

## Judith Kazdan



Judith winning the W60 World Championships Cross Country in New Zealand in 1981  
“by a considerable margin”

How many little girls, born in rural Russia in 1920, grew up to be world-record-holding runners in their 80s? Not many. How many girls and women of all ages, hearing of Judith’s accomplishments on the road and track, were in-spired to become athletes themselves? Many, many, including several members of your Hall of Fame committee. Judy discovered her passion, and talent, for running when she joined the North YorkT&F club in 1967, at a time when distance running was regarded as unacceptable, if not actually dangerous, for women of any age. By 1975 she was ready to compete in that historic first international meet in Toronto, winning the W55 marathon. That she was the only one in that category was irrelevant to her, and she went on to run a total of 38 marathons in locations around the world, including many WAVA meets and IGAL road race championships. Canadian records she set in W65, 70, 75 and 80 still stand. Ontario Masters recognized her as the Athlete of the Year in 2000. We honour her barrier-breaking accomplishments and welcome her, in memoriam, into the Canadian Masters Athletics Hall of Fame.



Citations for Athletes inducted into the Canadian Masters Athletics Hall of Fame 2010 were presented at the gala Awards Banquet in Toronto on July 16th.

Carol Lafayette-Boyd (L) presented the citation to Judith’s five grandchildren