

CMAA Marathon Championships

National Capital Marathon - Ottawa

Sunday, May 30, 2004

Results courtesy of Sportstats

M30

1	2:11:47.4	Rono, Elly	KEN
2	2:19:40.2	Cortinez, Oscar	ARG
3	2:32:05.9	Reid, Ian	Toronto
4	2:38:15.4	Fekete, Daniel	Toronto
5	2:39:03.5	Bentley, Daniel	DOM
6	2:41:22.0	Brecher, Jay	Toronto
7	2:46:12.0	Belanger, Maurice	Montreal
8	2:49:19.1	Petro, Jason	Tecumseh
9	2:49:55.6	Fairhurst, Peter	Ottawa
10	2:50:57.9	Cormier, Marc	Montreal

M35

1	2:20:14.4	Deacon, Bruce	Victoria
2	2:38:29.3	Debruijn, Berry	Ottawa
3	2:39:05.1	Couillard, Michel	Sainte-Julie
4	2:41:38.4	Poli, Jean-Pierre	Montreal
5	2:44:20.9	Vallee, Nicolas	Beaconsfield
6	2:48:05.1	McCardle, Shawn	Kinkora
7	2:48:52.4	Lancot, Boris	Longueuil
8	2:50:23.5	Flageole, Marc	Boucherville
9	2:51:23.0	Guerin, Remy	Charny
10	2:52:18.1	Boudreau, Camilien	Quebec

M40

1	2:30:45.4	Lavoie, Michel	Laval
2	2:48:06.1	Stronski, Francis	Toronto
3	2:52:15.7	Sullivan, Mark	Freeburg
4	2:52:16.4	Smith, Dave	St.Catharine
5	2:54:53.7	Dominie, Daniel	Canton
6	2:54:53.9	Beliveau, Dany	Gatineau
7	2:55:54.5	Landry, Michel	Ottawa
8	2:57:55.1	Demers, Robert	Dorval
9	2:58:03.0	McCleery, Shawn	Nepean
10	2:58:38.6	Duncan, Bill	Ottawa

M45

1	2:47:31.3	Cardinal, Guy	Quebec
2	2:47:33.5	Ferron, Jean	Quebec
3	2:49:26.9	Vancaeyzeele, Clyde	Winnipeg
4	2:57:37.1	Paradis, Rodrigue	Sainte- Foy
5	2:58:19.5	Field, Dave	Barry's Bay
6	2:59:15.2	Haley, John	Albany USA
7	2:59:40.9	Nelson, Mark	Bridgewater
8	3:00:14.7	Forlini, Franco	Montreal
9	3:01:39.8	Chenery, Paul	Toronto
10	3:02:29.4	Nogas, David	Ottawa

M50

1	2:49:02.5	Gauthier, Jean	St. Nicolas
2	2:55:46.5	Glasspoole, Bruce	Pointe-Clair
3	3:02:14.3	Borsos, Richard	Ottawa
4	3:03:33.2	Saint Pierre, Jean	Ste Foy
5	3:07:42.7	Morin, Denis	Pointe-Clair
6	3:08:15.8	Gamache, Andre	Montreal
7	3:09:03.4	Cadotte, Gilles	Saint-Bruno
8	3:10:43.5	Morin, Regis	Chicoutimi
9	3:11:16.1	Dallaire, Julien	Longueuil
10	3:12:30.8	Boivin, Antonin	Jonquiere

M55

1	2:58:27.0	Hardick, Cliff	London
2	3:01:26.3	Levesque, Jean	St-Hilaire
3	3:03:04.5	Bouchard, Laurent	Pintendre
4	3:08:06.2	Reed, Steve	Wiscasset
5	3:08:15.7	Truchon, Jacques	Montreal
6	3:13:58.8	Ferreira, Byran	Pickering
7	3:20:43.6	Anderson, Brian	Brookfield
8	3:22:10.3	Thomas, James	Castleton USA
9	3:22:17.7	Bellon, Aldo	Laval
10	3:23:15.0	Parenteau, Robert	Ottawa

M60

1	3:07:13.1	Jermyn, Chris	Ottawa
2	3:12:43.5	Gravel, Gerard	Jonquiere
3	3:21:56.5	Lanteinge, Euclide	Anjou
4	3:29:04.0	Dafoe, Tom	Ottawa
5	3:30:23.4	Bourassa, Pierre	Bromont
6	3:31:49.9	Goulet, Roger	St-Jean Chry
7	3:32:45.9	Vandooren, Nicholas	Waterdown
8	3:43:14.2	Kingsford, Colin	Ottawa
9	3:43:32.6	Washchuk, Paul	Sudbury
10	3:44:36.0	Anton, Fulgen	Montreal

M65

1	3:15:11.2	Taivassalo, Keijo	Thornhill
2	3:59:51.6	Scanlan, Eugene	Etobicoke
3	4:01:02.0	Lang, Edward	Guelph
4	4:16:13.6	Otis, Robert	St.Bruno
5	4:16:48.5	Davis, Gordon	Vancouver
6	4:16:53.6	Kenney, David	East MoricheUSA
7	4:23:19.3	Guenther, Bill	Kitchener
8	4:33:34.5	Dinsmore, Bob	PoughkeepsieUSA
9	4:34:55.5	MacInnis, Donnie	Sydney
10	4:39:48.2	Atkinson, Ian	Kitchener

M70

1	4:47:09.2	Bourgeault, Marcel	Montreal
2	5:10:19.7	Robb, Jim	Ottawa
3	5:25:23.8	Rushforth, Alan	Nepean
4	6:50:34.0	Mendell, Carlton	Portland USA

W30

1	2:30:53.0	Kortchaguina, Lioud	Toronto
2	2:34:44.1	Stevenson, Nicole	Toronto
3	2:57:30.5	McKenzie, Allison	Toronto
4	2:57:48.9	MacInnis, Nicole	North York
5	3:01:18.7	Norman, Julia	Windsor
6	3:11:43.9	Hobeika, Allison	St Philips
7	3:11:54.8	Merilainen, Jutta	Batawa
8	3:16:04.5	Parent, Missy	Nepean
9	3:24:46.9	Giannou, Kelli	St Johns
10	3:26:17.2	Shigeishi, Ann	St. John's

W35

1	2:37:33.9	Howe, Carol	Summit
2	2:56:16.8	Hodge, Stephanie	New York
3	2:59:07.5	Bryans, Emily	Schenectady
4	3:03:04.7	Richards, Rebecca	Angus

5	3:03:24.0	Grenon, Myriam	Longueuil
6	3:03:46.9	Maklin, Debbie	Ottawa
7	3:15:53.4	Kemp, Cheryl	Ottawa
8	3:22:59.8	McKeown, Alexandra	Vankleek Hil
9	3:23:27.5	Steinhoff, Janet	Woodstock
10	3:27:09.7	Dicesare, Robyn	Gatineau

W40

1	2:57:50.2	Tina, Kader	Montreal
2	2:58:45.1	Black, Leslie	Vancouver
3	3:13:16.4	Rioux, Nicole	Ste Anne Des
4	3:15:22.2	MacNeil, Ernest	Lower Sackvi
5	3:21:24.9	Desmeules, Lynda	Jonquiere
6	3:23:57.3	Rogers, Johanna	Alpharetta
7	3:26:06.8	Frick, Betsy	Atlanta USA
8	3:28:22.7	Garcia-Rulfo, Cecilia	Zapopan MEX
9	3:29:46.1	Bridgman, Julie	Oakville
10	3:30:16.6	Eisener, Lynne R.	Russell

W45

1	3:10:02.8	Kobayashi, Lynn	Toronto
2	3:28:08.0	Scissons, Helen	Coboconk
3	3:30:25.7	Vaughan, Eileen	Halifax
4	3:36:45.5	Birch, Jean	Brockville
5	3:38:16.5	Boisvert, Helene	Montreal
6	3:43:00.3	Bussiere, Diane	Pintendre
7	3:45:49.7	Mason, Aranka	Whitby
8	3:48:09.3	O'Reilly, Margaret	Kingston
9	3:48:37.6	Johnstone, Gail	Winnipeg
10	3:49:11.1	Kenny, Martha A.	Smiths Falls

W50

1	3:24:51.2	Labuc, Janet	Hudson
2	3:30:12.9	Huot, Marilyn	Brossard
3	3:39:24.0	Marcellus, Sally	Delta

4	3:41:36.6	Burmester, Derryl	Niagara Falls
5	3:52:38.9	Cormier, Lucia	Ste Marie
6	3:54:28.7	Goodacre, Mary	Dundas
7	3:57:34.8	Johnson, Mary Jo	Ogdensburg USA
8	4:01:31.6	Holtom, Deborah	Rr4 Gananoqu
9	4:02:31.6	Harris, Jean	North Bay
10	4:05:20.6	MacKay, Marian	Stittsville

W55

1	3:47:32.3	Heinrich, Alice	Waterloo
2	3:59:48.7	Caron, Carole	Beauport
3	4:00:30.1	Smith, Diana	Montreal
4	4:01:36.4	Overduin, Mia	Gatineau
5	4:02:34.0	Rinneard, Helga U.	Orillia
6	4:03:45.9	Farquhar, Sandra	North Bay
7	4:18:01.4	Desaulniers, Francine	Racine
8	4:18:35.5	Bourgeois, Lucia	Thunder Bay
9	4:21:46.6	Graham, Wanda	North Bay
10	4:26:59.8	Coffey, Kathy	Burlington

W60

1	4:33:11.2	Simpson, Dee E.	Toronto
2	4:48:28.1	James, Rosemarie	St. John's
3	4:49:32.6	Marlay, Denise	Kemptville
4	5:55:44.4	Obelnycki, Roberta	Oakville
5	6:31:59.9	Bonoechi, Nieves	Ottawa
6	7:29:18.8	Thibault, Carmen	Bellecombe

W65

1	4:13:11.3	Lang, Willma	Guelph
2	4:18:24.8	Kilpatrick, Valerie	Monkland
3	4:38:56.6	Andrew, Sheila	Fredericton