

8K Loops					
Katheryn Cochrane	33:43.0	F30-34	71.45	ON	Mile2Marathon (ON)
Jessica Shaw	34:14.0	F30-34	70.37	ON	Newmarket Huskies Track Club
Andrea Hill	34:15.0	F30-34	70.34	ON	Mile2Marathon (ON)
Leah Larocque	34:33.0	F30-34	69.73	ON	Mile2Marathon (ON)
Rebecca Wheeler	35:29.0	F30-34	67.89	ON	Greater Uxbridge Road Runners
Rachel Deline	35:44.0	F30-34	67.42	ON	Quinte Frontenac Track Club
Mary Thompson	36:59.0	F30-34	65.14	ON	Unattached Ontario
Christin Sadler	37:06.0	F30-34	64.93	ON	Mile2Marathon (ON)
Joanne Wedlock	40:00.0	F30-34	60.23	QC	Ville-Marie
Maria Marchese	41:54.0	F30-34	57.50	ON	Unattached Ontario
Robyn Poulin	33:20.0	F35-39	72.95	BC	Vernon Amateur Athletics Association
Kerri Labrecque	33:39.0	F35-39	72.26	ON	Unattached Ontario
Joan Chung	34:26.0	F35-39	70.62	ON	Dundas Valley Track Club
Rachel Burdick	37:41.0	F35-39	64.53	ON	Mile2Marathon (ON)
Julie Basiliadis	38:44.0	F35-39	62.78	ON	Unattached Ontario
Jennifer Dumoulin	43:12.0	F35-39	56.29	ON	Ottawa Lions T.F.C.
Colleen Fraser	48:22.0	F35-39	50:28	ON	Unattached Ontario
Jen Millar	32:47.0	F40-44	75.91	BC	Unattached British Columbia
Gillian McCabe	33:22.0	F40-44	74:58	ON	Monarch Athletics Club
Lavinia Carreau	34:53.0	F40-44	71:34	NS	UNATTACHED NOVA SCOTIA
Aimee Jessop	35:30.0	F40-44	70.10	ON	Monarch Athletics Club
Elizabeth Mokrusa	38:00.0	F40-44	65.49	QC	Ville-Marie
Stephanie Gordon	38:05.0	F40-44	65.34	ON	Unattached Ontario
Kimberley Stiff	39:33.0	F40-44	62.92	ON	Unattached Ontario
Genevieve Shurtleff	39:53.0	F40-44	62.39	QC	Club Citius
Tiffany Newell	33:18.0	F45-49	77.61	ON	Unattached Ontario
Erin Gregory	33:49.0	F45-49	76.42	ON	Quinte Frontenac Track Club
Heather Pady	36:12.0	F45-49	71.39	ON	Unattached Ontario
Colleen Coxson	36:29.0	F45-49	70.84	ON	Dundas Valley Track Club
Seanna Robinson	36:35.0	F45-49	70.64	ON	Monarch Athletics Club
Alita Dommann	36:50.0	F50-54	74.07	BC	West Vancouver Track & Field club
Heather Ostic	37:32.0	F50-54	72.68	ON	Unattached Ontario
Sue Pribaz	37:51.0	F50-54	72.08	ON	Central Toronto Athletic Club
Kate Cochrane-Brink	39:44.0	F50-54	68.66	ON	University of Toronto TC
Yvonne Mery	41:40.0	F50-54	65.47	ON	Unattached Ontario
Lisa Hallman	41:49.0	F50-54	65.24	QC	Independant
Pamela Moores	44:14.0	F50-54	61:67	AB	UNATTACHED ALBERTA
Liz Maguire	37:10.0	F55-59	78.23	ON	Ottawa Lions T.F.C.
Jean Ferguson (suk)	42:00.0	F55-59	69.23	ON	Unattached Ontario
Anne Koch	42:33.0	F55-59	68.33	ON	University of Toronto TC

Judy Andrew Piel	43:10.0	F55-59	67.36	ON	Unattached Ontario
Makie Ohler	43:32.0	F55-59	66.79	ON	University of Toronto TC
Vicki MacDonald	45:00.0	F55-59	64.61	ON	Unattached Ontario
Cynthia O'Halloran	46:05.0	F55-59	63.09	ON	Toronto Olympic Track & Field Club
Rita Botelho	42:13.0	F60-64	73.72	ON	University of Toronto TC
Gillian Salter	43:58.0	F60-64	70.79	ON	Unattached Ontario
Clara Northcott	43:17.0	F65-69	77.35	ON	University of Toronto TC
Wendy Fraser	52:21.0	F65-69	63.96	ON	Thames Athletics Club
Nancy Konyu	59:25.0	F65-69	56.35	ON	Newmarket Huskies Track Club
Pauline Watson	1:00:43	F65-69	55.14	ON	Unattached Ontario
Miles Anderson	31:03.0	M30-34	68.45	ON	Physi-Kult
Conor McGuinness	31:10.0	M30-34	68.19	ON	Toronto Olympic Club
Chris Shaw	31:51.0	M30-34	66.73	ON	Dundas Valley Track Club
Liam Walke	32:45.0	M30-34	64.90	ON	Mile2Marathon (ON)
Tristan Garcia	32:58.0	M30-34	64.47	ON	Unattached Ontario
Aaron Holmgren	28:55.0	M35-39	74.90	BC	Peninsula Track & Field Club
Hajin Tola	29:41.0	M35-39	72.97	ON	Toronto Olympic Club
Marcel Blom	30:27.0	M35-39	71:13	ON	Dundas Valley Track Club
Nick Croker	30:36.0	M35-39	70.78	ON	Unattached Ontario
Michael Logue	30:41.0	M35-39	70.59	ON	Newmarket Huskies Track Club
Michael O'Farrell	31:47.0	M35-39	70.36	ON	Mile2Marathon (ON)
Antony Orth	31:49.0	M35-39	68.07	ON	Mile2Marathon (ON)
Jonathan Gray	31:55.0	M35-39	67.86	ON	Dundas Valley Track Club
Justin Pfefferle	32:32.0	M35-39	66.58	QC	Ville-Marie
Kyle Desormeaux	31:11.0	M40-44	71:93	ON	Mile2Marathon (ON)
Bernie Hogan	30:51.0	M40-44	72.71	ON	Unattached Ontario
Michael Bianchi	31:05.0	M40-44	72.17	ON	Dundas Valley Track Club
Dallas Raudebaugh	31:09.0	M40-44	72.01	AB	UNATTACHED ALBERTA
Jeff Gorman	31:50.0	M40-44	70.47	NS	UNATTACHED NOVA SCOTIA
Stephan De Wit	31:58.0	M40-44	70.17	ON	Physi-Kult
Matthew Feltham	32:14.0	M40-44	69.59	ON	Stratford Sabrecats Track Club
Simon Gareau	32:38.0	M40-44	68.74	ON	Unattached Ontario
Gerald Guenther	34:34.0	M40-44	64.89	ON	Mile2Marathon (ON)
Dan Roy	39:54.0	M40-44	56.22	ON	Unattached Ontario
Warren Isfan	32:49.0	M45-49	71.00	ON	Mile2Marathon (ON)
Brian Torrance	29:49.0	M45-49	78.14	AB	Fast Trax Run & Ski Club
Matthew McInnes	29:56.0	M45-49	77.84	ON	Mile2Marathon (ON)
Oliver Utting	30:04.0	M45-49	77.49	BC	Unattached British Columbia
Robert Van Den Heuvel	31:10.0	M45-49	74.76	ON	Unattached Ontario
David Tepper	31:27.0	M45-49	74.08	ON	Newmarket Huskies Track Club
Kip Sigsworth	31:32.0	M45-49	73.89	ON	Unattached Ontario
Charles Bedley	31:33.0	M45-49	73.85	ON	Toronto Olympic Club

Warren Ringler	31:46.0	M45-49	73.35	ON	Toronto West Athletics
Paul Felix	32:40.0	M45-49	71.32	ON	Dundas Valley Track Club
Terry Rushworth	32:43.0	M45-49	71.22	ON	Ottawa Lions T.F.C.
Jeffrey Strachan	33:14.0	M45-49	70.11	ON	Unattached Ontario
Jonathan McGavock	33:55.0	M45-49	68.70	MB	Unattached-Manitoba
Gilles Frenette	35:02.0	M45-49	66.51	ON	Ottawa Lions T.F.C.
Ian McDougall	35:29.0	M45-49	65.66	ON	Unattached Ontario
Camilo Muzard	35:41.0	M45-49	65.29	QC	Club de coureurs Boreal
David Nagy	36:23.0	M45-49	64.04	ON	Newmarket Huskies Track Club
Steven Jensen	36:55.0	M45-49	63.11	ON	Newmarket Huskies Track Club
Matthew Poirier	38:08.0	M45-49	61.10	ON	Unattached Ontario
Kevin Butterfield	38:29.0	M45-49	60.54	ON	Ottawa Lions T.F.C.
Jean-Pierre Poulin	29:39.0	M50-54	81.74	QC	Independant
Derek Hackshaw	30:47.0	M50-54	78.73	ON	Newmarket Huskies Track Club
Craig McAllister	31:33.0	M50-54	76.82	ON	Unattached Ontario
Brent Workman	31:40.0	M50-54	76.54	ON	Unattached Ontario
David Moore	32:22.0	M50-54	74.88	ON	Toronto Harriers
Marc Lennox	32:23.0	M50-54	74.84	ON	Mile2Marathon (ON)
Robert Renman	32:53.0	M50-54	73.71	AB	UNATTACHED ALBERTA
Adam Yurkiw	32:56.0	M50-54	73.59	ON	Unattached Ontario
Steve Boston	33:31.0	M50-54	72.31	ON	Newmarket Huskies Track Club
Michael Blois	34:12.0	M50-54	70.87	ON	Unattached Ontario
Marc Molgat	34:55.0	M50-54	69.41	QC	Gatineau
Robert Muir	35:10.0	M50-54	68.92	ON	Ottawa Lions T.F.C.
Pierre Quevillon	35:37.0	M50-54	68.05	ON	Physi-Kult
Mirco Graenert	35:44.0	M50-54	67.83	ON	Newmarket Huskies Track Club
John Soltice	36:02.0	M50-54	67.26	AB	UNATTACHED ALBERTA
Dan Moriarity	41:16.0	M50-54	58.73	ON	Unattached Ontario
Chris Madsen	42:20.0	M50-54	57.48	ON	University of Toronto TC
Patrick McLean	42:52.0	M50-54	56.54	ON	Newmarket Huskies Track Club
Dan Fiorini	31:49.0	M55-59	79.37	ON	Newmarket Huskies Track Club
Geoffrey Peat	32:18.0	M55-59	78.18	ON	Newmarket Huskies Track Club
Cameron Douglas	32:51.0	M55-59	76.87	ON	Unattached Ontario
Kevin Shields	33:43.0	M55-59	74.90	ON	Unattached Ontario
Michael Day	35:27.0	M55-59	71.24	ON	Ottawa Lions T.F.C.
Robert Blair	36:24.0	M55-59	69.38	ON	Newmarket Huskies Track Club
Michael Sherar	37:03.0	M55-59	68.16	ON	University of Toronto TC
Scott Pegrum	37:05.0	M55-59	68.10	ON	Unattached Ontario
Jianping Xu	37:46.0	M55-59	66.87	ON	Dundas Valley Track Club
Michael McLnerney	37:56.0	M55-59	66.57	ON	Ottawa Lions T.F.C.
Andre Funke	40:59.0	M55-59	61.62	QC	Club de coureurs Phoenix
Martin Guyon	41:02.0	M55-59	61.54	ON	Unattached Ontario

Nestor Lewyckyj	46:19.0	M55-59	54.52	QC	Club de coureurs Phoenix
David Guss	31:48.0	M60-64	82.89	BC	Kelowna Running Club
Steven Blostein	34:59.0	M60-64	75.35	ON	Physi-Kult
Clive Morgan	35:37.0	M60-64	74.01	ON	Unattached Ontario
Thomas Alan Miller	35:46.0	M60-64	73.70	QC	Club de coureurs Phoenix
Richard Sevigny	37:08.0	M60-64	70.89	QC	Independant
Ed Bickley	37:43.0	M60-64	69.89	AB	UNATTACHED ALBERTA
Leslie Landsberger	38:51.0	M60-64	67.85	QC	Ville-Marie
Roger Wyllie	40:03.0	M60-64	65.81	ON	Unattached Ontario
James Freemantle	41:33.0	M60-64	63.44	ON	Newmarket Huskies Track Club
Walter Faion	42:09.0	M60-64	62.53	ON	University of Toronto TC
Bill Krezonoski	37:53.0	M65-69	72.76	ON	Unattached Ontario
Wayne Gagne	41:21.0	M65-69	66.66	ON	Unattached Ontario
Jim Carter	41:52.0	M65-69	65.84	AB	UNATTACHED ALBERTA
James Whipp	46:15.0	M65-69	59.60	ON	Unattached Ontario
William Ludlow	47:44.0	M65-69	57.75	QC	Club de coureurs Phoenix
Wayne Chee	47:59.0	M65-69	57.45	ON	University of Toronto TC
Robert Fraser	50:31.0	M65-69	54.57	ON	Thames Athletics Club

6K Loops 70+			AG%		
Melissa Putt	29:19.0	F55-59	73.65	ON	Unattached Ontario
Avril Douglas	37:01.0	F75-79	79.16	BC	Kajaks Track & Field Club
John Clarke	27:25.0	M70-74	78.07	ON	Unattached Ontario
Michael Secker	30:59.0	M70-74	69.09	AB	RUNNING ROOM ATHLETIC CLUB ALBERTA
Ray Tucker	31:05.0	M70-74	68.86	ON	Brantford T.F.C.
Ken Hamilton	33:17.0	M70-74	64.31	ON	Newmarket Huskies Track Club
Tim Payne	35:43.0	M70-74	59.93	ON	Newmarket Huskies Track Club
Ted Paget	35:59.0	M70-74	59.49	ON	Newmarket Huskies Track Club
Maurice Bonneville	36:52.0	M70-74	58.06	ON	Unattached Ontario
Doug Smith	44:07.0	M70-74	48.52	ON	University of Toronto TC
Gaetan Breton	51:44.0	M70-74	41.38	QC	Sherbrooke
Hugh Connolly	35:12.0	M75-79	65.38	ON	Longboat Roadrunners
Michel Gingras	40:09.0	M75-79	57.32	QC	Saint-Jean Olympique
Vern Christensen	43:54.0	M80-85	58.14	ON	University of Toronto TC
Hylke Van Der Wal	56:10.0	M80-85	45.44	SK	UNATTACHED-SASKATCHEWAN