

AG%

David Guss	81.97	31:48.0	M60-64	BC	Kelowna Running Club	
Jean-Pierre Poulin	80.72	29:39.0	M50-54	QC	Independant	
Dan Fiorini	78.42	31:49.0	M55-59	ON	Newmarket Huskies Track Club	
Derek Hackshaw	77.75	30:47.0	M50-54	ON	Newmarket Huskies Track Club	
Liz Maguire	77.31	37:10.0	F55-59	ON	Ottawa Lions T.F.C.	
Geoffrey Peat	77.24	32:18.0	M55-59	ON	Newmarket Huskies Track Club	
John Clarke	77.20	27:25.0	M70-74	ON	Unattached Ontario	6K
Brian Torrance	77.14	29:49.0	M45-49	AB	Fast Trax Run & Ski Club	
Tiffany Newell	77.08	33:18.0	F45-49	ON	Unattached Ontario	
Matthew McInnes	76.84	29:56.0	M45-49	ON	Mile2Marathon (ON)	
Oliver Utting	76.50	30:04.0	M45-49	BC	Unattached British Columbia	
Cameron Douglas	75.95	32:51.0	M55-59	ON	Unattached Ontario	
Erin Gregory	75.90	33:49.0	F45-49	ON	Quinte Frontenac Track Club	
Craig McAllister	75.86	31:33.0	M50-54	ON	Unattached Ontario	
Clara Northcott	75.63	43:17.0	F65-69	ON	University of Toronto TC	
Brent Workman	75.58	31:40.0	M50-54	ON	Unattached Ontario	
Jen Millar	75.44	32:47.0	F40-44	BC	Unattached British Columbia	
Avril Douglas	74.92	37:01.0	F75-79	BC	Kajaks Track & Field Club	6K
Steven Blostein	74.51	34:59.0	M60-64	ON	Physi-Kult	
Aaron Holmgren	74.24	28:55.0	M35-39	BC	Peninsula Track & Field Club	
Gillian McCabe	74.13	33:22.0	F40-44	ON	Monarch Athletics Club	
Kevin Shields	74.00	33:43.0	M55-59	ON	Unattached Ontario	
David Moore	73.94	32:22.0	M50-54	ON	Toronto Harriers	
Marc Lennox	73.91	32:23.0	M50-54	ON	Mile2Marathon (ON)	
Robert Van Den Heuvel	73.80	31:10.0	M45-49	ON	Unattached Ontario	
Alita Dommann	73.48	36:50.0	F50-54	BC	West Vancouver Track & Field club	
Clive Morgan	73.19	35:37.0	M60-64	ON	Unattached Ontario	
David Tepper	73.13	31:27.0	M45-49	ON	Newmarket Huskies Track Club	
Kip Sigsworth	72.94	31:32.0	M45-49	ON	Unattached Ontario	
Charles Bedley	72.90	31:33.0	M45-49	ON	Toronto Olympic Club	
Thomas Alan Miller	72.88	35:46.0	M60-64	QC	Club de coureurs Phoenix	
Robert Renman	72.78	32:53.0	M50-54	AB	UNATTACHED ALBERTA	
Adam Yurkiw	72.67	32:56.0	M50-54	ON	Unattached Ontario	
Robyn Poulin	72.60	33:20.0	F35-39	BC	Vernon Amateur Athletics Association	
Rita Botelho	72.48	42:13.0	F60-64	ON	University of Toronto TC	
Warren Ringler	72.40	31:46.0	M45-49	ON	Toronto West Athletics	
Hajin Tola	72.32	29:41.0	M35-39	ON	Toronto Olympic Club	
Heather Ostic	72.11	37:32.0	F50-54	ON	Unattached Ontario	
Bill Krezonoski	71.98	37:53.0	M65-69	ON	Unattached Ontario	
Kerri Labrecque	71.92	33:39.0	F35-39	ON	Unattached Ontario	
Bernie Hogan	71.75	30:51.0	M40-44	ON	Unattached Ontario	

Sue Pribaz	71.51	37:51.0	F50-54	ON	Central Toronto Athletic Club	
Steve Boston	71.41	33:31.0	M50-54	ON	Newmarket Huskies Track Club	
Katheryn Cochrane	71.28	33:43.0	F30-34	ON	Mile2Marathon (ON)	
Michael Bianchi	71.21	31:05.0	M40-44	ON	Dundas Valley Track Club	
Dallas Raudebaugh	71.05	31:09.0	M40-44	AB	UNATTACHED ALBERTA	
Kyle Desormeaux	70.98	31:11.0	M40-44	ON	Mile2Marathon (ON)	
Lavinia Carreau	70.90	34:53.0	F40-44	NS	UNATTACHED NOVA SCOTIA	
Heather Pady	70.90	36:12.0	F45-49	ON	Unattached Ontario	
Marcel Blom	70.50	30:27.0	M35-39	ON	Dundas Valley Track Club	
Paul Felix	70.41	32:40.0	M45-49	ON	Dundas Valley Track Club	
Michael Day	70.38	35:27.0	M55-59	ON	Ottawa Lions T.F.C.	
Colleen Coxson	70.35	36:29.0	F45-49	ON	Dundas Valley Track Club	
Terry Rushworth	70.30	32:43.0	M45-49	ON	Ottawa Lions T.F.C.	
Joan Chung	70.28	34:26.0	F35-39	ON	Dundas Valley Track Club	
Jessica Shaw	70.20	34:14.0	F30-34	ON	Newmarket Huskies Track Club	
Richard Sevigny	70.20	37:08.0	M60-64	QC	Independant	
Andrea Hill	70.17	34:15.0	F30-34	ON	Mile2Marathon (ON)	
Seanna Robinson	70.16	36:35.0	F45-49	ON	Monarch Athletics Club	
Nick Croker	70.15	30:36.0	M35-39	ON	Unattached Ontario	
Warren Isfan	70.09	32:49.0	M45-49	ON	Mile2Marathon (ON)	
Michael Blois	69.98	34:12.0	M50-54	ON	Unattached Ontario	
Michael Logue	69.96	30:41.0	M35-39	ON	Newmarket Huskies Track Club	
Aimee Jessop	69.67	35:30.0	F40-44	ON	Monarch Athletics Club	
Gillian Salter	69.60	43:58.0	F60-64	ON	Unattached Ontario	
Leah Larocque	69.56	34:33.0	F30-34	ON	Mile2Marathon (ON)	
Jeff Gorman	69.53	31:50.0	M40-44	NS	UNATTACHED NOVA SCOTIA	
Stephan De Wit	69.24	31:58.0	M40-44	ON	Physi-Kult	
Jeffrey Strachan	69.21	33:14.0	M45-49	ON	Unattached Ontario	
Ed Bickley	69.11	37:43.0	M60-64	AB	UNATTACHED ALBERTA	
Marc Molgat	68.54	34:55.0	M50-54	QC	Gatineau	
Robert Blair	68.54	36:24.0	M55-59	ON	Newmarket Huskies Track Club	
Jean Ferguson (suk)	68.41	42:00.0	F55-59	ON	Unattached Ontario	
Miles Anderson	68.33	31:03.0	M30-34	ON	Physi-Kult	
Michael Secker	68.32	30:59.0	M70-74	AB	RUNNING ROOM ATHLETIC CLUB ALBERTA	6K
Kate Cochrane-Brink	68.12	39:44.0	F50-54	ON	University of Toronto TC	
Ray Tucker	68.10	31:05.0	M70-74	ON	Brantford T.F.C.	6K
Conor McGuinness	68.07	31:10.0	M30-34	ON	Toronto Olympic Track & Field Club	
Robert Muir	68.06	35:10.0	M50-54	ON	Ottawa Lions T.F.C.	
Simon Gareau	67.82	32:38.0	M40-44	ON	Unattached Ontario	
Matthew Feltham	67.82	32:14.0	M40-44	ON	Stratford Sabrecats Track Club	
Jonathan McGavock	67.81	33:55.0	M45-49	MB	Unattached-Manitoba	
Rebecca Wheeler	67.63	35:29.0	F30-34	ON	Greater Uxbridge Road Runners	

Michael O'Farrell	67.54	31:47.0	M35-39	ON	Mile2Marathon (ON)
Anne Koch	67.53	42:33.0	F55-59	ON	University of Toronto TC
Antony Orth	67.47	31:49.0	M35-39	ON	Mile2Marathon (ON)
Michael Sherar	67.34	37:03.0	M55-59	ON	University of Toronto TC
Scott Pegrum	67.28	37:05.0	M55-59	ON	Unattached Ontario
Jonathan Gray	67.26	31:55.0	M35-39	ON	Dundas Valley Track Club
Rachel Deline	67.26	35:44.0	F30-34	ON	Quinte Frontenac Track Club
Pierre Quevillon	67.20	35:37.0	M50-54	ON	Physi-Kult
Leslie Landsberger	67.10	38:51.0	M60-64	QC	Ville-Marie
Mirco Graenert	66.98	35:44.0	M50-54	ON	Newmarket Huskies Track Club
Chris Shaw	66.61	31:51.0	M30-34	ON	Dundas Valley Track Club
Judy Andrew Piel	66.56	43:10.0	F55-59	ON	Unattached Ontario
John Soltice	66.42	36:02.0	M50-54	AB	UNATTACHED ALBERTA
Jianping Xu	66.06	37:46.0	M55-59	ON	Dundas Valley Track Club
Makie Ohler	66.00	43:32.0	F55-59	ON	University of Toronto TC
Justin Pfefferle	65.98	32:32.0	M35-39	QC	Ville-Marie
Wayne Gagne	65.94	41:21.0	M65-69	ON	Unattached Ontario
Michael McInerney	65.77	37:56.0	M55-59	ON	Ottawa Lions T.F.C.
Gilles Frenette	65.65	35:02.0	M45-49	ON	Ottawa Lions T.F.C.
Jim Carter	65.13	41:52.0	M65-69	AB	UNATTACHED ALBERTA
Elizabeth Mokrusa	65.09	38:00.0	F40-44	QC	Ville-Marie
Roger Wyllie	65.09	40:03.0	M60-64	ON	Unattached Ontario
Mary Thompson	64.98	36:59.0	F30-34	ON	Unattached Ontario
Yvonne Mery	64.96	41:40.0	F50-54	ON	Unattached Ontario
Stephanie Gordon	64.95	38:05.0	F40-44	ON	Unattached Ontario
Ian McDougall	64.82	35:29.0	M45-49	ON	Unattached Ontario
Liam Walke	64.78	32:45.0	M30-34	ON	Mile2Marathon (ON)
Christin Sadler	64.78	37:06.0	F30-34	ON	Mile2Marathon (ON)
Lisa Hallman	64.73	41:49.0	F50-54	QC	Independant
Hugh Connolly	64.49	35:12.0	M75-79	ON	Longboat Roadrunners
Camilo Muzard	64.46	35:41.0	M45-49	QC	Club de coureurs Boreal
Tristan Garcia	64.36	32:58.0	M30-34	ON	Unattached Ontario
Rachel Burdick	64.22	37:41.0	F35-39	ON	Mile2Marathon (ON)
Gerald Guenther	64.03	34:34.0	M40-44	ON	Mile2Marathon (ON)
Vicki MacDonald	63.85	45:00.0	F55-59	ON	Unattached Ontario
Ken Hamilton	63.60	33:17.0	M70-74	ON	Newmarket Huskies Track Club
David Nagy	63.22	36:23.0	M45-49	ON	Newmarket Huskies Track Club
James Freemantle	62.74	41:33.0	M60-64	ON	Newmarket Huskies Track Club
Kimberley Stiff	62.54	39:33.0	F40-44	ON	Unattached Ontario
Wendy Fraser	62.53	52:21.0	F65-69	ON	Thames Athletics Club
Julie Basiliadis	62.48	38:44.0	F35-39	ON	Unattached Ontario
Cynthia O'Halloran	62.35	46:05.0	F55-59	ON	Toronto Olympic Track & Field Club

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Steven Jensen	62.30	36:55.0	M45-49	ON	Newmarket Huskies Track Club	
Genevieve Shurtleff	62.01	39:53.0	F40-44	QC	Club Citius	
Walter Faion	61.84	42:09.0	M60-64	ON	University of Toronto TC	
Pamela Moores	61.19	44:14.0	F50-54	AB	UNATTACHED ALBERTA	
Andre Funke	60.88	40:59.0	M55-59	QC	Club de coureurs Phoenix	
Martin Guyon	60.80	41:02.0	M55-59	ON	Unattached Ontario	
Matthew Poirier	60.31	38:08.0	M45-49	ON	Unattached Ontario	
Joanne Wedlock	60.08	40:00.0	F30-34	QC	Ville-Marie	
Kevin Butterfield	59.77	38:29.0	M45-49	ON	Ottawa Lions T.F.C.	
Tim Payne	59.26	35:43.0	M70-74	ON	Newmarket Huskies Track Club	6K
James Whipp	58.95	46:15.0	M65-69	ON	Unattached Ontario	
Ted Paget	58.82	35:59.0	M70-74	ON	Newmarket Huskies Track Club	6K
Dan Moriarity	58.00	41:16.0	M50-54	ON	Unattached Ontario	
Maurice Bonneville	57.41	36:52.0	M70-74	ON	Unattached Ontario	6K
Maria Marchese	57.36	41:54.0	F30-34	ON	Unattached Ontario	
Vern Christensen	57.21	43:54.0	M80-85	ON	University of Toronto TC	6K
William Ludlow	57.12	47:44.0	M65-69	QC	Club de coureurs Phoenix	
Wayne Chee	56.83	47:59.0	M65-69	ON	University of Toronto TC	
Chris Madsen	56.54	42:20.0	M50-54	ON	University of Toronto TC	
Michel Gingras	56.54	40:09.0	M75-79	QC	Saint-Jean Olympique	6K
Jennifer Dumoulin	56.02	43:12.0	F35-39	ON	Ottawa Lions T.F.C.	
Patrick McLean	55.83	42:52.0	M50-54	ON	Newmarket Huskies Track Club	
Dan Roy	55.47	39:54.0	M40-44	ON	Unattached Ontario	
Nancy Konyu	55.09	59:25.0	F65-69	ON	Newmarket Huskies Track Club	
Robert Fraser	53.98	50:31.0	M65-69	ON	Thames Athletics Club	
Pauline Watson	53.91	1:00:43	F65-69	ON	Unattached Ontario	
Nestor Lewyckyj	53.87	46:19.0	M55-59	QC	Club de coureurs Phoenix	
Colleen Fraser	50.03	48:22.0	F35-39	ON	Unattached Ontario	
Doug Smith	47.98	44:07.0	M70-74	ON	University of Toronto TC	6K
Hylke Van Der Wal	44.72	56:10.0	M80-85	SK	UNATTACHED-SASKATCHEWAN	6K
Gaetan Breton	40.91	51:44.0	M70-74	QC	Sherbrooke	6K

AG% calculations by Dan Fiorini and Doug Smith