

2013 Canadian National Cross Country Championships

23 November 2013

Results by racedaytiming.ca

email any questions/concerns to info@racedaytiming.ca

MASTERS OVERALL AWARDS

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TOP Overall MASTERS MEN

OA NAME	CLUB	PROV	GUNTIME
1 James Finlayson	PRAIRIE INN HARRIERS RACING	BC	26:54.34
2 Oliver Utting		BC	27:17.66
3 Craig Odermatt	PRAIRIE INN HARRIERS RACING	BC	27:35.00

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TOP Overall MASTERS WOMEN

OA NAME	CLUB	PROV	GUNTIME
1 Maria Zambrano	CALGARY PHOENIX STRIDERS	AB	30:15.98
2 Catherine Watkins	VANCOUVER FALCONS ATHLETICS	BC	30:31.43
3 Rachel Ruus		BC	32:10.36

MASTERS 5-YEAR AGE GROUP CATEGORY AWARDS

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AGE GROUP: MEN 35-39

OA NAME	CLUB	PROV	GUNTIME
1 Joshua Weiss		BC	31:13.63
2 Gwendal Castellan		BC	38:52.59

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AGE GROUP: FEMALE 35-39

OA NAME	CLUB	PROV	GUNTIME
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1 Rachel Ruus		BC	32:10.36
2 Corinne Issel	OCEAN ATHLETICS	BC	35:14.04

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AGE GROUP: MEN 40-44

OA NAME	CLUB	PROV	GUNTIME
1 James Finlayson	PRAIRIE INN HARRIERS RACING	BC	26:54.34
2 Oliver Utting		BC	27:17.66
3 Craig Odermatt	PRAIRIE INN HARRIERS RACING	BC	27:35.00
4 Derek Hackshaw	NEWMARKET HUSKIES TRACK CLUB	ON	28:09.92
5 William Sheel	HERSHEY HARRIERS ATHLETICS	BC	29:51.66

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AGE GROUP: FEMALE 40-44

OA NAME	CLUB	PROV	GUNTIME
1 Maria Zambrano	CALGARY PHOENIX STRIDERS	AB	30:15.98
2 Catherine Watkins	VANCOUVER FALCONS ATHLETICS	BC	30:31.43
3 Lisa Brougham		BC	37:51.99

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AGE GROUP: MEN 45-49

OA NAME	CLUB	PROV	GUNTIME
1 Darren Klassen		MB	27:49.20
2 Stanley Jang		BC	28:21.74
3 Tyler Ginther	COASTAL TRACK CLUB	BC	28:24.06
4 Bruce Deacon	PRAIRIE INN HARRIERS RACI	BC	28:26.45
5 Shawn Muldrew	RUNNING ROOM ATHLETIC CLUB	AB	28:35.78
6 Jack Cook	FAST TRAX RUN & SKI CLUB	AB	28:46.05
7 Hicham Elamiri		BC	30:02.17
8 John Blankenship	RUNNING ROOM ATHLETIC CLUB	AB	30:53.89
9 Ken Gosleigh	SAUGEEEN TRACK & FIELD CLUB	ON	31:09.85

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AGE GROUP: FEMALE 45-49

OA NAME	CLUB	PROV	GUNTIME
1 Helen Ritchie	VANCOUVER FALCONS ATHLETICS	BC	32:27.22
2 Sarah Wiley		ON	33:08.62
3 Kathryn Sullivan	NEWMARKET HUSKIES TRACK CLUB	ON	34:07.49
4 Janette Purdham	VANCOUVER FALCONS ATHLETICS	BC	35:27.88
5 Teresa Nightingale	SUNSHINE COAST ATHLETICS	BC	35:49.48
6 Michele Harvey-Blankenshi	RUNNING ROOM ATHLETIC CLUB	AB	36:01.39
7 Rhonda Clark	CALGARY PHOENIX STRIDERS	AB	36:06.22
8 Jane De Lemos	VANCOUVER FALCONS ATHLETICS	BC	38:25.17
9 Dee Makepeace	SEMAIHMUO SUN RUNNERS	BC	39:34.45
10 Judy Summers	DEERFOOT ATHLETIC CLUB	BC	43:00.64

AGE GROUP: MEN 50-54

OA NAME	CLUB	PROV	GUNTIME
1 Geoff Peat	NEWMARKET HUSKIES TRACK CLUB	ON	28:16.36
2 Mark Bennett	VANCOUVER FALCONS ATHLETICS	BC	28:39.62
3 Daniel Fiorini	NEWMARKET HUSKIES TRACK CLUB	ON	28:41.18
4 Norman Tinkham	GOLDEN EARS ATHLETICS	BC	28:55.51
5 Carey Nelson	POINT GREY TRACK & FIELD	BC	29:53.27
6 Brian Nemethy	PRINCE GEORGE ROAD RUNNERS	BC	30:43.21
7 Mark Francis		BC	30:59.69
8 Gerard Pinkoski	UNATTACHED ALBERTA	AB	31:21.55
9 Gordon Christie	PRAIRIE INN HARRIERS RACING	BC	31:27.02
10 Larry Nightingale	SUNSHINE COAST ATHLETICS	BC	31:36.38
11 Michael Day	OTTAWA LIONS T.F.C.	ON	31:40.14
12 Michael Moon	PRAIRIE INN HARRIERS RACING	BC	31:45.22
13 Tim Smith		BC	32:02.96
14 Robert Watt	POINT GREY TRACK & FIELD	BC	32:58.49
15 Gordon Flett	SEMAIHMUO SUN RUNNERS	BC	36:24.12
16 Bradley Smith	OCEAN ATHLETICS	BC	36:44.60

AGE GROUP: FEMALE 50-54

OA NAME CLUB PROV GUNTIME

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1 Juliette Christie	PRAIRIE INN HARRIERS RACING	BC	34:21.80
2 Donna Dixon	CALGARY PHOENIX STRIDERS	AB	36:15.80
3 Deborah Nielsen	POINT GREY TRACK & FIELD	BC	44:27.99

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AGE GROUP: MEN 55-59

OA NAME CLUB PROV GUNTIME

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1 Gary Duncan	PRAIRIE INN HARRIERS RACING	BC	31:36.60
2 Ed Bickley		AB	32:02.69
3 Arthur Boileau	WEST VANCOUVER TRACK & FIELD	BC	33:21.53
4 Brian Martinson	PRINCE GEORGE TRACK CLUB	BC	33:31.03
5 Paul Roberts	LONDON RUNNER DISTANCE CLUB	ON	34:36.10
6 Marc Fontaine	SEMIAHMOO SUN RUNNERS	BC	34:53.32
7 Ron Wichmann	CHILLIWACK TRACK & FIELD	BC	35:06.11
8 Brent Hutchinson	BRANTFORD T.F.C.	ON	35:57.78

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AGE GROUP: FEMALE 55-59

OA NAME CLUB PROV GUNTIME

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1 Sharisse Kyle	CALGARY PHOENIX STRIDERS	AB	39:42.74
2 Corinne Krezonoski		ON	41:11.71

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AGE GROUP: MEN 60-64

OA NAME CLUB PROV GUNTIME

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1 Michael Secker	FAST TRAX RUN & SKI CLUB	AB	31:47.77
2 Bill Krezonoski		ON	33:05.27
3 Clifford Russell	FAST TRAX RUN & SKI CLUB	AB	33:22.38
4 Stefan Fekner	FAST TRAX RUN & SKI CLUB	AB	34:07.97
5 Tim Payne	NEWMARKET HUSKIES TRACK CLUB	ON	39:01.30
6 Jacques Siegrist		BC	41:06.92

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AGE GROUP: FEMALE 60-64

OA NAME	CLUB	PROV	GUNTIME
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AGE GROUP: MEN 65-69

OA NAME	CLUB	PROV	GUNTIME
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1 Arjan Gelling		BC	34:23.44
2 Fred Pawluk	KAJAKS TRACK & FIELD CLUB	BC	37:59.13
3 Paul Wood	SEMIAHMOO SUN RUNNERS	BC	38:32.15
4 Jake Madderom	KAJAKS TRACK & FIELD CLUB	BC	41:22.92
5 GaÉtan Breton	SHERBROOKE	QC	42:33.11

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AGE GROUP: FEMALE 65-69

OA NAME	CLUB	PROV	GUNTIME
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1 Lynette Baldock	GREYHOUNDS TRACK & FIELD	BC	47:51.63
2 Bridie Forde		AB	54:10.06

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AGE GROUP: MEN 70-74

OA NAME	CLUB	PROV	GUNTIME
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1 Vern Christensen		ON	45:58.80
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AGE GROUP: FEMALE 70-74

OA NAME CLUB PROV GUNTIME

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1 Helen Sabourin SUNSHINE COAST ATHLETICS BC 47:24.81  
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AGE GROUP: MEN 75-79

OA NAME CLUB PROV GUNTIME

AGE GROUP: FEMALE 75-79

OA NAME CLUB PROV GUNTIME

AGE GROUP: MEN 80-99

OA NAME CLUB PROV GUNTIME

AGE GROUP: FEMALE 80-99

OA NAME CLUB PROV GUNTIME

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1 Lenore Montgomery GREYHOUNDS TRACK & FIELD BC 55:40.87  
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