	Finals	Wind
1 Palmason, Diane	W71 Comox, BC	33.70	NWI
2 Crosthwaite, Gerda	W70 Kelowna, BC	36.67	NWI
3 McCarron-Egner, Mary	W72 Calgary, AB	39.52	NWI

W75 200 Meter Dash

Name	Age Team	Finals	Wind
1 Noort, Klazina	W76 New Westminster, BC	44.33	NWI
2 Boivin, Gwendolyn	W75 Moose Jaw, SK	49.69	NWI

W80 200 Meter Dash

Name	Age Team	Finals	Wind
1 McQuarrie, Betty	W80 Edmonton, AB	48.90	NWI
2 McLeod-Smith, Doreen	W84 North Vancouver, BC	58.07	NWI

M35-44 200 Meter Dash

Name	Age Team	Finals	Wind
1 Harrower, Will	M37 Vernon, BC	24.30	0.4
2 Wight, Trevor	M35 Abbotsford, BC	24.49	0.4
3 Walker, Samuel	M38 Langley, BC	24.86	0.4
4 Harris, Brian	M39 Calgary, AB	25.67	0.4
5 Fehr, Dan	M44 Penticton, BC	26.40	0.4
6 Afful, Ben	M38 British Columbia	28.23	0.4

M45 200 Meter Dash

Name	Age Team	Finals	Wind
1 Black, Murray	M49 Camp Creek, AB	25.37	2.0
2 Trenholme, Dale	M46 Campbell River, BC	25.74	2.0
3 van Ryswyk, Len	M45 Surrey, BC	26.04	2.0
4 Warren, Cal	M49 Kelowna, BC	26.29	2.0
5 Blake, Aaron	M48 Tacoma, WA	26.33	2.0
6 Pinchard, Mark	M49 Delta, BC	27.10	2.0
7 Meyers, Darcy	M47 Calgary, AB	27.59	2.0

M50 200 Meter Dash

Name	Age Team	Finals	Wind
1 Brown, Dave	M51 Calgary, AB	24.74	-1.4
2 Simperl, Kenneth	M52 Selkirk, MB	27.70	-1.4
3 Elms, Lindsay	M51 Comox, BC	28.67	-1.4
4 Copeland, Scott	M50 Olympia, WA	29.32	-1.4
5 Callander, Mel	M54 Williams Lake, BC	31.33	-1.4

M55 200 Meter Dash

Name	Age Team	Finals	Wind
1 Jeske, Wolfgang	M55 St. Albert, AB	25.14	1.4
2 Dickson, Tom	M56 Burnaby, BC	25.44	1.4
3 Gartner, Bruno	M56 Surrey, BC	26.97	1.4
4 Crockett, Ken	M56 Kamloops, BC	30.29	1.4

M60 200 Meter Dash

Name	Age Team	Finals	Wind
1 Jacobson, Vance	M61 Bainbridge Island,	27.3h	1.3
2 Winfield, Michael	M63 Richmond, BC	27.5h	1.3
3 Birring, Sewa	M63 Surrey, BC	27.8h	1.3
4 Mintz, Bruce	M62 Edmonton, AB	28.0h	1.3

M65 200 Meter Dash

Name	Age Team	Finals	Wind
1 Gee, Herb	M68 Vancouver, BC	28.59	0.7
2 McCune, Derek	M65 St. Albert, AB	29.93	0.7
3 Renwick, Doug	M67 Clavet, SK	30.60	0.7
4 McFadyen, Bob	M66 Edmonton, AB	31.42	0.7

M70 200 Meter Dash

Name	Age Team	Finals	Wind
1 Aadmi, Andy	M73 Vancouver, BC, --	29.22	NWI
2 Dunn, Dave	M73 Edmonton, AB	30.09	NWI
3 Sloan, Laird	M73 Grand Manan, NB	30.84	NWI
4 Pascoe, Jim	M71 Pickering, ON	33.83	NWI

M75 200 Meter Dash

Name	Age Team	Finals	Wind
1 Nett, Arnold	M76 Edmonton, AB	33.40	NWI
2 Poonia, Kesar Singh	M75 Brampton, ON	36.61	NWI

M80 200 Meter Dash

Name	Age Team	Finals	Wind
1 Robson, Les	M82 Port Coquitlam, BC	40.1h	1.3

M85 200 Meter Dash

Name	Age Team	Finals	Wind
1 Thompson, Harry	M86 Powell River, BC	44.4h	1.3

W40 400 Meter Dash

40 Canadian: R 59.75 27/06/1985 Erna Kozak			
Name	Age Team	Finals	
1 Adams, Emma	W40 Richmond, BC, --	67.67	

W45 400 Meter Dash

45 Canadian: R 60.02 12/08/1993 Avril Douglas			
Name	Age Team	Finals	
1 Summers, Judy	W45 Abbotsford, BC	71.60	
2 Selles, Karin	W46 Penticton, BC	72.98	

W50 400 Meter Dash

50 Canadian: R 59.84 02/09/2005 Karla del Grande			
Name	Age Team	Finals	

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1	Francois, Julie	W50 St. Albert, AB, WA	66.20
W60 400 Meter Dash			
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60	Canadian: R 68.34	09/08/2000 Diane Palmason	
	Name	Age Team	Finals
=====			
1	Douglas, Avril	W62 Richmond, BC	73.50
2	Hankey, Michelle	W61 Surrey, BC	1:29.36
W65 400 Meter Dash			
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65	Canadian: R 68.21	08/08/2003 Diane Palmason	
	Name	Age Team	Finals
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1	Saunders, Barbara	W69 Nelson, BC	1:41.02
W70 400 Meter Dash			
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70	Canadian: R 77.34	12/07/2008 Diane Palmason	
	Name	Age Team	Finals
=====			
1	Palmason, Diane	W71 Comox, BC	77.14R
2	Matlock, Joan	W70 Saskatoon, SK	1:50.50
W75 400 Meter Dash			
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75	Canadian: R 1:38.88	28/06/2007 Nessie Hollicky	
	Name	Age Team	Finals
=====			
1	Noort, Klazina	W76 New Westminster, BC	1:56.23
2	Boivin, Gwendolyn	W75 Moose Jaw, SK	2:49.20
M35 400 Meter Dash			
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35	Canadian: R 47.64	8/1984 Ray Cardinal	
	Name	Age Team	Finals
=====			
1	Walker, Samuel	M38 Langley, BC	56.52
2	Harrower, Will	M37 Vernon, BC	57.80
M40 400 Meter Dash			
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40	Canadian: R 50.10	19/06/1985 George Smith	
	Name	Age Team	Finals
=====			
1	Fehr, Dan	M44 Penticton, BC	58.72

M45 400 Meter Dash

Name	Age	Team	Finals
45 Canadian: R 50.60	05/08/1989	Harold Morioka	
1 Ballester, Pierre	M45	Brentwood Bay, BC	60.83
2 Pinchard, Mark	M49	Delta, BC	61.18
3 Hammond, Gordon	M48	Kamloops, BC	66.21
-- Kent, Scott	M45	Surrey, BC	DQ

Rule 163.3

M50 400 Meter Dash

Name	Age	Team	Finals
50 Canadian: R 51.70	25/06/1994	Harold Morioka	
1 Helm, Charles	M51	Tumbler Ridge, BC	58.93
2 Wakelin, Keith	M50	Courtenay, BC	64.01
3 Elms, Lindsay	M51	Comox, BC	64.78
4 Callander, Mel	M54	Williams Lake, BC	72.31

M55 400 Meter Dash

Name	Age	Team	Finals
55 Canadian: R 53.61	19/06/1999	Harold Morioka	
1 Jeske, Wolfgang	M55	St. Albert, AB	61.04
2 Gartner, Bruno	M56	Surrey, BC	61.58
3 Crockett, Ken	M56	Kamloops, BC	65.40
4 Sargent, Malcolm	M55	Kimberley, BC	66.87

M60 400 Meter Dash

Name	Age	Team	Finals
60 Canadian: R 55.04	21/06/2003	Harold Morioka	
1 Birring, Sewa	M63	Surrey, BC	63.25
2 Mintz, Bruce	M62	Edmonton, AB	64.01
3 Winfield, Michael	M63	Richmond, BC	70.96
4 Hill, Bruce	M63	Maple Ridge, BC	71.83

M65 400 Meter Dash

Name	Age	Team	Finals
65 Canadian: R 57.97	26/07/1995	Earl Fee	
1 Badowski, Tony	M66	Surrey, BC	66.14

2	Cobbedick, Roger	M65	Toronto, ON	72.90
3	Shook, Vern	M67	Chemainus, BC	72.92
4	Wiseman, Clarence	M69	Kamloops, BC	75.81
5	McNamara, Bill	M68	Surrey, BC	78.09

M70 400 Meter Dash

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70	Canadian: R 62.49	12/06/1999	Earl Fee	
Name	Age	Team	Finals	
=====				
1	Aadmi, Andy	M73	Vancouver, BC, --	71.33
2	Sloan, Laird	M73	Grand Manan, NB	73.02
3	Pascoe, Jim	M71	Pickering, ON	76.25
4	van der wal, Hylke (Hike	M71	Dalmeny, SK	1:21.37
5	Kalles, David	M71	Watson Lake, YT	1:27.36

M80 400 Meter Dash

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80	Canadian: R 70.64	02/05/2009	Earl Fee	
Name	Age	Team	Finals	
=====				
1	Robson, Les	M82	Port Coquitlam, BC	1:45.00

M85 400 Meter Dash

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85	Canadian: R 1:37.34	21/06/2008	Harry Thompson	
Name	Age	Team	Finals	
=====				
1	Thompson, Harry	M86	Powell River, BC	1:47.06

W40 800 Meter Run

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40	Canadian: R 2:08.3h	25/08/1986	Erna Kozak	
Name	Age	Team	Finals	
=====				
1	Bezdan, Jeanie	W44	Burnaby, BC	2:25.03
2	Everton, Nicola	W44	Marysville, BC	2:26.62
3	Adams, Emma	W40	Richmond, BC, --	2:34.27

W45 800 Meter Run

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45	Canadian: R 2:16.1h	19/06/2001	Maureen de St. Croix	
Name	Age	Team	Finals	
=====				
1	Patterson, Janice	W45	Calgary, AB	2:29.04
2	Dixon, Donna	W46	Calgary, AB	2:29.15

W50 800 Meter Run

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50 Canadian: R 2:16.62 17/06/2003 Maureen de St. Croix

Name	Age Team	Finals
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1 Quibell, Rita	W53 Newmarket, ON	2:40.33
2 Northcott, Clara	W54 Mississauga, ON	3:01.00

W55 800 Meter Run

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55 Canadian: R 2:32.17 22/07/1995 Diane Palmason

Name	Age Team	Finals
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1 Shook, Karen	W58 Chemainus, BC	3:10.67
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W60 800 Meter Run

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60 Canadian: R 2:40.58 18/08/2000 Diane Palmason

Name	Age Team	Finals
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1 Warick, Judy	W60 Saskatoon, SK	3:10.13
2 Skov, Bonnie	W63 Calgary, AB	3:32.84

W65 800 Meter Run

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65 Canadian: R 2:41.61 09/08/2003 Diane Palmason

Name	Age Team	Finals
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1 Saunders, Barbara	W69 Nelson, BC	3:29.89
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W70 800 Meter Run

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70 Canadian: R 3:04.44 17/08/2003 Jean Horne

Name	Age Team	Finals
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1 Matlock, Joan	W70 Saskatoon, SK	4:15.02
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W75 800 Meter Run

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75 Canadian: R 3:37.05 12/06/2005 Lenore Montgomery

Name	Age Team	Finals
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1 Montgomery, Lenore	W79 North Vancouver, BC	3:58.52
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M35 800 Meter Run

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35 Canadian: R 1:54.02 17/06/2006 Marvin Knoop

Name	Age Team	Finals
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1 Back, Scott M35 Prince George, BC 2:12.47

M45 800 Meter Run

Name	Age Team	Finals
45 Canadian: R 1:59.32	06/08/2008 Alain Boucher	
1 Bearsdell, David	M46 Kamloops, BC	2:05.99
2 Guss, David	M48 Calgary, AB	2:16.44
3 Pinchard, Mark	M49 Delta, BC	2:17.84
4 Smillie, Malcolm	M49 Delta, BC	2:18.33
5 Ballester, Pierre	M45 Brentwood Bay, BC	2:28.78
6 Hammond, Gordon	M48 Kamloops, BC	2:33.00
-- Kent, Scott	M45 Surrey, BC	DNF

M50 800 Meter Run

Name	Age Team	Finals
50 Canadian: R 2:01.26	13/06/1993 Harold Morioka	
1 Helm, Charles	M51 Tumbler Ridge, BC	2:13.66
2 Reimer, Paul	M54 Abbotsford, BC	2:14.42
3 Wakelin, Keith	M50 Courtenay, BC	2:22.42
4 Antepyan, Raffi	M51 Coquitlam, BC	2:24.92
5 Martinson, Brian	M51 Prince George, BC	2:29.09
6 Callander, Mel	M54 Williams Lake, BC	2:49.83

M55 800 Meter Run

Name	Age Team	Finals
55 Canadian: R 2:07.1h	13/06/1999 Harold Morioka	
1 Holmes, Bob	M55 Edmonton, AB	2:24.21
2 Hosford, Steve	M58 Richmond, BC	2:25.97

M60 800 Meter Run

Name	Age Team	Finals
60 Canadian: R 2:12.33	29/06/2003 Harold Morioka	
1 Pawluk, Fred	M62 Richmond, BC	2:37.31
2 Kaluzniak, Marvin	M62 Edmonton, AB	2:43.06
3 Hill, Bruce	M63 Maple Ridge, BC	2:49.02
4 Milne, Peter	M60 Edmonton, AB	2:53.17
-- Glover, Bill	M63 Vernon, BC	DNF

M65 800 Meter Run

65 Canadian: R 2:14.33 22/07/1995 Earl Fee			
Name	Age	Team	Finals
1 Dargie, Barrie	M65	Calgary, AB	2:28.15
2 Renwick, Doug	M67	Clavet, SK	2:40.27
3 Cobbledick, Roger	M65	Toronto, ON	2:48.56
4 McNamara, Bill	M68	Surrey, BC	3:04.58

M70 800 Meter Run

70 Canadian: R 2:20.52 17/06/1999 Earl Fee			
Name	Age	Team	Finals
1 Pascoe, Jim	M71	Pickering, ON	3:08.03
2 Kalles, David	M71	Watson Lake, YT	3:14.32
3 Krolow, Gerhard	M74	Bolton, ON	3:19.99
4 van der wal, Hylke (Hike	M71	Dalmeny, SK	3:40.73

M85 800 Meter Run

85 Canadian: R 4:07.53 09/08/2003 Les Leyland			
Name	Age	Team	Finals
1 Thompson, Harry	M86	Powell River, BC	4:08.41

W30 1500 Meter Run

Name	Age	Team	Finals
1 Titsworth, Amy	W30	Warfield, BC	6:55.85

W40 1500 Meter Run

40 Canadian: R 4:23.63 31/05/1986 Erna Kozak			
Name	Age	Team	Finals
1 Bezdan, Jeanie	W44	Burnaby, BC	5:01.88
2 Everton, Nicola	W44	Marysville, BC	5:07.49
3 Clark, Rhonda	W42	Calgary, AB	5:19.40

W45 1500 Meter Run

45 Canadian: R 4:37.68 01/06/2002 Maureen de St. Croix			
Name	Age	Team	Finals
1 Patterson, Janice	W45	Calgary, AB	5:08.24
2 Dixon, Donna	W46	Calgary, AB	5:17.57

W50 1500 Meter Run

=====			
50 Canadian: R 4:40.92	15/06/2003	Maureen de St. Croix	
Name	Age	Team	Finals
=====			
1 Quibell, Rita	W53	Newmarket, ON	5:31.95
2 Northcott, Clara	W54	Mississauga, ON	6:05.78

W55 1500 Meter Run

=====			
55 Canadian: R 5:12.62	14/09/2007	Kathryn Martin	
Name	Age	Team	Finals
=====			
1 Shook, Karen	W58	Chemainus, BC	6:57.15

W60 1500 Meter Run

=====			
60 Canadian: R 5:45.86	16/10/1993	Jean Horne	
Name	Age	Team	Finals
=====			
1 Skov, Bonnie	W63	Calgary, AB	6:59.73

W65 1500 Meter Run

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65 Canadian: R 5:46.61	26/07/2003	Diane Palmason	
Name	Age	Team	Finals
=====			
1 Saunders, Barbara	W69	Nelson, BC	7:25.30

W75 1500 Meter Run

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75 Canadian: R 6:57.67	11/06/2005	Lenore Montgomery	
Name	Age	Team	Finals
=====			
1 Montgomery, Lenore	W79	North Vancouver, BC	7:55.24

M35 1500 Meter Run

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35 Canadian: R 3:45.2h	27/05/1992	Paul Williams	
Name	Age	Team	Finals
=====			
1 Back, Scott	M35	Prince George, BC	4:44.94

M45 1500 Meter Run

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45 Canadian: R 4:05.16	09/07/2008	Alain Boucher	
Name	Age	Team	Finals
=====			

1	Bearsdell, David	M46	Kamloops, BC	4:36.02
2	Guss, David	M48	Calgary, AB	4:43.09
3	Kellett, Richard	M45	Calgary, AB	4:47.19
4	Young, Don	M45	Port Townsend, WA	4:58.11
5	Smillie, Malcolm	M49	Delta, BC	5:00.87
--	Sigalet, J. Phillip	M48	Kamloops, BC	DNF

M50 1500 Meter Run

=====				
50	Canadian: R 4:15.6h	17/08/1982	Ed Whitlock	
	Name	Age	Team	Finals
=====				
1	Reimer, Paul	M54	Abbotsford, BC	4:39.15
2	Antepyan, Raffi	M51	Coquitlam, BC	5:09.59
3	Martinson, Brian	M51	Prince George, BC	5:11.65
--	Cassela-Blackburn, Micha	M52	Port Townsend, WA	DNF
--	Olsen, David	M54	Regina, SK	DNF

M55 1500 Meter Run

=====				
55	Canadian: R 4:32.67	24/06/2006	Dennis Lang	
	Name	Age	Team	Finals
=====				
1	Holmes, Bob	M55	Edmonton, AB	5:01.22
2	Hosford, Steve	M58	Richmond, BC	5:01.50
3	Busby, Bruce	M56	Nanaimo, BC	5:12.09

M60 1500 Meter Run

=====				
60	Canadian: R 4:42.06	07/07/1991	Earl Fee	
	Name	Age	Team	Finals
=====				
1	Pawluk, Fred	M62	Richmond, BC	5:18.83
2	Miller, Jack	M64	Kamloops, BC	5:23.16
3	Kaluzniak, Marvin	M62	Edmonton, AB	5:26.07
4	Milne, Peter	M60	Edmonton, AB	6:02.92

M65 1500 Meter Run

=====				
65	Canadian: R 4:46.5h	06/09/1997	Ed Whitlock	
	Name	Age	Team	Finals
=====				
1	Phillips, Herb	M69	Burnaby, BC	5:20.39
2	Renwick, Doug	M67	Clavet, SK	5:59.90
--	Dargie, Barrie	M65	Calgary, AB	DNF

M70 1500 Meter Run

=====				
-------	--	--	--	--

70 Canadian: R 5:07.90 03/08/2003 Ed Whitlock			
Name	Age	Team	Finals
1 Davies, Roger	M74	Calgary, AB	6:00.74
2 Kalles, David	M71	Watson Lake, YT	6:34.60
3 Krolow, Gerhard	M74	Bolton, ON	6:50.01

W40 5000 Meter Run

40 Canadian: R 16:42.78 05/06/1999 Patti Blanchard			
Name	Age	Team	Finals
1 Clark, Rhonda	W42	Calgary, AB	19:27.21

W45 5000 Meter Run

45 Canadian: R 17:41.7h 30/07/2002 Maureen de St. Croix			
Name	Age	Team	Finals
1 Patterson, Janice	W45	Calgary, AB	19:24.95
2 McCaffrey, Janice	W49	Calgary, AB	20:59.81

W50 5000 Meter Run

50 Canadian: R 17:49.83 08/08/2002 Kathryn Martin			
Name	Age	Team	Finals
1 Northcott, Clara	W54	Mississauga, ON	22:42.34

W55 5000 Meter Run

55 Canadian: R 18:47.61 02/08/2007 Kathryn Martin			
Name	Age	Team	Finals
1 Dansereau, Andree	W58	Vancouver, BC	27:02.08
2 Tedford, Cathy	W56	Peterborough, ON	35:30.82

W60 5000 Meter Run

60 Canadian: R 21:16.58 24/08/1996 Molly Turner			
Name	Age	Team	Finals
1 Skov, Bonnie	W63	Calgary, AB	24:22.16

W75 5000 Meter Run

75 Canadian: R 25:14.78 29/07/2005 Lenore Montgomery			
Name	Age	Team	Finals

=====
1 Montgomery, Lenore W79 North Vancouver, BC 27:30.86

M45 5000 Meter Run

=====
45 Canadian: R 15:27.26 29/07/2001 Jerry Kooymans
Name Age Team Finals
=====
1 Guss, David M48 Calgary, AB 18:04.30
2 Young, Don M45 Port Townsend, WA 18:13.25
2 Pinchard, Mark M49 Delta, BC J18:18.46
3 Cruttenden, Peter M49 Calgary, AB J18:20.76
5 Kellett, Richard M45 Calgary, AB 18:29.37
-- Sigalet, J. Phillip M48 Kamloops, BC DNF

M50 5000 Meter Run

=====
50 Canadian: R 15:40.57 26/08/2002 Jerry Kooymans
Name Age Team Finals
=====
1 Cassela-Blackburn, Micha M52 Port Townsend, WA 18:28.06
1 Olsen, David M54 Regina, SK J19:49.51
2 Wichmann, Ron M54 Chilliwack, BC J20:26.51

M55 5000 Meter Run

=====
55 Canadian: R 16:52.4h 16/07/2002 Jim Swadling
Name Age Team Finals
=====
1 Busby, Bruce M56 Nanaimo, BC 19:05.22
2 Sargent, Malcolm M55 Kimberley, BC 20:36.49
3 Smith, Doug M57 Toronto, ON 25:18.35

M60 5000 Meter Run

=====
60 Canadian: R 17:33.55 12/09/1992 Ed Whitlock
Name Age Team Finals
=====
1 Miller, Jack M64 Kamloops, BC 19:23.11
2 Kaluzniak, Marvin M62 Edmonton, AB 20:47.14
-- Madderom, Jake M64 Burnaby, BC DNF

M65 5000 Meter Run

=====
65 Canadian: R 17:38.50 01/06/1997 Ed Whitlock
Name Age Team Finals
=====
1 Phillips, Herb M69 Burnaby, BC 19:21.32

M70 5000 Meter Run

=====			
Name	Age	Team	Finals
=====			
70 Canadian: R 18:33.38	07/07/2001	Ed Whitlock	
1 Davies, Roger	M74	Calgary, AB	22:18.27
2 Kalles, David	M71	Watson Lake, YT	24:11.15
3 Krolow, Gerhard	M74	Bolton, ON	25:50.91

W35 10000 Meter Run

=====			
Name	Age	Team	Finals
=====			
35 Canadian: R 32:48.24	5/1994	Ulla Marquette	
1 Wonham, Cynthia	W36	Kamloops, BC, CA	44:37.80

W50 10000 Meter Run

=====			
Name	Age	Team	Finals
=====			
50 Canadian: R 37:12.23	06/08/2004	Kathryn Martin	
1 Northcott, Clara	W54	Mississauga, ON	48:25.45

W55 10000 Meter Run

=====			
Name	Age	Team	Finals
=====			
55 Canadian: R 39:37.78	04/08/2007	Kathryn Martin	
1 Dansereau, Andree	W58	Vancouver, BC	55:32.83
2 Tedford, Cathy	W56	Peterborough, ON	1:16:02.65

W75 10000 Meter Run

=====			
Name	Age	Team	Finals
=====			
75 Canadian: R 54:12.57	21/07/2006	Lenore Montgomery	
1 Montgomery, Lenore	W79	North Vancouver, BC	59:13.49

M45 10000 Meter Run

=====			
Name	Age	Team	Finals
=====			
45 Canadian: R 31:42.17	12/07/2001	Jerry Kooymans	
1 Young, Don	M45	Port Townsend, WA	36:34.99
2 Guss, David	M48	Calgary, AB	36:49.98

M50 10000 Meter Run

```

=====
50 Canadian: R 33:15.64 31/08/2005 Jerry Kooymans
Name Age Team Finals
=====
1 Cassela-Blackburn, Micha M52 Port Townsend, WA 38:47.31
2 Olsen, David M54 Regina, SK 43:42.43

```

M60 10000 Meter Run

```

=====
60 Canadian: R 37:17.4h 30/08/1980 Sverre Hietanen
Name Age Team Finals
=====
1 Milne, Peter M60 Edmonton, AB 46:37.78
2 Mason, Bryan M64 Toronto, ON 47:38.49

```

M65 10000 Meter Run

```

=====
65 Canadian: R 36:50.70 16/08/1997 Ed Whitlock
Name Age Team Finals
=====
1 Phillips, Herb M69 Burnaby, BC 40:02.35
2 Richardson, Ken M65 Port McNeill, BC 43:58.19

```

W50 80 Short Hurdles .762m

```

=====
50 Canadian: R 14.39 02/08/2008 Muriel Gieni
Name Age Team Finals Wind
=====
1 Lauridsen, Susanne W51 Calgary, AB 16.25 -3.8
30"

```

W60 80 Short Hurdles .762m

```

=====
60 Canadian: R 17.66
Name Age Team Finals Wind
=====
1 Trott, Rhona W60 Hamilton, ON 15.43R -3.8
27"
2 Hankey, Michelle W61 Surrey, BC 19.77 -3.8
27"

```

M75 80 Short Hurdles .762m

```

=====
75 Canadian: R 16.4h 21/06/1986 Karl Trei
Name Age Team Finals Wind
=====
1 Nett, Arnold M76 Edmonton, AB 18.21 -5.6
30"

```

2	Rowan, Ted	M75 Martensville, SK	18.28	-5.6
30"				
3	Poonia, Kesar Singh	M75 Brampton, ON	20.01	-5.6
30"				

M60 100 Short Hurdles

=====				
	Name	Age Team	Finals	Wind
=====				
60	Canadian: R 17.24	17/06/2006 Warren Hamill		
1	Brewer, Jess H.	M63 Richmond, BC	19.36	-3.7
33"				
2	Jacobson, Vance	M61 Bainbridge Island,	21.17	-3.7
33"				
3	Kashman, Steve	M62 Edmonton, AB	22.40	-3.7
33"				

M65 100 Short Hurdles

=====				
	Name	Age Team	Finals	Wind
=====				
65	Canadian: R 19.00	27/07/1989 Valden Sadul		
1	McCune, Derek	M65 St. Albert, AB	22.41	-3.7
33"				
2	Renwick, Doug	M67 Clavet, SK	24.17	-3.7
33"				

M35 110 Short Hurdles .991m

=====				
	Name	Age Team	Finals	Wind
=====				
35	Canadian: R 16.73	29/07/1998 Glen Chipkar		
1	Kroeker, Tim	M38 Merritt, BC, NV	14.97R	-1.6
39"				

M50 110 Short Hurdles .991m

=====				
	Name	Age Team	Finals	Wind
=====				
1	Copeland, Scott	M50 Olympia, WA	20.19	-1.6
36"				

M55 110 Short Hurdles .991m

=====				
	Name	Age Team	Finals	Wind
=====				
1	Jeske, Wolfgang	M55 St. Albert, AB	18.54	-1.6
36"				

W50 300 Long Hurdles

=====				
50 Canadian: R	53.40	10/08/2008	Susanne Lauridsen	
Name		Age	Team	Finals
=====				
1	Lauridsen, Susanne	W51	Calgary, AB	58.70 30"

W60 300 Long Hurdles

=====				
60 Canadian: R	65.68	20/07/2008	Catherine Roberts	
Name		Age	Team	Finals
=====				
1	Trott, Rhona	W60	Hamilton, ON	58.29R 27"
2	Hankey, Michelle	W61	Surrey, BC	71.84 27"

M60 300 Long Hurdles

=====				
60 Canadian: R	45.33	05/07/2003	Harold Morioka	
Name		Age	Team	Finals
=====				
1	Brewer, Jess H.	M63	Richmond, BC	51.62 30"
2	Jacobson, Vance	M61	Bainbridge Island,	52.61 30"
3	Judson, Fred	M63	Edmonton, AB	52.83 30"

M65 300 Long Hurdles

=====				
65 Canadian: R	45.71	16/07/1995	Earl Fee	
Name		Age	Team	Finals
=====				
1	McCune, Derek	M65	St. Albert, AB	56.08 30"
2	Renwick, Doug	M67	Clavet, SK	56.70 30"

M70 300 Long Hurdles

=====				
70 Canadian: R	49.07	28/08/1999	Earl Fee	
Name		Age	Team	Finals
=====				
1	van der wal, Hylke (Hike	M71	Dalmeny, SK	61.58 27"

M35 400 Long Hurdles

=====				
35 Canadian: R	53.4h	07/06/1981	George Smith	
Name		Age	Team	Finals
=====				
1	Wight, Trevor	M35	Abbotsford, BC	70.24 36"

M55 400 Long Hurdles

=====				
55 Canadian: R 63.03 19/08/2000 Harold Morioka				
Name	Age	Team	Finals	
=====				
1 Jeske, Wolfgang	M55	St. Albert, AB	67.22	33"

W60 2000 Meter Steeplechase

=====				
60 Canadian: R 10:53.23 02/08/2008 Bonnie Skov				
Name	Age	Team	Finals	
=====				
1 Warick, Judy	W60	Saskatoon, SK	9:51.8hR	30"
2 Skov, Bonnie	W63	Calgary, AB	10:46.9hR	30"

M60 2000 Meter Steeplechase

=====				
60 Canadian: R 7:31.71 06/08/1999 Jack Geddes				
Name	Age	Team	Finals	
=====				
1 Kashman, Steve	M62	Edmonton, AB	10:05.5h	30"

M65 2000 Meter Steeplechase

=====				
65 Canadian: R 8:19.07 21/06/2007 Doug Renwick				
Name	Age	Team	Finals	
=====				
1 Dargie, Barrie	M65	Calgary, AB	7:55.6hR	30"
2 Renwick, Doug	M67	Clavet, SK	9:00.4h	30"
3 Christensen, Vern	M68	Totonto, ON, WA	9:29.5h	30"
4 McNamara, Bill	M68	Surrey, BC	10:36.3h	30"

M70 2000 Meter Steeplechase

=====				
70 Canadian: R 11:17.02 24/08/1996 Don Farquharson				
Name	Age	Team	Finals	
=====				
1 van der wal, Hylke (Hike M71 Dalmeny, SK			12:08.2h	30"

M45 3000 Meter Steeplechase

=====				
45 Canadian: R 9:52.35 22/06/2008 Alain Boucher				
Name	Age	Team	Finals	
=====				
1 Guss, David	M48	Calgary, AB	11:43.98	36"
2 Abilgaard, Erik	M48	Nanton, AB	15:24.00	36"

M55 3000 Meter Steeplechase

=====

55 Canadian: R 12:12.79 12/09/1993 John Doughty
 Name Age Team Finals
 =====
 1 Smith, Doug M57 Toronto, ON 15:15.39 36"

W40 4x400 Meter Relay

=====

Team	Finals
1 Alberta 'A'	4:33.20 New

Cdn Record

1) Schoenthaler, Sheryl 44	2) Dixon, Donna 46
3) Francois, Julie 50	4) Patterson, Janice 45

M29&U 4x400 Meter Relay

=====

Team	Finals
1 British Columbia 'A'	4:16.45

1) Elms, Lindsay 51	2) Wakelin, Keith 50
3) Callander, Mel 54	4) Reimer, Paul 54

W55 High Jump

=====

55 Canadian: R 1.25m 07/07/2001 Marg Radcliffe	Finals
Name Age Team	
1 Cochrane, Nancy W57 Richmond, BC	1.17m
1.00 1.05 1.10 1.15 1.17 1.19	
0 0 0 0 XO XXX	

W65 High Jump

=====

65 Canadian: R 1.25m 20/06/2008 Sandy Anderson	Finals
Name Age Team	
1 Anderson, Sandy W69 Victoria, BC, --	1.15m
1.05 1.10 1.15 1.20	
0 0 XO XXX	
2 Hoover, Virginia W68 Telkwa, BC	0.95m
0.85 0.90 0.95 1.00	
0 0 0 XXX	

W75 High Jump

=====

75 Canadian: R 1.11m 12/06/1999 Helgi Pedel	Finals
Name Age Team	

1	Boivin, Gwendolyn	W75 Moose Jaw, SK	0.85	0.90	0.95				0.90m
			O	O	XXX				

M45 High Jump

=====										
45	Canadian:	R	1.85m	17/08/1996	John Hawkins					Finals
Name		Age Team								Finals
=====										
1	Black, Murray	M49	Camp Creek, AB						1.60m	
				1.40	1.45	1.50	1.52	1.55	1.60	1.63
				XO	O	O	P	O	XXO	XXX

M55 High Jump

=====										
55	Canadian:	R	1.78m	21/08/2004	John Hawkins					Finals
Name		Age Team								Finals
=====										
1	Ortman, David	M56	Seattle, WA							1.50m
				1.40	1.45	1.50	1.52	1.55		
				O	O	O	P	XXX		

M60 High Jump

=====										
60	Canadian:	R	1.54m	15/07/2006	Warren Hamill					Finals
Name		Age Team								Finals
=====										
1	Peter, Heinz-Juergen	M61	St. Albert, AB							1.50m
				1.40	1.45	1.50	1.52			
				O	O	XO	XXX			
2	Donaldson, Sven	M60	Vancouver, BC							1.40m
				1.30	1.35	1.40	1.45			
				XO	XO	XXO	XXX			
3	Delhomeau, Roland	M64	Saskatoon, SK							1.35m
				1.20	1.25	1.30	1.35	1.40		
				O	O	XO	XXO	XXX		
4	Jacobson, Vance	M61	Bainbridge Island,							1.30m
				1.25	1.30	1.35				
				O	O	XXX				

M65 High Jump

=====										
65	Canadian:	R	1.51m	22/08/1981	Ian Hume					Finals
Name		Age Team								Finals
=====										
1	East, Les	M69	Victoria, BC							1.25m
				1.11	1.14	1.17	1.20	1.25	1.30	
				O	O	O	O	O	XXX	

M70 High Jump

=====			
Name	Age	Team	Finals
=====			
70 Canadian: R 1.48m	08/09/1984	Ian Hume	
1 Aadmi, Andy		M73 Vancouver, BC, --	0.90m
0.90 0.95			
O XXX			

M75 High Jump

=====			
Name	Age	Team	Finals
=====			
75 Canadian: R 1.37m	30/06/1990	Ian Hume	
1 Nett, Arnold		M76 Edmonton, AB	1.14m
1.00 1.05 1.08 1.11 1.14 1.17			
O O O O O XXX			
2 Poonia, Kesar Singh		M75 Brampton, ON	1.00m
1.00 1.05			
O XXX			

W40 Pole Vault

=====			
Name	Age	Team	Finals
=====			
40 Canadian: R 3.00m	02/07/2003	Leslie Estwick	
1 Craig, Nancy		W43 Victoria, BC	1.86m
1.61 1.66 1.71 1.86 2.03			
XO P O XXO XXX			

W55 Pole Vault

=====			
Name	Age	Team	Finals
=====			
55 Canadian: R 2.29m	11/07/1999	Jutta Reigel	
1 Cochrane, Nancy		W57 Richmond, BC	1.31m
1.01 1.06 1.11 1.16 1.21 1.26 1.31			
O O O O O O XO			

W65 Pole Vault

=====			
Name	Age	Team	Finals
=====			
65 Canadian: R 1.83m	28/07/2007	Sandy Anderson	
1 Anderson, Sandy		W69 Victoria, BC, --	1.51m
1.51 1.56 1.61			
O P XXX			

2 Hoover, Virginia	W68 Telkwa, BC	1.21m
1.01 1.06 1.11 1.16 1.21 1.26		
XXO XO O O O XXX		

M45 Pole Vault

=====							
Name	Age	Team					Finals
=====							
45 Canadian: R	4.57m	21/07/1973	Roger Ruth				
1 Psotka, Wayne	M45	Victoria, BC					3.75m
2.40 2.60 2.80 3.00 3.50 3.75 4.00							
O O O O XO O XXX							
2 Poljak, Gordan	M46	Richmond, BC					2.80m
2.00 2.40 2.60 2.80 3.10							
O O XO O XXX							
3 Steele, Sean	M47	Victoria, BC					J2.80m
1.50 2.00 2.40 2.60 2.80 3.00							
O O O XXO O X							
4 van Ryswyk, Len	M45	Surrey, BC					2.40m
2.40 2.60							
O XXX							

M55 Pole Vault

=====										
Name	Age	Team								Finals
=====										
1 Charrois, Henry	M58	Edmonton, AB								2.00m
1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10										
O P P O P XO P XXO XO XXX										

M60 Pole Vault

=====										
Name	Age	Team								Finals
=====										
1 Donaldson, Sven	M60	Vancouver, BC								2.80m
2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90										
O O O P O P XXO XXX										
2 Jacobson, Vance	M61	Bainbridge Island,								2.20m
2.00 2.10 2.20 2.30										
O XXO O XXX										

M65 Pole Vault

=====										
Name	Age	Team								Finals
=====										
1 Renwick, Doug	M67	Clavet, SK								2.50m
1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60										
XO P O P XO P O XO XXX										

M70 Pole Vault

Name	Age Team	Finals
1 Steinman, John	M73 Carson City, NV	2.30m
2.30 2.40		
O XXX		
2 Dumas, Gerard	M74 Victoria, BC	1.90m
1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10		
O P P P O P O O O P XX		

M75 Pole Vault

Name	Age Team	Finals
1 Rowan, Ted	M75 Martensville, SK	1.80m
1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80		
O O O O O O XO XO		

M80 Pole Vault

Name	Age Team	Finals
1 Monds, Douglas	M80 Victoria. BC	1.30m
1.10 1.20 1.30		
O O O		

W40 Long Jump

Name	Age Team	Finals	Wind
40 Canadian: R 5.50m 11/07/2003 Leslie Estwick			
1 Titus, Georgina	W44 Whistler, BC	4.58m	1.3
FOUL(0.2) 4.54m(0.3) 4.55m(3.1) 4.58m(1.3) FOUL(2.0) 4.42m(0.3)			

W45 Long Jump

Name	Age Team	Finals	Wind
45 Canadian: R 4.98m 09/07/1977 Eveline Saull			
1 Juert, Berni	W45 Surrey, BC	4.24m	0.7
4.18m(0.4) 4.15m(-0.3) 4.19m(2.9) 4.24m(0.7) 4.21m(1.0)			
4.17m(0.9)			
2 Murfitt, Anne	W49 Victoria, BC	2.32m	2.1
FOUL(0.2) 2.20m(2.1) 2.10m(0.2) 2.32m(2.1) 2.26m(1.2) 2.15m(0.8)			

W50 Long Jump

```

=====
50 Canadian: R 4.57m 02/08/2008 Susanne Lauridsen
Name Age Team Finals Wind
=====
1 Rhebergen, Margaret W54 Kamloops, BC 3.91m 0.9
3.89m(-0.5) 3.66m(-0.8) 3.91m(0.9) 3.72m(1.5) 3.73m(0.7)
3.51m(1.0)
2 Lauridsen, Susanne W51 Calgary, AB 3.85m 0.4
3.68m(-1.9) FOUL(-0.7) 3.85m(0.4) 3.81m(2.0) 3.71m(1.1)
3.76m(-0.3)

```

W55 Long Jump

```

=====
55 Canadian: R 4.12m 03/06/2007 Rhona Trott
Name Age Team Finals Wind
=====
1 Amerongen, Loretta W55 Edmonton, AB 3.74m 0.9
3.66m(-0.8) 3.65m(0.4) FOUL(0.5) 3.62m(1.2) 3.52m(1.1)
3.74m(0.9)
2 Nutting, Jan W55 Edmonton, AB 3.51m 0.9
FOUL(+0.0) 3.47m(-0.6) FOUL(2.1) 3.51m(0.9) 3.49m(0.9)
3.27m(2.2)
3 Hayley, Urith W58 Coquitlam, BC 3.21m 3.5
3.07m(0.3) 3.09m(0.8) 3.04m(0.6) 3.21m(3.5) FOUL(-0.1) FOUL(1.1)
4 Cochrane, Nancy W57 Richmond, BC 2.77m -0.9
2.57m(-0.3) 2.77m(-0.9) 2.66m(0.5) 2.65m(0.9) 2.69m(1.5)
2.63m(-0.4)

```

W60 Long Jump

```

=====
60 Canadian: R 4.43m 17/07/2004 Carol Lafeyette-Boyd
Name Age Team Finals Wind
=====
1 Dobson, Nancy W60 Maple Creek, SK 3.81m 0.6
3.49m(0.4) 3.44m(+0.0) 3.64m(2.0) 3.52m(1.4) 3.81m(0.6)
3.80m(1.5)

```

W65 Long Jump

```

=====
65 Canadian: R 4.47m 14/09/2007 Carol Lafeyette-Boyd
Name Age Team Finals Wind
=====
1 LaFayette-Boyd, Carol W67 Regina, SK 4.35m -0.4
4.35m(-0.4) 4.08m(1.9) 4.02m(3.5)
2 Dargie, Betty W67 Calgary, AB 3.26m -0.6
2.21m(+0.0) 3.04m(-0.2) 3.26m(-0.6)
3 Hoover, Virginia W68 Telkwa, BC 1.87m 0.5
1.76m(0.7) 1.87m(0.5) 1.87m(0.2) 1.79m(0.5)

```

W70 Long Jump

=====					
Name	Age	Team	Finals	Wind	
=====					
70 Canadian: R	3.05m	25/07/1991	Elga Meri		
1 Crosthwaite, Gerda	W70	Kelowna, BC	3.14mR	0.3	
	3.09m(+0.0)	3.10m(+0.0)	3.11m(1.3)	2.71m(1.8)	3.14m(0.3)
FOUL(-0.3)					
2 Bortignon, Christa	W72	West Vancouver, BC	2.54m	1.5	
	FOUL(-0.7)	2.49m(0.7)	2.54m(1.5)		

W75 Long Jump

=====					
Name	Age	Team	Finals	Wind	
=====					
75 Canadian: R	2.39m	30/07/2001	Helgi Pedel		
1 Boivin, Gwendolyn	W75	Moose Jaw, SK	2.34m	2.4	
	2.32m(-1.9)	2.23m(0.5)	2.26m(0.4)	2.34m(2.4)	FOUL(1.4)
2.29m(+0.0)					

W90 Long Jump

=====					
Name	Age	Team	Finals	Wind	
=====					
1 Kotelko, Olga	W90	West Vancouver, BC	1.65m	+0.0	
New WMA record					
	1.65m(+0.0)	FOUL(-0.1)	1.57m(3.1)	1.61m(+0.0)	1.64m(2.2)
1.49m(+0.0)					

M35 Long Jump

=====					
Name	Age	Team	Finals	Wind	
=====					
35 Canadian: R	6.28m	18/07/1992	Dave Burton		
1 Wolff, Johan	M38	Chilliwack, BC	5.27m	-1.9	
	FOUL	PASS	5.27m(-1.9)	PASS	PASS
2 Hundal, Jasbir Singh	M36	Mississauga, ON	4.63m	-0.8	
	4.63m(-0.8)	FOUL	FOUL	4.51m(-1.6)	FOUL
4.53m(-3.8)					

M45 Long Jump

=====					
Name	Age	Team	Finals	Wind	
=====					
45 Canadian: R	6.18m	16/09/1973	Roger Ruth		
1 Black, Murray	M49	Camp Creek, AB	5.00m	-2.1	
	5.00m(-2.1)	4.95m(0.4)	4.86m(-4.1)	4.67m(-1.4)	4.87m(-5.2)

4.92m(-4.0)
 2 Harwood, Doug M48 Whistler, BC 3.70m -3.6
 3.59m(-1.1) FOUL(-3.0) FOUL 3.65m(-3.6) 3.25m(-4.3)
 3.70m(-3.6)
 3 Meyers, Darcy M47 Calgary, AB 3.45m 2.5
 FOUL(-1.6) FOUL 3.12m(-2.5) 3.45m(2.5) FOUL
 3.15m(-3.6)

M50 Long Jump

=====

50 Canadian: R 6.10m 29/07/2005 Barry Boyd

Name	Age	Team	Finals	Wind
1 Lloyd, Rick	M50	Pitt Meadows, BC	4.88m	-2.5
4.53m(-2.4)	4.80m(-2.9)	4.78m(-1.9)	4.85m(-1.5)	4.88m(-2.5)
4.78m(-6.1)				
2 Kosierb, Marcel	M52	Surrey, BC	4.68m	-2.3
4.68m(-2.3)	4.43m(-3.5)	4.20m(-2.2)	4.36m(-3.4)	4.45m(-3.5)
4.66m(-2.6)				
3 Copeland, Scott	M50	Olympia, WA	4.62m	-2.3
4.48m(-0.8) PASS	4.62m(-2.3) PASS		4.23m(-4.3) PASS	

M55 Long Jump

=====

55 Canadian: R 5.46m 25/06/2005 Richard Lech

Name	Age	Team	Finals	Wind
1 Ortman, David	M56	Seattle, WA	5.08m	-0.6
4.78m(-1.3)	4.94m(-2.6)	4.95m(-3.0)	5.08m(-0.6) PASS	PASS
2 Jeske, Wolfgang	M55	St. Albert, AB	4.99m	-2.6
4.83m(-3.9)	4.85m(-1.3)	4.99m(-2.6)	4.96m(-1.1)	4.90m(-3.9) PASS
3 Crockett, Ken	M56	Kamloops, BC	4.46m	-1.4
4.27m(-2.7)	4.34m(-3.5)	4.12m(-2.3)	4.46m(-1.4)	3.99m(-0.7) FOUL

M60 Long Jump

=====

60 Canadian: R 5.17m 31/05/2003 Alan Slater

Name	Age	Team	Finals	Wind
1 Mintz, Bruce	M62	Edmonton, AB	4.19m	-0.9
PASS	4.06m(-1.0)	4.12m(-3.8)	4.08m(-1.0)	4.06m(-1.2)
4.19m(-0.9)				
2 Judson, Fred	M63	Edmonton, AB	4.00m	-2.4
3.21m(-1.5)	4.00m(-2.4)	3.41m(-1.8)	3.75m(-0.7)	3.65m(-1.2) PASS
3 Jacobson, Vance	M61	Bainbridge Island,	3.84m	-4.2
3.50m(-3.5)	3.61m(-1.8)	3.61m(-3.3)	3.84m(-4.2) FOUL	
3.33m(-2.7)				
4 Delhomeau, Roland	M64	Saskatoon, SK	3.81m	-1.5

FOUL 3.81m(-1.5) 3.47m(-1.5) 3.61m(-0.9) 3.78m(-1.4)
 3.72m(-2.0)
 5 Milne, Peter M60 Edmonton, AB 3.47m 0.5
 3.04m(-2.3) 3.25m(-2.0) 3.47m(0.5) FOUL 3.19m(-4.5) PASS

M65 Long Jump

=====

65 Canadian: R 5.00m 04/07/1980 Ian Hume		Finals	Wind
Name	Age Team		
1 Badowski, Tony	M66 Surrey, BC	4.43m	-0.5
4.43m(-0.5) PASS	PASS PASS PASS	PASS	
2 Wiseman, Clarence	M69 Kamloops, BC	3.75m	-3.8
3.75m(-3.8) 3.25m(-1.2) FOUL	PASS PASS	PASS	
3 East, Les	M69 Victoria, BC	3.59m	-0.9
3.38m(0.5) 3.30m(-1.6) 3.45m(-0.8) FOUL(2.4)	3.59m(-0.9)		
3.45m(0.4)			
4 James, Trent	M69 Kelowna, BC	3.39m	0.3
2.82m(-4.9) 3.05m(+0.0) 3.39m(0.3) 2.98m(-1.1)	3.13m(-1.2)		
3.02m(-3.3)			

M70 Long Jump

=====

70 Canadian: R 4.69m 07/09/1985 Ian Hume		Finals	Wind
Name	Age Team		
1 van der wal, Hylke (Hike)	M71 Dalmeny, SK	3.19m	2.4
FOUL(-1.3) 2.83m(-0.1) FOUL(-1.2) 3.19m(2.4) PASS		PASS	
2 Aadmi, Andy	M73 Vancouver, BC, --	3.08m	0.1
3.08m(0.1) PASS	PASS PASS PASS	PASS	
3 Harwood, Jerry	M70 Oxnard, CA	2.58m	0.4
2.34m(1.6) 2.58m(-2.2) 2.34m(0.3) 2.56m(0.4) 2.48m(-1.4)			
2.58m(0.4)			

M75 Long Jump

=====

75 Canadian: R 4.20m 27/05/1990 Ian Hume		Finals	Wind
Name	Age Team		
1 Nett, Arnold	M76 Edmonton, AB	3.21m	-1.9
3.18m(-0.2) 3.21m(-1.9) PASS	PASS PASS	PASS	
3.10m(-1.1)			
2 Poonia, Kesar Singh	M75 Brampton, ON	2.78m	-1.5
2.78m(-1.2) 2.53m(-0.4) 2.11m(0.9) 2.78m(-1.5) 2.61m(-1.3)	PASS		

M80 Long Jump

=====

80 Canadian: R 3.75m 08/07/1989 Karl Trei	
-------------------------------------------	--

Name	Age	Team	Finals	Wind
1 Chalmers, Larry	M80	Oliver, BC	2.98m	-2.7
2.15m(0.1) 2.43m(-2.8) 2.85m(-0.9) 2.63m(0.2) 2.61m(-1.8)				
2.98m(-2.7)				
2 Robson, Les	M82	Port Coquitlam, BC	2.29m	0.1
2.29m(0.1) 2.27m(0.4) 2.13m(-3.4) 2.22m(-0.8) PASS PASS				

W50 Triple Jump

50 Canadian: R 9.28m 03/08/2008 Susanne Lauridsen				
Name	Age	Team	Finals	Wind
1 Rhebergen, Margaret	W54	Kamloops, BC	7.71m	1.9
FOUL FOUL 7.71m(1.9) 7.42m(-0.2) 7.66m(-0.3) FOUL				
2 Lauridsen, Susanne	W51	Calgary, AB	7.06m	0.2
7.06m(0.2) FOUL				

W55 Triple Jump

55 Canadian: R 7.76m 25/06/1995 Jutta Reigel				
Name	Age	Team	Finals	Wind
1 Amerongen, Loretta	W55	Edmonton, AB	8.19mR	0.1
7.97m(-0.6) 7.95m(1.6) 8.19m(0.1) 7.98m(-0.7) 8.06m(1.3) FOUL				

W60 Triple Jump

60 Canadian: R 9.09m 18/07/2004 Carol Lafeyette-Boyd				
Name	Age	Team	Finals	Wind
1 Dobson, Nancy	W60	Maple Creek, SK	7.95m	-0.4
6.63m(-0.5) 7.41m(-0.6) 7.65m(-0.8) 7.95m(-0.4) 7.62m(0.1)				
7.08m(-1.3)				

W65 Triple Jump

65 Canadian: R 8.41m 20/07/2008 Carol Lafeyette-Boyd				
Name	Age	Team	Finals	Wind
1 LaFayette-Boyd, Carol	W67	Regina, SK	8.57mR	-0.6
8.44m(-1.0) 8.49m(0.3) 8.54m(0.3) 8.44m(-0.8) 8.57m(-0.6)				
2 Hoover, Virginia	W68	Telkwa, BC	4.64m	0.2
3.92m(1.7) 4.17m(1.2) 4.22m(-0.1) 4.64m(0.2) 4.52m(1.8)				
4.55m(1.1)				

W75 Triple Jump

75 Canadian: R 4.19m 11/06/1994 Ernestine Yeomans
 Name Age Team Finals Wind
 =====
 1 Boivin, Gwendolyn W75 Moose Jaw, SK 5.55mR -0.2
 5.55m(-0.2) 5.39m(-1.6) 5.51m(-1.2) 5.48m(-0.9) 5.32m(0.2)
 5.47m(-1.3)

W90 Triple Jump

=====

Name	Age	Team	Finals	Wind
1 Kotelko, Olga	W90	West Vancouver, BC	3.77m	1.2
			3.65m(1.7)	
			3.74m(0.1)	
			3.75m(-1.9)	
			3.77m(1.2)	

M35 Triple Jump

=====

35 Canadian: R 12.98m 18/08/2000 Winchester Johnson
 Name Age Team Finals Wind
 =====

1 Wolff, Johan	M38	Chilliwack, BC	11.33m	-1.5
			FOUL	
			FOUL	
			FOUL	
			11.33m(-1.5)	
2 Hundal, Jasbir Singh	M36	Mississauga, ON	10.82m	1.2
			10.40m(3.6)	
			10.64m(2.2)	
			FOUL	
			FOUL	
			10.82m(1.2)	

10.55m(-0.6)

M45 Triple Jump

=====

45 Canadian: R 12.18m 19/06/1988 Alan Slater
 Name Age Team Finals Wind
 =====

1 Black, Murray	M49	Camp Creek, AB	10.10m	1.4
			10.08m(2.5)	
			9.97m(2.2)	
			10.10m(1.4)	
			9.81m(1.8)	
			9.23m(0.6)	

9.41m(-1.3)

M50 Triple Jump

=====

50 Canadian: R 12.82m 13/10/1993 Derek Boosey
 Name Age Team Finals Wind
 =====

1 Kosierb, Marcel	M52	Surrey, BC	9.83m	-0.6
			FOUL	
			FOUL	
			FOUL	
			9.83m(-0.6)	
2 Lloyd, Rick	M50	Pitt Meadows, BC	9.67m	0.9
			9.21m(2.8)	
			9.02m(2.0)	
			9.67m(0.9)	
			9.62m(1.6)	
			7.44m(0.5)	

9.28m(0.2)

3 Copeland, Scott	M50	Olympia, WA	8.84m	1.6
			8.84m(1.6)	
			FOUL	

M55 Triple Jump

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=====
55 Canadian: R 11.05m 14/07/2002 Warren Hamill
Name Age Team Finals Wind
=====
1 Ortman, David M56 Seattle, WA 9.72m 2.1
  9.66m(1.9) 9.72m(2.1)
2 Crockett, Ken M56 Kamloops, BC 8.52m 0.9
  7.54m(3.4) 8.34m(2.2) 8.52m(0.9)

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M60 Triple Jump

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=====
60 Canadian: R 10.85m 01/06/2003 Alan Slater
Name Age Team Finals Wind
=====
1 Milne, Peter M60 Edmonton, AB 7.74m -1.6
  7.29m(3.0) 7.32m(4.0) 7.72m(1.4) FOUL 7.66m(-0.0)
7.74m(-1.6)
2 Delhomeau, Roland M64 Saskatoon, SK 7.69m 1.9
  7.62m(3.3) 7.69m(1.9) 7.15m(1.8)
3 Kashman, Steve M62 Edmonton, AB 7.38m 1.6
  FOUL 7.15m(3.1) 7.38m(1.6) 6.70m(1.7) 7.19m(-0.1)
7.23m(-2.0)

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M65 Triple Jump

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=====
65 Canadian: R 10.66m 13/01/1981 Ian Hume
Name Age Team Finals Wind
=====
1 Vipler, Jan M67 Surrey, BC 8.63m 3.6
  FOUL 7.97m(4.3) 8.63m(3.6)
2 East, Les M69 Victoria, BC 8.18m +0.0
  7.77m(3.5) FOUL 8.04m(2.2) 8.04m(-0.2) 8.18m(+0.0)
3 Wiseman, Clarence M69 Kamloops, BC 8.00m 4.5
  8.00m(4.5) 7.18m(3.4) 7.79m(0.5) FOUL 7.55m(-1.8)
4 Sinnappu, Philipneri M69 Saint-Laurent, QC 7.94m -1.8
  7.37m(2.9) 7.12m(4.2) 7.39m(2.6) 7.87m(1.7) 7.83m(0.1)
7.94m(-1.8)

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M70 Triple Jump

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=====
70 Canadian: R 9.88m 25/05/1985 Ian Hume
Name Age Team Finals Wind
=====
1 Harwood, Jerry M70 Oxnard, CA 4.39m 2.8
  FOUL FOUL 4.39m(2.8)

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M75 Triple Jump

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75 Canadian: R 8.89m 04/05/1990 Ian Hume		Finals	Wind
Name	Age Team		
1 Rowan, Ted	M75 Martensville, SK	7.83m	2.6
7.71m(4.1) 7.82m(3.3) 7.83m(2.6)			
2 Nett, Arnold	M76 Edmonton, AB	7.16m	2.9
7.16m(2.9) FOUL FOUL FOUL 6.87m(-0.8)			
3 Poonia, Kesar Singh	M75 Brampton, ON	6.60m	0.7
5.96m(4.2) 6.60m(0.7)			

M80 Triple Jump

80 Canadian: R 7.91m 28/04/1989 Karl Trei		Finals	Wind
Name	Age Team		
1 Robson, Les	M82 Port Coquitlam, BC	5.44m	2.3
5.38m(3.0) 5.44m(2.3) 5.39m(5.6)			

W35 Shot Put

35 Canadian: R 15.54m 22/06/2002 Georgette Reed		Finals	
Name	Age Team		
1 Bedford, Dianne	W36 Montreal, QC	9.07m	4kg
FOUL 9.07m 8.59m 8.94m FOUL 9.07m			

W45 Shot Put

45 Canadian: R 9.47m 22/04/2006 Denise Clements		Finals	
Name	Age Team		
1 Hill, Elizabeth	W48 Seeleys Bay, ON, NV	9.92mR	4kg
9.53m 9.92m 9.28m 9.80m 9.25m 9.40m			
2 Clements, Denise	W48 Port Alberni, BC	8.57m	4kg
7.58m 8.06m 8.05m 8.09m 8.57m 7.94m			
3 Juert, Berni	W45 Surrey, BC	8.15m	4kg
FOUL 7.72m 7.63m 7.64m FOUL 8.15m			
4 Davison, Che	W46 Victoria, BC, WA	6.44m	4kg
6.36m 6.44m 6.36m 6.23m 6.36m 5.94m			
5 Murfitt, Anne	W49 Victoria, BC	6.08m	4kg
5.95m 6.06m 6.08m 5.97m 5.67m 5.88m			

W50 Shot Put

50 Canadian: R 10.51m 07/03/1998 Liz McBlain		Finals	
Name	Age Team		
1 Coward, Selina	W54 Regina, SK	9.57m	3kg

	9.57m	9.38m	9.20m	9.30m	9.28m	8.93m		
2 Keatley-Campbell, Linda	W53	Nanaimo, BC					6.68m	3kg
	5.71m	6.53m	6.44m	5.80m	6.59m	6.68m		

W60 Shot Put

=====									
60 Canadian: R 9.47m 31/08/2008 Liz McBlain									
Name	Age	Team					Finals		
=====									
1 Hare, Rose		W60	Burnaby, BC					9.19m	3kg
	8.60m	8.53m	8.28m	8.12m	8.78m	9.19m			
2 Roberts, Catherine		W62	St. Albert, AB					7.88m	3kg
	7.60m	7.35m	FOUL	7.70m	7.88m	7.70m			
3 Closkey, Cheryl		W61	Castlegar, BC					7.20m	3kg
	5.73m	7.20m	7.00m	5.88m	7.17m	6.65m			

W65 Shot Put

=====									
65 Canadian: R 8.80m 24/07/2005 Marg Tosh									
Name	Age	Team					Finals		
=====									
1 Anderson, Sandy		W69	Victoria, BC, --					7.66m	3kg
	7.66m	7.14m	7.31m	7.09m	6.98m	7.25m			
2 Hoover, Virginia		W68	Telkwa, BC					6.22m	3kg
	6.05m	6.06m	5.87m	6.22m	5.99m	5.89m			
3 Radcliffe, Marg		W67	Lake Cowichan, BC					6.18m	3kg
	5.94m	6.13m	6.18m	5.78m	FOUL	FOUL			
4 Armstrong, Ellie		W67	Red Deer, AB					5.34m	3kg
	4.78m	5.34m	4.94m	4.88m	5.27m	5.02m			

W70 Shot Put

=====									
70 Canadian: R 9.16m 01/08/2008 Marg Tosh									
Name	Age	Team					Finals		
=====									
1 Jensen, Eva		W71	Red Deer, AB					5.08m	3kg
	4.32m	5.08m	FOUL	4.88m	4.43m	FOUL			
2 Morfitt, Peggy		W71	Victoria, BC					4.75m	3kg
	4.70m	4.74m	4.12m	4.75m	4.73m	4.75m			
3 Poonia, Harbans Kaur		W73	Brampton, ON					3.27m	3kg
	2.95m	FOUL	FOUL	3.04m	3.27m	3.20m			

W75 Shot Put

=====									
75 Canadian: R 7.47m 01/08/2008 Myrtle Acton									
Name	Age	Team					Finals		
=====									
1 Acton, Myrtle L.		W76	Summerland, BC, --					6.39m	3kg

Name	Age	Team	Finals
1 Harwood, Doug	M48	Whistler, BC	7.74m
7.26kg			
5.69m	7.37m	6.80m	7.32m 7.46m 7.74m

M50 Shot Put

50 Canadian: R 14.10m 14/10/2000 John-Pierre Meyer			
Name	Age	Team	Finals
1 McCulloch, Gordon	M51	Calgary, AB	11.74m 6kg
11.74m	11.16m	11.49m	11.30m 11.13m 11.07m
2 Dosanjh, Jessie	M52	Delta, BC	11.34m 6kg
10.38m	FOUL	11.34m	FOUL PASS PASS

M55 Shot Put

55 Canadian: R 13.41m 18/08/2000 John Kasperski			
Name	Age	Team	Finals
1 Pearson, Bill	M57	Thornhill, ON	11.63m 6kg
10.87m	10.98m	11.20m	11.63m 11.58m FOUL
2 McKay, Bob	M59	Oliver, BC	9.31m 6kg
8.84m	8.74m	9.18m	9.07m 9.31m 9.19m
3 Crockett, Ken	M56	Kamloops, BC	8.57m 6kg
7.42m	7.94m	8.57m	7.89m 7.74m 8.04m

M60 Shot Put

60 Canadian: R 14.22m 22/09/2007 John-Pierre Meyer			
Name	Age	Team	Finals
1 Townsend, Ken	M64	Maple Ridge, BC	10.36m 5kg
10.06m	10.36m	9.73m	10.11m 9.88m 9.97m
2 Birring, Sewa	M63	Surrey, BC	9.80m 5kg
8.74m	9.80m	PASS	PASS PASS PASS
3 Thomson, Roy	M62	Calgary, AB	7.62m 5kg
FOUL	7.22m	7.56m	7.62m 7.53m FOUL

M65 Shot Put

65 Canadian: R 13.64m 13/05/2006 Marek Glowacki			
Name	Age	Team	Finals
1 Glowacki, Marek	M68	Edmonton, AB	12.29m 5kg
12.09m	12.29m	PASS	PASS PASS PASS
2 Morioka, Harold	M66	Surrey, BC	9.56m 5kg

	9.56m	9.22m	FOUL	FOUL	FOUL	9.28m		
3	Lamothe, Grant				M65	Langley, BC	9.54m	5kg
	8.93m	9.54m	9.19m	FOUL	9.00m	FOUL		
4	Cobbedick, Roger				M65	Toronto, ON	8.21m	5kg
	7.33m	7.81m	7.59m	8.21m	7.91m	PASS		

M70 Shot Put

=====								
70	Canadian:	R	12.68m	24/06/1995	Garry	Bachman		
	Name			Age	Team		Finals	
=====								
1	Smolinski, Frank Bob			M70	Edmonton, AB, NV		12.18m	4kg
	11.13m	FOUL	12.18m	12.03m	FOUL	12.06m		
2	Terauds, Juris			M72	Wilmot, NS		10.58m	4kg
	10.02m	10.58m	PASS	PASS	PASS	PASS		
3	Harwood, Jerry			M70	Oxnard, CA		10.03m	4kg
	9.20m	9.33m	9.21m	9.80m	10.03m	9.81m		
4	Aadmi, Andy			M73	Vancouver, BC, --		9.89m	4kg
	9.89m	FOUL	FOUL	9.65m	9.71m	FOUL		

M75 Shot Put

=====								
75	Canadian:	R	11.62m	06/09/1997	Garry	Bachman		
	Name			Age	Team		Finals	
=====								
1	Poonia, Kesar Singh			M75	Brampton, ON		9.25m	4kg
	8.98m	9.25m	8.74m	9.20m	8.77m	9.13m		
2	Nett, Arnold			M76	Edmonton, AB		8.09m	4kg
	7.57m	7.25m	7.21m	7.43m	7.81m	8.09m		
3	Benson, Don			M76	New Westminster, BC		5.84m	4kg
	5.67m	5.48m	5.49m	5.50m	5.84m	FOUL		

M80 Shot Put

=====								
80	Canadian:	R	10.61m	16/09/2006	Garry	Bachman		
	Name			Age	Team		Finals	
=====								
1	Chalmers, Larry			M80	Oliver, BC		8.35m	3kg
	FOUL	8.20m	8.35m	7.37m	PASS	7.57m		
2	Monds, Douglas			M80	Victoria, BC		8.09m	3kg
	7.88m	8.09m	7.64m	7.71m	7.64m	7.75m		
3	Flowers, James W			M81	Willowdale, ON		7.41m	3kg
	7.41m	6.66m	7.00m	6.38m	6.91m	7.06m		

W35 Discus Throw

=====								
35	Canadian:	R	46.54m	29/07/2005	Georgette	Reed		
	Name			Age	Team		Finals	


```

=====
1 Bedford, Dianne          W36 Montreal, QC          27.85m  1kg
   25.10m  FOUL  27.85m  26.20m  27.26m  25.93m

```

W40 Discus Throw

```

=====
40 Canadian: R 37.92m  11/06/2006  Diana Jaam-Shahriari
   Name                      Age Team                      Finals
=====
1 Titus, Georgina          W44 Whistler, BC          25.78m  1kg
   FOUL  25.78m  FOUL  FOUL  FOUL  23.74m

```

W45 Discus Throw

```

=====
45 Canadian: R 29.08m  07/09/1988  Dorothy Kempf
   Name                      Age Team                      Finals
=====
1 Juert, Berni             W45 Surrey, BC          33.79mR  1kg
   31.15m  30.05m  33.79m  33.67m  FOUL  32.61m
2 Hill, Elizabeth          W48 Seeleys Bay, ON, NV  30.55mR  1kg
   28.45m  30.49m  FOUL  FOUL  FOUL  30.55m
3 Clements, Denise         W48 Port Alberni, BC    24.94m  1kg
   20.77m  20.48m  22.83m  FOUL  20.95m  24.94m
4 Murfitt, Anne            W49 Victoria, BC        17.77m  1kg
   14.24m  16.55m  16.42m  17.77m  15.84m  16.72m
5 Davison, Che             W46 Victoria, BC, WA    16.89m  1kg
   FOUL  15.48m  FOUL  16.03m  13.49m  16.89m

```

W50 Discus Throw

```

=====
50 Canadian: R 32.08m  16/08/1997  Joyce Thomas
   Name                      Age Team                      Finals
=====
1 Keatley-Campbell, Linda W53 Nanaimo, BC          21.96m  1kg
   21.96m  19.39m  21.58m  20.90m  20.43m  19.89m

```

W60 Discus Throw

```

=====
60 Canadian: R 27.36m  29/07/2005  Yuko Nakano
   Name                      Age Team                      Finals
=====
1 Roberts, Catherine       W62 St. Albert, AB      24.46m  1kg
   FOUL  22.01m  21.29m  22.18m  24.46m  22.11m
2 Hare, Rose                W60 Burnaby, BC         23.78m  1kg
   FOUL  FOUL  20.57m  18.01m  23.78m  23.03m
3 Closkey, Cheryl          W61 Castlegar, BC       20.72m  1kg
   20.72m  20.72m  FOUL  FOUL  17.10m  17.94m
4 Moro, Gabriella          W62 Burnaby, BC         20.40m  1kg

```

20.40m 17.03m 20.16m 18.33m 20.40m 20.27m

W65 Discus Throw

=====							
65 Canadian: R 23.92m 23/06/2007 Margaret Tosh							
Name	Age Team					Finals	
=====							
1	Anderson, Sandy	W69 Victoria, BC, --				18.76m	1kg
	18.76m	16.45m	16.44m	FOUL	15.13m	FOUL	
2	Armstrong, Ellie	W67 Red Deer, AB				17.59m	1kg
	FOUL	17.43m	13.80m	15.68m	17.59m	15.65m	
3	Hoover, Virginia	W68 Telkwa, BC				16.64m	1kg
	16.64m	FOUL	15.31m	FOUL	FOUL	16.42m	
4	Radcliffe, Marg	W67 Lake Cowichan, BC				16.04m	1kg
	14.24m	14.37m	FOUL	13.19m	16.04m	14.29m	

W70 Discus Throw

=====							
70 Canadian: R 23.03m 20/09/2008 Margaret Tosh							
Name	Age Team					Finals	
=====							
1	Morfitt, Peggy	W71 Victoria, BC				12.24m	1kg
	10.81m	10.22m	11.22m	11.20m	12.24m	11.32m	
2	Jensen, Eva	W71 Red Deer, AB				10.63m	1kg
	8.85m	10.43m	10.63m	9.13m	7.11m	9.44m	
3	Poonia, Harbans Kaur	W73 Brampton, ON				6.40m	1kg
	FOUL	6.40m	FOUL	5.90m	5.49m	5.50m	

W75 Discus Throw

=====							
75 Canadian: R 20.55m 21/06/2008 Myrtle Acton							
Name	Age Team					Finals	
=====							
1	Acton, Myrtle L.	W76 Summerland, BC, --				18.52m	1kg
	16.66m	16.01m	18.52m	17.07m	16.26m	FOUL	

W80 Discus Throw

=====							
80 Canadian: R 16.97m 16/08/2008 Velta Tomsons							
Name	Age Team					Finals	
=====							
1	McLeod-Smith, Doreen	W84 North Vancouver, BC				10.64m	
	.75kg	9.37m	FOUL	10.64m	9.47m	10.43m	9.27m
2	Erskine, Doreen	W82 Moose Jaw, SK				9.34m	
	.75kg	8.22m	FOUL	9.34m	7.26m	6.34m	8.56m

M35 Discus Throw

=====						
35 Canadian: R 61.76m 14/05/2004 Eric Forshaw						
Name	Age	Team			Finals	
=====						
1 Wilson, Kier	M37	Sherwood Park, AB			29.95m	2kg
		26.80m	FOUL	29.70m	28.94m	29.95m 28.73m

M40 Discus Throw

=====						
40 Canadian: R 50.70m 18/08/1983 George Puce						
Name	Age	Team			Finals	
=====						
1 Maplethorpe, Ian	M43	Wetaskiwin, AB			40.48m	2kg
		31.29m	FOUL	40.48m	FOUL	35.98m 40.25m
2 Morfitt, Graham	M42	Courtenay, BC			37.12m	2kg
		34.92m	FOUL	35.27m	37.12m	FOUL FOUL
3 Czekajlo, Rafal	M43	New Westminster, BC			35.29m	2kg
		35.29m	29.42m	32.46m	FOUL	30.93m FOUL

M45 Discus Throw

=====						
45 Canadian: R 45.58m 1974 John Pavelich						
Name	Age	Team			Finals	
=====						
1 Harwood, Doug	M48	Whistler, BC			21.77m	2kg
		18.05m	21.33m	19.58m	FOUL	FOUL 21.77m

M50 Discus Throw

=====						
50 Canadian: R 46.28m 26/08/2000 Jean-Pierre Mayer						
Name	Age	Team			Finals	
=====						
1 McCulloch, Gordon	M51	Calgary, AB			34.42m	
		29.39m	34.42m	FOUL	FOUL	FOUL 29.68m

M55 Discus Throw

=====						
55 Canadian: R 42.93m 06/06/2003 Jean-Pierre Mayer						
Name	Age	Team			Finals	
=====						
1 Szafranski, Longin	M57	Edmonton, AB			36.52m	
		FOUL	FOUL	33.92m	FOUL	36.52m FOUL
2 Pearson, Bill	M57	Thornhill, ON			36.17m	
		33.45m	FOUL	36.17m	FOUL	35.39m 35.64m

3 McKay, Bob M59 Oliver, BC 28.46m
 1.5kg
 FOUL 22.83m 28.46m 25.89m FOUL FOUL
 4 Crockett, Ken M56 Kamloops, BC 25.59m
 1.5kg
 18.37m 19.78m 19.92m 25.59m 22.33m FOUL

M60 Discus Throw

=====

60 Canadian: R 50.31m 22/09/2007 Jean-Pierre Mayer

Name	Age	Team	Finals
1 Townsend, Ken	M64	Maple Ridge, BC	35.47m 1kg
			35.47m 32.73m 29.88m 33.47m FOUL 30.00m
2 Kaluzniak, Marvin	M62	Edmonton, AB	30.00m 1kg
			FOUL 27.87m 24.88m FOUL 30.00m 27.73m
3 Thomson, Roy	M62	Calgary, AB	29.60m 1kg
			29.60m 26.70m 24.21m 24.72m 23.74m 28.38m
4 Judson, Fred	M63	Edmonton, AB	28.23m 1kg
			25.42m FOUL FOUL FOUL 27.67m 28.23m
5 Delhomeau, Roland	M64	Saskatoon, SK	28.08m 1kg
			28.08m 24.88m FOUL FOUL FOUL 25.84m
6 Milne, Peter	M60	Edmonton, AB	22.87m 1kg
			19.89m 20.35m 22.87m FOUL FOUL FOUL

M65 Discus Throw

=====

65 Canadian: R 46.01m 13/05/2006 Marek Glowacki

Name	Age	Team	Finals
1 Glowacki, Marek	M68	Edmonton, AB	41.61m 1kg
			38.38m 39.15m 41.61m 39.97m 37.79m PASS
2 Clark, Fred	M65	Cranbrook, BC	34.63m 1kg
			32.66m 34.63m 32.67m 32.73m FOUL FOUL
3 Morioka, Harold	M66	Surrey, BC	31.80m 1kg
			30.76m 31.80m FOUL 29.44m FOUL 30.05m
4 East, Les	M69	Victoria, BC	30.91m 1kg
			25.96m 28.70m 30.51m 30.91m 26.77m FOUL
5 McFadyen, Bob	M66	Edmonton, AB	27.33m 1kg
			FOUL 24.65m FOUL FOUL 27.33m FOUL
6 Lamothe, Grant	M65	Langley, BC	27.17m 1kg
			PASS PASS 26.20m 27.17m 26.13m 25.17m
7 Cobbledick, Roger	M65	Toronto, ON	22.01m 1kg
			FOUL FOUL 15.01m 20.80m 22.01m FOUL

M70 Discus Throw

=====

70 Canadian: R 39.44m 03/07/1983 Herb Plattner

Name	Age	Team					Finals	
1 Armstrong, Merv	M70	Red Deer, AB					33.83m	1kg
			33.18m	33.83m	33.35m	32.17m	31.34m	29.95m
2 Harwood, Jerry	M70	Oxnard, CA					32.09m	1kg
			32.09m	28.97m	31.56m	28.63m	28.58m	28.27m
3 Terauds, Juris	M72	Wilmot, NS					31.41m	1kg
			24.02m	31.41m	27.96m	30.64m	26.50m	31.34m
4 Smolinski, Frank Bob	M70	Edmonton, AB, NV					29.94m	1kg
			23.73m	FOUL	27.58m	26.85m	29.94m	29.94m
5 Aadmi, Andy	M73	Vancouver, BC, --					23.63m	1kg
			FOUL	FOUL	23.04m	23.29m	FOUL	23.63m

M75 Discus Throw

75 Canadian: R 34.28m 09/09/1986 Herb Plattner								
Name	Age	Team					Finals	
1 Benson, Don	M76	New Westminister, BC					19.50m	1kg
			14.56m	FOUL	18.65m	18.07m	19.50m	17.08m
2 Poonia, Kesar Singh	M75	Brampton, ON					16.22m	1kg
			PASS	PASS	PASS	13.59m	13.88m	16.22m

M80 Discus Throw

80 Canadian: R 30.82m 09/07/2003 Garry Bachman								
Name	Age	Team					Finals	
1 Reed, Harry	M80	Red Deer, AB					21.45m	1kg
			20.31m	19.23m	FOUL	FOUL	18.83m	21.45m
2 Monds, Douglas	M80	Victoria, BC					20.83m	1kg
			20.04m	FOUL	20.83m	FOUL	FOUL	19.13m
3 Flowers, James W	M81	Willowdale, ON					20.02m	1kg
			17.94m	16.77m	17.32m	17.32m	20.02m	FOUL
4 Chalmers, Larry	M80	Oliver, BC					17.48m	1kg
			17.09m	16.58m	15.86m	16.12m	17.48m	FOUL
5 Maclean, John	M84	Tsawwassen, BC					8.80m	1kg
			FOUL	FOUL	FOUL	FOUL	8.80m	FOUL

M85 Discus Throw

85 Canadian: R 25.47m 26/05/2007 Garry Bachman								
Name	Age	Team					Finals	
-- Falconer, William	M89	Kamloops, BC					FOUL	1kg
			FOUL	FOUL	FOUL			

W35 Hammer Throw

```

=====
35 Canadian: R 50.31m 22/06/2002 Georgette Reed
Name Age Team Finals
=====
1 Bedford, Dianne W36 Montreal, QC 27.63m 4kg
26.60m 26.13m FOUL FOUL FOUL 27.63m

```

W45 Hammer Throw

```

=====
45 Canadian: R 34.13m 05/05/2007 Denise Clements
Name Age Team Finals
=====
1 Clements, Denise W48 Port Alberni, BC 32.69m 4kg
30.38m 32.69m FOUL 26.56m FOUL PASS
2 Murfitt, Anne W49 Victoria, BC 18.06m 4kg
15.75m 16.26m 16.63m 18.06m 17.02m 17.29m
3 Davison, Che W46 Victoria, BC, WA 14.93m 4kg
13.33m 14.28m FOUL 13.92m 13.75m 14.93m

```

W50 Hammer Throw

```

=====
50 Canadian: R 30.49m 18/08/2000 Liz McBlain
Name Age Team Finals
=====
1 Keatley-Campbell, Linda W53 Nanaimo, BC 21.09m 3kg
20.12m 21.09m 20.15m FOUL 19.40m FOUL

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W55 Hammer Throw

```

=====
55 Canadian: R 27.92m 08/10/2003 Liz McBlain
Name Age Team Finals
=====
1 Hayley, Urith W58 Coquitlam, BC 17.03m 3kg
FOUL 16.82m 15.07m 15.94m 17.03m FOUL

```

W60 Hammer Throw

```

=====
60 Canadian: R 28.42m 29/08/2008 Liz McBlain
Name Age Team Finals
=====
1 Hare, Rose W60 Burnaby, BC 28.77mR New
Cdn Record - 3kg
25.78m 26.96m 26.78m 27.37m FOUL 28.77m
2 Roberts, Catherine W62 St. Albert, AB 20.57m 3kg
20.57m 17.53m 16.66m 19.49m 19.19m 20.10m

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W65 Hammer Throw

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65 Canadian: R 23.80m 22/07/2006 Sandy Anderson							Finals
Name	Age Team						
1 Anderson, Sandy	W69 Victoria, BC, --					25.02mR	New
Cdn Record - 3kg							
	22.67m	22.82m	24.10m	25.02m	FOUL	23.71m	
2 Hoover, Virginia	W68 Telkwa, BC					17.53m	3kg
	14.90m	16.35m	16.78m	17.53m	16.29m	15.63m	
3 Radcliffe, Marg	W67 Lake Cowichan, BC					17.30m	3kg
	FOUL	14.27m	16.11m	15.66m	17.30m	16.96m	

W70 Hammer Throw

70 Canadian: R 27.73m 01/08/2008 Margaret Tosh							Finals
Name	Age Team						
1 Morfitt, Peggy	W71 Victoria, BC					16.81m	3kg
	15.20m	15.98m	14.99m	16.81m	16.26m	16.04m	

W75 Hammer Throw

75 Canadian: R 20.22m 13/09/2008 Myrtle Acton							Finals
Name	Age Team						
1 Acton, Myrtle L.	W76 Summerland, BC, --					17.76m	3kg
	17.76m	17.37m	FOUL	FOUL	FOUL	15.98m	

W80 Hammer Throw

80 Canadian: R 19.67m 08/11/2002 Olga Kotelko							Finals
Name	Age Team						
1 McLeod-Smith, Doreen	W84 North Vancouver, BC					10.01m	3kg
	FOUL	8.33m	7.17m	FOUL	8.88m	10.01m	

M35 Hammer Throw

35 Canadian: R 58.79m 24/07/2005 Ian Maplethorpe							Finals
Name	Age Team						
1 Wilson, Kier	M37 Sherwood Park, AB					38.39m	
7.26kg							
	37.08m	FOUL	35.83m	37.70m	38.39m	36.70m	

M40 Hammer Throw

40 Canadian: R 61.03m 15/07/2006 Ian Maplethorpe							Finals
Name	Age Team						

```

=====
  1 Maplethorpe, Ian          M43 Wetaskiwin, AB          55.07m
7.26kg
    FOUL  52.29m  53.87m  FOUL  55.07m  FOUL
  2 Morfitt, Graham          M42 Courtenay, BC          31.15m
7.26kg
    29.87m  31.15m  31.11m  30.07m  FOUL  29.93m

```

M55 Hammer Throw

```

=====
55 Canadian: R 62.37m  15/06/2003  Boris Zaitchouk
Name                      Age Team                      Finals
=====
  1 Pearson, Bill          M57 Thornhill, ON          32.24m  6kg
    31.23m  30.84m  FOUL  30.45m  32.24m  30.94m
  2 McKay, Bob             M59 Oliver, BC           24.60m  6kg
    21.27m  24.60m  24.29m  23.27m  24.50m  22.95m
  3 Crockett, Ken         M56 Kamloops, BC        22.97m  6kg
    21.91m  19.14m  22.00m  FOUL  22.97m  FOUL

```

M60 Hammer Throw

```

=====
60 Canadian: R 61.96m  09/09/2007  Boris Zaitchouk
Name                      Age Team                      Finals
=====
  1 Townsend, Ken         M64 Maple Ridge, BC      29.93m  5kg
    28.13m  FOUL  29.09m  29.93m  29.58m  29.66m

```

M65 Hammer Throw

```

=====
65 Canadian: R 49.95m  10/06/2000  Emil Muller
Name                      Age Team                      Finals
=====
  1 Glowacki, Marek      M68 Edmonton, AB        36.16m  5kg
    34.54m  FOUL  36.16m  FOUL  PASS  PASS
  2 East, Les            M69 Victoria, BC       30.15m  5kg
    26.14m  28.68m  FOUL  29.96m  30.15m  PASS

```

M70 Hammer Throw

```

=====
70 Canadian: R 48.85m  02/07/2006  Emil Muller
Name                      Age Team                      Finals
=====
  1 Muller, Emil         M74 Brossard, QC        45.10m  4kg
    41.01m  FOUL  43.77m  42.31m  FOUL  45.10m
  2 Aadmi, Andy          M73 Vancouver, BC, --   35.01m  4kg
    34.07m  30.04m  FOUL  32.64m  35.01m  PASS
  3 Harwood, Jerry       M70 Oxnard, CA         27.40m  4kg

```


27.29m 27.01m 26.67m FOUL 27.40m PASS
 4 Terauds, Juris M72 Wilmot, NS 25.78m 4kg
 21.72m 25.78m PASS PASS PASS PASS

M75 Hammer Throw

=====

75 Canadian: R 34.90m 26/08/2006 Douglas Monds
 Name Age Team Finals

=====

1 Benson, Don M76 New Westminster, BC 17.83m 4kg
 FOUL 17.83m PASS PASS PASS PASS

2 Poonia, Kesar Singh M75 Brampton, ON 16.82m 4kg
 16.82m 16.59m 16.65m PASS

M80 Hammer Throw

=====

80 Canadian: R 31.17m 10/08/2002 Gary Bachman
 Name Age Team Finals

=====

1 Monds, Douglas M80 Victoria, BC 34.44mR 3kg
 33.41m 34.44m FOUL 33.06m FOUL 34.34m

2 Chalmers, Larry M80 Oliver, BC 24.08m 3kg
 23.05m FOUL FOUL 24.08m 23.63m PASS

W35 Javelin Throw

=====

35 Canadian: R 53.52m 06/11/1981 Amelie Koloska
 Name Age Team Finals

=====

1 Bedford, Dianne W36 Montreal, QC 34.57m
 600g
 26.60m FOUL 31.94m 34.57m FOUL 31.75m

W45 Javelin Throw

=====

45 Canadian: R 32.84m 29/06/2008 Ana Maria Neilson
 Name Age Team Finals

=====

1 Davison, Che W46 Victoria, BC, WA 17.43m
 600g
 14.33m 15.91m 14.80m FOUL PASS 17.43m

2 Murfitt, Anne W49 Victoria, BC 16.53m
 600g
 15.25m 15.14m 15.94m 16.53m 15.73m 14.45m

W50 Javelin Throw

=====

50 Canadian: R 34.42m 08/07/2007 Barb Dabrowski

Name	Age	Team	Finals
1 Pomietlarz, Monica	W50	Westbank, BC	31.98m
BC Record - 500g			
25.16m	25.56m	25.50m	26.70m 31.98m 27.69m

W55 Javelin Throw

Name	Age	Team	Finals
55 Canadian: R 32.60m	28/07/2007	Beryl Rodrigues	
1 Hayley, Urith	W58	Coquitlam, BC	17.65m
500g			
17.65m	PASS	PASS	PASS FOUL 17.15m
2 Cochrane, Nancy	W57	Richmond, BC	14.31m
500g			
11.76m	13.32m	14.31m	PASS PASS PASS

W60 Javelin Throw

Name	Age	Team	Finals
60 Canadian: R 34.47m	10/05/2003	Marg Radcliffe	
1 Roberts, Catherine	W62	St. Albert, AB	21.80m
400g			
20.60m	21.44m	21.15m	20.38m 21.80m FOUL
2 Closkey, Cheryl	W61	Castlegar, BC	17.95m
400g			
16.39m	17.95m	FOUL	15.74m 15.80m PASS

W65 Javelin Throw

Name	Age	Team	Finals
65 Canadian: R 29.41m	09/10/2007	Marg Radcliffe	
1 Radcliffe, Marg	W67	Lake Cowichan, BC	22.91m
400g			
FOUL	19.19m	22.80m	22.91m 20.02m 20.88m
2 Anderson, Sandy	W69	Victoria, BC, --	19.34m
400g			
19.34m	FOUL	17.77m	PASS PASS PASS
3 Dargie, Betty	W67	Calgary, AB	11.92m
400g			
10.46m	11.45m	FOUL	11.73m 11.92m 10.78m

W70 Javelin Throw

70 Canadian: R 30.58m	19/07/2008	Marg Radcliffe
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Name	Age	Team	Finals
1 Matlock, Joan	W70	Saskatoon, SK	16.96m
400g			
	16.96m	16.18m	14.69m
	15.21m	FOUL	14.70m
2 Morfitt, Peggy	W71	Victoria, BC	10.34m
400g			
	FOUL	9.28m	10.34m
	10.33m	9.68m	9.79m
3 Poonia, Harbans Kaur	W73	Brampton, ON	5.38m
400g			
	4.65m	5.09m	4.97m
	5.38m	PASS	PASS

W75 Javelin Throw

75 Canadian: R 19.94m 13/10/1997 Olga Kotelko			
Name	Age	Team	Finals
1 Acton, Myrtle L.	W76	Summerland, BC, --	17.04m
400g			
	15.19m	15.19m	FOUL
	12.91m	17.04m	15.24m

W80 Javelin Throw

80 Canadian: R 20.01m 08/05/2000 Olga Kotelko			
Name	Age	Team	Finals
1 Erskine, Doreen	W82	Moose Jaw, SK	7.89m
400g			
	7.31m	6.90m	6.63m
	7.00m	7.89m	6.57m
2 McLeod-Smith, Doreen	W84	North Vancouver, BC	7.64m
400g			
	7.64m	7.62m	FOUL
	PASS	PASS	6.97m

M35 Javelin Throw

35 Canadian: R 72.50m 09/03/2003 Graham Morfitt			
Name	Age	Team	Finals
1 Wilson, Kier	M37	Sherwood Park, AB	48.13m
800g			
	45.69m	FOUL	46.00m
	45.19m	48.13m	47.09m
2 Harris, Brian	M39	Calgary, AB	36.30m
800g			
	32.14m	36.30m	34.78m
	28.50m	29.60m	31.47m
3 Wight, Trevor	M35	Abbotsford, BC	27.60m
800g			
	23.46m	27.60m	FOUL
	26.21m	25.88m	27.15m

M40 Javelin Throw

=====						
40 Canadian: R 61.71m 13/07/2008 Graham Morfitt						
Name	Age		Team		Finals	
=====						
1 Morfitt, Graham	M42		Courtenay, BC		59.08m	
800g	56.02m	FOUL	FOUL	59.08m	FOUL	

M45 Javelin Throw

=====						
45 Canadian: R 57.52m 19/06/2005 Marty Withers						
Name	Age		Team		Finals	
=====						
1 Morgan, Kevin I.	M46		Port Coquitlam, BC		50.43m	
800g	50.43m	49.37m	49.14m	49.34m	FOUL	FOUL
2 Kent, Scott	M45		Surrey, BC		47.07m	
800g	44.33m	FOUL	41.73m	FOUL	47.07m	41.65m
3 Beamish, Lee	M49		Spruce Grove, AB		46.37m	
800g	40.75m	45.67m	FOUL	FOUL	41.89m	46.37m
4 Harwood, Doug	M48		Whistler, BC		23.72m	
800g	23.72m	FOUL	22.90m	22.93m	21.72m	22.92m

M55 Javelin Throw

=====						
55 Canadian: R 48.08m 02/07/1994 Fred Pamenter						
Name	Age		Team		Finals	
=====						
1 Gudzowsky, Terry	M55		Calgary, AB		42.97m	
700g	41.74m	41.59m	FOUL	41.64m	42.97m	FOUL
2 McKay, Bob	M59		Oliver, BC		28.97m	
700g	28.97m	27.90m	FOUL	27.71m	FOUL	FOUL
3 Crockett, Ken	M56		Kamloops, BC		28.89m	
700g	FOUL	25.26m	28.89m	26.74m	27.72m	
4 Pearson, Bill	M57		Thornhill, ON		28.51m	
700g	FOUL	FOUL	FOUL	FOUL	28.51m	26.90m

M60 Javelin Throw

=====						
60 Canadian: R 46.96m 25/08/2005 Victor Njume						

Name	Age	Team					Finals	
1 Townsend, Ken	M64	Maple Ridge, BC					32.39m	
600g			30.00m	32.39m	30.44m	30.79m	30.51m	30.84m
2 Judson, Fred	M63	Edmonton, AB					31.35m	
600g			31.35m	FOUL	30.83m	FOUL	30.78m	30.21m
3 Thomson, Roy	M62	Calgary, AB					29.33m	
600g			28.76m	23.46m	FOUL	23.28m	FOUL	29.33m

M65 Javelin Throw

70 Canadian: R 42.36m 18/07/1981 Ian Hume								
Name	Age	Team					Finals	
1 McFadyen, Bob	M66	Edmonton, AB					32.15m	
600g			31.47m	31.16m	30.98m	30.96m	31.20m	32.15m
2 Morioka, Harold	M66	Surrey, BC					30.61m	
600g			29.54m	30.41m	FOUL	29.87m	30.61m	FOUL
3 Lamothe, Grant	M65	Langley, BC					25.01m	
600g			FOUL	FOUL	FOUL	FOUL	FOUL	25.01m
4 Sinnappu, Philipneri	M69	Saint-Laurent, QC					19.76m	
600g			18.33m	19.76m	19.75m	19.18m	18.83m	FOUL

M70 Javelin Throw

70 Canadian: R 39.44m 03/08/2008 Juris Terauds								
Name	Age	Team					Finals	
1 Terauds, Juris	M72	Wilmot, NS					36.74m	
500g								
2 Armstrong, Merv	M70	Red Deer, AB					33.34m	
500g			30.69m	32.52m	33.34m	FOUL	31.31m	32.60m
3 Harwood, Jerry	M70	Oxnard, CA					20.70m	
500g			FOUL	20.40m	FOUL	FOUL	FOUL	20.70m
-- Aadmi, Andy	M73	Vancouver, BC, --					FOUL	
500g			FOUL	FOUL	FOUL	FOUL	FOUL	FOUL

M75 Javelin Throw

75 Canadian: R 34.61m 24/07/2005 Rainer Sillantaus							
Name	Age	Team					Finals
1 Staveley, Bob	M75	Ottawa, ON					25.81m
500g	24.01m	24.96m	25.81m	23.88m	FOUL	FOUL	
2 Benson, Don	M76	New Westminster, BC					21.42m
500g	FOUL	21.42m	19.12m	FOUL	20.52m	19.73m	
3 Poonia, Kesar Singh	M75	Brampton, ON					18.47m
500g	17.18m	18.47m	17.85m	18.26m	16.67m		

M80 Javelin Throw

80 Canadian: R 29.04m 10/06/1995 Ian Hume							
Name	Age	Team					Finals
1 Flowers, James W	M81	Willowdale, ON					17.08m
400g	14.66m	15.94m	15.74m	15.35m	15.51m	17.08m	

W35 Weight Throw

35 Canadian: R 11.69m 13/07/2002 Kristen Dajia							
Name	Age	Team					Finals
1 Bedford, Dianne	W36	Montreal, QC					9.98m
9.08kg	8.91m	9.08m	8.16m	FOUL	9.98m	FOUL	

W45 Weight Throw

45 Canadian: R 10.68m 20/06/2008 Denise Clements							
Name	Age	Team					Finals
1 Clements, Denise	W48	Port Alberni, BC					10.35m
9.08kg	8.00m	10.35m	PASS	PASS	PASS	PASS	
2 Davison, Che	W46	Victoria, BC, WA					6.26m
9.08kg	5.30m	5.90m	6.26m	5.34m	6.03m	6.12m	

W50 Weight Throw

50 Canadian: R 10.62m 20/08/2000 Liz McBlain							
Name	Age	Team					Finals

```

=====
1 Keatley-Campbell, Linda W53 Nanaimo, BC 6.86m
7.26kg
6.45m 6.86m 5.85m 6.86m 6.01m 5.84m

```

W60 Weight Throw

```

=====
60 Canadian: R 11.79m 29/08/2008 Liz McBlain
Name Age Team Finals
=====
1 Hare, Rose W60 Burnaby, BC 11.65m
5.45kg
11.27m FOUL 11.59m 11.65m 11.60m FOUL
2 Roberts, Catherine W62 St. Albert, AB 9.22m
5.45kg
FOUL 9.22m 8.47m 8.25m 7.89m FOUL

```

W65 Weight Throw

```

=====
65 Canadian: R 9.92m 22/07/2006 Sandy Anderson
Name Age Team Finals
=====
1 Anderson, Sandy W69 Victoria, BC, -- 9.22m
5.45kg
8.04m FOUL 8.17m FOUL 9.22m 8.93m
2 Hoover, Virginia W68 Telkwa, BC 8.38m
5.45kg
7.52m 6.95m 7.50m 7.43m 6.99m 8.38m

```

W70 Weight Throw

```

=====
70 Canadian: R 10.64m 01/08/2008 Margaret Tosh
Name Age Team Finals
=====
1 Morfitt, Peggy W71 Victoria, BC 6.52m
5.45kg
5.72m 5.76m 6.52m 6.19m 1.18m 6.42m

```

M35 Weight Throw

```

=====
35 Canadian: R 18.95m 28/07/2005 Ian Maplethorpe
Name Age Team Finals
=====
1 Wilson, Kier M37 Sherwood Park, AB 10.50m
15.88kg
FOUL 9.66m 10.43m FOUL 10.39m 10.50m

```

M55 Weight Throw

```

=====
55 Canadian: R 18.03m 31/05/2003 Boris Zaitchouk
Name Age Team Finals
=====
1 Szafranski, Longin M57 Edmonton, AB 12.52m
11.34kg
12.12m 12.52m FOUL FOUL 11.92m FOUL
2 Pearson, Bill M57 Thornhill, ON 11.41m
11.34kg
11.09m 11.22m FOUL 10.52m 11.41m FOUL
3 McKay, Bob M59 Oliver, BC 10.76m
11.34kg
9.02m 8.92m 10.76m 9.69m 9.76m 8.85m

```

M60 Weight Throw

```

=====
60 Canadian: R 17.62m 08/03/1997 Emil Muller
Name Age Team Finals
=====
1 Townsend, Ken M64 Maple Ridge, BC 11.49m
9.08kg
10.36m 10.32m 11.22m 11.25m 11.49m 11.40m

```

M70 Weight Throw

```

=====
70 Canadian: R 17.14m 11/06/2008 Emil Muller
Name Age Team Finals
=====
1 Muller, Emil M74 Brossard, QC 16.54m
7.26kg
FOUL FOUL 15.27m FOUL 14.80m 16.54m
2 Aadmi, Andy M73 Vancouver, BC, -- 13.29m
7.26kg
FOUL 13.13m 13.29m
3 Harwood, Jerry M70 Oxnard, CA 10.43m
7.26kg
9.88m FOUL FOUL 1.04m 10.43m FOUL

```

M75 Weight Throw

```

=====
75 Canadian: R 13.56m 20/10/2001 Garry Bachman
Name Age Team Finals
=====
1 Benson, Don M76 New Westminster, BC 7.60m
7.26kg
6.82m FOUL 7.60m

```

M80 Weight Throw


```

=====
80 Canadian: R 16.31m 08/06/2002 Garry Bachman
Name Age Team Finals
=====
1 Monds, Douglas M80 Victoria. BC 11.92m
5.45kg
11.32m 11.92m FOUL FOUL FOUL 11.52m

```

M35 200 Meter Dash Outdoor Pentathlon

```

=====
Name Age Team Finals Wind
H# Points
=====
1 Wilson, Kier M37 Sherwood Park, AB 28.08 -3.2
4 442
2 Freeman, Sean M36 Medicine Hat, AB 30.36 -3.2
4 295

```

M40 200 Meter Dash Outdoor Pentathlon

```

=====
Name Age Team Finals Wind
H# Points
=====
1 Silvester, Gary M41 Burnaby, BC 25.86 -3.2
4 694

```

M45 200 Meter Dash Outdoor Pentathlon

```

=====
Name Age Team Finals Wind
H# Points
=====
1 Jacobs, Danny M47 Mission, BC 28.47 -3.2
4 569

```

M60 200 Meter Dash Outdoor Pentathlon

```

=====
Name Age Team Finals Wind
H# Points
=====
1 Judson, Fred M63 Edmonton, AB 31.64 1.3

```

3	566				
2	Delhomeau, Roland	M64	Saskatoon, SK	34.41	1.3
3	397				
3	Kaluzniak, Marvin	M62	Edmonton, AB	35.31	1.3
3	348				
4	Donaldson, Sven	M60	Vancouver, BC	36.29	1.3
3	298				
5	Pullen, Brock	M60	Burnaby, BC	38.31	1.3
3	206				
6	Yuen, John	M61	Edmonton, AB	39.64	1.3
3	153				

M65 200 Meter Dash Outdoor Pentathlon

```
=====
```

H#	Name	Age	Team	Finals	Wind
1	Renwick, Doug	M67	Clavet, SK	30.75	-2.7
2	696				
2	Adams, Barry	M67	Bowen Island, BC, -	30.90	-2.7
2	685				
3	McFadyen, Bob	M66	Edmonton, AB	31.51	-2.7
2	644				
4	James, Trent	M69	Kelowna, BC	38.07	-2.7
2	270				
--	Lamothe, Grant	M65	Langley, BC	DQ	-2.7
2	Rule 163.3				

M70 200 Meter Dash Outdoor Pentathlon

```
=====
```

Points	Name	Age	Team	Finals	Wind
1	van der wal, Hylke (Hike	M71	Dalmeny, SK	33.08	-2.8
625					
2	Armstrong, Merv	M70	Red Deer, AB	53.14	-2.8

M75 200 Meter Dash Outdoor Pentathlon

```
=====
```

Points	Name	Age	Team	Finals	Wind
--------	------	-----	------	--------	------

```
=====
```

1 Rowan, Ted M75 Martensville, SK 32.05 -2.8
863

W45 800 Meter Run Outdoor Pentathlon

=====
==

Name	Age Team	Finals
------	----------	--------

Points

=====
==

1 Murfitt, Anne	W49 Victoria, BC	3:45.86
-----------------	------------------	---------

136

W55 800 Meter Run Outdoor Pentathlon

=====
==

Name	Age Team	Finals
------	----------	--------

Points

=====
==

-- Amerongen, Loretta	W55 Edmonton, AB	DNF
-----------------------	------------------	-----

W60 800 Meter Run Outdoor Pentathlon

=====
==

Name	Age Team	Finals
------	----------	--------

Points

=====
==

1 Trott, Rhona	W60 Hamilton, ON	3:14.57
----------------	------------------	---------

678

W65 800 Meter Run Outdoor Pentathlon

=====
==

Name	Age Team	Finals
------	----------	--------

Points

=====
==

1 Anderson, Sandy	W69 Victoria, BC, --	4:02.06
-------------------	----------------------	---------

462

M35 1500 Meter Run Outdoor Pentathlon

=====
==

Name	Age Team	Finals
------	----------	--------

Points

=====
==

```

==
  1 Wilson, Kier                M37 Sherwood Park, AB      6:43.19
130
  2 Freeman, Sean              M36 Medicine Hat, AB      7:22.30
40

```

M40 1500 Meter Run Outdoor Pentathlon

```

=====
==
      Name                Age Team                Finals
Points
=====
==
  1 Silvester, Gary          M41 Burnaby, BC          6:09.74
319

```

M45 1500 Meter Run Outdoor Pentathlon

```

=====
==
      Name                Age Team                Finals
Points
=====
==
  1 Jacobs, Danny           M47 Mission, BC         6:07.16
407

```

M60 1500 Meter Run Outdoor Pentathlon

```

=====
==
      Name                Age Team                Finals
Points
=====
==
  1 Kaluzniak, Marvin       M62 Edmonton, AB        5:29.84
820
  2 Judson, Fred            M63 Edmonton, AB        6:02.80
651
  3 Delhomeau, Roland       M64 Saskatoon, SK       6:45.86
458
  4 Pullen, Brock           M60 Burnaby, BC         7:23.32
316
  -- Donaldson, Sven        M60 Vancouver, BC       DNF
  -- Yuen, John             M61 Edmonton, AB       DNF

```

M65 1500 Meter Run Outdoor Pentathlon

```

=====
==
      Name                Age Team                Finals

```

Points

```

=====
==
1 Renwick, Doug          M67 Clavet, SK          5:32.96
875
2 Adams, Barry          M67 Bowen Island, BC, - 5:52.78
772
3 McFadyen, Bob        M66 Edmonton, AB       6:11.23
682
4 James, Trent          M69 Kelowna, BC        7:14.71
411
  
```

M70 1500 Meter Run Outdoor Pentathlon

```

=====
==
Name                    Age Team                Finals
Points
=====
==
1 van der wal, Hylke (Hike M71 Dalmeny, SK          7:37.87
394
-- Armstrong, Merv      M70 Red Deer, AB        DNF
  
```

M75 1500 Meter Run Outdoor Pentathlon

```

=====
==
Name                    Age Team                Finals
Points
=====
==
1 Rowan, Ted            M75 Martensville, SK    8:28.75
351
  
```

W45 80 Short Hurdles Outdoor Pentathlon

```

=====
=====
Name                    Age Team                Finals  Wind
Points
=====
=====
1 Murfitt, Anne        W49 Victoria, BC       19.88  +0.0
251 30"
  
```

W55 80 Short Hurdles Outdoor Pentathlon

```

=====
=====
Name                    Age Team                Finals  Wind
Points
  
```

```

=====
=====
-- Amerongen, Loretta      W55 Edmonton, AB      DNF  +0.0
30"

```

W60 80 Short Hurdles Outdoor Pentathlon

```

=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Trott, Rhona      W60 Hamilton, ON      14.58  +0.0
998 27"

```

W65 80 Short Hurdles Outdoor Pentathlon

```

=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Anderson, Sandy   W69 Victoria, BC, --  19.12  +0.0
667 27"

```

W45 High Jump Outdoor Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
=====
1 Murfitt, Anne     W49 Victoria, BC      1.08m
369
    1.05 1.08 1.11
      O  XXO  XXX

```

W55 High Jump Outdoor Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
=====
1 Amerongen, Loretta W55 Edmonton, AB      1.29m
867
    1.05 1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32
      PPP  PPP  PPP  PPP   O   O   O   O  XO  XXX

```

W60 High Jump Outdoor Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Trott, Rhona      W60 Hamilton, ON      1.17m
818
1.05 1.08 1.11 1.14 1.17 1.20
PPP  PPP   O   XO   O   XXX
    
```

W65 High Jump Outdoor Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Anderson, Sandy  W69 Victoria, BC, --  1.20m
1041
1.05 1.08 1.11 1.14 1.17 1.20 1.23
O   PPP  XO   O   O   O   XXX
    
```

W45 Long Jump Outdoor Pentathlon

```

=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Murfitt, Anne    W49 Victoria, BC      2.12m  1.4
31
2.04m(0.1) 2.12m(1.4) FOUL
    
```

W55 Long Jump Outdoor Pentathlon

```

=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Amerongen, Loretta W55 Edmonton, AB      3.87m  0.8
620
3.70m(0.5) 3.73m(0.6) 3.87m(0.8)
    
```

W60 Long Jump Outdoor Pentathlon

```

=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Trott, Rhona      W60 Hamilton, ON      3.29m  1.0
506
    3.29m(1.0) 3.29m(0.2) 3.15m(0.3)

```

W65 Long Jump Outdoor Pentathlon

```

=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Anderson, Sandy  W69 Victoria, BC, --  2.79m  0.1
411
    2.08m(1.8) 2.79m(0.1) 2.71m(0.2)

```

M35 Long Jump Outdoor Pentathlon

```

=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Wilson, Kier     M37 Sherwood Park, AB  4.74m  2.4
378
    3.37m(0.6) 4.74m(2.4) PASS
2 Freeman, Sean    M36 Medicine Hat, AB  3.96m  1.2
232
    3.62m(0.8) 3.72m(1.4) 3.96m(1.2)

```

M40 Long Jump Outdoor Pentathlon

```

=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Silvester, Gary  M41 Burnaby, BC      5.38m  0.5
580
    5.22m(-0.2) 5.18m(0.9) 5.38m(0.5)

```

M45 Long Jump Outdoor Pentathlon

```

=====

```



```

=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Jacobs, Danny     M47 Mission, BC        4.65m   0.7
477
    4.65m(0.7) PASS    PASS

```

M60 Long Jump Outdoor Pentathlon

```

=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Judson, Fred     M63 Edmonton, AB      4.09m   0.4
563
    3.99m(-0.7) 3.76m(1.9) 4.09m(0.4)
2 Pullen, Brock    M60 Burnaby, BC       4.06m   2.6
554
    3.79m(-0.3) 4.06m(2.6) PASS
3 Yuen, John       M61 Edmonton, AB     3.97m  -1.2
527
    3.97m(-1.2) PASS    PASS
4 Delhomeau, Roland M64 Saskatoon, SK     3.75m  +0.0
461
    3.75m(+0.0) FOUL    FOUL
5 Donaldson, Sven  M60 Vancouver, BC    3.60m   0.6
417
    3.60m(0.6) FOUL    FOUL
6 Kaluzniak, Marvin M62 Edmonton, AB     3.32m   0.6
341
    3.13m(0.4) 3.12m(1.7) 3.32m(0.6)

```

M65 Long Jump Outdoor Pentathlon

```

=====
Name                Age Team                Finals  Wind
Points
=====
=====
1 Renwick, Doug    M67 Clavet, SK        3.96m   0.1
621
    3.68m(0.4) 3.96m(0.1) 3.91m(1.3)
2 Lamothe, Grant   M65 Langley, BC       3.76m   0.6
554
    3.76m(0.6) FOUL    FOUL

```

3	Adams, Barry	M67 Bowen Island, BC, -	3.72m	1.8
542				
		3.45m(0.3) 3.63m(0.4) 3.72m(1.8)		
4	McFadyen, Bob	M66 Edmonton, AB	3.38m	1.3
433				
		3.36m(-0.6) 3.37m(0.6) 3.38m(1.3)		
5	James, Trent	M69 Kelowna, BC	3.26m	1.7
396				
		3.26m(1.7) FOUL 3.17m(2.0)		

M70 Long Jump Outdoor Pentathlon

```
=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
```

1	Armstrong, Merv	M70 Red Deer, AB	4.05m	1.6
778				
		FOUL 4.05m(1.6) PASS		
2	van der wal, Hylke (Hike M71 Dalmeny, SK		3.28m	1.7
492				
		FOUL 3.00m(-0.0) 3.28m(1.7)		

M75 Long Jump Outdoor Pentathlon

```
=====
=====
Name                Age Team                Finals  Wind
Points
=====
=====
```

1	Rowan, Ted	M75 Martensville, SK	3.77m	2.3
811				
		FOUL 3.26m(-0.5) 3.77m(2.3)		

W35 Shot Put Weight Pentathlon

```
=====
=====
Name                Age Team                Finals
Points
=====
=====
```

1	Bedford, Dianne	W36 Montreal, QC	10.10m
573	4kg		
		9.40m 10.10m 10.04m	

W45 Shot Put Outdoor Pentathlon

```
=====
```

```

=====
Name                Age Team                Finals
Points
=====
1 Murfitt, Anne     W49 Victoria, BC      6.16m
406 4kg
    FOUL  6.16m  5.69m

```

W45 Shot Put Weight Pentathlon

```

=====
Name                Age Team                Finals
Points
=====
1 Clements, Denise  W48 Port Alberni, BC  9.03m
654 4kg
    8.94m  8.84m  9.03m
2 Murfitt, Anne     W49 Victoria, BC      6.40m
427 4kg
    5.93m  6.40m  6.29m

```

W55 Shot Put Outdoor Pentathlon

```

=====
Name                Age Team                Finals
Points
=====
1 Amerongen, Loretta W55 Edmonton, AB      8.21m
692 3kg
    8.21m  7.66m  7.89m

```

W60 Shot Put Outdoor Pentathlon

```

=====
Name                Age Team                Finals
Points
=====
1 Trott, Rhona      W60 Hamilton, ON      7.34m
682 3kg
    7.34m  7.01m  7.26m

```

W60 Shot Put Weight Pentathlon

```

=====

```

Name	Age	Team	Finals
Points			
=====			
==			
1 Hare, Rose	W60	Burnaby, BC	8.93m
860 3kg			
FOUL 8.93m 8.84m			
2 Roberts, Catherine	W62	St. Albert, AB	8.12m
769 3kg			
8.12m FOUL 7.43m			

W65 Shot Put Outdoor Pentathlon

Name	Age	Team	Finals
Points			
=====			
==			
1 Anderson, Sandy	W69	Victoria, BC, --	8.03m
864 3kg			
7.93m 8.03m 7.99m			

W65 Shot Put Weight Pentathlon

Name	Age	Team	Finals
Points			
=====			
==			
1 Anderson, Sandy	W69	Victoria, BC, --	7.72m
825 3kg			
7.53m 7.60m 7.72m			
2 Hoover, Virginia	W68	Telkwa, BC	6.31m
649 3kg			
6.31m 6.26m 5.32m			

W75 Shot Put Weight Pentathlon

Name	Age	Team	Finals
Points			
=====			
==			
1 Acton, Myrtle L.	W76	Summerland, BC, --	6.41m
907 3kg			
6.09m 6.41m 6.20m			

W90 Shot Put Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Kotelko, Olga      W90 West Vancouver, BC    4.87m
1334 3kg
    FOUL  4.87m  4.82m

```

M35 Shot Put Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Wilson, Kier       M37 Sherwood Park, AB    9.76m
471 7.26kg
    1.79m  9.61m  9.76m

```

M40 Shot Put Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Morfitt, Graham   M42 Courtenay, BC       11.35m
585 7.26kg
    10.92m 11.35m 11.22m

```

M50 Shot Put Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Smiechowski, Zenon M54 Maple Ridge, BC     11.98m
712 6kg
    11.74m 11.91m 11.98m

```

M55 Shot Put Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====

```

```

=====
==
1 Pearson, Bill                M57 Thornhill, ON                11.17m
742 6kg
    11.08m  11.05m  11.17m
2 McKay, Bob                  M59 Oliver, BC                   9.49m
611 6kg
    FOUL   8.40m  9.49m

```

M60 Shot Put Weight Pentathlon

```

=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Hawkins, John                   M60 West Vancouver, BC           12.28m
826 5kg
    12.14m  12.28m  12.10m
2 Townsend, Ken                   M64 Maple Ridge, BC             10.07m
654 5kg
    10.04m  9.98m  10.07m
3 Chmielewski, Ron               M60 Coaldale, AB                 9.64m
621 5kg
    9.64m   9.38m  8.40m
4 Kashman, Steve                 M62 Edmonton, AB                7.71m
473 5kg
    7.48m   7.41m  7.71m

```

M65 Shot Put Weight Pentathlon

```

=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Glowacki, Marek                M68 Edmonton, AB                12.30m
981 5kg
    11.65m  12.30m  FOUL

```

M70 Shot Put Weight Pentathlon

```

=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Terauds, Juris                 M72 Wilmot, NS                  10.19m

```

683 4kg
 10.19m PASS PASS
 2 Harwood, Jerry M70 Oxnard, CA 9.60m
 636 4kg
 9.41m 9.60m 9.11m

M75 Shot Put Weight Pentathlon

```
=====
==
Name Age Team Finals
Points
=====
==
1 Benson, Don M76 New Westminster, BC 5.20m
356 4kg
5.09m 4.97m 5.20m
```

M80 Shot Put Weight Pentathlon

```
=====
==
Name Age Team Finals
Points
=====
==
1 Chalmers, Larry M80 Oliver, BC 8.48m
675 3kg
7.40m 7.92m 8.48m
2 Monds, Douglas M80 Victoria. BC 7.70m
602 3kg
7.70m 7.52m 7.54m
```

W35 Discus Throw Weight Pentathlon

```
=====
==
Name Age Team Finals
Points
=====
==
1 Bedford, Dianne W36 Montreal, QC 22.76m
340 1kg
22.76m FOUL 20.97m
```

W45 Discus Throw Weight Pentathlon

```
=====
==
Name Age Team Finals
Points
=====
```

```

==
  1 Clements, Denise          W48 Port Alberni, BC          21.76m
389 1kg
    20.41m FOUL  21.76m
  2 Murfitt, Anne            W49 Victoria, BC             18.62m
320 1kg
    18.62m FOUL  FOUL

```

W60 Discus Throw Weight Pentathlon

=====

```

==
      Name                      Age Team                      Finals
Points
=====
  1 Hare, Rose                  W60 Burnaby, BC              21.92m
555 1kg
    20.23m FOUL  21.92m
  2 Roberts, Catherine         W62 St. Albert, AB           20.19m
503 1kg
    18.48m FOUL  20.19m

```

W65 Discus Throw Weight Pentathlon

=====

```

==
      Name                      Age Team                      Finals
Points
=====
  1 Anderson, Sandy            W69 Victoria, BC, --        17.98m
503 1kg
    17.72m 16.38m 17.98m
  2 Hoover, Virginia           W68 Telkwa, BC               17.48m
486 1kg
    16.67m 17.48m 14.97m

```

W75 Discus Throw Weight Pentathlon

=====

```

==
      Name                      Age Team                      Finals
Points
=====
  1 Acton, Myrtle L.           W76 Summerland, BC, --      17.84m
699 1kg
    17.84m 17.79m 17.61m

```

W90 Discus Throw Weight Pentathlon


```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Kotelko, Olga          W90 West Vancouver, BC    14.04m
958 .75kg
    13.38m  13.17m  14.04m

```

M35 Discus Throw Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Wilson, Kier          M37 Sherwood Park, AB    28.13m
428 2kg
    26.86m  FOUL  28.13m

```

M35 Discus Throw Outdoor Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Wilson, Kier          M37 Sherwood Park, AB    29.85m
461 2kg
    28.05m  29.85m  FOUL
2 Freeman, Sean        M36 Medicine Hat, AB    20.44m
280 2kg
    19.95m  20.44m  18.92m

```

M40 Discus Throw Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Morfitt, Graham      M42 Courtenay, BC        33.88m
541 2kg
    FOUL  32.15m  33.88m

```

M40 Discus Throw Outdoor Pentathlon

```

=====

```

```

==
Name                Age Team                Finals
Points
=====
1 Silvester, Gary   M41 Burnaby, BC        29.76m
460 2kg
    FOUL  28.47m  29.76m

```

M45 Discus Throw Outdoor Pentathlon

```

=====
Name                Age Team                Finals
Points
=====
1 Jacobs, Danny     M47 Mission, BC        27.50m
442 2kg
    FOUL  27.50m  25.24m

```

M50 Discus Throw Weight Pentathlon

```

=====
Name                Age Team                Finals
Points
=====
1 Smiechowski, Zenon M54 Maple Ridge, BC    35.99m
584 1.5kg
    33.60m  34.33m  35.99m

```

M55 Discus Throw Weight Pentathlon

```

=====
Name                Age Team                Finals
Points
=====
1 Pearson, Bill     M57 Thornhill, ON        34.76m
628 1.5kg
    34.76m  34.18m  FOUL
2 McKay, Bob        M59 Oliver, BC          28.99m
501 1.5kg
    24.52m  27.32m  28.99m

```

M60 Discus Throw Outdoor Pentathlon

```

=====

```

Name	Age	Team	Finals
1 Pullen, Brock	M60	Burnaby, BC	36.13m
676 1kg			
FOUL	36.13m	34.16m	
2 Judson, Fred	M63	Edmonton, AB	29.59m
528 1kg			
28.69m	29.59m	27.92m	
3 Delhomeau, Roland	M64	Saskatoon, SK	28.59m
506 1kg			
21.53m	28.59m	FOUL	
4 Kaluzniak, Marvin	M62	Edmonton, AB	25.80m
444 1kg			
25.80m	23.80m	FOUL	
5 Yuen, John	M61	Edmonton, AB	21.58m
352 1kg			
21.58m	FOUL	21.19m	
6 Donaldson, Sven	M60	Vancouver, BC	20.43m
328 1kg			
FOUL	FOUL	20.43m	

M60 Discus Throw Weight Pentathlon

Name	Age	Team	Finals
1 Hawkins, John	M60	West Vancouver, BC	37.57m
709 1kg			
FOUL	37.57m	FOUL	
2 Townsend, Ken	M64	Maple Ridge, BC	35.43m
660 1kg			
33.83m	35.43m	33.95m	
3 Chmielewski, Ron	M60	Coaldale, AB	33.13m
608 1kg			
30.58m	33.13m	FOUL	
4 Kashman, Steve	M62	Edmonton, AB	24.49m
416 1kg			
23.58m	24.49m	FOUL	

M65 Discus Throw Outdoor Pentathlon

Name	Age	Team	Finals
------	-----	------	--------

```

=====
==
  1 McFadyen, Bob           M66 Edmonton, AB           31.03m
641 1kg
    31.03m  30.64m  FOUL
  2 Adams, Barry           M67 Bowen Island, BC, -    24.69m
482 1kg
    FOUL  24.69m  24.45m
  3 Lamothe, Grant         M65 Langley, BC           24.56m
479 1kg
    22.88m  24.56m  FOUL
  4 Renwick, Doug          M67 Clavet, SK            23.65m
456 1kg
    20.39m  22.72m  23.65m
  5 James, Trent           M69 Kelowna, BC           17.73m
313 1kg
    15.90m  17.73m  17.06m

```

M65 Discus Throw Weight Pentathlon

```

=====
==
  Name                      Age Team                      Finals
Points
=====
==
  1 Glowacki, Marek         M68 Edmonton, AB           37.83m
815 1kg
    29.26m  FOUL  37.83m

```

M70 Discus Throw Weight Pentathlon

```

=====
==
  Name                      Age Team                      Finals
Points
=====
==
  1 Harwood, Jerry         M70 Oxnard, CA             29.85m
709 1kg
    29.59m  29.85m  29.48m
  2 Terauds, Juris         M72 Wilmot, NS            29.59m
701 1kg
    29.59m  PASS  PASS

```

M70 Discus Throw Outdoor Pentathlon

```

=====
==
  Name                      Age Team                      Finals
Points

```

```

=====
==
  1 Armstrong, Merv          M70 Red Deer, AB          31.77m
764 1kg
    31.77m  28.72m  28.52m
  2 van der wal, Hylke (Hike M71 Dalmeny, SK          18.44m
387 1kg
    16.80m  FOUL  18.44m

```

M75 Discus Throw Weight Pentathlon

```

=====
==
  Name                      Age Team                      Finals
Points
=====
==
  1 Benson, Don              M76 New Westminster, BC    18.34m
459 1kg
    18.34m  FOUL  17.45m

```

M75 Discus Throw Outdoor Pentathlon

```

=====
==
  Name                      Age Team                      Finals
Points
=====
==
  1 Rowan, Ted               M75 Martensville, SK      26.68m
731 1kg
    24.29m  26.68m  FOUL

```

M80 Discus Throw Weight Pentathlon

```

=====
==
  Name                      Age Team                      Finals
Points
=====
==
  1 Chalmers, Larry         M80 Oliver, BC            18.61m
572 1kg
    18.12m  18.61m  17.29m
  2 Monds, Douglas          M80 Victoria. BC          18.18m
556 1kg
    9.48m  FOUL  18.18m

```

W35 Hammer Throw Weight Pentathlon

```

=====
==

```

Name	Age Team	Finals
Points		
=====		
==		
1 Bedford, Dianne	W36 Montreal, QC	27.35m
518 4kg		
FOUL 27.35m 24.04m		

W45 Hammer Throw Weight Pentathlon

Name	Age Team	Finals
Points		
=====		
==		
1 Clements, Denise	W48 Port Alberni, BC	26.44m
713 4kg		
16.97m 26.44m FOUL		
2 Murfitt, Anne	W49 Victoria, BC	13.73m
297 4kg		
FOUL 13.73m		

W60 Hammer Throw Weight Pentathlon

Name	Age Team	Finals
Points		
=====		
==		
1 Hare, Rose	W60 Burnaby, BC	28.15m
776 3kg		
28.15m 27.27m 26.87m		
2 Roberts, Catherine	W62 St. Albert, AB	21.97m
569 3kg		
21.51m 21.10m 21.97m		

W65 Hammer Throw Weight Pentathlon

Name	Age Team	Finals
Points		
=====		
==		
1 Anderson, Sandy	W69 Victoria, BC, --	17.83m
505 3kg		
17.83m 17.68m FOUL		
2 Hoover, Virginia	W68 Telkwa, BC	17.77m
503 3kg		

FOUL 15.60m 17.77m

W75 Hammer Throw Weight Pentathlon

```
=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Acton, Myrtle L.                 W76 Summerland, BC, --                18.68m
767 3kg
    17.32m  17.97m  18.68m
```

W90 Hammer Throw Weight Pentathlon

```
=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Kotelko, Olga                    W90 West Vancouver, BC                13.63m
1181 WMA Record 3kg
    12.02m  13.63m  13.27m
```

M35 Hammer Throw Weight Pentathlon

```
=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Wilson, Kier                     M37 Sherwood Park, AB                39.23m
500 7.26kg
    39.23m  38.67m  37.65m
```

M40 Hammer Throw Weight Pentathlon

```
=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Morfitt, Graham                  M42 Courtenay, BC                    30.89m
404 7.26kg
    30.89m  FOUL  29.62m
```

M50 Hammer Throw Weight Pentathlon

```
=====
```

```

==
Name                               Age Team                               Finals
Points
=====
1 Smiechowski, Zenon               M54 Maple Ridge, BC                   36.14m
547 6kg
    36.14m  FOUL  33.58m

```

M55 Hammer Throw Weight Pentathlon

```

=====
==
Name                               Age Team                               Finals
Points
=====
1 Pearson, Bill                     M57 Thornhill, ON                       31.54m
528 6kg
    29.53m  31.54m  31.43m
2 McKay, Bob                         M59 Oliver, BC                          22.41m
336 6kg
    20.68m  22.41m  21.48m

```

M60 Hammer Throw Weight Pentathlon

```

=====
==
Name                               Age Team                               Finals
Points
=====
1 Hawkins, John                     M60 West Vancouver, BC                 35.30m
670 5kg
    31.24m  35.30m  34.30m
2 Townsend, Ken                     M64 Maple Ridge, BC                    31.23m
576 5kg
    29.03m  FOUL  31.23m
3 Chmielewski, Ron                  M60 Coaldale, AB                       30.63m
562 5kg
    27.49m  28.60m  30.63m
4 Kashman, Steve                     M62 Edmonton, AB                       17.83m
272 5kg
    16.66m  FOUL  17.83m

```

M65 Hammer Throw Weight Pentathlon

```

=====
==
Name                               Age Team                               Finals
Points

```



```

=====
==
1 Glowacki, Marek           M68 Edmonton, AB           37.25m
827 5kg
    37.25m  35.34m  FOUL

```

M70 Hammer Throw Weight Pentathlon

```

=====
==
Name                        Age Team                    Finals
Points
=====
==
1 Harwood, Jerry           M70 Oxnard, CA             26.94m
568 4kg
    25.18m  26.94m  26.27m
2 Terauds, Juris          M72 Wilmot, NS             22.77m
458 4kg
    22.74m  FOUL  22.77m

```

M75 Hammer Throw Weight Pentathlon

```

=====
==
Name                        Age Team                    Finals
Points
=====
==
1 Benson, Don              M76 New Westminster, BC   14.90m
317 4kg
    FOUL  13.23m  14.90m

```

M80 Hammer Throw Weight Pentathlon

```

=====
==
Name                        Age Team                    Finals
Points
=====
==
1 Monds, Douglas           M80 Victoria. BC         32.90m
912 3kg
    PASS  PASS  32.90m
2 Chalmers, Larry         M80 Oliver, BC            22.67m
581 3kg
    22.67m  2.88m  FOUL

```

W35 Javelin Throw Weight Pentathlon

```

=====
==

```

Name	Age Team	Finals
Points		
=====		
==		
1 Bedford, Dianne	W36 Montreal, QC	36.55m
601 600kg		
27.69m 36.55m FOUL		

W45 Javelin Throw Weight Pentathlon

Name	Age Team	Finals
Points		
=====		
==		
1 Clements, Denise	W48 Port Alberni, BC	21.55m
416 600kg		
19.10m 19.28m 21.55m		
2 Murfitt, Anne	W49 Victoria, BC	15.65m
279 600kg		
13.45m 14.40m 15.65m		

W60 Javelin Throw Weight Pentathlon

Name	Age Team	Finals
Points		
=====		
==		
1 Roberts, Catherine	W62 St. Albert, AB	25.23m
745 400kg		
FOUL 21.16m 25.23m		
2 Hare, Rose	W60 Burnaby, BC	15.05m
406 400kg		
12.87m 13.33m 15.05m		

W65 Javelin Throw Weight Pentathlon

Name	Age Team	Finals
Points		
=====		
==		
1 Anderson, Sandy	W69 Victoria, BC, --	20.68m
676 400kg		
20.68m 17.65m 18.86m		
2 Hoover, Virginia	W68 Telkwa, BC	9.69m
269 400kg		

9.69m 9.44m FOUL

W75 Javelin Throw Weight Pentathlon

```
=====
==
Name                Age Team                Finals
Points
=====
==
1 Acton, Myrtle L.   W76 Summerland, BC, --  17.64m
772 400kg
    14.49m  15.74m  17.64m
```

W90 Javelin Throw Weight Pentathlon

```
=====
==
Name                Age Team                Finals
Points
=====
==
1 Kotelko, Olga     W90 West Vancouver, BC  11.74m
1007 400kg
    FOUL  11.74m  10.87m
```

M35 Javelin Throw Weight Pentathlon

```
=====
==
Name                Age Team                Finals
Points
=====
==
1 Wilson, Kier      M37 Sherwood Park, AB   45.01m
544 800g
    45.01m  43.49m  44.70m
```

M35 Javelin Throw Outdoor Pentathlon

```
=====
==
Name                Age Team                Finals
Points
=====
==
1 Wilson, Kier      M37 Sherwood Park, AB   44.95m
543 800g
    44.95m  43.91m  42.27m
2 Freeman, Sean     M36 Medicine Hat, AB    29.05m
304 800g
    26.54m  27.66m  29.05m
```

M40 Javelin Throw Outdoor Pentathlon

=====

==

Name	Age Team	Finals
Points		
=====		
==		
1 Silvester, Gary	M41 Burnaby, BC	33.23m
406 800g		
33.23m	FOUL	PASS

M40 Javelin Throw Weight Pentathlon

=====

==

Name	Age Team	Finals
Points		
=====		
==		
1 Morfitt, Graham	M42 Courtenay, BC	56.83m
800 800g		
FOUL	FOUL	56.83m

M45 Javelin Throw Outdoor Pentathlon

=====

==

Name	Age Team	Finals
Points		
=====		
==		
1 Jacobs, Danny	M47 Mission, BC	38.31m
545 800g		
38.31m	36.18m	35.48m

M50 Javelin Throw Weight Pentathlon

=====

==

Name	Age Team	Finals
Points		
=====		
==		
1 Smiechowski, Zenon	M54 Maple Ridge, BC	36.08m
532 700g		
30.80m	36.08m	3.02m

M55 Javelin Throw Weight Pentathlon

=====

==

Name	Age	Team	Finals
1 Pearson, Bill	M57	Thornhill, ON	31.75m
510 700g			
FOUL	31.75m	FOUL	
2 McKay, Bob	M59	Oliver, BC	28.72m
447 700g			
26.91m	26.45m	28.72m	

M60 Javelin Throw Outdoor Pentathlon

Name	Age	Team	Finals
1 Pullen, Brock	M60	Burnaby, BC	36.03m
638 600g			
35.96m	36.03m	35.45m	
2 Judson, Fred	M63	Edmonton, AB	31.37m
536 600g			
31.37m	29.44m	29.79m	
3 Donaldson, Sven	M60	Vancouver, BC	27.89m
461 600g			
23.27m	23.24m	27.89m	
4 Delhomeau, Roland	M64	Saskatoon, SK	27.26m
447 600g			
24.61m	27.26m	FOUL	
5 Yuen, John	M61	Edmonton, AB	26.40m
429 600g			
26.40m	25.18m	25.89m	
6 Kaluzniak, Marvin	M62	Edmonton, AB	22.39m
344 600g			
18.62m	20.10m	22.39m	

M60 Javelin Throw Weight Pentathlon

Name	Age	Team	Finals
1 Hawkins, John	M60	West Vancouver, BC	37.26m
665 600g			
36.39m	37.26m		
2 Townsend, Ken	M64	Maple Ridge, BC	30.22m

511 600g
 30.22m FOUL 28.03m
 3 Chmielewski, Ron M60 Coaldale, AB 27.99m
 463 600g
 27.99m 26.84m 27.66m
 4 Kashman, Steve M62 Edmonton, AB 18.80m
 269 600g
 16.35m 16.05m 18.80m

M65 Javelin Throw Outdoor Pentathlon

=====
 ==
 Name Age Team Finals
 Points
 =====
 ==
 1 McFadyen, Bob M66 Edmonton, AB 31.30m
 613 600g
 29.02m 29.13m 31.30m
 2 Adams, Barry M67 Bowen Island, BC, - 28.57m
 546 600g
 28.57m 25.45m 27.45m
 3 Lamothe, Grant M65 Langley, BC 27.03m
 509 600g
 FOUL 24.03m 27.03m
 4 Renwick, Doug M67 Clavet, SK 21.04m
 366 600g
 20.95m 20.86m 21.04m
 5 James, Trent M69 Kelowna, BC 14.85m
 222 600g
 14.33m 14.85m 13.54m

M65 Javelin Throw Weight Pentathlon

=====
 ==
 Name Age Team Finals
 Points
 =====
 ==
 1 Glowacki, Marek M68 Edmonton, AB 33.94m
 678 600g
 31.45m 33.94m

M70 Javelin Throw Outdoor Pentathlon

=====
 ==
 Name Age Team Finals
 Points

```

=====
==
  1 Armstrong, Merv           M70 Red Deer, AB           30.45m
635 500g
    28.23m  28.19m  30.45m
  2 van der wal, Hylke (Hike M71 Dalmeny, SK           13.16m
202 500g
    13.16m  FOUL  FOUL

```

M70 Javelin Throw Weight Pentathlon

```

=====
==
  Name                               Age Team                               Finals
Points
=====
==
  1 Terauds, Juris               M72 Wilmot, NS               36.73m
800 500g
    34.85m  36.73m
  2 Harwood, Jerry               M70 Oxnard, CA               18.12m
322 500g
    18.12m  FOUL  FOUL

```

M75 Javelin Throw Outdoor Pentathlon

```

=====
==
  Name                               Age Team                               Finals
Points
=====
==
  1 Rowan, Ted                   M75 Martensville, SK       26.84m
647 500g
    21.37m  26.84m  25.93m

```

M75 Javelin Throw Weight Pentathlon

```

=====
==
  Name                               Age Team                               Finals
Points
=====
==
  1 Benson, Don                  M76 New Westminster, BC    18.79m
410 500g
    FOUL  18.79m  FOUL

```

M80 Javelin Throw Weight Pentathlon

```

=====
==

```

Name	Age Team	Finals
Points		
=====		
==		
1 Monds, Douglas	M80 Victoria. BC	19.06m
432 400g		
17.18m FOUL 19.06m		
2 Chalmers, Larry	M80 Oliver, BC	14.56m
299 400g		
11.25m FOUL 14.56m		

W35 Weight Throw Weight Pentathlon

Name	Age Team	Finals
Points		
=====		
==		
1 Bedford, Dianne	W36 Montreal, QC	10.03m
664 9.08kg		
0.01m 10.03m FOUL		

W45 Weight Throw Weight Pentathlon

Name	Age Team	Finals
Points		
=====		
==		
1 Clements, Denise	W48 Port Alberni, BC	10.35m
869 9.08kg		
FOUL 9.88m 10.35m		
2 Murfitt, Anne	W49 Victoria, BC	6.41m
491 9.08kg		
6.34m 6.41m 5.58m		

W60 Weight Throw Weight Pentathlon

Name	Age Team	Finals
Points		
=====		
==		
1 Hare, Rose	W60 Burnaby, BC	11.32m
765 5.45kg		
FOUL 10.61m 11.32m		
2 Roberts, Catherine	W62 St. Albert, AB	9.30m
605 5.45kg		

7.84m FOUL 9.30m

W65 Weight Throw Weight Pentathlon

```
=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Anderson, Sandy                   W69 Victoria, BC, --                   8.96m
665 5.45kg
    8.96m 8.73m FOUL
2 Hoover, Virginia                  W68 Telkwa, BC                           7.64m
550 5.45kg
    7.47m 7.51m 7.64m
```

W75 Weight Throw Weight Pentathlon

```
=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Acton, Myrtle L.                  W76 Summerland, BC, --                   8.28m
845 5.45kg
    7.26m 7.46m 8.28m
```

W90 Weight Throw Weight Pentathlon

```
=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Kotelko, Olga                     W90 West Vancouver, BC                   6.58m
1398 WMA Record 5.45kg
    6.58m 6.44m 6.35m
```

M35 Weight Throw Weight Pentathlon

```
=====
==
Name                               Age Team                               Finals
Points
=====
==
1 Wilson, Kier                       M37 Sherwood Park, AB                   10.74m
509 15.88kg
    10.69m 10.74m 10.53m
```

M40 Weight Throw Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Morfitt, Graham   M42 Courtenay, BC      10.03m
506 15.88kg
    10.03m FOUL FOUL
  
```

M50 Weight Throw Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Smiechowski, Zenon M54 Maple Ridge, BC   9.77m
500 11.34kg
    9.77m FOUL FOUL
  
```

M55 Weight Throw Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Pearson, Bill     M57 Thornhill, ON      11.08m
644 11.34kg
    11.08m 9.83m 9.66m
2 McKay, Bob        M59 Oliver, BC        9.69m
549 11.34kg
    8.25m 8.84m 9.69m
  
```

M60 Weight Throw Weight Pentathlon

```

=====
==
Name                Age Team                Finals
Points
=====
==
1 Hawkins, John     M60 West Vancouver, BC 14.05m
792 9.08kg
    FOUL 13.52m 14.05m
2 Townsend, Ken     M64 Maple Ridge, BC   10.90m
  
```

588 9.08kg
 FOUL 10.77m 10.90m
 3 Chmielewski, Ron M60 Coaldale, AB 10.40m
 555 9.08kg
 9.55m 10.24m 10.40m
 4 Kashman, Steve M62 Edmonton, AB 6.94m
 335 9.08kg
 FOUL 6.94m FOUL

M65 Weight Throw Weight Pentathlon

=====
 ==
 Name Age Team Finals
 Points
 =====
 ==
 1 Glowacki, Marek M68 Edmonton, AB 12.30m
 764 9.08kg
 12.30m FOUL FOUL

M70 Weight Throw Weight Pentathlon

=====
 ==
 Name Age Team Finals
 Points
 =====
 ==
 1 Harwood, Jerry M70 Oxnard, CA 11.05m
 695 7.26kg
 9.88m 11.05m FOUL
 2 Terauds, Juris M72 Wilmot, NS 8.94m
 540 7.26kg
 8.94m PASS PASS

M75 Weight Throw Weight Pentathlon

=====
 ==
 Name Age Team Finals
 Points
 =====
 ==
 1 Benson, Don M76 New Westminster, BC 7.91m
 545 7.26kg
 7.91m 7.72m FOUL

M80 Weight Throw Weight Pentathlon

=====
 ==

Name	Age	Team	Finals
1 Monds, Douglas	M80	Victoria, BC	10.65m
835 5.45kg			
10.05m FOUL 10.65m			
2 Chalmers, Larry	M80	Oliver, BC	8.86m
674 5.45kg			
8.86m 8.03m 8.37m			

W45 Outdoor Pentathlon

Name	Age	Team	Finals
45 Canadian: R 3654 21/08/1996 Becky Willis			
1 Murfitt, Anne	W49	Victoria, BC	1193

W55 Outdoor Pentathlon

Name	Age	Team	Finals
55 Canadian: R 3294 02/08/2007 Rhona Trott			
1 Amerongen, Loretta	W55	Edmonton, AB	2179

W60 Outdoor Pentathlon

Name	Age	Team	Finals
60 Canadian: R 2964 07/05/1999 Edith Gray			
1 Trott, Rhona	W60	Hamilton, ON	3682R

W65 Outdoor Pentathlon

Name	Age	Team	Finals
65 Canadian: R 3463 08/06/2008 Sandy Anderson			
1 Anderson, Sandy	W69	Victoria, BC, --	3445

M35 Outdoor Pentathlon

Name	Age	Team	Finals
35 Canadian: R 3155 03/07/1998 Winchester Johnson			
1 Wilson, Kier	M37	Sherwood Park, AB	1954
2 Freeman, Sean	M36	Medicine Hat, AB	1151

M40 Outdoor Pentathlon

```

=====
40 Canadian: R 3344 15/08/1996 Greg Rees
   Name                               Age Team                               Finals
=====

```

```

1 Silvester, Gary                     M41 Burnaby, BC                       2459

```

M45 Outdoor Pentathlon

```

=====
45 Canadian: R 3405 10/08/2000 Steve Kemp
   Name                               Age Team                               Finals
=====

```

```

1 Jacobs, Danny                       M47 Mission, BC                       2440

```

M60 Outdoor Pentathlon

```

=====
60 Canadian: R 3396 08/08/2002 Barry Adams
   Name                               Age Team                               Finals
=====

```

```

1 Judson, Fred                       M63 Edmonton, AB                      2844
2 Pullen, Brock                      M60 Burnaby, BC                       2390
3 Kaluzniak, Marvin                  M62 Edmonton, AB                      2297
4 Delhomeau, Roland                  M64 Saskatoon, SK                     2269
5 Donaldson, Sven                    M60 Vancouver, BC                     1504
6 Yuen, John                          M61 Edmonton, AB                      1461

```

M65 Outdoor Pentathlon

```

=====
65 Canadian: R 3497 24/08/2005 Mervyn Armstrong
   Name                               Age Team                               Finals
=====

```

```

1 Adams, Barry                       M67 Bowen Island, BC, -               3027
2 Renwick, Doug                      M67 Clavet, SK                       3014
3 McFadyen, Bob                      M66 Edmonton, AB                     3013
4 James, Trent                       M69 Kelowna, BC                       1612

```

M70 Outdoor Pentathlon

```

=====
70 Canadian: R 2949 12/07/1987 Hans Warwas
   Name                               Age Team                               Finals
=====

```

```

1 Armstrong, Merv                    M70 Red Deer, AB                      2177
2 van der wal, Hylke (Hike M71      M71 Dalmeny, SK                       2100

```

M75 Outdoor Pentathlon

```

=====
75 Canadian: R 3340 08/01/2008 Ted Rowan
   Name                               Age Team                               Finals
=====

```

1 Rowan, Ted M75 Martensville, SK 3403R

W35 Weight Pentathlon

```
=====
35 Canadian: R 2857 17/09/2005 Diana Jaam-Shahriari
   Name                      Age Team                      Finals
=====
1 Bedford, Dianne           W36 Montreal, QC             2696
```

W45 Weight Pentathlon

```
=====
45 Canadian: R 3188 25/05/3188 Denise Clements
   Name                      Age Team                      Finals
=====
1 Clements, Denise          W48 Port Alberni, BC        3041
2 Murfitt, Anne             W49 Victoria, BC           1814
```

W60 Weight Pentathlon

```
=====
60 Canadian: R 3423 31/08/2008 Liz McBlain
   Name                      Age Team                      Finals
=====
1 Hare, Rose                 W60 Burnaby, BC             3362
2 Roberts, Catherine        W62 St. Albert, AB         3191
```

W65 Weight Pentathlon

```
=====
65 Canadian: R 3793 23/06/2007 Marg Tosh
   Name                      Age Team                      Finals
=====
1 Anderson, Sandy           W69 Victoria, BC, --       3174
2 Hoover, Virginia          W68 Telkwa, BC              2457
```

W75 Weight Pentathlon

```
=====
75 Canadian: R 3899 11/09/2008 Myrtle Acton
   Name                      Age Team                      Finals
=====
1 Acton, Myrtle L.          W76 Summerland, BC, --     3990R
```

W90 Weight Pentathlon

```
=====
   Name                      Age Team                      Finals
=====
1 Kotelko, Olga             W90 West Vancouver, BC     5878
```

M35 Weight Pentathlon

```
=====
```

35 Canadian: R 2852 15/05/2004 Richard Parkinson			
Name	Age	Team	Finals
1 Wilson, Kier	M37	Sherwood Park, AB	2452

M40 Weight Pentathlon			
40 Canadian: R 3335 11/08/2007 Ian Maplethorpe			
Name	Age	Team	Finals
1 Morfitt, Graham	M42	Courtenay, BC	2836

M50 Weight Pentathlon			
50 Canadian: R 3312 31/07/2005 Zenon Smiechowski			
Name	Age	Team	Finals
1 Smiechowski, Zenon	M54	Maple Ridge, BC	2875

M55 Weight Pentathlon			
55 Canadian: R 4098 06/08/2002 John Kasperski			
Name	Age	Team	Finals
1 Pearson, Bill	M57	Thornhill, ON	3052
2 McKay, Bob	M59	Oliver, BC	2444

M60 Weight Pentathlon			
60 Canadian: R 4142 18/09/2004 John Kasperski			
Name	Age	Team	Finals
1 Hawkins, John	M60	West Vancouver, BC	3662
2 Townsend, Ken	M64	Maple Ridge, BC	2989
3 Chmielewski, Ron	M60	Coaldale, AB	2809
4 Kashman, Steve	M62	Edmonton, AB	1765

M65 Weight Pentathlon			
65 Canadian: R 4848 13/05/2006 Marek Glowacki			
Name	Age	Team	Finals
1 Glowacki, Marek	M68	Edmonton, AB	4065

M70 Weight Pentathlon			
70 Canadian: R 3561 01/08/2008 David Morris			
Name	Age	Team	Finals

1	Terauds, Juris	M72	Wilmot, NS	3182
2	Harwood, Jerry	M70	Oxnard, CA	2930

M75 Weight Pentathlon

75	Canadian: R	3426	31/07/2005	Douglas Monds	
	Name		Age	Team	Finals
1	Benson, Don		M76	New Westminster, BC	2087

M80 Weight Pentathlon

80	Canadian: R	4702	09/06/2003	Garry Bachman	
	Name		Age	Team	Finals
1	Monds, Douglas		M80	Victoria, BC	3337
2	Chalmers, Larry		M80	Oliver, BC	2801

W35 1500 Meter Race Walk

	Name		Age	Team	Finals
1	Rodriguez Ruah, Paola		W35	Fort St. John, BC	9:39.87

W40 1500 Meter Race Walk

	Name		Age	Team	Finals
1	Walters, Lisa		W41	Calgary, AB	9:29.03

W45 1500 Meter Race Walk

	Name		Age	Team	Finals
1	Rodrigue-Poscente, Miche		W49	Ardrossan, AB	9:00.18

W55 1500 Meter Race Walk

	Name		Age	Team	Finals
1	Chiozza, Teresa		W58	Calgary, AB	8:51.11
2	Kane, Kathleen		W55	Victoria, BC	9:22.77
--	Watts, Sherry		W56	London, ON	DNF

W65 1500 Meter Race Walk

	Name		Age	Team	Finals
--	------	--	-----	------	--------

1	Rosenitsch, Ann Marie	W68 Toronto, ON	10:12.11
2	Sarkar, Eileen	W67 Ottawa, ON	10:25.06

W75 1500 Meter Race Walk

Name	Age Team	Finals
-- Acton, Myrtle L.	W76 Summerland, BC, --	DQ

Rule 230-1

W80 1500 Meter Race Walk

Name	Age Team	Finals
1 Vogelsang, Eva	W80 Calgary, AB	11:00.54

M45 1500 Meter Race Walk

Name	Age Team	Finals
1 Young, Don	M45 Port Townsend, WA	9:47.11

M50 1500 Meter Race Walk

Name	Age Team	Finals
1 Kenney, James	M53 Airdrie, AB	6:53.54
2 Keenan, Dave	M51 Fort Saskatchewan,	7:15.16
3 Davis, Gary	M54 Edmonton, AB	9:21.86

M55 1500 Meter Race Walk

Name	Age Team	Finals
1 Dragomir, Geraud	M57 Vancouver, BC	7:12.98
2 Charrois, Henry	M58 Edmonton, AB	8:41.88
3 Marshall, Michael	M58 Calgary, AB	8:56.86

M60 1500 Meter Race Walk

Name	Age Team	Finals
1 Landry, Malcolm	M60 St. Albert, AB	7:57.15
2 Kashman, Steve	M62 Edmonton, AB	9:31.60

W35 5000 Meter Race Walk

=====			
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Name	Age Team	Finals
1 Rodriguez Ruah, Paola	W35 Fort St. John, BC	34:38.40

W40 5000 Meter Race Walk

Name	Age Team	Finals
1 Walters, Lisa	W41 Calgary, AB	34:40.73

W45 5000 Meter Race Walk

Name	Age Team	Finals
1 Hulley, Elizabeth (Liz)	W46 Edmonton, AB	29:09.24
2 Rodrigue-Poscente, Miche	W49 Ardrossan, AB	31:45.90

W55 5000 Meter Race Walk

Name	Age Team	Finals
1 Chiozza, Teresa	W58 Calgary, AB	30:52.30
2 Kane, Kathleen	W55 Victoria, BC	33:59.69
-- Watts, Sherry	W56 London, ON	DNF

W65 5000 Meter Race Walk

Name	Age Team	Finals
1 Rosenitsch, Ann Marie	W68 Toronto, ON	36:01.52
-- Sarkar, Eileen	W67 Ottawa, ON	DQ

Rule 280-1

W80 5000 Meter Race Walk

Name	Age Team	Finals
1 Vogelsang, Eva	W80 Calgary, AB	39:01.64

M45 5000 Meter Race Walk

Name	Age Team	Finals
1 Bodet, Glen	M48 Edmonton, AB	24:34.38

M50 5000 Meter Race Walk

Name	Age Team	Finals
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```

=====
  1 Keenan, Dave           M51 Fort Saskatchewan,  27:23.17
  2 Davis, Gary           M54 Edmonton, AB      34:33.33
-- Kenney, James         M53 Airdrie, AB       DQ
Rule 230-1

```

M55 5000 Meter Race Walk

```

=====
      Name                Age Team                Finals
=====
  1 Dragomir, Geraud      M57 Vancouver, BC      26:35.93
  2 Marshall, Michael     M58 Calgary, AB       32:02.75
  3 Charrois, Henry       M58 Edmonton, AB      32:42.70

```

M60 5000 Meter Race Walk

```

=====
      Name                Age Team                Finals
=====
  1 Kashman, Steve        M62 Edmonton, AB      35:08.41
-- Landry, Malcolm       M60 St. Albert, AB    DQ
Rule 230-1

```