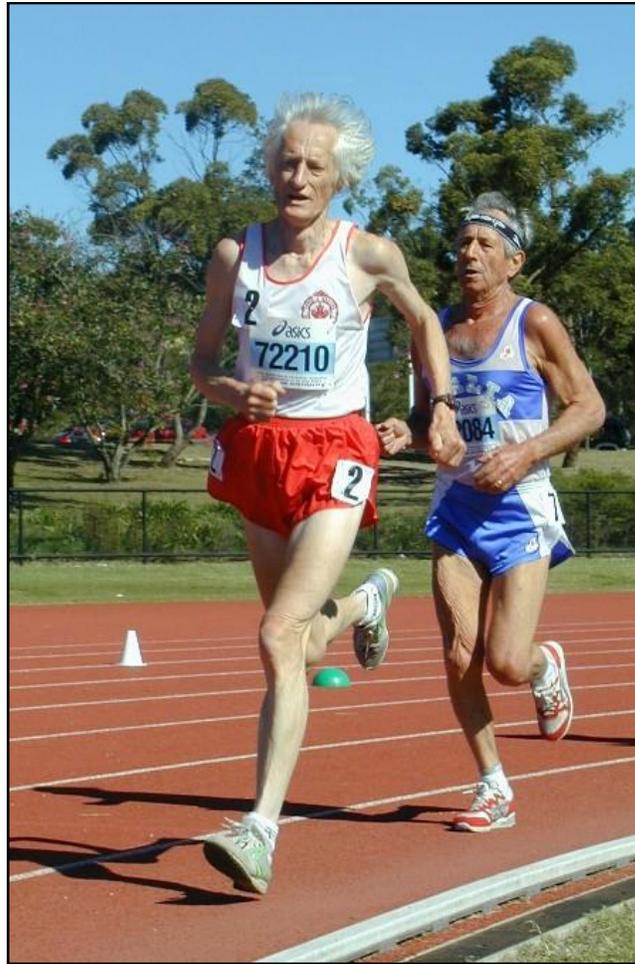


Ed Whitlock



Ed at the World Championships in Brisbane in 2001

In the 36 years that **Ed Whitlock** has been a member of the Canadian Masters International Track Team (CMITT, later CMAA), it seems that the only years in which he did not win championships and set records, World as well as Canadian, were those years in which he did not compete because of work commitments or injuries. His first World record, an M45 indoor 1500, came in 1977; his first World championship in the 1500 in Hannover in 1979. Then there was what Ed reports as “a wonderful week running four track World records in the mile, 3000m, 5000m and 10,000m”, age-graded from 96.9% to 98.7%. In the intervening years, despite a 13-year break from competition, he amassed a total of 14 World records, and Canadian records in all distances from 800m to the marathon, in M45, M50, M65, M70 and M75. He holds more Road Racing Bests than any other Canadian runner. Included among those best road per-formances are the marathon records he has set since becoming the oldest man, at 69, to run a marathon in under three hours. In 2003, he became the first man over 70 to break 3 hours. In 2004 he improved this with a 2:54.49 at 73. Another sub-three race in 2005 extended the oldest age to 74. His fastest performance remains the M70 world record, and he now holds that distinction for M75 as well. And we can be confident of the accuracy of all of the Canadian road bests, because Ed has chaired the certification of those records for years. The Executive and all members of the Canadian Masters Athletic Association congratulate him on his outstanding career, and welcome him to their Hall of Fame.

The **2009 inductees** into the **Canadian Masters Hall of Fame** were announced at the Championships Awards Banquet on Saturday, July 18th in Kamloops. **Diane Palmason** is the Chair of the Hall of Fame Committee. Members of the Committee presented the HOF plaques.



Helly Visser presented the Citation. As Ed could not be present, accepting the certificate on Ed’s behalf was Vern Christensen, Vice-President of CMAA and Executive liaison for the Hall of Fame committee.