

CMAA 10K Road Championship

Waterloo Oktoberfest

Sunday, October 17, 2004

W30

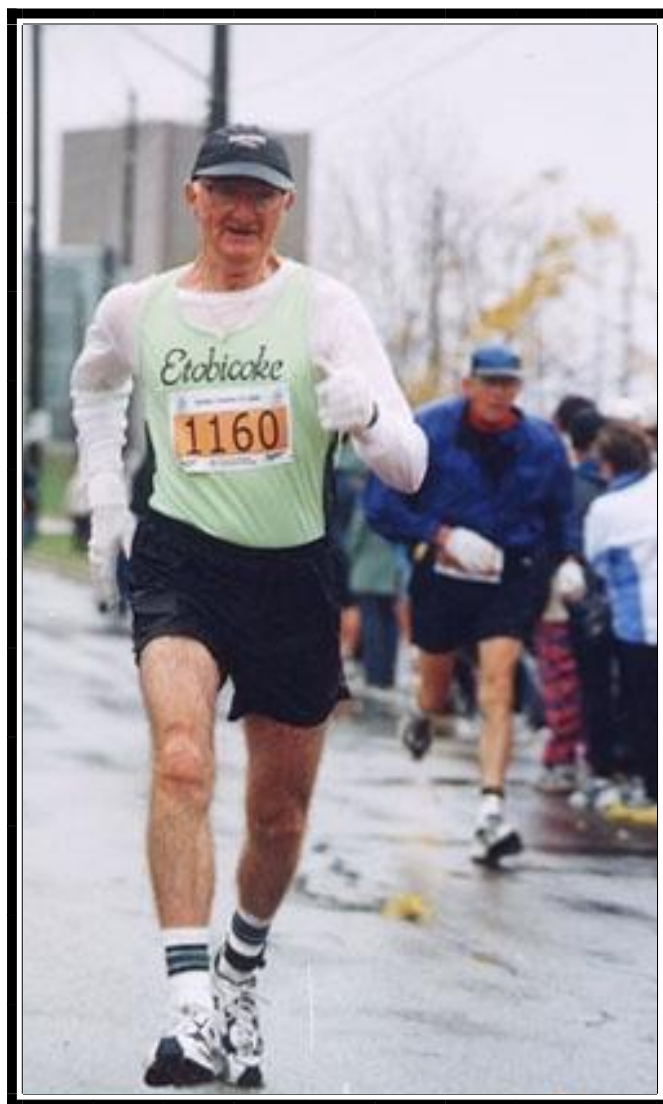
1	Adela Flista	40:07	Hamilton
2	Stef Edwards	41:17	Waterloo
3	Karrie Gregson	41:23	Waterloo
4	Judy Tse	46:04	Kingston
5	Erin Gregson-Pegan	46:05	Cambridge
6	Jo Anne Randerson	49:39	New Hamburg
7	Heather Kinnear	51:38	Kitchener
8	Leanne Litt	52:38	Palmerston
9	Lee Ann Rocher	54:22	Mitchell
10	Deb Bergey	54:33	Waterloo
11	Liz Martin	56:04	Waterloo
12	Terri Truscello	57:42	Kitchener
13	Cindy Bossence	57:52	Stratford
14	Lisa Kessing	58:34	Waterloo
15	Christine Morgan	58:37	Waterloo
16	Jannie Coburn	58:37	Waterloo
17	Tanya Gillert	58:51	Waterloo
18	Nathalie Racco	59:24	New Hamburg
19	Wendy Allen	1:00:10	Kitchener
20	Gillian Gutenberg	1:00:22	Brooklyn
21	Melissa Denoble	1:01:19	Waterloo
22	Mary Gombas	1:01:28	Guelph
23	Geri-Lynn Ryan	1:04:54	Milton

W35

1	Angela Courtemanche	43:25	Kitchener
2	Christine Shaw	44:45	Mount Forest
3	Juli-Ann Sannuto	46:18	Guelph
4	Terri Beaulieu	49:51	Waterloo
5	Donna Davey	50:47	Markdale
6	Annette Levean	50:51	Elmira
7	Helen L Hagen	51:29	Kitchener
8	Karin Streith	51:52	New Hamburg
9	Deborah Richmond	52:17	Waterloo
10	Eileen Laird	53:16	Waterloo
11	Ruth Peter	54:14	Waterloo
12	Lori Hoelscher	54:59	Drayton
13	Natalie Walden	55:07	Kincardine
14	Nadine Banks	55:23	London
15	Kersten Marschuetz	55:44	Kitchener
16	Kim Helm	55:56	Waterloo

M30

1	David Wilson	36:19	Kitchener
2	Brent Curry	37:13	Waterloo
3	Andrew Weinacht	39:57	New Dundee
4	David Harmsworth	40:59	Waterloo
5	Michael Tickner	42:41	Kitchener
6	Greg Pogue	43:20	Waterloo
7	Jason McDonald	44:07	Elmira
8	Armin Armbruster	44:53	Waterloo
9	David Kiers	45:03	Kitchener
10	Harry Patterson	45:52	Toronto
11	Barry Murray	47:29	Waterloo
12	Peter Schendel	48:42	Toronto
13	Mike Nafziger	48:45	Waterloo
14	Conor Fitzpatrick	48:52	Toronto
15	Nelson Coelho	49:53	Cambridge
16	Simon Aldridge	51:40	Stratford
17	Eric Jacques	51:48	Cambridge
18	Philip Pfeifer	52:35	Waterloo
19	Leonard Michael	52:50	Cambridge
20	Stefan Gudmundson	53:29	Guelph
21	Mike Estoesta	53:31	Guelph
22	Jason Wadel	58:49	Kitchener
23	Paul Kusiar	59:33	Stratford
24	Ian Hurst	59:38	Waterloo
25	Jay Marteniuk	1:02:50	Kitchener
26	Michael Van Altena	1:03:02	Kitchener
27	David Levean	1:05:30	Elmira



1st M70 Richard Graves Photo-George Aitkin

17	Beverly Hammond	56:05	Waterloo
18	Joanna Armbruster	56:35	Waterloo
19	Linda Boulanger	56:41	Ayr
20	Marina Burrows	56:46	Kincardine
21	Connie Stevens	56:54	Kitchener
22	Ann Marie Richards	57:30	Kitchener
23	Pauline Champion	58:05	Waterloo
24	Anette Happel	58:17	Kitchener
25	Michele Parrott	58:20	Waterloo
26	Heather Stone	59:41	Waterloo
27	Sharilyn Allen	59:47	Waterloo
28	Sheilah Fournier	1:02:30	Kitchener
29	Victoria Martz	1:02:41	Breslau
30	Calana Hinnegan	1:04:58	Stratford
31	Natalie Ashford	1:07:33	Kitchener
32	Erma Weernink	1:11:42	Bayfield

M35

1	Zeljko Sabol	32:52	Kitchener
2	Jack MacDonald	38:51	Guelph
3	Dale Litt	41:16	Palmerston
4	Brent Densmore	41:30	Elmira
5	Brian Heaney	41:54	Waterloo
6	Pedro Fernandes	41:55	Hamilton
7	Graham Oliver	42:07	Waterloo

8	John Green	44:00	Kitchener
9	Bill Van Heyst	44:07	Kitchener
10	Steve Kersten	44:49	Kitchener
11	Michael Cummings	45:12	Kitchener
12	Kevin Strain	45:22	Waterloo
13	Chris Cartwright	47:05	Waterloo
14	Joe Coelho	47:37	Kitchener
15	Andrew Wall	47:55	Cambridge
16	Don MacLeod	48:34	Elmira
17	Ranjan Bhaduri	48:45	Toronto
18	Jeff Biegus	49:01	Guelph
19	Ken Hamel	51:19	Cambridge
20	Rob Morgan	51:43	Waterloo
21	Bryan O'Hearn	52:17	Waterloo
22	Dave Ostien	52:17	Waterloo
23	Hank Bolsterli	52:18	Cambridge
24	Lenard Gerber	52:24	Waterloo
25	Warren Barlow	52:33	Kitchener
26	Larry Scanlon	53:23	Waterloo
27	Alex Graf	53:25	Stratford
28	Sterling Lambert	53:25	Montreal
29	Terry Van Belle	55:17	Waterloo
30	Vipon Ghai	56:24	Waterloo
31	Erkan Akyuz	59:47	Petersburg
32	Jeff MacIntyre	1:00:13	Kitchener
33	Clayton Sampson	1:00:20	Woodstock
34	Conrad Graham	1:04:16	Waterloo
35	Wayne Schooley	1:10:23	Waterloo

W40

1	Viktoria Palfi	40:36	Toronto
2	Colleen Laing	46:41	Heidelberg
3	Sue D'Aloisio	46:43	Waterloo
4	Joyce Jonathan Crone	47:41	Cambridge
5	Sharon Bouttell	49:34	New Hamburg
6	Angela Helsby	50:02	Waterloo
7	Patty Witt	50:51	Waterloo
8	Catherine Wollocombe	52:17	Dorchester
9	Jennifer Weir	53:51	Waterloo
10	Christine Tutssel	53:51	Waterloo
11	Susan Gerber	54:02	Waterloo
12	Catherine Dover	54:20	Kitchener
13	Leah Read	55:07	Guelph
14	Anna Medina	55:23	Cambridge
15	Leanne Breckles	55:35	Waterloo
16	Andrea Stevens	55:36	Waterloo
17	Francis Turner	56:59	Waterloo
18	Jacqui Smyth	57:03	Waterloo
19	Silvia Weismann	58:05	Kitchener
20	Joanne Davis	58:44	Kitchener
21	Karen Klee	59:27	Kitchener
22	Marlene Swirski	1:00:06	Kitchener
23	Heather Douglas	1:00:40	Waterloo
24	Vicki Golding	1:00:42	Cambridge
25	Laurie Paleczny	1:04:23	Kitchener
26	Becky Musselman	1:06:16	Waterloo
27	Helen Edwards	1:10:45	Mount Forest



1st M60 Vern Christensen Photo-George Aitkin

M40

1	Tom Sawyer	39:19	Waterloo
2	Alan Farquhar	39:33	Waterloo
3	Bob Dawson	39:59	Waterloo
4	Wolfgang Schmidt	41:08	New Dundee
5	Dave Rutherford	41:16	Waterloo
6	Doug Mighton	42:43	Waterloo
7	Jamie Arnold	42:55	Kitchener
8	Colin Bouttell	43:13	New Hamberg
9	Peter Hodson	43:16	Kitchener
10	Brian Harrington	43:26	Woodstock
11	Allan Van Brunschot	43:39	Waterloo
12	Brad Hillier	44:14	Cambridge
13	Patrick Dietrich	44:34	St. Clements
14	George Terlecki	44:53	Waterloo
15	David Bedrosian	45:11	Waterloo
16	Matt Morris	45:11	Kitchener
17	Malcolm Matheson	45:40	Waterloo
18	W. Paul Curlook	46:10	Waterloo
19	Joe Allen	46:14	Waterloo
20	Miroslaw Bogdanowicz	47:55	Kitchener
21	Chris Edwards	47:57	Mount Forest
22	Ed Dickson	48:39	Waterloo
23	Jim McKay	48:46	Listowel
24	Gordon Scott	48:56	Waterloo
25	Scott Davis	49:10	Waterloo
26	Doug Drake	49:25	Stratford
27	Dave Michielsen	49:26	Waterloo
28	Carlos Radic	49:33	Waterloo
29	Paul Helsby	50:01	Waterloo
30	Craig Watson	50:57	Stratford
31	Robert Ellis	51:16	Cambridge
32	Randy Helm	51:50	Waterloo
33	Cody-Steve Pelley	53:57	Kitchener
34	Brent Clerk	54:12	Waterloo
35	Chris Coggans	54:24	Waterloo
36	Robert Hillier	55:15	Kitchener
37	Tim Wilson	55:49	Peterborough
38	Steve Lidbetter	57:02	Waterloo



M50 Doug Smith Photo-George Aitkin

19	Kathy Grimmer	1:05:15	Newmarket
20	Anne Campbell	1:06:28	Milton
21	Alicia Smith	1:07:33	Wellesley
22	Deborah Taylor	1:08:45	Kitchener
23	Dorothea Hill	1:18:40	Waterloo

W45

1	Dawn Hamel	45:12	Hawkestone
2	Kathy Puskas	45:55	Waterloo
3	Lorraine McLean	50:00	Cambridge
4	Lisa Powell	51:47	Waterloo
5	Debbie Vandyk	52:11	Kitchener
6	Katherine MacLean	52:21	Kitchener
7	Nancy Cameron	52:37	Waterloo
8	Rena Orr	52:41	Stratford
9	Irene Rooney	52:59	Waterloo
10	Cindy Wolfe	58:26	Kitchener
11	Linda Franz	1:00:19	Waterloo
12	Lois Groves	1:00:46	Stratford
13	Karen Keeling	1:01:16	Cambridge
14	Ann Evoy	1:01:27	Ayr
15	Brenda Feeney	1:01:45	Kitchener
16	Jo Barr	1:02:46	Elmira
17	Margot Culkin	1:03:56	Waterloo
18	Laura Muirhead	1:04:11	Waterloo

M45

1	Chris McDonald	39:07	Brantford
2	Peter Hoffmann	40:18	Waterloo
3	Jamie Puskas	41:43	Waterloo
4	Alex Keeting	41:46	Richmond Hill
5	Andrew Cartmell	43:11	Waterloo
6	Tom Richards	43:29	Kitchener
7	David Lant	43:31	Waterloo
8	Paul Wagner	44:06	Waterloo
9	Gary Willaert	44:31	London
10	James Beitz	44:52	Waterloo
11	Steve Vosburgh	45:31	Waterloo
12	Rob Ruetz	46:16	Waterloo
13	Robert Chmiel	46:39	Waterloo
14	Frank Shular	46:47	Kitchener
15	Don Stafford	46:56	Cambridge
16	James Wong	47:05	Waterloo
17	Murray Stinson	47:20	Guelph
18	Ernest Matteau	47:24	Waterloo

19	Michael Burns	47:56	Waterloo			
20	Murray Smith	48:09	Wellesley			
21	Christopher Small	48:32	Elora			
22	Johan Reis	48:36	Waterloo			
23	Glenn Wilson	48:44	Victoria			
24	Rob Donelson	49:03	Waterloo			
25	Frank Claessen	49:37	Waterloo			
26	Harvey Borman	50:00	Waterloo			
27	Glenn Chatten	50:01	Waterloo			
28	Jeff Lavery	50:25	New Dundee			
29	Brian Webster	50:40	Cambridge			
30	Dave Barrett	51:13	Waterloo			
31	Peter Scott	52:46	Kitchener			
32	Jack Nahrgang	55:04	Kitchener			
33	Peter Huges	55:44	Kitchener			
34	David Bloomer	55:54	Kitchener			
35	Bill Barr	1:02:45	Elmira			
36	Conrad Hewitt	1:14:39	Waterloo			
W50						
1	Judith Dowling	48:19	Fergus			
2	Flo Currier	49:46	Kitchener			
3	Anne Schmidt	56:37	Kitchener			
4	Sheila Hultquist	59:15	Kitchener			
5	Marie Voisin	1:00:14	New Hamburg			
6	Vicky rieck	1:01:07	Stratford			
7	Jenny Ritter	1:01:09	New Hamburg			
8	Susan Yagi	1:02:36	Kitchener			
9	Susan Cook	1:04:29	Kitchener			
10	Margie Webb	1:06:28	Cambridge			
11	Kathleen Wheeler	1:11:37	Waterloo			
M50						
1	Don Jones	38:53	St. Jacobs			
2	Joe Sikora	40:07	St. Thomas			
3	Denis Feeney	41:00	Kitchener			
4	Peter Gove	41:16	Kitchener			
5	Keith McGowan	44:50	Waterloo			
6	Calvin Kotack	46:18	Kitchener			
7	Doug Smith	47:47	Toronto			
8	Dale Weber	48:16	Conestoga			
9	Glen Wasylyk	49:41	Kitchener			
10	Bob Fry	49:52	Burlington			
11	Dave Arnott	54:15	Kitchener			
12	Martin M. Wheeler	56:12	St. Marys			
13	Jerry Jean	57:12	Waterloo			
14	Douglas Jones	57:36	Waterloo			
15	Daryl Howes-Jones	58:09	Kitchener			
16	Ron Wagner	58:21	Kitchener			
17	James Morgan	59:44	Guelph			
18	Peter Morris	1:01:16	Cambridge			
19	Jon Hill	1:01:21	Waterloo			
20	Kim Davies	1:01:34	Guelph			
21	Barry Culkin	1:03:50	Waterloo			
22	Gord Dupuis	1:07:42	Dundas			
W55						
1	Patricia Stortz	44:45	Mount Forest			
2	Joan S Parker	1:04:58	Kitchener			
M55						
1	Gary Cassel	41:55	Cambridge			
2	Gary Pooley	42:56	Waterloo			
3	Richard Rush	43:03	Kitchener			
4	Harry Barnes	44:35	Guelph			
5	Jim Blomfield	45:29	Waterloo			
6	Doug Cunningham	47:27	Waterloo			
7	Pierre Chateauvert	47:39	St Marys			
8	Wade Ross	48:49	Waterloo			
9	Bob Shearer	49:56	Guelph			
10	Norm Fagerdahl	50:34	Cambridge			
11	David Rafal	52:05	Brampton			
12	Jacobus de Boak	54:28	Alma			
13	Ronald Gehl	54:29	Kitchener			
14	Brian Bachert	56:08	Kitchener			
15	Bruce Irvine	57:02	Waterloo			
16	Adrian Decoo	1:03:47	Waterloo			
17	Dennis Bisnath	1:11:41	Kitchener			
W60						
1	Denise Weiler	59:22	Kitchener			
M60						
1	Vern Christensen	45:28	Toronto			
2	Keith Dechert	46:15	ELmira			
3	John A Stemerdink	49:52	Kitchener			
4	Werner Thuring	51:42	Elmira			
5	Paul Henry	52:02	Penetang			
6	Ian Lang	58:13	Waterloo			
7	Allan Coyne	1:20:53	Kitchener			
M65						
1	Jack Geddes	44:37	Toronto			
2	Peter Nicholl	52:57	Conn			
3	Bill Guenther	54:07	Kitchener			
M70						
1	Richard Graves	50:07	Toronto			
2	Bob Wild	50:09	Huntsville			
3	Meryl Schooley	1:10:24	Woodstock			
4	Arthur Wilkins	1:21:14	Otterville			

Conditions were tough—cold, driving rain, strong headwinds.

Results courtesy of **Chiptime Results**

Ed. Note—George provided three shots, so I had to publish my own picture. :-)