

June-Marie Provost



Sherry Watts (L) presented June-Marie with her plaque

How many masters athletes set Canadian Records in their first competitive effort in their chosen discipline? June-Marie Provost did just that when, in 1990, at age 57, she won a W55 racewalk at an indoor championships meet. All told she has held 29 racewalk records from 1500m to 20K, 18 of which are still standing. While she dominated her age categories provincially and nationally, she also shone on the international scene, having won 10 gold, 6 silver and 2 bronze individual medals at WAVA/WMA meets over the years. Her team medals internationally include 2 golds and a silver. In 1994-95 she was the Ontario Female Masters Athlete of the Year. In Florida, where she trains and competes in the winter, she was Athlete of the Meet three times at State Championships. She has been honoured for her accomplishments by the City of London not only as a racewalker, but also as an official and ever-willing volunteer. A Level 1 umpire with Athletics Ontario, June-Marie works meets at all levels; and innumerable novice racewalkers have benefited from her assistance and advice.