

Canadian Masters Marathon Championships National Capital Marathon May 27, 2012

Women

Note: Canadian Masters 5-Year Age Group Results
Medals - Top 3 Canadians - * - First, ** - Second, *** - Third

Women 30 - 34 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:33:16.6	53	Ruth WANJIRU	Wezep		KEN	F30-34
2	2:42:38.4	58	Gladys ASIBA	Royersford		KEN	F30-34
3	2:47:42.7	64	Josianne ABOUNGONO	North York	ON	CAN	F30-34*
4	2:51:02.5	61	Jemina MISAYAURI	Tampa	FL	USA	F30-34
5	2:57:02.4	66	Andree PAQUET	Sainte-Julie	QC	CAN	F30-34**
6	2:58:33.1	3930	Tanya PORCELLATO	Guelph	ON	CAN	F30-34***
7	2:59:23.1	73	Karen GILBERT	London	ON	CAN	F30-34
8	3:01:50.7	2485	Annie JEAN	Chelsea	QC	CAN	F30-34
9	3:07:45.0	5176	Krystal LEBRETON	Peterborough	ON	CAN	F30-34
10	3:08:06.8	2253	Robyn HARDAGE	Ottawa	ON	CAN	F30-34

Women 35 - 39 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:42:52.8	65	Lisa AVERY	Orillia	ON	CAN	F35-39*
2	2:54:24.6	1559	Isabelle DION	Laval	QC	CAN	F35-39 **
3	3:03:05.1	72	Marianne PELCHAT	Quebec	QC	CAN	F35-39 ***
4	3:08:05.6	4320	Michelle SCHULER	Ottawa	ON	CAN	F35-39
5	3:09:36.6	69	Mary-Lou BUTTERFIELD	Sherbrooke	QC	CAN	F35-39
6	3:12:54.8	3911	Caroline POITRAS	St-Augustin	QC	CAN	F35-39
7	3:20:15.1	2584	Jaye KENDRICK	Kingsville	ON	CAN	F35-39
8	3:20:41.1	1390	Angela CUMMINGS	Acton	ON	CAN	F35-39
9	3:21:48.5	3622	Ellen NIKONOROVA	Ottawa	ON	CAN	F35-39
10	3:25:44.1	1378	Genevieve CROTEAU	St-Jerome	QC	CAN	F35-39

Women 40 - 44 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:49:38.7	63	Myriam GRENON	Longueuil	QC	CAN	F40-44 *
2	2:53:24.8	70	Maryse NAULT	Victoriaville	QC	CAN	F40-44 **
3	3:00:19.1	71	Valerie ST-MARTIN	Quebec	QC	CAN	F40-44 **
4	3:06:58.1	3635	Joanne NORMAND	Levis	QC	USA	F40-44
5	3:08:16.3	400	Caroline ALLARD	Laval	QC	CAN	F40-44
6	3:22:06.6	4746	Carolyn TURNER	Ottawa	ON	CAN	F40-44
7	3:22:33.1	4541	Melodie SULLIVAN	Montreal	QC	CAN	F40-44
8	3:23:04.0	3492	Elise MORENCY	Boucherville	QC	CAN	F40-44
9	3:24:36.6	4047	Leslie READE	Harrowsmith	ON	CAN	F40-44
10	3:24:36.6	3976	Laura PROCIUK	Harrowsmith	ON	CAN	F40-44

Women 45 - 49 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:12:59.4	716	Colleen BERRY	Renfrew	ON	CAN	F45-49 *
2	3:24:17.5	2953	Martine LEGENDRE	St-Augustin-De-Desmaures, QC		CAN	F45-49 **
3	3:24:21.2	4570	Linda TALBOT	Levis	QC	CAN	F45-49 ***
4	3:24:50.6	1983	Pierrette GAUTHIER	Montreal	QC	CAN	F45-49
5	3:26:14.5	497	Johanne AUDET	Combermere	ON	CAN	F45-49
6	3:26:35.3	4955	Lisa WILD	Etobicoke	ON	CAN	F45-49
7	3:28:40.5	740	Anna BIELECKI	Newmarket	ON	CAN	F45-49
8	3:37:55.6	4479	Kim STACKARUK	Oakville	ON	CAN	F45-49
9	3:38:14.8	3606	Susan NEVITT-YELLE	Ottawa	ON	CAN	F45-49
10	3:38:18.9	4892	Laetitia WARRING	Raleigh	NC	USA	F45-49

Women 50 - 54 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:09:19.2	3552	Suzanne MUNGER	Alma	QC	CAN	F50-54 *
2	3:34:34.3	492	Josee AUBIN	St-Jean-Chrysost	QC	CAN	F50-54 **
3	3:34:55.1	1062	Angie CAMERON	Chelsea	QC	CAN	F50-54 ***
4	3:35:26.3	1516	Danielle DESLOGES	Montreal	QC	CAN	F50-54
5	3:40:36.4	466	Teja ARNEZ	Cerklje Na Gor.	SL	SLV	F50-54
6	3:40:47.6	2775	Jo-Anne LANE	Markham	ON	CAN	F50-54
7	3:41:42.8	3836	Irene PERRY	Ottawa	ON	CAN	F50-54
8	3:45:27.0	5114	Nancy AVERY	St-Lambert	QC	CAN	F50-54
9	3:45:30.5	1377	Agathe CROTEAU	Quebec	QC	CAN	F50-54
10	3:48:46.4	1194	Jacqueline CHEVALIER	Toronto	ON	CAN	F50-54

Women 55 - 59 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:34:49.5	736	Nicole BHERER	Chicoutimi	QC	CAN	F55-59 *
2	3:36:12.2	3986	Lise PROULX	Trois-Rivieres	QC	CAN	F55-59 **
3	4:00:40.3	3443	Francine MINEAULT	Gatineau	QC	CAN	F55-59 ***
4	4:02:53.8	436	Louise ANGERS	Donnacona	ON	CAN	F55-59
5	4:04:44.5	3102	Nancy MACDONELL	Ottawa	ON	CAN	F55-59
6	4:09:58.1	3669	Monica O'HAGAN	Port Elgin	ON	CAN	F55-59
7	4:11:16.1	875	Lucie BOUDREAU	Gatineau	QC	CAN	F55-59
8	4:15:43.2	3114	Cathy MACLEAN	Alexandria	ON	CAN	F55-59
9	4:18:17.7	2291	Dawn HAYES	Markham	ON	CAN	F55-59
10	4:18:48.5	1248	Donalda CODY	Timberlea	NS	CAN	F55-59

Women 60 - 64 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:56:33.7	5137	Patricia DUDAR	Montreal	QC	CAN	F60-64 *
2	3:56:47.4	2113	Mary GOODACRE	Dundas	ON	CAN	F60-64 **
3	4:01:56.8	5121	Yasmina REDJOUANI	Laval	QC	CAN	F60-64 ***
4	4:18:28.8	4157	Lucette ROBITAILLE	St-Eustache	QC	CAN	F60-64
5	4:42:41.1	4917	Mary WEIR	Manotick	ON	CAN	F60-64
6	4:54:41.5	3783	Sandra PEEBLES	Victoria	BC	CAN	F60-64
7	4:55:30.5	1489	Francine DESAULNIERS	Racine	QC	CAN	F60-64
8	5:13:20.1	2840	Eva LAU	Toronto	ON	CAN	F60-64
9	5:13:49.1	4160	Rachelle ROCHELEAU	St-Hippolyte	QC	CAN	F60-64
10	5:14:00.4	2097	France GODBOUT	St-Denis De Brom	QC	CAN	F60-64

Women 65 - 69 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	5:41:58.5	519	Ivana BALDELLI	Ottawa	ON	CAN	F65-69 *
2	5:47:01.1	4008	Louise RACHLIS	Ottawa	ON	CAN	F65-69 **
3	6:04:43.7	4300	Patricia SAWARNA	Oxford Mills	ON	CAN	F65-69 ***
4	6:46:30.1	5601	Linne THOMSON	Fergus	ON	CAN	F65-69
5	DQ	5572	Gemma MATTHEIJ	Westmoune	QC	CAN	F65-69

Women 70 & Over Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
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Men

Note: Canadian Masters 5-Year Age Group Results
Medals - Top 3 Canadians - * - First, ** - Second, *** - Third

Men 30 - 34 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:09:13.7	4	Julius KARINGA	Nairobi		KEN	M30-34
2	2:11:17.3	14	Abdelkrim BOUBKER	Briarcliff Manor	NY	MOR	M30-34
3	2:11:59.1	7	Daniel RONO	Trento		KEN	M30-34
4	2:15:10.4	8	Dereje ABERA	Briarcliff Manor	NY	ETH	M30-34
5	2:18:46.6	20	Thomas OMWENGA	Victoria	BC	KEN	M30-34
6	2:27:47.0	28	Matt LEDUC	Ajax	ON	CAN	M30-34 *
7	2:29:01.1	47	Debele SENBETA	Briarcliff Manor	NY	ETH	M30-34
8	2:31:22.2	31	Brian WALKER	Winnipeg	MB	CAN	M30-34 **
9	2:43:24.9	3766	ERIC PATENAUDE	St-Jean-Chrysostom	QC	CAN	M30-34 ***
10	2:46:27.0	2093	Benoit GOBEIL	Bromont	QC	CAN	M30-34

Men 35 - 39 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:20:53.8	49	Alfredo AREVALOREYES	Guatemala	GU	GUA	M35-39
2	2:25:09.9	18	Scott Winton	Auckland		NZL	M35-39
3	2:28:00.0	33	Fethi OUKID	Montreal	QC	CAN	M35-39 *
4	2:33:57.6	25	Christian MERCIER	Quebec	QC	CAN	M35-39 **
5	2:38:57.0	44	Pascal RENARD	Ottawa	ON	CAN	M35-39 ***
6	2:41:10.9	4186	Sebastien ROULIER	Sherbrooke	QC	CAN	M35-39
7	2:44:38.7	1702	Per EKEGERD	Pierrefonds	QC	CAN	M35-39
8	2:44:53.0	1635	Marc DUENCH	Uxbridge	ON	CAN	M35-39
9	2:45:00.9	4499	Jamie STEPHENSON	Ottawa	ON	CAN	M35-39
10	2:47:39.5	386	Albert AJONKEU	Quebec	QC	CAN	M35-39

Men 40 - 44 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:44:44.6	2204	Christian GUNDLACK	Hamilton	ON	CAN	M40-44 *
2	2:45:48.7	3834	Stephan PERRON	La Baie	QC	CAN	M40-44 **
3	2:51:31.7	1059	Vincent CALDWELL	Cookshire-Eaton	QC	CAN	M40-44 ***
4	2:53:07.6	972	Kevin BRITTON	Ottawa	ON	CAN	M40-44
5	2:53:25.0	4702	Stephane F. TREMBLAY	Montreal	QC	CAN	M40-44
6	2:55:34.0	3349	Andrew MCLEAN	Ottawa	ON	CAN	M40-44
7	2:56:01.7	4104	Geoff RIGGS	Ottawa	ON	CAN	M40-44
8	2:56:11.4	4526	Martine ST-PIERRE	Sorel-Tracy	QC	CAN	M40-44
9	2:57:15.8	251	Robert PARK	Ottawa	ON	CAN	M40-44
10	2:57:55.5	869	Roch BOUCHER	Victoriaville	QC	CAN	M40-44

Men 45 - 49 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:36:52.3	29	Louis-Philippe GARNIER	Montréal	QC	CAN	M45-49 *
2	2:42:11.5	2568	Philippe KEARNS	Ottawa	ON	CAN	M45-49 **
3	2:42:45.2	32	Jean-Pierre POLI	Montreal	QC	CAN	M45-49 ***
4	2:45:12.0	4540	Mark SULLIVAN	Freeburg	PA	USA	M45-49
5	2:45:22.9	4421	Pierre SLUSAREK	La Tuque	QC	CAN	M45-49
6	2:48:43.0	1504	Daniel DESHARNAIS	Fossambault	QC	CAN	M45-49
7	2:53:00.8	4485	Serge ST-ANTOINE	Longueuil	QC	CAN	M45-49
8	2:53:39.1	2340	Bryan HIPSON	Yarmouth	NS	CAN	M45-49
9	2:53:46.2	2191	Remy GUERIN	Charny	QC	CAN	M45-49
10	2:54:32.0	128	Francis LAUZIER	St-Jean	QC	CAN	M45-49

Men 50 - 54 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:41:22.6	1593	Guy DORVAL	Quebec	QC	CAN	M50-54 *
2	2:42:23.5	2915	Gerard LECLERC	Quebec	QC	CAN	M50-54 **
3	2:54:31.1	2814	Stanley LARKIN	St-Basile-Le-Grand	QC	CAN	M50-54 ***
4	2:58:25.3	5018	Roger WYLLIE	Ottawa	ON	CAN	M50-54
5	3:02:26.7	259	Luke HOHENADEL	Guelph	ON	CAN	M50-54
6	3:02:38.4	2727	Rick LAGE	Manotick	ON	CAN	M50-54
7	3:02:39.5	3605	Dave Nevitt	Dartmouth	NS	CAN	M50-54
8	3:03:14.0	675	Anthony BENJAMIN	Orleans	ON	CAN	M50-54
9	3:03:27.0	3318	Brian MCELROY	Buffalo	NY	USA	M50-54
10	3:04:37.9	1822	Paul FOLEY	Ottawa	ON	CAN	M50-54

Men 55 - 59 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	2:59:41.2	2732	Mustapha LAHJOU	Montreal	QC	CAN	M55-59 *
2	3:08:38.3	3890	Normand PLOUFFE	Quebec	QC	CAN	M55-59 **
3	3:08:39.8	2027	Germain GEVRY	Ste-Cecile-de-Milton	QC	CAN	M55-59 ***
4	3:10:21.3	2521	Bradley JONES	Almonte	ON	CAN	M55-59
5	3:10:47.2	890	Gervais BOULET	Sherbrooke	QC	CAN	M55-59
6	3:13:50.2	4982	Pete WILSON	Listowel	ON	CAN	M55-59
7	3:15:57.6	2875	Tom LAWSON	Ottawa	ON	CAN	M55-59
8	3:18:50.9	4893	Alistair WARWICK	Ottawa	ON	CAN	M55-59
9	3:20:13.5	4632	Marc THIBODEAU	Montreal	QC	CAN	M55-59
10	3:21:10.9	4027	Bernard RANCOURT	Boule	QC	CAN	M55-59

Men 60 - 64 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:09:09.1	5132	Richard BORSOS	Ottawa	ON	CAN	M60-64 *
2	3:10:22.5	2270	Dan HARVEY	Lake Mills	WI	USA	M60-64
3	3:12:39.4	1916	Jacques GAGNON	Chelsea	QC	CAN	M60-64 **
4	3:15:14.3	2937	Denis L. LEFEBVRE	Quebec	QC	CAN	M60-64 ***
5	3:21:52.4	2088	Bruce GLASSPOOLE	Pointe Claire	QC	CAN	M60-64
6	3:27:36.0	5139	Benoit RANCOURT	Boule	QC	CAN	M60-64
7	3:28:43.2	1440	Ray DAWES	Barry's Bay	ON	CAN	M60-64
8	3:35:08.8	2536	Peter JOSEFCHAK	Naperville	IL	USA	M60-64
9	3:38:50.7	2530	Michael JONG	Happy Valley	NL	CAN	M60-64
10	3:41:03.3	5146	Greg POTTS	Ottawa	ON	CAN	M60-64

Men 65 - 69 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:20:13.0	2680	Gilles LACASSE	Cap-Sante	QC	CAN	M65-69 *
2	3:22:11.7	5149	Ken LINDSAY	Orleans	ON	CAN	M65-69 **
3	3:28:33.3	261	Marcel LAVOIE	Mercier	QC	CAN	M65-69 ***
4	3:44:13.9	1560	Raymond DION	Sherbrooke	QC	CAN	M65-69
5	3:49:32.6	1620	Renald DROLET	St-Andre du Lac	QC	CAN	M65-69
6	3:50:01.8	1664	Tony DUNBAR	Brockville	ON	CAN	M65-69
7	3:50:49.3	1270	Louis COMERTON	Ottawa	ON	CAN	M65-69
8	3:55:39.1	4236	Jim RYAN	Ottawa	ON	CAN	M65-69
9	3:56:12.4	3527	Ray MORRISSEY	Barrie	ON	CAN	M65-69
10	4:03:04.2	1929	Ivor GAIZAUSKAS	Brampton	ON	CAN	M65-69

Men 70 - 74 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	3:08:03.4	739	Sylvan NIQUETTE	Trois-Rivieres	ON	CAN	M70-74 *
2	3:16:04.2	2219	John ZAWANDA	Alexandria	ON	CAN	M70-74 **
3	4:07:29.0	4707	Wolfgang MOHAUPT	Ottawa	ON	CAN	M70-74 ***
4	4:36:07.6	3349	Roger Goulet	St-Jean Chrysost	QC	CAN	M70-74
5	4:45:52.8	162	Robert OTIS	Saint-Bruno	QC	CAN	M70-74
6	4:47:11.6	2288	Jim SCHNEIDER	Chelsea	QC	CAN	M70-74
7	5:51:25.0	1968	Michel CAREAU	Gatineau	QC	CAN	M70-74
8	6:33:145	4457	John STODDART	Ottawa	ON	CAN	M70-74

Men 75 - 79 Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
1	4:45:39.2	5112	Conrad CORMIER	Lasalle	QC	CAN	M75-79 *
2	7:01:25.7	1036	Chris BURN	Peterborough	ON	CAN	M75-79 **
3	DQ	1881	Daniel FRICKER	Waterville	QC	CAN	M75-79

Men 80 & over Awards - Marathon

Place	Run	No.	Last name, First name	City	Pr/St	Cnt	Category
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Results courtesy **Sportstats**.