

1995

Montreal

Ontario			321.58	British Columbia		312.16	Quebec		303.55		
Bryan Stride	27:26	M44	80.16	Herb Phillips	30:13	M55	81.93	Agustin Romer	27:28	M42	80.06
Mike Dyon	27:02	M40	81.35	Jack Miller	29:33	M50	80.41	Jacqueline Gareau	31:55	F42	77.14
Robert Moore	30:22	M55	81.53	Thelma Wright	33:00	F44	74.60	Normand Drolet	29:22	M43	74.22
Larry McCloskey	28:00	M40	78.54	David Mcgivern	29:14	M44	75.22	Diane Legare	34:08	F44	72.13