

**Canadian Masters National 10K Champions
Under Armour Toronto 10K, June 17 2023
Age Group Results – Gun Time**

Age Group	Name		Time	City/Province
Male				
M30-34	Eric	Bang	31:05	Toronto, ON
	Paulo	Lokoro	31:17	Toronto, ON
M35-39	Danny	Morin	33:16	Toronto, ON
	Ryan	Tice	33:24	Mississauga, ON
	Jordan	Eizenga	38:16	Toronto, ON
M40-44	Michael	Logue	33:58	Aurora, ON
	Kyle	Ferguson	38:37	Toronto, ON
M45-49	Baghdad	Rachem	32:05	Verdun, QC
	Shinsuke	Adachi	34:03	North York, ON
	Mitch	Free	36:37	St. George, ON
M50-54	Jared	Riley	36:12	Brampton, ON
	Jason	Skillicorn	13:44	Toronto, ON
	Perry	Curiston	38:28	Markham, ON
M55-59	Martin	Belanger	37:53	Montreal, PQ
	Stephen	Evans	41:39	Toronto, ON
M60-64	Daniel	Fiorini	38:00	Schomberg, ON
	Patrick	Hooey	40:09	Toronto, ON
	Hamid	Behnia	40:52	Kanata, ON
M65-69	Tony	Farr	46:13	Thornhill, ON
	Ian	Carter	47:28	Toronto, ON

M70-74

John	Clarke	45:59	Orangeville, ON
Donald	McDavid	48:22	Pickering, ON
Mitchell	Kosny	56:10	Toronto, ON

Female**F30-34**

Asia	Dwyer	35:16	Toronto, ON
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F35-39

Christy	Abraham	1:34:33	Vaughan, ON
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F40-44

Jay	Smith	39:23	Edmonton, AB
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F45-49

Ana Laura	Fray	38:25	New Tecumseh, ON
Shellie	Siadatan	44:02	Toronto, ON

F55-59

Vinita	Chitte	1:00:17	North York, ON
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F60-64

Lisa	Frandsen	1:05:36	Schomberg, ON
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F70-74

F. Deborah	MacDonald-McGee	50:45	Ottawa, ON
Jane	Waterfall	54:11	Kanata, ON

F75-79

Nancy	Wells	1:02:30	Toronto, ON
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