

## Carol LaFayette-Boyd



In her first Masters 100m race, Carol Lafayette-Boyd won Gold. It was 1992, and Carol had just turned 50. Since then she's won more medals than she can count, most of them gold, not just in the 100m, but in the longer sprints outdoors, all the sprints indoors and the long and triple jumps both outdoors and in, plus the shot put indoors. She set her first Canadian record in 1998 and now owns all the Canadian records in 60+ and 65+ in the 100m, 200m, long and triple jumps outdoors; and in the 50m, 60m, 200m, and long and triple jumps indoors. While competing at international meets she has won a total of 13 championships, including the 100m, 200m, long and triple jumps in the WMA meet in Sacramento in 2011. These results earned her World #1 rankings for all four events that year. When Carol moved into the W70 category in 2012 she promptly set Canadian records in the 100m, 200m, long jump, triple jump and high jump, earning her the title of CMA Athlete of the Month for June .

All these wins and records have earned Carol many awards, including CMA Female Track Athlete of the Year in 2007; SaskSport Masters Athlete of the Year in 2002, 2004 and 2007; and The Bob Adams Award as Saskatchewan Masters Athlete of the Year in 1998, 2004, 2007 and 2011. She was the first recipient of the Howard West Athletic Award in 2010. Currently Carol serves as the Masters representative with Saskatchewan Athletics and as Saskatchewan's representative with CMA

For her many contributions and accomplishments we congratulate Carol, and welcome her into the Canadian masters Athletics Hall of Fame.