

CANADIAN MASTERS AGE GROUP BEST ON THE ROADS APPROVED BY CMA

September 2017

Records approved in 2017 in bold

Age class grades are based on 1994 tables

M35		time					location
M35	5km	14:53	David	LE PORHO	(QU)	07Sep14	Toronto ON
M35	8 km	24:46	Bob	MOORE	(ON)	26Apr80	Toronto ON
M35	10 km	28:58	Eric	GILLIS	(ON)	23May15	Ottawa ON
M35	15 km	47:45	Bob	MOORE	(ON)	11Feb78	Toronto ON
M35	10 mile	50:50	Bob	MOORE	(ON)	13Aug76	Toronto ON
M35	20 km	1:03:05	Bob	MOORE	(ON)	14May77	Niagara ON
M35	0.5 Mar	1:04:57	Jon	BROWN	(BC)	11Oct09	Victoria BC
M35	25 km	1:23:01	Bob	MOORE	(ON)	01Mar77	Toronto ON
M35	30km	1:41:05	Rick	MANNEN	(ON)	27Mar94	Toronto ON
M35	Marathon	2:10:28	Reid	COOLSAET	(ON)	27Sep15	Berlin Germany

M40		time					location
M40	1 mile	4:22	Mike	CREERY	(BC)	23May88	Victoria BC
M40	1 mile	4:12dh	Dave	STEWART	(ON)	23Sep89	New York NY
M40	5 km	14:42	Steve	BOYD	(ON)	18Oct03	Rochester NY
M40	8 km	24:05	Dave	STEWART	(ON)	13Jan90	Naples USA
M40	5 mile	24:31	Joe	McGUIRE	(NB)	04Jul85	Houlton USA
M40	10 km	30:12	Ken	HAMILTON	(ON)	08Apr90	Washington DC
M40	10 km	29:56dh	Ken	HAMILTON	(ON)	06May90	Toronto ON
M40	15 km	45:35	Chris	McCUBBINS	(MB)	28Jun87	Portland USA
M40	10 mile	50:45	Ken	INGLIS	(ON)	29Sep84	StCatherinesON
M40	10 mile	49:54dh	Ken	FRENCH	(BC)	15May88	Penticton BC
M40	20 km	1:03:02	Chris	McCUBBINS	(MB)	24Aug86	
M40	0.5 Mar	1:06:33	Steve	BOYD	(ON)	01Jan05	Naples FL
M40	0.5 Mar	1:05:42w	Steve	BOYD	(ON)	24Oct04	Niagara ON
M40	25 km	1:21:38	Robert	MOORE	(ON)	29Aug82	Toronto ON
M40	30 km	1:38:17	Robert	MOORE	(ON)	26Mar83	HamiltonON
M40	20 mile	1:50:34	Grant	TOWNS	(MB)	11Oct87	
M40	Marathon	2:19:41	Dereck	FERNEE	(ON)	24Aug80	GlasgowSCOT

M45		time					location
M45	1 mile	4:32	Tom	TUSHINGHAM	(ON)	12Mar88	Allentown PA
M45	5 km	15:15	Tom	TUSHINGHAM	(ON)	10May87	Toronto ON
M45	5 km	15:13dh	Frank	LEWIS	(ON)	03Jul93	Toronto ON
M45	8 km	24:42	Steve	COWLEY	(ON)	13Jul92	Toronto ON

M45	5 mile	24:44	Steve	COWLEY	(ON)	24Jun92	Toronto ON
M45	10 km	31:11	Steve	BOYD	(ON)	23May09	Ottawa ON
M45	15 km	48:47	Frank	LEWIS	(ON)	22May93	Waterdown ON
M45	10 mile	52:24	Ken	INGLIS	(ON)	26Sep87	StCatherinesON
M45	20 km	1:08:35	Simon	TIMMER	(BC)	11Mar90	Comox BC
M45	0.5 Mar	1:10:00	Frank	LEWIS	(ON)	27Jun93	FairfieldUSA
M45	0.5 Mar	1:08:40w	Steve	BOYD	(ON)	26Oct08	Niagara Falls ON
M45	25 km	1:30:30	Colin	DIGNUM	(BC)	11May13	Grand RapidsMI
M45	30 km	1:43:07	Ben	JOHNS	(ON)	24Mar85	Albany NY
M45	20 mile	1:56:56	Bruce	HOLTZMAN	(BC)	21Mar81	
M45	Marathon	2:26:35	Art	TAYLOR	(ON)	09May76	Ottawa ON

M50

		time					location
M50	1 mile	4:38	Ed	WHITLOCK	(QU)	18Sep82	Toronto ON
M50	5 km	15:51	Jerry	KOOYMANS	(ON)	15Jul05	Toronto
M50	8 km	25:46	Jerry	KOOYMANS	(ON)	21Jun06	Toronto ON
M50	5 mile	25:53	Jerry	KOOYMANS	(ON)	21Jun06	Toronto ON
M50	10 km	32:58	Jerry	KOOYMANS	(ON)	01Jul06	Toronto ON
M50	10 km	32:18dh	Jerry	KOOYMANS	(ON)	07May06	Toronto ON
M50	15 km	51:20	Jerry	KOOYMANS	(ON)	30Apr06	Guelph ON
M50	10 mile	54:42	Ben	JOHNS	(ON)	27Sep86	StCatherinesON
M50	20 km	1:10:02	Hans	FENZ	(BC)	05Apr85	
M50	0.5 Mar	1:13:33	Mark	BENNETT	(BC)	16Feb14	Vancouver BC
M50	0.5 Mar	1:12:29dh	Herb	PHILLIPS	(BC)	05Feb94	Las Vegas NV
M50	25 km	1:32:26	Richard	CRAMPON	(QU)	31Jul94	ScarboroughON
M50	30 km	1:49:41	Robert	MOORE	(ON)	24Mar91	Hamilton ON
M50	20 mile	2:03:43	Bernard	BARTON	(BC)	20Mar82	
M50	Marathon	2:27:17	Art	TAYLOR	(ON)	08May77	Ottawa ON

M55

		time					location
M55	1 mile	4:50	Jerry	KOOYMANS	(ON)	12Aug10	BuffaloNY
M55	5 km	16:27	Jerry	KOOYMANS	(ON)	30Sep2012	Syracuse NY
M55	8 km	27:45	Jerry	KOOYMANS	(ON)	10Nov12	Grimsby ON
M55	8 km	27:24dh	Art	MEANEY	(NF)	04Jul99	St Johns NF
M55	5 mile	28:16	Jerry	KOOYMANS	(ON)	09SEP12	Hampton NB
M55	10 km	34:23	Herb	PHILLIPS	(BC)	15Oct95	Richmond BC
M55	15 km	53:35	Maurice	TARRANT	(BC)	24Jan88	NanaimoBC
M55	10 mile	58:52	Jim	McILWHAM	(ON)	27Sep86	StCatherinesON
M55	10 mile	58:12dh	Art	MEANEY	(NF)	11Jul99	St Johns NF
M55	20 km	1:12:54	Maurice	TARRANT	(BC)	19Mar89	Comox BC
M55	0.5 Mar	1:16:21	Bob	MOORE	(ON)	29Sep96	Toronto BC
M55	0.5 Mar	1:15:57dh	Rick	WHITING	(BC)	05Feb94	Las Vegas NV

M55	25 km	1:35:38	Jim	McILWHAM	(ON)	24Aug86	Toronto ON
M55	30 km	1:54:50	Jim	McILWHAM	(ON)	29Mar87	HamiltonON
M55	20 mile	2:07:23	Sverre	HIETANEN	(BC)		
M55	Marathon	2:40:19	Herb	PHILLIPS	(BC)	08Oct95	Victoria BC
M55	Marathon	2:38:25dh	Herb	PHILLIPS	(BC)	03Dec95	SacramentoCA

M60

		time					location
M60	1 mile	5:10	Dennis	LANG	(MB)	01Aug11	Gimli MB
M60	5 km	17:19	Ed	WHITLOCK	(ON)	16Aug92	Dundas ON
M60	5 km	17:11dh	Ed	WHITLOCK	(ON)	02Jul94	Toronto ON
M60	8 km	27:59	Ed	WHITLOCK	(ON)	05Jun94	Toronto ON
M60	5 mile	28:53	Robert	JACKSON	(NB)	13Sep15	Hampton NB
M60	10 km	35:20	Ed	WHITLOCK	(ON)	11Sep94	Toronto ON
M60	10 km	35:07dh	Ed	WHITLOCK	(ON)	01May94	Toronto ON
M60	15 km	55:25	Ed	WHITLOCK	(ON)	21May94	WaterdownON
M60	10 mile	1:00:09	Ed	WHITLOCK	(ON)	26Dec95	Hamilton ON
M60	20 km	1:15:46	Maurice	TARRANT	(BC)	11Mar90	Courteney BC
M60	0.5 Mar	1:18:38	Ed	WHITLOCK	(ON)	25Sep94	Toronto ON
M60	25 km	1:37:53	Ed	WHITLOCK	(ON)	31Jul94	ScarboroughON
M60	30 km	1:57:07	Ed	WHITLOCK	(ON)	27Mar94	Hamilton ON
M60	20 mile	2:09:56	Sverre	HIETANEN	(BC)		
M60	Marathon	2:47:02	Herb	PHILLIPS	(BC)	10Oct04	Victoria BC

M65

		time					location
M65	1mile	5:33	Barrie	DARGIE	9AB)	25May12	Edmonton
M65	5 km	17:20	Ed	WHITLOCK	(ON)	05Jul96	Toronto ON
M65	8 km	28:36	Ed	WHITLOCK	(ON)	08Jul96	Toronto ON
M65	5 mile	28:43	Ed	WHITLOCK	(ON)	11Aug96	Toronto ON
M65	10 km	36:01	Ed	WHITLOCK	(ON)	25Aug96	Toronto ON
M65	15 km	55:04	Ed	WHITLOCK	(ON)	09Jul00	Utica NY
M65	10 mile	1:00:15	Ed	WHITLOCK	(ON)	30May99	Toronto ON
M65	20 km	1:19:32	Ed	WHITLOCK	(ON)	29Sep96	Toronto ON
M65	0.5 Mar	1:19:32	Ed	WHITLOCK	(ON)	29Sep96	Toronto ON
M65	25 km	1:51:32	Sverre	HIETANEN	(BC)	09Jun85	IGAL UK
M65	30 km	1:57:35	Ed	WHITLOCK	(ON)	26Mar00	Hamilton ON
M65	20 mile	2:51:02	Ed	WHITLOCK	(ON)	14Nov99	Columbus OH
M65	Marathon	2:51:02	Ed	WHITLOCK	(ON)	14Nov99	Columbus OH

M70

		time					location
M70	1 mile	6:43	Art	PORTER	(BC)	02May92	MapleRidgeBC
M70	5 km	18:31	Ed	WHITLOCK	(ON)	29Aug03	Buffalo NY

M70	8 km	30:44	Ed	WHITLOCK	(ON)	20Jun01	Toronto ON
M70	5 mile	30:44	Ed	WHITLOCK	(ON)	20Jun01	Toronto ON
M70	10 km	37:33	Ed	WHITLOCK	(ON)	12Sep04	Toronto Isl
M70	15 km	58:55	Ed	WHITLOCK	(ON)	13Jul03	Utica NY
M70	10 mile	1:02:28	Ed	WHITLOCK	(ON)	23Aug03	Flint MI
M70	20 km	2:26:37	William	TOFFLEMIRE	(ON)	16Sept17	London ON
M70	0.5 Mar	1:22:23	Ed	WHITLOCK	(ON)	21Apr01	Grand Isl NY
M70	25 km	2:00:56	Ed	WHITLOCK	(ON)	25Mar01	Hamilton ON
M70	30 km	2:00:56	Ed	WHITLOCK	(ON)	25Mar01	Hamilton ON
M70	20 mile						
M70	Marathon	2:54:49	Ed	WHITLOCK	(ON)	26Sep04	Toronto ON

M75		time					location
M75	1 mile	6:14	Maurice	TARRANT	(BC)	10Sep05	Langford BC
M75	5 km	18:45	Ed	WHITLOCK	(ON)	14Jul06	Toronto ON
M75	8 km	35:38	Maurice	TARRANT	(BC)	15Jan06	Saanichton BC
M75	5 mile	40:39	Frank	KELLY	(NB)	13Sep15	Hampton NB
M75	10 km	40:10	Ed	WHITLOCK	(ON)	10Sep06	Toronto ON
M75	15 km	60:29	Ed	WHITLOCK	(ON)	12Nov06	Schenectady NY
M75	10 mile	1:35:03	Cyril	TOBIAS	(BC)	04Oct92	Vancouver BC
M75	10 mile	1:21:46dh	Willis	GREENAWAY	(BC)	10May98	Penticton BC
M75	20 km	1:41:46	Kurt	GELBHAAR	(ON)	14May00	Ottawa ON
M75	0.5 Mar	1:29:26	Ed	WHITLOCK	(ON)	13May07	London ON
M75	25 km	2:32:26	Duncan	MOUNSEY	(ON)	10MAY14	Grand Rapids MI
M75	30 km	2:45:47	Odino	SOLIGO	(ON)	31Mar96	HamiltonON
M75	20 mile						
M75	Marathon	3:04:54	Ed	WHITLOCK	(ON)	15Apr07	Rotterdam NL

M80		time					location
M80	1 mile						
M80	5 km	21:17	Ed	WHITLOCK	(ON)	20Aug11	Bradford ON
M80	8 km	38:15	Maurice	TARRANT	(BC)	10Jan10	Victoria BC
M80	5 mile						
M80	10 km	42:58	Ed	WHITLOCK	(ON)	11Sep11	Toronto ON
M80	15 km	1:07:05	Ed	WHITLOCK	(ON)	13Nov11	Schenectady NY
M80	10 mile						
M80	20 km						
M80	0.5 Mar	1:38:11	Ed	WHITLOCK	(ON)	15Sep13	Milton ON
M80	25 km						
M80	30 km	3:12:34	Odino	SOLIGO	(ON)	25Mar01	Hamilton ON
M80	20 mile						
M80	Marathon	3:15:54	Ed	WHITLOCK	(ON)	16Oct11	Toronto

M85		time					location
M85	5 km	29:45	Maurice	TARRANT	(BC)	24May15	Victoria BC
M85	8 km	50:02	Maurice	TARRANT	(BC)	11Jan15	Saanich BC
M85	10 km	1:07:06	Maurice	TARRANT	(BC)	25Jan15	Cobble Hill BC
M85	15 km	1:45:40	Manuel	TEODORO	(ON)	15Sep13	London ON
M85	10 mile	2:07:04	Manuel	TEODORO	(ON)	24Aug13	Flint MI
M85	0.5 Mar	1:50:47	Ed	WHITLOCK	(ON)	24Apr16	Waterloo ON
M85	Marathon	3:56:38	Ed	WHITLOCK	(ON)	16Oct16	Toronto ON

W35		time					location
W35	1 mile	5:08	Linda	FINDLEY	(ON)	29Oct83	Toronto ON
W35	5 km	15:53	Ulla	MARQUETTE	(BC)	27Mar94	Carlsbad USA
W35	8 km	26:47	Jacqueline	GAREAU	(QU)	02Apr88	ManchesterUSA
W35	5 mile	26:47	Jacqueline	GAREAU	(QU)	02Apr88	ManchesterUSA
W35	10 km	32:52	Krista	DUCHENE	(ON)	25May13	Ottawa ON
W35	15 km	52:48	Jacqueline	GAREAU	(QU)	09Jul89	Utica NY
W35	10 mile	54:43	Lizanne	BUSSIERES	(QU)	31Mar96	Washington DC
W35	20 km	1:12:25	Jacqueline	GAREAU	(QU)	11Jun89	St-Gabriel QU
W35	0.5 Mar	1:12:26	Krista	DUCHENE	(ON)	16Mar14	New York NY
W35	25 km	1:41:32	Maureen	GRIFFITH	(ON)	31Jul94	ScarboroughON
W35	30 km	1:47:04	Krista	DUCHENE	(ON)	25Mar12	Hamilton ON
W35	20 mile	2:15:01	Wendy	ROBERTSON	(BC)		
W35	Marathon	2:28:32	Krista	DUCHENE	(ON)	20Oct13	Toronto ON

W40		time					location
W40	1 mile	4:39	Erna	KOZAK	(BC)	18Jul87	
W40	5 km	16:49	Lucy	SMITH	(BC)	16Jun09	Chemainus BC
W40	8 km	27:50	Nancy	McLAREN	(BC)	17May87	
W40	5 mile	28:23	Erna	KOZAK	(BC)	31Aug87	
W40	10 km	33:38	Leah	PELLS	(BC)	24Apr05	Victoria BC
W40	15 km	54:58	Jacqueline	GAREAU	(QU)	14Mar93	Jacksonville
W40	10 mile	59:04	Janet	TAKAHASHI	(ON)	24Aug96	Flint MI
W40	20 km	1:15:20	Nancy	McLAREN	(BC)	04Apr87	
W40	0.5 Mar	1:14:58	Danuta	BARTOSZEK	(ON)	23Sep01	Toronto ON

W55

		time					location
W55	1 mile	6:16	Ruth	CARRIER	(ON)	03Oct87	Toronto ON
W55	1 mile	6:03 dh	Heather	O'HAGAN	(ON)	03June17	Streetsville ON
W55	5 km	18:46	Diane	LEGARE	(QU)	16Aug06	Dollard D-O QU
W55	8 km	32:50	Diane	PALMASON	(CAN)	12Sep93	Alexandria US
W55	5 mile	33:10	Cindy	O'DONNELL	(NS)	31Aug14	Berwick NS
W55	10 km	38:50	Diane	LEGARE	(QU)	07Oct06	Ottawa ON
W55	10 km	38:35dh	Diane	LEGARE	(QU)	09Sep07	Montreal QU
W55	15 km	59:03	Diane	LEGARE	(QU)	12Nov06	Schenectady NY
W55	10 mile	1:07:57	Carolyn	SILVEY	(ON)	06Apr12	Burlington ON
W55	20 km	1:30:24	Eileen	DORAN	(ON)	29Sep96	Toronto ON
W55	0.5 Mar	1:27:33	Patty	BLANCHARD	(NB)	21Oct12	Moncton NB
W55	25 km	1:58:10	Eileen	DORAN	(ON)	31Jul94	ScarboroughON
W55	30 km	2:11:52	Elizabeth	WAYWELL	(ON)	30Mar14	Hamilton ON
W55	20 mile	2:36:37	Jean	CLEATOR	(BC)		
W55	Marathon	3:08:10	Brenda	BAKER	(BC)	11Oct09	Victoria BC

W60

		time					location
W60	1 mile	7:26	Rayma	DIXON	(ON)	09Aug95	HaliburtonON
W60	1 mile	6:47 dh	Clara	NORTHCOTT	(ON)	03June17	Streetsville ON
W60	5 km	19:43	Diane	LEGARE	(QU)	22May11	Brossard QU
W60	8 km	34:12	Sandra	BASTEDO	(BC)	10Oct04	Victoria BC
W60	5 mile	37:26	Nancy	WELLS	(ON)	21Jun06	Toronto ON
W60	10 km	41:42	Diane	LEGARE	(QU)	10Jul11	Brossard QU
W60	15 km	1:07:31	Sandra	BASTEDO	(BC)	17Apr05	Merville BC
W60	10 mile	1:14:07	Rayma	DIXON	(ON)	24Aug91	Flint MI
W60	20 km	1:35:25	Dawn	HAMEL	(ON)	18Oct15	Toronto ON
W60	0.5 Mar	1:35:25	Dawn	HAMEL	(ON)	18Oct15	Toronto ON
W60	25 km	2:01:53	Molly	TURNER	(ON)	31Jul94	ScarboroughON
W60	30 km	2:24:51	Molly	TURNER	(ON)	29Mar98	Hamilton ON
W60	20 mile	3:03:46	Christine	DIRKS	(ON)	21Sep13	London ON
W60	Marathon	3:16:26	Diane	PALMASON	(CAN)	03May98	Vancouver BC

W65

		time					location
W65	1 mile	7:24	Hazel	CAMERON	(BC)	01May93	Maple RidgeBC
W65	5 km	21:15	Diane	LEGARE	(QC)	27Aug16	Montreal QC
W65	8 km	35:25	Diane	LEGARE	(QC)	04Sep16	Burlington VT
W65	5 mile	35:25	Diane	LEGARE	(QC)	04Sep16	Burlington VT
W65	10 km	46:18	Rosamund	DASHWOOD	(BC)	27Jul89	Eugene OR

W65	10 km	45:18 dh	Betty J	MCHUGH	(BC)	21Apr96	Vancouver BC
W65	15 km	1:13:56	Nancy	WELLS	(ON)	18Aug12	Toronto ON
W65	10 mile	1:21:10	Nancy	WELLS	(ON)	14Aug11	Toronto ON
W65	20 km	1:38:00	Rosamund	DASHWOOD	(BC)	19Mar89	Comox BC
W65	0.5 Mar	1:39:06	Roslyn	SMITH	(BC)	22Mar15	Courteney BC
W65	25 km	2:12:46	Judith	KAZDAN	(ON)	16Jun85	Brugge BEL
W65	30 km	2:38:15	Vivien	SIMS	(ON)	27Mar94	Hamilton ON
W65	20 mile						
W65	Marathon	3:39:35	Roslyn	SMITH	(BC)	11Oct15	Victoria BC

W70

		time					location
W70	1 mile	8:30	Ernestine	YEOMANS	(CAN)	15Jul90	Norwood USA
W70	1 mile	7:55 dh	Nancy	WELLS	(ON)	03June17	Streetsville ON
W70	5 km	22:44	Betty J	MCHUGH	(BC)	01Mar98	VancouverBC
W70	8 km	42:37	Molly	TURNER	(ON)	23Jun04	Toronto ON
W70	5 mile	42:37	Molly	TURNER	(ON)	23Jun04	Toronto ON
W70	10 km	47:54	Betty J	MCHUGH	(BC)	01Feb98	Richmond BC
W70	15 km	1:23:12	Lenore	MARVIN	(BC)	06Oct90	Burnaby BC
W70	10 mile	1:23:12	Lenore	MARVIN	(BC)	06Oct90	Burnaby BC
W70	20 km						
W70	0.5 Mar	1:47:03	Doris	MACLACHLAN	(ON)	16Oct16	Toronto ON
W70	25 km	2:56:28	Judith	KAZDAN	(ON)	31Jul94	ScarboroughON
W70	30 km	2:40:06	Doris	MACLACHLAN	(ON)	3Apr16	Hamilton ON
W70	20 mile						
W70	Marathon	3:59:07	Jean	MARMOREO	(ON)	20Oct13	Toronto ON
W70	Marathon	3:41:49 dh	Doris	MACLACHLAN	(ON)	07May17	Mississauga, ON

W75

		time					location
W75	1mile	8:18	Helly	VISSER	(AB)	25May12	Edmonton
W75	5 km	27:43	Alice	COLE	(QU)	14Oct12	Montreal QU
W75	8 km	41:41	Karin	VICKARS	(BC)	13Oct13	Victoria BC
W75	5 mile						
W75	10 km	52:33	Gwen	MCFARLAN	(BC)	19Sep09	Richmond
W75	15 km	2:05:17	Ernestine	YEOMANS	(CAN)	20Mar94	Cincinnati
W75	10 mile						
W75	20 km						
W75	0.5 Mar	1:50:00	Gwen	MCFARLAN	(BC)	11Oct09	Kelowna BC
W75	25 km						
W75	30 km						
W75	20 mile						

W75	Marathon	3:57:30	Gwen	MCFARLAN	(BC)	03May09	Vancouver BC

W80		time					location
W80	1 mile						
W80	5 km	28:38	Alice	COLE	(QC)	12Apr15	Montreal QC
W80	8 km	47:19	Alice	COLE	(QC)	16May15	Ottawa ON
W80	5 mile	1:05:49	Alice	COLE	(QC)	4June17	New York, NY
W80	10 km	1:01:28	Lenore	MONTGOMERY	(BC)	18Jul10	North VancouverBC
W80	15 km	2:01:26	Ivy	GRANSTROM	(BC)	07Aug94	Edmonton AB
W80	10 mile						
W80	20 km						
W80	0.5 Mar	2:04:19	Betty J	MCHUGH	(BC)	04May08	Vancouver BC
W80	25 km						
W80	30 km						
W80	20 mile						
W80	Marathon	4:12:44	Gwen	MCFARLAN	(BC)	25MAY14	Ottawa ON

W85		time					location
W85	5km	34:56	Lenore	MONTGOMERY	(BC)	10Jun16	Vancouver BC
W85	8km	55:13	Lenore	MONTGOMERY	(BC)	11SEP16	Richmond BC
W85	5 mile	1:18:39	Betty	MITHAM	(NB)	8SEP13	Hampton NB
W85	10 km	1:06:49	Betty Jean	MCHUGH	(BC)	20Jul13	Vancouver BC
W85	0.5 Mar	2:32:48	Betty J	MCHUGH	(BC)	10Feb13	Vancouver BC
W85	Marathon	5:14:26	Betty J	MCHUGH	(BC)	09Dec12	Honolulu HW

