

Canadian Masters Indoor Championships

2003 - Toronto / Meet Director - Brian Keaveney

2011 - Kamloops / Meet Director - Judy Armstrong

2012 - Toronto / Meet Director - Doug Smith

2013 - Toronto / Meet Director - Doug Smith

2014 - Toronto / Meet Director - Doug Smith

2015 - Toronto / Meet Director - Doug Smith

2016 - Toronto / Meet Director - Doug Smith

2017 - Toronto / Meet Director - Doug Smith

2018 - Toronto / Meet Director - Doug Smith

2019 - Edmonton / Meet Director - Athletics Alberta

2020 - Cancelled

2021 - Cancelled

2022 - Saint John / Meet Director - Bill MacMackin

Compiled by Doug Smith Doug@ontariomasters.ca

| <u>50m</u> | | | | |
|-------------------|-----------------------|-------|----|------|
| W30 | Latasha Caesar | 7.19 | ON | 2018 |
| W35 | Khama Beckles | 6.88 | ON | 2013 |
| W40 | Violeta Garfinkle | 7.41 | ON | 2017 |
| W45 | Tracy Viggers | 7.58 | ON | 2018 |
| W50 | Valerie Hargreaves | 8.25 | ON | 2018 |
| W55 | Wendy Alexis | 7.33 | ON | 2014 |
| W60 | Karla Del Grande | 7.33 | ON | 2014 |
| W65 | Deborah Lee | 8.87 | BC | 2016 |
| W70 | Carol Lafayette-Boyd | 8.1 | SK | 2017 |
| W75 | Carol Lafayette-Boyd | 8.08 | SK | 2018 |
| W80 | Christa Bortignon | 9.03 | BC | 2017 |
| | | | | |
| M30 | Alexandre Gbaguidi | 6.13 | PQ | 2013 |
| | Mike James | 6.13 | ON | 2015 |
| M35 | Alexandre Gbaguidi | 6.12 | PQ | 2017 |
| M40 | Nigel John | 6.39 | ON | 2017 |
| M45 | Nigel John | 6.39 | ON | 2018 |
| M50 | Christopher Warburton | 6.41 | ON | 2018 |
| M55 | Robert Nasato | 6.69 | ON | 2016 |
| M60 | Al Percival | 7.19 | BC | 2015 |
| M65 | Richard Lech | 7.37 | ON | 2013 |
| M70 | Robert Morley | 7.52 | ON | 2018 |
| M75 | Mike Morris | 7.93 | ON | 2018 |
| M80 | Ted Rowan | 8.13 | SK | 2014 |
| M85 | Bill Thompson | 9.53 | ON | 2015 |
| M90 | Atter Singh Sekhon | 13.47 | ON | 2018 |
| | | | | |
| <u>60m</u> | | | | |
| W30 | Jillian Simmons | 8.33 | ON | 2018 |
| W35 | Khama Beckles | 8.05 | ON | 2013 |
| W40 | LaToya Austin | 8.51 | ON | 2018 |

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|-------------|--------------------------|--------------|-----------|-------------|
| W45 | Del Grande, Karla | 8.47 | ON | 2003 |
| W50 | Kelly Silcox | 8.67 | AB | 2019 |
| W55 | Wendy Alexis | 8.59 | ON | 2014 |
| W60 | Karla Del Grande | 8.58 | ON | 2014 |
| W65 | Marie Johnson | 10.52 | BC | 2019 |
| W70 | Carol Lafayette-Boyd | 9.5 | SK | 2017 |
| W75 | Carol Lafayette-Boyd | 9.51 | SK | 2019 |
| W80 | Christa Bortignon | 10.54 | BC | 2017 |
| | | | | |
| M30 | Michael James | 7.11 | ON | 2015 |
| M35 | Michael James | 7.06 | ON | 2017 |
| M40 | Justin Sinclair | 7.35 | AB | 2019 |
| M45 | Nigel John | 7.39 | ON | 2018 |
| M50 | Karnell Vickers | 7.27 | USA | 2017 |
| M55 | Robert Nasato | 7.68 | ON | 2018 |
| M60 | Kerry Smith | 8.02 | ON | 2016 |
| M65 | Richard Lech | 8.58 | ON | 2013 |
| M70 | Mike Morris | 8.92 | ON | 2012 |
| M75 | Mike Morris | 9.62 | ON | 2017 |
| M80 | Ted Rowan | 9.70 | SK | 2014 |
| M85 | Bill Thompson | 11.41 | ON | 2015 |
| M90 | Atter Singh Sekhon | 15.62 | ON | 2018 |
| M95 | Atter Singh Sekhon | 17.19 | ON | 2019 |
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| 200m | | | | |
| W30 | Aimee Dubeau | 28.43 | ON | 2018 |
| W35 | Carty, Linda | 26.68 | USA | 2003 |
| W40 | Violeta Garfinkle | 28.23 | ON | 2018 |
| W45 | Del Grande, Karla | 28.55 | ON | 2003 |
| W50 | Kelly Silcox | 28.94 | ON | 2018 |
| W55 | Del Grande, Karla | 28.36 | ON | 2012 |
| W60 | Karla Del Grande | 28.68 | ON | 2014 |
| W65 | Marie Johnson | 36.54 | BC | 2019 |
| W70 | Carol Lafayette-Boyd | 33.66 | SK | 2017 |
| W75 | Carol Lafayette-Boyd | 32.26 WR | SK | 2019 |
| W80 | Christa Bortignon | 38.16 | BC | 2017 |
| W90 | Kotelko, Olga | 66.89 | BC | 2011 |
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| M30 | Gbaguidi, Alexandre | 23.24 | PQ | 2013 |
| M35 | Dree Ryan | 23.43 | ON | 2016 |
| M40 | Foon, Michael Lee | 23.67 | ON | 2003 |
| M45 | Khalid Mulazim | 23.74 | USA | 2013 |
| M50 | Karnell Vickers | 23.97 | USA | 2017 |
| M55 | Philippe Ollivier | 25.43 | PQ | 2022 |
| M60 | Marcel D'Eon | 27.45 | PQ | 2015 |
| M65 | Powell, Tony | 27.90 | ON | 2012 |
| M70 | Tony Powell | 28.90 | ON | 2015 |
| M75 | Mike Morris | 33.43 | ON | 2018 |
| M80 | Lesage, Norm | 33.82 | AB | 2011 |
| M85 | Bill Thompson | 41.49 | ON | 2015 |
| M90 | Atter Singh Sekhon | 68.78 | ON | 2018 |
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|-------------|------------------------|----------------|-----------|-------------|
| 400m | | | | |
| W30 | Sasha Gollish | 62.18 | ON | 2013 |
| W35 | Rachel Mintz | 63.01 | AB | 2019 |
| W40 | Jeannette Van Den Bulk | 63.43 | AB | 2019 |
| W45 | Del Grande, Karla | 62.6 | ON | 2003 |
| W50 | Annie Bunting | 64.38 | ON | 2015 |
| W55 | Del Grande, Karla | 66.12 | ON | 2012 |
| W60 | Karla Del Grande | 66.93 | ON | 2018 |
| W65 | Marie Johnson | 01:27.0 | BC | 2019 |
| W70 | Bortignon, Christa | 1:29.15 | BC | 2011 |
| W75 | Christa Bortignon | 1:26.12 | BC | 2013 |
| W80 | Alice Cole | 1:40.27 | PQ | 2015 |
| | | | | |
| M30 | Alexandre Gbaguidi | 53.75 | PQ | 2013 |
| M35 | Scott, Aston | 54.77 | USA | 2003 |
| M40 | Williams, Lawrence | 53.07 | ON | 2012 |
| M45 | Khalid Mulazim | 53.06 | USA | 2013 |
| M50 | Landen Summay | 55.69 | USA | 2017 |
| M55 | Benny James | 57.64 | USA | 2015 |
| M60 | Marcel D'Eon | 63.16 | SK | 2015 |
| M65 | Irons, Jim | 67.53 | ON | 2003 |
| M70 | Bruce Mintz | 75.02 | AB | 2017 |
| M75 | Doug Renwick | 76.53 | SK | 2017 |
| M80 | Earl Fee | 75.41 | ON | 2013 |
| M85 | Earl Fee | 1:25.74 | ON | 2016 |
| M90 | | | | |
| M95 | Atter Singh Sukhon | 3:17.45 | ON | 2019 |
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| 800m | | | | |
| W30 | Sasha Golish | 2:15.21 | ON | 2013 |
| W35 | Tanya Sakharov | 2:33.98 | ON | 2016 |
| W40 | Maru Unsworth | 2:17.09 | ON | 2018 |
| W45 | Annie Bunting | 2:22.25 | ON | 2012 |
| W50 | Annie Bunting | 2:25.13 | ON | 2015 |
| W55 | Heather O'Hagen | 2:44.15 | ON | 2017 |
| W60 | Clara Northcott | 3:07.89 | ON | 2017 |
| W70 | Judy Warick | 3:37.83 | SK | 2019 |
| W80 | Alice Cole | 3:50.97 | PQ | 2015 |
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| M30 | Ethan Davenport | 1:58.20 | ON | 2022 |
| M35 | Anderson, Travis | 2:00.52 | ON | 2012 |
| M40 | Joey Boland | 2:00.65 | AB | 2019 |
| M45 | Sherar, Mike | 2:01.94 | ON | 2012 |
| M50 | Landen Summay | 2:04.02 | USA | 2017 |
| M55 | Paul Osland | 2:10.23 | ON | 2019 |
| M60 | Greg Athayde | 2:25.24 | MB | 2022 |
| M65 | John Helliker | 2:34.48 | ON | 2017 |
| M70 | Earl Fee | 2:32.23 | ON | 2003 |
| M75 | Chris Mackie | 2:49.68 | ON | 2016 |
| M80 | Earl Fee | 3:05.33 | ON | 2013 |
| M85 | Harry Thompson | 4:20.78 | BC | 2011 |
| | Donald Currie | 4:20.78 | BC | 2019 |

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| M90 | | | | |
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| 1500m | | | | |
| W30 | Sasha Golish | 4:34.89 | ON | 2013 |
| W35 | Hopkins, Colleen | 5:03.1 | ON | 2003 |
| W40 | Mary Unsworth | 4:36.75 | ON | 2018 |
| W45 | Maria Zambroni | 4:45.82 | AB | 2017 |
| W50 | Liz Maguire | 5:05.00 | ON | 2017 |
| W55 | Makie Ohler | 5:36.98 | USA | 2018 |
| W60 | Thérèse Hérard | 5:55.42 | PQ | 2018 |
| W70 | Judy Warick | 7:28.09 | SK | 2019 |
| W80 | Alice Cole | 8:14.68 | PQ | 2017 |
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| M30 | Ethan Davenport | 4:03.26 | ON | 2022 |
| M35 | Joey Boland | 4:13.04 | ON | 2014 |
| M40 | Joey Boland | 4:16.09 | AB | 2019 |
| M45 | Jay Brecher | 4:23.77 | ON | 2019 |
| M50 | Paul Osland | 4:18.43 | ON | 2014 |
| M55 | Paul Osland | 4:35.10 | ON | 2019 |
| M60 | John Helliker | 4:59.13 | ON | 2015 |
| M65 | Ken Hamilton | 5:03.72 | ON | 2015 |
| M70 | Whitlock, Ed | 5:14.15 | ON | 2003 |
| M75 | Chris Mackie | 5:51.97 | ON | 2016 |
| M80 | Ed Whitlock | 5:48.47 | ON | 2011 |
| M85 | Ed Whitlock | 6:38.87 | ON | 2016 |
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| 3000m | | | | |
| W30 | Kelly Fitzsimmons | 11:38.62 | ON | 2016 |
| W35 | Jennifer Kehoe | 10:29.77 | ON | 2015 |
| W40 | BobbiJo Waite Lang | 10:51.88 | AB | 2013 |
| W45 | Maria Zambrano | 9:54.78 | AB | 2017 |
| W50 | Juliette Christie | 11:15.60 | BC | 2015 |
| W55 | Makie Ohler | 11:39.04 | USA | 2018 |
| W60 | Lynn Kobayashi, | 13:04.68 | ON | 2017 |
| W65 | Clara Northcott | 14:21.72 | ON | 2022 |
| W70 | Saunders, Barbara | 17:20.49 | BC | 2011 |
| | | | | |
| M30 | Ethan Davenport | 8:50.21 | ON | 2022 |
| M35 | Predrag Mladenovic | 9:08.81 | ON | 2012 |
| M40 | Michael Gill | 9:05.00 | ON | 2018 |
| M45 | Predrag Mladenovic | 9:15.50 | ON | 2018 |
| M50 | Dan Fiorini | 9:52.43 | ON | 2017 |
| M55 | Stuart Galloway | 9:42.22 | ON | 2016 |
| M60 | John Clarke | 10:57.81 | ON | 2013 |
| M65 | Ken Hamilton | 11:02.84 | ON | 2015 |
| M70 | Whitlock, Ed | 11:26.40 | ON | 2003 |
| M75 | Chris Mackie | 12:49.41 | ON | 2017 |
| M80 | Whitlock, Ed | 12:00.88 | ON | 2011 |
| M85 | Ed Whitlock | 13:41.96 | ON | 2016 |
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| 1500m Racewalk | | | | |
| W30 | Evane Michoux | 8:33.11 | PQ | 2017 |

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|-----------------------|------------------------|-----------------|-----------|-------------|
| W35 | Erin Talcott | 06:55.8 | USA | 2018 |
| W40 | Catherine McCormack | 8:36.83 | ON | 2013 |
| W45 | Claustre Bajona-Xandri | 8:18.98 | ON | 2018 |
| W50 | Archibald, Sandy | 8:20.55 | ON | 2012 |
| W55 | Wilson, Linda | 8:02.88 | ON | 2012 |
| W60 | Nancy Patten | 8:08.20 | ON | 2017 |
| W65 | Kris Kozell | 8:47.24 | ON | 2018 |
| W70 | Teresa Chiozza | 9:20.56 | ON | 2022 |
| W75 | Horne, Jean | 10:58.65 | ON | |
| W80 | Jean Horne | 11:05.43 | ON | 2015 |
| W85 | Jean Horne | 11:53.48 | ON | 2018 |
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| M35 | Jocelyn Ruest | 6:41.06 | PQ | 2017 |
| M40 | Dmitry Babenko | 6:16.17 | BC | 2016 |
| M45 | Dmitry Babenko | 6:36.58 | BC | 2019 |
| M50 | Yvan Béchar | 6:38.76 | PQ | 2017 |
| M55 | Dave Talcott | 6:38.27 | USA | 2017 |
| M60 | Henry Charrois | 7:24.59 | AB | 2013 |
| M65 | Henry Charrois | 7:50.41 | AB | 2017 |
| M70 | John Kittredge | 8:19.20 | ON | 2015 |
| M75 | Marcel Jobin | 8:31.04 | PQ | 2017 |
| M80 | Herve LeBlanc | 10:35.23 | PQ | 2022 |
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| 3000m Racewalk | | | | |
| W30 | Evane Michoux | 18:04.64 | PQ | 2017 |
| W35 | Erin Talcott | 14:55.40 | USA | 2018 |
| W40 | Cashman, Kitty | 16:38.6h | ON | 2003 |
| W45 | Sweazey,Nanci Patten | 15:14.0h | ON | 2003 |
| W50 | Whalen, Lily | 17:19.9h | ON | 2003 |
| W55 | Wilson, Linda | 16:54.19 | ON | 2012 |
| W60 | Nancy Patten | 17:05.15 | ON | 2017 |
| W65 | Teresa Chiozza | 18:06.32 | AB | 2017 |
| W70 | Teresa Chiozza | 19:34.82 | ON | 2022 |
| W75 | | | | |
| W80 | Jean Horne | 22:56.78 | ON | 2014 |
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| M35 | Babenko, Dmitry | 13:59.38 | BC | 2011 |
| M40 | Dmitry Babenko | 13:38.97 | BC | 2014 |
| M45 | Dmitry Babenko | 13:58.14 | BC | 2019 |
| M50 | David Swarts | 13:42.95 | USA | 2016 |
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| M55 | Dave Talcott | 13:59.7 | USA | 2017 |
| M60 | Henry Charrois | 15:57.10 | AB | 2013 |
| M65 | Henry Charrois | 16:22.52 | AB | 2017 |
| M70 | John Kittredge | 17:36.43 | ON | 2015 |
| M75 | Marcel Jobin | 18:00.77 | PQ | 2018 |
| M80 | Herve LeBlanc | 21:37.25 | PQ | 2022 |
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| 50m Hurdles | | | | |
| W30 | Marie-Eve Boudreau | 9.89 | PQ | 2015 |
| W35 | Sonia Lévesque | 9.51 | PQ | 2017 |
| W40 | Nicole Luke | 9.08 | ON | 2017 |
| W45 | Nicole Luke | 8.9 | ON | 2018 |

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| W50 | Kairy Loucks | 8.88 | ON | 2018 |
| W55 | Muriel Gieni | 8.83 | SK | 2018 |
| W60 | Rhona Trott | 9.81 | ON | 2012 |
| W65 | Deborah Lee | 11.11 | BC | 2016 |
| W70 | | | | |
| W75 | Christa Bortignon | 11.52 | BC | 2015 |
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| M30 | Jackson Hinton | 7.14 | AB | 2015 |
| M35 | David Valenzuela | 7.46 | ON | 2013 |
| M40 | Doug McLaren | 7.7 | SK | 2016 |
| M45 | Yannick Le Mouël | 7.57 | PQ | 2017 |
| M50 | | | | 2015 |
| M55 | Glenn Chipkar | 8.27 | ON | 2015 |
| M60 | Richard Lech | 9.24 | ON | 2013 |
| M65 | Richard Lech | 9.21 | ON | 2016 |
| M70 | Roland Delhomeau | 11.93 | SK | 2016 |
| M75 | Doug Renwick | 11.85 | SK | 2017 |
| M80 | Ted Rowan | 11.21 | SK | 2015 |
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| 60m Hurdles | | | | |
| W30 | | | | |
| W35 | Dedeh Erawati | 8.43 | Indonesia | 2018 |
| W40 | Nicole Luke | 10.46 | ON | 2016 |
| W45 | Nicole Luke | 10.3 | ON | 2018 |
| W50 | Freeman, BJ | 10.65 | AB | 2011 |
| W55 | Muriel Gieni | 10.23 | SK | 2018 |
| W60 | Muriel Gieni | 10.67 | SK | 2022 |
| W65 | Deborah Lee | 13.3 | BC | 2016 |
| W70 | | | | |
| W75 | Christa Bortignon | 13.86 | BC | 2015 |
| | | | | |
| M30 | Jackson Hinton | 8.39 | AB | 2015 |
| M35 | Kroeker, Tim | 8.24 | BC | 2011 |
| M40 | Doug McLaren | 8.87 | SK | 2016 |
| M45 | Yannick Le Mouël | 8.85 | PQ | 2015 |
| M50 | Yannick Le Mouël | 8.76 | PQ | 2022 |
| M55 | Glenn Chipkar | 9.67 | ON | 2015 |
| M60 | Ward Hazen | 9.44 | ON | 2015 |
| M65 | Brewer, Jess | 11.02 | BC | 2011 |
| M70 | Howard Booth | 12.73 | USA | 2016 |
| M75 | Rowan, Ted | 13.09 | SK | 2011 |
| M80 | Ted Rowan | 12.93 | SK | 2015 |
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| High Jump | | | | |
| W30 | Corina Pirvuica | 1.25 | ON | 2013 |
| W35 | Szanto, Gaby | 1.50m | ON | 2003 |
| W40 | Estwick, Leslie | 1.55m | ON | 2003 |
| W45 | Gaby Szanto (Pent) | 1.42 | ON | 2015 |
| W50 | Freeman, BJ | 1.33m | AB | 2011 |
| W55 | Miriam Cavani | 1.31 | BC | 2019 |
| W60 | Sue Hannon | 1.30 | ON | 2017 |
| W65 | Deborah Lee | 1.14 | BC | 2016 |

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|-------------------|---------------------------|-------------|-----------|-------------|
| W70 | Carol Lafayette-Boyd | 1.20 | SK | 2017 |
| W75 | Carol Lafayette-Boyd | 1.19 | SK | 2018 |
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| M30 | Richard White Jr | 2.05 | USA | 2015 |
| M35 | Richard White | 1.95 | USA | 2016 |
| M40 | Reynolds, Walt | 1.80 | USA | 2003 |
| | Zoltan Sara | 1.80 | ON | 2018 |
| M45 | Shawn Folkes | 1.70 | ON | 2016 |
| M50 | David Turkstra | 1.60 | ON | 2016 |
| | Shawn Folkes | 1.60 | ON | 2019 |
| M55 | Mark Williamson | 1.65 | USA | 2016 |
| M60 | Mark Williamson | 1.66 | USA | 2018 |
| M65 | Jim Stelfox | 1.45 | AB | 2019 |
| M70 | Heinz Peter | 1.38 | BC | 2019 |
| M75 | Doug Renwick (Pent) | 1.24 | SK | 2017 |
| M80 | Ted Rowan (Pent) | 1.15 | ON | 2014 |
| M85 | Earl Fee | 1.00 | ON | 2017 |
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| Pole Vault | | | | |
| W30 | Florence Cavilli | 3.15m | ON | 2013 |
| W35 | Szanto, Gaby | 3.00m | ON | 2003 |
| W40 | Helen Croskell | 2.45 | USA | 2015 |
| W45 | Gaby Szanto | 2.70 | ON | 2014 |
| W50 | Stubendorff, Hillen | 2.70m | GER | 2003 |
| W55 | Rhebergen, Margaret | 1.90m | BC | 2011 |
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| M30 | Josh Dorion | 3.90 | ON | 2018 |
| M35 | Lacy, Wayne | 4.00m | USA | 2003 |
| M40 | Lake, Kevin | 4.25m | ON | 2012 |
| M45 | Yannick Le Mouël | 4.10 | PQ | 2017 |
| M50 | Yannick Le Mouël | 4.15 | PQ | 2018 |
| M55 | Kilpelainen, Matti | 3.80m | USA | 2003 |
| M60 | Hawkins, John | 3.20m | BC | 2011 |
| M65 | Altendorf, John | 3.70m | USA | 2011 |
| M70 | Howard Booth | 2.75 | USA | 2016 |
| M75 | Egerton, Stan | 2.50m | ON | 2003 |
| M80 | Robert Arledge | 1.80 | USA | 2017 |
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| Long Jump | | | | |
| W30 | Aimee Dubeau | 4.46 | ON | 2018 |
| W35 | Lorena Reyes Perez | 5.05 | ON | 2022 |
| W40 | Estwick, Leslie | 5.24 | ON | 2003 |
| W45 | Suzanne Banfill | 4.28 | PQ | 2019 |
| W50 | Kairy Loucks | 4.18 | AB | 2018 |
| W55 | Muriel Gieni | 4.34 | SK | 2015 |
| W60 | Cindy O'Brien Hugh | 4.14 | BC | 2019 |
| W65 | Deborah Lee | 3.47 | BC | 2019 |
| W70 | Carol Lafayette-Boyd | 3.77 | SK | 2017 |
| W75 | Carol Lafayette-Boyd | 3.59 | SK | 2018 |
| W80 | Christa Bortignon | 3.02 | BC | 2017 |
| W90 | Kotelko, Olga | 1.70m | BC | 2011 |
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| M30 | Latham, Clayton | 7.34m | ON | 2012 |
| M35 | Dwight Liburd | 6.27 | BC | 2019 |
| M40 | Robinson, Jason | 6.54m | ON | 2012 |
| M45 | Nigel John | 6.20 | ON | 2018 |
| M50 | Gezim Dimnaku | 5.64 | PQ | 2022 |
| M55 | Lech, Richard | 5.43m | ON | 2003 |
| M60 | Slater, Alan | 5.15m | ON | 2003 |
| M65 | Roy Turkington | 3.93 | BC | 2017 |
| M70 | Ross Belyea | 3.79 | NB | 2017 |
| M75 | Doug Renwick (Pent) | 3.67 | SK | 2017 |
| M80 | Ted Rowan (Pent) | 3.59 | SK | 2014 |
| M85 | | | | |
| M90 | | | | |
| M95 | Atter Singht Sekhon | 1.45 | ON | 2019 |
| | | | | |
| Triple Jump | | | | |
| W30 | Laura Baker | 9.34m | ON | 2014 |
| W35 | Dash Newington | 9.12 | USA | 2022 |
| W40 | Michelle Hastick-Cowell | 10.64 | ON | 2015 |
| W45 | Suzanne Banfill | 8.92 | PQ | 2019 |
| W50 | Kairy Loucks | 8.69 | ON | 2018 |
| W55 | Muriel Gieni | 9.44 | SK | 2017 |
| W60 | Muriel Gieni | 8.63 | SK | 2022 |
| W65 | Deborah Lee | 7.52 | BC | 2019 |
| W70 | Carol Lafayette-Boyd | 7.51 | SK | 2017 |
| W75 | Carol Lafayette-Boyd | 7.88 | SK | 2019 |
| W80 | Christa Bortignon | 6.91 | BC | 2017 |
| W90 | Kotelko, Olga | 3.97m | BC | 2011 |
| | | | | |
| W30 | Chris Wrobel | 10.67 | ON | 2016 |
| M35 | Jonathan Younker | 12.47 | ON | 2015 |
| M40 | Moore, Curtis | 12.36m | ON | 2012 |
| M45 | Lenroy Munro | 11.60 | ON | 2017 |
| M50 | Gezim Dimnaku | 11.88 | PQ | 2022 |
| M55 | Mihai Ene | 11.67 | ON | 2018 |
| M60 | Thevarajan Sinnathurai | 10.82 | ON | 2015 |
| M65 | Brewer, Jess | 8.32m | BC | 2011 |
| M70 | Ross Belyea | 8.00 | NB | 2017 |
| M75 | Ross Belyea | 7.89 | NB | 2022 |
| M80 | Ted Rowan | 7.35m | SK | 2014 |
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| Shot Put | | | | |
| W30 | | | | |
| W35 | Marie-Josée Le Jour | 11.57 | ON | 2016 |
| W40 | Padideh Bolorizadeh | 11.57 | ON | 2018 |
| W45 | Tracy Viggers | 10.62 | ON | 2018 |
| W50 | Georgette Reed | 11.94 | AB | 2019 |
| W55 | Elizabeth Hill | 10.93 | ON | 2016 |
| W60 | Doreen Garner | 9.90 | ON | 2017 |
| W65 | Doreen Garner | 9.83 | ON | 2019 |
| W70 | Cheryl Closkey | 6.90 | BC | 2018 |
| W75 | Yuko Nakano | 8.05 | AB | 2019 |

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| W80 | Tomsons, Velta | 6.48m | ON | 2012 |
| W85 | Velta Tomsons | 6.12m | ON | 2013 |
| W90 | Kotelko, Olga | 5.74m | BC | 2011 |
| | | | | |
| M30 | Scott Paterson | 12.94 | AB | 2018 |
| M35 | Fernando Cornejo | 12.98 | ON | 2017 |
| M40 | Ramakrisahnan Lakshmanan | 12.52 | AB | 2019 |
| M45 | Paul Gautier | 13.25m | NB | 2014 |
| M50 | Paul Rains | 13.18 | AB | 2019 |
| M55 | Paul Gautier | 13.57 | NB | 2022 |
| M60 | Hawkins, John | 12.38m | BC | 2011 |
| M65 | Tim Cederblad | 13.02 | USA | 2016 |
| M70 | Glowacki, Marek | 12.98m | BC | 2011 |
| M75 | Marak Glowacki | 10.71 | BC | 2019 |
| M80 | Sillantaus, Rainer | 11.27m | BC | 2011 |
| M85 | Viskers, Evalds | 7.74m | ON | 2012 |
| M90 | Falconer, William | 5.18m | BC | 2011 |
| | | | | |
| Weight Throw | | | | |
| W30 | Marie-Josée Le Jour | 17.28m | ON | 2012 |
| W35 | Marie-Josée Le Jour | 15.19 | ON | 2016 |
| W40 | Little, Tatiana | 9.06m | BC | 2011 |
| W45 | Willow McCarthy | 9.75 | ON | 2017 |
| W50 | Georgette Reed | 12.33 | AB | 2019 |
| W55 | Kristen Dajia | 11.92 | ON | 2018 |
| W60 | Rhona Trott | 11.46m | ON | 2013 |
| W65 | Laura Hessel | 11.43` | AB | 2022 |
| W70 | Cheryl Closkey | 10.44 | BC | 2019 |
| W75 | Yuko Nakano | 8.51 | AB | 2019 |
| W90 | Kotelko, Olga | 7.51m | BC | 2011 |
| | | | | |
| M30 | Baines, Jason | 17.85m | ON | 2012 |
| M35 | Scott Paterson | 12.7 | AB | 2019 |
| M40 | Dale Andrew | 10.39 | AB | 2019 |
| M45 | Wettenhall, Jim | 16.65 | USA | 2003 |
| M50 | Ayman Mazhar | 17.36 | ON | 2014 |
| M55 | Wettenhall, Jim | 18.32 | USA | 2012 |
| M60 | Jan Graczyk | 17.32 | ON | 2013 |
| M65 | Tim Cederblad | 14.99 | USA | 2016 |
| M70 | John Kaspeski | 15.27 | ON | 2016 |
| M75 | Emil Muller | 15.04 | ON | 2012 |
| M80 | Emil Muller | 14.66 | ON | 2016 |
| M90 | Falconer, William | 5.73 | BC | 2011 |
| M95 | Atter Singh Sekhon | 4.71 | ON | 2019 |
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| 4 X 200m Relay | | | | |
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| W30 | UTTC | 2:02.47 | | 2017 |
| | Garfinkle, Santarossa, O'Hagen, Carew | | | |
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| W35 | JamCan Athletics | 2:00.9 | | 2018 |
| | Luke, King, Thompson, McLean | | | |

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| W40 | St Jean Olympique | 02:10.1 | | 2015 |
| | Métivier, Le Mouël, Lacroix, Van Duyse | | | |
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| W45 | Unattached | 2:01.45 | | 2017 |
| | Del Grande, Alexis, Bonneau, Rice | | | |
| | | | | |
| M30 | Quebec | 01:39.6 | | 2012 |
| | Dore, Justason, Tourville, Gbaguidi | | | |
| | | | | |
| M35 | Ontario | 01:39.5 | | 2012 |
| | S.Smyth, Macias, Skeete, Mitchell | | | |
| | | | | |
| M40 | Quebec | 01:38.3 | | 2012 |
| | Tavitian, Lemassif, Le Mouel, Kangni | | | |
| | | | | |
| M45 | JamCan | 1:48.72 | | 2018 |
| | John, Folkes, Geohagen, Reid | | | |
| | | | | |
| M55 | JamCan Athletics | 1:55.72 | | 2018 |
| | Baptiste, Baldsing, Lee Foon, Nasato | | | |
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| M60 | Unattached | 2:12.88 | | 2017 |
| | Belyea, Graham, Mintz, Turkington | | | |
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| M70 | Greyhound Masters | 02:19.6 | | 2019 |
| | Ukonmaanaho, Birring, Mintz, Sandhu | | | |
| | | | | |
| M75 | Unattached | 2:42.79 | | 2017 |
| | Renwick, Moore, Christensen, Mackie | | | |
| | | | | |
| M80 | Ontario | 02:33.4 | | 2013 |
| | Whitlock, Thompson, Wardle, Fee | | | |
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| 4 X 400m Relay | | | | |
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| W35 | Unattached | 04:34.7 | | 2016 |
| | Rice, Boneau, Sakharov, Catton | | | |
| | | | | |
| W45 | Ontario | 4:48.34 | | 2014 |
| | Del Grande, Cochrane-Brink, Bailey-Mason, Bunting | | | |
| | | | | |
| W50 | Canada | 04:55.9 | | 2013 |
| | Meloche, O'Hagen, Dixon, Gold | | | |
| | | | | |
| M30 | JamCan Athletics | 4:06.21 | | 2017 |
| | Ashmeade, Bass, Reid, John | | | |
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| M45 | JamCan Athletics | 4:08.92 | | 2018 |
| | John, Folkes, Geohagen, Reid | | | |
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|------------------------------------------------------------|-----------------------------------------|-------------|-----------|-------------|
| M50 | Unattached Ontario | 03:50.2 | | 2018 |
| | S. Faucher, Dyck, C. Faucher, Osland | | | |
| M55 | JamCan | 05:29.3 | | 2018 |
| | Baptiste, Cilevitz, Baldsing, Lee Foon | | | |
| M70 | Ontario | 05:36.9 | | 2015 |
| | Pascoe, Taivassalo, Christensen, Mackie | | | |
| M75 | Unattached | 7:02.02 | | 2017 |
| | Moore, Renwick, Mackie, Groulx | | | |
| M80 | Ontario | 06:06.2 | | 2013 |
| | Wardle, Thompson, Whitlock, Fee | | | |
| 4 X 800m Relay | | | | |
| W50 | Canada | 10:32.7 | | 2013 |
| | Dixon, Gold, Meloche, Blanchard | | | |
| M35 | Ontario | 8:42.48 | | 2014 |
| | Osland, Brecher, Kapral, Boland | | | |
| M40 | UTTC | 08:50.0 | | 2015 |
| | Kapral, Wells, Matthews, Brecher | | | |
| M55 | Ontario | 12:22.8 | | 2013 |
| | Chee, Smith, Moses, Greenshields | | | |
| M70 | Ontario | 12:38.26 | | 2014 |
| | Mackie, Christensen, Geddes, Woodhall | | | |
| M75 | Unattached | 13:36.99 | | 2017 |
| | Renwick, Moore, Christensen, Mackie | | | |
| Pentathlon Points recalculated with 2023 WMA Tables | | | | |
| W40 | Thomas, Anita | 2174 | ON | 2012 |
| W45 | Gaby Szanto | 2809 | ON | 2015 |
| W50 | | | | |
| W55 | Jovette Jolicoeur | 2416 | AB | 2019 |
| W60 | Muriel Gieni | 3525 | SK | 2022 |
| W65 | Urith Hayley | 2086 | BC | 2019 |
| M35 | Matthew McDowall | 3249 | ON | 2018 |
| M40 | Andrew Justason | 2778 | NB | 2015 |
| M45 | Christian Fleury | 2867 | PQ | 2022 |
| M50 | Andy Justason | 3471 | NB | 2022 |
| M55 | John Siriski | 2301 | ON | 2015 |
| M60 | Phillippe Bouchard | 2687 | PQ | 2018 |
| M65 | Peter Zowkewych | 2757 | ON | 2016 |

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| M70 | Roland Delhomeau | 2323 | SK | 2015 |
| M75 | Doug Renwick | 2908 | SK | 2017 |
| M80 | Ted Rowan | 2929 | ON | 2014 |