

Canadian Masters Marathon Championships
National Capital Marathon
May 30, 2010

Women

Note: Canadian Masters 5-Year Age Group Medals - Top 3 Canadians - * - First, ** - Second, *** - Third.

Women 30 - 34 Awards (Submasters) - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:37:55.9	F7	ALEKSANDROVA, GALINA			RUS	F30-34
2	2:39:07.3	F11	DUCHENE, KRISTA	Brantford	ON	CAN	F30-34 *
3	2:51:40.6	F19	GALLAGHER, HEATHER	Calgary	AB	CAN	F30-34 **
4	2:53:44.5	F16	AVERY, LISA	Wellington	ON	CAN	F30-34 ***
5	2:57:03.8	F23	LI, SUET-FEI	Schaumburg	IL	HKG	F30-34
6	3:06:24.0	F26	MARTINEZ, ANGELICA	Montréal	QC	CAN	F30-34
7	3:08:41.2	1118	CHABOT, MARIELLE	Longueuil	QC	CAN	F30-34
8	3:10:50.7	1245	GAMBLE, JILL	Owen Sound	ON	CAN	F30-34
9	3:15:47.4	F21	PELCHAT, MARIANNE	Quebec	QC	CAN	F30-34
10	3:18:14.7	958	YOUNG, AIMEE	Fergus	ON	CAN	F30-34

Women 35 - 39 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:36:46.2	F9	RAIF, SAMIRA	Briarcliffe Manor	NY	MAR	F35-39
2	2:50:54.8	F13	MERILAINEN, JUTTA	Batawa	ON	CAN	F35-39 *
3	3:03:20.2	767	SCHULER, MICHELLE	Ottawa	ON	CAN	F35-39 **
4	3:18:45.9	1038	NORMAND, JOANNE	Levis	QC	CAN	F35-39 ***
5	3:21:30.7	812	BALERNA, LISA	Ottawa	ON	CAN	F35-39
6	3:28:08.5	1258	STRACHAN, DARIA	Ottawa	ON	CAN	F35-39
7	3:28:27.2	951	BLOUIN, GENEVIEVE	Quebec	QC	CAN	F35-39
8	3:28:42.5	2041	LAJEUNESSE, PASCALE	Montreal	QC	CAN	F35-39
9	3:29:00.8	1032	ELLIOTT, CHARLENE	Calgary	AB	CAN	F35-39
10	3:31:31.7	1538	YOUNG, AIMEE	Kingston	ON	CAN	F35-39

Women 40 - 44 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:47:55.9	F15	GRENON, MYRIAM	Longueuil	QC	CAN	F40-44 *
2	2:54:09.3	F18	NICHOLSON, JEN	Cornwall	PEI	CAN	F40-44 **
3	3:01:50.0	F24	ST-MARTIN, VALERIE	Quebec	QC	CAN	F40-44 ***
4	3:07:10.3	110	CORMIER, JULIE	Quebec	QC	CAN	F40-44
5	3:18:15.9	1521	REDDEN, KIMBERLY	Ottawa	ON	CAN	F40-44
6	3:27:43.9	2496	FINNERTY, KELLY	Belle River	ON	CAN	F40-44
7	3:30:31.3	4552	O'MALLEY, CAROL	Carp	ON	CAN	F40-44
8	3:33:59.4	1183	HUGHES, JOANNE	Tempe	ON	CAN	F40-44
9	3:35:53.7	1131	MACISAAC- GALLANT, LINDA	Summerside	PEI	CAN	F40-44
10	3:38:52.9	1640	BEEHLER, IRENE	Ottawa	ON	CAN	F40-44

Women 45 - 49 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:12:30.3	1195	BERRY, COLLEEN M.	Renfrew	ON	CAN	F45-49 *
2	3:21:39.7	1595	ADAMS, JANET	Combermere	ON	CAN	F45-49 **
3	3:21:57.0	1054	TODD, ROBIN	Cambridge	ON	CAN	F45-49 ***
4	3:25:29.6	1307	GAUTHIER, PIERRETTE	Montreal	QC	CAN	F45-49
5	3:25:49.0	1572	ALPER, DEBORAH	Montreal-ouest	QC	CAN	F45-49
6	3:28:33.8	2195	LEGENDRE, MARTINE	St-Augustin	QC	CAN	F45-49
7	3:29:20.2	1021	FORTIN, ODETTE	Charny	QC	CAN F	F45-49
8	3:31:15.8	1963	VITTE-MONY, ISABELLE	Quebec	QC	CAN	F45-49
9	3:32:54.0	1996	AUDET, JOHANNE	Gatineau	QC	CAN	F45-49

10 3:35:06.5 4436 TALBOT, LINDA Levis QC CAN F45-49

Women 50 - 54 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:03:20.0	1371	DESMEULES, LINDA	Shipshaw	QC	CAN	F50-54 *
2	3:30:33.8	1591	PROULX, LISE	Trois-Rivieres	QC	CAN	F50-54 **
3	3:31:03.5	1454	GRACE, MAUREEN	Ottawa	ON	CAN	F50-54 ***
4	3:36:29.8	2718	HARDWICK, FRANCES	Ottawa	ON	CAN	F50-54
5	3:36:37.8	1471	DE CUYPERE, CINDY	Ottawa	ON	CAN	F50-54
6	3:39:22.0	1932	MERCIER, GUYLAINE	Saint-Nicolas	QC	CAN	F50-54
7	3:41:59.9	2502	PERRY, IRENE	Ottawa	ON	CAN	F50-54
8	3:45:22.9	2162	PELLETIER, MANON	St-Jerome	QC	CAN	F50-54
9	3:48:23.9	1849	LETARTE, LUCIE	Quebec	QC	CAN	F50-54
10	3:49:17.4	2028	DE SERRES, JULIE	Montreal	QC	CAN	F50-54

Women 55 - 59 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:40:51.2	178	COTE, LYNE	Quebec	QC	CAN	F55-59 *
2	3:41:19.3	2208	DRUHAN, CHARLENE	Antigonish	NS	CAN	F55-59 **
3	3:42:11.2	2115	HANLEY, MARY	London	ON	CAN	F55-59 ***
4	3:50:15.1	2188	REDJOUANI, YASMINA	Laval	QC	CAN	F55-59
5	3:58:18.7	2632	HOLTOM, DEBORAH	Howe Island	ON	CAN	F55-59
6	3:58:33.9	2846	FRIEDMAN, DOREEN	Montreal	QC	CAN	F55-59
7	4:00:04.0	2448	GRAHAM, VERYLENE	Bright's Grove	ON	CAN	F55-59
8	4:02:17.9	2472	MACLEAN, CATHY	Alexandria	ON	CAN	F55-59
9	4:11:16.5	3883	SONI, BIRGIT	Markham	ON	CAN	F55-59
10	4:11:41.3	2356	LEROUX, ROBERT	Boucherville	QC	CAN	F55-59

Women 60 - 64 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	4:02:38.6	2657	DUDAR, PATRICIA	Montreal	QC	CAN	F60-64 *
2	4:13:57.6	3560	MAGHER, SUSAN	Laval	QC	CAN	F60-64 **
3	4:15:25.7	3578	KENT, HYONGOK	Montreal West	QC	CAN	F60-64 ***
4	4:17:57.7	1672	ADAMS, JUDITH	Montreal	QC	CAN	F60-64
5	4:17:59.0	3049	VON BLOEDAU, ELISABETH	RR2 White Lake	ON	CAN	F60-64
6	4:24:05.9	3326	HILTS, LINDA	Richmond	BC	CAN	F60-64
7	4:25:08.7	389	HUMPHREY, PATRICIA	Kingston	ON	CAN	F60-64
8	4:59:04.6	4032	NAPHAN, SALLY	Iqaluit	NU	CAN	F60-64
9	4:59:15.3	4603	HODKIN, LINDA	Toronto	ON	CAN	F60-64
10	4:59:58.4	297	DONELLE EASTON, LUCIENNE	Moncton	NB	CAN	F60-64

Women 65 - 69 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	4:56:37.6	4208	THOMAS, ELEANOR	Ottawa	ON	CAN	F65-69 *
2	5:35:05.3	4644	SAWARNA, PATRICIA	Oxford Mills	ON	CAN	F65-69 **
3	5:50:49.3	4419	HARTLEY, BARBARA	Toronto	ON	CAN	F65-69 ***

Women 70 & Over Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	6:16:38.0	353	BURN, BODIL	Peterborough	ON	CAN	F70-74 *

Men

Note: Canadian Masters 5-Year Age Group Medals - * - First, ** - Second, *** - Third.

Men 30 - 34 Awards (Submasters) - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:16:41.8	29	ONGERI, JOSEPHAT	Burlington	ON	KEN	M30-34
2	2:20:44.3	16	KIPKETER, FRANCIS CHESUMEI	Montreal	QC	KEN	M30-34
3	2:21:46.3	30	DREW, STEPHEN	Kitchener	ON	CAN	M30-34 *
4	2:21:58.6	24	OSADUIK, STEVEN	Langley	BC	CAN	M30-34 **
5	2:31:51.2	811	NAKATA, TAKASHI	Tokyo	JP	JPN	M30-34
6	2:34:04.5	716	PAPADIMITRIOU, STANISLAS	Quebec City	QC	CAN	M30-34 ***
7	2:42:50.3	827	DRUCE, IAN	Vancouver	BC	CAN	M30-34
8	2:45:36.8	709	FRECHETTE, GUILLAUME	Victoriaville	QC	CAN	M30-34
9	2:48:41.7	745	CLARK, PHILIPPE	Prevost	QC	CAN	M30-34
10	2:53:42.1	1492	GAGNE, JACQUES	Lanoraie	QC	CAN	M30-34

Men 35 - 39 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:33:43.1	780	FELEKE, DANIEL	Toronto	ON	CAN	M35-39 *
2	2:39:37.6	693	ROULIER, SEBASTIEN	Sherbrooke	QC	CAN	M35-39 **
3	2:41:03.5	726	EKEGERD, PER	Pierrefonds	QC	CAN	M35-39 ***
4	2:45:40.4	725	PENNY, BLAINE	Calgary	AB	CAN	M35-39
5	2:47:19.0	721	ETHIER, STEPHAN	Ottawa	ON	CAN	M35-39
6	2:47:59.8	668	MUELLER, MIKE	CFB Halifax	NS	CAN	M35-39
7	2:51:54.9	117	MCDONALD, RYAN	Thunder Bay	ON	CAN	M35-39
8	2:53:48.9	689	GRONDIN, MATHIEU	Boucherville	QC	CAN	M35-39
9	2:54:26.6	730	ANDERSON, STEPHEN	Ottawa	ON	CAN	M35-39
10	2:55:12.9	814	PROULX, ALEXANDRE	Sherbrooke	QC	CAN	M35-39

Men 40 - 44 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:34:26.7	26	PETERSON, PEPI	Montreal	QC	CAN	M40-44 *
2	2:38:01.9	37	POLI, JEAN-PIERRE	Montreal	QC	FRA	M40-44
3	2:40:47.3	795	MORAN, TIM	Toronto	ON	CAN	M40-44 **
4	2:42:20.0	28	LANCTOT, BORIS	Longueuil	QC	CAN	M40-44 ***
5	2:46:02.9	724	SHEEL, BILL	Vancouver	BC	CAN	M40-44
6	2:46:45.9	36	VALLEE, NICOLAS	Beaconsfield	QC	CAN	M40-44
7	2:52:28.5	781	PERRON, STEPHAN	La baie	QC	CAN	M40-44
8	2:55:03.7	715	TRAHAN, GILLES	Hawkesbury	ON	CAN	M40-44
9	2:55:06.7	722	BOUDREAU, CAMILIE	Quebec	QC	CAN	M40-44
10	2:56:50.0	755	DESHARNAIS, DANIEL	Fossambault-	QC	CAN	M40-44

Men 45 - 49 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:35:06.0	31	GARNIER, LOUIS-PHILIPPE	Montréal	QC	CAN	M45-49 *
2	2:41:06.5	698	DORVAL, GUY	Quebec	QC	CAN	M45-49 **
3	2:45:45.5	768	SULLIVAN, MARK	Freeburg	PA	USA	M45-49
4	2:47:34.9	797	BOURGEOIS, GILLES	Quebec	QC	CAN	M45-49 ***
5	2:47:55.9	833	MCCOSHAM, LEO	Charlottetown	PEI	CAN	M45-49
6	2:48:39.3	801	MACKNIE, CHRIS	Ottawa	ON	CAN	M45-49
7	2:49:04.4	802	MACKENZIE, PATRICK	Gatineau	QC	CAN	M45-49
8	2:49:29.0	793	KEARNS, PHILIPPE	Ottawa	ON	CAN	M45-49
9	2:49:44.6	783	DALTON, BRUCE	Ottawa	ON	CAN	M45-49
10	2:49:58.0	714	GUERIN, REMY	Charny	QC	CAN	M45-49

Men 50 - 54 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:45:26.1	707	BOURGOUIN, REJEAN	St Jerome	QC	CAN	M50-54 *
2	2:53:44.5	835	CHARRON, MAURICE	Rockland	ON	CAN	M50-54 **
3	2:56:25.4	678	LARKIN, STANLEY	St-Basile-Le-Grande	QC	CAN	M50-54 ***
4	2:57:21.7	4530	AUBRY, GERALD	Ottawa	ON	CAN	M50-54
5	3:02:32.2	1501	NOGAS, DAVID	Ottawa	ON	CAN	M50-54
6	3:03:11.8	1133	MARCOTTE, DANIEL	Saint-Nicolas	QC	CAN	M50-54

7	3:04:01.4	817 FOLEY, PAUL	Ottawa	ON	CAN	M50-54
8	3:04:40.5	713 BIKLO, ERIC	Greely	ON	CAN	M50-54
9	3:06:04.8	1493 CAMPBELL, STEWART	Pembroke	ON	CAN	M50-54
10	3:08:38.7	244 BOULET, GERVAIS	Cookshire eaton	QC	CAN	M50-54

Men 55 - 59 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:58:32.2	676	LAWSON, BRADLEY	Ottawa	ON CAN		M55-59 *
2	3:08:08.7	679	BORSOS, RICHARD	Gatineau	QC CAN		M55-59 **
3	3:10:43.1	1165	ST-PIERRE, JEAN-CLAUDE	Quebec	ON CAN		M55-59 ***
4	3:11:26.1	911	MARTEL, ROBERT	Levis	QC CAN		M55-59
5	3:14:28.8	1012	LEFEBVRE, DENIS L.	Quebec	QC CAN		M55-59
6	3:15:48.9	1178	WAY, PETER	Ottawa	ON CAN		M55-59
7	3:17:19.8	1092	MORIN, DENIS	Pointe-Claire	QC CAN		M55-59
8	3:17:53.9	1434	YAEGER, DAVE	Ottawa	ON CAN		M55-59
9	3:21:10.4	671	DAWES, RAYMOND	Barry's Bay	ON CAN		M55-59
10	3:21:36.0	1412	CHARBONNEAU, MICHEL	Chicoutimi	QC CAN		M55-59

Men 60 - 64 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:09:13.6	948	LACASSE, GILLES	Cap-Sante	QC	CAN	M60-64 *
2	3:24:24.1	1129	BOUCHARD, LAURENT	Pintendre	QC	CAN	M60-64 **
3	3:26:14.5	1386	FETTES, IAN	North Bay	ON	CAN	M60-64 ***
4	3:28:19.6	1394	DION, RAYMOND	Sherbrooke	QC	CAN	M60-64
5	3:30:12.2	1170	AUDET, RAYMOND	Baie St-Paul	QC	CAN	M60-64
6	3:31:54.4	1064	ANDERSON, BRIAN	BrookfieldN	NS	CAN	M60-64
7	3:36:44.1	1480	MURPHY, LEO	Ottawa	ON	CAN	M60-64
8	3:37:34.9	2600	HETHERINGTON, JOHN	Mcdonald's Corner	ON	CAN	M60-64
9	3:39:37.6	2171	BRAND, ED	Kingston	ON	CAN	M60-64
10	3:39:49.4	2552	BOUCHARD, LEON	Alma	QC	CAN	M60-64

Men 65 - 69 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:26:58.8	1613	ZAWADA, JOHN	Alexandria	ON	CAN	M65-69 *
2	3:33:46.3	2832	PROULX, GILLES	Repentigny	QC	CAN	M65-69 **
3	3:33:52.5	2577	DUNBAR, TONY	Brockville	ON	CAN	M65-69 ***
4	3:38:59.4	1284	DROLET, RENALD	St-andre de lac	QC	CAN	M65-69
5	3:40:45.8	4515	BOIVIN, NAPOLEON	Saint-Romuald	QC	CAN	M65-69
6	3:49:08.7	4773	JERMYN, CHRIS	Ottawa	ON	CAN	M65-69
7	3:53:24.1	2736	RYAN, JIM	Ottawa	ON	CAN	M65-69
8	3:55:11.7	4489	VANDOOREN, NICHOLAS	Waterdown	ON	CAN	M65-69
9	3:57:42.3	3398	LAJOIE, PAUL	Isle-aux-coudres	QC	CAN	M65-69
10	3:58:00.7	2264	TAYLOR, ALAN	Hudson	QC	CAN	M65-69

Men 70 - 74 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	4:03:04.0	2540	BOBELDIJK, VOLKERT	Pembroke	ON	CAN	M70-74 *
2	4:27:56.8	3438	LANGLOIS, RAYMOND	Mont-Tremblant	QC	CAN	M70-74 **
3	4:47:36.8	4446	CLEARY, JOE	Georgetown	ON	CAN	M70-74 ***
4	5:40:25.1	4590	RICE, RON	Englehart	ON	CAN	M70-74
5	5:57:00.7	4175	FRICKER, DANIEL	Waterville	QC	CAN	M70-74
6	6:37:28.7	4145	STODDART, JOHN	Ottawa	ON	CAN	M70-74
7	6:41:45.9	285	BENNETT, GARY	Westmount	QC	CAN	M70-74
8	6:47:18.2	4466	PHILLIPS JR, ALFRED	Ithaca	NY	USA	M70-74

Men 75 & over Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	4:47:14.7	3923	CORMIER, CONRAD	LaSalle	QC	CAN	M75-79 *
2	5:43:11.6	4359	TREMBLAY, GERARD	St-Jean	QC	CAN	M75-79 **

Canadian Masters Half Marathon Championships National Capital Marathon May 30, 2010

Women

Note: Canadian Masters 5-Year Age Group Medals - Top 3 Canadians - * - First, ** - Second, *** - Third.

Women 30 - 34 Awards (Submasters) - Half Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:20:12.2	6841	LEFEBVRE, KARINE	Lac-Beauport	QC	CAN	F30-34 *
2	1:25:44.4	6904	DESBIENS, LOUIS	Becancour	QC	CAN	F30-34 **
3	1:26:51.1	14156	CHENARD, MELISSA	Quebec	QC	CAN	F30-34 ***
4	1:29:14.5	13777	ROBERT, CATHERINE	Gatineau	QC	CAN	F30-34
5	1:29:30.7	14353	MOLYNEUX, JAIME	Philadelphia	PA	USA	F30-34
6	1:31:23.4	6872	ERDMANN, SASKIA	Berlin	GE	GER	F30-34
7	1:33:17.9	5045	O'BRIEN, ANITA	Prince George	BC	CAN	F30-34
8	1:35:47.6	13121	SMITH, CATHERINE	Toronto	ON	CAN	F30-34
9	1:36:20.2	14408	BRONGEL, ANNIE	St-basile-le-grande	QC	CAN	F30-34
10	1:36:56.8	12941	MARION-BELLEMARE, LOUISA	Timmins	ON	CAN	F30-34

Women 35 - 39 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:20:17.6	15748	DANAIS, MARIE	Quebec	QC	CAN	F35-39 *
2	1:32:27.0	5981	CHEONG, LIZA	Kanata	ON	CAN	F35-39 **
3	1:32:50.2	11842	SUTTIE, HEATHER	Fredericton	NB	CAN	F35-39 ***
4	1:33:01.4	6677	KAIZER, KAREN	CFB Gagetown	NB	CAN	F35-39
5	1:33:13.3	14176	THOMSON, JOANNE	Ottawa	ON	CAN	F35-39
6	1:33:17.2	6827	ATKINSON, KAREN	Ottawa	ON	CAN	F35-39
7	1:34:52.8	6758	MILES-BERRY, ANGELA	Courtice	ON	CAN	F35-39
8	1:35:15.3	11451	CLARKE, NIKKI	Stittsville	ON	CAN	F35-39
9	1:35:30.3	12188	GRAVEL, MARIE-HELENE	Orleans	ON	CAN	F35-39
10	1:36:57.3	12435	SAMSON, JULIE	Timmins	ON	CAN	F35-39

Women 40 - 44 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:33:11.8	6933	CHARLES, MARILYN	Brooklyn	NY	USA	F40-44
2	1:34:13.0	9727	LEMIEUX, KATHLEEN	Ottawa	ON	CAN	F40-44 *
3	1:35:21.5	6806	MORLEY, ERIN	Kanata	ON	CAN	F40-44 **
4	1:35:28.8	6901	FLAMANT, CAROLE	Miami	FL	USA	F40-44
5	1:36:22.2	11028	TOURVILLE, JULIE	St-Tite	QC	CAN	F40-44 ***
6	1:36:24.8	14362	COKE, MARIAN	Ottawa	ON	CAN	F40-44
7	1:36:41.8	5057	BUREAU, SONIA	Boucherville	QC	CAN	F40-44
8	1:38:13.7	12925	YORKE, SUSAN	Toronto	ON	CAN	F40-44
9	1:38:24.8	10960	MARTINEZ, MONICA	Ottawa	ON	CAN	F40-44
10	1:38:57.4	13491	CAVALLIN, CAROLINE	Ottawa	ON	CAN	F40-44

Women 45 - 49 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:26:09.5	6871	DURRELL, SUSAN	Ottawa	ON	CAN	F45-49 *
2	1:28:30.5	6948	ANDREW PIEL, JUDY	Nepean	ON	CAN	F45-49 **
3	1:38:59.3	11347	THEBERGE, NATHALIE	Sorel-tracy	QC	CAN	F45-49 ***
4	1:39:18.3	11935	MEGIAS, CATHERINE	Westmount	QC	CAN	F45-49
5	1:39:21.6	5967	KELLY, CAROL	Ottawa	ON	CAN	F45-49
6	1:39:43.0	14404	HOWSON, HEIDI	Osgoode	ON	CAN	F45-49
7	1:40:11.3	12407	BAKER, KELLY	Timmins	ON	CAN	F45-49
8	1:40:22.2	12395	DROUIN, CHRISTIANE	Gatineau	QC	CAN	F45-49

9	1:40:28.7	11393	RUEL, BRIGITTE	Calgary	AB	CAN	F45-49
10	1:40:39.5	13261	KERN, MONIKA	Chelsea	QC	CAN	F45-49

Women 50 - 54 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:29:13.2	6983	SANCHEZ, JENNIFER	Wakefield	QC	CAN	F50-54 *
2	1:30:53.2	6930	CARSON, SHERRY	Ottawa	ON	CAN	F50-54 **
3	1:42:15.1	11729	SHARPE, DIANNE	Fredericton	NE	CAN	F50-54 ***
4	1:43:17.8	12029	BEZEAU, ANNE-MARIE	St-Augustin	QC	CAN	F50-54
5	1:43:18.9	14291	DE VETTE, THOMAS	Sherbrooke	QC	CAN	F50-54
6	1:44:14.4	6926	MORRISON, NANCY	Ottawa	ON	CAN	F50-54
7	1:47:24.5	11043	BIRCH, JEAN	Belleville	ON	CAN	F50-54
8	1:47:47.6	12002	WRIGHT, SUE	Harrisburg	PA	USA	F50-54
9	1:48:45.3	7637	LEFEBVRE, JANET	Stittsville	ON	CAN	F50-54
10	1:49:06.8	14273	EDWARDS, MAUREEN	Navan	ON	CAN	F50-54

Women 55 - 59 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:38:02.0	11969	HUOT, MARILYN	St.Lambert	QC	CAN	F55-59 *
2	1:44:15.9	12508	JACQUES, NICOLE	Prevost	QC	CAN	F55-59 **
3	1:45:08.9	11457	PHILLIPS, EUNICE	Fredericton	NB	CAN	F55-59 ***
4	1:45:47.4	9247	BHERER, NICOLE	Chicoutimi	QC	CAN	F55-59
5	1:50:56.3	10970	LABUC, JANET	Vaudreuil-Dorian	QC	CAN	F55-59
6	1:53:28.5	11359	BREDT, CATHY	Hudson	QC	CAN	F55-59
7	1:54:02.2	11461	PRICE, EDITH	Fredericton	NB	CAN	F55-59
8	1:54:53.0	12348	KING, DIANA	Carleton Place	ON	CAN	F55-59
9	1:55:49.0	13474	DESGAGNE, JACYNTHE	Gatineau	QC	CAN	F55-59
10	1:56:45.3	13955	LABUN, VIOLA	Winnipeg	MB	CAN	F55-59

Women 60 - 64 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:57:44.0	12690	SMITH, DIANA	Westmount	QC	CAN	F60-64 *
2	1:59:49.1	8655	EDWARDS, ANNE	Ottawa	ON	CAN	F60-64 **
3	2:04:23.2	14378	SCHARGE, CATHY	Scarborough	ON	CAN	F60-64 ***
4	2:04:50.8	15330	HEINRICH, ALICE	Elmira	ON	CAN	F60-64
5	2:06:06.5	12445	SCOTT, MARILYN	Montreal Ouest	QC	CAN	F60-64
6	2:12:09.1	8011	PONTBRIAND, SUZANE	Deux Montagnes	QC	CAN	F60-64
7	2:18:18.0	14982	WEIR, MARY	Ottawa	ON	CAN	F60-64
8	2:21:49.5	7933	ARSENEAULT, PIERRETTE	Neuville	QC	CAN	F60-64
9	2:23:08.9	7198	WALTON, LORRAINE	Winnipeg	MB	CAN	F60-64
10	2:23:33.6	9182	WRIGHT, JEAN	Ottawa	ON	CAN	F60-64

Women 65 - 69 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:18:32.9	15747	MCGINN, MARTINA	Ottawa	ON	CAN	F65-69 *
2	2:31:24.1	9734	ROY, MARYLOU	Trenton	ON	CAN	F65-69 **
3	2:39:41.3	10307	SPENCER, SARAH	Ottawa	ON	CAN	F65-69 ***
4	2:42:12.7	5014	HOOBIN, PATRICIA	Kingston	ON	CAN	F65-69
5	2:46:36.9	9524	KERSLEY, SUSAN	Williamstown	ON	CAN	F65-69
6	2:46:51.5	10114	HOWARD-DAVIES, STEPHANIE	Ottawa	ON	CAN	F65-69
7	2:48:49.7	15344	CAVANAGH, LYNDA	Brockville	ON	CAN	F65-69
8	3:01:01.9	14471	SAINT-AMOUR, LUCETTE	Saint-Hubert	QC	CAN	F65-69
9	3:04:18.6	14490	DOHERTY, CHRISTINA	London	ON	CAN	F65-69
10	3:11:32.6	14512	DUPUIS, ARLENE	Vars	ON	CAN	F65-69

Women 70 - 74 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:12:22.8	6343	WATSON, CATHERINE	Rockland	ON	CAN	F70-74 *
2	3:27:07.4	6537	ARMITAGE, KATHERINE	Quyon	QC	CAN	F70-74 **

3	3:28:34.1	6461	LEDUC, MARIE-CLAIRE	Ottawa	ON	CAN	F70-74 ***
4	3:32:31.3	6403	MURPHY, SHARON	Ottawa	ON	CAN	F70-74
5	3:53:05.6	6081	CONRAD, CHARLOTTE	Montague	PEI	CAN	F70-74
6	4:27:08.6	6475	LEE, HEATHER	Montreal	QC	CAN	F70-74

Women 75 & Over Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:02:56.6	14697	TURNER, VIOLA	Thunder Bay	ON	CAN	F75-79 *
2	3:57:00.4	10932	MAROIS, YOLANDE	Waterville	QC	CAN	F80+ **
3	4:07:18.0	6477	JOHNSON, LAURA	Toronto	ON	CAN	F80+ ***

Men

Note: Canadian Masters 5-Year Age Group Medals - Top 3 Canadians - * - First, ** - Second, *** - Third

Men 30 - 34 Awards (Submasters) - Half Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:10:11.9	6960	REDMAN, LAWTON	S. Burlington	VT	USA	M30-34
2	1:12:51.9	7010	BOURQUE, JONATHAN	Quebec	QC	CAN	M30-34 *
3	1:16:44.7	6694	POULIN, MARTIN	4 Wing Cold Lake	AB	CAN	M30-34 **
4	1:16:49.5	6962	BARR, ERIC	Harrisville	NY	USA	M30-34
5	1:21:07.3	6842	DUMONT, JEAN-PHILIPP	Gatineau	QC	CAN	M30-34 ***
6	1:21:20.0	6925	ROGERS, JOE	Ottawa	ON	CAN	M30-34
7	1:21:24.4	6705	DELISE, MARTIN	3 Wing Bagotville	QC	CAN	M30-34
8	1:21:31.6	6756	CLARKE, DAVE	Arlington	MA	USA	M30-34
9	1:22:20.1	6893	MILETTE, CHRISTIAN	Gatineau	QC	CAN	M30-34
10	1:22:28.4	6939	CHARBONNEAU, SYLVAIN	Montreal	QC	CAN	M30-34

Men 35 - 39 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:12:39.6	6974	GRANT, RYAN	Ottawa	ON	CAN	M35-39 *
2	1:18:02.6	6688	VEZINA, YANICK	CFB Valcartier	QC	CAN	M35-39 **
3	1:20:52.0	6888	SCHINDEL, MARK	Gatineau	QC	CAN	M35-39 ***
4	1:21:08.6	6840	DUROCHER, DAVID	Mont St-Hilaire	QC	CAN	M35-39
5	1:21:55.5	6980	CHARLEBOIS, ALAIN	Gatineau	QC	CAN	M35-39
6	1:23:24.1	6895	ROSS, JOE	Ottawa	ON	CAN	M35-39
7	1:23:35.6	6882	ALIGIZAKIS, NATHAN	Ottawa	ON	CAN	M35-39
8	1:23:46.3	6991	NIEDRE, PETER	Kars	ON	CAN	M35-39
9	1:24:24.4	6944	BLANCHARD, CHRIS	Montreal	QC	CAN	M35-39
10	1:24:34.7	6913	THERRIEN, PATRICK	Montreal	QC	CAN	M35-39

Men 40 - 44 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:15:22.1	6844	MONGEAU, JACQUES	Saint-Hilaire	QC	CAN	M40-44 *
2	1:16:13.7	6805	ORT, MATTHEW	Ottawa	ON	CAN	M40-44 **
3	1:18:58.7	6744	SAVARD, DENIS	Ottawa	ON	CAN	M40-44 ***
4	1:19:24.6	7013	CYR, STEVE	Shannon	QC	CAN	M40-44
5	1:19:42.4	6753	FORCESE, CRAIG	Ottawa	ON	CAN	M40-44
6	1:20:36.2	6831	FLAGEOLE, MARC	Boucherville	QC	CAN	M40-44
7	1:20:52.3	6856	MOORE, DAVID	Toronto	ON	CAN	M40-44
8	1:22:40.1	6836	PAUL, DEVASHISH	Ottawa	ON	CAN	M40-44
9	1:23:04.4	6961	ASPDEN, SHAWN	Toronto	ON	CAN	M40-44
10	1:23:52.4	15771	ALLAIRE, FRANCOIS	Chelsea	QC	CAN	M40-44

Men 45 - 49 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
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1	1:11:38.3	6685	MCNABB, STEVE	CFSU Ottawa	ON	CAN	M45-49 *
2	1:20:31.8	6947	FULLARTON, JIM	Ottawa	ON	CAN	M45-49 **
3	1:21:16.4	6950	LINDSAY, J-FRANCOIS	Alma	QC	CAN	M45-49 ***
4	1:21:17.2	6697	SEEDHOUSE, ERIK ASU	Toronto	ON	CAN	M45-49
5	1:21:39.8	6680	BELIVEAU, DANY CFSU	Ottawa	ON	CAN	M45-49
6	1:21:45.3	15767	CARRIER, PAUL	Gatineau	QC	CAN	M45-49
7	1:23:41.3	6807	LAU, MICHAEL	Ottawa	ON	CAN	M45-49
8	1:24:50.5	6707	MATTE, GREGORY	CFSU Ottawa	ON	CAN	M45-49
9	1:25:05.2	6776	COLLARD, RICK	Ottawa	ON	CAN	M45-49
10	1:25:58.7	6864	MARTIN, JEAN-DENIS	St-Nicolas	QC	CAN	M45-49

Men 50 - 54 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:20:43.1	6953	HAWTHORN, KEN	Bracebridge	ON	CAN	M50-54 *
2	1:23:00.4	6927	KARY, DAVE	Ottawa	ON	CAN	M50-54 **
3	1:23:04.7	6808	MCCOLM, EDWARD	North Bay	ON	CAN	M50-54 ***
4	1:23:07.3	6682	MALCZYNSKI, KRIS	CFSU Ottawa	ON	CAN	M50-54
5	1:25:43.8	6761	FAUCHER, PIERRE	Lachine	QC	CAN	M50-54
6	1:28:28.8	6838	SCHWARTZ, RON	Ottawa	ON	CAN	M50-54
7	1:28:54.9	6975	THAUVETTE, GERRY	Ottawa	ON	CAN	M50-54
8	1:29:31.2	15757	WEBBER, GARY	Ottawa	ON	CAN	M50-54
9	1:29:35.3	12910	TIPPETT, BRUCE	Ottawa	ON	CAN	M50-54
10	1:29:46.9	13169	FEWER, PAUL	Mount Pearl	NL	CAN	M50-54

Men 55 - 59 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:23:15.9	6784	GAUTHIER, JEAN	St-Nicolas	QC	CAN	M55-59 *
2	1:26:53.3	6787	JACKSON, JOHN	Vancouver	BC	CAN	M55-59 **
3	1:27:03.3	6766	JAMER, MURRAY	Fredericton	NB	CAN	M55-59 ***
4	1:27:44.9	6799	CORCORAN, MARC	St-Nicolas Levis	QC	CAN	M55-59
5	1:28:19.6	6921	REID, GEORGE	Chelsea	QC	CAN	M55-59
6	1:32:21.1	11731	CORMIER, ROBERT	Fredericton	NB	CAN	M55-59
7	1:37:13.6	10976	JONES, LAURENCE	Brockville	ON	CAN	M55-59
8	1:38:01.4	12438	BLAIN, SCOTT	Beachburg	ON	CAN	M55-59
9	1:38:07.3	13611	DESLAURIERS, JEAN-MARC	Boucherville	QC	CAN	M55-59
10	1:38:59.1	10991	BRITTON, WILLIAM	Ottawa	ON	CAN	M55-59

Men 60 - 64 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:26:48.8	6979	HAMILTON, KEN	Bracebridge	ON	CAN	M60-64 *
2	1:28:20.7	6954	GAUTHIER, PIERRE	Laterriere	QC	CAN	M60-64 **
3	1:29:18.3	6982	LINDSAY, KEN	Orleans	ON	CAN	M60-64 ***
4	1:30:57.6	11399	TREMPE, NORMAND	Montreal	QC	CAN	M60-64
5	1:35:24.4	11963	MASON, MICHAEL	Northfield	VT	USA	M60-64
6	1:36:10.2	13280	FLEURY, PAUL	Trois-rivieres	QC	CAN	M60-64
7	1:36:53.4	11549	BELLON, ALDO	Laval	QC	CAN	M60-64
8	1:37:34.6	6775	HETHERINGTON, DAVID	Chelsea	QC	CAN	M60-64
9	1:39:50.2	11798	PRITCHARD, KEITH	Ottawa	ON	CAN	M60-64
10	1:44:02.1	13094	HOULE, JACQUES	Curran	ON	CAN	M60-64

Men 65 - 69 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:43:47.1	11022	GILKER, RICHARD	Chelsea	QC	CAN	M65-69 *
2	1:45:51.3	14265	GRAVEL, JULES	Laterriere	QC	CAN	M65-69 **
3	1:47:43.4	10967	GOULET, YVES	Brossard	QC	CAN	M65-69 ***
4	1:52:27.0	12304	WIEBE, HENRY	Nanaimo	BC	CAN	M65-69
5	1:54:45.9	11543	BUNNETT, JOHN	North York	ON	CAN	M65-69
6	1:57:51.8	12185	JOBIN, MARCEL	St Boniface	QC	CAN	M65-69
7	2:00:04.1	14270	WALKER, CLIFFORD	St-Bruno	QC	CAN	M65-69
8	2:00:25.6	11650	HORNE, BILL	Ottawa	ON	CAN	M65-69
9	2:09:00.6	12509	DAGENAIS, PIERRE	Prevost	QC	CAN	M65-69

10 2:09:37.1 7756 PARE, JOSEPH Montreal QC CAN M65-69

Men 70 - 74 Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	1:56:32.1	11888	BRISEBOIS, ROBERT	Rockland	ON	CAN	M70-74 *
2	1:59:32.1	12439	LEGER, REJEAN	Quebec	QC	CAN	M70-74 **
3	1:59:45.2	14216	HODGSON, MERV	Maitland	ON	CAN	M70-74 ***
4	2:34:23.1	10055	TRIPP, BEN	Orangeville	ON	CAN	M70-74
5	2:46:35.0	15575	VARGAS, WILSON	Richmond Hill	NY	USA	M70-74
6	2:48:51.7	14918	RYAN, JOHN	Peterborough	ON	CAN	M70-74
7	2:58:36.8	15051	BOSTWICK, MARK	Richmond	BC	CAN	M70-74
8	3:14:46.2	6377	PIGGOTT, JOHN	Kanata	ON	CAN	M70-74
9	3:25:46.0	15602	GOUDREAU, SYLVIO	Montreal	QC	CAN	M70-74
10	3:33:45.3	15155	CHOMSKI, CLAUDE	Montreal	QC	CAN	M70-74

Men 75 & Over Awards - Half-Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:08:45.8	9083	SPINKS, NORMAN	Deep River	ON	CAN	M75-79 *
2	2:29:01.5	8048	CYMBALISTA, ARMAND	Montreal	QC	CAN	M75-79 **
3	2:38:22.4	8670	SIM, IAN	Alexandria	ON	CAN	M75-79 ***
4	2:55:36.0	15170	ADAMS, DON	Gloucester	ON	CAN	M75-79
5	3:45:24.2	11288	RUSHFORD, ALAN	Nepean	ON	CAN	M75-79

Results courtesy **Sportstats.**