

**Canadian Masters Athletics (CMA)  
2016 Annual Meeting of Members  
Meeting Room, Toronto Track & Field Centre  
231 Ian MacDonald Blvd., North York, ON M3J 1P3  
Saturday, March 11, 2017  
Refreshments, 3:00 pm; Meeting, 4:00 pm**

This is the regular 2016 Annual Meeting of the members of the CMA. All full masters members of each Athletics Canada branch automatically become members of the CMA each year and, as a result, we have had over 2,000 members in 2016. In order to allow as many members as possible to attend the Annual Meeting, the Board has scheduled the meeting to be held **in the Meeting Room upstairs in the Toronto Track & Field Centre**, after the day's events at the CMA 2017 Indoor Championships on Saturday, March 11, 2017.

On the next page, you will find the formal Notice of this Meeting and, on the pages that follow, details about the procedures regarding the quorum and the candidates for election to the Board and as Officers. As we do each year, our members across the country will all have a chance to vote in these elections, through the mail ballot that is attached. All members of the CMA on the date of the meeting are eligible to attend and to vote at the meeting.

Here is an overview of this Annual Meeting:

Business (the boring stuff!) – 4:00 pm:

- 2015 Annual Meeting Minutes
- 2015 - 2016 Annual Report
- Election for four positions on the 2016 - 2017 Board of Directors
- Election of the following Officers: President; Vice-President, Stadia; Vice-President, Non-Stadia; Secretary and Treasurer.
- Other Business (if any)

Non - Business (the fun stuff!):

- Lots of food! – 3:00 pm
- Discussion of the 2017 Canadian Indoor and Outdoor Championships
- Reliving our experiences at the World Outdoor Championships, held in October/November in Perth, Australia
- Discussion of the upcoming World Masters Indoor Championships, to be held in Daegu, Korea
- Discussion of the World Masters Outdoor Championships, being held in Toronto in 2020
- Chat with your athletic friends about their 2016 competition experiences

**Any person who is interested in Masters Athletics in Canada is invited to attend.  
Please try to bring a friend to the Meeting.**

**In order for us to ensure that we will have a quorum, please let us know if you are planning to attend, by telephone or email to Paul Osland, at (416) 380-2503, or [paul.osland@hotmail.com](mailto:paul.osland@hotmail.com)**

**Because we are anticipating that most members who are interested in attending the meeting will be in attendance in person, we will not provide facilities for attendance at the Meeting by telephone conference.**

**Canadian Masters Athletics (CMA)  
Notice of 2016 Annual Meeting of Members  
Meeting Room, Toronto Track & Field Centre  
231 Ian MacDonald Blvd., North York, ON M3J 1P3  
Saturday, March 11, 2017, 4:00 pm**

Notice is hereby given of the Annual Meeting (the "Meeting") of the Members of Canadian Masters Athletics, to be held on Saturday, March 11, 2017, at 4:00 pm in the Meeting Room, Toronto Track & Field Centre, 231 Ian MacDonald Blvd., North York, Ontario, for the following purposes:

1. Approval of the minutes of the previous CMA Annual Meeting, held on December 9, 2015;
2. Review of the following Reports from Officers, Provincial Directors, Record Chairs and others, contained in the 2015-2016 Annual Report (see note 1):
  - President's report;
  - Treasurer's report, including the Financial Statements for the year ended October 31, 2016;
  - Vice-President, Stadia report;
  - Vice-President, Non-Stadia report;
  - Membership Secretary report;
  - Reports from Provincial Directors; and
  - Other reports;
3. Elections for four positions on the Board of Directors for 2016-2017 (see note 2);
4. Election of Officers for 2016-2017, from among the elected Directors (see note 2); and
5. Other Business, if any.

This notice is provided by the Board of Directors of the CMA.

*Vern Christensen*

**Vern Christensen,  
Vice-President and Secretary**

**February 18, 2017**

**Notes:**

- 1)** Copies of the 2015-2016 Annual report, containing the various reports referred to in item 2 above, and the minutes of the previous Annual Meeting, will shortly be available, will be provided to members upon request, and will be available on line and at the Meeting.
- 2)** All members of the CMA on the date of the Meeting are eligible to attend the Meeting, and to vote in the elections for Directors and Officers. In the following Attachment "A", you will find information about the quorum for the Meeting, an explanation of the arrangements pertaining to the voting for the election of Directors and Officers, and information about the use of the "mail ballot", which is Attachment "C".
- 3)** Attachment "B" to this Notice contains information about the persons who are proposed for election as Directors and Officers at the Meeting.
- 4)** Votes cast by means of the mail ballot will be counted as if the Members providing the ballots were present at the Meeting and voted, provided that, in the case of a ballot used in an election, it will be used to vote only for each person for whom such a vote was cast who continues to be a candidate in that election. The member casting a mail ballot will not be considered to be present at the Meeting, for purposes of calculating a quorum for the Meeting.

**Canadian Masters Athletics (CMA)  
2016 Annual Meeting of Members – March 11, 2017 (the "Meeting")  
Information for Members on Organization of Meeting  
Including Election of Directors and Officers**

The following information is provided for the benefit of the members of the CMA ("Members") by the CMA Board of Directors.

**Quorum for Meeting**

The quorum for the Annual Meeting is the lesser of 20 Members and 3% of the number of Members. As we have approximately 1,300 members at this time, the quorum will be 20 Members, and the Meeting will have to be adjourned to another time, unless we have that quorum of Members in attendance in person at the time when the meeting is to start.

**Voting at Meeting**

All Members of the CMA at the date of the Meeting have the right to attend the Meeting in person and to vote on any matter, including the election of Directors and Officers. In addition, Members who do not attend the Meeting have the right to vote in the election of Directors and Officers, by means of a "Mail Ballot", described under "Use of Mail Ballot", below. Members who vote using a Mail Ballot will not be considered to be in attendance at the Meeting, for purposes of forming a quorum for the Meeting.

**Board of Directors**

The By-Laws of the CMA provide for a Board of Directors made up of 10 Directors who are elected by the Members ("Elected Directors"), and up to 10 others who are nominated by individual provinces. The 10 Elected Directors serve for periods of 3 years each, on a rotating basis, so that approximately one-third of the Elected Directors must either be re-elected or replaced at each Annual Meeting. On this basis, the terms of the current Elected Directors are slated to expire as follows: expiring at the 2016 Annual Meeting (March 11, 2017) – **Bill McIlwaine, John Powell and George Reilly**; expiring at the 2017 Annual Meeting – **Jack Castle, Vern Christensen and Robert Jackson**; and expiring at the 2018 Annual Meeting – **Brian Keaveney, Paul Osland, Mike Sherar and Stafford Whalen**.

**Election of Directors by Members**

One of the Directors whose term expires at the Meeting, **George Reilly**, has indicated that he will not stand for re-election at the Meeting, and another Director, **Brian Keaveney**, has resigned as a Director, effective the date of the Meeting. Therefore, at the Meeting, there will be an election for 4 Board members. The following CMA Members have indicated that they are willing to stand for this election: **Bill McIlwaine and John Powell (whose terms expire at the Meeting), Amy Ballon and Katherine Willis**. As provided for in our By-Laws, **a description of each of these candidates for election as Directors is included in Attachment "B"**. As described above, each Member of the CMA may vote in this election either by attending the Meeting or by completing a "Mail Ballot". An explanation of the use of the Mail Ballot is given below, and a copy of the form of Mail Ballot is included as Attachment "C".

**Provincial Directors**

Our By-Laws provide that provinces may name Directors to our Board, provided that the provinces have agreed to be part of an agreement between the CMA and Athletics Canada (AC), under which full masters members of the provincial AC branch will automatically also be members of CMA, upon the payment of a fee to the CMA, which has been agreed upon between the CMA and AC. All provinces

have agreed to be part of such agreement. When provinces do not name a Director, the Board may appoint provincial Directors. Under these arrangements, Directors were named during the past year representing the following provinces: British Columbia, Alberta, Saskatchewan, Ontario, Quebec, New Brunswick and Nova Scotia. The CMA Board anticipates that these provinces will continue to name representatives as Directors, and remains open to accepting Directors named as representatives by other provinces.

## **Officers**

The By-Laws provide that, at the Annual Meeting, the Members of the CMA must elect certain officers, referred to as the “Elected Officers”. The Elected Officers are the following: President; Vice-President, Stadia; Vice-President, Non-Stadia; Secretary; and Treasurer; and they must be elected from among the Elected Directors. The Board also may, if it wishes, appoint other Officers from among the members of the Board. Under this provision, the Board has named one of the Directors to the position of Vice-President.

## **Election of Officers by Members**

Since Brian Keaveney, the current Vice-President, Stadia, has resigned as a Director, effective the date of the Meeting, he will not be standing for re-election to his position as an Elected Officer. The following members of the Board have indicated that, if they are Directors after the election of Directors at the Annual Meeting, they will be willing to stand for election for the following Elected Officer positions: **President – Paul Osland; Vice-President, Stadia – John Powell; Vice-President, Non-Stadia – John Powell; Secretary – Vern Christensen; and Treasurer – Jack Castle.** As provided in the By-Laws, a description of each of the candidates for these positions as Elected Officers is included in Attachment “B”. As noted above with regard to the election of Directors, Members may vote for the election of these Officers by means of the Mail Ballot. **Although John Powell has volunteered to stand for both his current position of Vice-President, Non-Stadia and the position of Vice-President, Stadia on a temporary basis, the board is continuing its efforts to find a permanent qualified candidate for the position of Vice-President, Stadia.** When the Board finds such a candidate, appropriate arrangements will be made to bring that person onto the Board, and have him or her be elected or appointed to the position of Vice-President, Stadia.

## **Use of Mail Ballot**

Attachment “C” is the form of Mail Ballot which may be used by members to vote for the Directors and Officers. To use this Mail Ballot, please complete it by placing marks in the boxes opposite up to four of the candidates for the election as Directors, and one candidate for each of the five Officer positions. After completing the Ballot, please print your name and address, sign the Ballot and return it by mail, email or fax to the CMA at the following address: **Annual Meeting Ballot, c/o Vern Christensen, 73 Pine Crescent, Toronto, ON M4E 1L3; or by scanned email to [vchristensen@guardiancapital.com](mailto:vchristensen@guardiancapital.com); or to fax number (416) 364-2067.** All Mail Ballots received as stated above by the close of business on March 9, 2017 will be included in the voting at the Meeting provided that, in the case of a ballot used in an election, they will be used in such election to vote only for each person for whom such a vote was cast and who continues to be a candidate in that election. If the Meeting is adjourned, they will be used at the adjournment of the Meeting.

*Vern Christensen*

**Vern Christensen,  
Secretary**

**February 18, 2017**

**Canadian Masters Athletics (CMA)  
2016 Annual Meeting of Members – March 11, 2017  
Names and Descriptions of Candidates for Director and Officer Elections**

The following detailed information on each of the named candidates for election as Directors or Officers at the March 11 Annual Meeting of the CMA has been provided by the individual candidates:

**Candidates for Election as Directors:**

**Amy Ballon –**

- Born and raised in downtown Toronto
- MBA from the Rotman School of Management, University of Toronto
- Entrepreneur, sold e-commerce company in 2013
- Now works as an adviser to small businesses with a focus on strategic planning
- Past volunteer for not-for-profit organizations, including the Heart and Stroke Foundation
- Recreational athlete since the mid-1990s, running road races from 5K to Marathon, including two Boston Marathons
- Active as a Masters athlete for UTTC since 2012, competing Indoors, Outdoors and in Cross Country
- Competed in WMA Outdoor Championships in Lyon, France

**Bill McIlwaine –**

- Born Toronto 1938
- Educated at Wellington School, Somerset, England and University of New Brunswick
- Retired geologist
- Became involved in Masters Athletics in 1984
- Served on OMA Board, and on CMAA/CMA Executive/Board for many years
- Past Editor of CMAA Masterpiece for several years
- Past records chair for CMA and NCCWMA
- Competed in eight WAVA/WMA Championships
- Past holder of M55 400 Metres record (still Ontario record)
- Officiated at numerous Masters meets

**John Powell –**

- Retired in 2009 after 40 years at Toronto Transit Commission
- Active in Masters athletics for just over 34 years; favourite events are Track Sprints and Cross Country
- Competed in WAVA Championships: 3 Outdoor (Eugene 1989, Buffalo 1995, Gateshead 1999)
- Meet Director of CMAA Interclub Track & Field Championships, 1991-95
- Served as Canadian delegate to WAVA General Assemblies in 1995 and 1999
- Member of CMAA Executive/CMA Board for past 27 years, including President in 1996-97
- CMAA Vice-President, Stadia, 1991-95, with successful Championships in cities such as Ottawa and Regina
- CMAA/CMA Vice-President, Non-Stadia, 2005 - present
- Race Director of CMA Don Farquharson Memorial XC Race, 2010-2013

**Katherine Willis –**

- Post-secondary education, U of T Health Education (1976-80)
- Small business owner
- Previously Scouts Canada leader, and director of Group Committee
- Active member of Masters Athletics for over 20 years
- Top-ranked W50 800m 2010 Indoor and Outdoor
- NCCWMA W50 800m champion 2008
- Assisted with registration and awards, OMA, CMA and USATF

## **Candidates for Election as Officers:**

### **Paul Osland (Candidate for election as President) –**

- Vice-President of a not-for-profit organization
- President of CMAA/CMA since 2009
- Vice-President of OMA, 2007-2009
- Involved in athletics for over 35 years (400, 800 & 1500)
- Member of Canadian Senior Track & Field Team from 1987-1992
- Represented Canada at the Olympic Games, Commonwealth Games, Pan American Games and many other international events
- Holds the Ontario open indoor 600m record (1:17.91) from 1985 to present
- Competed at 7 outdoor, and 2 indoor, World Masters Championships (2 gold, 7 silver, 4 bronze medals)
- Instrumental in finalizing CMA & AC membership agreement

### **John Powell (Candidate for election as Vice-President, Stadia) –**

See above.

### **John Powell (Candidate for election as Vice-President, Non-Stadia) –**

See above

### **Vern Christensen (Candidate for election as Secretary) –**

- Chartered Public Accountant, Senior Vice-President and Secretary of a public investment management company
- Active in Masters running for 25 years; favourites are Steeplechase and Cross Country, but has competed from 400m to 30K
- Member of CMAA Executive or CMA Board since 1998
- Vice-President and Secretary of CMAA/CMA for over 10 years
- Competed in WMA Championships: 12 Outdoor (all since Buffalo in 1995) and three Indoor
- Race Director for local 5K competitive/charitable race in Toronto for 8 years
- Served often as Canadian delegate to WAVA/WMA/NCCWMA General Assemblies
- Served often as Canadian Team Manager/Assistant Manager for WMA Outdoor and Indoor Championships
- Instrumental in setting up first CMAA web site and Canadian Masters Athletics Hall of Fame
- Member, the WMA Law & Legislation Committee
- Vice-President, Non Stadia of NCCWMA since 2012

### **Jack Castle (Candidate for election as Treasurer) –**

- Retired after 38 years filling a number of management positions with a major property and casualty insurance company
- Active in masters running since 1986; primarily Road Races and Cross Country
- Member of CMAA Executive or CMA Board since 1987
- Treasurer of CMAA/CMA continuously since 1990, as well as President and Vice-President at various times during that period
- Treasurer of NCCWMA continuously since 1990
- Competed at each WAVA/WMA Outdoor Championship from 1989 thru 2007
- Canadian delegate to WAVA/WMA General Assemblies several times
- Assistant Team Manager at World Championships a number of times
- Meet Director at a number of CMAA events

Mail Ballot - 2016 CMA Annual Meeting of Members – March 11, 2017

This Ballot is provided by the Board of Directors of the CMA, in accordance with the CMA By-Laws, for use at the Annual Meeting of Members of the CMA, being held on March 11, 2017. This Ballot may be used by Members to vote in the election of Directors and Officers, which votes will take place at the Meeting, or its adjournment. In order to be used, **this ballot must be signed.**

If a Member provides a Mail Ballot, but attends the Meeting in person, the Mail Ballot will not be counted. Attachment "B" contains the names and information about each of the candidates for the elections as Directors and Officers, who were known when the Notice was prepared.

**The undersigned Member of the CMA hereby wishes to vote as follows:**

**Election of Directors:**

<b><u>Names of Candidates</u></b>	<b><u>Vote For</u></b>
Amy Ballon	<input type="checkbox"/>
Bill McIlwaine	<input type="checkbox"/>
John Powell	<input type="checkbox"/>
Katherine Willis	<input type="checkbox"/>

**Election of Officers:**

<b><u>Position</u></b>	<b><u>Names of Candidates</u></b>	<b><u>Vote For</u></b>
President	Paul Osland	<input type="checkbox"/>
Vice-President, Stadia	John Powell	<input type="checkbox"/>
Vice-President, Non-Stadia	John Powell	<input type="checkbox"/>
Secretary	Vern Christensen	<input type="checkbox"/>
Treasurer	Jack Castle	<input type="checkbox"/>

\_\_\_\_\_  
**Member's Name**

\_\_\_\_\_  
**Member's Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Member's Province of  
Residence**

\_\_\_\_\_  
**Member's Athletics Canada  
Membership Number**

**Notes:**

1) Each Member may vote for each of the candidates for the elections listed above, by placing a mark in each of the boxes opposite the names of the candidates. This Ballot will **not** be voted with regard to a specific candidate, if: a) a vote is not indicated for that candidate; b) a Member's vote is not clear with regard to that specific candidate; or c) a candidate withdraws before the Ballot is used.

2) The Ballot will be used only if it is received before the close of business on March 9, 2017, at: **Annual Meeting Ballot, c/o Vern Christensen, 73 Pine Crescent, Toronto, ON M4E 1L3; or by scanned email to [vchristensen@guardiancapital.com](mailto:vchristensen@guardiancapital.com); or to fax number (416) 364-2067.**